



ZIMNA POŁÓWKA | TWT 21KM

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Event: Turbacz Winter Trail
Organiser: Fundacja Rozwoju Sportu i Promocji Obronności
"MURAWA"
Date: 2022-02-12
Place: Nowy Targ
Distance: 21.1 km

Classification: All

Place	Participant	Number	Club	Category	MCat	Turbacz 14km	Net time 21.1km	Czas brutto 21.1km	Gap	Pace min/km	Pace km/h
1	MISKIEWICZ Mariusz	248	SCI GE	Masters Mężczyzn	1	00:00:01	01:46:27.70	01:46:27.70		5:02	11.9 (100%)
2	BIERNAWSKI Piotr	415	KS KANDAHAR	Masters Mężczyzn	2	00:00:02	01:47:26.70	01:47:26.70	+00:00:59 (0.9%)	5:05	11.8 (99.2%)
3	JACHYMIAK Robert	182	SPECJALISTYCZNY GABINET REHABILITACJ DZIECI	Masters Mężczyzn	3	00:00:01	01:49:08.70	01:49:08.70	+00:02:41 (2.5%)	5:10	11.6 (97.5%)
4	PACHUT Jerzy	283	BUTYJANA.PL	Senior Mężczyzn	1	00:00:01	01:54:54.95	01:54:54.95	+00:08:27 (7.4%)	5:26	11 (92.4%)
5	HAŁAJKO Mateusz	417	PGE RUN OBRÓT	Masters Mężczyzn	4	00:00:02	01:56:48.55	01:56:48.55	+00:10:20 (8.9%)	5:32	10.8 (90.8%)
6	GAŁDYN Kamil	160	GORĄCY POTOK TEAM	Senior Mężczyzn	2	00:00:02	01:58:08.75	01:58:08.75	+00:11:41 (9.9%)	5:35	10.7 (89.9%)
7	KRZYSTYNIAK Robert	217	GORĄCY POTOK TEAM	Masters Mężczyzn	5	00:00:02	02:00:13.85	02:00:13.85	+00:13:46 (11.5%)	5:41	10.5 (88.2%)
8	PAWLIKOWSKI Michał	290		Senior Mężczyzn	3	00:00:02	02:00:29.45	02:00:29.45	+00:14:01 (11.6%)	5:42	10.5 (88.2%)
9	BORYCKI Mirosław	115		Masters Mężczyzn	6	00:00:04	02:00:30.45	02:00:30.45	+00:14:02 (11.7%)	5:42	10.5 (88.2%)
10	CZYŻ Grzegorz	133	GRUPA AZOTY-AUTOMATYKA TARNÓW	Weteran Mężczyzn	1	00:00:03	02:00:41.15	02:00:41.15	+00:14:13 (11.8%)	5:43	10.5 (88.2%)
11	SUROWIEC Michał	334	MOJE BIEGANIE	Masters Mężczyzn	7	00:00:02	02:01:40.85	02:01:40.85	+00:15:13 (12.5%)	5:45	10.4 (87.4%)
12	GUBAŁA Arkadiusz	174	GRUPETTO GORLICE	Senior Mężczyzn	4	00:00:02	02:02:53.90	02:02:53.90	+00:16:26 (13.4%)	5:49	10.3 (86.6%)
13	KOWALIK Marcin	212	PGE RUN OBRÓT	Masters Mężczyzn	8	00:00:03	02:06:11.60	02:06:11.60	+00:19:43 (15.6%)	5:58	10 (84.0%)
14	HEBDA Adrian	176		Senior Mężczyzn	5	00:00:04	02:06:51.50	02:06:51.50	+00:20:23 (16.1%)	6:00	10 (84.0%)

Place	Participant	Number	Club	Category	MCat	Turbacz 14km	Net time 21.1km	Czas brutto 21.1km	Gap	Pace min/km	Pace km/h
15	SYSKA Jacek	335		Weteran Mężczyzn	2	00:00:02	02:07:41.10	02:07:41.10	+00:21:13 (16.6%)	6:03	9.9 (83.2%)
16	SULKA Gabriel	332	NKK - KOMPEX	Masters Mężczyzn	9	00:00:09	02:08:53.85	02:08:53.85	+00:22:26 (17.4%)	6:06	9.8 (82.4%)
17	LATALA Krzysztof	224	GO APTIV!	Masters Mężczyzn	10	00:00:04	02:09:19.30	02:09:19.30	+00:22:51 (17.7%)	6:07	9.8 (82.4%)
18	LEWANDOWSKI Paweł	228		Masters Mężczyzn	11	00:00:03	02:09:30.60	02:09:30.60	+00:23:02 (17.8%)	6:08	9.8 (82.4%)
19	TYNUS Grzegorz	1061	NKK	Masters Mężczyzn	12	00:00:09	02:09:35.80	02:09:35.80	+00:23:08 (17.9%)	6:08	9.8 (82.4%)
20	BEDNARZ Jakub	105	THE BEZ TEAMU/BIEGANIE NA SZCZYTACH	Masters Mężczyzn	13	00:00:20	02:10:20.15	02:10:20.15	+00:23:52 (18.3%)	6:10	9.7 (81.5%)
21	TOPOLSKI Marcin	351	CZŁOWIEK KTÓRY NIE BOI SIĘ CHUCKA NORRISA	Masters Mężczyzn	14	00:00:04	02:10:37.15	02:10:37.15	+00:24:09 (18.5%)	6:11	9.7 (81.5%)
22	SIUTA Jakub	1046		Senior Mężczyzn	6	00:00:04	02:10:48.15	02:10:48.15	+00:24:20 (18.6%)	6:11	9.7 (81.5%)
23	JANISZEWSKI Piotr	1050		Senior Mężczyzn	7	00:00:06	02:10:54.05	02:10:54.05	+00:24:26 (18.7%)	6:12	9.7 (81.5%)
24	ZARĘBA Dariusz	1018		Senior Mężczyzn	8	00:00:02	02:11:04.35	02:11:04.35	+00:24:36 (18.8%)	6:12	9.7 (81.5%)
25	TUSZYŃSKI Zygmunt	358	PGE RUN OBRÓT	Masters Mężczyzn	15	00:00:02	02:13:20.50	02:13:20.50	+00:26:52 (20.2%)	6:19	9.5 (79.8%)
26	SZRENIAWA Waldemar	342	MIRAZ RACE TEAM	Masters Mężczyzn	16	00:00:17	02:14:14.05	02:14:14.05	+00:27:46 (20.7%)	6:21	9.4 (79.0%)
27	CZACHURSKI Mateusz	414	EX TEAM	Senior Mężczyzn	9	00:00:21	02:14:29.20	02:14:29.20	+00:28:01 (20.8%)	6:22	9.4 (79.0%)
28	DAUKSZO Maciej	136		Senior Mężczyzn	10		02:15:04.40	02:15:04.40	+00:28:36 (21.2%)	6:24	9.4 (79.0%)
29	JĘDRZEJCZYK Zbigniew	191	STRZESZYN BIEGA	Masters Mężczyzn	17	00:00:16	02:15:25.90	02:15:25.90	+00:28:58 (21.4%)	6:25	9.3 (78.2%)
30	PABIS Szymon	281		Senior Mężczyzn	11	00:00:05	02:15:59.35	02:15:59.35	+00:29:31 (21.7%)	6:26	9.3 (78.2%)
31	BOHUN Dawid	111	PEPITKA TEAM	Masters Mężczyzn	18	00:00:04	02:16:21.35	02:16:21.35	+00:29:53 (21.9%)	6:27	9.3 (78.2%)
32	KOZIEŁ Grzegorz	214	STS BIEGATON MIKOŁÓW	Masters Mężczyzn	19	00:00:05	02:16:26.85	02:16:26.85	+00:29:59 (22.0%)	6:27	9.3 (78.2%)
33	GÓRALIK Sylwia	167	TKKF UKLEJNA	Masters Kobiet	1	00:00:01	02:16:31.50	02:16:31.50	+00:30:03 (22.0%)	6:28	9.3 (78.2%)
34	JASNOCH Marcin	188	STS BIEGATON	Masters Mężczyzn	20	00:00:04	02:16:55.00	02:16:55.00	+00:30:27 (22.2%)	6:29	9.2 (77.3%)
35	NOWORYTA Grzegorz	271	AKTYWNA DOLINA KARPIA	Senior Mężczyzn	12	00:00:06	02:17:03.95	02:17:03.95	+00:30:36 (22.3%)	6:29	9.2 (77.3%)
36	WALASZCZYK Sławomir	1010		Masters Mężczyzn	21	00:00:04	02:17:24.70	02:17:24.70	+00:30:57 (22.5%)	6:30	9.2 (77.3%)
36	MYRGORODSKYI Viktor	258		Masters Mężczyzn	21	00:00:10	02:17:24.70	02:17:24.70	+00:30:57 (22.5%)	6:30	9.2 (77.3%)

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38	GALEWICZ Katarzyna	159		Masters Kobiet	2	00:01:00	02:17:31.95	02:17:31.95	+00:31:04 (22.6%)	6:31	9.2 (77.3%)
39	NOWAK Dawid	1035		Senior Mężczyzn	13	00:00:07	02:17:35.95	02:17:35.95	+00:31:08 (22.6%)	6:31	9.2 (77.3%)
40	BIENIAS Łukasz	2	BIELAWSKA AKADEMIA BIEGANIA	Masters Mężczyzn	23	00:00:03	02:17:49.75	02:17:49.75	+00:31:22 (22.8%)	6:31	9.2 (77.3%)
41	SZNAJDER Jarosław	341	RUNPROGRESS	Weteran Mężczyzn	3	00:00:15	02:18:09.95	02:18:09.95	+00:31:42 (22.9%)	6:32	9.2 (77.3%)
42	STARZAK Paweł	326	ZŁOŚNIK BIEGA	Masters Mężczyzn	24	00:06:20	02:18:15.05	02:18:15.05	+00:31:47 (23.0%)	6:33	9.2 (77.3%)
43	ZBIJOWSKA Ewelina	390	HATI TEAM	Masters Kobiet	3	00:00:07	02:18:37.50	02:18:37.50	+00:32:09 (23.2%)	6:34	9.1 (76.5%)
44	NOWAK Oskar	268		Senior Mężczyzn	14	00:00:03	02:18:51.60	02:18:51.60	+00:32:23 (23.3%)	6:34	9.1 (76.5%)
45	DOMIN Marcin	140	NOWOTARSKI KLUB KOLARSKI	Masters Mężczyzn	25	00:00:11	02:20:21.70	02:20:21.70	+00:33:54 (24.2%)	6:39	9 (75.6%)
46	GAJDA Marcin	157	CZWARTUNIO TEAM	Masters Mężczyzn	26	00:00:17	02:20:30.50	02:20:30.50	+00:34:02 (24.2%)	6:39	9 (75.6%)
47	ANTOLAK Maciej	100		Masters Mężczyzn	27	00:00:10	02:20:36.95	02:20:36.95	+00:34:09 (24.3%)	6:39	9 (75.6%)
48	WOŁOSZYN Piotr	379	A NA CO TO KOMU POTRZEBNE	Masters Mężczyzn	28	00:00:05	02:20:41.70	02:20:41.70	+00:34:14 (24.3%)	6:40	9 (75.6%)
49	JAROSZ Paweł	187		Masters Mężczyzn	29	00:00:13	02:20:47.90	02:20:47.90	+00:34:20 (24.4%)	6:40	9 (75.6%)
50	WĘGIEL Marcin	364	PKO BANK POLSKI	Senior Mężczyzn	15	00:00:05	02:21:38.10	02:21:38.10	+00:35:10 (24.8%)	6:42	8.9 (74.8%)
51	PACHURA Kinga	282	ULTRA BABIA	Masters Kobiet	4	00:00:02	02:22:01.25	02:22:01.25	+00:35:33 (25.0%)	6:43	8.9 (74.8%)
52	DYTLOF Marcin	148		Masters Mężczyzn	30	00:00:09	02:22:08.35	02:22:08.35	+00:35:40 (25.1%)	6:44	8.9 (74.8%)
53	KUCAK Daniel	1062		Masters Mężczyzn	31	00:00:14	02:22:50.90	02:22:50.90	+00:36:23 (25.5%)	6:46	8.9 (74.8%)
54	WIECZOREK Agata	365		Masters Kobiet	5	00:00:03	02:23:00.10	02:23:00.10	+00:36:32 (25.6%)	6:46	8.9 (74.8%)
55	MASTELA Andrzej	244		Masters Mężczyzn	32	00:00:02	02:23:09.30	02:23:09.30	+00:36:41 (25.6%)	6:47	8.8 (73.9%)
56	WOJTYCZKA Wojciech	1028	GÓRAL Z MAZUR RUNNING TEAM	Masters Mężczyzn	33	00:00:15	02:24:04.05	02:24:04.05	+00:37:36 (26.1%)	6:49	8.8 (73.9%)
57	SIKORA Tomasz	316	ARTUR.KUREK.PRO	Masters Mężczyzn	34	00:00:07	02:25:26.90	02:25:26.90	+00:38:59 (26.8%)	6:53	8.7 (73.1%)
58	STELMACH Damian	1015	DOGOŃ GM/ GÓRAL Z MAZUR RUNNING TEAM	Masters Mężczyzn	35	00:00:07	02:25:53.40	02:25:53.40	+00:39:25 (27.0%)	6:54	8.7 (73.1%)
59	SZCZĘSNA Edyta	338		Senior Kobiet	1	00:00:03	02:25:54.20	02:25:54.20	+00:39:26 (27.0%)	6:54	8.7 (73.1%)
60	MAREK Dariusz	416	#RÓBSWOJE	Masters Mężczyzn	36	00:00:01	02:26:03.85	02:26:03.85	+00:39:36 (27.1%)	6:55	8.7 (73.1%)

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61	KUPIS Łukasz	1047		Senior Mężczyzn	16	00:00:02	02:27:07.00	02:27:07.00	+00:40:39 (27.6%)	6:58	8.6 (72.3%)
62	KUSZKA Michał	34	STS BIEGATON MIKOŁÓW	Masters Mężczyzn	37	00:00:13	02:27:55.40	02:27:55.40	+00:41:27 (28.0%)	7:00	8.6 (72.3%)
63	MALSKI Tomasz	241		Senior Mężczyzn	17	00:02:08	02:28:01.40	02:28:01.40	+00:41:33 (28.1%)	7:00	8.6 (72.3%)
64	WĘGRZYN Katarzyna	1049		Masters Kobiet	6	00:00:11	02:28:25.00	02:28:25.00	+00:41:57 (28.3%)	7:02	8.5 (71.4%)
65	PACIOREK Ewa	401	KOBIETA BIEGA	Masters Kobiet	7	00:00:05	02:28:57.05	02:28:57.05	+00:42:29 (28.5%)	7:03	8.5 (71.4%)
66	CHWESIUK Paweł	126		Masters Mężczyzn	38	00:00:03	02:29:04.95	02:29:04.95	+00:42:37 (28.6%)	7:03	8.5 (71.4%)
67	DUBOWIECKI Witek	143	CHATA BIEGACZA K34 ZAKOPANE	Weteran Mężczyzn	4	00:00:06	02:29:46.30	02:29:46.30	+00:43:18 (28.9%)	7:05	8.5 (71.4%)
68	GĘBUSIA Grzegorz	165		Senior Mężczyzn	18	00:00:03	02:30:15.55	02:30:15.55	+00:43:47 (29.1%)	7:07	8.4 (70.6%)
69	PUCHAŁA Łukasz	303		Senior Mężczyzn	19	00:00:08	02:30:23.95	02:30:23.95	+00:43:56 (29.2%)	7:07	8.4 (70.6%)
70	PIECUCH Marcin	403	ZAŁOGA GÓRSKA	Masters Mężczyzn	39	00:00:15	02:30:43.40	02:30:43.40	+00:44:15 (29.4%)	7:08	8.4 (70.6%)
71	NAPIERAŁA Marcin	264		Masters Mężczyzn	40	00:00:11	02:30:44.80	02:30:44.80	+00:44:17 (29.4%)	7:08	8.4 (70.6%)
72	HOŁDA Jerzy	177	HOLDASY / DŻRT	Masters Mężczyzn	41	00:00:08	02:31:18.60	02:31:18.60	+00:44:50 (29.6%)	7:10	8.4 (70.6%)
73	DYLAĞ Andrzej	1040		Masters Mężczyzn	42	00:00:03	02:31:30.75	02:31:30.75	+00:45:03 (29.7%)	7:10	8.4 (70.6%)
74	TURLEJ Dariusz	357	KONDYCJA	Weteran Mężczyzn	5	00:00:11	02:31:34.40	02:31:34.40	+00:45:06 (29.8%)	7:10	8.4 (70.6%)
75	GRZYMAŁA Krzysztof	173	CHATA BIEGACZA K34	Masters Mężczyzn	43	00:00:07	02:31:37.90	02:31:37.90	+00:45:10 (29.8%)	7:11	8.4 (70.6%)
76	PUDZISZ Piotr	304		Masters Mężczyzn	44	00:00:23	02:31:47.75	02:31:47.75	+00:45:20 (29.9%)	7:11	8.3 (69.7%)
77	ZAUCHA Mateusz	389	LKS BURZYN	Senior Mężczyzn	20	00:00:19	02:32:01.15	02:32:01.15	+00:45:33 (30.0%)	7:12	8.3 (69.7%)
78	ULIKOWSKA Martyna	402	ZAŁOGA GÓRSKA	Senior Kobiet	2	00:00:04	02:32:11.40	02:32:11.40	+00:45:43 (30.0%)	7:12	8.3 (69.7%)
79	TRZCIONKOWSKI Mariusz	353	OSV TEAM	Masters Mężczyzn	45	00:05:35	02:32:28.70	02:32:28.70	+00:46:01 (30.2%)	7:13	8.3 (69.7%)
80	BOSAK Dominik	410	GÓRKA TEAM	Masters Mężczyzn	46	00:00:18	02:32:36.90	02:32:36.90	+00:46:09 (30.2%)	7:13	8.3 (69.7%)
81	DZIEDZIC Grzegorz	149		Masters Mężczyzn	47	00:00:23	02:32:39.35	02:32:39.35	+00:46:11 (30.3%)	7:14	8.3 (69.7%)
82	SUJAK Mirosław	331		Weteran Mężczyzn	6	00:00:04	02:33:01.70	02:33:01.70	+00:46:34 (30.4%)	7:15	8.3 (69.7%)
83	GAWRON Tomasz	161	EL LOBO NEGRO	Masters Mężczyzn	48	00:00:07	02:33:27.00	02:33:27.00	+00:46:59 (30.6%)	7:16	8.3 (69.7%)

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84	KOCJAN Rafał	205		Senior Mężczyzn	21	00:00:14	02:34:00.85	02:34:00.85	+00:47:33 (30.9%)	7:17	8.2 (68.9%)
85	BOŃSKA Karolina	113	A NA CO TO KOMU POTRZEBNE	Senior Kobiet	3	00:00:05	02:34:14.30	02:34:14.30	+00:47:46 (31.0%)	7:18	8.2 (68.9%)
86	MISZTAL Rafał	250	LOS PANTALONES ROJOS	Weteran Mężczyzn	7	00:00:32	02:34:58.30	02:34:58.30	+00:48:30 (31.3%)	7:20	8.2 (68.9%)
87	CHOMICZ Krzysztof	125		Masters Mężczyzn	49	00:00:06	02:35:06.10	02:35:06.10	+00:48:38 (31.4%)	7:21	8.2 (68.9%)
88	PABIAN Paweł	280	NOCNY BÓR TEAM	Senior Mężczyzn	22	00:00:10	02:36:10.15	02:36:10.15	+00:49:42 (31.8%)	7:24	8.1 (68.1%)
89	KUSION Anna	220	EKIPA Z TARNOWA	Weteran Kobiet	1	00:00:05	02:36:10.45	02:36:10.45	+00:49:42 (31.8%)	7:24	8.1 (68.1%)
90	FILIPOWSKI Rafał	153	KUBAPIECHTEAM	Masters Mężczyzn	50	00:00:05	02:36:22.05	02:36:22.05	+00:49:54 (31.9%)	7:24	8.1 (68.1%)
91	PACIA Sebastian	1017		Masters Mężczyzn	51	00:00:11	02:36:36.90	02:36:36.90	+00:50:09 (32.0%)	7:25	8.1 (68.1%)
92	POTAŚ Dariusz	420	ULTRA-TRAIL® MAŁOPOLSKA TEAM	Weteran Mężczyzn	8	00:00:34	02:37:19.55	02:37:19.55	+00:50:51 (32.3%)	7:27	8 (67.2%)
93	PIECUCH Karolina	405		Masters Kobiet	8	00:00:04	02:37:55.60	02:37:55.60	+00:51:27 (32.6%)	7:29	8 (67.2%)
94	STEFANOWSKI Dominik	418	ULTRA-TRAIL® MAŁOPOLSKA TEAM	Masters Mężczyzn	52	00:00:42	02:37:56.85	02:37:56.85	+00:51:29 (32.6%)	7:29	8 (67.2%)
95	OSUCH Katarzyna	277	PERŁA TELATYN	Senior Kobiet	4	00:00:07	02:38:05.20	02:38:05.20	+00:51:37 (32.7%)	7:29	8 (67.2%)
96	PIEGZA Tomasz	400		Masters Mężczyzn	53	00:00:06	02:38:30.95	02:38:30.95	+00:52:03 (32.8%)	7:30	8 (67.2%)
97	ŁAPA Piotr	232	AKTYWNA PSZCZYNA RUNNERS TEAM	Masters Mężczyzn	54	00:00:04	02:38:52.00	02:38:52.00	+00:52:24 (33.0%)	7:31	8 (67.2%)
98	BOCHENEK Magdalena	109	G.O.A.T. TEAM MICHAŁOWICE	Senior Kobiet	5	00:00:02	02:39:24.85	02:39:24.85	+00:52:57 (33.2%)	7:33	7.9 (66.4%)
99	DOROBISZ Wojtek	141		Senior Mężczyzn	23	00:00:35	02:39:38.05	02:39:38.05	+00:53:10 (33.3%)	7:33	7.9 (66.4%)
99	KUBIK Maciej	218	SUPERAUTO.PL	Senior Mężczyzn	23	00:00:35	02:39:38.05	02:39:38.05	+00:53:10 (33.3%)	7:33	7.9 (66.4%)
101	GAWLIK Tomasz	413		Weteran Mężczyzn	9	00:01:45	02:40:22.95	02:40:22.95	+00:53:55 (33.6%)	7:36	7.9 (66.4%)
102	DRABIK - SŁOMKA Małgorzata	142		Masters Kobiet	9	00:00:02	02:40:24.90	02:40:24.90	+00:53:57 (33.6%)	7:36	7.9 (66.4%)
103	CHOJNACKI Mikołaj	124	WARSAW RUN CLUB	Masters Mężczyzn	55	00:00:30	02:40:54.50	02:40:54.50	+00:54:26 (33.8%)	7:37	7.9 (66.4%)
104	MIŚ Paweł	251	CZWARTUNIO TEAM	Masters Mężczyzn	56	00:00:18	02:40:54.60	02:40:54.60	+00:54:26 (33.8%)	7:37	7.9 (66.4%)
105	WIECZOREK Dominik	366		Masters Mężczyzn	57	00:00:21	02:41:07.70	02:41:07.70	+00:54:40 (33.9%)	7:38	7.9 (66.4%)
106	SZCZECHLA Grzegorz	337	INOV 8 TEAM	Senior Mężczyzn	25	00:00:01	02:41:49.35	02:41:49.35	+00:55:21 (34.2%)	7:40	7.8 (65.5%)

Place	Participant	Number	Club	Category	MCat	Turbacz 14km	Net time 21.1km	Czas brutto 21.1km	Gap	Pace min/km	Pace km/h
107	TOMECKA Aleksandra	419	ULTRA TRAIL MAŁOPOLSKA TEAM	Masters Kobiet	10	00:00:06	02:42:09.50	02:42:09.50	+00:55:41 (34.3%)	7:41	7.8 (65.5%)
108	BABIARZ Andrzej	101	A NA CO TO KOMU POTRZEBNE	Masters Mężczyzn	58	00:00:07	02:42:17.80	02:42:17.80	+00:55:50 (34.4%)	7:41	7.8 (65.5%)
109	MILEWSKI Mateusz	104	BĘDZIE DOBRZE ALBO NIEDOBRZE	Masters Mężczyzn	59	00:00:05	02:42:39.70	02:42:39.70	+00:56:12 (34.6%)	7:42	7.8 (65.5%)
110	IMIOŁEK Arkadiusz	180	ED-CERT	Weteran Mężczyzn	10	00:00:23	02:42:50.00	02:42:50.00	+00:56:22 (34.6%)	7:43	7.8 (65.5%)
111	STANKIEWICZ Anna	324	DOGOŃ GRODZISK MAZOWIECKI	Masters Kobiet	11	00:00:12	02:42:50.30	02:42:50.30	+00:56:22 (34.6%)	7:43	7.8 (65.5%)
112	KONOPKA Szymon	207	ZWIEDZANIE PRZEZ BIEGANIE	Senior Mężczyzn	26	00:00:37	02:42:56.00	02:42:56.00	+00:56:28 (34.7%)	7:43	7.8 (65.5%)
113	KRUPA Roman	215		Masters Mężczyzn	60	00:00:22	02:43:01.35	02:43:01.35	+00:56:33 (34.7%)	7:43	7.8 (65.5%)
114	ŚLIWA Agnieszka	346	AZS AWF KRAKÓW MASTERS	Masters Kobiet	12	00:00:12	02:43:06.55	02:43:06.55	+00:56:38 (34.7%)	7:43	7.8 (65.5%)
115	DYGACZ Agnieszka	146	LHOTSE TEAM / 42K PRO TEAM	Masters Kobiet	13	00:00:02	02:43:18.00	02:43:18.00	+00:56:50 (34.8%)	7:44	7.8 (65.5%)
116	DORDZIK Katarzyna	1045		Masters Kobiet	14	00:00:09	02:43:36.35	02:43:36.35	+00:57:08 (34.9%)	7:45	7.7 (64.7%)
117	KOTECKA Edyta	210	A NA CO TO KOMU POTRZEBNE	Masters Kobiet	15	00:00:06	02:43:45.30	02:43:45.30	+00:57:17 (35.0%)	7:45	7.7 (64.7%)
118	KLIMCZAK Piotr	201	DONT GIVE UP!	Senior Mężczyzn	27	00:00:02	02:43:47.20	02:43:47.20	+00:57:19 (35.0%)	7:45	7.7 (64.7%)
119	TROJANOWSKI Artur	352	KB WIKON NOWA SÓL	Senior Mężczyzn	28	00:00:06	02:44:07.75	02:44:07.75	+00:57:40 (35.1%)	7:46	7.7 (64.7%)
120	OSYSZKO Izabela	278	WOLSKI KOLEKTYW BIEGOWY	Senior Kobiet	6	00:00:08	02:44:07.95	02:44:07.95	+00:57:40 (35.1%)	7:46	7.7 (64.7%)
121	BORUCKI Jakub	114	DRUŻYNA MUFY	Senior Mężczyzn	29	00:00:18	02:44:15.90	02:44:15.90	+00:57:48 (35.2%)	7:47	7.7 (64.7%)
122	URBANIAK Łukasz	361		Masters Mężczyzn	61	00:00:05	02:44:54.90	02:44:54.90	+00:58:27 (35.4%)	7:48	7.7 (64.7%)
123	KOSIERADZKI Łukasz	209		Senior Mężczyzn	30	00:00:05	02:44:57.75	02:44:57.75	+00:58:30 (35.5%)	7:49	7.7 (64.7%)
124	ZAJDER Paweł	384		Senior Mężczyzn	31	00:00:07	02:45:32.35	02:45:32.35	+00:59:04 (35.7%)	7:50	7.6 (63.9%)
125	ADAMOWSKI Marcin	1063		Masters Mężczyzn	62	00:00:26	02:45:33.35	02:45:33.35	+00:59:05 (35.7%)	7:50	7.6 (63.9%)
126	JONIK Anna	245		Senior Kobiet	7	00:00:07	02:45:35.35	02:45:35.35	+00:59:07 (35.7%)	7:50	7.6 (63.9%)
127	STRUK Jacek	328		Masters Mężczyzn	63	00:06:22	02:45:35.40	02:45:35.40	+00:59:07 (35.7%)	7:50	7.6 (63.9%)
128	KOBA Ania	203		Masters Kobiet	16	00:00:11	02:45:58.10	02:45:58.10	+00:59:30 (35.9%)	7:51	7.6 (63.9%)
129	JANIK Jacek	186		Masters Mężczyzn	64	00:00:08	02:45:59.50	02:45:59.50	+00:59:31 (35.9%)	7:51	7.6 (63.9%)

Place	Participant	Number	Club	Category	MCat	Turbacz 14km	Net time 21.1km	Czas brutto 21.1km	Gap	Pace min/km	Pace km/h
130	KOMENZA Marcin	206		Masters Mężczyzn	65	00:00:08	02:46:50.65	02:46:50.65	+01:00:22 (36.2%)	7:54	7.6 (63.9%)
131	PLUCIŃSKI Jakub	298	DRAGON RUNNERS	Senior Mężczyzn	32	00:00:15	02:47:20.20	02:47:20.20	+01:00:52 (36.4%)	7:55	7.6 (63.9%)
132	NOWIŃSKI Marcin	270	DRAGON RUNNERS	Senior Mężczyzn	33	00:00:15	02:47:20.80	02:47:20.80	+01:00:53 (36.4%)	7:55	7.6 (63.9%)
133	DASZKOWSKA Olga	135	BŁĘKITNA XVII-TKA	Masters Kobiet	17	00:00:20	02:47:29.20	02:47:29.20	+01:01:01 (36.4%)	7:56	7.6 (63.9%)
134	KOZIOŁ Artur	1014		Masters Mężczyzn	66		02:47:43.00	02:47:43.00	+01:01:15 (36.5%)	7:56	7.5 (63.0%)
135	OSZYWA Damian	279	DAMCZI RUN	Masters Mężczyzn	67	00:00:13	02:47:59.95	02:47:59.95	+01:01:32 (36.6%)	7:57	7.5 (63.0%)
136	SKIBA Maciej	317	GOR3CA TEAM/SKIBASPORT.PL	Senior Mężczyzn	34	00:00:17	02:48:03.90	02:48:03.90	+01:01:36 (36.7%)	7:57	7.5 (63.0%)
137	JURA Maciej	193	ITMBW KRAKÓW	Senior Mężczyzn	35	00:00:04	02:48:05.50	02:48:05.50	+01:01:37 (36.7%)	7:57	7.5 (63.0%)
138	SZATANIK Zbigniew	336		Weteran Mężczyzn	11	00:00:03	02:48:12.90	02:48:12.90	+01:01:45 (36.7%)	7:58	7.5 (63.0%)
139	WARDAK Karol	363		Masters Mężczyzn	68	00:00:24	02:48:15.55	02:48:15.55	+01:01:47 (36.7%)	7:58	7.5 (63.0%)
140	BRODAKCI Wiesław	1027	40 - LATEK TYCHY	Weteran Mężczyzn	12	00:00:07	02:48:21.20	02:48:21.20	+01:01:53 (36.8%)	7:58	7.5 (63.0%)
141	WILK Michał	369	NOKIA KRAKOW	Senior Mężczyzn	36	00:00:06	02:48:38.35	02:48:38.35	+01:02:10 (36.9%)	7:59	7.5 (63.0%)
142	GAWROŃSKI Sebastian	163	A NA CO TO KOMU POTRZEBNE	Masters Mężczyzn	69	00:00:16	02:48:42.30	02:48:42.30	+01:02:14 (36.9%)	7:59	7.5 (63.0%)
143	STEFANIUK Marzena	327	A NA CO TO KOMU POTRZEBNE	Masters Kobiet	18	00:00:17	02:48:47.95	02:48:47.95	+01:02:20 (36.9%)	7:59	7.5 (63.0%)
144	SZYSZKA Tomasz	344	KB OMB	Masters Mężczyzn	70	00:00:10	02:49:19.90	02:49:19.90	+01:02:52 (37.1%)	8:01	7.5 (63.0%)
145	BOCZKOWSKA Justyna	110		Weteran Kobiet	2	00:00:03	02:49:31.80	02:49:31.80	+01:03:04 (37.2%)	8:02	7.5 (63.0%)
146	ZASADA Bartek	388		Senior Mężczyzn	37	00:00:05	02:50:07.25	02:50:07.25	+01:03:39 (37.4%)	8:03	7.4 (62.2%)
147	FORMAS Adrian	154	HATI TEAM	Senior Mężczyzn	38	00:00:13	02:50:07.85	02:50:07.85	+01:03:40 (37.4%)	8:03	7.4 (62.2%)
148	STACHOWSKI Damian	323	CZWARTUNIO TEAM	Masters Mężczyzn	71	00:00:19	02:50:26.70	02:50:26.70	+01:03:59 (37.5%)	8:04	7.4 (62.2%)
149	LABURDA Kinga	223	BRZYSKI TRI TEAM	Masters Kobiet	19	00:00:02	02:50:28.60	02:50:28.60	+01:04:00 (37.6%)	8:04	7.4 (62.2%)
150	KWAK Łukasz	221	CZWARTUNIO TEAM	Masters Mężczyzn	72	00:00:19	02:50:45.00	02:50:45.00	+01:04:17 (37.7%)	8:05	7.4 (62.2%)
151	SOKÓŁ Sylwia	321		Masters Kobiet	20	00:00:19	02:50:49.90	02:50:49.90	+01:04:22 (37.7%)	8:05	7.4 (62.2%)
152	GÓRECKI Łukasz	168		Masters Mężczyzn	73	00:00:10	02:52:00.50	02:52:00.50	+01:05:32 (38.1%)	8:09	7.4 (62.2%)

Place	Participant	Number	Club	Category	MCat	Turbacz 14km	Net time 21.1km	Czas brutto 21.1km	Gap	Pace min/km	Pace km/h
153	ZAJĄC Andrzej	1012	MAŁOPOLSKA ULTRA TRIAL /GRUPALUKTRANS.PL	Masters Mężczyzn	74	00:00:28	02:52:21.70	02:52:21.70	+01:05:54 (38.2%)	8:10	7.3 (61.3%)
154	GUBERNIAK-ZAJĄC Renata	1011	ULTRA-TRAIL MAŁOPOLSKA	Masters Kobiet	21	00:00:28	02:52:21.80	02:52:21.80	+01:05:54 (38.2%)	8:10	7.3 (61.3%)
155	TULIK Przemysław	356		Weteran Mężczyzn	13	00:00:14	02:53:27.45	02:53:27.45	+01:06:59 (38.6%)	8:13	7.3 (61.3%)
156	KNAPIK Krzysztof	202		Masters Mężczyzn	75	00:00:04	02:54:21.50	02:54:21.50	+01:07:53 (38.9%)	8:15	7.3 (61.3%)
157	ŚLEDZIOWSKI Andrzej	345	LACHO TEAM	Weteran Mężczyzn	14	00:00:37	02:54:33.00	02:54:33.00	+01:08:05 (39.0%)	8:16	7.3 (61.3%)
158	JATCZAK Monika	189		Masters Kobiet	22	00:00:06	02:54:54.10	02:54:54.10	+01:08:26 (39.1%)	8:17	7.2 (60.5%)
159	WIŚNIEWSKI Michał	372		Masters Mężczyzn	76	00:00:31	02:55:25.15	02:55:25.15	+01:08:57 (39.3%)	8:18	7.2 (60.5%)
160	BAGNOWSKI Łukasz	102		Masters Mężczyzn	77	00:00:13	02:55:27.15	02:55:27.15	+01:08:59 (39.3%)	8:18	7.2 (60.5%)
161	WIELIŃSKA-JACHYMIAK Olga	367	SPECJALISTYCZNY GABINET REHABILITACJI DZIECI	Masters Kobiet	23	00:00:08	02:55:30.35	02:55:30.35	+01:09:02 (39.3%)	8:19	7.2 (60.5%)
162	PIĘTKA Marzena	294		Masters Kobiet	24	00:00:18	02:55:30.65	02:55:30.65	+01:09:02 (39.3%)	8:19	7.2 (60.5%)
163	PRUCHNIEWSKA Agnieszka	301		Masters Kobiet	25	00:00:11	02:56:17.10	02:56:17.10	+01:09:49 (39.6%)	8:21	7.2 (60.5%)
164	JACKOWSKI Zbigniew	183	ŚWIĘTOKRZYSKI WLÓCZYKIJ	Weteran Mężczyzn	15	00:00:07	02:58:30.95	02:58:30.95	+01:12:03 (40.4%)	8:27	7.1 (59.7%)
165	ŻYŁKA Piotr	399		Senior Mężczyzn	39	00:00:19	02:58:45.10	02:58:45.10	+01:12:17 (40.4%)	8:28	7.1 (59.7%)
166	DRABIK-SŁOMKA Małgorzata	1069		Masters Kobiet	26	00:00:29	02:59:14.30	02:59:14.30	+01:12:46 (40.6%)	8:29	7.1 (59.7%)
167	MARTYNA Bogusz	243	PX 28 AZYMUT 300 TEAM	Senior Mężczyzn	40	00:00:19	02:59:43.70	02:59:43.70	+01:13:16 (40.8%)	8:31	7 (58.8%)
168	WALCZAK Jan	1065		12:00	1	00:00:25	02:59:55.35	02:59:55.35	+01:13:27 (40.8%)	8:31	7 (58.8%)
169	GRYZ Jacek	172	SUNFIT STUDIO	Masters Mężczyzn	78	00:00:18	02:59:56.50	02:59:56.50	+01:13:28 (40.8%)	8:31	7 (58.8%)
170	PIECZARKOWSKA-MRÓZ Zuzanna	291	KKM KALORYFER	Senior Kobiet	8	00:01:24	03:00:10.65	03:00:10.65	+01:13:42 (40.9%)	8:32	7 (58.8%)
171	OSINSKI Norbert	276		Senior Mężczyzn	41	00:00:13	03:00:37.70	03:00:37.70	+01:14:10 (41.1%)	8:33	7 (58.8%)
172	WOŹNIAK Janusz	381	JANUSZ WOŹNIAK	Weteran Mężczyzn	16	00:00:09	03:01:15.00	03:01:15.00	+01:14:47 (41.3%)	8:35	7 (58.8%)
173	HORBATIUK Lidiia	178	RUN21	Masters Kobiet	27	00:00:13	03:02:17.85	03:02:17.85	+01:15:50 (41.6%)	8:38	6.9 (58.0%)
174	RZYMOWSKA Krystyna	314		Weteran Kobiet	3	00:00:08	03:02:20.15	03:02:20.15	+01:15:52 (41.6%)	8:38	6.9 (58.0%)
175	PŁYWACZ Wojciech	299	CZWARTUNIO TEAM	Senior Mężczyzn	42	00:00:16	03:02:51.20	03:02:51.20	+01:16:23 (41.8%)	8:39	6.9 (58.0%)

Place	Participant	Number	Club	Category	MCat	Turbacz 14km	Net time 21.1km	Czas brutto 21.1km	Gap	Pace min/km	Pace km/h
176	NIECIAĞ Sabina	267	CZWARTUNIO TEAM	Masters Kobiet	28	00:00:19	03:02:51.60	03:02:51.60	+01:16:23 (41.8%)	8:39	6.9 (58.0%)
177	TULA Renata	355	NEW BALANCE RUN CLUB	Weteran Kobiet	4	00:00:07	03:02:52.55	03:02:52.55	+01:16:24 (41.8%)	8:40	6.9 (58.0%)
178	SOBCZAK Aleksandra	319		Senior Kobiet	9	00:00:06	03:03:06.35	03:03:06.35	+01:16:38 (41.9%)	8:40	6.9 (58.0%)
179	KWIATKOWSKA Martyna	222	MIRAZ RACE TEAM	Senior Kobiet	10	00:00:24	03:03:49.05	03:03:49.05	+01:17:21 (42.1%)	8:42	6.9 (58.0%)
180	ZARZECZNY Radosław	387	JUNIOR AMATOR SUPERSTAR	Masters Mężczyzn	79	00:00:32	03:04:13.55	03:04:13.55	+01:17:45 (42.2%)	8:43	6.9 (58.0%)
181	MITIS Marek	252		Senior Mężczyzn	43	00:00:53	03:04:13.60	03:04:13.60	+01:17:45 (42.2%)	8:43	6.9 (58.0%)
182	BIGOŚ Monika	106		Masters Kobiet	29	00:00:03	03:04:43.05	03:04:43.05	+01:18:15 (42.4%)	8:45	6.9 (58.0%)
183	WIŚNIEWSKA Katarzyna	373		Masters Kobiet	30	00:00:25	03:04:52.10	03:04:52.10	+01:18:24 (42.4%)	8:45	6.8 (57.1%)
184	NOWAKOWSKA Beata	269	RACE FIGHTER GOSIR DĘBE WIELKIE	Masters Kobiet	31	00:00:11	03:05:54.00	03:05:54.00	+01:19:26 (42.7%)	8:48	6.8 (57.1%)
185	OCHNICKI Jakub	272		Masters Mężczyzn	80	00:00:34	03:06:00.10	03:06:00.10	+01:19:32 (42.8%)	8:48	6.8 (57.1%)
186	TYSZER Pawel	360	MAJA TEAM	Masters Mężczyzn	81	00:00:08	03:06:03.95	03:06:03.95	+01:19:36 (42.8%)	8:49	6.8 (57.1%)
187	NAMIOTA Urszula	262	MARATOŃCZYK DĘBICA	Weteran Kobiet	5	00:00:04	03:06:21.60	03:06:21.60	+01:19:53 (42.9%)	8:49	6.8 (57.1%)
188	STWORA Arkadiusz	330		Masters Mężczyzn	82	00:00:25	03:06:33.75	03:06:33.75	+01:20:06 (42.9%)	8:50	6.8 (57.1%)
189	REDEK Sylwia	309	TEAM ZABIEGANEDNI	Masters Kobiet	32	00:00:10	03:06:39.05	03:06:39.05	+01:20:11 (43.0%)	8:50	6.8 (57.1%)
190	WOJTYCZKA Katarzyna	1029	GÓRAL Z MAZUR RUNNING TEAM	Masters Kobiet	33	00:00:15	03:06:49.55	03:06:49.55	+01:20:21 (43.0%)	8:51	6.8 (57.1%)
191	GÓRNA Anita	169	LPP TEAM	Masters Kobiet	34	00:00:17	03:07:53.40	03:07:53.40	+01:21:25 (43.3%)	8:54	6.7 (56.3%)
192	CEBO Agnieszka	121	MIRAZ RACE TEAM	Senior Kobiet	11	00:00:24	03:08:18.70	03:08:18.70	+01:21:51 (43.5%)	8:55	6.7 (56.3%)
193	MILARSKI Andrzej	247	SKAWINA BIEGA	Weteran Mężczyzn	17	00:00:26	03:08:32.75	03:08:32.75	+01:22:05 (43.5%)	8:56	6.7 (56.3%)
194	RUTA Maciej	313	ŁÓDŹRUNCREW	Masters Mężczyzn	83	00:00:10	03:08:49.40	03:08:49.40	+01:22:21 (43.6%)	8:56	6.7 (56.3%)
195	GÓRKA Bogumił	411	GÓRKA TEAM	Weteran Mężczyzn	18	00:00:34	03:09:31.50	03:09:31.50	+01:23:03 (43.8%)	8:58	6.7 (56.3%)
196	BUGAJ Krzysztof	117	NIENAŻARTE MISIE	Masters Mężczyzn	84	00:00:16	03:09:36.40	03:09:36.40	+01:23:08 (43.9%)	8:59	6.7 (56.3%)
197	WOJTOWICZ Stanisław	378		Masters Mężczyzn	85	00:00:05	03:09:45.40	03:09:45.40	+01:23:17 (43.9%)	8:59	6.7 (56.3%)
198	GONET Radosław	166	GONET TEAM	Masters Mężczyzn	86	00:00:07	03:09:45.70	03:09:45.70	+01:23:18 (43.9%)	8:59	6.7 (56.3%)

Place	Participant	Number	Club	Category	MCat	Turbacz 14km	Net time 21.1km	Czas brutto 21.1km	Gap	Pace min/km	Pace km/h
199	MOSKWA Magdalena	255		Masters Kobiet	35	00:00:22	03:09:48.40	03:09:48.40	+01:23:20 (43.9%)	8:59	6.7 (56.3%)
200	BOJARUN Marek	112	ZDROWO POBIEGANY	Masters Mężczyzn	87	00:00:23	03:09:48.70	03:09:48.70	+01:23:21 (43.9%)	8:59	6.7 (56.3%)
201	KATOLIK Jolanta	195	CROSTRENING RACIBÓRZ	Masters Kobiet	36	00:00:14	03:10:21.90	03:10:21.90	+01:23:54 (44.1%)	9:01	6.7 (56.3%)
202	CZAPSKI Piotr	130		Weteran Mężczyzn	19	00:00:28	03:11:17.10	03:11:17.10	+01:24:49 (44.3%)	9:03	6.6 (55.5%)
203	TIČINOVIĆ Daniel	349	BŁĘKITNA XVII-TKA	Senior Mężczyzn	44	00:00:42	03:11:26.40	03:11:26.40	+01:24:58 (44.4%)	9:04	6.6 (55.5%)
204	MITAS Dariusz	1071		Masters Mężczyzn	88	00:00:06	03:11:44.05	03:11:44.05	+01:25:16 (44.5%)	9:05	6.6 (55.5%)
205	WAŁDOWSKA Natalia	1057		Senior Kobiet	12	00:00:29	03:12:02.50	03:12:02.50	+01:25:34 (44.6%)	9:06	6.6 (55.5%)
206	MIELCZAREK Mateusz	246	STS BIEGATON MIKOŁÓW	Senior Mężczyzn	45	00:00:14	03:12:05.70	03:12:05.70	+01:25:38 (44.6%)	9:06	6.6 (55.5%)
207	SURDEL Ola	333	PADEREK TEAM	Masters Kobiet	37	00:00:23	03:12:13.15	03:12:13.15	+01:25:45 (44.6%)	9:06	6.6 (55.5%)
208	IZDEBSKI Mariusz	181	OSV TEAM	Weteran Mężczyzn	20	00:04:17	03:12:40.95	03:12:40.95	+01:26:13 (44.7%)	9:07	6.6 (55.5%)
209	RĘKOSIEWICZ-TOKARZ Monika	311	GŁOGOVIĄ GŁOGÓW MAŁOPOLSKI	Masters Kobiet	38	00:00:20	03:12:47.90	03:12:47.90	+01:26:20 (44.8%)	9:08	6.6 (55.5%)
210	ŁUKAWSKI Marcin	1067		Masters Mężczyzn	89	00:00:25	03:13:15.00	03:13:15.00	+01:26:47 (44.9%)	9:09	6.6 (55.5%)
211	KĄDZIOŁKA Anna	197		Senior Kobiet	13	00:00:16	03:13:21.65	03:13:21.65	+01:26:53 (44.9%)	9:09	6.5 (54.6%)
212	KABZIŃSKI Marcin	194		Masters Mężczyzn	90	00:00:16	03:13:21.95	03:13:21.95	+01:26:54 (44.9%)	9:09	6.5 (54.6%)
213	GRAJ Marianna	170	STRZESZYN BIEGA	Masters Kobiet	39	00:00:16	03:13:29.65	03:13:29.65	+01:27:01 (45.0%)	9:10	6.5 (54.6%)
214	PAWELCZYK Krzysztof	412		Masters Mężczyzn	91	00:00:23	03:13:39.70	03:13:39.70	+01:27:12 (45.0%)	9:10	6.5 (54.6%)
215	ZIELIŃSKA-KOŁACZ Ewelina	392		Masters Kobiet	40	00:00:22	03:14:31.70	03:14:31.70	+01:28:04 (45.3%)	9:13	6.5 (54.6%)
216	DUDEK Monika	144		Masters Kobiet	41	00:00:09	03:15:05.90	03:15:05.90	+01:28:38 (45.4%)	9:14	6.5 (54.6%)
217	DZIOBÓŃ Marcin	150		Masters Mężczyzn	92	00:00:15	03:15:08.95	03:15:08.95	+01:28:41 (45.4%)	9:14	6.5 (54.6%)
218	CHACHLOWSKI Łukasz	122		Masters Mężczyzn	93	00:00:12	03:15:13.50	03:15:13.50	+01:28:45 (45.5%)	9:15	6.5 (54.6%)
219	KIERYS Renata	198		Masters Kobiet	42	00:00:09	03:15:33.50	03:15:33.50	+01:29:05 (45.6%)	9:16	6.5 (54.6%)
220	PIEJKO Joanna	292	BŁĘKITNA XVII-TKA	Masters Kobiet	43	00:00:21	03:15:34.50	03:15:34.50	+01:29:06 (45.6%)	9:16	6.5 (54.6%)
221	WRÓBEL Aleksander	1068		Masters Mężczyzn	94	00:00:41	03:15:39.20	03:15:39.20	+01:29:11 (45.6%)	9:16	6.5 (54.6%)

Place	Participant	Number	Club	Category	MCat	Turbacz 14km	Net time 21.1km	Czas brutto 21.1km	Gap	Pace min/km	Pace km/h
222	JANIK Anna	185		Masters Kobiet	44	00:00:10	03:16:44.20	03:16:44.20	+01:30:16 (45.9%)	9:19	6.4 (53.8%)
223	JAGIEŁOWICZ Rafał	184		Masters Mężczyzn	95	00:00:08	03:16:44.80	03:16:44.80	+01:30:17 (45.9%)	9:19	6.4 (53.8%)
224	WAJDA Adam	362		Masters Mężczyzn	96	00:00:12	03:16:55.75	03:16:55.75	+01:30:28 (45.9%)	9:19	6.4 (53.8%)
225	WIERTELORZ Paweł	368		Masters Mężczyzn	97	00:00:13	03:16:55.80	03:16:55.80	+01:30:28 (45.9%)	9:19	6.4 (53.8%)
226	TARGOSZ Justyna	348		Masters Kobiet	45	00:00:12	03:16:55.90	03:16:55.90	+01:30:28 (45.9%)	9:19	6.4 (53.8%)
227	ŁUSZCZYK Magdalena	235	KLUB BIEGACZA MIA	Masters Kobiet	46	00:00:27	03:17:51.70	03:17:51.70	+01:31:24 (46.2%)	9:22	6.4 (53.8%)
228	PIOTROWSKA Edyta	296		Masters Kobiet	47	00:00:09	03:17:52.65	03:17:52.65	+01:31:24 (46.2%)	9:22	6.4 (53.8%)
229	IBRAHIM Shadi	179		Masters Mężczyzn	98	00:00:10	03:18:57.75	03:18:57.75	+01:32:30 (46.5%)	9:25	6.4 (53.8%)
230	CAPUTA Tomasz	407		Senior Mężczyzn	46	00:18:18	03:20:17.05	03:20:17.05	+01:33:49 (46.8%)	9:29	6.3 (52.9%)
231	GRĘBOWSKA Dagmara	171		Masters Kobiet	48	00:00:10	03:20:49.95	03:20:49.95	+01:34:22 (47.0%)	9:31	6.3 (52.9%)
232	CHADUŁA Adrian	123	NIENAŻARTE MISIE	Senior Mężczyzn	47	00:00:16	03:21:04.80	03:21:04.80	+01:34:37 (47.1%)	9:31	6.3 (52.9%)
233	GELETA Marek	164		Weteran Mężczyzn	21	00:00:10	03:21:21.30	03:21:21.30	+01:34:53 (47.1%)	9:32	6.3 (52.9%)
234	ZIMNOTA Łukasz	394		Masters Mężczyzn	99	00:00:12	03:22:00.75	03:22:00.75	+01:35:33 (47.3%)	9:34	6.3 (52.9%)
235	NAMIOTA Marek	263		Weteran Mężczyzn	22	00:00:05	03:22:43.15	03:22:43.15	+01:36:15 (47.5%)	9:36	6.2 (52.1%)
236	MISZCZAK Katarzyna	249	MIRAZ RACE TEAM	Masters Kobiet	49	00:00:24	03:23:12.65	03:23:12.65	+01:36:44 (47.6%)	9:37	6.2 (52.1%)
237	SZŁĘZAK Sławomir	274	MIRAZ RACE TEAM	Masters Mężczyzn	100	00:00:25	03:23:13.55	03:23:13.55	+01:36:45 (47.6%)	9:37	6.2 (52.1%)
238	CZOCHARA Robert	132		Masters Mężczyzn	101	00:00:27	03:23:14.35	03:23:14.35	+01:36:46 (47.6%)	9:37	6.2 (52.1%)
239	NIECHWIEJ Michał	266	NRPS	Senior Mężczyzn	48	00:00:17	03:24:24.05	03:24:24.05	+01:37:56 (47.9%)	9:41	6.2 (52.1%)
240	GAWRON Jarosław	162	GERIATRIC ROOM	Masters Mężczyzn	102	00:00:24	03:24:54.45	03:24:54.45	+01:38:26 (48.0%)	9:42	6.2 (52.1%)
241	DYDERSKA Wioletta	145		Masters Kobiet	50	00:00:20	03:25:29.35	03:25:29.35	+01:39:01 (48.2%)	9:44	6.2 (52.1%)
242	WINIARCZYK Adrian	370		Masters Mężczyzn	103	00:00:20	03:25:29.60	03:25:29.60	+01:39:01 (48.2%)	9:44	6.2 (52.1%)
243	MRÓZ Bartłomiej	257		Masters Mężczyzn	104	00:00:37	03:25:36.00	03:25:36.00	+01:39:08 (48.2%)	9:44	6.2 (52.1%)
244	MROZIK Magdalena	256	POWER TRAINING	Masters Kobiet	51	00:00:20	03:26:15.70	03:26:15.70	+01:39:48 (48.4%)	9:46	6.1 (51.3%)

Place	Participant	Number	Club	Category	MCat	Turbacz 14km	Net time 21.1km	Czas brutto 21.1km	Gap	Pace min/km	Pace km/h
245	BOBINSKA Marta	108		Masters Kobiet	52	00:00:22	03:26:15.80	03:26:15.80	+01:39:48 (48.4%)	9:46	6.1 (51.3%)
246	OSIECKA Beata	1052		Weteran Kobiet	6	00:00:29	03:26:38.35	03:26:38.35	+01:40:10 (48.5%)	9:47	6.1 (51.3%)
247	RÓŻAŃSKA Monika	312		Masters Kobiet	53	00:00:31	03:26:39.90	03:26:39.90	+01:40:12 (48.5%)	9:47	6.1 (51.3%)
248	ŁUSZCZYK Andrzej	234	KLUB BIEGACZA MILA	Masters Mężczyzn	105	00:00:28	03:26:52.90	03:26:52.90	+01:40:25 (48.5%)	9:48	6.1 (51.3%)
249	PIECUCH Małgorzata	406		Weteran Kobiet	7	00:00:17	03:28:11.95	03:28:11.95	+01:41:44 (48.9%)	9:51	6.1 (51.3%)
250	MORAWSKA Anna	254	KONDYCJA	Weteran Kobiet	8	00:00:11	03:28:52.00	03:28:52.00	+01:42:24 (49.0%)	9:53	6.1 (51.3%)
251	CABAŃSKA Dorota	120		Masters Kobiet	54	00:00:08	03:29:38.65	03:29:38.65	+01:43:10 (49.2%)	9:56	6 (50.4%)
252	LISZKOWSKI Artur	230		Weteran Mężczyzn	23	00:00:42	03:29:45.60	03:29:45.60	+01:43:17 (49.2%)	9:56	6 (50.4%)
253	KISIAŁA Filip	199	TATA WOJTUSIA	Masters Mężczyzn	106	00:00:37	03:30:01.00	03:30:01.00	+01:43:33 (49.3%)	9:57	6 (50.4%)
254	MAKARENKOV Sergii	240	DOGOŃ GRODZISK MAZOWIECKI	Masters Mężczyzn	107	00:00:26	03:30:33.45	03:30:33.45	+01:44:05 (49.4%)	9:58	6 (50.4%)
255	WOJCIESZAK Klaudia	376		Masters Kobiet	55	00:00:26	03:30:33.60	03:30:33.60	+01:44:05 (49.4%)	9:58	6 (50.4%)
256	DŁUGOSZ Marcin	137		Masters Mężczyzn	108	00:00:37	03:30:37.00	03:30:37.00	+01:44:09 (49.5%)	9:58	6 (50.4%)
257	WYSZKOWSKA Marzena	382		Masters Kobiet	56	00:00:22	03:31:02.85	03:31:02.85	+01:44:35 (49.6%)	10:00	6 (50.4%)
258	WOJTON Malgorzata	1013	PORANNY PATROL	Masters Kobiet	57	00:00:19	03:32:21.20	03:32:21.20	+01:45:53 (49.9%)	10:03	6 (50.4%)
259	DZIŻA-URBANIAK Natalia	152		Masters Kobiet	58	00:00:10	03:32:26.65	03:32:26.65	+01:45:58 (49.9%)	10:04	6 (50.4%)
260	GAIDA Jan	156	BIEGAM BO CHCĘ	Weteran Mężczyzn	24	00:00:14	03:33:05.35	03:33:05.35	+01:46:37 (50.0%)	10:05	5.9 (49.6%)
261	MAŚLANKIEWICZ Dawid	465	OKIEM WILKA	Senior Mężczyzn	49	00:59:46	03:33:35.50	03:33:35.50	+01:47:07 (50.2%)	10:07	5.9 (49.6%)
262	SZYMASZEK Artur	343		Masters Mężczyzn	109	00:00:06	03:34:10.20	03:34:10.20	+01:47:42 (50.3%)	10:09	5.9 (49.6%)
263	STUDNIK Agu	329	HURAGAN LIGOTA	Masters Kobiet	59	00:00:22	03:34:51.65	03:34:51.65	+01:48:23 (50.5%)	10:10	5.9 (49.6%)
264	KOWALIK Marcin	408	SPARTAN TRAINING GROUP SOSNOWIEC	Masters Mężczyzn	110	00:00:14	03:35:39.40	03:35:39.40	+01:49:11 (50.6%)	10:13	5.9 (49.6%)
265	NOWAK Paulina	409	UNIT37	Masters Kobiet	60	00:00:13	03:35:39.60	03:35:39.60	+01:49:11 (50.6%)	10:13	5.9 (49.6%)
266	CZOCHARA Marta	131		Masters Kobiet	61	00:00:27	03:37:29.80	03:37:29.80	+01:51:02 (51.1%)	10:18	5.8 (48.7%)
267	WIŚNIEWSKI Bartosz	374		Masters Mężczyzn	111	00:01:03	03:37:47.25	03:37:47.25	+01:51:19 (51.1%)	10:19	5.8 (48.7%)

Place	Participant	Number	Club	Category	MCat	Turbacz 14km	Net time 21.1km	Czas brutto 21.1km	Gap	Pace min/km	Pace km/h
268	DALGIEWICZ Dariusz	134		Weteran Mężczyzn	25	00:00:08	03:38:17.15	03:38:17.15	+01:51:49 (51.2%)	10:20	5.8 (48.7%)
269	ZWIERZYŃSKI Roman	397	LECĘ BO CHCĘ	Weteran Mężczyzn	26	00:00:20	03:38:58.60	03:38:58.60	+01:52:30 (51.4%)	10:22	5.8 (48.7%)
270	FRANCZAK Katarzyna	1070		13:00	1	00:14:33	03:40:25.30	03:40:25.30	+01:53:57 (51.7%)	10:26	5.7 (47.9%)
271	FILAS Rafał	404		Masters Mężczyzn	112	00:00:18	03:49:08.90	03:49:08.90	+02:02:41 (53.5%)	10:51	5.5 (46.2%)
272	KOSZYCKA Dorota	1058		Senior Kobiet	14	00:00:29	03:49:19.10	03:49:19.10	+02:02:51 (53.6%)	10:52	5.5 (46.2%)
273	NICIEJA Anna	265		Masters Kobiet	62	00:05:26	03:50:58.15	03:50:58.15	+02:04:30 (53.9%)	10:56	5.5 (46.2%)
274	SŁOTWIŃSKA Sylwia	318	WYDOLNOSC.PL	Masters Kobiet	63	00:00:05	03:51:44.30	03:51:44.30	+02:05:16 (54.1%)	10:58	5.5 (46.2%)
275	CYBULSKA Dominika	127	WYDOLNOŚĆ.PL	Masters Kobiet	64	00:00:05	03:51:44.70	03:51:44.70	+02:05:17 (54.1%)	10:58	5.5 (46.2%)
276	CYBULSKI Piotr	128		Masters Mężczyzn	113	00:00:06	03:51:45.30	03:51:45.30	+02:05:17 (54.1%)	10:59	5.5 (46.2%)
277	PALUCH Karol	285		Masters Mężczyzn	114	00:00:21	03:52:27.25	03:52:27.25	+02:05:59 (54.2%)	11:00	5.4 (45.4%)
278	PALUCH Piotr	284		Masters Mężczyzn	115	00:00:21	03:52:27.60	03:52:27.60	+02:05:59 (54.2%)	11:00	5.4 (45.4%)
279	SOŁTYSIAK Marta	322		Masters Kobiet	65	00:00:12	03:56:05.50	03:56:05.50	+02:09:37 (54.9%)	11:11	5.4 (45.4%)
280	WOŹNIAK Lidia	380	PORMAT JEDLICZE BIEGA	Weteran Kobiet	9	00:00:10	03:56:07.50	03:56:07.50	+02:09:39 (54.9%)	11:11	5.4 (45.4%)
281	BULANDA Barbara	118	ŻUBRY BOCHNIA	Masters Kobiet	66	00:00:13	03:56:21.25	03:56:21.25	+02:09:53 (55.0%)	11:12	5.4 (45.4%)
282	ŁAPA Aleksandra	231	4A	Masters Kobiet	67	00:00:18	03:56:54.00	03:56:54.00	+02:10:26 (55.1%)	11:13	5.3 (44.5%)
283	KAŹMIERCZAK Aleksandra	196	SKORUPA TEAM	Masters Kobiet	68	00:00:19	03:56:54.05	03:56:54.05	+02:10:26 (55.1%)	11:13	5.3 (44.5%)
284	SOKOŁOWSKI Artur	320	TEAM ZABIEGANEDNI	Masters Mężczyzn	116	00:00:12	03:57:18.30	03:57:18.30	+02:10:50 (55.1%)	11:14	5.3 (44.5%)
285	MAGOCZY Adam	236		Masters Mężczyzn	117	00:00:46	03:58:37.00	03:58:37.00	+02:12:09 (55.4%)	11:18	5.3 (44.5%)
285	MAGOCZY Justyna	237		Senior Kobiet	15	00:00:47	03:58:37.00	03:58:37.00	+02:12:09 (55.4%)	11:18	5.3 (44.5%)
287	GWOŹDZIEWICZ Tomasz	175		Masters Mężczyzn	118	00:00:20	03:58:43.90	03:58:43.90	+02:12:16 (55.4%)	11:18	5.3 (44.5%)
288	..	1066		12:00	2	00:00:12	03:58:53.20	03:58:53.20	+02:12:25 (55.4%)	11:19	5.3 (44.5%)
289	JOZEFIAK Marta	192		Senior Kobiet	16	00:00:27	03:59:04.70	03:59:04.70	+02:12:37 (55.5%)	11:19	5.3 (44.5%)
290	ZWAAN Johan	396		Masters Mężczyzn	119	00:00:27	03:59:04.80	03:59:04.80	+02:12:37 (55.5%)	11:19	5.3 (44.5%)

Place	Participant	Number	Club	Category	MCat	Turbacz 14km	Net time 21.1km	Czas brutto 21.1km	Gap	Pace min/km	Pace km/h
291	PASTERNAK Stanisław	288	OLKUSZBIEGA.PL	Weteran Mężczyzn	27	00:05:11	03:59:23.15	03:59:23.15	+02:12:55 (55.5%)	11:20	5.3 (44.5%)
292	DZIÓBEK Sylwia	151		Masters Kobiet	69	00:00:15	03:59:58.60	03:59:58.60	+02:13:30 (55.6%)	11:22	5.3 (44.5%)
293	LOSOR Andrzej	1043		Masters Mężczyzn	120	00:00:37	04:01:05.00	04:01:05.00	+02:14:37 (55.8%)	11:25	5.3 (44.5%)
294	PILISZEK Krzysztof	295		Masters Mężczyzn	121	00:00:24	04:01:10.55	04:01:10.55	+02:14:42 (55.9%)	11:25	5.2 (43.7%)
295	JAWORSKI Mateusz	190		Senior Mężczyzn	50	00:00:21	04:22:54.35	04:22:54.35	+02:36:26 (59.5%)	12:27	4.8 (40.3%)
296	KIWIOR Izabela	200		Masters Kobiet	70	00:00:09	04:23:43.95	04:23:43.95	+02:37:16 (59.6%)	12:29	4.8 (40.3%)
297	PAWELEC Krystyna	289	DOGOŃ GRODZISK MAZOWIECKI	Weteran Kobiet	10	00:00:29	04:28:06.90	04:28:06.90	+02:41:39 (60.3%)	12:42	4.7 (39.5%)
298	TRZECIECKA Magdalena	354	BRAK	Weteran Kobiet	11	00:00:32	04:29:30.90	04:29:30.90	+02:43:03 (60.5%)	12:46	4.7 (39.5%)
298	DOBROWOLSKA Natalia	139		Senior Kobiet	17	00:00:32	04:29:30.90	04:29:30.90	+02:43:03 (60.5%)	12:46	4.7 (39.5%)
DQ	MAJEWSKA Joanna	239	PGE RUN OBRÓT	Masters Kobiet		00:00:01 DQ	02:14:59.55 DQ	DQ		0:00	9.4 (79.0%)
DQ	RACZEK Radosław	305	GORĄCY POTOK TEAM	Senior Mężczyzn		00:00:02 DQ	02:45:33.55 DQ	DQ		0:00	7.6 (63.9%)
	ZAKRZYŃSKI Paweł	385	CSC ADVENTURE ACADEMY	Masters Mężczyzn		00:00:04 DNF	DNF	DNF		-	- (0.0%)
	MANJURA Tomasz	242	CSC ADVENTURE ACADEMY	Senior Mężczyzn		00:00:04 DNF	DNF	DNF		-	- (0.0%)

Total 303 results.