



# ZIMNA POŁÓWKA | TWT 21KM

B4SPORT

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

**Wydarzenie:**  
**Organizator:**

Turbacz Winter Trail  
Fundacja Rozwoju Sportu i Promocji Obronności  
"MURAWA"  
2022-02-12  
Nowy Targ  
21.1 km

**Data:**  
**Miejsce:**  
**Dystans:**

Klasyfikacja: Kobiety

| Msc | Zawodnik           | Numer | Klub                      | Kategoria         | Mkat | Turbacz<br>14km | Czas<br>netto<br>21.1km | Czas<br>brutto<br>21.1km | Różn                 | Tempo<br>min/km | Tempo<br>km/h  |
|-----|--------------------|-------|---------------------------|-------------------|------|-----------------|-------------------------|--------------------------|----------------------|-----------------|----------------|
| 1   | GÓRALIK Sylwia     | 167   | TKKF UKLEJNA              | Masters<br>Kobiet | 1    | 00:00:01        | 02:16:31.50             | 02:16:31.50              |                      | 6:28            | 9.3<br>(100%)  |
| 2   | GALEWICZ Katarzyna | 159   |                           | Masters<br>Kobiet | 2    | 00:01:00        | 02:17:31.95             | 02:17:31.95              | +00:01:00<br>(0.7%)  | 6:31            | 9.2<br>(98.9%) |
| 3   | ZBIJOWSKA Ewelina  | 390   | HATI TEAM                 | Masters<br>Kobiet | 3    | 00:00:07        | 02:18:37.50             | 02:18:37.50              | +00:02:06<br>(1.5%)  | 6:34            | 9.1<br>(97.8%) |
| 4   | PACHURA Kinga      | 282   | ULTRA BABIA               | Masters<br>Kobiet | 4    | 00:00:02        | 02:22:01.25             | 02:22:01.25              | +00:05:29<br>(3.9%)  | 6:43            | 8.9<br>(95.7%) |
| 5   | WIECZOREK Agata    | 365   |                           | Masters<br>Kobiet | 5    | 00:00:03        | 02:23:00.10             | 02:23:00.10              | +00:06:28<br>(4.5%)  | 6:46            | 8.9<br>(95.7%) |
| 6   | SZCZĘSNA Edyta     | 338   |                           | Senior Kobiet     | 1    | 00:00:03        | 02:25:54.20             | 02:25:54.20              | +00:09:22<br>(6.4%)  | 6:54            | 8.7<br>(93.5%) |
| 7   | WĘGRZYN Katarzyna  | 1049  |                           | Masters<br>Kobiet | 6    | 00:00:11        | 02:28:25.00             | 02:28:25.00              | +00:11:53<br>(8.0%)  | 7:02            | 8.5<br>(91.4%) |
| 8   | PACIOREK Ewa       | 401   | KOBIETA BIEGA             | Masters<br>Kobiet | 7    | 00:00:05        | 02:28:57.05             | 02:28:57.05              | +00:12:25<br>(8.3%)  | 7:03            | 8.5<br>(91.4%) |
| 9   | ULIKOWSKA Martyna  | 402   | ZAŁOGA GÓRSKA             | Senior Kobiet     | 2    | 00:00:04        | 02:32:11.40             | 02:32:11.40              | +00:15:39<br>(10.3%) | 7:12            | 8.3<br>(89.2%) |
| 10  | BOŃSKA Karolina    | 113   | A NA CO TO KOMU POTRZEBNE | Senior Kobiet     | 3    | 00:00:05        | 02:34:14.30             | 02:34:14.30              | +00:17:42<br>(11.5%) | 7:18            | 8.2<br>(88.2%) |
| 11  | KUSION Anna        | 220   | EKIPA Z TARNOWA           | Weteran<br>Kobiet | 1    | 00:00:05        | 02:36:10.45             | 02:36:10.45              | +00:19:38<br>(12.6%) | 7:24            | 8.1<br>(87.1%) |
| 12  | PIECUCH Karolina   | 405   |                           | Masters<br>Kobiet | 8    | 00:00:04        | 02:37:55.60             | 02:37:55.60              | +00:21:24<br>(13.6%) | 7:29            | 8 (86.0%)      |
| 13  | OSUCH Katarzyna    | 277   | PERŁA TELATYN             | Senior Kobiet     | 4    | 00:00:07        | 02:38:05.20             | 02:38:05.20              | +00:21:33<br>(13.6%) | 7:29            | 8 (86.0%)      |
| 14  | BOCHENEK Magdalena | 109   | G.O.A.T. TEAM MICHAŁOWICE | Senior Kobiet     | 5    | 00:00:02        | 02:39:24.85             | 02:39:24.85              | +00:22:53<br>(14.4%) | 7:33            | 7.9<br>(84.9%) |

| Msc | Zawodnik                      | Numer | Klub                                         | Kategoria         | Mkat | Turbacz<br>14km | Czas<br>netto<br>21.1km | Czas<br>brutto<br>21.1km | Różn                 | Tempo<br>min/km | Tempo<br>km/h  |
|-----|-------------------------------|-------|----------------------------------------------|-------------------|------|-----------------|-------------------------|--------------------------|----------------------|-----------------|----------------|
| 15  | DRABIK - SŁOMKA Małgorzata    | 142   |                                              | Masters<br>Kobiet | 9    | 00:00:02        | 02:40:24.90             | 02:40:24.90              | +00:23:53<br>(14.9%) | 7:36            | 7.9<br>(84.9%) |
| 16  | TOMECKA Aleksandra            | 419   | ULTRA TRAIL MAŁOPOLSKA TEAM                  | Masters<br>Kobiet | 10   | 00:00:06        | 02:42:09.50             | 02:42:09.50              | +00:25:38<br>(15.8%) | 7:41            | 7.8<br>(83.9%) |
| 17  | STANKIEWICZ Anna              | 324   | DOGOŃ GRODZISK MAZOWIECKI                    | Masters<br>Kobiet | 11   | 00:00:12        | 02:42:50.30             | 02:42:50.30              | +00:26:18<br>(16.2%) | 7:43            | 7.8<br>(83.9%) |
| 18  | ŚLIWA Agnieszka               | 346   | AZS AWF KRAKÓW MASTERS                       | Masters<br>Kobiet | 12   | 00:00:12        | 02:43:06.55             | 02:43:06.55              | +00:26:35<br>(16.3%) | 7:43            | 7.8<br>(83.9%) |
| 19  | DYGACZ Agnieszka              | 146   | LHOTSE TEAM / 42K PRO TEAM                   | Masters<br>Kobiet | 13   | 00:00:02        | 02:43:18.00             | 02:43:18.00              | +00:26:46<br>(16.4%) | 7:44            | 7.8<br>(83.9%) |
| 20  | DORDZIK Katarzyna             | 1045  |                                              | Masters<br>Kobiet | 14   | 00:00:09        | 02:43:36.35             | 02:43:36.35              | +00:27:04<br>(16.6%) | 7:45            | 7.7<br>(82.8%) |
| 21  | KOTECKA Edyta                 | 210   | A NA CO TO KOMU POTRZEBNE                    | Masters<br>Kobiet | 15   | 00:00:06        | 02:43:45.30             | 02:43:45.30              | +00:27:13<br>(16.6%) | 7:45            | 7.7<br>(82.8%) |
| 22  | OSYSZKO Izabela               | 278   | WOLSKI KOLEKTYW BIEGOWY                      | Senior<br>Kobiet  | 6    | 00:00:08        | 02:44:07.95             | 02:44:07.95              | +00:27:36<br>(16.8%) | 7:46            | 7.7<br>(82.8%) |
| 23  | JONIK Anna                    | 245   |                                              | Senior<br>Kobiet  | 7    | 00:00:07        | 02:45:35.35             | 02:45:35.35              | +00:29:03<br>(17.6%) | 7:50            | 7.6<br>(81.7%) |
| 24  | KOBA Ania                     | 203   |                                              | Masters<br>Kobiet | 16   | 00:00:11        | 02:45:58.10             | 02:45:58.10              | +00:29:26<br>(17.7%) | 7:51            | 7.6<br>(81.7%) |
| 25  | DASZKOWSKA Olga               | 135   | BŁĘKITNA XVII-TKA                            | Masters<br>Kobiet | 17   | 00:00:20        | 02:47:29.20             | 02:47:29.20              | +00:30:57<br>(18.5%) | 7:56            | 7.6<br>(81.7%) |
| 26  | STEFANIUK Marzena             | 327   | A NA CO TO KOMU POTRZEBNE                    | Masters<br>Kobiet | 18   | 00:00:17        | 02:48:47.95             | 02:48:47.95              | +00:32:16<br>(19.1%) | 7:59            | 7.5<br>(80.6%) |
| 27  | BOCZKOWSKA Justyna            | 110   |                                              | Weteran<br>Kobiet | 2    | 00:00:03        | 02:49:31.80             | 02:49:31.80              | +00:33:00<br>(19.5%) | 8:02            | 7.5<br>(80.6%) |
| 28  | LABURDA Kinga                 | 223   | BRZYSKI TRI TEAM                             | Masters<br>Kobiet | 19   | 00:00:02        | 02:50:28.60             | 02:50:28.60              | +00:33:57<br>(19.9%) | 8:04            | 7.4<br>(79.6%) |
| 29  | SOKÓŁ Sylwia                  | 321   |                                              | Masters<br>Kobiet | 20   | 00:00:19        | 02:50:49.90             | 02:50:49.90              | +00:34:18<br>(20.1%) | 8:05            | 7.4<br>(79.6%) |
| 30  | GUBERNIAK-ZAJĄC Renata        | 1011  | ULTRA-TRAIL MAŁOPOLSKA                       | Masters<br>Kobiet | 21   | 00:00:28        | 02:52:21.80             | 02:52:21.80              | +00:35:50<br>(20.8%) | 8:10            | 7.3<br>(78.5%) |
| 31  | JATCZAK Monika                | 189   |                                              | Masters<br>Kobiet | 22   | 00:00:06        | 02:54:54.10             | 02:54:54.10              | +00:38:22<br>(21.9%) | 8:17            | 7.2<br>(77.4%) |
| 32  | WIELIŃSKA-JACHYMIAK Olga      | 367   | SPECJALISTYCZNY GABINET REHABILITACJI DZIECI | Masters<br>Kobiet | 23   | 00:00:08        | 02:55:30.35             | 02:55:30.35              | +00:38:58<br>(22.2%) | 8:19            | 7.2<br>(77.4%) |
| 33  | PIĘTKA Marzena                | 294   |                                              | Masters<br>Kobiet | 24   | 00:00:18        | 02:55:30.65             | 02:55:30.65              | +00:38:59<br>(22.2%) | 8:19            | 7.2<br>(77.4%) |
| 34  | PRUCHNIEWSKA Agnieszka        | 301   |                                              | Masters<br>Kobiet | 25   | 00:00:11        | 02:56:17.10             | 02:56:17.10              | +00:39:45<br>(22.6%) | 8:21            | 7.2<br>(77.4%) |
| 35  | DRABIK-SŁOMKA Małgorzata      | 1069  |                                              | Masters<br>Kobiet | 26   | 00:00:29        | 02:59:14.30             | 02:59:14.30              | +00:42:42<br>(23.8%) | 8:29            | 7.1<br>(76.3%) |
| 36  | PIECZARKOWSKA-MRÓZ<br>Zuzanna | 291   | KKM KALORYFER                                | Senior<br>Kobiet  | 8    | 00:01:24        | 03:00:10.65             | 03:00:10.65              | +00:43:39<br>(24.2%) | 8:32            | 7 (75.3%)      |
| 37  | HORBATIUK Lidiia              | 178   | RUN21                                        | Masters<br>Kobiet | 27   | 00:00:13        | 03:02:17.85             | 03:02:17.85              | +00:45:46<br>(25.1%) | 8:38            | 6.9<br>(74.2%) |

| Msc | Zawodnik                  | Numer | Klub                            | Kategoria         | Mkat | Turbacz<br>14km | Czas<br>netto<br>21.1km | Czas<br>brutto<br>21.1km | Różn                 | Tempo<br>min/km | Tempo<br>km/h  |
|-----|---------------------------|-------|---------------------------------|-------------------|------|-----------------|-------------------------|--------------------------|----------------------|-----------------|----------------|
| 38  | RZYMOWSKA Krystyna        | 314   |                                 | Weteran<br>Kobiet | 3    | 00:00:08        | 03:02:20.15             | 03:02:20.15              | +00:45:48<br>(25.1%) | 8:38            | 6.9<br>(74.2%) |
| 39  | NIECIAĞ Sabina            | 267   | CZWARTUNIO TEAM                 | Masters<br>Kobiet | 28   | 00:00:19        | 03:02:51.60             | 03:02:51.60              | +00:46:20<br>(25.3%) | 8:39            | 6.9<br>(74.2%) |
| 40  | TULA Renata               | 355   | NEW BALANCE RUN CLUB            | Weteran<br>Kobiet | 4    | 00:00:07        | 03:02:52.55             | 03:02:52.55              | +00:46:21<br>(25.3%) | 8:40            | 6.9<br>(74.2%) |
| 41  | SOBCZAK Aleksandra        | 319   |                                 | Senior Kobiet     | 9    | 00:00:06        | 03:03:06.35             | 03:03:06.35              | +00:46:34<br>(25.4%) | 8:40            | 6.9<br>(74.2%) |
| 42  | KWIATKOWSKA Martyna       | 222   | MIRAZ RACE TEAM                 | Senior Kobiet     | 10   | 00:00:24        | 03:03:49.05             | 03:03:49.05              | +00:47:17<br>(25.7%) | 8:42            | 6.9<br>(74.2%) |
| 43  | BIGOŚ Monika              | 106   |                                 | Masters<br>Kobiet | 29   | 00:00:03        | 03:04:43.05             | 03:04:43.05              | +00:48:11<br>(26.1%) | 8:45            | 6.9<br>(74.2%) |
| 44  | WIŚNIEWSKA Katarzyna      | 373   |                                 | Masters<br>Kobiet | 30   | 00:00:25        | 03:04:52.10             | 03:04:52.10              | +00:48:20<br>(26.2%) | 8:45            | 6.8<br>(73.1%) |
| 45  | NOWAKOWSKA Beata          | 269   | RACE FIGHTER GOSIR DĘBE WIELKIE | Masters<br>Kobiet | 31   | 00:00:11        | 03:05:54.00             | 03:05:54.00              | +00:49:22<br>(26.6%) | 8:48            | 6.8<br>(73.1%) |
| 46  | NAMIOTA Urszula           | 262   | MARATOŃCZYK DĘBICA              | Weteran<br>Kobiet | 5    | 00:00:04        | 03:06:21.60             | 03:06:21.60              | +00:49:50<br>(26.7%) | 8:49            | 6.8<br>(73.1%) |
| 47  | REDEK Sylwia              | 309   | TEAM ZABIEGANEDNI               | Masters<br>Kobiet | 32   | 00:00:10        | 03:06:39.05             | 03:06:39.05              | +00:50:07<br>(26.9%) | 8:50            | 6.8<br>(73.1%) |
| 48  | WOJTYCZKA Katarzyna       | 1029  | GÓRAL Z MAZUR RUNNING TEAM      | Masters<br>Kobiet | 33   | 00:00:15        | 03:06:49.55             | 03:06:49.55              | +00:50:18<br>(26.9%) | 8:51            | 6.8<br>(73.1%) |
| 49  | GÓRNA Anita               | 169   | LPP TEAM                        | Masters<br>Kobiet | 34   | 00:00:17        | 03:07:53.40             | 03:07:53.40              | +00:51:21<br>(27.3%) | 8:54            | 6.7<br>(72.0%) |
| 50  | CEBO Agnieszka            | 121   | MIRAZ RACE TEAM                 | Senior Kobiet     | 11   | 00:00:24        | 03:08:18.70             | 03:08:18.70              | +00:51:47<br>(27.5%) | 8:55            | 6.7<br>(72.0%) |
| 51  | MOSKWA Magdalena          | 255   |                                 | Masters<br>Kobiet | 35   | 00:00:22        | 03:09:48.40             | 03:09:48.40              | +00:53:16<br>(28.1%) | 8:59            | 6.7<br>(72.0%) |
| 52  | KATOLIK Jolanta           | 195   | CROSSTRENING RACIBÓRZ           | Masters<br>Kobiet | 36   | 00:00:14        | 03:10:21.90             | 03:10:21.90              | +00:53:50<br>(28.3%) | 9:01            | 6.7<br>(72.0%) |
| 53  | WAŁDOWSKA Natalia         | 1057  |                                 | Senior Kobiet     | 12   | 00:00:29        | 03:12:02.50             | 03:12:02.50              | +00:55:31<br>(28.9%) | 9:06            | 6.6<br>(71.0%) |
| 54  | SURDEL Ola                | 333   | PADEREK TEAM                    | Masters<br>Kobiet | 37   | 00:00:23        | 03:12:13.15             | 03:12:13.15              | +00:55:41<br>(29.0%) | 9:06            | 6.6<br>(71.0%) |
| 55  | RĘKOSIEWICZ-TOKARZ Monika | 311   | GŁOGOVIĄ GŁOGÓW MAŁOPOLSKI      | Masters<br>Kobiet | 38   | 00:00:20        | 03:12:47.90             | 03:12:47.90              | +00:56:16<br>(29.2%) | 9:08            | 6.6<br>(71.0%) |
| 56  | KĄDZIOŁKA Anna            | 197   |                                 | Senior Kobiet     | 13   | 00:00:16        | 03:13:21.65             | 03:13:21.65              | +00:56:50<br>(29.4%) | 9:09            | 6.5<br>(69.9%) |
| 57  | GRAJ Marianna             | 170   | STRZESZYN BIEGA                 | Masters<br>Kobiet | 39   | 00:00:16        | 03:13:29.65             | 03:13:29.65              | +00:56:58<br>(29.4%) | 9:10            | 6.5<br>(69.9%) |
| 58  | ZIELIŃSKA-KOŁACZ Ewelina  | 392   |                                 | Masters<br>Kobiet | 40   | 00:00:22        | 03:14:31.70             | 03:14:31.70              | +00:58:00<br>(29.8%) | 9:13            | 6.5<br>(69.9%) |
| 59  | DUDEK Monika              | 144   |                                 | Masters<br>Kobiet | 41   | 00:00:09        | 03:15:05.90             | 03:15:05.90              | +00:58:34<br>(30.0%) | 9:14            | 6.5<br>(69.9%) |
| 60  | KIERYS Renata             | 198   |                                 | Masters<br>Kobiet | 42   | 00:00:09        | 03:15:33.50             | 03:15:33.50              | +00:59:02<br>(30.2%) | 9:16            | 6.5<br>(69.9%) |

| Msc | Zawodnik               | Numer | Klub              | Kategoria         | Mkat | Turbacz<br>14km | Czas            |                  | Różn                 | Tempo<br>min/km | Tempo<br>km/h  |
|-----|------------------------|-------|-------------------|-------------------|------|-----------------|-----------------|------------------|----------------------|-----------------|----------------|
|     |                        |       |                   |                   |      |                 | netto<br>21.1km | brutto<br>21.1km |                      |                 |                |
| 61  | PIEJKO Joanna          | 292   | BŁĘKITNA XVII-TKA | Masters<br>Kobiet | 43   | 00:00:21        | 03:15:34.50     | 03:15:34.50      | +00:59:03<br>(30.2%) | 9:16            | 6.5<br>(69.9%) |
| 62  | JANIK Anna             | 185   |                   | Masters<br>Kobiet | 44   | 00:00:10        | 03:16:44.20     | 03:16:44.20      | +01:00:12<br>(30.6%) | 9:19            | 6.4<br>(68.8%) |
| 63  | TARGOSZ Justyna        | 348   |                   | Masters<br>Kobiet | 45   | 00:00:12        | 03:16:55.90     | 03:16:55.90      | +01:00:24<br>(30.7%) | 9:19            | 6.4<br>(68.8%) |
| 64  | ŁUSZCZYK Magdalena     | 235   | KLUB BIEGACZA MIA | Masters<br>Kobiet | 46   | 00:00:27        | 03:17:51.70     | 03:17:51.70      | +01:01:20<br>(31.0%) | 9:22            | 6.4<br>(68.8%) |
| 65  | PIOTROWSKA Edyta       | 296   |                   | Masters<br>Kobiet | 47   | 00:00:09        | 03:17:52.65     | 03:17:52.65      | +01:01:21<br>(31.0%) | 9:22            | 6.4<br>(68.8%) |
| 66  | GRĘBOWSKA Dagmara      | 171   |                   | Masters<br>Kobiet | 48   | 00:00:10        | 03:20:49.95     | 03:20:49.95      | +01:04:18<br>(32.0%) | 9:31            | 6.3<br>(67.7%) |
| 67  | MISZCZAK Katarzyna     | 249   | MIRAZ RACE TEAM   | Masters<br>Kobiet | 49   | 00:00:24        | 03:23:12.65     | 03:23:12.65      | +01:06:41<br>(32.8%) | 9:37            | 6.2<br>(66.7%) |
| 68  | DYDERSKA Wioletta      | 145   |                   | Masters<br>Kobiet | 50   | 00:00:20        | 03:25:29.35     | 03:25:29.35      | +01:08:57<br>(33.6%) | 9:44            | 6.2<br>(66.7%) |
| 69  | MROZIK Magdalena       | 256   |                   | Masters<br>Kobiet | 51   | 00:00:20        | 03:26:15.70     | 03:26:15.70      | +01:09:44<br>(33.8%) | 9:46            | 6.1<br>(65.6%) |
| 70  | BOBINSKA Marta         | 108   | POWER TRAINING    | Masters<br>Kobiet | 52   | 00:00:22        | 03:26:15.80     | 03:26:15.80      | +01:09:44<br>(33.8%) | 9:46            | 6.1<br>(65.6%) |
| 71  | OSIECKA Beata          | 1052  |                   | Weteran<br>Kobiet | 6    | 00:00:29        | 03:26:38.35     | 03:26:38.35      | +01:10:06<br>(33.9%) | 9:47            | 6.1<br>(65.6%) |
| 72  | RÓŻAŃSKA Monika        | 312   |                   | Masters<br>Kobiet | 53   | 00:00:31        | 03:26:39.90     | 03:26:39.90      | +01:10:08<br>(33.9%) | 9:47            | 6.1<br>(65.6%) |
| 73  | PIECUCH Małgorzata     | 406   | KONDYCJA          | Weteran<br>Kobiet | 7    | 00:00:17        | 03:28:11.95     | 03:28:11.95      | +01:11:40<br>(34.4%) | 9:51            | 6.1<br>(65.6%) |
| 74  | MORAWSKA Anna          | 254   |                   | Weteran<br>Kobiet | 8    | 00:00:11        | 03:28:52.00     | 03:28:52.00      | +01:12:20<br>(34.6%) | 9:53            | 6.1<br>(65.6%) |
| 75  | CABAŃSKA Dorota        | 120   |                   | Masters<br>Kobiet | 54   | 00:00:08        | 03:29:38.65     | 03:29:38.65      | +01:13:07<br>(34.9%) | 9:56            | 6 (64.5%)      |
| 76  | WOJCIESZAK Klaudia     | 376   |                   | Masters<br>Kobiet | 55   | 00:00:26        | 03:30:33.60     | 03:30:33.60      | +01:14:02<br>(35.2%) | 9:58            | 6 (64.5%)      |
| 77  | WYSZKOWSKA Marzena     | 382   |                   | Masters<br>Kobiet | 56   | 00:00:22        | 03:31:02.85     | 03:31:02.85      | +01:14:31<br>(35.3%) | 10:00           | 6 (64.5%)      |
| 78  | WOJTON Małgorzata      | 1013  |                   | Masters<br>Kobiet | 57   | 00:00:19        | 03:32:21.20     | 03:32:21.20      | +01:15:49<br>(35.7%) | 10:03           | 6 (64.5%)      |
| 79  | DZIŻA-URBANIAK Natalia | 152   | HURAGAN LIGOTA    | Masters<br>Kobiet | 58   | 00:00:10        | 03:32:26.65     | 03:32:26.65      | +01:15:55<br>(35.7%) | 10:04           | 6 (64.5%)      |
| 80  | STUDNIK Agu            | 329   |                   | Masters<br>Kobiet | 59   | 00:00:22        | 03:34:51.65     | 03:34:51.65      | +01:18:20<br>(36.5%) | 10:10           | 5.9<br>(63.4%) |
| 81  | NOWAK Paulina          | 409   |                   | Masters<br>Kobiet | 60   | 00:00:13        | 03:35:39.60     | 03:35:39.60      | +01:19:08<br>(36.7%) | 10:13           | 5.9<br>(63.4%) |
| 82  | CZOCHARA Marta         | 131   | UNIT37            | Masters<br>Kobiet | 61   | 00:00:27        | 03:37:29.80     | 03:37:29.80      | +01:20:58<br>(37.2%) | 10:18           | 5.8<br>(62.4%) |
| 83  | FRANCZAK Katarzyna     | 1070  |                   | 13:00             | 1    | 00:14:33        | 03:40:25.30     | 03:40:25.30      | +01:23:53<br>(38.1%) | 10:26           | 5.7<br>(61.3%) |

| Msc | Zawodnik               | Numer | Klub                      | Kategoria         | Mkat | Turbacz<br>14km | Czas<br>netto<br>21.1km | Czas<br>brutto<br>21.1km | Różn                 | Tempo<br>min/km | Tempo<br>km/h   |
|-----|------------------------|-------|---------------------------|-------------------|------|-----------------|-------------------------|--------------------------|----------------------|-----------------|-----------------|
| 84  | KOSZYCKA Dorota        | 1058  |                           | Senior Kobiet     | 14   | 00:00:29        | 03:49:19.10             | 03:49:19.10              | +01:32:47<br>(40.5%) | 10:52           | 5.5<br>(59.1%)  |
| 85  | NICIEJA Anna           | 265   |                           | Masters<br>Kobiet | 62   | 00:05:26        | 03:50:58.15             | 03:50:58.15              | +01:34:26<br>(40.9%) | 10:56           | 5.5<br>(59.1%)  |
| 86  | SŁOTWIŃSKA Sylwia      | 318   | WYDOLNOSC.PL              | Masters<br>Kobiet | 63   | 00:00:05        | 03:51:44.30             | 03:51:44.30              | +01:35:12<br>(41.1%) | 10:58           | 5.5<br>(59.1%)  |
| 87  | CYBULSKA Dominika      | 127   | WYDOLNOŚĆ.PL              | Masters<br>Kobiet | 64   | 00:00:05        | 03:51:44.70             | 03:51:44.70              | +01:35:13<br>(41.1%) | 10:58           | 5.5<br>(59.1%)  |
| 88  | SOŁTYSIAK Marta        | 322   |                           | Masters<br>Kobiet | 65   | 00:00:12        | 03:56:05.50             | 03:56:05.50              | +01:39:34<br>(42.2%) | 11:11           | 5.4<br>(58.1%)  |
| 89  | WOŹNIAK Lidia          | 380   | PORMAT JEDLICZE BIEGA     | Weteran<br>Kobiet | 9    | 00:00:10        | 03:56:07.50             | 03:56:07.50              | +01:39:36<br>(42.2%) | 11:11           | 5.4<br>(58.1%)  |
| 90  | BULANDA Barbara        | 118   | ŻUBRY BOCHNIA             | Masters<br>Kobiet | 66   | 00:00:13        | 03:56:21.25             | 03:56:21.25              | +01:39:49<br>(42.2%) | 11:12           | 5.4<br>(58.1%)  |
| 91  | ŁAPA Aleksandra        | 231   | 4A                        | Masters<br>Kobiet | 67   | 00:00:18        | 03:56:54.00             | 03:56:54.00              | +01:40:22<br>(42.4%) | 11:13           | 5.3<br>(57.0%)  |
| 92  | KAŻMIERCZAK Aleksandra | 196   | SKORUPA TEAM              | Masters<br>Kobiet | 68   | 00:00:19        | 03:56:54.05             | 03:56:54.05              | +01:40:22<br>(42.4%) | 11:13           | 5.3<br>(57.0%)  |
| 93  | MAGOCSY Justyna        | 237   |                           | Senior Kobiet     | 15   | 00:00:47        | 03:58:37.00             | 03:58:37.00              | +01:42:05<br>(42.8%) | 11:18           | 5.3<br>(57.0%)  |
| 94  | JOZEFIAK Marta         | 192   |                           | Senior Kobiet     | 16   | 00:00:27        | 03:59:04.70             | 03:59:04.70              | +01:42:33<br>(42.9%) | 11:19           | 5.3<br>(57.0%)  |
| 95  | DZIÓBEK Sylwia         | 151   |                           | Masters<br>Kobiet | 69   | 00:00:15        | 03:59:58.60             | 03:59:58.60              | +01:43:27<br>(43.1%) | 11:22           | 5.3<br>(57.0%)  |
| 96  | KIWIOR Izabela         | 200   |                           | Masters<br>Kobiet | 70   | 00:00:09        | 04:23:43.95             | 04:23:43.95              | +02:07:12<br>(48.2%) | 12:29           | 4.8<br>(51.6%)  |
| 97  | PAWELEC Krystyna       | 289   | DOGOŃ GRODZISK MAZOWIECKI | Weteran<br>Kobiet | 10   | 00:00:29        | 04:28:06.90             | 04:28:06.90              | +02:11:35<br>(49.1%) | 12:42           | 4.7<br>(50.5%)  |
| 98  | TRZECIECKA Magdalena   | 354   | BRAK                      | Weteran<br>Kobiet | 11   | 00:00:32        | 04:29:30.90             | 04:29:30.90              | +02:12:59<br>(49.3%) | 12:46           | 4.7<br>(50.5%)  |
| 98  | DOBROWOLSKA Natalia    | 139   |                           | Senior Kobiet     | 17   | 00:00:32        | 04:29:30.90             | 04:29:30.90              | +02:12:59<br>(49.3%) | 12:46           | 4.7<br>(50.5%)  |
| DQ  | MAJEWSKA Joanna        | 239   | PGE RUN OBRÓT             | Masters<br>Kobiet |      | 00:00:01<br>DQ  | 02:14:59.55<br>DQ       | DQ                       |                      | 0:00            | 9.4<br>(101.1%) |

Znaleziono 100 wynik(ów)