



# ZAWIERUCHA 2019

B4SPORT

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

**Wydarzenie:** ZAMEĆ 2019 24h na Skrzyczne  
**Organizator:** FUNDACJA AKTYWNE BESKIDY  
**Data:** 2019-01-26  
**Miejsce:** Szczyrk  
**Dystans:** 27 km

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Skrzyczne 21km	Czas netto 27km	Czas brutto 27km	Różn	Tempo min/km	Tempo km/h
1	<b>BIEL Szymon</b>	<b>711</b>		OPEN M	1		<b>03:46:31.00</b>	<b>03:46:31.00</b>		8:23	7.2
2	<b>KROSNY Sebastian</b>	<b>579</b>	STS BIEGATON MIKOŁÓW	OPEN M	2	02:53:21	<b>03:51:19.45</b>	<b>03:51:19.45</b>	+00:04:48	8:34	7
3	<b>URBAŃCZYK Karol</b>	<b>668</b>		OPEN M	3	02:53:41	<b>03:57:02.50</b>	<b>03:57:02.50</b>	+00:10:31	8:46	6.8
4	<b>LUŻNIAK Damian</b>	<b>593</b>	SCI GÓRSCY ENTUZJAŚCI	OPEN M	4	02:58:01	<b>04:04:20.05</b>	<b>04:04:20.05</b>	+00:17:49	9:02	6.6
5	<b>BUCZYŃSKI Adam</b>	<b>517</b>	NON STOP TRAIL	OPEN M	5	03:08:44	<b>04:14:38.55</b>	<b>04:14:38.55</b>	+00:28:07	9:25	6.4
6	<b>CICHY Krzysztof</b>	<b>523</b>	OPONY SERAFINOWSKI	OPEN M	6	03:18:55	<b>04:24:50.00</b>	<b>04:24:50.00</b>	+00:38:19	9:48	6.1
7	<b>BOJDA Zdzisław</b>	<b>512</b>		OPEN M	7	03:25:36	<b>04:28:29.40</b>	<b>04:28:29.40</b>	+00:41:58	9:56	6
8	<b>BAZYL Adam</b>	<b>505</b>	BREMBO	OPEN M	8	03:23:52	<b>04:31:02.05</b>	<b>04:31:02.05</b>	+00:44:31	10:02	6
9	<b>WIDUCH Jarek</b>	<b>671</b>		OPEN M	9	03:25:33	<b>04:32:39.45</b>	<b>04:32:39.45</b>	+00:46:08	10:05	5.9
10	<b>KADLUBICKI Marek</b>	<b>560</b>	SPORTOWYTRYBZYCIA	OPEN M	10	03:25:39	<b>04:39:14.40</b>	<b>04:39:14.40</b>	+00:52:43	10:20	5.8
11	<b>SARNA Kamil</b>	<b>643</b>		OPEN M	11	03:34:55	<b>04:40:55.00</b>	<b>04:40:55.00</b>	+00:54:24	10:24	5.8
12	<b>JUREWICZ Kris</b>	<b>556</b>	HARPAGAN SOSNOWIEC	OPEN M	12		<b>04:42:12.45</b>	<b>04:42:12.45</b>	+00:55:41	10:27	5.7
13	<b>MIJAKOWSKI Pawel</b>	<b>604</b>	MIJAKOWSKI TEAM	OPEN M	13	03:27:07	<b>04:44:08.25</b>	<b>04:44:08.25</b>	+00:57:37	10:31	5.7
14	<b>RÓŻANOWSKI Łukasz</b>	<b>640</b>		OPEN M	14	03:34:22	<b>04:44:25.85</b>	<b>04:44:25.85</b>	+00:57:54	10:32	5.7
15	<b>KALAMUS Mirosław</b>	<b>561</b>		OPEN M	15	03:41:51	<b>04:53:32.65</b>	<b>04:53:32.65</b>	+01:07:01	10:52	5.5
16	<b>PYSZ Grzegorz</b>	<b>632</b>	HRMAX ŻORY	OPEN M	16	03:35:04	<b>04:53:36.85</b>	<b>04:53:36.85</b>	+01:07:05	10:52	5.5
17	<b>KRZYSZTOŃ Tomasz</b>	<b>582</b>	GRUPA JURA'PL	OPEN M	17	03:34:16	<b>04:55:37.15</b>	<b>04:55:37.15</b>	+01:09:06	10:56	5.5
18	<b>CIACIURA Magdalena</b>	<b>710</b>		OPEN K	1	03:43:06	<b>04:55:56.15</b>	<b>04:55:56.15</b>	+01:09:25	10:57	5.5
19	<b>GÓRNY Mirosław</b>	<b>618</b>		OPEN M	18	03:37:59	<b>04:57:00.20</b>	<b>04:57:00.20</b>	+01:10:29	11:00	5.5
20	<b>WOJDYŁO Mateusz</b>	<b>678</b>	FANTASTIC TEAM	OPEN M	19	03:43:45	<b>04:57:27.70</b>	<b>04:57:27.70</b>	+01:10:56	11:01	5.4
21	<b>PYZIK Krzysztof</b>	<b>634</b>	VEGESLONIK TEAM / FIZJOBIEGACZE SZCZECIN	OPEN M	20	03:26:59	<b>04:59:30.40</b>	<b>04:59:30.40</b>	+01:12:59	11:05	5.4
22	<b>SZUBA Tomasz</b>	<b>659</b>		OPEN M	21	03:48:48	<b>05:04:55.65</b>	<b>05:04:55.65</b>	+01:18:24	11:17	5.3
23	<b>GRZESICA Paweł</b>	<b>547</b>		OPEN M	22	03:42:57	<b>05:08:01.75</b>	<b>05:08:01.75</b>	+01:21:30	11:24	5.3
24	<b>KAŁUŻA Arkadiusz</b>	<b>562</b>	INŻYNIERIA BIEGANIA TEAM	OPEN M	23	03:52:17	<b>05:10:49.50</b>	<b>05:10:49.50</b>	+01:24:18	11:30	5.2
25	<b>FEICHTINGER Marek</b>	<b>536</b>		OPEN M	24	03:52:20	<b>05:11:01.15</b>	<b>05:11:01.15</b>	+01:24:30	11:31	5.2
26	<b>DUDZIAK Marek</b>	<b>702</b>	BB RUNNERS	OPEN M	25	03:55:25	<b>05:11:02.55</b>	<b>05:11:02.55</b>	+01:24:31	11:31	5.2
27	<b>RZYWUCKI Wojciech</b>	<b>708</b>		OPEN M	26	03:49:59	<b>05:11:03.70</b>	<b>05:11:03.70</b>	+01:24:32	11:31	5.2

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Skrzyczne 21km	Czas netto 27km	Czas brutto 27km	Różn	Tempo min/km	Tempo km/h
28	<b>OGIERMAN-DYKAS Marzena</b>	<b>616</b>		OPEN K	2	03:56:47	<b>05:11:06.15</b>	<b>05:11:06.15</b>	+01:24:35	11:31	5.2
29	<b>STRAŚ Jarek</b>	<b>651</b>		OPEN M	27	03:48:55	<b>05:14:59.60</b>	<b>05:14:59.60</b>	+01:28:28	11:39	5.1
30	<b>BUTANOWICZ Marzena</b>	<b>519</b>	ŚLĘZAKTEAM	OPEN K	3	03:56:39	<b>05:15:48.55</b>	<b>05:15:48.55</b>	+01:29:17	11:41	5.1
31	<b>LISZKA Maciej</b>	<b>274</b>		OPEN M	28	04:01:14	<b>05:16:27.50</b>	<b>05:16:27.50</b>	+01:29:56	11:43	5.1
32	<b>BARTECKI Aleksander</b>	<b>504</b>	HRMAX ŻORY	OPEN M	29	03:55:23	<b>05:16:30.35</b>	<b>05:16:30.35</b>	+01:29:59	11:43	5.1
33	<b>GANSZCZYK Kuba</b>	<b>538</b>		OPEN M	30	03:56:34	<b>05:21:01.05</b>	<b>05:21:01.05</b>	+01:34:30	11:53	5
34	<b>LORANC Paweł</b>	<b>592</b>	WILD BUCHAYS	OPEN M	31	04:08:08	<b>05:21:31.75</b>	<b>05:21:31.75</b>	+01:35:00	11:54	5
35	<b>NIEDZIAŁKOWSKI Jan</b>	<b>612</b>		OPEN M	32	03:50:14	<b>05:21:32.30</b>	<b>05:21:32.30</b>	+01:35:01	11:54	5
36	<b>TOMCZYK Tomasz</b>	<b>694</b>		OPEN M	33	03:55:28	<b>05:22:51.40</b>	<b>05:22:51.40</b>	+01:36:20	11:57	5
37	<b>BARTECKA Sabina</b>	<b>503</b>	HRMAX ŻORY	OPEN K	4	04:08:05	<b>05:22:56.65</b>	<b>05:22:56.65</b>	+01:36:25	11:57	5
38	<b>ŁEMPICKI Jakub</b>	<b>594</b>		OPEN M	34	03:55:36	<b>05:24:53.00</b>	<b>05:24:53.00</b>	+01:38:22	12:01	5
39	<b>DUDA Joanna</b>	<b>531</b>	WOŹNIAK RUNNING TEAM	OPEN K	5	04:13:35	<b>05:33:53.55</b>	<b>05:33:53.55</b>	+01:47:22	12:21	4.9
40	<b>KRZYŻAN Jakub</b>	<b>583</b>	KW KRAKÓW	OPEN M	35	04:16:10	<b>05:36:20.25</b>	<b>05:36:20.25</b>	+01:49:49	12:27	4.8
41	<b>TRĄBA Piotr</b>	<b>696</b>	CROSSFIT 43300	OPEN M	36	04:18:06	<b>05:36:38.80</b>	<b>05:36:38.80</b>	+01:50:07	12:28	4.8
42	<b>KAPUSTA Piotr</b>	<b>564</b>		OPEN M	37	04:16:13	<b>05:38:34.20</b>	<b>05:38:34.20</b>	+01:52:03	12:32	4.8
43	<b>MILIK Marcin</b>	<b>605</b>	EPO	OPEN M	38	04:16:43	<b>05:42:41.75</b>	<b>05:42:41.75</b>	+01:56:10	12:41	4.7
44	<b>LISIECKI Tomasz</b>	<b>701</b>		OPEN M	39	04:22:12	<b>05:43:22.75</b>	<b>05:43:22.75</b>	+01:56:51	12:43	4.7
45	<b>MĄDRY Roman</b>	<b>600</b>		OPEN M	40	04:22:09	<b>05:43:27.60</b>	<b>05:43:27.60</b>	+01:56:56	12:43	4.7
46	<b>BROMIRSKI Patryk</b>	<b>515</b>		OPEN M	41		<b>05:43:42.25</b>	<b>05:43:42.25</b>	+01:57:11	12:43	4.7
47	<b>JARCZOK Zdzichu</b>	<b>551</b>		OPEN M	42		<b>05:45:50.00</b>	<b>05:45:50.00</b>	+01:59:19	12:48	4.7
48	<b>KUBERA Dawid</b>	<b>585</b>	ALWAYSINMOTION.PL	OPEN M	43	04:23:30	<b>05:45:50.25</b>	<b>05:45:50.25</b>	+01:59:19	12:48	4.7
49	<b>ODOLIŃSKI Jacek</b>	<b>615</b>	PSZCZÓŁKOWSKI TEAM	OPEN M	44	04:28:01	<b>05:46:07.50</b>	<b>05:46:07.50</b>	+01:59:36	12:49	4.7
50	<b>KRYSKA Eliza</b>	<b>581</b>		OPEN K	6		<b>05:46:22.30</b>	<b>05:46:22.30</b>	+01:59:51	12:49	4.7
51	<b>KUBICA Dariusz</b>	<b>586</b>	GRUPA KRYZYS	OPEN M	45	04:19:17	<b>05:48:17.20</b>	<b>05:48:17.20</b>	+02:01:46	12:53	4.7
52	<b>PLUCIŃSKI Grzegorz</b>	<b>625</b>	1973	OPEN M	46	04:32:50	<b>05:48:33.00</b>	<b>05:48:33.00</b>	+02:02:02	12:54	4.6
53	<b>STEFAŃSKI Zbyszek</b>	<b>650</b>	HEBEL	OPEN M	47	04:09:03	<b>05:48:46.55</b>	<b>05:48:46.55</b>	+02:02:15	12:55	4.6
54	<b>SZOT Andrzej</b>	<b>657</b>	BIEGAM BO MUSZĘ	OPEN M	48	04:19:31	<b>05:48:51.20</b>	<b>05:48:51.20</b>	+02:02:20	12:55	4.6
55	<b>JACHYM Arkadiusz</b>	<b>549</b>	SOCIOS SILESIA	OPEN M	49		<b>05:49:43.60</b>	<b>05:49:43.60</b>	+02:03:12	12:57	4.6
56	<b>BUCHHOLTZ Tomasz</b>	<b>516</b>		OPEN M	50	04:37:13	<b>05:49:45.35</b>	<b>05:49:45.35</b>	+02:03:14	12:57	4.6
57	<b>URBAŃSKI Robert</b>	<b>669</b>	NADLEŚNICTWO JELEŚNIA	OPEN M	51	04:09:00	<b>05:52:17.05</b>	<b>05:52:17.05</b>	+02:05:46	13:02	4.6
58	<b>KACZOR Łukasz</b>	<b>559</b>	WILD BUCHAYS	OPEN M	52	04:36:08	<b>05:55:24.75</b>	<b>05:55:24.75</b>	+02:08:53	13:09	4.6
59	<b>STRZELECKI Robert</b>	<b>653</b>		OPEN M	53	04:36:15	<b>05:55:25.15</b>	<b>05:55:25.15</b>	+02:08:54	13:09	4.6
60	<b>WOJTKIEWICZ Jarosław</b>	<b>248</b>		OPEN M	54	04:28:04	<b>05:57:54.15</b>	<b>05:57:54.15</b>	+02:11:23	13:15	4.5
61	<b>DZIERKA Mariusz</b>	<b>534</b>		OPEN M	55	04:27:50	<b>06:00:22.25</b>	<b>06:00:22.25</b>	+02:13:51	13:20	4.5
62	<b>JEZIERSKI Marek</b>	<b>553</b>		OPEN M	56	04:30:58	<b>06:02:00.90</b>	<b>06:02:00.90</b>	+02:15:29	13:24	4.5
63	<b>ŻABIŃSKI Radosław</b>	<b>687</b>	CROSSFIT 43300	OPEN M	57	04:29:40	<b>06:02:09.85</b>	<b>06:02:09.85</b>	+02:15:38	13:24	4.5
64	<b>GRABOWSKA-SZYSZKA Elżbieta</b>	<b>546</b>		OPEN K	7	04:37:49	<b>06:02:29.10</b>	<b>06:02:29.10</b>	+02:15:58	13:25	4.5
65	<b>DZIUMA Arkadiusz</b>	<b>464</b>		OPEN M	58		<b>06:03:06.55</b>	<b>06:03:06.55</b>	+02:16:35	13:26	4.5
66	<b>BAK Tymoteusz</b>	<b>506</b>	I-SYSTEMS.PL	OPEN M	59	04:48:03	<b>06:07:07.05</b>	<b>06:07:07.05</b>	+02:20:36	13:35	4.4
67	<b>PIETRZYKOWSKI Michał</b>	<b>624</b>		OPEN M	60		<b>06:07:53.15</b>	<b>06:07:53.15</b>	+02:21:22	13:37	4.4
68	<b>LISZKA Piotr</b>	<b>591</b>		OPEN M	61	04:38:24	<b>06:08:07.90</b>	<b>06:08:07.90</b>	+02:21:36	13:38	4.4
69	<b>KULIK Wojciech</b>	<b>467</b>		OPEN M	62	04:37:41	<b>06:08:35.45</b>	<b>06:08:35.45</b>	+02:22:04	13:39	4.4
70	<b>KACZMAR Marek</b>	<b>557</b>	SMAP	OPEN M	63	04:41:41	<b>06:09:38.40</b>	<b>06:09:38.40</b>	+02:23:07	13:41	4.4
71	<b>BAĆMAGA Tomasz</b>	<b>501</b>		OPEN M	64	04:38:33	<b>06:11:32.65</b>	<b>06:11:32.65</b>	+02:25:01	13:45	4.4

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72	<b>RYCZEK Adam</b>	<b>642</b>	BIEGAM NA TARCHOMINIE	OPEN M	65	04:30:26	<b>06:11:58.75</b>	<b>06:11:58.75</b>	+02:25:27	13:46	4.4
73	<b>FILIPSKI Łukasz</b>	<b>537</b>		OPEN M	66	04:44:21	<b>06:13:02.05</b>	<b>06:13:02.05</b>	+02:26:31	13:48	4.3
74	<b>SMUDA Ryszard</b>	<b>648</b>		OPEN M	67	04:38:14	<b>06:13:55.45</b>	<b>06:13:55.45</b>	+02:27:24	13:50	4.3
75	<b>OCYLOK Adam</b>	<b>613</b>	CHRONO SERVICE POLSKA	OPEN M	68	04:56:08	<b>06:14:29.00</b>	<b>06:14:29.00</b>	+02:27:58	13:52	4.3
76	<b>OSICA Łukasz</b>	<b>617</b>		OPEN M	69	04:45:34	<b>06:15:44.90</b>	<b>06:15:44.90</b>	+02:29:13	13:54	4.3
77	<b>KLASIK Monika</b>	<b>570</b>		OPEN K	8	04:41:36	<b>06:15:45.80</b>	<b>06:15:45.80</b>	+02:29:14	13:55	4.3
78	<b>BRANDYS Michał</b>	<b>513</b>	BIEGIEM PRZEZ GÓRY	OPEN M	70	04:41:44	<b>06:15:49.45</b>	<b>06:15:49.45</b>	+02:29:18	13:55	4.3
79	<b>MICHALSKI Mateusz</b>	<b>703</b>	BB RUNNERS	OPEN M	71	04:59:41	<b>06:17:29.45</b>	<b>06:17:29.45</b>	+02:30:58	13:58	4.3
80	<b>DEMBECKI Marcin</b>	<b>529</b>	ŁEMKO STAFF	OPEN M	72	04:32:53	<b>06:18:24.60</b>	<b>06:18:24.60</b>	+02:31:53	14:00	4.3
81	<b>GMYREK Wojciech</b>	<b>543</b>	WATAHA SLASK	OPEN M	73	04:56:03	<b>06:21:34.70</b>	<b>06:21:34.70</b>	+02:35:03	14:07	4.2
82	<b>SOSNOWSKI Michał</b>	<b>649</b>	PGB SPORTOWA PACZKA	OPEN M	74	04:38:21	<b>06:24:22.05</b>	<b>06:24:22.05</b>	+02:37:51	14:14	4.2
83	<b>TUCHOŁKA Marta</b>	<b>698</b>	POCOLOCO	OPEN K	9	04:55:40	<b>06:26:25.25</b>	<b>06:26:25.25</b>	+02:39:54	14:18	4.2
84	<b>ŁUGOWSKA Marzena</b>	<b>595</b>	KIETA	OPEN K	10	04:55:57	<b>06:28:30.00</b>	<b>06:28:30.00</b>	+02:41:59	14:23	4.2
85	<b>CHWAŁOWSKI Adam</b>	<b>522</b>	ESTILE RACING TEAM	OPEN M	75	04:56:39	<b>06:29:51.15</b>	<b>06:29:51.15</b>	+02:43:20	14:26	4.2
86	<b>KLAG Marian</b>	<b>569</b>	TOP-33	OPEN M	76	05:01:24	<b>06:34:20.05</b>	<b>06:34:20.05</b>	+02:47:49	14:36	4.1
87	<b>GINTER Grzegorz</b>	<b>542</b>	AZS COLLEGIUM MEDICUM UJ	OPEN M	77	05:08:01	<b>06:35:21.80</b>	<b>06:35:21.80</b>	+02:48:50	14:38	4.1
88	<b>MĄCZYŃSKA Joanna</b>	<b>599</b>	KOBIETY BIEGAJĄ	OPEN K	11	05:08:05	<b>06:37:06.85</b>	<b>06:37:06.85</b>	+02:50:35	14:42	4.1
89	<b>SZTAJER Bartosz</b>	<b>658</b>	LUBIĘ BURPEES'Y	OPEN M	78	05:03:53	<b>06:39:00.95</b>	<b>06:39:00.95</b>	+02:52:29	14:46	4.1
90	<b>CIEPIELA Jan</b>	<b>524</b>	LUBIĘ BURPEES'Y	OPEN M	79		<b>06:39:45.90</b>	<b>06:39:45.90</b>	+02:53:14	14:48	4.1
91	<b>SZWARCZUK Ewa</b>	<b>660</b>	GIBASÓWKA	OPEN K	12	05:01:26	<b>06:39:53.10</b>	<b>06:39:53.10</b>	+02:53:22	14:48	4.1
92	<b>KLIMKOWSKI Tomasz</b>	<b>700</b>		OPEN M	80		<b>06:43:23.00</b>	<b>06:43:23.00</b>	+02:56:52	14:56	4
93	<b>PIETRZYK Mariusz</b>	<b>623</b>		OPEN M	81		<b>06:46:48.45</b>	<b>06:46:48.45</b>	+03:00:17	15:04	4
94	<b>SKALSKI Tomasz</b>	<b>706</b>		OPEN M	82	05:09:24	<b>06:46:50.90</b>	<b>06:46:50.90</b>	+03:00:19	15:04	4
95	<b>GORCZEWSKA Renata</b>	<b>544</b>	KS ISKRA RYBARZOWICE	OPEN K	13	05:16:30	<b>06:50:54.65</b>	<b>06:50:54.65</b>	+03:04:23	15:13	3.9
96	<b>GORCZEWSKI Paweł</b>	<b>545</b>	KS ISKRA RYBARZOWICE	OPEN M	83	05:16:41	<b>06:50:54.90</b>	<b>06:50:54.90</b>	+03:04:23	15:13	3.9
97	<b>KAMIŃSKI Paweł</b>	<b>563</b>		OPEN M	84	05:00:24	<b>06:50:56.95</b>	<b>06:50:56.95</b>	+03:04:25	15:13	3.9
98	<b>ZARYCKA Julia</b>	<b>681</b>		OPEN K	14	05:17:32	<b>06:50:57.35</b>	<b>06:50:57.35</b>	+03:04:26	15:13	3.9
98	<b>IWANECKI Mariusz</b>	<b>548</b>		OPEN M	85		<b>06:50:57.35</b>	<b>06:50:57.35</b>	+03:04:26	15:13	3.9
100	<b>KOWALIK Dorota</b>	<b>576</b>		OPEN K	15	05:20:00	<b>06:51:51.75</b>	<b>06:51:51.75</b>	+03:05:20	15:15	3.9
101	<b>PROŃCZUK Adam</b>	<b>628</b>	WEHICOOL	OPEN M	86	05:24:57	<b>06:51:52.55</b>	<b>06:51:52.55</b>	+03:05:21	15:15	3.9
102	<b>SZCZERBA Łukasz</b>	<b>655</b>	W POGONI ZA DUCHEM	OPEN M	87	05:10:56	<b>06:53:55.60</b>	<b>06:53:55.60</b>	+03:07:24	15:19	3.9
103	<b>BURDA Marek</b>	<b>518</b>	1962	OPEN M	88		<b>06:56:38.90</b>	<b>06:56:38.90</b>	+03:10:07	15:25	3.9
104	<b>LIPIŃSKI Robert</b>	<b>715</b>	BEZFORMY.PL	OPEN M	89	04:55:53	<b>06:56:48.35</b>	<b>06:56:48.35</b>	+03:10:17	15:26	3.9
105	<b>CZICHY Barbara</b>	<b>527</b>	WKB META LUBLINIEC	OPEN K	16	05:16:54	<b>06:57:05.15</b>	<b>06:57:05.15</b>	+03:10:34	15:26	3.9
106	<b>BALICKI Marcin</b>	<b>502</b>		OPEN M	90	05:20:09	<b>06:57:19.95</b>	<b>06:57:19.95</b>	+03:10:48	15:27	3.9
107	<b>BIK Andrzej</b>	<b>508</b>		OPEN M	91	04:48:12	<b>07:02:30.40</b>	<b>07:02:30.40</b>	+03:15:59	15:38	3.8
108	<b>ŻARSKA Izabela</b>	<b>690</b>	FUDU&CO SPORT TEAM	OPEN K	17		<b>07:03:36.70</b>	<b>07:03:36.70</b>	+03:17:05	15:41	3.8
109	<b>BELDOWSKA Beata</b>	<b>507</b>	FUDU&CO.SPORT.TEAM	OPEN K	18		<b>07:03:38.15</b>	<b>07:03:38.15</b>	+03:17:07	15:41	3.8
110	<b>ŻARSKI Jarosław</b>	<b>691</b>	FUDU&CO SPORT TEAM	OPEN M	92		<b>07:03:43.45</b>	<b>07:03:43.45</b>	+03:17:12	15:41	3.8
111	<b>CZECHOWSKI Piotr</b>	<b>712</b>		OPEN M	93	05:00:18	<b>07:08:40.15</b>	<b>07:08:40.15</b>	+03:22:09	15:52	3.8
112	<b>BROLL Rafał</b>	<b>514</b>		OPEN M	94	05:10:33	<b>07:08:52.40</b>	<b>07:08:52.40</b>	+03:22:21	15:53	3.8
113	<b>KOTFIS Jarosław</b>	<b>697</b>		OPEN M	95	05:20:04	<b>07:09:00.75</b>	<b>07:09:00.75</b>	+03:22:29	15:53	3.8
114	<b>KRZYŻOWSKI Maciej</b>	<b>584</b>		OPEN M	96	04:50:58	<b>07:09:11.40</b>	<b>07:09:11.40</b>	+03:22:40	15:53	3.8
115	<b>MĄDRZYK Daniel</b>	<b>601</b>		OPEN M	97	05:33:16	<b>07:15:56.65</b>	<b>07:15:56.65</b>	+03:29:25	16:08	3.7

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Skrzyczne 21km	Czas netto 27km	Czas brutto 27km	Różn	Tempo min/km	Tempo km/h
116	<b>CAŁUS</b> Jolanta	<b>310</b>	NUTREND TEAM	OPEN K	19	05:13:04	<b>07:15:59.35</b>	<b>07:15:59.35</b>	+03:29:28	16:08	3.7
117	<b>RĄCZKA</b> Jarosław	<b>639</b>	PGB SPORTOWA PACZKA	OPEN M	98	05:13:12	<b>07:16:23.60</b>	<b>07:16:23.60</b>	+03:29:52	16:09	3.7
118	<b>PARSZEWSKA</b> Aleksandra	<b>619</b>	BTM RUNNERS	OPEN K	20	05:13:02	<b>07:20:18.25</b>	<b>07:20:18.25</b>	+03:33:47	16:18	3.7
118	<b>WĘGOREK</b> Piotr	<b>672</b>	BTM RUNNERS	OPEN M	99	05:24:01	<b>07:20:18.25</b>	<b>07:20:18.25</b>	+03:33:47	16:18	3.7
120	<b>WĘGOREK</b> Monika	<b>673</b>		OPEN K	21	05:13:06	<b>07:20:18.40</b>	<b>07:20:18.40</b>	+03:33:47	16:18	3.7
121	<b>MIŚTALSKI</b> Damian	<b>606</b>	BTM RUNNERS	OPEN M	100	05:23:57	<b>07:20:18.55</b>	<b>07:20:18.55</b>	+03:33:47	16:18	3.7
122	<b>PETKA</b> Damian	<b>620</b>	BTM RUNNERS	OPEN M	101	05:12:58	<b>07:20:19.00</b>	<b>07:20:19.00</b>	+03:33:48	16:18	3.7
123	<b>DĄBROWSKI</b> Marek	<b>528</b>	BIEGAJĄCE MORSY WYDRY	OPEN M	102	05:13:17	<b>07:22:07.25</b>	<b>07:22:07.25</b>	+03:35:36	16:22	3.7
124	<b>GDYNIA</b> Daniel	<b>541</b>		OPEN M	103	05:44:13	<b>07:24:36.95</b>	<b>07:24:36.95</b>	+03:38:05	16:28	3.6
125	<b>KROCZYK</b> Lesław	<b>578</b>		OPEN M	104	05:44:24	<b>07:24:37.40</b>	<b>07:24:37.40</b>	+03:38:06	16:28	3.6
126	<b>MADEJ</b> Anna	<b>596</b>	VEGE RUNNERS	OPEN K	22	05:44:38	<b>07:31:57.55</b>	<b>07:31:57.55</b>	+03:45:26	16:44	3.6
127	<b>KRUCZEK</b> Artur	<b>580</b>		OPEN M	105	05:44:41	<b>07:31:59.05</b>	<b>07:31:59.05</b>	+03:45:28	16:44	3.6
128	<b>POLANOWSKI</b> Marek	<b>626</b>	NGB KŁOBUCK	OPEN M	106	05:42:23	<b>07:35:06.25</b>	<b>07:35:06.25</b>	+03:48:35	16:51	3.6
129	<b>ZIELIŃSKI</b> Tomasz	<b>684</b>	GCW WARSZAWA	OPEN M	107	05:17:15	<b>07:35:36.20</b>	<b>07:35:36.20</b>	+03:49:05	16:52	3.6
130	<b>MRÓZ</b> Mariusz	<b>704</b>		OPEN M	108	05:42:34	<b>07:37:54.10</b>	<b>07:37:54.10</b>	+03:51:23	16:57	3.5
131	<b>MASELIK</b> Matheus	<b>598</b>		OPEN M	109	05:44:34	<b>07:45:34.10</b>	<b>07:45:34.10</b>	+03:59:03	17:14	3.5
132	<b>JAREMEK</b> Wojtek	<b>552</b>		OPEN M	110	05:44:21	<b>07:46:58.20</b>	<b>07:46:58.20</b>	+04:00:27	17:17	3.5
133	<b>NAMIOTA</b> Maciej	<b>610</b>		OPEN M	111	05:44:26	<b>07:46:59.75</b>	<b>07:46:59.75</b>	+04:00:28	17:17	3.5
134	<b>SEKULOWICZ</b> Piotr	<b>644</b>	SKYCHASERS	OPEN M	112	05:23:28	<b>07:46:59.85</b>	<b>07:46:59.85</b>	+04:00:28	17:17	3.5
135	<b>KARAWACKI</b> Grzegorz	<b>565</b>		OPEN M	113	06:59:53	<b>07:51:23.95</b>	<b>07:51:23.95</b>	+04:04:52	17:27	3.4
136	<b>RAMS</b> Łukasz	<b>635</b>	RAMS ATTACK	OPEN M	114	06:07:54	<b>07:59:08.90</b>	<b>07:59:08.90</b>	+04:12:37	17:44	3.4
137	<b>RATAJCZAK</b> Milena	<b>638</b>		OPEN K	23	05:24:07	<b>08:00:15.20</b>	<b>08:00:15.20</b>	+04:13:44	17:47	3.4
138	<b>RAMS</b> Agnieszka	<b>637</b>	RAMSATTACK	OPEN K	24	06:07:58	<b>08:01:31.25</b>	<b>08:01:31.25</b>	+04:15:00	17:50	3.4
139	<b>RAMS</b> Marcin	<b>636</b>	RAMSATTACK	OPEN M	115	06:08:02	<b>08:01:32.05</b>	<b>08:01:32.05</b>	+04:15:01	17:50	3.4
140	<b>WRÓBEL</b> Michał	<b>680</b>	SENSOUNICO	OPEN M	116	06:09:04	<b>08:02:48.55</b>	<b>08:02:48.55</b>	+04:16:17	17:52	3.4
141	<b>MAJCHRZAK</b> Olga	<b>597</b>	SENSOUNICO	OPEN K	25	06:10:17	<b>08:02:48.85</b>	<b>08:02:48.85</b>	+04:16:17	17:52	3.4
142	<b>ADAMOWSKA</b> Asia	<b>500</b>		OPEN K	26	06:10:02	<b>08:04:51.75</b>	<b>08:04:51.75</b>	+04:18:20	17:57	3.3
143	<b>LEMIESZ</b> Marcin	<b>589</b>		OPEN M	117	06:10:08	<b>08:04:52.35</b>	<b>08:04:52.35</b>	+04:18:21	17:57	3.3
144	<b>BINIENDA</b> Błażej	<b>707</b>		OPEN M	118	06:17:48	<b>08:17:44.30</b>	<b>08:17:44.30</b>	+04:31:13	18:26	3.3
145	<b>CUPIAŁ</b> Dariusz	<b>525</b>	W POGONI ZA DUCHEM	OPEN M	119	06:12:21	<b>08:23:11.10</b>	<b>08:23:11.10</b>	+04:36:40	18:38	3.2
146	<b>CUPIAŁ</b> Mariola	<b>526</b>	W POGONI ZA DUCHEM	OPEN K	27	06:09:47	<b>08:23:12.45</b>	<b>08:23:12.45</b>	+04:36:41	18:38	3.2
147	<b>GAWLIK - RYBIŃSKA</b> Kasia	<b>539</b>	EŁKA TEAM	OPEN K	28	06:10:11	<b>08:28:24.65</b>	<b>08:28:24.65</b>	+04:41:53	18:49	3.2
148	<b>RYBIŃSKI</b> Łukasz	<b>641</b>	EŁKA TEAM	OPEN M	120	06:10:13	<b>08:28:25.45</b>	<b>08:28:25.45</b>	+04:41:54	18:49	3.2
149	<b>SZATNIEWSKA</b> Agnieszka	<b>654</b>	OWOCOWA KRAINA	OPEN K	29	06:27:32	<b>08:34:33.85</b>	<b>08:34:33.85</b>	+04:48:02	19:03	3.1
150	<b>TUREK</b> Rafał	<b>666</b>	OWOCOWA KRAINA	OPEN M	121	06:27:34	<b>08:34:34.15</b>	<b>08:34:34.15</b>	+04:48:03	19:03	3.1
151	<b>ŻYTNIK</b> Piotr	<b>693</b>	BUTTON'S TEAM	OPEN M	122	06:59:53	<b>08:35:03.80</b>	<b>08:35:03.80</b>	+04:48:32	19:04	3.1
151	<b>TYCHOWICZ</b> Robert	<b>667</b>	BUTTON'S TEAM	OPEN M	122	06:59:53	<b>08:35:03.80</b>	<b>08:35:03.80</b>	+04:48:32	19:04	3.1
153	<b>MIĘTKA</b> Krzysztof	<b>603</b>		OPEN M	124	06:18:01	<b>08:39:55.90</b>	<b>08:39:55.90</b>	+04:53:24	19:15	3.1
154	<b>KAZNOWSKA</b> Emilia	<b>567</b>		OPEN K	30	06:59:53	<b>08:56:52.05</b>	<b>08:56:52.05</b>	+05:10:21	19:53	3
155	<b>PYZIK</b> Ewa	<b>633</b>		OPEN K	31	06:59:53	<b>09:01:45.65</b>	<b>09:01:45.65</b>	+05:15:14	20:03	3
156	<b>PIECHOTA</b> Daniel	<b>621</b>		OPEN M	125	07:07:10	<b>09:15:29.05</b>	<b>09:15:29.05</b>	+05:28:58	20:34	2.9
157	<b>JĘDRZEJEWSKA</b> Beata	<b>554</b>	WATAHA	OPEN K	32	07:07:04	<b>09:24:34.25</b>	<b>09:24:34.25</b>	+05:38:03	20:54	2.9
158	<b>ZAWISZA</b> Beata	<b>682</b>	WATAHA	OPEN K	33	07:07:07	<b>09:24:34.35</b>	<b>09:24:34.35</b>	+05:38:03	20:54	2.9
159	<b>BINIENDA</b> Agnieszka	<b>509</b>		OPEN K	34	07:06:58	<b>09:24:34.65</b>	<b>09:24:34.65</b>	+05:38:03	20:54	2.9

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Skrzyczne 21km	Czas netto 27km	Czas brutto 27km	Różn	Tempo min/km	Tempo km/h
160	<b>LISEK Joanna</b>	<b>713</b>		OPEN K	35	07:15:44	<b>10:30:57.85</b>	<b>10:30:57.85</b>	+06:44:26	23:22	2.6
161	<b>WŁODARCZYK Martyna</b>	<b>677</b>		OPEN K	36	07:15:48	<b>10:31:00.70</b>	<b>10:31:00.70</b>	+06:44:29	23:22	2.6
	<b>DZIERZAWSKI Tomasz</b>	<b>535</b>	BORSUKI BIEGAJĄ OLKUSZ	OPEN M		DNF	<b>DNF</b>	<b>DNF</b>		-	-
	<b>NOWOCIN Radosław</b>	<b>714</b>		OPEN M		DNF	<b>DNF</b>	<b>DNF</b>		-	-
	<b>WĘGLIŃSKI Michał</b>	<b>460</b>		OPEN M		DNF	<b>DNF</b>	<b>DNF</b>		-	-
	<b>WOŹNIAK Anna</b>	<b>679</b>	WATAHA	OPEN K		DNF	<b>DNF</b>	<b>DNF</b>		-	-
	<b>PIETRASZEK Ewa</b>	<b>622</b>	WATAHA ŚLĄSK	OPEN K		DNF	<b>DNF</b>	<b>DNF</b>		-	-
	<b>SITARSKA Agnieszka</b>	<b>646</b>	WATAHA	OPEN K		DNF	<b>DNF</b>	<b>DNF</b>		-	-
	<b>SZOLC Sebastian</b>	<b>656</b>		OPEN M		DNF	<b>DNF</b>	<b>DNF</b>		-	-
	<b>NAGAS Pawel</b>	<b>609</b>	LUBIE BURPEES'Y	OPEN M		DNF	<b>DNF</b>	<b>DNF</b>		-	-
	<b>GAŚSIOROWSKI Krzysztof</b>	<b>540</b>		OPEN M		DNF	<b>DNF</b>	<b>DNF</b>		-	-
	<b>KOWALIK Ewelina</b>	<b>577</b>	FIZJOBIEGACZE SZCZECIN	OPEN K		DNF	<b>DNF</b>	<b>DNF</b>		-	-
	<b>KLIMEK Magdalena</b>	<b>571</b>		OPEN K		DNF	<b>DNF</b>	<b>DNF</b>		-	-
	<b>PIECHULA-BOBLA Katarzyna</b>	<b>278</b>		OPEN K		DNF	<b>DNF</b>	<b>DNF</b>		-	-
	<b>BOBLA Walenty</b>	<b>277</b>		OPEN M		DNF	<b>DNF</b>	<b>DNF</b>		-	-
	<b>PRZESŁAŃSKI Mateusz</b>	<b>194</b>		OPEN M		DNF	<b>DNF</b>	<b>DNF</b>		-	-
	<b>BIŻEK Patryk</b>	<b>510</b>		OPEN M		DNF	<b>DNF</b>	<b>DNF</b>		-	-
	<b>LAMPARSKI Łukasz</b>	<b>587</b>		OPEN M		DNF	<b>DNF</b>	<b>DNF</b>		-	-
	<b>JÓŻWIK Rafał</b>	<b>555</b>		OPEN M		DNF	<b>DNF</b>	<b>DNF</b>		-	-
	<b>ERENBERG Rafał</b>	<b>709</b>	FUDU&CO.SPORT.TEAM	OPEN M		DNF	<b>DNF</b>	<b>DNF</b>		-	-
	<b>KOSMOWSKA Julka</b>	<b>573</b>	LOS GATOS LOCOS	OPEN K		DNF	<b>DNF</b>	<b>DNF</b>		-	-
	<b>PIĄTEK Tomasz</b>	<b>699</b>		OPEN M		DNF	<b>DNF</b>	<b>DNF</b>		-	-
	<b>PYKA Tomasz</b>	<b>631</b>		OPEN M		DNF	<b>DNF</b>	<b>DNF</b>		-	-
	<b>JACOSZEK Rafał</b>	<b>550</b>		OPEN M		DNF	<b>DNF</b>	<b>DNF</b>		-	-
	<b>CHWAŁOWSKA Agnieszka</b>	<b>705</b>	FUDU&CO.SPORT.TEAM	OPEN K		DNF	<b>DNF</b>	<b>DNF</b>		-	-
	<b>KASPRZYK-KUŹNIAK Michalina</b>	<b>566</b>	CARBON PAWS	OPEN K		DNF	<b>DNF</b>	<b>DNF</b>		-	-
	<b>KOSMOWSKI Jędrzej</b>	<b>574</b>	LOS GATOS LOCOS	OPEN M		DNF	<b>DNF</b>	<b>DNF</b>		-	-
	<b>TRZASKA Radosław</b>	<b>665</b>	TLENOWNIA	OPEN M		DNF	<b>DNF</b>	<b>DNF</b>		-	-
	<b>ŚLIWKA Arkadiusz</b>	<b>661</b>	OLZA CIESZYN	OPEN M		DNF	<b>DNF</b>	<b>DNF</b>		-	-
	<b>ZIELIŃSKI Łukasz</b>	<b>683</b>		OPEN M		DNF	<b>DNF</b>	<b>DNF</b>		-	-
	<b>DONIEC Tomasz</b>	<b>530</b>	THECATHLONS BBEST	OPEN M		DNF	<b>DNF</b>	<b>DNF</b>		-	-
	<b>ŚLIWKA Beata</b>	<b>662</b>	OLZA CIESZYN	OPEN K		DNF	<b>DNF</b>	<b>DNF</b>		-	-
	<b>BIELAWIEC Magdalena</b>	<b>695</b>	BIĄŁOSTOCKA SEKCJA BIEGACZY	OPEN K		DNF	<b>DNF</b>	<b>DNF</b>		-	-
	<b>CHMIELEWSKI Tomasz</b>	<b>521</b>	PAN	OPEN M		DNF	<b>DNF</b>	<b>DNF</b>		-	-
	<b>LESIŃSKI Marcin</b>	<b>590</b>		OPEN M		DNF	<b>DNF</b>	<b>DNF</b>		-	-
	<b>WILK Krzysztof</b>	<b>674</b>	AMATOR	OPEN M		DNF	<b>DNF</b>	<b>DNF</b>		-	-
	<b>KĘCIK Janusz</b>	<b>568</b>	SPARTANIE DZIECIOM	OPEN M		DNF	<b>DNF</b>	<b>DNF</b>		-	-
	<b>PSZCZÓŁKA BUSCH Aneta</b>	<b>629</b>		OPEN K		DNF	<b>DNF</b>	<b>DNF</b>		-	-

Znaleziono 197 wynik(ów)