



ZIMNA POŁÓWKA OD DR.BACTY | TWT 21KM

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Wydarzenie: Turbacz Winter Trail
Organizator: Fundacja Rozwoju Sportu i Promocji Obronności
"MURAWA"
Data: 2024-02-10
Miejsce: Nowy Targ
Dystans: 21.1 km

Klasyfikacja: Kobiety

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat Pies	Turbacz 14km	Czas netto 21.1km	Czas brutto 21.1km	Różn	Tempo min/km	Tempo km/h
1	KAPUSTA-SZYDLAK Sylwia	183	DYNAFITSQUAD	Masters Kobiet	1	01:34:09	02:08:32.85	02:08:35.80		6:05	9.8 (100%)
2	BOCHENEK Magdalena	113	G.O.A.T. TEAM MICHAŁOWICE	Senior Kobiet	1	01:39:14	02:13:15.55	02:13:18.80	+00:04:43 (3.5%)	6:18	9.5 (96.9%)
3	FRAŃCZYSTA Katarzyna	364		Masters Kobiet	2	01:40:07	02:15:53.50	02:15:57.05	+00:07:21 (5.4%)	6:26	9.3 (94.9%)
4	FETISOVA Ekaterina	140	ADIDAS RUNNERS WARSAW	Masters Kobiet	3	01:43:14	02:17:57.80	02:18:03.20	+00:09:27 (6.9%)	6:32	9.2 (93.9%)
5	FRAŃCZYSTA Weronika	363		Senior Kobiet	2	01:42:38	02:18:00.15	02:18:04.30	+00:09:28 (6.9%)	6:32	9.2 (93.9%)
5	GÓRALIK Sylwia	152	KS AZS AWF KRAKÓW	Masters Kobiet	4	01:44:02	02:18:01.35	02:18:04.30	+00:09:28 (6.9%)	6:32	9.2 (93.9%)
7	KONKEL Katarzyna	194		Senior Kobiet	3	01:44:55	02:23:26.75	02:23:30.20	+00:14:54 (10.4%)	6:47	8.8 (89.8%)
8	SZOREK HEITZMAN Monika	315		Masters Kobiet	5	01:46:33	02:25:46.70	02:25:53.60	+00:17:17 (11.9%)	6:54	8.7 (88.8%)
9	SZYMAŃSKA Brygida	319	EERLE SPORTSWEAR RUNNING TEAM	Senior Kobiet	4	01:52:32	02:33:21.65	02:33:25.65	+00:24:49 (16.2%)	7:16	8.3 (84.7%)
10	WINDAK Agnieszka	339	JEM KLOPSA TEAM	Senior Kobiet	5	01:54:12	02:34:33.70	02:34:47.15	+00:26:11 (16.9%)	7:19	8.2 (83.7%)
11	PAZDYKA Agata	255	RUN 4 FUN	Masters Kobiet	6	01:58:26	02:39:30.65	02:39:37.00	+00:31:01 (19.4%)	7:33	7.9 (80.6%)
12	SZCZEPAŃSKA Edyta	308	MOUNTAIN RUNNING GUIDES	Senior Kobiet	6	01:57:54	02:40:29.20	02:40:42.65	+00:32:06 (20.0%)	7:36	7.9 (80.6%)
13	WIECZOREK Agata	335	BIEGOWE CZWARTKI	Masters Kobiet	7	01:59:45	02:41:54.00	02:41:58.65	+00:33:22 (20.6%)	7:40	7.8 (79.6%)
14	RADOSZEK- ZAKRZYŃSKA Barbara	277		Masters Kobiet	8	02:05:32	02:48:36.35	02:48:41.15	+00:40:05 (23.8%)	7:59	7.5 (76.5%)

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								netto 21.1km	brutto 21.1km			
15	CZECH Aldona	128	BIEGOWE CZWARTKI	Masters Kobiet	9		02:05:06	02:49:48.95	02:49:53.45	+00:41:17 (24.3%)	8:02	7.5 (76.5%)
16	KURCZ Magdalena	212		Senior Kobiet	7		02:05:31	02:52:02.00	02:52:11.40	+00:43:35 (25.3%)	8:09	7.4 (75.5%)
17	MICHALSKA Magdalena	236		Masters Kobiet	10		02:05:14	02:52:05.00	02:52:37.05	+00:44:01 (25.5%)	8:09	7.4 (75.5%)
18	ŚLUSAREK Katarzyna	320	SIEMIESZ-TEAM	Senior Kobiet	8		02:08:16	02:53:05.95	02:53:21.15	+00:44:45 (25.8%)	8:12	7.3 (74.5%)
19	KOSMAN Magdalena	197	SKL SUCHA BESKIDZKA	Senior Kobiet	9			02:55:08.00	02:55:08.00	+00:46:32 (26.6%)	8:18	7.2 (73.5%)
20	NICIEJA Anna	240		Masters Kobiet	11		02:08:36	02:56:16.00	02:56:44.95	+00:48:09 (27.2%)	8:21	7.2 (73.5%)
21	KUKOBNIKAVA Vitaliya	207	BIEGACZE STU MOSTÓW	Senior Kobiet	10		02:10:46	02:56:48.60	02:57:04.70	+00:48:28 (27.4%)	8:22	7.2 (73.5%)
22	VANKOVICH Anastasiya	329	SWORDS ATHLETICS	Masters Kobiet	12		02:10:22	02:58:31.00	02:58:44.05	+00:50:08 (28.1%)	8:27	7.1 (72.4%)
23	SIWOŃ Ewa	71		Weteran Kobiet	1		02:11:36	02:59:44.75	02:59:59.00	+00:51:23 (28.6%)	8:31	7 (71.4%)
24	MARZIANO Dorota	231		Masters Kobiet	13		02:12:50	02:59:42.80	02:59:59.60	+00:51:23 (28.6%)	8:30	7 (71.4%)
25	TARADAJ Paulina	321	LACHO TEAM	Masters Kobiet	14		02:12:20	03:00:36.80	03:01:07.55	+00:52:31 (29.0%)	8:33	7 (71.4%)
26	GÓRA Anna	362		Senior Kobiet	11		02:10:48	03:02:36.15	03:02:46.95	+00:54:11 (29.6%)	8:39	6.9 (70.4%)
27	KULAK-OKÓLSKA Nina	208	KAY-MAX	Masters Kobiet	15		02:16:45	03:07:03.50	03:07:19.75	+00:58:43 (31.4%)	8:51	6.8 (69.4%)
28	FRANCZAK Katarzyna	144		Masters Kobiet	16		02:18:11	03:08:32.25	03:08:40.20	+01:00:04 (31.8%)	8:56	6.7 (68.4%)
29	PAŁKA Ewa	358	KB PARANTELA	Masters Kobiet	17		02:19:06	03:09:43.55	03:09:49.85	+01:01:14 (32.3%)	8:59	6.7 (68.4%)
30	KWIATKOWSKA Martyna	214	RUN AWAY TEAM	Masters Kobiet	18		02:19:42	03:13:10.85	03:13:45.00	+01:05:09 (33.6%)	9:09	6.6 (67.3%)
31	GŁADYSZ Jadwiga	150	ADARHO	Weteran Kobiet	2		02:19:12	03:13:53.45	03:14:02.85	+01:05:27 (33.7%)	9:11	6.5 (66.3%)
32	CZERWIEC Jolanta	129		Masters Kobiet	19		02:21:57	03:17:18.80	03:17:22.45	+01:08:46 (34.8%)	9:21	6.4 (65.3%)
33	WOJCIK Magdalena	342		Senior Kobiet	12		02:15:33	03:18:02.95	03:18:53.30	+01:10:17 (35.3%)	9:23	6.4 (65.3%)
34	TYLUTKI Agnieszka	326		Weteran Kobiet	3		02:25:24	03:18:59.60	03:19:04.55	+01:10:28 (35.4%)	9:25	6.4 (65.3%)
35	GRZEGORZEWSKA Marlena	154	DAISYPLESS	Weteran Kobiet	4		02:22:16	03:20:20.15	03:20:31.10	+01:11:55 (35.9%)	9:29	6.3 (64.3%)
36	PIWOŃSKA Ada	264	ŁAPACZE ZACHODÓW SŁOŃCA/PIRACI Z SZARLOTY	Masters Kobiet	20		02:25:28	03:20:34.45	03:20:51.90	+01:12:16 (36.0%)	9:30	6.3 (64.3%)
37	JĘDRZEJCZYK Agnieszka	178		Weteran Kobiet	5		02:30:08	03:22:15.15	03:22:50.60	+01:14:14 (36.6%)	9:35	6.3 (64.3%)

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38	GRĘBOWSKA Dagmara	357		Masters Kobiet	21		02:27:15	03:22:56.55	03:23:05.45	+01:14:29 (36.7%)	9:37	6.2 (63.3%)
39	JAGIELSKA Magdalena	167	POŁAWIACZKI PEREŁ, KS STASZEWSKY	Weteran Kobiet	6		02:28:56	03:22:36.25	03:23:18.65	+01:14:42 (36.7%)	9:36	6.2 (63.3%)
40	GÓRECKA Agnieszka	153	STAJNIAK TEAM	Senior Kobiet	13		02:32:56	03:23:26.30	03:23:46.25	+01:15:10 (36.9%)	9:38	6.2 (63.3%)
41	FRANEK Agata	145		Masters Kobiet	22		02:27:38	03:25:51.35	03:26:08.05	+01:17:32 (37.6%)	9:45	6.2 (63.3%)
42	HUBNER Ilona	160	TLENOWA RADOŚĆ TEAM	Masters Kobiet	23		02:34:52	03:28:17.90	03:28:58.60	+01:20:22 (38.5%)	9:52	6.1 (62.2%)
43	MAJOREK Zofia	226		Masters Kobiet	24		02:30:30	03:29:31.15	03:29:43.55	+01:21:07 (38.7%)	9:55	6 (61.2%)
44	PORĘBA-GAJDA Beata	270	RUN AWAY TEAM	Senior Kobiet	14		02:34:44	03:30:36.85	03:31:01.30	+01:22:25 (39.1%)	9:58	6 (61.2%)
45	PATURA Anna	251	WYCIECZKA BIEGOWA	Weteran Kobiet	7		02:29:52	03:32:00.35	03:32:41.20	+01:24:05 (39.5%)	10:02	6 (61.2%)
46	PIOTROWSKA Edyta	261	BRACTWO BIEGOWE BGK	Masters Kobiet	25		02:31:35	03:32:10.95	03:32:44.60	+01:24:08 (39.6%)	10:03	6 (61.2%)
47	PŁUCIŚ Małgorzata	265	BIEGAMBOLUBIĘ	Senior Kobiet	15			03:33:02.00	03:33:02.00	+01:24:26 (39.6%)	10:05	5.9 (60.2%)
48	GLAZER Anna	24	3:33 TEAM	Weteran Kobiet	8		02:33:29	03:33:46.90	03:34:15.85	+01:25:40 (40.0%)	10:07	5.9 (60.2%)
49	WRÓBLEWSKA Katarzyna	345		Masters Kobiet	26		02:34:33	03:33:56.25	03:34:45.35	+01:26:09 (40.1%)	10:08	5.9 (60.2%)
50	KANASHEVICH Aliona	182	RUN_WAWA_RUN	Masters Kobiet	27			03:35:17.70	03:35:31.35	+01:26:55 (40.3%)	10:12	5.9 (60.2%)
51	BEREZNIATSKA Yana	109	RUN_WAWA_RUN	Masters Kobiet	28		02:33:02	03:35:17.75	03:35:32.75	+01:26:56 (40.3%)	10:12	5.9 (60.2%)
52	BUGAJSKA-JUCHA Renata	121	DZIKI KRÓLIK	Weteran Kobiet	9		02:37:09	03:36:35.60	03:36:46.65	+01:28:10 (40.7%)	10:15	5.8 (59.2%)
53	ROSA Magdalena	280	BIEGAJĄCY ŚWIDNIK	Masters Kobiet	29		02:33:48	03:40:34.00	03:40:55.80	+01:32:20 (41.8%)	10:27	5.7 (58.2%)
54	KLOZIK Agnieszka	190		Masters Kobiet	30		02:39:03	03:41:05.35	03:41:37.80	+01:33:02 (42.0%)	10:28	5.7 (58.2%)
55	ZIÓLKOWSKA Monika	352		Masters Kobiet	31		02:39:06	03:41:17.40	03:41:47.55	+01:33:11 (42.0%)	10:29	5.7 (58.2%)
56	ZIÓLKOWSKA-BESZCZYŃSKA Aleksandra	353		Senior Kobiet	16		02:34:14	03:42:51.60	03:43:30.45	+01:34:54 (42.5%)	10:33	5.7 (58.2%)
57	SAMBORSKA Beata	286	BŁĘKITNA XVII	Masters Kobiet	32		02:36:55	03:45:21.60	03:45:42.30	+01:37:06 (43.0%)	10:40	5.6 (57.1%)
58	RZEŹNIK Kinga	284	BŁĘKITNA XVII	Masters Kobiet	33		02:36:55	03:45:49.30	03:46:11.05	+01:37:35 (43.1%)	10:42	5.6 (57.1%)
59	BUDNY Joanna	120		Masters Kobiet	34		02:43:44	03:45:52.90	03:46:39.85	+01:38:04 (43.3%)	10:42	5.6 (57.1%)
60	LENARTOWICZ Barbara	217		Weteran Kobiet	10		02:39:12	03:48:27.45	03:49:04.40	+01:40:28 (43.9%)	10:49	5.5 (56.1%)

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61	BOŻEK Aleksandra	116	TEAM ZABIEGANEDNI	Masters Kobiet	35		02:40:25	03:49:14.15	03:49:38.25	+01:41:02 (44.0%)	10:51	5.5 (56.1%)
62	SURZYN Aleksandra	306		Senior Kobiet	17		02:44:07	03:50:18.85	03:50:55.50	+01:42:19 (44.3%)	10:54	5.5 (56.1%)
63	BALCERZAK Krysia	103	DROGA DO ULTRA / SZAKALE BAŁUT ŁÓDŹ	Masters Kobiet	36		02:49:30	03:51:39.60	03:52:20.35	+01:43:44 (44.7%)	10:58	5.5 (56.1%)
64	MADEJEWSKA Ewa	224		Senior Kobiet	18		02:37:41	03:52:07.00	03:52:31.45	+01:43:55 (44.7%)	11:00	5.5 (56.1%)
65	SZCZYRBA Izabela	311	RUN AWAY TEAM	Masters Kobiet	37		02:47:54	03:53:57.45	03:54:44.40	+01:46:08 (45.2%)	11:05	5.4 (55.1%)
66	BARAŃSKA Adrianna	105		Senior Kobiet	19		02:53:27	03:56:36.10	03:56:39.20	+01:48:03 (45.7%)	11:12	5.4 (55.1%)
67	CAŁKA Agnieszka	123		Masters Kobiet	38		02:38:39	03:57:07.15	03:57:53.00	+01:49:17 (45.9%)	11:14	5.3 (54.1%)
68	ŁAPA Aleksandra	220	4A	Masters Kobiet	39		02:54:29	03:58:59.40	03:59:32.65	+01:50:56 (46.3%)	11:19	5.3 (54.1%)
69	ŁAPA Julia	221		Senior Kobiet	20		02:54:29	03:59:00.15	03:59:33.45	+01:50:57 (46.3%)	11:19	5.3 (54.1%)
70	WALCZYŃSKA Katarzyna	331		Masters Kobiet	40		02:49:17	03:59:18.60	04:00:03.20	+01:51:27 (46.4%)	11:20	5.3 (54.1%)
71	SZTEJKA Jolanta	317	KULAWA RODZINA	Masters Kobiet	41		02:49:40	04:00:02.95	04:00:23.80	+01:51:48 (46.5%)	11:22	5.3 (54.1%)
72	JANIK Anna	170		Masters Kobiet	42		03:01:14	04:02:27.95	04:02:38.25	+01:54:02 (47.0%)	11:29	5.2 (53.1%)
73	PAJSZCZYK Blanka	246		Masters Kobiet	43		02:53:12	04:03:07.80	04:03:52.05	+01:55:16 (47.3%)	11:31	5.2 (53.1%)
74	SIERADZKA Maria	289		Senior Kobiet	21		02:53:07	04:03:09.10	04:03:52.55	+01:55:16 (47.3%)	11:31	5.2 (53.1%)
75	RATKA Sylwia	279		Masters Kobiet	44		02:59:55	04:05:42.40	04:06:09.05	+01:57:33 (47.8%)	11:38	5.2 (53.1%)
76	SULIGA Wioletta	305	ING BANK ŚLĄSKI	Masters Kobiet	45		02:53:01	04:06:26.05	04:07:03.55	+01:58:27 (47.9%)	11:40	5.1 (52.0%)
77	STANOWSKA Katarzyna	300		Weteran Kobiet	11		03:00:15	04:12:48.85	04:13:28.05	+02:04:52 (49.3%)	11:58	5 (51.0%)
78	BAŁA Agata	104		Senior Kobiet	22		02:58:28	04:13:53.15	04:14:27.80	+02:05:52 (49.5%)	12:01	5 (51.0%)
79	KOWALSKA Agnieszka	1030	KOMANDOSI	Senior Kobiet	23		02:53:44	04:16:59.10	04:17:10.50	+02:08:34 (50.0%)	12:10	4.9 (50.0%)
80	SZUMILAS Barbara	318	RUN AWAY TEAM	Masters Kobiet	46		03:02:12	04:18:35.60	04:19:14.30	+02:10:38 (50.4%)	12:15	4.9 (50.0%)
81	KOTAŃSKA Magdalena	199	STANWEX	Senior Kobiet	24		03:16:18	04:33:51.30	04:34:16.75	+02:25:40 (53.1%)	12:58	4.6 (46.9%)
82	TRZECIECKA Magdalena	325		Weteran Kobiet	12		03:08:40	04:36:46.95	04:37:10.10	+02:28:34 (53.6%)	13:07	4.6 (46.9%)
83	DZIURZYŃSKA Ulika	139	VEGE RUNNERS	Masters Kobiet	47		03:07:00	04:45:42.50	04:46:30.60	+02:37:54 (55.1%)	13:32	4.4 (44.9%)

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84	KLIMEK Marlena	188	RUN AWAY TEAM	Masters Kobiet	48		03:36:49	05:09:23.75	05:10:11.15	+03:01:35 (58.5%)	14:39	4.1 (41.8%)
85	SZMATŁOCH Iwona	314	RUN AWAY TEAM	Masters Kobiet	49			05:09:25.30	05:10:11.35	+03:01:35 (58.5%)	14:39	4.1 (41.8%)
86	CEBO Agnieszka	125	RUN AWAY TEAM	Masters Kobiet	50		03:36:27	05:09:32.00	05:10:17.15	+03:01:41 (58.6%)	14:40	4.1 (41.8%)
	MICHALAK Magdalena	235	ULTRA WAY TEAM	Masters Kobiet			03:07:02 DNF	DNF	DNF		-	- (0.0%)

Znaleziono 87 wynik(ów)