



ZAWIERUCHA 2019

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Wydarzenie: ZAMEĆ 2019 24h na Skrzyczne
Organizator: FUNDACJA AKTYWNE BESKIDY
Data: 2019-01-26
Miejsce: Szczyrk
Dystans: 27 km

Klasyfikacja: Wszyscy

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Skrzyczne 21km | Czas netto 27km | Czas brutto 27km | Różn | Tempo min/km | Tempo km/h |
|-----|---------------------------|------------|--|-----------|------|-------------------|-----------------------|------------------------|-------------------|-----------------|---------------|
| 1 | BIEL Szymon | 711 | | OPEN M | 1 | | 03:46:31.00 | 03:46:31.00 | | 8:23 | 7.2 (100%) |
| 2 | KROSNY Sebastian | 579 | STS BIEGATON MIKOŁÓW | OPEN M | 2 | 02:53:21 | 03:51:19.45 | 03:51:19.45 | +00:04:48 (2.1%) | 8:34 | 7 (97.2%) |
| 3 | URBAŃCZYK Karol | 668 | | OPEN M | 3 | 02:53:41 | 03:57:02.50 | 03:57:02.50 | +00:10:31 (4.4%) | 8:46 | 6.8 (94.4%) |
| 4 | LUŻNIAK Damian | 593 | SCI GÓRSCY ENTUZJAŚCI | OPEN M | 4 | 02:58:01 | 04:04:20.05 | 04:04:20.05 | +00:17:49 (7.3%) | 9:02 | 6.6 (91.7%) |
| 5 | BUCZYŃSKI Adam | 517 | NON STOP TRAIL | OPEN M | 5 | 03:08:44 | 04:14:38.55 | 04:14:38.55 | +00:28:07 (11.0%) | 9:25 | 6.4 (88.9%) |
| 6 | CICHY Krzysztof | 523 | OPONY SERAFINOWSKI | OPEN M | 6 | 03:18:55 | 04:24:50.00 | 04:24:50.00 | +00:38:19 (14.5%) | 9:48 | 6.1 (84.7%) |
| 7 | BOJDA Zdzisław | 512 | | OPEN M | 7 | 03:25:36 | 04:28:29.40 | 04:28:29.40 | +00:41:58 (15.6%) | 9:56 | 6 (83.3%) |
| 8 | BAZYL Adam | 505 | BREMBO | OPEN M | 8 | 03:23:52 | 04:31:02.05 | 04:31:02.05 | +00:44:31 (16.4%) | 10:02 | 6 (83.3%) |
| 9 | WIDUCH Jarek | 671 | | OPEN M | 9 | 03:25:33 | 04:32:39.45 | 04:32:39.45 | +00:46:08 (16.9%) | 10:05 | 5.9 (81.9%) |
| 10 | KADLUBICKI Marek | 560 | SPORTOWYTRYBZYCIA | OPEN M | 10 | 03:25:39 | 04:39:14.40 | 04:39:14.40 | +00:52:43 (18.9%) | 10:20 | 5.8 (80.6%) |
| 11 | SARNA Kamil | 643 | | OPEN M | 11 | 03:34:55 | 04:40:55.00 | 04:40:55.00 | +00:54:24 (19.4%) | 10:24 | 5.8 (80.6%) |
| 12 | JUREWICZ Kris | 556 | HARPAGAN SOSNOWIEC | OPEN M | 12 | | 04:42:12.45 | 04:42:12.45 | +00:55:41 (19.7%) | 10:27 | 5.7 (79.2%) |
| 13 | MIJAKOWSKI Pawel | 604 | MIJAKOWSKI TEAM | OPEN M | 13 | 03:27:07 | 04:44:08.25 | 04:44:08.25 | +00:57:37 (20.3%) | 10:31 | 5.7 (79.2%) |
| 14 | RÓŻANOWSKI Łukasz | 640 | | OPEN M | 14 | 03:34:22 | 04:44:25.85 | 04:44:25.85 | +00:57:54 (20.4%) | 10:32 | 5.7 (79.2%) |
| 15 | KALAMUS Mirosław | 561 | | OPEN M | 15 | 03:41:51 | 04:53:32.65 | 04:53:32.65 | +01:07:01 (22.8%) | 10:52 | 5.5 (76.4%) |
| 16 | PYSZ Grzegorz | 632 | HRMAX ŻORY | OPEN M | 16 | 03:35:04 | 04:53:36.85 | 04:53:36.85 | +01:07:05 (22.9%) | 10:52 | 5.5 (76.4%) |
| 17 | KRZYSZTOŃ Tomasz | 582 | GRUPA JURA'PL | OPEN M | 17 | 03:34:16 | 04:55:37.15 | 04:55:37.15 | +01:09:06 (23.4%) | 10:56 | 5.5 (76.4%) |
| 18 | CIACIURA Magdalena | 710 | | OPEN K | 1 | 03:43:06 | 04:55:56.15 | 04:55:56.15 | +01:09:25 (23.5%) | 10:57 | 5.5 (76.4%) |
| 19 | GÓRNY Mirosław | 618 | | OPEN M | 18 | 03:37:59 | 04:57:00.20 | 04:57:00.20 | +01:10:29 (23.7%) | 11:00 | 5.5 (76.4%) |
| 20 | WOJDYŁO Mateusz | 678 | FANTASTIC TEAM | OPEN M | 19 | 03:43:45 | 04:57:27.70 | 04:57:27.70 | +01:10:56 (23.9%) | 11:01 | 5.4 (75.0%) |
| 21 | PYZIK Krzysztof | 634 | VEGESLONIK TEAM / FIZJOBIEGACZE SZCZECIN | OPEN M | 20 | 03:26:59 | 04:59:30.40 | 04:59:30.40 | +01:12:59 (24.4%) | 11:05 | 5.4 (75.0%) |
| 22 | SZUBA Tomasz | 659 | | OPEN M | 21 | 03:48:48 | 05:04:55.65 | 05:04:55.65 | +01:18:24 (25.7%) | 11:17 | 5.3 (73.6%) |
| 23 | GRZESICA Paweł | 547 | | OPEN M | 22 | 03:42:57 | 05:08:01.75 | 05:08:01.75 | +01:21:30 (26.5%) | 11:24 | 5.3 (73.6%) |
| 24 | KAŁUŻA Arkadiusz | 562 | INŻYNIERIA BIEGANIA TEAM | OPEN M | 23 | 03:52:17 | 05:10:49.50 | 05:10:49.50 | +01:24:18 (27.1%) | 11:30 | 5.2 (72.2%) |
| 25 | FEICHTINGER Marek | 536 | | OPEN M | 24 | 03:52:20 | 05:11:01.15 | 05:11:01.15 | +01:24:30 (27.2%) | 11:31 | 5.2 (72.2%) |
| 26 | DUDZIAK Marek | 702 | BB RUNNERS | OPEN M | 25 | 03:55:25 | 05:11:02.55 | 05:11:02.55 | +01:24:31 (27.2%) | 11:31 | 5.2 (72.2%) |
| 27 | RZYWUCKI Wojciech | 708 | | OPEN M | 26 | 03:49:59 | 05:11:03.70 | 05:11:03.70 | +01:24:32 (27.2%) | 11:31 | 5.2 (72.2%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Skrzyczne 21km | Czas netto 27km | Czas brutto 27km | Różn | Tempo min/km | Tempo km/h |
|-----|-----------------------------------|------------|-----------------------|-----------|------|-------------------|-----------------------|------------------------|-------------------|-----------------|---------------|
| 28 | OGIERMAN-DYKAS Marzena | 616 | | OPEN K | 2 | 03:56:47 | 05:11:06.15 | 05:11:06.15 | +01:24:35 (27.2%) | 11:31 | 5.2 (72.2%) |
| 29 | STRAŚ Jarek | 651 | | OPEN M | 27 | 03:48:55 | 05:14:59.60 | 05:14:59.60 | +01:28:28 (28.1%) | 11:39 | 5.1 (70.8%) |
| 30 | BUTANOWICZ Marzena | 519 | ŚLĘZAKTEAM | OPEN K | 3 | 03:56:39 | 05:15:48.55 | 05:15:48.55 | +01:29:17 (28.3%) | 11:41 | 5.1 (70.8%) |
| 31 | LISZKA Maciej | 274 | | OPEN M | 28 | 04:01:14 | 05:16:27.50 | 05:16:27.50 | +01:29:56 (28.4%) | 11:43 | 5.1 (70.8%) |
| 32 | BARTECKI Aleksander | 504 | HRMAX ŻORY | OPEN M | 29 | 03:55:23 | 05:16:30.35 | 05:16:30.35 | +01:29:59 (28.4%) | 11:43 | 5.1 (70.8%) |
| 33 | GANSZCZYK Kuba | 538 | | OPEN M | 30 | 03:56:34 | 05:21:01.05 | 05:21:01.05 | +01:34:30 (29.4%) | 11:53 | 5 (69.4%) |
| 34 | LORANC Paweł | 592 | WILD BUCHAYS | OPEN M | 31 | 04:08:08 | 05:21:31.75 | 05:21:31.75 | +01:35:00 (29.6%) | 11:54 | 5 (69.4%) |
| 35 | NIEDZIAŁKOWSKI Jan | 612 | | OPEN M | 32 | 03:50:14 | 05:21:32.30 | 05:21:32.30 | +01:35:01 (29.6%) | 11:54 | 5 (69.4%) |
| 36 | TOMCZYK Tomasz | 694 | | OPEN M | 33 | 03:55:28 | 05:22:51.40 | 05:22:51.40 | +01:36:20 (29.8%) | 11:57 | 5 (69.4%) |
| 37 | BARTECKA Sabina | 503 | HRMAX ŻORY | OPEN K | 4 | 04:08:05 | 05:22:56.65 | 05:22:56.65 | +01:36:25 (29.9%) | 11:57 | 5 (69.4%) |
| 38 | ŁEMPICKI Jakub | 594 | | OPEN M | 34 | 03:55:36 | 05:24:53.00 | 05:24:53.00 | +01:38:22 (30.3%) | 12:01 | 5 (69.4%) |
| 39 | DUDA Joanna | 531 | WOŹNIAK RUNNING TEAM | OPEN K | 5 | 04:13:35 | 05:33:53.55 | 05:33:53.55 | +01:47:22 (32.2%) | 12:21 | 4.9 (68.1%) |
| 40 | KRZYŻAN Jakub | 583 | KW KRAKÓW | OPEN M | 35 | 04:16:10 | 05:36:20.25 | 05:36:20.25 | +01:49:49 (32.7%) | 12:27 | 4.8 (66.7%) |
| 41 | TRĄBA Piotr | 696 | CROSSFIT 43300 | OPEN M | 36 | 04:18:06 | 05:36:38.80 | 05:36:38.80 | +01:50:07 (32.7%) | 12:28 | 4.8 (66.7%) |
| 42 | KAPUSTA Piotr | 564 | | OPEN M | 37 | 04:16:13 | 05:38:34.20 | 05:38:34.20 | +01:52:03 (33.1%) | 12:32 | 4.8 (66.7%) |
| 43 | MILIK Marcin | 605 | EPO | OPEN M | 38 | 04:16:43 | 05:42:41.75 | 05:42:41.75 | +01:56:10 (33.9%) | 12:41 | 4.7 (65.3%) |
| 44 | LISIECKI Tomasz | 701 | | OPEN M | 39 | 04:22:12 | 05:43:22.75 | 05:43:22.75 | +01:56:51 (34.0%) | 12:43 | 4.7 (65.3%) |
| 45 | MĄDRY Roman | 600 | | OPEN M | 40 | 04:22:09 | 05:43:27.60 | 05:43:27.60 | +01:56:56 (34.0%) | 12:43 | 4.7 (65.3%) |
| 46 | BROMIRSKI Patryk | 515 | | OPEN M | 41 | | 05:43:42.25 | 05:43:42.25 | +01:57:11 (34.1%) | 12:43 | 4.7 (65.3%) |
| 47 | JARCZOK Zdzichu | 551 | | OPEN M | 42 | | 05:45:50.00 | 05:45:50.00 | +01:59:19 (34.5%) | 12:48 | 4.7 (65.3%) |
| 48 | KUBERA Dawid | 585 | ALWAYSINMOTION.PL | OPEN M | 43 | 04:23:30 | 05:45:50.25 | 05:45:50.25 | +01:59:19 (34.5%) | 12:48 | 4.7 (65.3%) |
| 49 | ODOLIŃSKI Jacek | 615 | PSZCZÓŁKOWSKI TEAM | OPEN M | 44 | 04:28:01 | 05:46:07.50 | 05:46:07.50 | +01:59:36 (34.6%) | 12:49 | 4.7 (65.3%) |
| 50 | KRYSKA Eliza | 581 | | OPEN K | 6 | | 05:46:22.30 | 05:46:22.30 | +01:59:51 (34.6%) | 12:49 | 4.7 (65.3%) |
| 51 | KUBICA Dariusz | 586 | GRUPA KRYZYS | OPEN M | 45 | 04:19:17 | 05:48:17.20 | 05:48:17.20 | +02:01:46 (35.0%) | 12:53 | 4.7 (65.3%) |
| 52 | PLUCIŃSKI Grzegorz | 625 | 1973 | OPEN M | 46 | 04:32:50 | 05:48:33.00 | 05:48:33.00 | +02:02:02 (35.0%) | 12:54 | 4.6 (63.9%) |
| 53 | STEFAŃSKI Zbyszek | 650 | HEBEL | OPEN M | 47 | 04:09:03 | 05:48:46.55 | 05:48:46.55 | +02:02:15 (35.1%) | 12:55 | 4.6 (63.9%) |
| 54 | SZOT Andrzej | 657 | BIEGAM BO MUSZĘ | OPEN M | 48 | 04:19:31 | 05:48:51.20 | 05:48:51.20 | +02:02:20 (35.1%) | 12:55 | 4.6 (63.9%) |
| 55 | JACHYM Arkadiusz | 549 | SOCIOS SILESIA | OPEN M | 49 | | 05:49:43.60 | 05:49:43.60 | +02:03:12 (35.2%) | 12:57 | 4.6 (63.9%) |
| 56 | BUCHHOLTZ Tomasz | 516 | | OPEN M | 50 | 04:37:13 | 05:49:45.35 | 05:49:45.35 | +02:03:14 (35.2%) | 12:57 | 4.6 (63.9%) |
| 57 | URBAŃSKI Robert | 669 | NADLEŚNICTWO JELEŚNIA | OPEN M | 51 | 04:09:00 | 05:52:17.05 | 05:52:17.05 | +02:05:46 (35.7%) | 13:02 | 4.6 (63.9%) |
| 58 | KACZOR Łukasz | 559 | WILD BUCHAYS | OPEN M | 52 | 04:36:08 | 05:55:24.75 | 05:55:24.75 | +02:08:53 (36.3%) | 13:09 | 4.6 (63.9%) |
| 59 | STRZELECKI Robert | 653 | | OPEN M | 53 | 04:36:15 | 05:55:25.15 | 05:55:25.15 | +02:08:54 (36.3%) | 13:09 | 4.6 (63.9%) |
| 60 | WOJTKIEWICZ Jarosław | 248 | | OPEN M | 54 | 04:28:04 | 05:57:54.15 | 05:57:54.15 | +02:11:23 (36.7%) | 13:15 | 4.5 (62.5%) |
| 61 | DZIERKA Mariusz | 534 | | OPEN M | 55 | 04:27:50 | 06:00:22.25 | 06:00:22.25 | +02:13:51 (37.1%) | 13:20 | 4.5 (62.5%) |
| 62 | JEZERSKI Marek | 553 | | OPEN M | 56 | 04:30:58 | 06:02:00.90 | 06:02:00.90 | +02:15:29 (37.4%) | 13:24 | 4.5 (62.5%) |
| 63 | ŻABIŃSKI Radosław | 687 | CROSSFIT 43300 | OPEN M | 57 | 04:29:40 | 06:02:09.85 | 06:02:09.85 | +02:15:38 (37.5%) | 13:24 | 4.5 (62.5%) |
| 64 | GRABOWSKA-SZYSZKA Elżbieta | 546 | | OPEN K | 7 | 04:37:49 | 06:02:29.10 | 06:02:29.10 | +02:15:58 (37.5%) | 13:25 | 4.5 (62.5%) |
| 65 | DZIUMA Arkadiusz | 464 | | OPEN M | 58 | | 06:03:06.55 | 06:03:06.55 | +02:16:35 (37.6%) | 13:26 | 4.5 (62.5%) |
| 66 | BAK Tymoteusz | 506 | I-SYSTEMS.PL | OPEN M | 59 | 04:48:03 | 06:07:07.05 | 06:07:07.05 | +02:20:36 (38.3%) | 13:35 | 4.4 (61.1%) |
| 67 | PIETRZYKOWSKI Michał | 624 | | OPEN M | 60 | | 06:07:53.15 | 06:07:53.15 | +02:21:22 (38.4%) | 13:37 | 4.4 (61.1%) |
| 68 | LISZKA Piotr | 591 | | OPEN M | 61 | 04:38:24 | 06:08:07.90 | 06:08:07.90 | +02:21:36 (38.5%) | 13:38 | 4.4 (61.1%) |
| 69 | KULIK Wojciech | 467 | | OPEN M | 62 | 04:37:41 | 06:08:35.45 | 06:08:35.45 | +02:22:04 (38.5%) | 13:39 | 4.4 (61.1%) |
| 70 | KACZMAR Marek | 557 | SMAP | OPEN M | 63 | 04:41:41 | 06:09:38.40 | 06:09:38.40 | +02:23:07 (38.7%) | 13:41 | 4.4 (61.1%) |
| 71 | BACMAGA Tomasz | 501 | | OPEN M | 64 | 04:38:33 | 06:11:32.65 | 06:11:32.65 | +02:25:01 (39.0%) | 13:45 | 4.4 (61.1%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Skrzyczne 21km | Czas netto 27km | Czas brutto 27km | Różn | Tempo min/km | Tempo km/h |
|-----|--------------------------|------------|--------------------------|-----------|------|-------------------|-----------------------|------------------------|-------------------|-----------------|---------------|
| 72 | RYCZEK Adam | 642 | BIEGAM NA TARCHOMINIE | OPEN M | 65 | 04:30:26 | 06:11:58.75 | 06:11:58.75 | +02:25:27 (39.1%) | 13:46 | 4.4 (61.1%) |
| 73 | FILIPSKI Łukasz | 537 | | OPEN M | 66 | 04:44:21 | 06:13:02.05 | 06:13:02.05 | +02:26:31 (39.3%) | 13:48 | 4.3 (59.7%) |
| 74 | SMUDA Ryszard | 648 | | OPEN M | 67 | 04:38:14 | 06:13:55.45 | 06:13:55.45 | +02:27:24 (39.4%) | 13:50 | 4.3 (59.7%) |
| 75 | OCYLOK Adam | 613 | CHRONO SERVICE POLSKA | OPEN M | 68 | 04:56:08 | 06:14:29.00 | 06:14:29.00 | +02:27:58 (39.5%) | 13:52 | 4.3 (59.7%) |
| 76 | OSICA Łukasz | 617 | | OPEN M | 69 | 04:45:34 | 06:15:44.90 | 06:15:44.90 | +02:29:13 (39.7%) | 13:54 | 4.3 (59.7%) |
| 77 | KLASIK Monika | 570 | | OPEN K | 8 | 04:41:36 | 06:15:45.80 | 06:15:45.80 | +02:29:14 (39.7%) | 13:55 | 4.3 (59.7%) |
| 78 | BRANDYS Michał | 513 | BIEGIEM PRZEZ GÓRY | OPEN M | 70 | 04:41:44 | 06:15:49.45 | 06:15:49.45 | +02:29:18 (39.7%) | 13:55 | 4.3 (59.7%) |
| 79 | MICHALSKI Mateusz | 703 | BB RUNNERS | OPEN M | 71 | 04:59:41 | 06:17:29.45 | 06:17:29.45 | +02:30:58 (40.0%) | 13:58 | 4.3 (59.7%) |
| 80 | DEMBECKI Marcin | 529 | ŁEMKO STAFF | OPEN M | 72 | 04:32:53 | 06:18:24.60 | 06:18:24.60 | +02:31:53 (40.1%) | 14:00 | 4.3 (59.7%) |
| 81 | GMYREK Wojciech | 543 | WATAHA SLASK | OPEN M | 73 | 04:56:03 | 06:21:34.70 | 06:21:34.70 | +02:35:03 (40.6%) | 14:07 | 4.2 (58.3%) |
| 82 | SOSNOWSKI Michał | 649 | PGB SPORTOWA PACZKA | OPEN M | 74 | 04:38:21 | 06:24:22.05 | 06:24:22.05 | +02:37:51 (41.1%) | 14:14 | 4.2 (58.3%) |
| 83 | TUCHOŁKA Marta | 698 | POCOLOCO | OPEN K | 9 | 04:55:40 | 06:26:25.25 | 06:26:25.25 | +02:39:54 (41.4%) | 14:18 | 4.2 (58.3%) |
| 84 | ŁUGOWSKA Marzena | 595 | KIETA | OPEN K | 10 | 04:55:57 | 06:28:30.00 | 06:28:30.00 | +02:41:59 (41.7%) | 14:23 | 4.2 (58.3%) |
| 85 | CHWAŁOWSKI Adam | 522 | ESTILE RACING TEAM | OPEN M | 75 | 04:56:39 | 06:29:51.15 | 06:29:51.15 | +02:43:20 (41.9%) | 14:26 | 4.2 (58.3%) |
| 86 | KLAG Marian | 569 | TOP-33 | OPEN M | 76 | 05:01:24 | 06:34:20.05 | 06:34:20.05 | +02:47:49 (42.6%) | 14:36 | 4.1 (56.9%) |
| 87 | GINTER Grzegorz | 542 | AZS COLLEGIUM MEDICUM UJ | OPEN M | 77 | 05:08:01 | 06:35:21.80 | 06:35:21.80 | +02:48:50 (42.7%) | 14:38 | 4.1 (56.9%) |
| 88 | MAĆZYŃSKA Joanna | 599 | KOBIETY BIEGAJĄ | OPEN K | 11 | 05:08:05 | 06:37:06.85 | 06:37:06.85 | +02:50:35 (43.0%) | 14:42 | 4.1 (56.9%) |
| 89 | SZTAJER Bartosz | 658 | LUBIĘ BURPEES'Y | OPEN M | 78 | 05:03:53 | 06:39:00.95 | 06:39:00.95 | +02:52:29 (43.2%) | 14:46 | 4.1 (56.9%) |
| 90 | CIEPIELA Jan | 524 | LUBIĘ BURPEES'Y | OPEN M | 79 | | 06:39:45.90 | 06:39:45.90 | +02:53:14 (43.3%) | 14:48 | 4.1 (56.9%) |
| 91 | SZWARCZUK Ewa | 660 | GIBASÓWKA | OPEN K | 12 | 05:01:26 | 06:39:53.10 | 06:39:53.10 | +02:53:22 (43.4%) | 14:48 | 4.1 (56.9%) |
| 92 | KLIMKOWSKI Tomasz | 700 | | OPEN M | 80 | | 06:43:23.00 | 06:43:23.00 | +02:56:52 (43.8%) | 14:56 | 4 (55.6%) |
| 93 | PIETRZYK Mariusz | 623 | | OPEN M | 81 | | 06:46:48.45 | 06:46:48.45 | +03:00:17 (44.3%) | 15:04 | 4 (55.6%) |
| 94 | SKALSKI Tomasz | 706 | | OPEN M | 82 | 05:09:24 | 06:46:50.90 | 06:46:50.90 | +03:00:19 (44.3%) | 15:04 | 4 (55.6%) |
| 95 | GORCZEWSKA Renata | 544 | KS ISKRA RYBARZOWICE | OPEN K | 13 | 05:16:30 | 06:50:54.65 | 06:50:54.65 | +03:04:23 (44.9%) | 15:13 | 3.9 (54.2%) |
| 96 | GORCZEWSKI Paweł | 545 | KS ISKRA RYBARZOWICE | OPEN M | 83 | 05:16:41 | 06:50:54.90 | 06:50:54.90 | +03:04:23 (44.9%) | 15:13 | 3.9 (54.2%) |
| 97 | KAMIŃSKI Paweł | 563 | | OPEN M | 84 | 05:00:24 | 06:50:56.95 | 06:50:56.95 | +03:04:25 (44.9%) | 15:13 | 3.9 (54.2%) |
| 98 | ZARYCKA Julia | 681 | | OPEN K | 14 | 05:17:32 | 06:50:57.35 | 06:50:57.35 | +03:04:26 (44.9%) | 15:13 | 3.9 (54.2%) |
| 98 | IWANECKI Mariusz | 548 | | OPEN M | 85 | | 06:50:57.35 | 06:50:57.35 | +03:04:26 (44.9%) | 15:13 | 3.9 (54.2%) |
| 100 | KOWALIK Dorota | 576 | | OPEN K | 15 | 05:20:00 | 06:51:51.75 | 06:51:51.75 | +03:05:20 (45.0%) | 15:15 | 3.9 (54.2%) |
| 101 | PROŃCZUK Adam | 628 | WEHICOOL | OPEN M | 86 | 05:24:57 | 06:51:52.55 | 06:51:52.55 | +03:05:21 (45.0%) | 15:15 | 3.9 (54.2%) |
| 102 | SZCZERBA Łukasz | 655 | W POGONI ZA DUCHEM | OPEN M | 87 | 05:10:56 | 06:53:55.60 | 06:53:55.60 | +03:07:24 (45.3%) | 15:19 | 3.9 (54.2%) |
| 103 | BURDA Marek | 518 | 1962 | OPEN M | 88 | | 06:56:38.90 | 06:56:38.90 | +03:10:07 (45.6%) | 15:25 | 3.9 (54.2%) |
| 104 | LIPIŃSKI Robert | 715 | BEZFORMY.PL | OPEN M | 89 | 04:55:53 | 06:56:48.35 | 06:56:48.35 | +03:10:17 (45.7%) | 15:26 | 3.9 (54.2%) |
| 105 | CZICHY Barbara | 527 | WKB META LUBLINIEC | OPEN K | 16 | 05:16:54 | 06:57:05.15 | 06:57:05.15 | +03:10:34 (45.7%) | 15:26 | 3.9 (54.2%) |
| 106 | BALICKI Marcin | 502 | | OPEN M | 90 | 05:20:09 | 06:57:19.95 | 06:57:19.95 | +03:10:48 (45.7%) | 15:27 | 3.9 (54.2%) |
| 107 | BIK Andrzej | 508 | | OPEN M | 91 | 04:48:12 | 07:02:30.40 | 07:02:30.40 | +03:15:59 (46.4%) | 15:38 | 3.8 (52.8%) |
| 108 | ŻARSKA Izabela | 690 | FUDU&CO SPORT TEAM | OPEN K | 17 | | 07:03:36.70 | 07:03:36.70 | +03:17:05 (46.5%) | 15:41 | 3.8 (52.8%) |
| 109 | BELDOWSKA Beata | 507 | FUDU&CO.SPORT.TEAM | OPEN K | 18 | | 07:03:38.15 | 07:03:38.15 | +03:17:07 (46.5%) | 15:41 | 3.8 (52.8%) |
| 110 | ŻARSKI Jarosław | 691 | FUDU&CO SPORT TEAM | OPEN M | 92 | | 07:03:43.45 | 07:03:43.45 | +03:17:12 (46.5%) | 15:41 | 3.8 (52.8%) |
| 111 | CZECHOWSKI Piotr | 712 | | OPEN M | 93 | 05:00:18 | 07:08:40.15 | 07:08:40.15 | +03:22:09 (47.2%) | 15:52 | 3.8 (52.8%) |
| 112 | BROLL Rafał | 514 | | OPEN M | 94 | 05:10:33 | 07:08:52.40 | 07:08:52.40 | +03:22:21 (47.2%) | 15:53 | 3.8 (52.8%) |
| 113 | KOTFIS Jarosław | 697 | | OPEN M | 95 | 05:20:04 | 07:09:00.75 | 07:09:00.75 | +03:22:29 (47.2%) | 15:53 | 3.8 (52.8%) |
| 114 | KRZYŻOWSKI Maciej | 584 | | OPEN M | 96 | 04:50:58 | 07:09:11.40 | 07:09:11.40 | +03:22:40 (47.2%) | 15:53 | 3.8 (52.8%) |
| 115 | MĄDRZYK Daniel | 601 | | OPEN M | 97 | 05:33:16 | 07:15:56.65 | 07:15:56.65 | +03:29:25 (48.0%) | 16:08 | 3.7 (51.4%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Skrzyczne 21km | Czas netto 27km | Czas brutto 27km | Różn | Tempo min/km | Tempo km/h |
|-----|--------------------------------|------------|-----------------------|-----------|------|-------------------|-----------------------|------------------------|-------------------|-----------------|---------------|
| 116 | CAŁUS Jolanta | 310 | NUTREND TEAM | OPEN K | 19 | 05:13:04 | 07:15:59.35 | 07:15:59.35 | +03:29:28 (48.0%) | 16:08 | 3.7 (51.4%) |
| 117 | RĄCZKA Jarosław | 639 | PGB SPORTOWA PACZKA | OPEN M | 98 | 05:13:12 | 07:16:23.60 | 07:16:23.60 | +03:29:52 (48.1%) | 16:09 | 3.7 (51.4%) |
| 118 | PARSZEWSKA Aleksandra | 619 | BTM RUNNERS | OPEN K | 20 | 05:13:02 | 07:20:18.25 | 07:20:18.25 | +03:33:47 (48.6%) | 16:18 | 3.7 (51.4%) |
| 118 | WĘGOREK Piotr | 672 | BTM RUNNERS | OPEN M | 99 | 05:24:01 | 07:20:18.25 | 07:20:18.25 | +03:33:47 (48.6%) | 16:18 | 3.7 (51.4%) |
| 120 | WĘGOREK Monika | 673 | | OPEN K | 21 | 05:13:06 | 07:20:18.40 | 07:20:18.40 | +03:33:47 (48.6%) | 16:18 | 3.7 (51.4%) |
| 121 | MIŚTALSKI Damian | 606 | BTM RUNNERS | OPEN M | 100 | 05:23:57 | 07:20:18.55 | 07:20:18.55 | +03:33:47 (48.6%) | 16:18 | 3.7 (51.4%) |
| 122 | PETKA Damian | 620 | BTM RUNNERS | OPEN M | 101 | 05:12:58 | 07:20:19.00 | 07:20:19.00 | +03:33:48 (48.6%) | 16:18 | 3.7 (51.4%) |
| 123 | DĄBROWSKI Marek | 528 | BIEGAJĄCE MORSY WYDRY | OPEN M | 102 | 05:13:17 | 07:22:07.25 | 07:22:07.25 | +03:35:36 (48.8%) | 16:22 | 3.7 (51.4%) |
| 124 | GDYNIA Daniel | 541 | | OPEN M | 103 | 05:44:13 | 07:24:36.95 | 07:24:36.95 | +03:38:05 (49.1%) | 16:28 | 3.6 (50.0%) |
| 125 | KROCZYK Lesław | 578 | | OPEN M | 104 | 05:44:24 | 07:24:37.40 | 07:24:37.40 | +03:38:06 (49.1%) | 16:28 | 3.6 (50.0%) |
| 126 | MADEJ Anna | 596 | VEGE RUNNERS | OPEN K | 22 | 05:44:38 | 07:31:57.55 | 07:31:57.55 | +03:45:26 (49.9%) | 16:44 | 3.6 (50.0%) |
| 127 | KRUCZEK Artur | 580 | | OPEN M | 105 | 05:44:41 | 07:31:59.05 | 07:31:59.05 | +03:45:28 (49.9%) | 16:44 | 3.6 (50.0%) |
| 128 | POLANOWSKI Marek | 626 | NGB KŁOBUCK | OPEN M | 106 | 05:42:23 | 07:35:06.25 | 07:35:06.25 | +03:48:35 (50.2%) | 16:51 | 3.6 (50.0%) |
| 129 | ZIELIŃSKI Tomasz | 684 | GCW WARSZAWA | OPEN M | 107 | 05:17:15 | 07:35:36.20 | 07:35:36.20 | +03:49:05 (50.3%) | 16:52 | 3.6 (50.0%) |
| 130 | MRÓZ Mariusz | 704 | | OPEN M | 108 | 05:42:34 | 07:37:54.10 | 07:37:54.10 | +03:51:23 (50.5%) | 16:57 | 3.5 (48.6%) |
| 131 | MASELIK Matheus | 598 | | OPEN M | 109 | 05:44:34 | 07:45:34.10 | 07:45:34.10 | +03:59:03 (51.3%) | 17:14 | 3.5 (48.6%) |
| 132 | JAREMEK Wojtek | 552 | | OPEN M | 110 | 05:44:21 | 07:46:58.20 | 07:46:58.20 | +04:00:27 (51.5%) | 17:17 | 3.5 (48.6%) |
| 133 | NAMIOTA Maciej | 610 | | OPEN M | 111 | 05:44:26 | 07:46:59.75 | 07:46:59.75 | +04:00:28 (51.5%) | 17:17 | 3.5 (48.6%) |
| 134 | SEKULOWICZ Piotr | 644 | SKYCHASERS | OPEN M | 112 | 05:23:28 | 07:46:59.85 | 07:46:59.85 | +04:00:28 (51.5%) | 17:17 | 3.5 (48.6%) |
| 135 | KARAWACKI Grzegorz | 565 | | OPEN M | 113 | 06:59:53 | 07:51:23.95 | 07:51:23.95 | +04:04:52 (51.9%) | 17:27 | 3.4 (47.2%) |
| 136 | RAMS Łukasz | 635 | RAMS ATTACK | OPEN M | 114 | 06:07:54 | 07:59:08.90 | 07:59:08.90 | +04:12:37 (52.7%) | 17:44 | 3.4 (47.2%) |
| 137 | RATAJCZAK Milena | 638 | | OPEN K | 23 | 05:24:07 | 08:00:15.20 | 08:00:15.20 | +04:13:44 (52.8%) | 17:47 | 3.4 (47.2%) |
| 138 | RAMS Agnieszka | 637 | RAMSATTACK | OPEN K | 24 | 06:07:58 | 08:01:31.25 | 08:01:31.25 | +04:15:00 (53.0%) | 17:50 | 3.4 (47.2%) |
| 139 | RAMS Marcin | 636 | RAMSATTACK | OPEN M | 115 | 06:08:02 | 08:01:32.05 | 08:01:32.05 | +04:15:01 (53.0%) | 17:50 | 3.4 (47.2%) |
| 140 | WRÓBEL Michał | 680 | SENSOUNICO | OPEN M | 116 | 06:09:04 | 08:02:48.55 | 08:02:48.55 | +04:16:17 (53.1%) | 17:52 | 3.4 (47.2%) |
| 141 | MAJCHRZAK Olga | 597 | SENSOUNICO | OPEN K | 25 | 06:10:17 | 08:02:48.85 | 08:02:48.85 | +04:16:17 (53.1%) | 17:52 | 3.4 (47.2%) |
| 142 | ADAMOWSKA Asia | 500 | | OPEN K | 26 | 06:10:02 | 08:04:51.75 | 08:04:51.75 | +04:18:20 (53.3%) | 17:57 | 3.3 (45.8%) |
| 143 | LEMIESZ Marcin | 589 | | OPEN M | 117 | 06:10:08 | 08:04:52.35 | 08:04:52.35 | +04:18:21 (53.3%) | 17:57 | 3.3 (45.8%) |
| 144 | BINIENDA Błażej | 707 | | OPEN M | 118 | 06:17:48 | 08:17:44.30 | 08:17:44.30 | +04:31:13 (54.5%) | 18:26 | 3.3 (45.8%) |
| 145 | CUPIAŁ Dariusz | 525 | W POGONI ZA DUCHEM | OPEN M | 119 | 06:12:21 | 08:23:11.10 | 08:23:11.10 | +04:36:40 (55.0%) | 18:38 | 3.2 (44.4%) |
| 146 | CUPIAŁ Mariola | 526 | W POGONI ZA DUCHEM | OPEN K | 27 | 06:09:47 | 08:23:12.45 | 08:23:12.45 | +04:36:41 (55.0%) | 18:38 | 3.2 (44.4%) |
| 147 | GAWLIK - RYBIŃSKA Kasia | 539 | EŁKA TEAM | OPEN K | 28 | 06:10:11 | 08:28:24.65 | 08:28:24.65 | +04:41:53 (55.4%) | 18:49 | 3.2 (44.4%) |
| 148 | RYBIŃSKI Łukasz | 641 | EŁKA TEAM | OPEN M | 120 | 06:10:13 | 08:28:25.45 | 08:28:25.45 | +04:41:54 (55.4%) | 18:49 | 3.2 (44.4%) |
| 149 | SZATNIEWSKA Agnieszka | 654 | OWOCOWA KRAINA | OPEN K | 29 | 06:27:32 | 08:34:33.85 | 08:34:33.85 | +04:48:02 (56.0%) | 19:03 | 3.1 (43.1%) |
| 150 | TUREK Rafał | 666 | OWOCOWA KRAINA | OPEN M | 121 | 06:27:34 | 08:34:34.15 | 08:34:34.15 | +04:48:03 (56.0%) | 19:03 | 3.1 (43.1%) |
| 151 | ŻYTNIK Piotr | 693 | BUTTON'S TEAM | OPEN M | 122 | 06:59:53 | 08:35:03.80 | 08:35:03.80 | +04:48:32 (56.0%) | 19:04 | 3.1 (43.1%) |
| 151 | TYCHOWICZ Robert | 667 | BUTTON'S TEAM | OPEN M | 122 | 06:59:53 | 08:35:03.80 | 08:35:03.80 | +04:48:32 (56.0%) | 19:04 | 3.1 (43.1%) |
| 153 | MIĘTKA Krzysztof | 603 | | OPEN M | 124 | 06:18:01 | 08:39:55.90 | 08:39:55.90 | +04:53:24 (56.4%) | 19:15 | 3.1 (43.1%) |
| 154 | KAZNOWSKA Emilia | 567 | | OPEN K | 30 | 06:59:53 | 08:56:52.05 | 08:56:52.05 | +05:10:21 (57.8%) | 19:53 | 3 (41.7%) |
| 155 | PYZIK Ewa | 633 | | OPEN K | 31 | 06:59:53 | 09:01:45.65 | 09:01:45.65 | +05:15:14 (58.2%) | 20:03 | 3 (41.7%) |
| 156 | PIECHOTA Daniel | 621 | | OPEN M | 125 | 07:07:10 | 09:15:29.05 | 09:15:29.05 | +05:28:58 (59.2%) | 20:34 | 2.9 (40.3%) |
| 157 | JĘDRZEJEWSKA Beata | 554 | WATAHA | OPEN K | 32 | 07:07:04 | 09:24:34.25 | 09:24:34.25 | +05:38:03 (59.9%) | 20:54 | 2.9 (40.3%) |
| 158 | ZAWISZA Beata | 682 | WATAHA | OPEN K | 33 | 07:07:07 | 09:24:34.35 | 09:24:34.35 | +05:38:03 (59.9%) | 20:54 | 2.9 (40.3%) |
| 159 | BINIENDA Agnieszka | 509 | | OPEN K | 34 | 07:06:58 | 09:24:34.65 | 09:24:34.65 | +05:38:03 (59.9%) | 20:54 | 2.9 (40.3%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Skrzyczne 21km | Czas netto 27km | Czas brutto 27km | Różn | Tempo min/km | Tempo km/h |
|-----|-----------------------------------|------------|-----------------------------|-----------|------|-------------------|-----------------------|------------------------|-------------------|-----------------|---------------|
| 160 | LISEK Joanna | 713 | | OPEN K | 35 | 07:15:44 | 10:30:57.85 | 10:30:57.85 | +06:44:26 (64.1%) | 23:22 | 2.6 (36.1%) |
| 161 | WŁODARCZYK Martyna | 677 | | OPEN K | 36 | 07:15:48 | 10:31:00.70 | 10:31:00.70 | +06:44:29 (64.1%) | 23:22 | 2.6 (36.1%) |
| | DZIERZAWSKI Tomasz | 535 | BORSUKI BIEGAJĄ OLKUSZ | OPEN M | | DNF | DNF | DNF | | - | - (0.0%) |
| | NOWOCIN Radosław | 714 | | OPEN M | | DNF | DNF | DNF | | - | - (0.0%) |
| | WĘGLIŃSKI Michał | 460 | | OPEN M | | DNF | DNF | DNF | | - | - (0.0%) |
| | WOŹNIAK Anna | 679 | WATAHA | OPEN K | | DNF | DNF | DNF | | - | - (0.0%) |
| | PIETRASZEK Ewa | 622 | WATAHA ŚLĄSK | OPEN K | | DNF | DNF | DNF | | - | - (0.0%) |
| | SITARSKA Agnieszka | 646 | WATAHA | OPEN K | | DNF | DNF | DNF | | - | - (0.0%) |
| | SZOLC Sebastian | 656 | | OPEN M | | DNF | DNF | DNF | | - | - (0.0%) |
| | NAGAS Pawel | 609 | LUBIE BURPEES'Y | OPEN M | | DNF | DNF | DNF | | - | - (0.0%) |
| | GAŚSIOROWSKI Krzysztof | 540 | | OPEN M | | DNF | DNF | DNF | | - | - (0.0%) |
| | KOWALIK Ewelina | 577 | FIZJOBIEGACZE SZCZECIN | OPEN K | | DNF | DNF | DNF | | - | - (0.0%) |
| | KLIMEK Magdalena | 571 | | OPEN K | | DNF | DNF | DNF | | - | - (0.0%) |
| | PIECHULA-BOBLA Katarzyna | 278 | | OPEN K | | DNF | DNF | DNF | | - | - (0.0%) |
| | BOBLA Walenty | 277 | | OPEN M | | DNF | DNF | DNF | | - | - (0.0%) |
| | PRZESŁAŃSKI Mateusz | 194 | | OPEN M | | DNF | DNF | DNF | | - | - (0.0%) |
| | BIŻEK Patryk | 510 | | OPEN M | | DNF | DNF | DNF | | - | - (0.0%) |
| | LAMPARSKI Łukasz | 587 | | OPEN M | | DNF | DNF | DNF | | - | - (0.0%) |
| | JÓŻWIK Rafał | 555 | | OPEN M | | DNF | DNF | DNF | | - | - (0.0%) |
| | ERENBERG Rafał | 709 | FUDU&CO.SPORT.TEAM | OPEN M | | DNF | DNF | DNF | | - | - (0.0%) |
| | KOSMOWSKA Julka | 573 | LOS GATOS LOCOS | OPEN K | | DNF | DNF | DNF | | - | - (0.0%) |
| | PIĄTEK Tomasz | 699 | | OPEN M | | DNF | DNF | DNF | | - | - (0.0%) |
| | PYKA Tomasz | 631 | | OPEN M | | DNF | DNF | DNF | | - | - (0.0%) |
| | JACOSZEK Rafał | 550 | | OPEN M | | DNF | DNF | DNF | | - | - (0.0%) |
| | CHWAŁOWSKA Agnieszka | 705 | FUDU&CO.SPORT.TEAM | OPEN K | | DNF | DNF | DNF | | - | - (0.0%) |
| | KASPRZYK-KUŹNIAK Michalina | 566 | CARBON PAWS | OPEN K | | DNF | DNF | DNF | | - | - (0.0%) |
| | KOSMOWSKI Jędrzej | 574 | LOS GATOS LOCOS | OPEN M | | DNF | DNF | DNF | | - | - (0.0%) |
| | TRZASKA Radosław | 665 | TLENOWNIA | OPEN M | | DNF | DNF | DNF | | - | - (0.0%) |
| | ŚLIWKA Arkadiusz | 661 | OLZA CIESZYN | OPEN M | | DNF | DNF | DNF | | - | - (0.0%) |
| | ZIELIŃSKI Łukasz | 683 | | OPEN M | | DNF | DNF | DNF | | - | - (0.0%) |
| | DONIEC Tomasz | 530 | THECATHLONS BBEST | OPEN M | | DNF | DNF | DNF | | - | - (0.0%) |
| | ŚLIWKA Beata | 662 | OLZA CIESZYN | OPEN K | | DNF | DNF | DNF | | - | - (0.0%) |
| | BIELAWIEC Magdalena | 695 | BIAŁOSTOCKA SEKCJA BIEGACZY | OPEN K | | DNF | DNF | DNF | | - | - (0.0%) |
| | CHMIELEWSKI Tomasz | 521 | PAN | OPEN M | | DNF | DNF | DNF | | - | - (0.0%) |
| | LESIŃSKI Marcin | 590 | | OPEN M | | DNF | DNF | DNF | | - | - (0.0%) |
| | WILK Krzysztof | 674 | AMATOR | OPEN M | | DNF | DNF | DNF | | - | - (0.0%) |
| | KĘCIK Janusz | 568 | SPARTANIE DZIECIOM | OPEN M | | DNF | DNF | DNF | | - | - (0.0%) |
| | PSZCZÓŁKA BUSCH Aneta | 629 | | OPEN K | | DNF | DNF | DNF | | - | - (0.0%) |

Znaleziono 197 wynik(ów)