

ZIMOWA BIESZCZADZKA DYCHA 2015

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Organizator: OTK Rzeźnik
Data: 2015-01-25
Miejsce: Cisna
Dystans: 10 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	BIKOWSKA-JUSIS Katarzyna	156	DŻ	K30	1	00:45:58.35	00:46:05.40		4:35	13.1 (100%)
2	GRUSZKO Alicja	30	TEAM BIKE CONCEPT STORE	K30	2	00:48:02.60	00:48:28.80	+00:02:23 (4.9%)	4:48	12.5 (95.4%)
3	SZCZUR Iwona	104	NOWA DĘBA	K30	3	00:52:30.00	00:53:04.80	+00:06:59 (13.2%)	5:15	11.4 (87.0%)
4	JĘDRZEJCZYK Agnieszka	38	RZESZÓW	K30	4	00:53:25.30	00:53:30.25	+00:07:24 (13.9%)	5:20	11.2 (85.5%)
5	PICHETA Magdalena	75	DISNEY VOLUNTEARS	K30	5	00:52:19.80	00:53:36.60	+00:07:31 (14.0%)	5:14	11.5 (87.8%)
6	BAŻYŃSKA Marta	5	LESZNO	K30	6	00:52:44.35	00:53:42.80	+00:07:37 (14.2%)	5:16	11.4 (87.0%)
7	SŁOBODA Elżbieta	93	USTRZYKI DOLNE	K30	7	00:53:18.85	00:53:47.55	+00:07:42 (14.3%)	5:19	11.3 (86.3%)
8	OBŁĄK Agnieszka	72	BIEGNĘ, ŻEBY BARTEK MÓGŁ BIEGAĆ	K30	8	00:53:15.85	00:54:01.60	+00:07:56 (14.7%)	5:19	11.3 (86.3%)
9	WOJCIECHOWSKA Katarzyna	128	SANDOMIERZ	K30	9	00:53:36.35	00:54:05.75	+00:08:00 (14.8%)	5:21	11.2 (85.5%)
10	FIRLEJ Agnieszka	170	WIERZOWA POLSKA	K30	10	00:54:31.90	00:54:42.55	+00:08:37 (15.8%)	5:27	11 (84.0%)
11	SOBIESKA Aleksandra	97	WARSZAWA	K30	11	00:54:17.40	00:55:31.75	+00:09:26 (17.0%)	5:25	11.1 (84.7%)
12	DYNARSKA-ŁYCZAK Iwona	23	KM TRUCHCIK ŁUBIANKA	K30	12	00:55:35.30	00:55:40.70	+00:09:35 (17.2%)	5:33	10.8 (82.4%)
13	SARNOWSKA Karolina	90	WARSZAWA	K30	13	00:55:03.85	00:55:59.70	+00:09:54 (17.7%)	5:30	10.9 (83.2%)
14	PITAS Sabina	78	ZAPIERDALACZE.PL	K30	14	00:56:20.55	00:56:34.00	+00:10:28 (18.5%)	5:38	10.6 (80.9%)
15	JAZEL Małgorzata	36	ASTERZENECA	K30	15	00:56:25.20	00:57:03.35	+00:10:57 (19.2%)	5:38	10.6 (80.9%)
16	KUCIA Beata	55	WARSZAWA	K30	16	00:57:29.35	00:57:43.35	+00:11:37 (20.2%)	5:44	10.4 (79.4%)
17	SŁUPEK-KUBAS Agnieszka	95	BIEGUNKA TEAM	K30	17	00:58:07.20	00:58:44.75	+00:12:39 (21.5%)	5:48	10.3 (78.6%)
18	PORĘBSKA Dorota	82	NOWA HUTA TEAM	K30	18	00:58:43.30	00:59:02.45	+00:12:57 (21.9%)	5:52	10.2 (77.9%)
19	PIETYRA Karolina	76	ŁOŻA SZYDERCÓW	K30	19	00:58:50.90	00:59:35.90	+00:13:30 (22.7%)	5:53	10.2 (77.9%)
20	BALIŃSKA Maria	2	MAJDAN	K30	20	00:59:54.30	01:00:35.25	+00:14:29 (23.9%)	5:59	10 (76.3%)
21	KRAJEWSKA Joanna	50	LEJDIS ORELEC	K30	21	01:00:16.25	01:00:41.10	+00:14:35 (24.1%)	6:01	10 (76.3%)
22	TOMCZYK Kamila	113	WROCŁAW	K30	22	01:01:12.15	01:01:31.55	+00:15:26 (25.1%)	6:07	9.8 (74.8%)
23	GOŁDA Anna	28	AŃCUT	K30	23	01:00:24.10	01:01:32.70	+00:15:27 (25.1%)	6:02	9.9 (75.6%)
24	KLISZ Agnieszka	45	LUBLIN	K30	24	01:02:29.75	01:03:06.10	+00:17:00 (27.0%)	6:15	9.6 (73.3%)
25	MALINOWSKA Anna	60	WOŁOMIN	K30	25	01:03:12.80	01:03:49.55	+00:17:44 (27.8%)	6:19	9.5 (72.5%)
26	SUWAŁA Anna	101	TREND GLASS RUNNING TEAM	K30	26	01:05:19.75	01:05:45.05	+00:19:39 (29.9%)	6:32	9.2 (70.2%)
27	WIERZBIŃSKA Karolina	123	WARSZAWA	K30	27	01:08:40.50	01:09:03.35	+00:22:57 (33.3%)	6:52	8.7 (66.4%)
28	WIERZBICKA Beata	153	KRAKÓW	K30	28	01:08:50.15	01:09:55.00	+00:23:49 (34.1%)	6:53	8.7 (66.4%)
29	GABRIEL Aleksandra	25	KRAKÓW	K30	29	01:10:11.70	01:10:30.05	+00:24:24 (34.6%)	7:01	8.5 (64.9%)
30	MERKLEJN Weronika	63	PZU SPORT TEAM	K30	30	01:10:05.85	01:10:38.65	+00:24:33 (34.8%)	7:00	8.6 (65.6%)

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31	KLAS Justyna	44	NH TEAM	K30	31	01:10:31.90	01:10:50.50	+00:24:45 (34.9%)	7:03	8.5 (64.9%)
32	SZUKALSKA-WALCZAK Ewa	147	PRUSZKÓW	K30	32	01:12:43.95	01:13:22.65	+00:27:17 (37.2%)	7:16	8.2 (62.6%)
33	BOBELLA Kasia	9	TRENDGLASS RUNNING TEAM	K30	33	01:21:26.70	01:21:48.15	+00:35:42 (43.7%)	8:08	7.4 (56.5%)

Znaleziono 33 wynik(ów)