



# ZAWIERUCHA

B4SPORT

**Wydarzenie:** ZAMEĆ 2020 24h na Skrzyczne  
**Organizator:** FUNDACJA AKTYWNE BESKIDY  
**Data:** 2020-01-25  
**Miejsce:** Szczyrk  
**Dystans:** 27 km

**B4SPORT**  
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: OPEN M

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Skrzyczne 21km	Czas netto 27km	Czas brutto 27km	Różn	Tempo min/km	Tempo km/h
1	URBAŃCZYK Karol	632	NON STOP TRAIL	OPEN M	1	02:07:52	<b>02:38:15.75</b>	<b>02:38:17.65</b>		5:51	10.2 (100%)
2	BRZOZA Piotr	511	B@B KIELCE TEAM	OPEN M	2	02:10:37	<b>02:42:02.65</b>	<b>02:42:06.30</b>	+00:03:48 (2.4%)	6:00	10 (98.0%)
3	STUDENCKI Dawid	620		OPEN M	3	02:10:22	<b>02:42:42.85</b>	<b>02:42:44.40</b>	+00:04:26 (2.7%)	6:01	10 (98.0%)
4	KOWAL Amadeusz	563	NAPRZÓD MŁOCINY	OPEN M	4	02:23:47	<b>02:59:58.85</b>	<b>03:00:01.00</b>	+00:21:43 (12.1%)	6:39	9 (88.2%)
5	KOKOCIŃSKI Dariusz	560		OPEN M	5	02:29:47	<b>03:04:48.15</b>	<b>03:04:54.45</b>	+00:26:36 (14.4%)	6:50	8.8 (86.3%)
6	BUCZYŃSKI Adam	512	NON STOP TRAIL	OPEN M	6	02:28:30	<b>03:05:46.50</b>	<b>03:05:49.20</b>	+00:27:31 (14.8%)	6:52	8.7 (85.3%)
7	KUŚMIERSKI Michał	571	NO I?	OPEN M	7	02:29:16	<b>03:06:22.30</b>	<b>03:06:25.05</b>	+00:28:07 (15.1%)	6:54	8.7 (85.3%)
8	WITEK Adrian	640		OPEN M	8	02:32:51	<b>03:13:00.15</b>	<b>03:13:09.50</b>	+00:34:51 (18.0%)	7:08	8.4 (82.4%)
9	MALINOWSKI Piotr	568	STS BIEGATON MIKOŁÓW / LEŚNA SZARAŃCZA	OPEN M	9	02:32:01	<b>03:13:16.85</b>	<b>03:13:19.55</b>	+00:35:01 (18.1%)	7:09	8.4 (82.4%)
10	GRZESICA Paweł	542		OPEN M	10	02:35:44	<b>03:18:45.70</b>	<b>03:18:50.40</b>	+00:40:32 (20.4%)	7:21	8.2 (80.4%)
11	ZBORUCKI Jan	651	ERT	OPEN M	11	02:35:06	<b>03:18:41.65</b>	<b>03:18:50.60</b>	+00:40:32 (20.4%)	7:21	8.2 (80.4%)
12	WASIEWICZ Adam	634		OPEN M	12	02:41:54	<b>03:22:31.60</b>	<b>03:22:40.15</b>	+00:44:22 (21.9%)	7:30	8 (78.4%)
13	RATAJ Artur	610		OPEN M	13	02:38:14	<b>03:23:09.25</b>	<b>03:23:11.95</b>	+00:44:54 (22.1%)	7:31	8 (78.4%)
14	TOMCZYK Tomasz	507		OPEN M	14	02:43:11	<b>03:23:24.00</b>	<b>03:23:29.45</b>	+00:45:11 (22.2%)	7:32	8 (78.4%)
15	TRZECIAKIEWICZ Mieczysław	629	MLKS RADKÓW	OPEN M	15	02:40:21	<b>03:24:04.55</b>	<b>03:24:15.15</b>	+00:45:57 (22.5%)	7:33	7.9 (77.5%)
16	MISIACZ Bartłomiej	646		OPEN M	16	02:43:33	<b>03:25:05.00</b>	<b>03:25:12.65</b>	+00:46:55 (22.9%)	7:35	7.9 (77.5%)
17	GRUSZECKI Bartosz	541		OPEN M	17	02:43:32	<b>03:29:10.80</b>	<b>03:29:14.40</b>	+00:50:56 (24.3%)	7:44	7.7 (75.5%)
18	KWAŚNY Marcin	572	WILD BUCHAYS	OPEN M	18	02:51:25	<b>03:32:09.95</b>	<b>03:32:15.20</b>	+00:53:57 (25.4%)	7:51	7.6 (74.5%)
19	JUREWICZ Krzysztof	556	HARPAGAN SOSNOWIEC	OPEN M	19	02:57:18	<b>03:35:37.40</b>	<b>03:35:40.90</b>	+00:57:23 (26.6%)	7:59	7.5 (73.5%)
20	DROZD Maciej	522	DREAM RUN	OPEN M	20	02:58:08	<b>03:38:51.20</b>	<b>03:38:55.40</b>	+01:00:37 (27.7%)	8:06	7.4 (72.5%)
21	SUPRYN Rafał	622		OPEN M	21	03:03:24	<b>03:42:26.25</b>	<b>03:42:31.85</b>	+01:04:14 (28.9%)	8:14	7.3 (71.6%)
22	GAMZA Mariusz	531	PĘDZĄCE ŻÓŁWIE IMI	OPEN M	22	02:48:45	<b>03:42:45.85</b>	<b>03:42:55.35</b>	+01:04:37 (29.0%)	8:15	7.3 (71.6%)
23	DZIADOWIEC Andrzej	526		OPEN M	23	02:52:29	<b>03:42:59.80</b>	<b>03:43:05.10</b>	+01:04:47 (29.0%)	8:15	7.3 (71.6%)
24	MRÓWCZYŃSKI Szymon	587		OPEN M	24	03:00:03	<b>03:44:27.25</b>	<b>03:44:30.90</b>	+01:06:13 (29.5%)	8:18	7.2 (70.6%)
25	OSTROWSKI Maciej	596		OPEN M	25	02:58:48	<b>03:46:59.70</b>	<b>03:47:03.90</b>	+01:08:46 (30.3%)	8:24	7.1 (69.6%)
26	SZEWczyk Jarosław	623	1974	OPEN M	26	03:00:12	<b>03:48:29.85</b>	<b>03:48:36.15</b>	+01:10:18 (30.8%)	8:27	7.1 (69.6%)
27	STRZECHOWSKI Dariusz	618	RAJSPOORT ACTIVE	OPEN M	27	03:00:15	<b>03:48:29.00</b>	<b>03:48:36.30</b>	+01:10:18 (30.8%)	8:27	7.1 (69.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Skrzyczne 21km	Czas netto 27km	Czas brutto 27km	Różn	Tempo min/km	Tempo km/h
28	MUCHA Adam	588	PORUNNE FURGANIE	OPEN M	28	03:01:37	<b>03:48:23.30</b>	<b>03:48:38.15</b>	+01:10:20 (30.8%)	8:27	7.1 (69.6%)
29	MIELCZAREK Wojtek	584		OPEN M	29	02:48:38	<b>03:48:34.00</b>	<b>03:48:48.05</b>	+01:10:30 (30.8%)	8:27	7.1 (69.6%)
30	BĄK Tymoteusz	503	I-SYSTEMS.PL	OPEN M	30	03:06:37	<b>03:49:40.80</b>	<b>03:49:46.70</b>	+01:11:29 (31.1%)	8:30	7.1 (69.6%)
31	TOMASZ Muc	627		OPEN M	31	03:00:58	<b>03:50:44.60</b>	<b>03:50:51.25</b>	+01:12:33 (31.4%)	8:32	7 (68.6%)
32	WITAS Jacek	639		OPEN M	32	03:02:37	<b>03:50:51.65</b>	<b>03:50:55.90</b>	+01:12:38 (31.5%)	8:33	7 (68.6%)
33	KOTRA Jacek	562	SOBIE SAM	OPEN M	33	02:55:56	<b>03:50:57.75</b>	<b>03:51:09.00</b>	+01:12:51 (31.5%)	8:33	7 (68.6%)
34	STRZELECKI Robert	619		OPEN M	34	03:09:59	<b>03:52:22.60</b>	<b>03:52:29.75</b>	+01:14:12 (31.9%)	8:36	7 (68.6%)
35	MALIK Rafał	582		OPEN M	35	03:07:27	<b>03:53:07.55</b>	<b>03:53:23.10</b>	+01:15:05 (32.2%)	8:38	6.9 (67.6%)
36	JURA Mariusz	555	ZŁOWIESZCZE ZGRZYTNIECIE ZWIERACZA	OPEN M	36	03:06:49	<b>03:53:27.05</b>	<b>03:53:41.30</b>	+01:15:23 (32.3%)	8:38	6.9 (67.6%)
37	WISZ Piotr	637	SDTEAM	OPEN M	37	03:10:47	<b>03:55:30.95</b>	<b>03:55:39.20</b>	+01:17:21 (32.8%)	8:43	6.9 (67.6%)
38	KACZMAR Marek	557		OPEN M	38	03:12:07	<b>04:00:03.80</b>	<b>04:00:07.15</b>	+01:21:49 (34.1%)	8:53	6.7 (65.7%)
39	ŻELICHOWSKI Artur	654	KĘCKIE HARPAGANY	OPEN M	39	03:06:15	<b>04:01:54.60</b>	<b>04:02:04.75</b>	+01:23:47 (34.6%)	8:57	6.7 (65.7%)
40	GORZAWSKI Andrzej	536		OPEN M	40	03:09:47	<b>04:03:17.95</b>	<b>04:03:29.15</b>	+01:25:11 (35.0%)	9:00	6.7 (65.7%)
41	KOWALCZYK Marcin	564		OPEN M	41	03:11:27	<b>04:04:37.55</b>	<b>04:04:41.75</b>	+01:26:24 (35.3%)	9:03	6.6 (64.7%)
42	DURA Tomasz	524		OPEN M	42	03:11:26	<b>04:04:34.20</b>	<b>04:04:43.55</b>	+01:26:25 (35.3%)	9:03	6.6 (64.7%)
43	ŻABIŃSKI Radosław	653	CROSSFIT 43300	OPEN M	43	03:11:15	<b>04:06:48.05</b>	<b>04:06:54.65</b>	+01:28:37 (35.9%)	9:08	6.6 (64.7%)
44	SIKORA Tomasz	616		OPEN M	44	03:18:11	<b>04:08:35.35</b>	<b>04:08:41.40</b>	+01:30:23 (36.3%)	9:12	6.5 (63.7%)
45	SZTAJER Bartosz	625	SOCIOS SILESIA	OPEN M	45	03:14:45	<b>04:08:49.30</b>	<b>04:08:53.10</b>	+01:30:35 (36.4%)	9:12	6.5 (63.7%)
46	WOŹNIAK Michał	645		OPEN M	46	03:18:23	<b>04:13:14.40</b>	<b>04:13:17.25</b>	+01:34:59 (37.5%)	9:22	6.4 (62.7%)
47	DZIAMSKI Ryszard	527		OPEN M	47	03:24:09	<b>04:14:11.60</b>	<b>04:14:25.90</b>	+01:36:08 (37.8%)	9:24	6.4 (62.7%)
48	CHMIELEWSKI Tomasz	514		OPEN M	48	03:09:29	<b>04:15:04.55</b>	<b>04:15:11.25</b>	+01:36:53 (38.0%)	9:26	6.4 (62.7%)
49	HELLER Szymon	548	TATA STASIA	OPEN M	49	03:14:07	<b>04:15:32.45</b>	<b>04:15:39.75</b>	+01:37:22 (38.1%)	9:27	6.3 (61.8%)
50	RAK Mirek	606		OPEN M	50	03:25:08	<b>04:16:17.65</b>	<b>04:16:21.10</b>	+01:38:03 (38.3%)	9:29	6.3 (61.8%)
51	ZAJĄC Krystian	650		OPEN M	51	03:18:16	<b>04:16:42.75</b>	<b>04:16:48.35</b>	+01:38:30 (38.4%)	9:30	6.3 (61.8%)
52	KURASIŃSKI Konrad	569	SOCIOS SILESIA	OPEN M	52	03:21:45	<b>04:17:20.95</b>	<b>04:17:27.45</b>	+01:39:09 (38.5%)	9:31	6.3 (61.8%)
53	JAGIELSKI Piotr	550		OPEN M	53	03:28:30	<b>04:19:03.60</b>	<b>04:19:06.95</b>	+01:40:49 (38.9%)	9:35	6.3 (61.8%)
54	GŁOMBIK Bogdan	534		OPEN M	54	03:27:01	<b>04:19:14.65</b>	<b>04:19:24.90</b>	+01:41:07 (39.0%)	9:36	6.2 (60.8%)
55	NAMIOTA Maciej	590		OPEN M	55	03:24:18	<b>04:21:18.80</b>	<b>04:21:32.10</b>	+01:43:14 (39.5%)	9:40	6.2 (60.8%)
56	ŁUBIEŃSKI Wojciech	576		OPEN M	56	03:33:16	<b>04:27:52.00</b>	<b>04:28:03.25</b>	+01:49:45 (40.9%)	9:55	6 (58.8%)
57	FRANKOWSKI Dariusz	529	SZAMANI W TRANSIE	OPEN M	57	03:34:29	<b>04:28:17.30</b>	<b>04:28:27.10</b>	+01:50:09 (41.0%)	9:56	6 (58.8%)
58	KOŁODZIEJ Mariusz	561	TMTEAM	OPEN M	58	03:41:46	<b>04:28:30.60</b>	<b>04:28:36.40</b>	+01:50:18 (41.1%)	9:56	6 (58.8%)
59	OPANASENKO Volodymyr	594	HUTINPUJ	OPEN M	59	03:17:46	<b>04:29:03.95</b>	<b>04:29:13.20</b>	+01:50:55 (41.2%)	9:57	6 (58.8%)
60	HANCZAR Paweł	546	TMTEAM	OPEN M	60	03:41:39	<b>04:29:05.95</b>	<b>04:29:13.80</b>	+01:50:56 (41.2%)	9:58	6 (58.8%)
61	OSICA Łukasz	595		OPEN M	61	03:25:50	<b>04:29:22.00</b>	<b>04:29:36.10</b>	+01:51:18 (41.3%)	9:58	6 (58.8%)
62	MAJOWSKI Marcin	580		OPEN M	62	03:29:49	<b>04:29:41.30</b>	<b>04:29:57.20</b>	+01:51:39 (41.4%)	9:59	6 (58.8%)
63	PENKALA Marek	599	RUN A LOT	OPEN M	63	03:26:28	<b>04:31:22.70</b>	<b>04:31:32.20</b>	+01:53:14 (41.7%)	10:03	6 (58.8%)
64	ROGOSZ Marcin	612	SOCIOS SILESIA	OPEN M	64	03:25:53	<b>04:31:48.25</b>	<b>04:31:53.25</b>	+01:53:35 (41.8%)	10:04	6 (58.8%)
65	TURCHAN Fresh Idea	630	RMF4RT OCR	OPEN M	65	03:32:25	<b>04:33:56.50</b>	<b>04:34:04.35</b>	+01:55:46 (42.2%)	10:08	5.9 (57.8%)
66	PASZTALENIEC Waldemar	598		OPEN M	66	03:33:30	<b>04:36:00.15</b>	<b>04:36:09.80</b>	+01:57:52 (42.7%)	10:13	5.9 (57.8%)
67	DZIADAK Michał	525		OPEN M	67	03:42:25	<b>04:36:39.90</b>	<b>04:36:51.10</b>	+01:58:33 (42.8%)	10:14	5.9 (57.8%)
68	GOŁKOWSKI Radosław	535		OPEN M	68	03:39:10	<b>04:37:28.15</b>	<b>04:37:36.80</b>	+01:59:19 (43.0%)	10:16	5.8 (56.9%)
69	PIĄTEK Tomasz	600	WILD BUCHAYS	OPEN M	69	03:40:49	<b>04:40:18.90</b>	<b>04:40:25.00</b>	+02:02:07 (43.6%)	10:22	5.8 (56.9%)
70	PORC-SZPOREK Szymon	603	ZABRZAŃSKIE PARKOWE BIEGANIE	OPEN M	70	03:31:56	<b>04:40:57.90</b>	<b>04:41:02.60</b>	+02:02:44 (43.7%)	10:24	5.8 (56.9%)
71	MACHOCZEK Łukasz	577		OPEN M	71	03:31:07	<b>04:41:57.15</b>	<b>04:42:03.90</b>	+02:03:46 (43.9%)	10:26	5.7 (55.9%)

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72	<b>GAUDEN Piotr</b>	<b>532</b>	SPC/KM UMK TORUŃ/IDZIEMY BEZ RYZYKA	OPEN M	72	03:43:35	<b>04:42:52.35</b>	<b>04:43:05.55</b>	+02:04:47 (44.1%)	10:28	5.7 (55.9%)
73	<b>BOSEK Pawel</b>	<b>509</b>		OPEN M	73	03:41:57	<b>04:44:42.90</b>	<b>04:44:58.00</b>	+02:06:40 (44.5%)	10:32	5.7 (55.9%)
74	<b>CHUDZIK Radosław</b>	<b>655</b>		OPEN M	74	03:27:36	<b>04:46:04.45</b>	<b>04:46:20.60</b>	+02:08:02 (44.7%)	10:35	5.7 (55.9%)
75	<b>WALUGA Michał</b>	<b>633</b>		OPEN M	75	03:44:56	<b>04:49:33.95</b>	<b>04:49:42.50</b>	+02:11:24 (45.4%)	10:43	5.6 (54.9%)
76	<b>ANTOSIAK Tomasz</b>	<b>500</b>	TMTEAM	OPEN M	76	03:45:14	<b>04:49:38.00</b>	<b>04:49:43.20</b>	+02:11:25 (45.4%)	10:43	5.6 (54.9%)
77	<b>GOSPODAREK Łukasz</b>	<b>538</b>		OPEN M	77	03:39:13	<b>04:54:54.25</b>	<b>04:55:04.95</b>	+02:16:47 (46.4%)	10:55	5.5 (53.9%)
78	<b>PIECHOTA Daniel</b>	<b>601</b>		OPEN M	78	03:56:46	<b>04:55:26.25</b>	<b>04:55:39.25</b>	+02:17:21 (46.5%)	10:56	5.5 (53.9%)
79	<b>JOPEK Wojciech</b>	<b>554</b>		OPEN M	79	03:56:42	<b>05:00:30.40</b>	<b>05:00:45.90</b>	+02:22:28 (47.4%)	11:07	5.4 (52.9%)
80	<b>CZYŻ Łukasz</b>	<b>518</b>		OPEN M	80	03:59:30	<b>05:01:51.40</b>	<b>05:01:58.35</b>	+02:23:40 (47.6%)	11:10	5.4 (52.9%)
81	<b>WYSOCKI Marek</b>	<b>649</b>	#MAREK AKTYWNY TATA	OPEN M	81	04:02:12	<b>05:06:16.00</b>	<b>05:06:33.95</b>	+02:28:16 (48.4%)	11:20	5.3 (52.0%)
82	<b>BIAŁOBRZEWSKI Wojciech</b>	<b>504</b>	KLUB BIEGACZA JURUND SZCZYTNO	OPEN M	82	03:50:03	<b>05:08:03.85</b>	<b>05:08:09.25</b>	+02:29:51 (48.6%)	11:24	5.3 (52.0%)
83	<b>WIŚNIEWSKI Włodzimierz</b>	<b>638</b>	SPC	OPEN M	83	03:59:17	<b>05:16:11.20</b>	<b>05:16:26.20</b>	+02:38:08 (50.0%)	11:42	5.1 (50.0%)
84	<b>JACKOWSKI Jacek</b>	<b>658</b>	JAROSŁAWSKA GRUPA BIEGOWA	OPEN M	84	04:13:15	<b>05:18:12.65</b>	<b>05:18:17.00</b>	+02:39:59 (50.3%)	11:47	5.1 (50.0%)
85	<b>DERSLEY Stephen</b>	<b>519</b>		OPEN M	85	03:56:27	<b>05:18:19.00</b>	<b>05:18:31.20</b>	+02:40:13 (50.3%)	11:47	5.1 (50.0%)
86	<b>GRZYBOWSKI Marek</b>	<b>543</b>		OPEN M	86	04:11:02	<b>05:25:01.15</b>	<b>05:25:05.95</b>	+02:46:48 (51.3%)	12:02	5 (49.0%)
87	<b>PAŁYS Rafał</b>	<b>597</b>		OPEN M	87	04:12:24	<b>05:25:01.45</b>	<b>05:25:06.25</b>	+02:46:48 (51.3%)	12:02	5 (49.0%)
88	<b>RAMS Marcin</b>	<b>608</b>	RAMSATTACK	OPEN M	88	04:16:29	<b>05:38:00.20</b>	<b>05:38:11.40</b>	+02:59:53 (53.2%)	12:31	4.8 (47.1%)
89	<b>RAMS Łukasz</b>	<b>607</b>		OPEN M	89	04:16:28	<b>05:38:01.50</b>	<b>05:38:11.95</b>	+02:59:54 (53.2%)	12:31	4.8 (47.1%)
90	<b>NOWAK Mirosław</b>	<b>591</b>		OPEN M	90	04:16:09	<b>05:38:58.50</b>	<b>05:39:07.70</b>	+03:00:50 (53.3%)	12:33	4.8 (47.1%)
91	<b>MACIAS Adam</b>	<b>578</b>		OPEN M	91	04:33:56	<b>05:53:19.35</b>	<b>05:53:29.60</b>	+03:15:11 (55.2%)	13:05	4.6 (45.1%)
92	<b>WÓJCIK Dawid</b>	<b>647</b>	ARUE CAPOEIRA POLSKA	OPEN M	92	04:16:43	<b>05:54:34.00</b>	<b>05:54:34.00</b>	+03:16:16 (55.4%)	13:07	4.6 (45.1%)
93	<b>STRASZECKI Krystian</b>	<b>617</b>		OPEN M	93	04:28:10	<b>06:00:55.65</b>	<b>06:01:12.00</b>	+03:22:54 (56.2%)	13:22	4.5 (44.1%)
94	<b>SZOLC Sebastian</b>	<b>624</b>		OPEN M	94	04:48:33	<b>06:02:44.40</b>	<b>06:03:01.10</b>	+03:24:43 (56.4%)	13:26	4.5 (44.1%)
95	<b>KROCZYK Lesław</b>	<b>567</b>		OPEN M	95	04:30:04	<b>06:08:33.50</b>	<b>06:08:42.75</b>	+03:30:25 (57.1%)	13:39	4.4 (43.1%)
96	<b>GDYNIA Daniel</b>	<b>533</b>		OPEN M	96	04:30:01	<b>06:08:34.65</b>	<b>06:08:42.85</b>	+03:30:25 (57.1%)	13:39	4.4 (43.1%)
97	<b>CUPIAŁ Dariusz</b>	<b>516</b>	W POGONI ZA DUCHEM	OPEN M	97	05:03:40	<b>06:59:19.35</b>	<b>06:59:37.65</b>	+04:21:20 (62.3%)	15:31	3.9 (38.2%)
	<b>BAZYL Adam</b>	<b>501</b>	BREMBO	OPEN M		DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)

Znaleziono 98 wynik(ów)