



# ZAWIERUCHA

B4SPORT

**Wydarzenie:** ZAMEĆ 2020 24h na Skrzyczne  
**Organizator:** FUNDACJA AKTYWNE BESKIDY  
**Data:** 2020-01-25  
**Miejsce:** Szczyrk  
**Dystans:** 27 km

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

| Msc | Zawodnik                  | Numer | Klub                                   | Kategoria | Mkat | Skrzyczne<br>21km | Czas<br>netto<br>27km | Czas<br>brutto<br>27km | Różn              | Tempo<br>min/km | Tempo<br>km/h |
|-----|---------------------------|-------|--|-----------|------|-------------------|-----------------------|------------------------|-------------------|-----------------|---------------|
| 1   | URBAŃCZYK Karol           | 632   | NON STOP TRAIL                         | OPEN M    | 1    | 02:07:52          | <b>02:38:15.75</b>    | <b>02:38:17.65</b>     |                   | 5:51            | 10.2 (100%)   |
| 2   | BRZOZA Piotr              | 511   | B@B KIELCE TEAM                        | OPEN M    | 2    | 02:10:37          | <b>02:42:02.65</b>    | <b>02:42:06.30</b>     | +00:03:48 (2.4%)  | 6:00            | 10 (98.0%)    |
| 3   | STUDENCKI Dawid           | 620   |  | OPEN M    | 3    | 02:10:22          | <b>02:42:42.85</b>    | <b>02:42:44.40</b>     | +00:04:26 (2.7%)  | 6:01            | 10 (98.0%)    |
| 4   | KOWAL Amadeusz            | 563   | NAPRZÓD MŁOCINY                        | OPEN M    | 4    | 02:23:47          | <b>02:59:58.85</b>    | <b>03:00:01.00</b>     | +00:21:43 (12.1%) | 6:39            | 9 (88.2%)     |
| 5   | KOKOCIŃSKI Dariusz        | 560   |  | OPEN M    | 5    | 02:29:47          | <b>03:04:48.15</b>    | <b>03:04:54.45</b>     | +00:26:36 (14.4%) | 6:50            | 8.8 (86.3%)   |
| 6   | BUCZYŃSKI Adam            | 512   | NON STOP TRAIL                         | OPEN M    | 6    | 02:28:30          | <b>03:05:46.50</b>    | <b>03:05:49.20</b>     | +00:27:31 (14.8%) | 6:52            | 8.7 (85.3%)   |
| 7   | KUŚMIERSKI Michał         | 571   | NO I?                                  | OPEN M    | 7    | 02:29:16          | <b>03:06:22.30</b>    | <b>03:06:25.05</b>     | +00:28:07 (15.1%) | 6:54            | 8.7 (85.3%)   |
| 8   | CHRZANOWSKA Barbara       | 515   | ZDZIERAJ KAPCIE                        | OPEN K    | 1    | 02:29:03          | <b>03:07:08.25</b>    | <b>03:07:16.70</b>     | +00:28:59 (15.5%) | 6:55            | 8.7 (85.3%)   |
| 9   | WITEK Adrian              | 640   |  | OPEN M    | 8    | 02:32:51          | <b>03:13:00.15</b>    | <b>03:13:09.50</b>     | +00:34:51 (18.0%) | 7:08            | 8.4 (82.4%)   |
| 10  | MALINOWSKI Piotr          | 568   | STS BIEGATON MIKOŁÓW / LEŚNA SZARAŃCZA | OPEN M    | 9    | 02:32:01          | <b>03:13:16.85</b>    | <b>03:13:19.55</b>     | +00:35:01 (18.1%) | 7:09            | 8.4 (82.4%)   |
| 11  | KĄCKA Anna                | 558   | BUFF TEAM POLAND                       | OPEN K    | 2    | 02:35:29          | <b>03:13:30.85</b>    | <b>03:13:32.75</b>     | +00:35:15 (18.2%) | 7:10            | 8.4 (82.4%)   |
| 12  | OGIERMAN-DYKAS Marzena    | 593   | ALPIN SPORT HOKA ONE ONE TEAM          | OPEN K    | 3    | 02:35:37          | <b>03:13:45.00</b>    | <b>03:13:47.20</b>     | +00:35:29 (18.3%) | 7:10            | 8.4 (82.4%)   |
| 13  | GRZESICA Paweł            | 542   |  | OPEN M    | 10   | 02:35:44          | <b>03:18:45.70</b>    | <b>03:18:50.40</b>     | +00:40:32 (20.4%) | 7:21            | 8.2 (80.4%)   |
| 14  | ZBORUCKI Jan              | 651   | ERT                                    | OPEN M    | 11   | 02:35:06          | <b>03:18:41.65</b>    | <b>03:18:50.60</b>     | +00:40:32 (20.4%) | 7:21            | 8.2 (80.4%)   |
| 15  | WASIEWICZ Adam            | 634   |  | OPEN M    | 12   | 02:41:54          | <b>03:22:31.60</b>    | <b>03:22:40.15</b>     | +00:44:22 (21.9%) | 7:30            | 8 (78.4%)     |
| 16  | RATAJ Artur               | 610   |  | OPEN M    | 13   | 02:38:14          | <b>03:23:09.25</b>    | <b>03:23:11.95</b>     | +00:44:54 (22.1%) | 7:31            | 8 (78.4%)     |
| 17  | TOMCZYK Tomasz            | 507   |  | OPEN M    | 14   | 02:43:11          | <b>03:23:24.00</b>    | <b>03:23:29.45</b>     | +00:45:11 (22.2%) | 7:32            | 8 (78.4%)     |
| 18  | TRZECIAKIEWICZ Mieczysław | 629   | MLKS RADKÓW                            | OPEN M    | 15   | 02:40:21          | <b>03:24:04.55</b>    | <b>03:24:15.15</b>     | +00:45:57 (22.5%) | 7:33            | 7.9 (77.5%)   |
| 19  | MISIACZ Bartłomiej        | 646   |  | OPEN M    | 16   | 02:43:33          | <b>03:25:05.00</b>    | <b>03:25:12.65</b>     | +00:46:55 (22.9%) | 7:35            | 7.9 (77.5%)   |
| 20  | GRUSZECKI Bartosz         | 541   |  | OPEN M    | 17   | 02:43:32          | <b>03:29:10.80</b>    | <b>03:29:14.40</b>     | +00:50:56 (24.3%) | 7:44            | 7.7 (75.5%)   |
| 21  | HELLER Karina             | 549   | RUDA SZALONA                           | OPEN K    | 4    | 02:48:42          | <b>03:30:47.50</b>    | <b>03:30:55.45</b>     | +00:52:37 (25.0%) | 7:48            | 7.7 (75.5%)   |
| 22  | KWAŚNY Marcin             | 572   | WILD BUCHAYS                           | OPEN M    | 18   | 02:51:25          | <b>03:32:09.95</b>    | <b>03:32:15.20</b>     | +00:53:57 (25.4%) | 7:51            | 7.6 (74.5%)   |
| 23  | JUREWICZ Krzysztof        | 556   | HARPAGAN SOSNOWIEC                     | OPEN M    | 19   | 02:57:18          | <b>03:35:37.40</b>    | <b>03:35:40.90</b>     | +00:57:23 (26.6%) | 7:59            | 7.5 (73.5%)   |
| 24  | DROZD Maciej              | 522   | DREAM RUN                              | OPEN M    | 20   | 02:58:08          | <b>03:38:51.20</b>    | <b>03:38:55.40</b>     | +01:00:37 (27.7%) | 8:06            | 7.4 (72.5%)   |
| 25  | SUPRYN Rafał              | 622   |  | OPEN M    | 21   | 03:03:24          | <b>03:42:26.25</b>    | <b>03:42:31.85</b>     | +01:04:14 (28.9%) | 8:14            | 7.3 (71.6%)   |
| 26  | GAMZA Mariusz             | 531   | PĘDZĄCE ŻÓŁWIE IMI                     | OPEN M    | 22   | 02:48:45          | <b>03:42:45.85</b>    | <b>03:42:55.35</b>     | +01:04:37 (29.0%) | 8:15            | 7.3 (71.6%)   |
| 27  | DZIADOWIEC Andrzej        | 526   |  | OPEN M    | 23   | 02:52:29          | <b>03:42:59.80</b>    | <b>03:43:05.10</b>     | +01:04:47 (29.0%) | 8:15            | 7.3 (71.6%)   |

| Msc | Zawodnik                      | Numer      | Klub                               | Kategoria | Mkat | Skrzyczne<br>21km | Czas<br>netto<br>27km | Czas<br>brutto<br>27km | Różn              | Tempo<br>min/km | Tempo<br>km/h |
|-----|-------------------------------|------------|------------------------------------|-----------|------|-------------------|-----------------------|------------------------|-------------------|-----------------|---------------|
| 28  | <b>NOGA Angelika</b>          | <b>108</b> | KĘCKIE HARPAGANY                   | OPEN K    | 5    | 02:58:56          | <b>03:44:07.80</b>    | <b>03:44:15.75</b>     | +01:05:58 (29.4%) | 8:18            | 7.2 (70.6%)   |
| 29  | <b>MRÓWCZYŃSKI Szymon</b>     | <b>587</b> |                                    | OPEN M    | 24   | 03:00:03          | <b>03:44:27.25</b>    | <b>03:44:30.90</b>     | +01:06:13 (29.5%) | 8:18            | 7.2 (70.6%)   |
| 30  | <b>OSTROWSKI Maciej</b>       | <b>596</b> |                                    | OPEN M    | 25   | 02:58:48          | <b>03:46:59.70</b>    | <b>03:47:03.90</b>     | +01:08:46 (30.3%) | 8:24            | 7.1 (69.6%)   |
| 31  | <b>SZEWCZYK Jarosław</b>      | <b>623</b> | 1974                               | OPEN M    | 26   | 03:00:12          | <b>03:48:29.85</b>    | <b>03:48:36.15</b>     | +01:10:18 (30.8%) | 8:27            | 7.1 (69.6%)   |
| 32  | <b>STRZECHOWSKI Dariusz</b>   | <b>618</b> | RAJSPOORT ACTIVE                   | OPEN M    | 27   | 03:00:15          | <b>03:48:29.00</b>    | <b>03:48:36.30</b>     | +01:10:18 (30.8%) | 8:27            | 7.1 (69.6%)   |
| 33  | <b>MUCHA Adam</b>             | <b>588</b> | PORUNNE FURGANIE                   | OPEN M    | 28   | 03:01:37          | <b>03:48:23.30</b>    | <b>03:48:38.15</b>     | +01:10:20 (30.8%) | 8:27            | 7.1 (69.6%)   |
| 34  | <b>MIELCZAREK Wojtek</b>      | <b>584</b> |                                    | OPEN M    | 29   | 02:48:38          | <b>03:48:34.00</b>    | <b>03:48:48.05</b>     | +01:10:30 (30.8%) | 8:27            | 7.1 (69.6%)   |
| 35  | <b>BAK Tymoteusz</b>          | <b>503</b> | I-SYSTEMS.PL                       | OPEN M    | 30   | 03:06:37          | <b>03:49:40.80</b>    | <b>03:49:46.70</b>     | +01:11:29 (31.1%) | 8:30            | 7.1 (69.6%)   |
| 36  | <b>TOMASZ Muc</b>             | <b>627</b> |                                    | OPEN M    | 31   | 03:00:58          | <b>03:50:44.60</b>    | <b>03:50:51.25</b>     | +01:12:33 (31.4%) | 8:32            | 7 (68.6%)     |
| 37  | <b>WITAS Jacek</b>            | <b>639</b> |                                    | OPEN M    | 32   | 03:02:37          | <b>03:50:51.65</b>    | <b>03:50:55.90</b>     | +01:12:38 (31.5%) | 8:33            | 7 (68.6%)     |
| 38  | <b>KOTRA Jacek</b>            | <b>562</b> | SOBIE SAM                          | OPEN M    | 33   | 02:55:56          | <b>03:50:57.75</b>    | <b>03:51:09.00</b>     | +01:12:51 (31.5%) | 8:33            | 7 (68.6%)     |
| 39  | <b>WITEK Justyna</b>          | <b>641</b> |                                    | OPEN K    | 6    | 03:02:37          | <b>03:51:00.00</b>    | <b>03:51:10.15</b>     | +01:12:52 (31.5%) | 8:33            | 7 (68.6%)     |
| 40  | <b>STRZELECKI Robert</b>      | <b>619</b> |                                    | OPEN M    | 34   | 03:09:59          | <b>03:52:22.60</b>    | <b>03:52:29.75</b>     | +01:14:12 (31.9%) | 8:36            | 7 (68.6%)     |
| 41  | <b>MALIK Rafał</b>            | <b>582</b> |                                    | OPEN M    | 35   | 03:07:27          | <b>03:53:07.55</b>    | <b>03:53:23.10</b>     | +01:15:05 (32.2%) | 8:38            | 6.9 (67.6%)   |
| 42  | <b>JURA Mariusz</b>           | <b>555</b> | ZŁOWIESZCZE ZGRZYTNIECIE ZWIERACZA | OPEN M    | 36   | 03:06:49          | <b>03:53:27.05</b>    | <b>03:53:41.30</b>     | +01:15:23 (32.3%) | 8:38            | 6.9 (67.6%)   |
| 43  | <b>WISZ Piotr</b>             | <b>637</b> | SDTEAM                             | OPEN M    | 37   | 03:10:47          | <b>03:55:30.95</b>    | <b>03:55:39.20</b>     | +01:17:21 (32.8%) | 8:43            | 6.9 (67.6%)   |
| 44  | <b>FORNALSKA Joanna</b>       | <b>528</b> | DUDYCZRUN                          | OPEN K    | 7    | 03:02:38          | <b>03:56:01.45</b>    | <b>03:56:07.75</b>     | +01:17:50 (33.0%) | 8:44            | 6.9 (67.6%)   |
| 45  | <b>KACZMAR Marek</b>          | <b>557</b> |                                    | OPEN M    | 38   | 03:12:07          | <b>04:00:03.80</b>    | <b>04:00:07.15</b>     | +01:21:49 (34.1%) | 8:53            | 6.7 (65.7%)   |
| 46  | <b>ŻELICHOWSKI Artur</b>      | <b>654</b> | KĘCKIE HARPAGANY                   | OPEN M    | 39   | 03:06:15          | <b>04:01:54.60</b>    | <b>04:02:04.75</b>     | +01:23:47 (34.6%) | 8:57            | 6.7 (65.7%)   |
| 47  | <b>GORZAWSKI Andrzej</b>      | <b>536</b> |                                    | OPEN M    | 40   | 03:09:47          | <b>04:03:17.95</b>    | <b>04:03:29.15</b>     | +01:25:11 (35.0%) | 9:00            | 6.7 (65.7%)   |
| 48  | <b>KOWALCZYK Marcin</b>       | <b>564</b> |                                    | OPEN M    | 41   | 03:11:27          | <b>04:04:37.55</b>    | <b>04:04:41.75</b>     | +01:26:24 (35.3%) | 9:03            | 6.6 (64.7%)   |
| 49  | <b>DURA Tomasz</b>            | <b>524</b> |                                    | OPEN M    | 42   | 03:11:26          | <b>04:04:34.20</b>    | <b>04:04:43.55</b>     | +01:26:25 (35.3%) | 9:03            | 6.6 (64.7%)   |
| 50  | <b>KELLER-MISIARZ Natalia</b> | <b>559</b> |                                    | OPEN K    | 8    | 03:10:03          | <b>04:05:11.15</b>    | <b>04:05:18.15</b>     | +01:27:00 (35.5%) | 9:04            | 6.6 (64.7%)   |
| 51  | <b>ŻABIŃSKI Radosław</b>      | <b>653</b> | CROSSFIT 43300                     | OPEN M    | 43   | 03:11:15          | <b>04:06:48.05</b>    | <b>04:06:54.65</b>     | +01:28:37 (35.9%) | 9:08            | 6.6 (64.7%)   |
| 52  | <b>SIKORA Tomasz</b>          | <b>616</b> |                                    | OPEN M    | 44   | 03:18:11          | <b>04:08:35.35</b>    | <b>04:08:41.40</b>     | +01:30:23 (36.3%) | 9:12            | 6.5 (63.7%)   |
| 53  | <b>SZTAJER Bartosz</b>        | <b>625</b> | SOCIOS SILESIA                     | OPEN M    | 45   | 03:14:45          | <b>04:08:49.30</b>    | <b>04:08:53.10</b>     | +01:30:35 (36.4%) | 9:12            | 6.5 (63.7%)   |
| 54  | <b>WOŹNIAK Michał</b>         | <b>645</b> |                                    | OPEN M    | 46   | 03:18:23          | <b>04:13:14.40</b>    | <b>04:13:17.25</b>     | +01:34:59 (37.5%) | 9:22            | 6.4 (62.7%)   |
| 55  | <b>WASIEWICZ Jolanta</b>      | <b>635</b> |                                    | OPEN K    | 9    | 03:16:58          | <b>04:13:34.10</b>    | <b>04:13:42.60</b>     | +01:35:24 (37.6%) | 9:23            | 6.4 (62.7%)   |
| 56  | <b>DZIAMSKI Ryszard</b>       | <b>527</b> |                                    | OPEN M    | 47   | 03:24:09          | <b>04:14:11.60</b>    | <b>04:14:25.90</b>     | +01:36:08 (37.8%) | 9:24            | 6.4 (62.7%)   |
| 57  | <b>CHMIELEWSKI Tomasz</b>     | <b>514</b> |                                    | OPEN M    | 48   | 03:09:29          | <b>04:15:04.55</b>    | <b>04:15:11.25</b>     | +01:36:53 (38.0%) | 9:26            | 6.4 (62.7%)   |
| 58  | <b>HELLER Szymon</b>          | <b>548</b> | TATA STASIA                        | OPEN M    | 49   | 03:14:07          | <b>04:15:32.45</b>    | <b>04:15:39.75</b>     | +01:37:22 (38.1%) | 9:27            | 6.3 (61.8%)   |
| 59  | <b>RAK Mirek</b>              | <b>606</b> |                                    | OPEN M    | 50   | 03:25:08          | <b>04:16:17.65</b>    | <b>04:16:21.10</b>     | +01:38:03 (38.3%) | 9:29            | 6.3 (61.8%)   |
| 60  | <b>ZAJĄC Krystian</b>         | <b>650</b> |                                    | OPEN M    | 51   | 03:18:16          | <b>04:16:42.75</b>    | <b>04:16:48.35</b>     | +01:38:30 (38.4%) | 9:30            | 6.3 (61.8%)   |
| 61  | <b>KURASIŃSKI Konrad</b>      | <b>569</b> | SOCIOS SILESIA                     | OPEN M    | 52   | 03:21:45          | <b>04:17:20.95</b>    | <b>04:17:27.45</b>     | +01:39:09 (38.5%) | 9:31            | 6.3 (61.8%)   |
| 62  | <b>KWIATEK Agnieszka</b>      | <b>573</b> |                                    | OPEN K    | 10   | 03:26:04          | <b>04:17:25.70</b>    | <b>04:17:30.55</b>     | +01:39:12 (38.5%) | 9:32            | 6.3 (61.8%)   |
| 63  | <b>GRZYWA Kinga</b>           | <b>544</b> | PORUNNE FURGANIE                   | OPEN K    | 11   | 03:26:00          | <b>04:18:45.90</b>    | <b>04:18:59.50</b>     | +01:40:41 (38.9%) | 9:35            | 6.3 (61.8%)   |
| 64  | <b>JAGIELSKI Piotr</b>        | <b>550</b> |                                    | OPEN M    | 53   | 03:28:30          | <b>04:19:03.60</b>    | <b>04:19:06.95</b>     | +01:40:49 (38.9%) | 9:35            | 6.3 (61.8%)   |
| 65  | <b>GŁOMBIK Bogdan</b>         | <b>534</b> |                                    | OPEN M    | 54   | 03:27:01          | <b>04:19:14.65</b>    | <b>04:19:24.90</b>     | +01:41:07 (39.0%) | 9:36            | 6.2 (60.8%)   |
| 66  | <b>NAMIOTA Maciej</b>         | <b>590</b> |                                    | OPEN M    | 55   | 03:24:18          | <b>04:21:18.80</b>    | <b>04:21:32.10</b>     | +01:43:14 (39.5%) | 9:40            | 6.2 (60.8%)   |
| 67  | <b>SZWARCZUK Ewa</b>          | <b>626</b> | GIBASÓWKA                          | OPEN K    | 12   | 03:26:59          | <b>04:21:59.55</b>    | <b>04:22:07.10</b>     | +01:43:49 (39.6%) | 9:42            | 6.2 (60.8%)   |
| 68  | <b>TRUSZKOWSKA Marta</b>      | <b>628</b> |                                    | OPEN K    | 13   | 03:31:50          | <b>04:27:08.20</b>    | <b>04:27:23.05</b>     | +01:49:05 (40.8%) | 9:53            | 6.1 (59.8%)   |
| 69  | <b>ŁUBIEŃSKI Wojciech</b>     | <b>576</b> |                                    | OPEN M    | 56   | 03:33:16          | <b>04:27:52.00</b>    | <b>04:28:03.25</b>     | +01:49:45 (40.9%) | 9:55            | 6 (58.8%)     |
| 70  | <b>FRANKOWSKI Dariusz</b>     | <b>529</b> | SZAMANI W TRANSIE                  | OPEN M    | 57   | 03:34:29          | <b>04:28:17.30</b>    | <b>04:28:27.10</b>     | +01:50:09 (41.0%) | 9:56            | 6 (58.8%)     |
| 71  | <b>KOŁODZIEJ Mariusz</b>      | <b>561</b> | TMTEAM                             | OPEN M    | 58   | 03:41:46          | <b>04:28:30.60</b>    | <b>04:28:36.40</b>     | +01:50:18 (41.1%) | 9:56            | 6 (58.8%)     |

| Msc | Zawodnik                        | Numer      | Klub                                | Kategoria | Mkat | Skrzyczne<br>21km | Czas<br>netto<br>27km | Czas<br>brutto<br>27km | Różn              | Tempo<br>min/km | Tempo<br>km/h |
|-----|---------------------------------|------------|-------------------------------------|-----------|------|-------------------|-----------------------|------------------------|-------------------|-----------------|---------------|
| 72  | <b>OPANASENKO Volodymyr</b>     | <b>594</b> | HUTINPUJ                            | OPEN M    | 59   | 03:17:46          | <b>04:29:03.95</b>    | <b>04:29:13.20</b>     | +01:50:55 (41.2%) | 9:57            | 6 (58.8%)     |
| 73  | <b>HANCZAR Paweł</b>            | <b>546</b> | TMTEAM                              | OPEN M    | 60   | 03:41:39          | <b>04:29:05.95</b>    | <b>04:29:13.80</b>     | +01:50:56 (41.2%) | 9:58            | 6 (58.8%)     |
| 74  | <b>OSICA Łukasz</b>             | <b>595</b> |                                     | OPEN M    | 61   | 03:25:50          | <b>04:29:22.00</b>    | <b>04:29:36.10</b>     | +01:51:18 (41.3%) | 9:58            | 6 (58.8%)     |
| 75  | <b>MADEJ Anna</b>               | <b>579</b> | VEGE RUNNERS                        | OPEN K    | 14   | 03:33:55          | <b>04:29:36.60</b>    | <b>04:29:50.70</b>     | +01:51:33 (41.3%) | 9:59            | 6 (58.8%)     |
| 76  | <b>MAJOWSKI Marcin</b>          | <b>580</b> |                                     | OPEN M    | 62   | 03:29:49          | <b>04:29:41.30</b>    | <b>04:29:57.20</b>     | +01:51:39 (41.4%) | 9:59            | 6 (58.8%)     |
| 77  | <b>PENKALA Marek</b>            | <b>599</b> | RUN A LOT                           | OPEN M    | 63   | 03:26:28          | <b>04:31:22.70</b>    | <b>04:31:32.20</b>     | +01:53:14 (41.7%) | 10:03           | 6 (58.8%)     |
| 78  | <b>ROGOSZ Marcin</b>            | <b>612</b> | SOCIOS SILESIA                      | OPEN M    | 64   | 03:25:53          | <b>04:31:48.25</b>    | <b>04:31:53.25</b>     | +01:53:35 (41.8%) | 10:04           | 6 (58.8%)     |
| 79  | <b>ZYCH Katarzyna</b>           | <b>652</b> | RMF4RT OCR                          | OPEN K    | 15   | 03:32:27          | <b>04:33:56.55</b>    | <b>04:34:04.10</b>     | +01:55:46 (42.2%) | 10:08           | 5.9 (57.8%)   |
| 80  | <b>TURCHAN Fresh Idea</b>       | <b>630</b> | RMF4RT OCR                          | OPEN M    | 65   | 03:32:25          | <b>04:33:56.50</b>    | <b>04:34:04.35</b>     | +01:55:46 (42.2%) | 10:08           | 5.9 (57.8%)   |
| 81  | <b>PASZTALENIEC Waldemar</b>    | <b>598</b> |                                     | OPEN M    | 66   | 03:33:30          | <b>04:36:00.15</b>    | <b>04:36:09.80</b>     | +01:57:52 (42.7%) | 10:13           | 5.9 (57.8%)   |
| 82  | <b>DZIADAK Michał</b>           | <b>525</b> |                                     | OPEN M    | 67   | 03:42:25          | <b>04:36:39.90</b>    | <b>04:36:51.10</b>     | +01:58:33 (42.8%) | 10:14           | 5.9 (57.8%)   |
| 83  | <b>GOŁKOWSKI Radosław</b>       | <b>535</b> |                                     | OPEN M    | 68   | 03:39:10          | <b>04:37:28.15</b>    | <b>04:37:36.80</b>     | +01:59:19 (43.0%) | 10:16           | 5.8 (56.9%)   |
| 84  | <b>PIĄTEK Tomasz</b>            | <b>600</b> | WILD BUCHAYS                        | OPEN M    | 69   | 03:40:49          | <b>04:40:18.90</b>    | <b>04:40:25.00</b>     | +02:02:07 (43.6%) | 10:22           | 5.8 (56.9%)   |
| 85  | <b>PORC-SZPOREK Szymon</b>      | <b>603</b> | ZABRZAŃSKIE PARKOWE BIEGANIE        | OPEN M    | 70   | 03:31:56          | <b>04:40:57.90</b>    | <b>04:41:02.60</b>     | +02:02:44 (43.7%) | 10:24           | 5.8 (56.9%)   |
| 86  | <b>MACHOCZEK Łukasz</b>         | <b>577</b> |                                     | OPEN M    | 71   | 03:31:07          | <b>04:41:57.15</b>    | <b>04:42:03.90</b>     | +02:03:46 (43.9%) | 10:26           | 5.7 (55.9%)   |
| 87  | <b>GAUDEN Piotr</b>             | <b>532</b> | SPC/KM UMK TORUŃ/IDZIEMY BEZ RYZYKA | OPEN M    | 72   | 03:43:35          | <b>04:42:52.35</b>    | <b>04:43:05.55</b>     | +02:04:47 (44.1%) | 10:28           | 5.7 (55.9%)   |
| 88  | <b>BOSEK Paweł</b>              | <b>509</b> |                                     | OPEN M    | 73   | 03:41:57          | <b>04:44:42.90</b>    | <b>04:44:58.00</b>     | +02:06:40 (44.5%) | 10:32           | 5.7 (55.9%)   |
| 89  | <b>CHUDZIK Radosław</b>         | <b>655</b> |                                     | OPEN M    | 74   | 03:27:36          | <b>04:46:04.45</b>    | <b>04:46:20.60</b>     | +02:08:02 (44.7%) | 10:35           | 5.7 (55.9%)   |
| 90  | <b>WALUGA Michał</b>            | <b>633</b> |                                     | OPEN M    | 75   | 03:44:56          | <b>04:49:33.95</b>    | <b>04:49:42.50</b>     | +02:11:24 (45.4%) | 10:43           | 5.6 (54.9%)   |
| 91  | <b>ANTOSIAK Tomasz</b>          | <b>500</b> | TMTEAM                              | OPEN M    | 76   | 03:45:14          | <b>04:49:38.00</b>    | <b>04:49:43.20</b>     | +02:11:25 (45.4%) | 10:43           | 5.6 (54.9%)   |
| 92  | <b>GOSPODAREK Łukasz</b>        | <b>538</b> |                                     | OPEN M    | 77   | 03:39:13          | <b>04:54:54.25</b>    | <b>04:55:04.95</b>     | +02:16:47 (46.4%) | 10:55           | 5.5 (53.9%)   |
| 93  | <b>PIECHOTA Daniel</b>          | <b>601</b> |                                     | OPEN M    | 78   | 03:56:46          | <b>04:55:26.25</b>    | <b>04:55:39.25</b>     | +02:17:21 (46.5%) | 10:56           | 5.5 (53.9%)   |
| 94  | <b>HALOM Olga</b>               | <b>545</b> |                                     | OPEN K    | 16   | 03:56:35          | <b>04:56:57.00</b>    | <b>04:57:07.60</b>     | +02:18:49 (46.7%) | 10:59           | 5.5 (53.9%)   |
| 95  | <b>MODZELEWSKA Karolina</b>     | <b>586</b> | SPC                                 | OPEN K    | 17   | 03:56:37          | <b>04:56:58.10</b>    | <b>04:57:11.40</b>     | +02:18:53 (46.7%) | 10:59           | 5.5 (53.9%)   |
| 96  | <b>JOPEK Wojciech</b>           | <b>554</b> |                                     | OPEN M    | 79   | 03:56:42          | <b>05:00:30.40</b>    | <b>05:00:45.90</b>     | +02:22:28 (47.4%) | 11:07           | 5.4 (52.9%)   |
| 97  | <b>HELIOSZ Joanna</b>           | <b>547</b> |                                     | OPEN K    | 18   | 03:56:13          | <b>05:01:18.25</b>    | <b>05:01:34.00</b>     | +02:23:16 (47.5%) | 11:09           | 5.4 (52.9%)   |
| 98  | <b>CZYŻ Łukasz</b>              | <b>518</b> |                                     | OPEN M    | 80   | 03:59:30          | <b>05:01:51.40</b>    | <b>05:01:58.35</b>     | +02:23:40 (47.6%) | 11:10           | 5.4 (52.9%)   |
| 99  | <b>WYSOCKI Marek</b>            | <b>649</b> | #MAREK AKTYWNY TATA                 | OPEN M    | 81   | 04:02:12          | <b>05:06:16.00</b>    | <b>05:06:33.95</b>     | +02:28:16 (48.4%) | 11:20           | 5.3 (52.0%)   |
| 100 | <b>BIAŁOBRZEWSKI Wojciech</b>   | <b>504</b> | KLUB BIEGACZA JURUND SZCZYTNO       | OPEN M    | 82   | 03:50:03          | <b>05:08:03.85</b>    | <b>05:08:09.25</b>     | +02:29:51 (48.6%) | 11:24           | 5.3 (52.0%)   |
| 101 | <b>BŁASIŃSKA Żaneta</b>         | <b>506</b> | SPC                                 | OPEN K    | 19   | 04:03:05          | <b>05:13:56.00</b>    | <b>05:14:09.30</b>     | +02:35:51 (49.6%) | 11:37           | 5.2 (51.0%)   |
| 102 | <b>KOZIKOWSKA Katarzyna</b>     | <b>565</b> |                                     | OPEN K    | 20   | 04:02:10          | <b>05:13:59.85</b>    | <b>05:14:24.80</b>     | +02:36:07 (49.7%) | 11:37           | 5.2 (51.0%)   |
| 103 | <b>JASEK Wiola</b>              | <b>551</b> | KOBIETY WATAHY                      | OPEN K    | 21   | 04:07:29          | <b>05:15:43.15</b>    | <b>05:15:58.40</b>     | +02:37:40 (49.9%) | 11:41           | 5.1 (50.0%)   |
| 104 | <b>WIŚNIEWSKI Włodzimierz</b>   | <b>638</b> | SPC                                 | OPEN M    | 83   | 03:59:17          | <b>05:16:11.20</b>    | <b>05:16:26.20</b>     | +02:38:08 (50.0%) | 11:42           | 5.1 (50.0%)   |
| 105 | <b>WOJNOWSKA Agata</b>          | <b>643</b> |                                     | OPEN K    | 22   | 04:08:34          | <b>05:18:00.70</b>    | <b>05:18:14.75</b>     | +02:39:57 (50.3%) | 11:46           | 5.1 (50.0%)   |
| 106 | <b>JACKOWSKA Ewa</b>            | <b>659</b> | JGB SOKÓŁ JAROSŁAW                  | OPEN K    | 23   | 04:12:35          | <b>05:18:12.30</b>    | <b>05:18:16.65</b>     | +02:39:59 (50.3%) | 11:47           | 5.1 (50.0%)   |
| 107 | <b>WIECZORKIEWICZ Agnieszka</b> | <b>636</b> |                                     | OPEN K    | 24   | 04:08:38          | <b>05:18:02.00</b>    | <b>05:18:16.95</b>     | +02:39:59 (50.3%) | 11:46           | 5.1 (50.0%)   |
| 108 | <b>JACKOWSKI Jacek</b>          | <b>658</b> | JAROSŁAWSKA GRUPA BIEGOWA           | OPEN M    | 84   | 04:13:15          | <b>05:18:12.65</b>    | <b>05:18:17.00</b>     | +02:39:59 (50.3%) | 11:47           | 5.1 (50.0%)   |
| 109 | <b>KWOLEK Anna</b>              | <b>574</b> |                                     | OPEN K    | 25   | 04:09:50          | <b>05:18:02.85</b>    | <b>05:18:18.35</b>     | +02:40:00 (50.3%) | 11:46           | 5.1 (50.0%)   |
| 110 | <b>DEKERSLEY Stephen</b>        | <b>519</b> |                                     | OPEN M    | 85   | 03:56:27          | <b>05:18:19.00</b>    | <b>05:18:31.20</b>     | +02:40:13 (50.3%) | 11:47           | 5.1 (50.0%)   |
| 111 | <b>BINIENDA Agnieszka</b>       | <b>505</b> | KOBIETY WATAHY                      | OPEN K    | 26   | 04:07:36          | <b>05:19:31.40</b>    | <b>05:19:43.00</b>     | +02:41:25 (50.5%) | 11:50           | 5.1 (50.0%)   |
| 112 | <b>ZAWISZA Beata</b>            | <b>660</b> | KOBIETY WATAHY                      | OPEN K    | 27   | 04:07:39          | <b>05:19:31.75</b>    | <b>05:19:43.05</b>     | +02:41:25 (50.5%) | 11:50           | 5.1 (50.0%)   |
| 113 | <b>GROMADZKA Justyna</b>        | <b>539</b> | KOBIETY WATAHA                      | OPEN K    | 28   | 04:12:22          | <b>05:19:31.30</b>    | <b>05:19:43.40</b>     | +02:41:25 (50.5%) | 11:50           | 5.1 (50.0%)   |
| 114 | <b>BĄDZIUL Dorota</b>           | <b>502</b> |                                     | OPEN K    | 29   | 04:25:25          | <b>05:24:19.30</b>    | <b>05:24:28.50</b>     | +02:46:10 (51.2%) | 12:00           | 5 (49.0%)     |
| 115 | <b>GRZYBOWSKI Marek</b>         | <b>543</b> |                                     | OPEN M    | 86   | 04:11:02          | <b>05:25:01.15</b>    | <b>05:25:05.95</b>     | +02:46:48 (51.3%) | 12:02           | 5 (49.0%)     |

| Msc | Zawodnik                          | Numer      | Klub                 | Kategoria | Mkat | Skrzyczne<br>21km | Czas<br>netto<br>27km | Czas<br>brutto<br>27km | Różn              | Tempo<br>min/km | Tempo<br>km/h |
|-----|-----------------------------------|------------|----------------------|-----------|------|-------------------|-----------------------|------------------------|-------------------|-----------------|---------------|
| 116 | <b>PAŁYS Rafał</b>                | <b>597</b> |                      | OPEN M    | 87   | 04:12:24          | <b>05:25:01.45</b>    | <b>05:25:06.25</b>     | +02:46:48 (51.3%) | 12:02           | 5 (49.0%)     |
| 117 | <b>JAWOROWICZ Dobrochna</b>       | <b>552</b> | KS PEGAZ             | OPEN K    | 30   | 04:06:13          | <b>05:31:10.80</b>    | <b>05:31:22.90</b>     | +02:53:05 (52.2%) | 12:15           | 4.9 (48.0%)   |
| 118 | <b>LENART Iwona</b>               | <b>575</b> | KS PEGAZ             | OPEN K    | 31   | 04:06:09          | <b>05:31:10.85</b>    | <b>05:31:23.30</b>     | +02:53:05 (52.2%) | 12:15           | 4.9 (48.0%)   |
| 119 | <b>RAMS Agnieszka</b>             | <b>609</b> | RAMSATTACK           | OPEN K    | 32   | 04:16:25          | <b>05:38:00.95</b>    | <b>05:38:11.35</b>     | +02:59:53 (53.2%) | 12:31           | 4.8 (47.1%)   |
| 120 | <b>RAMS Marcin</b>                | <b>608</b> | RAMSATTACK           | OPEN M    | 88   | 04:16:29          | <b>05:38:00.20</b>    | <b>05:38:11.40</b>     | +02:59:53 (53.2%) | 12:31           | 4.8 (47.1%)   |
| 121 | <b>RAMS Łukasz</b>                | <b>607</b> |                      | OPEN M    | 89   | 04:16:28          | <b>05:38:01.50</b>    | <b>05:38:11.95</b>     | +02:59:54 (53.2%) | 12:31           | 4.8 (47.1%)   |
| 122 | <b>NOWAK Mirosław</b>             | <b>591</b> |                      | OPEN M    | 90   | 04:16:09          | <b>05:38:58.50</b>    | <b>05:39:07.70</b>     | +03:00:50 (53.3%) | 12:33           | 4.8 (47.1%)   |
| 123 | <b>MACIAS Adam</b>                | <b>578</b> |                      | OPEN M    | 91   | 04:33:56          | <b>05:53:19.35</b>    | <b>05:53:29.60</b>     | +03:15:11 (55.2%) | 13:05           | 4.6 (45.1%)   |
| 124 | <b>WÓJCIK Dawid</b>               | <b>647</b> | ARUE CAPOEIRA POLSKA | OPEN M    | 92   | 04:16:43          | <b>05:54:34.00</b>    | <b>05:54:34.00</b>     | +03:16:16 (55.4%) | 13:07           | 4.6 (45.1%)   |
| 125 | <b>BUDZOŃ Paulina</b>             | <b>513</b> |                      | OPEN K    | 33   | 04:27:58          | <b>06:00:54.35</b>    | <b>06:01:11.00</b>     | +03:22:53 (56.2%) | 13:22           | 4.5 (44.1%)   |
| 126 | <b>STRASZECKI Krystian</b>        | <b>617</b> |                      | OPEN M    | 93   | 04:28:10          | <b>06:00:55.65</b>    | <b>06:01:12.00</b>     | +03:22:54 (56.2%) | 13:22           | 4.5 (44.1%)   |
| 127 | <b>NOWAK Ewa</b>                  | <b>592</b> |                      | OPEN K    | 34   | 04:48:30          | <b>06:02:41.75</b>    | <b>06:02:58.80</b>     | +03:24:41 (56.4%) | 13:25           | 4.5 (44.1%)   |
| 128 | <b>SZOLC Sebastian</b>            | <b>624</b> |                      | OPEN M    | 94   | 04:48:33          | <b>06:02:44.40</b>    | <b>06:03:01.10</b>     | +03:24:43 (56.4%) | 13:26           | 4.5 (44.1%)   |
| 129 | <b>KROCZYK Lesław</b>             | <b>567</b> |                      | OPEN M    | 95   | 04:30:04          | <b>06:08:33.50</b>    | <b>06:08:42.75</b>     | +03:30:25 (57.1%) | 13:39           | 4.4 (43.1%)   |
| 130 | <b>GDYNIA Daniel</b>              | <b>533</b> |                      | OPEN M    | 96   | 04:30:01          | <b>06:08:34.65</b>    | <b>06:08:42.85</b>     | +03:30:25 (57.1%) | 13:39           | 4.4 (43.1%)   |
| 131 | <b>JĘDRZEJEWSKA Beata</b>         | <b>553</b> | KOBIETY WATAHY       | OPEN K    | 35   | 04:41:47          | <b>06:10:26.85</b>    | <b>06:10:40.35</b>     | +03:32:22 (57.3%) | 13:43           | 4.4 (43.1%)   |
| 132 | <b>SIKORA Monika</b>              | <b>615</b> |                      | OPEN K    | 36   | 05:22:44          | <b>06:31:21.20</b>    | <b>06:31:32.85</b>     | +03:53:15 (59.6%) | 14:29           | 4.1 (40.2%)   |
| 133 | <b>JANIEC Ilona</b>               | <b>657</b> |                      | OPEN K    | 37   | 05:22:41          | <b>06:56:44.60</b>    | <b>06:57:02.15</b>     | +04:18:44 (62.0%) | 15:26           | 3.9 (38.2%)   |
| 134 | <b>CUPIAŁ Mariola</b>             | <b>517</b> | W POGONI ZA DUCHEM   | OPEN K    | 38   | 05:03:43          | <b>06:59:18.65</b>    | <b>06:59:37.50</b>     | +04:21:19 (62.3%) | 15:31           | 3.9 (38.2%)   |
| 135 | <b>CUPIAŁ Dariusz</b>             | <b>516</b> | W POGONI ZA DUCHEM   | OPEN M    | 97   | 05:03:40          | <b>06:59:19.35</b>    | <b>06:59:37.65</b>     | +04:21:20 (62.3%) | 15:31           | 3.9 (38.2%)   |
| 136 | <b>KOZIKOWSKA JAWORSKA Joanna</b> | <b>656</b> |                      | OPEN K    | 39   | 05:20:00          | <b>07:22:23.90</b>    | <b>07:22:47.90</b>     | +04:44:30 (64.3%) | 16:23           | 3.7 (36.3%)   |
| 137 | <b>URBANOWICZ Agnieszka</b>       | <b>631</b> |                      | OPEN K    | 40   | 05:40:41          | <b>07:44:09.30</b>    | <b>07:44:22.05</b>     | +05:06:04 (65.9%) | 17:11           | 3.5 (34.3%)   |
| 138 | <b>GAJGER Joanna</b>              | <b>530</b> |                      | OPEN K    | 41   | 05:41:23          | <b>07:44:13.80</b>    | <b>07:44:25.70</b>     | +05:06:08 (65.9%) | 17:11           | 3.5 (34.3%)   |
| 139 | <b>PRZYBYŁO Marta</b>             | <b>604</b> |                      | OPEN K    | 42   | 05:52:37          | <b>08:10:11.30</b>    | <b>08:10:23.10</b>     | +05:32:05 (67.7%) | 18:09           | 3.3 (32.4%)   |
|     | <b>BAZYL Adam</b>                 | <b>501</b> | BREMBO               | OPEN M    |      | DNF               | <b>DNF</b>            | <b>DNF</b>             | -                 | -               | - (0.0%)      |

Znaleziono 140 wynik(ów)