



ZAMIEĆ 24H NA SKRZYCZNE

B4SPORT

Event:
Organiser:
Date:
Place:
Distance:

ZAMIEĆ 24h na Skrzyczne
Fundacja Aktywne Beskidy
2022-01-29
Szczyrk
130 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Classification: SINGLE OPEN

Place	Participant	Number	Club	Category	MCat	Drużyna 1	Lap	Gap	Pace min/km	Pace km/h	Fastest Lap	Per Lap
1	STROINSKI Daniel	143	ATTIQ TEAM	OPEN M	1		10	0	9:44	6.2 (100%)	01:45:39	02:11:35
2	WOLEK Szymon	166		OPEN M	2		10	0	10:14	5.9 (95.2%)	01:37:45	02:18:17
3	LASEK Jakub	65	RMT TEAM	OPEN M	3		10	0	10:30	5.7 (91.9%)	01:55:56	02:21:51
4	SITAREK Michał	133	POLISH RUNNERS CLUB IRELAND	OPEN M	4		9	-1	10:39	5.6 (90.3%)	01:37:56	02:23:55
5	MIŚKIEWICZ Mariusz	94	SCI GE	OPEN M	5		9	-1	10:58	5.5 (88.7%)	02:02:53	02:31:09
6	BEREZNOWSKA Patrycja	1		OPEN K	1		9	-1	11:34	5.2 (83.9%)	02:12:02	02:36:15
7	CLIFFORD Mick	19		OPEN M	6		8	-2	10:54	5.5 (88.7%)	01:37:47	02:27:23
8	GRYGIEL Marek	36	JACEKBIEGA RUNNING TEAM	OPEN M	7		8	-2	11:12	5.4 (87.1%)	01:48:41	02:31:23
9	PĘPEK Łukasz	117		OPEN M	8		8	-2	11:44	5.1 (82.3%)	02:08:37	02:38:35
10	JANERKA Marzka	40	DZIABNIĘCI	OPEN K	2		8	-2	11:48	5.1 (82.3%)	01:52:40	02:39:24
11	DATA Tomasz	24	HRMAX ŻORY	OPEN M	9		8	-2	11:57	5 (80.6%)	02:09:31	02:41:26
12	KOŻUCH Rafał	56	RED LINE TEAM	OPEN M	10		8	-2	12:12	4.9 (79.0%)	01:36:36	02:44:46
13	WOJCIECHOWSKI Przemysław	163	CHAMPIONMANTEAM	OPEN M	11		8	-2	12:15	4.9 (79.0%)	02:00:25	02:45:39
14	DARCHUK Oleksandr	23		OPEN M	12		7	-3	12:48	4.7 (75.8%)	02:14:12	02:52:53

Place	Participant	Number	Club	Category	MCat	Drużyna 1	Lap	Gap	Pace min/km	Pace km/h	Fastest Lap	Per Lap
15	BARCZYK Andrzej	5	WEDLINY Z JURY	OPEN M	13		7	-3	12:49	4.7 (75.8%)	02:04:06	02:53:14
16	SIWA Kinga	134		OPEN K	3		7	-3	13:03	4.6 (74.2%)	02:18:20	02:56:17
17	BLASZKE Beata	13		OPEN K	4		7	-3	13:25	4.5 (72.6%)	02:18:00	03:01:19
18	WIECZOREK Damian	162		OPEN M	14		7	-3	13:29	4.4 (71.0%)	02:00:46	03:02:11
19	KONDAS Arkadiusz	49		OPEN M	15		7	-3	13:40	4.4 (71.0%)	02:16:20	03:04:36
20	MAZUREK Roman	87		OPEN M	16		7	-3	13:42	4.4 (71.0%)	02:06:28	03:04:59
21	ZABA Igor	170	EXPLOTEAM	OPEN M	17		7	-3	14:17	4.2 (67.7%)	01:53:01	03:13:07
22	LORANC Paweł	442		OPEN M	18		7	-3	14:24	4.2 (67.7%)	02:15:53	03:14:29
23	BEDNARCZYK Gerard	9		OPEN M	19		7	-3	14:35	4.1 (66.1%)	02:13:35	03:17:03
24	RECZEK Sebastian	127	KS ZIELONO-CZARNI	OPEN M	20		7	-3	14:42	4.1 (66.1%)	02:13:36	03:18:39
25	OTREBA Maciej	110		OPEN M	21		6	-4	9:45	6.1 (98.4%)	01:37:41	02:11:47
26	CIECHAŃSKI Adam	18	TRUCHT.COM	OPEN M	22	Niziołki	6	-4	9:50	6.1 (98.4%)	01:40:53	02:12:56
27	TESZNER Adrian	155		OPEN M	23		6	-4	10:22	5.8 (93.5%)	02:03:12	02:20:05
28	MIROSŁAW Ernest	93		OPEN M	24		6	-4	10:58	5.5 (88.7%)	02:00:23	02:28:04
29	CZOSNOWSKI Tomasz	21		OPEN M	25		6	-4	12:22	4.8 (77.4%)	01:52:51	02:47:08
30	GIBAŁA Marcin	30		OPEN M	26		6	-4	12:53	4.7 (75.8%)	02:28:05	02:54:16
31	ŻOCZEK Szymon	174		OPEN M	27		6	-4	14:24	4.2 (67.7%)	02:11:05	03:14:36
32	MARGAS Grzegorz	79		OPEN M	28		6	-4	14:28	4.1 (66.1%)	02:23:21	03:15:31
33	MARUT Wojciech	80		OPEN M	29		6	-4	15:21	3.9 (62.9%)	02:47:13	03:27:22
34	BARCZYK Agnieszka	4		OPEN K	5		6	-4	15:22	3.9 (62.9%)	02:26:26	03:27:39
35	STASZYK Michał	141		OPEN M	30		6	-4	15:53	3.8 (61.3%)	01:53:17	03:34:37
36	BIAŁY Jakub	10		OPEN M	31		6	-4	15:55	3.8 (61.3%)	02:55:56	03:35:07
37	KORBUT Radosław	51		OPEN M	32		6	-4	16:15	3.7 (59.7%)	02:21:15	03:39:31

Place	Participant	Number	Club	Category	MCat	Drużyna 1	Lap	Gap	Pace min/km	Pace km/h	Fastest Lap	Per Lap
38	WEINBERG Kamil	159	DROGA DO ULTRA/BIEGIEM PO PIWO	OPEN M	33		6	-4	16:23	3.7 (59.7%)	02:26:51	03:41:15
39	PASUTO Grzegorz	113	EXPLOTEAM	OPEN M	34		6	-4	16:26	3.6 (58.1%)	02:12:27	03:42:11
40	SIWIEC Stanisław	135		OPEN M	35		6	-4	17:11	3.5 (56.5%)	02:09:31	03:52:06
41	SZKODA Dariusz	151		OPEN M	36		5	-5	12:14	4.9 (79.0%)	01:48:15	02:45:12
42	MYCH Bartosz	96	ELEMENTO	OPEN M	37		5	-5	12:15	4.9 (79.0%)	02:07:54	02:45:37
43	STANOWSKI Grzegorz	140		OPEN M	38		5	-5	13:59	4.3 (69.4%)	02:11:23	03:08:57
44	KUBERSKI Andrzej	58		OPEN M	39		5	-5	14:35	4.1 (66.1%)	02:23:51	03:17:04
45	KITLAS Dariusz	57		OPEN M	40		5	-5	15:22	3.9 (62.9%)	02:40:50	03:27:41
46	DEMIANIUK Magdalena	25		OPEN K	6		5	-5	15:35	3.8 (61.3%)	02:31:06	03:30:35
47	MARZEC Dominik	81		OPEN M	41		5	-5	16:07	3.7 (59.7%)	02:28:49	03:37:43
48	KOWALCZYK Paweł	54	KĘCKIE HARPAGANY	OPEN M	42		5	-5	16:39	3.6 (58.1%)	02:19:13	03:44:52
49	JUSZKO Krzysztof	41		OPEN M	43		5	-5	17:05	3.5 (56.5%)	02:12:35	03:50:50
50	ROMAN Krzysztof	129	SFORA BMK	OPEN M	44		5	-5	17:09	3.5 (56.5%)	03:09:05	03:51:46
51	PAŁKOWSKA Agata	111		OPEN K	7		5	-5	17:35	3.4 (54.8%)	02:30:35	03:57:32
52	MASZEWSKA-WACH Mariola	83		OPEN K	8		5	-5	17:38	3.4 (54.8%)	02:56:11	03:58:21
53	SZAFRAŃSKA Aleksandra	149		OPEN K	9		5	-5	18:45	3.2 (51.6%)	02:32:10	04:13:13
54	SYPIŃIEWSKA Hanna	147	SPOARTANIE DZIECIOM/ FESTIWAL BIEGOWY ULTRAWAY	OPEN K	10		5	-5	19:00	3.2 (51.6%)	03:21:37	04:16:40
55	KUCZEK Katarzyna	59	SIEMIANOWICE I PRZYJACIELE BIEGAJĄ	OPEN K	11		5	-5	19:33	3.1 (50.0%)	02:30:50	04:24:05
56	PANKIEWICZ Ireneusz	112	SIEMIANOWICE I PRZYJACIELE BIEGAJĄ	OPEN M	45		5	-5	19:33	3.1 (50.0%)	02:30:48	04:24:05
57	WRZASK Grzegorz	169		OPEN M	46		5	-5	19:39	3.1 (50.0%)	03:19:00	04:25:26
58	RÓŻANKOWSKA Aleksandra	130	STRZELBY Z BRIXTON	OPEN K	12		5	-5	19:46	3 (48.4%)	03:16:00	04:26:58
59	PILISZEK Krzysztof	119		OPEN M	47		5	-5	20:24	2.9 (46.8%)	02:16:57	04:35:36

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60	ZIELIŃSKI Andrzej	173	HRMAX	OPEN M	48		4	-6	10:17	5.8 (93.5%)	01:56:05	02:18:56
61	LEJA Piotr	67		OPEN M	49		4	-6	10:47	5.6 (90.3%)	01:52:37	02:25:41
62	NOSALIK Marek	100	MTA	OPEN M	50		4	-6	10:54	5.5 (88.7%)	01:46:01	02:27:12
63	ŽAK Robert	171	TYGRIS&BIEDRONKA	OPEN M	51		4	-6	11:26	5.2 (83.9%)	02:14:18	02:34:28
64	MATLOK Marek	84	RESHAPE RUNNERS	OPEN M	52		4	-6	11:58	5 (80.6%)	02:01:36	02:41:38
65	MUCHA Adam	95		OPEN M	53		4	-6	12:02	5 (80.6%)	02:16:18	02:42:37
66	ŚWIERZOWSKA Magdalena	154	FIZJOTERAPIA BIEGACZA	OPEN K	13		4	-6	12:08	4.9 (79.0%)	02:12:05	02:44:01
67	SOWIK Marcin	138	TIME4RUNNING	OPEN M	54		4	-6	12:24	4.8 (77.4%)	02:16:34	02:47:38
68	GOLON Marlena	33	GOLON TEAM	OPEN K	14		4	-6	14:33	4.1 (66.1%)	02:27:57	03:16:37
69	OLSCHIMKE-MARMUROWICZ Barbara	106	KOLOROWA DRUŻYNA NESSI	OPEN K	15		4	-6	14:33	4.1 (66.1%)	02:30:58	03:16:37
70	WEWIOR Tomasz	160		OPEN M	55		4	-6	15:17	3.9 (62.9%)	02:12:27	03:26:26
71	DACZYŃSKI Michał	22	VEGE RUNNERS	OPEN M	56		4	-6	15:31	3.9 (62.9%)	02:49:57	03:29:43
72	KLIMKOWSKI Tomasz	47		OPEN M	57		4	-6	15:45	3.8 (61.3%)	02:14:33	03:32:45
73	POBŁOCKI Jan	123	GRUPA TRÓJMIASTO/ SPARTANIE DZIECIOM	OPEN M	58		4	-6	15:56	3.8 (61.3%)	03:01:58	03:35:29
74	KALEMBKIEWICZ Piotr	43	MIROTRANS	OPEN M	59		4	-6	17:13	3.5 (56.5%)	03:30:05	03:52:31
75	DZISZKIEWICZ Grzegorz	27		OPEN M	60		4	-6	18:12	3.3 (53.2%)	03:04:09	04:05:52
76	MICHNA Magdalena	90	EXPLOTEAM	OPEN K	16		4	-6	18:11	3.3 (53.2%)	03:30:03	04:05:53
77	SZABLICKI Aleksy	148	WKB META LUBLINIEC	OPEN M	61		4	-6	19:29	3.1 (50.0%)	02:32:37	04:23:12
78	MACIAS Adam	74		OPEN M	62		4	-6	19:44	3 (48.4%)	02:53:37	04:26:34
79	BRAŚ Henryk	14	IWONKA TEAM	OPEN M	63		4	-6	20:10	3 (48.4%)	03:34:22	04:32:31
80	MARCZAK Michał	78	12TRI.PL	OPEN M	64		4	-6	22:02	2.7 (43.5%)	02:17:44	04:57:40
81	MIKOŁAJCZAK Magdalena	91	HRMAX ŻORY	OPEN K	17		4	-6	24:42	2.4 (38.7%)	04:06:27	05:33:43

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82	MICHALAK Arkadiusz	89		OPEN M	65		4	-6	25:25	2.4 (38.7%)	02:54:32	05:43:21
83	WĄDOŁOWSKA Joanna	157		OPEN K	18		4	-6	26:21	2.3 (37.1%)	03:10:15	05:56:05
84	WĄDOŁOWSKI Remigiusz	158		OPEN M	66		4	-6	26:21	2.3 (37.1%)	03:10:16	05:56:05
85	KOWALCZYK Aleksander	52		OPEN M	67		3	-7	12:03	5 (80.6%)	02:15:11	02:42:48
86	SURDY Sławomir	146		OPEN M	68		3	-7	12:24	4.8 (77.4%)	02:17:19	02:47:41
87	MIKOS Marcin	92	NIGHT RUNNERS	OPEN M	69		3	-7	12:55	4.6 (74.2%)	02:00:56	02:54:41
88	ŁABĘCKI Jarek	71	KB MANIAC/KB UE POZNAŃ	OPEN M	70		3	-7	13:21	4.5 (72.6%)	02:08:13	03:00:28
89	STRONIKOWSKI Kamil	144	DRUŻYNA STASIA	OPEN M	71		3	-7	14:03	4.3 (69.4%)	02:20:59	03:09:59
90	MATUSIEWICZ Karolina	85		OPEN K	19		3	-7	14:27	4.1 (66.1%)	02:59:19	03:15:25
91	NÓŻKA Andrzej	104	BOJADELSKA BRAĆ BIEGOWA	OPEN M	72		3	-7	14:40	4.1 (66.1%)	02:40:07	03:18:11
92	KOZAKIEWICZ Tomek	55	CAŁE ŻYCIE NA REDUKCJI	OPEN M	73		3	-7	14:46	4.1 (66.1%)	02:22:52	03:19:35
93	NOWAK Dawid	101	SIEMIANOWICE I PRZYJACIELE BIEGAJA	OPEN M	74		3	-7	14:55	4 (64.5%)	02:39:05	03:21:36
94	NIEMCZOK Daniel	98	TMASK.PL	OPEN M	75		3	-7	15:11	3.9 (62.9%)	03:04:08	03:25:18
95	GRZYWA Kinga	37	PORUNNE FURGANIE	OPEN K	20		3	-7	15:57	3.8 (61.3%)	03:10:44	03:35:41
96	MACKIEWICZ Artur	75	DŁUGOBIEGANIE	OPEN M	76		3	-7	16:13	3.7 (59.7%)	02:47:02	03:39:14
97	ZAWIŚLAK Dorota	172		OPEN K	21		3	-7	16:19	3.7 (59.7%)	02:51:08	03:40:26
98	PATEREK Agata	114		OPEN K	22		3	-7	16:19	3.7 (59.7%)	02:51:09	03:40:27
99	WRONA Agi	168		OPEN K	23		3	-7	17:11	3.5 (56.5%)	02:20:27	03:52:10
100	NIEMCZOK Izabela	97		OPEN K	24		3	-7	18:43	3.2 (51.6%)	02:39:09	04:12:58
101	KUNERT Krzysztof	60		OPEN M	77		3	-7	18:43	3.2 (51.6%)	02:44:57	04:13:00
102	ŚWIĄTEK Bartosz	153	POLSKA	OPEN M	78		3	-7	20:41	2.9 (46.8%)	03:00:14	04:43:33
103	SZAKIEL Krzysztof	150	BRAK	OPEN M	79		3	-7	22:27	2.7 (43.5%)	03:10:52	05:03:22
104	ROCZNIK Krzysztof	128	CAŁOROCZNIK	OPEN M	80		3	-7	23:17	2.6 (41.9%)	03:40:57	05:14:48

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105	KURBIEL Sylwia	61	SIEMIANOWIE I PRZYJACIELE BIEGAJĄ	OPEN K	25		3	-7	32:35	1.8 (29.0%)	03:17:19	07:20:09
106	OLSZEWSKI Rafał	107		OPEN M	81		3	-7	32:06	1.9 (30.6%)	02:59:02	07:25:57
107	LEWANDOWSKI Łukasz	68		OPEN M	82		3	-7	33:59	1.8 (29.0%)	02:00:27	07:38:56
108	KICIŃSKA Zuzanna	46		OPEN K	26		3	-7	33:59	1.8 (29.0%)	02:12:31	07:38:56
109	BAWOR Marcin	8		OPEN M	83		3	-7	34:26	1.7 (27.4%)	03:01:47	07:45:05
110	BARNOWSKI Przemysław	6	ZABIEGAM O CZYSTĄ POLSKĘ	OPEN M	84		2	-8	9:23	6.4 (103.2%)	01:50:22	02:06:52
111	BASHFORD Marcus	7		OPEN M	85		2	-8	10:14	5.9 (95.2%)	02:03:45	02:18:25
112	PŁAWECKI Leszek	122	PSZCZYNA BIEGA	OPEN M	86		2	-8	10:44	5.6 (90.3%)	01:57:51	02:25:08
113	KOCOT Sebastian	48		OPEN M	87		2	-8	11:52	5.1 (82.3%)	02:16:40	02:40:27
114	RACZKIEWICZ Agnieszka	126	KLUB KRÓLOWEJ KLIMCZOKA I SKRZYCZNEGO	OPEN K	27		2	-8	13:30	4.4 (71.0%)	02:35:49	03:02:22
115	PTAK Jarosław	125		OPEN M	88		2	-8	14:39	4.1 (66.1%)	02:26:25	03:18:00
116	WASILEWSKI Krzysztof	156		OPEN M	89		2	-8	14:57	4 (64.5%)	02:49:16	03:22:06
117	GOSPODAREK Łukasz	34		OPEN M	90		2	-8	16:16	3.7 (59.7%)	02:59:43	03:40:01
118	KUŚMIEREK Tomasz	62		OPEN M	91		2	-8	16:30	3.6 (58.1%)	03:02:44	03:43:00
119	WIECIECH Krzysztof	161		OPEN M	92		2	-8	16:55	3.5 (56.5%)	03:31:36	03:48:39
120	KASZYCKA Dorota	666	DUCH POGÓRZA	OPEN K	28		2	-8	17:01	3.5 (56.5%)	03:12:15	03:50:16
121	STRONIKOWSKI Wojciech	145	DRUŻYNA STASIA	OPEN M	93		2	-8	18:46	3.2 (51.6%)	03:19:18	04:13:48
122	SĄDEL Krzysztof	132		OPEN M	94		2	-8	18:46	3.2 (51.6%)	03:19:18	04:13:49
123	CHOJNOWSKI Łukasz	17		OPEN M	95		2	-8	21:17	2.8 (45.2%)	04:10:24	04:49:25
124	LIS Krzysztof	70		OPEN M	96		2	-8	49:23	1.2 (19.4%)	03:05:38	11:08:56
125	CZERWIŃSKI Maciej	20	KIBOLSKI KS	OPEN M	97		1	-9	10:16	5.8 (93.5%)	02:18:53	02:18:53
126	KUŚWIK Beata	64	CAŁE ŻYCIE NA REDUKCJI	OPEN K	29		1	-9	11:17	5.3 (85.5%)	02:32:39	02:32:39

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127	FARON Agnieszka	28	100 MILES OF BESKID WYSPOWY / PRZEHYBA TRAIL	OPEN K	30		1	-9	11:45	5.1 (82.3%)	02:39:06	02:39:06
128	NOWICKI Michael	102	100 MILES OF BESKID WYSPOWY	OPEN M	98		1	-9	11:45	5.1 (82.3%)	02:39:07	02:39:07
129	GRUNTOWSKI Mateusz	35		OPEN M	99		1	-9	13:22	4.5 (72.6%)	03:00:34	03:00:34
130	NOWOSAD Artur	103	.	OPEN M	100		1	-9	14:07	4.2 (67.7%)	03:10:56	03:10:56
131	MACKIEWICZ Magdalena	76	DŁUGOBIEGANIE	OPEN K	31		1	-9	15:29	3.9 (62.9%)	03:29:41	03:29:41
132	RUN Anngells	131	ANNGELLSRUN	OPEN M	101		1	-9	23:26	2.6 (41.9%)	05:16:28	05:16:28
133	WOJCIECHOWSKI Rafał	164	JEDEN Z LEPSZYCH	OPEN M	102		1	-9	24:13	2.5 (40.3%)	05:27:03	05:27:03

Total 133 results.