

ZIMOWA BIESZCZADZKA DYCHA 2015

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Organiser: OTK Rzeźnik
Date: 2015-01-25
Place: Cisna
Distance: 10 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Classification: K40

Place	Participant	Number	Club	Category	MCat	Net time 10km	Czas brutto 10km	Gap	Pace min/km	Pace km/h
1	OLCHAWA Joanna	138	KRAKÓW	K40	1	00:44:05.75	00:44:08.70		4:24	13.6 (100%)
2	DOMISZEWSKA Maria	20	USTRZYKI DOLNE	K40	2	00:52:51.50	00:53:47.85	+00:09:39 (17.9%)	5:17	11.4 (83.8%)
3	WIDEREK Katarzyna	145	JÓZEFOSŁAW	K40	3	00:53:42.45	00:53:58.50	+00:09:49 (18.2%)	5:22	11.2 (82.4%)
4	CZUBA Marzena	146	WARSZAWA	K40	4	00:53:58.10	00:54:50.05	+00:10:41 (19.5%)	5:23	11.1 (81.6%)
5	SZUSZKIEWICZ Marzena	109	WARSZAWA	K40	5	00:54:56.75	00:55:10.45	+00:11:01 (20.0%)	5:29	10.9 (80.1%)
6	NOWOTARSKA Anita	70	USTRZYKI DOLNE	K40	6	00:57:25.55	00:57:36.40	+00:13:27 (23.4%)	5:44	10.4 (76.5%)
7	SZYBIAK Joanna	110	AGONA WM	K40	7	00:58:35.75	00:58:47.25	+00:14:38 (24.9%)	5:51	10.2 (75.0%)
8	SUJAK Małgorzata	100	SALON SPORTOWY "FANSPO" S.C.	K40	8	00:58:54.15	00:59:06.05	+00:14:57 (25.3%)	5:53	10.2 (75.0%)
9	MACHNIK-BRONCEL Joanna	58	TYCHY	K40	9	00:59:03.85	00:59:20.35	+00:15:11 (25.6%)	5:54	10.2 (75.0%)
10	DZIĄG Anna	150	WARSZAWA	K40	10	00:59:54.20	01:00:54.45	+00:16:45 (27.5%)	5:59	10 (73.5%)
11	GEZELA Joanna	26	RODZINA GEZELA	K40	11	01:00:26.80	01:01:10.35	+00:17:01 (27.8%)	6:02	9.9 (72.8%)
12	RYŁKO Mariola	88	SOLINA	K40	12	01:00:26.20	01:01:29.30	+00:17:20 (28.2%)	6:02	9.9 (72.8%)
13	KRYPCZYK Katarzyna	168	CHORZÓW	K40	13	01:00:41.30	01:01:38.80	+00:17:30 (28.4%)	6:04	9.9 (72.8%)
14	MICKIEWICZ Jolanta	64	JGB "SOKÓŁ"	K40	14	01:00:31.15	01:02:01.65	+00:17:52 (28.8%)	6:03	9.9 (72.8%)
15	JURA-SUKNAROWSKA Małgorzata	158	CHOCZNIA	K40	15	01:02:40.05	01:03:24.95	+00:19:16 (30.4%)	6:16	9.6 (70.6%)
16	BEŁKOWSKA VEL KAMIŃSKA Dorota	7		K40	16	01:04:58.55	01:05:04.65	+00:20:55 (32.2%)	6:29	9.2 (67.6%)
17	HYZIAK Joanna	34	JJ.RUNNERS GORLICE	K40	17	01:05:43.55	01:05:54.40	+00:21:45 (33.0%)	6:34	9.1 (66.9%)
18	PLISZCZYŃSKA Justyna	79	LUBLIN	K40	18	01:08:55.30	01:09:08.10	+00:24:59 (36.1%)	6:53	8.7 (64.0%)
19	SZOSTAK Dorota	108	LUBLIN	K40	19	01:09:01.35	01:09:13.05	+00:25:04 (36.2%)	6:54	8.7 (64.0%)
20	ANTOSZ Monika	1	NORAFSPORT	K40	20	01:11:26.60	01:12:42.15	+00:28:33 (39.3%)	7:08	8.4 (61.8%)
21	POLEWKA Aneta	141	DĄBRÓWKA STARZEŃSKA	K40	21	01:14:53.50	01:15:00.95	+00:30:52 (41.2%)	7:29	8 (58.8%)

Total 21 results.