



**Wydarzenie:** ZAMEĆ 2020 24h na Skrzyczne  
**Organizator:** FUNDACJA AKTYWNE BESKIDY  
**Data:** 2020-01-25  
**Miejsce:** Szczyrk  
**Dystans:** 13.5 km

## ZADYMA

B4SPORT

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 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Skrzyczne 7.5km	Czas netto 13.5km	Czas brutto 13.5km	Różn	Tempo min/km	Tempo km/h
1	JAWORSKI Zbigniew	423		OPEN M	1	00:51:55	<b>01:20:28.15</b>	<b>01:20:29.05</b>		5:57	10.1 (100%)
2	MIŚKIEWICZ Mariusz	421		OPEN M	2	00:57:28	<b>01:25:48.15</b>	<b>01:25:48.90</b>	+00:05:19 (6.2%)	6:21	9.4 (93.1%)
3	SIKORA Mieczysław	388	SURFIN POLSKA	OPEN M	3	00:55:08	<b>01:30:38.85</b>	<b>01:30:39.60</b>	+00:10:10 (11.2%)	6:42	8.9 (88.1%)
4	HAZUKA Ireneusz	330		OPEN M	4	01:00:12	<b>01:35:17.50</b>	<b>01:35:19.75</b>	+00:14:50 (15.6%)	7:03	8.5 (84.2%)
5	CAPUTA Szymon	312	K+S	OPEN M	5	01:04:48	<b>01:38:32.70</b>	<b>01:38:33.25</b>	+00:18:04 (18.3%)	7:18	8.2 (81.2%)
6	SOBOLA Grzegorz	392	EKO-OKNA RUNNERS	OPEN M	6	01:04:58	<b>01:38:42.90</b>	<b>01:38:44.35</b>	+00:18:15 (18.5%)	7:18	8.2 (81.2%)
7	SAMORAŃSKI Krzysztof	384	ULTRA-SZCZĘSCIE	OPEN M	7	01:08:12	<b>01:42:52.05</b>	<b>01:42:54.40</b>	+00:22:25 (21.8%)	7:37	7.9 (78.2%)
8	ADAMUS-KOWALSKA Justyna	300		OPEN K	1	01:08:11	<b>01:44:34.00</b>	<b>01:44:35.15</b>	+00:24:06 (23.0%)	7:44	7.7 (76.2%)
9	KRZYSZTOF Kozieł	350		OPEN M	8	01:05:39	<b>01:45:00.10</b>	<b>01:45:01.60</b>	+00:24:32 (23.4%)	7:46	7.7 (76.2%)
10	KONSEK Paweł	343	ŻORY - KLESZCZÓWKA	OPEN M	9	01:08:18	<b>01:46:05.75</b>	<b>01:46:13.80</b>	+00:25:44 (24.2%)	7:51	7.6 (75.2%)
11	MAGNUCKI Adam	429		OPEN M	10	01:08:00	<b>01:46:16.10</b>	<b>01:46:17.45</b>	+00:25:48 (24.3%)	7:52	7.6 (75.2%)
12	JUREWICZ Piotr	415	HARPAGAN SOSNOWIEC	OPEN M	11	01:08:19	<b>01:46:52.05</b>	<b>01:46:54.00</b>	+00:26:24 (24.7%)	7:55	7.6 (75.2%)
13	KLAPPHOLZ Adriana	420		OPEN K	2	01:11:24	<b>01:47:12.35</b>	<b>01:47:13.55</b>	+00:26:44 (24.9%)	7:56	7.6 (75.2%)
14	BANASZCZYK Mariusz	301	EDC.TEAM	OPEN M	12	01:13:32	<b>01:51:26.15</b>	<b>01:51:32.55</b>	+00:31:03 (27.8%)	8:15	7.3 (72.3%)
15	JĘDRZEJAK Piotr	335		OPEN M	13	01:11:12	<b>01:52:28.55</b>	<b>01:52:31.60</b>	+00:32:02 (28.5%)	8:19	7.2 (71.3%)
16	WAWRZYŃIAK Mariusz	407		OPEN M	14	01:13:25	<b>01:53:20.10</b>	<b>01:53:22.15</b>	+00:32:53 (29.0%)	8:23	7.1 (70.3%)
17	ŁOPATOWSKI Michał	354	KANAPOWI BIEGACZE KRAKÓW	OPEN M	15	01:14:04	<b>01:53:44.40</b>	<b>01:53:46.35</b>	+00:33:17 (29.3%)	8:25	7.1 (70.3%)
18	WÓJCIK Jacek	410		OPEN M	16	01:13:31	<b>01:55:25.90</b>	<b>01:55:27.05</b>	+00:34:58 (30.3%)	8:33	7 (69.3%)
19	ŁUSIAK Mariusz	355	WAY2CHAMP	OPEN M	17	01:13:12	<b>01:56:18.80</b>	<b>01:56:24.15</b>	+00:35:55 (30.9%)	8:36	7 (69.3%)
20	RUSIN Anna	379	KĘCKIE HARPAGANY	OPEN K	3	01:15:52	<b>01:57:31.30</b>	<b>01:57:34.90</b>	+00:37:05 (31.6%)	8:42	6.9 (68.3%)
21	LASSOTA-BUJAK Mariola	351	#CZELADZBIEGA	OPEN K	4	01:13:54	<b>01:58:49.45</b>	<b>01:58:53.80</b>	+00:38:24 (32.3%)	8:48	6.8 (67.3%)
22	KLIMKOWSKI Tomasz	417		OPEN M	18	01:15:27	<b>01:58:35.05</b>	<b>01:58:56.15</b>	+00:38:27 (32.3%)	8:47	6.8 (67.3%)
23	JELONEK Lukas	334		OPEN M	19	01:14:30	<b>02:00:08.05</b>	<b>02:00:12.40</b>	+00:39:43 (33.0%)	8:53	6.7 (66.3%)
24	WOŹNIAKOWSKI Jan	409	OPEL ACTIVE TEAM	OPEN M	20	01:23:00	<b>02:00:53.70</b>	<b>02:00:58.80</b>	+00:40:29 (33.5%)	8:57	6.7 (66.3%)
25	BAK Piotr	302	WILD BUCHAYS	OPEN M	21	01:18:45	<b>02:01:26.65</b>	<b>02:01:28.30</b>	+00:40:59 (33.7%)	8:59	6.7 (66.3%)
26	KLAG Marian	340	TOP-33	OPEN M	22	01:18:24	<b>02:01:47.65</b>	<b>02:01:52.10</b>	+00:41:23 (34.0%)	9:01	6.7 (66.3%)
27	RYPUŁA Maria	381	ZEN RUNNING TEAM	OPEN K	5	01:21:06	<b>02:06:24.80</b>	<b>02:06:30.95</b>	+00:46:01 (36.4%)	9:21	6.4 (63.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Skrzyczne 7.5km	Czas		Różn	Tempo min/km	Tempo km/h
							netto 13.5km	brutto 13.5km			
28	<b>RYPUŁA Jacek</b>	<b>382</b>	ZEN RUNNING TEAM	OPEN M	23	01:21:09	<b>02:06:25.95</b>	<b>02:06:32.35</b>	+00:46:03 (36.4%)	9:21	6.4 (63.4%)
29	<b>KUŁAKOWSKA Monika</b>	<b>422</b>		OPEN K	6	01:18:34	<b>02:07:01.65</b>	<b>02:07:06.00</b>	+00:46:36 (36.7%)	9:24	6.4 (63.4%)
30	<b>ZNYK Adam</b>	<b>414</b>		OPEN M	24	01:20:12	<b>02:08:29.40</b>	<b>02:08:35.80</b>	+00:48:06 (37.4%)	9:31	6.3 (62.4%)
31	<b>RYMARCZYK Paulina</b>	<b>380</b>		OPEN K	7	01:16:27	<b>02:08:58.80</b>	<b>02:09:01.95</b>	+00:48:32 (37.6%)	9:33	6.3 (62.4%)
32	<b>CABAŁA Adam</b>	<b>311</b>		OPEN M	25	01:21:13	<b>02:09:09.60</b>	<b>02:09:17.00</b>	+00:48:47 (37.7%)	9:34	6.3 (62.4%)
33	<b>STOŃ Leszek</b>	<b>395</b>		OPEN M	26	01:22:28	<b>02:11:33.95</b>	<b>02:11:39.90</b>	+00:51:10 (38.9%)	9:44	6.2 (61.4%)
34	<b>PYLAK Krzysztof</b>	<b>376</b>	OCR LUBIN	OPEN M	27	01:28:45	<b>02:13:51.75</b>	<b>02:13:55.05</b>	+00:53:26 (39.9%)	9:54	6.1 (60.4%)
35	<b>KIEŁBASA Artur</b>	<b>338</b>		OPEN M	28	01:29:31	<b>02:14:39.40</b>	<b>02:14:42.00</b>	+00:54:12 (40.2%)	9:58	6 (59.4%)
36	<b>GÓRECKI Wojciech</b>	<b>372</b>		OPEN M	29	01:23:06	<b>02:15:48.90</b>	<b>02:15:54.60</b>	+00:55:25 (40.8%)	10:03	6 (59.4%)
37	<b>WROŻYNA Adam</b>	<b>375</b>	PĘDZĄCE ŻÓŁWIE, AV TEAM	OPEN M	30	01:23:09	<b>02:15:50.25</b>	<b>02:15:56.00</b>	+00:55:26 (40.8%)	10:03	6 (59.4%)
38	<b>PAWLICKI Paweł</b>	<b>370</b>		OPEN M	31	01:23:14	<b>02:16:03.10</b>	<b>02:16:07.00</b>	+00:55:37 (40.9%)	10:04	6 (59.4%)
39	<b>TYSZKIEWICZ Krzysztof</b>	<b>402</b>		OPEN M	32	01:19:46	<b>02:17:15.70</b>	<b>02:17:36.45</b>	+00:57:07 (41.5%)	10:10	5.9 (58.4%)
40	<b>JARUGA Damian</b>	<b>332</b>	TEAM JARUGA	OPEN M	33	01:25:23	<b>02:17:33.55</b>	<b>02:17:36.55</b>	+00:57:07 (41.5%)	10:11	5.9 (58.4%)
41	<b>KOSNO Piotr</b>	<b>419</b>		OPEN M	34	01:25:35	<b>02:19:57.20</b>	<b>02:20:07.15</b>	+00:59:38 (42.6%)	10:22	5.8 (57.4%)
42	<b>KORDALEWSKA Anna</b>	<b>345</b>	OSTRÓDA RUNNERS	OPEN K	8	01:25:09	<b>02:20:03.65</b>	<b>02:20:08.50</b>	+00:59:39 (42.6%)	10:22	5.8 (57.4%)
43	<b>SIEMION Artur</b>	<b>387</b>		OPEN M	35	01:29:58	<b>02:20:42.00</b>	<b>02:20:43.95</b>	+01:00:14 (42.8%)	10:25	5.8 (57.4%)
44	<b>BLACHE Cyrille</b>	<b>308</b>		OPEN M	36	01:33:20	<b>02:21:08.35</b>	<b>02:21:20.75</b>	+01:00:51 (43.1%)	10:27	5.7 (56.4%)
45	<b>PASIERB Arkadiusz</b>	<b>369</b>		OPEN M	37	01:24:12	<b>02:21:25.50</b>	<b>02:21:34.55</b>	+01:01:05 (43.2%)	10:28	5.7 (56.4%)
46	<b>TERESHCHENKO Ganna</b>	<b>399</b>	HUTINPUJ	OPEN K	9	01:28:49	<b>02:22:34.60</b>	<b>02:22:39.40</b>	+01:02:10 (43.6%)	10:33	5.7 (56.4%)
47	<b>BAKOWSKI Włodzimierz</b>	<b>304</b>		OPEN M	38	01:30:19	<b>02:23:16.00</b>	<b>02:23:32.00</b>	+01:03:02 (43.9%)	10:36	5.7 (56.4%)
48	<b>BAKOWSKI Daniel</b>	<b>306</b>		OPEN M	39	01:33:03	<b>02:25:16.90</b>	<b>02:25:33.30</b>	+01:05:04 (44.7%)	10:45	5.6 (55.4%)
49	<b>JÓŻWIK Rafał</b>	<b>336</b>		OPEN M	40	01:32:11	<b>02:26:06.15</b>	<b>02:26:13.55</b>	+01:05:44 (45.0%)	10:49	5.5 (54.5%)
50	<b>RICHTER Jacek</b>	<b>377</b>	JAJ-POL	OPEN M	41	01:31:33	<b>02:27:25.10</b>	<b>02:27:28.15</b>	+01:06:59 (45.4%)	10:55	5.5 (54.5%)
51	<b>KOPOCIŃSKI Michał</b>	<b>344</b>		OPEN M	42	01:31:55	<b>02:30:32.85</b>	<b>02:30:35.75</b>	+01:10:06 (46.6%)	11:09	5.4 (53.5%)
52	<b>KILIANEK Rafał</b>	<b>339</b>	BIEG Z CHRYSUSEM	OPEN M	43	01:29:09	<b>02:30:49.45</b>	<b>02:31:07.90</b>	+01:10:38 (46.7%)	11:10	5.4 (53.5%)
53	<b>BRZEZIŃSKA Teresa</b>	<b>310</b>	BP RUNNING TEAM GLIWICE	OPEN K	10	01:36:22	<b>02:31:01.55</b>	<b>02:31:13.30</b>	+01:10:44 (46.8%)	11:11	5.4 (53.5%)
54	<b>RUNOWICZ Magdalena</b>	<b>378</b>		OPEN K	11	01:34:17	<b>02:31:08.25</b>	<b>02:31:14.30</b>	+01:10:45 (46.8%)	11:11	5.4 (53.5%)
55	<b>DUDEK Donata</b>	<b>318</b>	NEVER TOO LATE / UKS ORZEŁ KATOWICE	OPEN K	12	01:37:03	<b>02:31:38.75</b>	<b>02:31:49.50</b>	+01:11:20 (47.0%)	11:14	5.3 (52.5%)
56	<b>CERKASKI Tomasz</b>	<b>313</b>	CEBULION 303	OPEN M	44	01:33:43	<b>02:32:02.45</b>	<b>02:32:12.35</b>	+01:11:43 (47.1%)	11:15	5.3 (52.5%)
57	<b>SANOCKA Dorota</b>	<b>385</b>		OPEN K	13	01:34:43	<b>02:33:22.40</b>	<b>02:33:33.30</b>	+01:13:04 (47.6%)	11:21	5.3 (52.5%)
58	<b>HADAM Przemek</b>	<b>329</b>		OPEN M	45	01:36:11	<b>02:34:50.70</b>	<b>02:35:04.30</b>	+01:14:35 (48.1%)	11:28	5.2 (51.5%)
59	<b>GRĄDZIEL Jakub</b>	<b>328</b>		OPEN M	46	01:34:30	<b>02:35:01.10</b>	<b>02:35:05.00</b>	+01:14:35 (48.1%)	11:29	5.2 (51.5%)
60	<b>LEGIEĆ-KWAŚNY Monika</b>	<b>352</b>		OPEN K	14	01:36:19	<b>02:35:38.25</b>	<b>02:35:47.90</b>	+01:15:18 (48.3%)	11:31	5.2 (51.5%)
61	<b>TOMASZEWSKI Borys</b>	<b>400</b>	AMARENA	OPEN M	47	01:36:59	<b>02:36:00.00</b>	<b>02:36:17.00</b>	+01:15:47 (48.5%)	11:33	5.2 (51.5%)
62	<b>HOLECZKI Roman</b>	<b>331</b>		OPEN M	48	01:36:58	<b>02:39:38.00</b>	<b>02:39:41.50</b>	+01:19:12 (49.6%)	11:49	5.1 (50.5%)
63	<b>GONSIOR Zbigniew</b>	<b>325</b>		OPEN M	49	01:36:01	<b>02:41:50.10</b>	<b>02:41:57.20</b>	+01:21:28 (50.3%)	11:59	5 (49.5%)
64	<b>GABRYŚ Natalia</b>	<b>424</b>		OPEN K	15	01:43:45	<b>02:43:12.95</b>	<b>02:43:27.90</b>	+01:22:58 (50.8%)	12:05	5 (49.5%)
65	<b>SLUZALEK Małgorzata</b>	<b>391</b>		OPEN K	16	01:36:49	<b>02:45:47.35</b>	<b>02:45:51.80</b>	+01:25:22 (51.5%)	12:16	4.9 (48.5%)
66	<b>CHOLEWIŃSKI Paweł</b>	<b>314</b>	HARCIOLE	OPEN M	50	01:36:57	<b>02:46:29.10</b>	<b>02:46:38.30</b>	+01:26:09 (51.7%)	12:19	4.9 (48.5%)
67	<b>FILIPIAK Beata</b>	<b>353</b>		OPEN K	17	01:34:53	<b>02:46:24.65</b>	<b>02:46:38.70</b>	+01:26:09 (51.7%)	12:19	4.9 (48.5%)
68	<b>KORUS Marcin</b>	<b>346</b>	GANG BULIKA	OPEN M	51	01:43:41	<b>02:48:34.85</b>	<b>02:48:50.15</b>	+01:28:21 (52.3%)	12:29	4.8 (47.5%)
69	<b>SIWINSKA Gosia</b>	<b>389</b>		OPEN K	18	01:43:50	<b>02:48:37.35</b>	<b>02:48:50.35</b>	+01:28:21 (52.3%)	12:29	4.8 (47.5%)
70	<b>DĘBEK Piotr</b>	<b>316</b>	AMARENA	OPEN M	52	01:38:45	<b>02:51:05.55</b>	<b>02:51:23.45</b>	+01:30:54 (53.0%)	12:40	4.7 (46.5%)
71	<b>PŁOŃSKA Julia</b>	<b>373</b>		OPEN K	19	01:32:33	<b>02:51:41.90</b>	<b>02:51:51.40</b>	+01:31:22 (53.2%)	12:43	4.7 (46.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Skrzyczne 7.5km	Czas		Różn	Tempo min/km	Tempo km/h
							netto 13.5km	brutto 13.5km			
72	JARUGA Grzegorz	333		OPEN M	53	01:22:29	02:52:11.55	02:52:14.30	+01:31:45 (53.3%)	12:45	4.7 (46.5%)
73	GORAUS Krzysztof	326		OPEN M	54	01:22:27	02:52:16.00	02:52:18.85	+01:31:49 (53.3%)	12:45	4.7 (46.5%)
74	FIRLA Mateusz	319		OPEN M	55	01:37:00	02:52:20.85	02:52:24.60	+01:31:55 (53.3%)	12:46	4.7 (46.5%)
75	MARCINIAK Damian	359	AMARENA	OPEN M	56	01:37:39	02:52:44.80	02:53:01.05	+01:32:32 (53.5%)	12:47	4.7 (46.5%)
76	MĄDRZYK Ewelina	418		OPEN K	20	01:50:46	02:53:17.00	02:53:24.90	+01:32:55 (53.6%)	12:50	4.7 (46.5%)
77	UDRO Przemysław	403	BIGYELLOWFOOT ADVENTURE TEAM	OPEN M	57	01:49:44	02:53:23.65	02:53:25.60	+01:32:56 (53.6%)	12:50	4.7 (46.5%)
78	MĄDRZYK Daniel	583		OPEN M	58	01:50:39	02:53:18.85	02:53:26.85	+01:32:57 (53.6%)	12:50	4.7 (46.5%)
79	MIĘTKA Krzysztof	362		OPEN M	59	01:44:02	02:53:28.20	02:53:36.80	+01:33:07 (53.6%)	12:50	4.7 (46.5%)
80	KASZTELAN-HUNIA Ewa	337		OPEN K	21	01:51:07	02:53:48.80	02:53:59.55	+01:33:30 (53.7%)	12:52	4.7 (46.5%)
81	MANIURA Adam	358		OPEN M	60	01:52:10	02:54:15.90	02:54:26.80	+01:33:57 (53.9%)	12:54	4.6 (45.5%)
82	TRZCINA Agata	401	AMARENA	OPEN K	22		02:55:16.05	02:55:35.10	+01:35:06 (54.2%)	12:58	4.6 (45.5%)
83	MICHALSKA Ewa	361	MELA TEAM	OPEN K	23	01:43:52	02:57:04.30	02:57:18.80	+01:36:49 (54.6%)	13:06	4.6 (45.5%)
84	KUŚMIEREK Tomasz	570		OPEN M	61	01:49:51	02:57:29.40	02:57:34.95	+01:37:05 (54.7%)	13:08	4.6 (45.5%)
85	NOWAKOWSKI Michał	364	BEZ KLUBOWY	OPEN M	62	01:49:53	03:05:41.50	03:05:41.50	+01:45:12 (56.7%)	13:45	4.4 (43.6%)
86	SZENDZIELORZ Patryk	396	SZWAGRY TEAM	OPEN M	63	01:44:04	03:08:30.20	03:08:45.35	+01:48:16 (57.4%)	13:57	4.3 (42.6%)
87	SOLTYS Ania	393		OPEN K	24	01:52:41	03:10:21.70	03:10:32.80	+01:50:03 (57.8%)	14:06	4.3 (42.6%)
88	BAKOWSKA Anna	303	KLUB ŚLIMAKA TORPEDY	OPEN K	25	01:52:35	03:10:19.35	03:10:32.85	+01:50:03 (57.8%)	14:05	4.3 (42.6%)
89	MALEWSKI Tomasz	357		OPEN M	64	01:58:30	03:13:04.40	03:13:14.85	+01:52:45 (58.4%)	14:18	4.2 (41.6%)
90	SZLAKOWICZ Ewa	397		OPEN K	26	01:58:33	03:13:04.65	03:13:14.95	+01:52:45 (58.4%)	14:18	4.2 (41.6%)
91	PABICH Honorata	365	MAM_NA_WSZYSTKO_WYBIEGANE	OPEN K	27	02:10:56	03:15:49.50	03:15:56.70	+01:55:27 (58.9%)	14:30	4.1 (40.6%)
92	SCHULC Grzegorz	386	POKOJOWY PATROL	OPEN M	65	02:00:52	03:19:26.05	03:19:49.70	+01:59:20 (59.7%)	14:46	4.1 (40.6%)
93	FRANKOWSKA Ania	320	MIECHOWICKA GRUPA BIEGOWA	OPEN K	28	02:06:34	03:22:36.45	03:22:50.65	+02:02:21 (60.3%)	15:00	4 (39.6%)
94	KROES Erwin	349		OPEN M	66	02:05:22	03:23:03.40	03:23:15.40	+02:02:46 (60.4%)	15:02	4 (39.6%)
95	DOBROSZ - KRAKOWCZYK Joanna	317	SISTARS	OPEN K	29	02:12:17	03:23:28.65	03:23:36.10	+02:03:07 (60.5%)	15:04	4 (39.6%)
96	WALCZYŃSKA Karolina	405	RUNHOGS TYCHY	OPEN K	30	02:06:55	03:23:44.70	03:23:56.95	+02:03:27 (60.5%)	15:05	4 (39.6%)
97	FRĄCKOWIAK Elżbieta	323	AMARENA	OPEN K	31	01:59:30	03:32:11.30	03:32:31.30	+02:12:02 (62.1%)	15:43	3.8 (37.6%)
98	ZIMOWSKI Damian	412	AMARENA	OPEN M	67	02:11:35	03:38:33.95	03:38:48.95	+02:18:19 (63.2%)	16:11	3.7 (36.6%)
99	NOWAK Bartosz	363	AMARENA	OPEN M	68	02:11:26	03:38:32.75	03:38:49.00	+02:18:19 (63.2%)	16:11	3.7 (36.6%)
100	ULMAN Mikołaj	404	AMARENA	OPEN M	69	02:12:05	03:38:39.70	03:38:55.05	+02:18:26 (63.2%)	16:11	3.7 (36.6%)
101	WALKOWIAK Tymoteusz	406	AMARENS	OPEN M	70	02:11:24	03:38:40.45	03:38:56.00	+02:18:26 (63.2%)	16:11	3.7 (36.6%)
102	SERWATKA Angelika	613	KOBIETY WATAHY	OPEN K	32	02:18:42	03:42:52.55	03:43:01.25	+02:22:32 (63.9%)	16:30	3.6 (35.6%)
103	RYŚ Katarzyna	383		OPEN K	33	02:13:12	03:46:44.15	03:46:51.35	+02:26:22 (64.5%)	16:47	3.6 (35.6%)
104	KOLAKOWSKA Ania	342	BPRUNNINGTEAM	OPEN K	34	02:22:38	03:52:16.25	03:52:27.70	+02:31:58 (65.4%)	17:12	3.5 (34.7%)
105	PIETRASZEK Ewa	602	KOBIETY WATAHY	OPEN K	35	02:28:29	03:57:49.30	03:57:57.90	+02:37:28 (66.2%)	17:36	3.4 (33.7%)
106	MACHOCZEK Krystyna	356		OPEN K	36	02:19:38	04:00:12.60	04:00:18.80	+02:39:49 (66.5%)	17:47	3.4 (33.7%)
107	ZIÓŁKOWSKA Patrycja	413		OPEN K	37	02:28:36	04:14:14.95	04:14:18.75	+02:53:49 (68.4%)	18:50	3.2 (31.7%)
108	BIELUCH Mateusz	307	AMARENA	OPEN M	71	02:23:26	04:20:50.90	04:21:07.10	+03:00:38 (69.2%)	19:19	3.1 (30.7%)
109	OKONIEWSKA Julia	416	AMARENA	OPEN K	38	02:36:48	04:29:47.60	04:30:06.35	+03:09:37 (70.2%)	19:59	3 (29.7%)
110	SKRZYPCZAK Szymon	390	AMARENA	OPEN M	72	02:23:25	04:31:00.50	04:31:16.10	+03:10:47 (70.3%)	20:04	3 (29.7%)
111	BAKOWSKI Maciej	305	AMARENA	OPEN M	73	02:36:46	04:31:03.40	04:31:21.20	+03:10:52 (70.3%)	20:04	3 (29.7%)
112	BOHUN-PRZYLUCKA Kornelia	309	AMARENA	OPEN K	39	02:42:56	04:31:05.70	04:31:24.60	+03:10:55 (70.3%)	20:04	3 (29.7%)
113	FUJAK Maciej	324	AMARENA	OPEN M	74	02:42:54	04:31:05.00	04:31:24.70	+03:10:55 (70.3%)	20:04	3 (29.7%)
114	FRĄCKOWIAK Jacek	321	AMARENA	OPEN M	75	02:42:54	04:31:38.45	04:31:55.45	+03:11:26 (70.4%)	20:07	3 (29.7%)
115	WOŹNIAK Anna	644	KOBIETY WATAHY	OPEN K	40	02:43:01	04:32:44.95	04:32:53.85	+03:12:24 (70.5%)	20:12	3 (29.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Skrzyczne 7.5km	Czas netto 13.5km	Czas brutto 13.5km	Różn	Tempo min/km	Tempo km/h
116	<b>WRZOSEK Barbara</b>	<b>411</b>	TNT MOTOCROSS	OPEN K	41	02:42:55	<b>05:16:05.35</b>	<b>05:16:17.80</b>	+03:55:48 (74.6%)	23:24	2.6 (25.7%)
117	<b>FRĄCKOWIAK Przemysław</b>	<b>322</b>	AMARENA	OPEN M	76	03:02:45	<b>05:20:15.95</b>	<b>05:20:34.15</b>	+04:00:05 (74.9%)	23:43	2.5 (24.8%)
118	<b>MICHALAK Zuzanna</b>	<b>360</b>	AMARENA	OPEN K	42	03:10:19	<b>05:20:15.00</b>	<b>05:20:34.20</b>	+04:00:05 (74.9%)	23:43	2.5 (24.8%)
119	<b>PABISIAK Marika</b>	<b>366</b>	AMARENA	OPEN K	43	03:02:49	<b>05:20:15.75</b>	<b>05:20:34.35</b>	+04:00:05 (74.9%)	23:43	2.5 (24.8%)
119	<b>PABISIAK Bartosz</b>	<b>367</b>	AMARENA	OPEN M	77	03:10:16	<b>05:20:15.30</b>	<b>05:20:34.35</b>	+04:00:05 (74.9%)	23:43	2.5 (24.8%)
	<b>SPYCHALSKI Romuald</b>	<b>394</b>		OPEN M		01:17:01 DNF	<b>DNF</b>	<b>DNF</b>	-	-	- (0.0%)

Znaleziono 121 wynik(ów)