

ZIMOWA BIESZCZADZKA DYCHA 2015

B4SPORT
INTELEGENNE ZAWODY SPORTOWE

Organizator: OTK Rzeźnik
Data: 2015-01-25
Miejsce: Cisna
Dystans: 10 km

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Klasyfikacja: Kobiety

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	OLCHAWA Joanna	138	KRAKÓW	K40	1	00:44:05.75	00:44:08.70		4:24	13.6 (100%)
2	BIKOWSKA-JUSIS Katarzyna	156	DŹ	K30	1	00:45:58.35	00:46:05.40	+00:01:56 (4.2%)	4:35	13.1 (96.3%)
3	GRUSZKO Alicja	30	TEAM BIKE CONCEPT STORE	K30	2	00:48:02.60	00:48:28.80	+00:04:20 (8.9%)	4:48	12.5 (91.9%)
4	SOKOŁOWSKA Maja	157	ZABRZE	K20	1	00:50:01.15	00:50:31.60	+00:06:22 (12.6%)	5:00	12 (88.2%)
5	WÓJCIK Ewa	132	KRAKÓW	K50	1	00:50:41.30	00:51:08.55	+00:06:59 (13.7%)	5:04	11.8 (86.8%)
6	SZCZUR Iwona	104	NOWA DĘBA	K30	3	00:52:30.00	00:53:04.80	+00:08:56 (16.8%)	5:15	11.4 (83.8%)
7	JĘDRZEJCZYK Agnieszka	38	RZESZÓW	K30	4	00:53:25.30	00:53:30.25	+00:09:21 (17.5%)	5:20	11.2 (82.4%)
8	PICHETA Magdalena	75	DISNEY VOLUNTEARS	K30	5	00:52:19.80	00:53:36.60	+00:09:27 (17.7%)	5:14	11.5 (84.6%)
9	BAŻYŃSKA Marta	5	LESZNO	K30	6	00:52:44.35	00:53:42.80	+00:09:34 (17.8%)	5:16	11.4 (83.8%)
10	SŁOBODA Elżbieta	93	USTRZYKI DOLNE	K30	7	00:53:18.85	00:53:47.55	+00:09:38 (17.9%)	5:19	11.3 (83.1%)
11	DOMISZEWSKA Maria	20	USTRZYKI DOLNE	K40	2	00:52:51.50	00:53:47.85	+00:09:39 (17.9%)	5:17	11.4 (83.8%)
12	KRENZEL Regina	54	JAROSŁAW	K20	2	00:53:34.85	00:53:53.15	+00:09:44 (18.1%)	5:21	11.2 (82.4%)
13	BURY Beata	14	KKB MOSIR KROSNO	K20	3	00:53:41.00	00:53:54.15	+00:09:45 (18.1%)	5:22	11.2 (82.4%)
14	WIDEREK Katarzyna	145	JÓZEFOSŁAW	K40	3	00:53:42.45	00:53:58.50	+00:09:49 (18.2%)	5:22	11.2 (82.4%)
15	OBŁĄK Agnieszka	72	BIEGNĘ, ŻEBY BARTEK MÓGL BIEGAĆ	K30	8	00:53:15.85	00:54:01.60	+00:09:52 (18.3%)	5:19	11.3 (83.1%)
16	WOJCIECHOWSKA Katarzyna	128	SANDOMIERZ	K30	9	00:53:36.35	00:54:05.75	+00:09:57 (18.4%)	5:21	11.2 (82.4%)
17	FIRLEJ Agnieszka	170	WIERZOWA POLSKA	K30	10	00:54:31.90	00:54:42.55	+00:10:33 (19.3%)	5:27	11 (80.9%)
18	CZUBA Marzena	146	WARSZAWA	K40	4	00:53:58.10	00:54:50.05	+00:10:41 (19.5%)	5:23	11.1 (81.6%)
19	SZUSZKIEWICZ Marzena	109	WARSZAWA	K40	5	00:54:56.75	00:55:10.45	+00:11:01 (20.0%)	5:29	10.9 (80.1%)
20	SOBIESKA Aleksandra	97	WARSZAWA	K30	11	00:54:17.40	00:55:31.75	+00:11:23 (20.5%)	5:25	11.1 (81.6%)
21	DYNARSKA-ŁYCZAK Iwona	23	KM TRUCHCIK ŁUBIANKA	K30	12	00:55:35.30	00:55:40.70	+00:11:32 (20.7%)	5:33	10.8 (79.4%)
22	SARNOWSKA Karolina	90	WARSZAWA	K30	13	00:55:03.85	00:55:59.70	+00:11:51 (21.2%)	5:30	10.9 (80.1%)
23	PITAS Sabina	78	ZAPIERDALACZE.PL	K30	14	00:56:20.55	00:56:34.00	+00:12:25 (22.0%)	5:38	10.6 (77.9%)
24	JAZEL Małgorzata	36	ASTERZENECA	K30	15	00:56:25.20	00:57:03.35	+00:12:54 (22.6%)	5:38	10.6 (77.9%)
25	NOWOTARSKA Anita	70	USTRZYKI DOLNE	K40	6	00:57:25.55	00:57:36.40	+00:13:27 (23.4%)	5:44	10.4 (76.5%)
26	SZCZYPEK Karolina	106	WARSZAWA	K20	4	00:56:54.65	00:57:37.25	+00:13:28 (23.4%)	5:41	10.5 (77.2%)
27	KUCIA Beata	55	WARSZAWA	K30	16	00:57:29.35	00:57:43.35	+00:13:34 (23.5%)	5:44	10.4 (76.5%)
28	MŁODZIKOWSKA Weronika	66	KB V-MAX ADAMÓW	K20	5	00:57:51.25	00:58:06.00	+00:13:57 (24.0%)	5:47	10.4 (76.5%)
29	SŁUPEK-KUBAS Agnieszka	95	BIEGUNKA TEAM	K30	17	00:58:07.20	00:58:44.75	+00:14:36 (24.9%)	5:48	10.3 (75.7%)
30	SZYBIAK Joanna	110	AGONA WM	K40	7	00:58:35.75	00:58:47.25	+00:14:38 (24.9%)	5:51	10.2 (75.0%)

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31	PORĘBSKA Dorota	82	NOWA HUTA TEAM	K30	18	00:58:43.30	00:59:02.45	+00:14:53 (25.2%)	5:52	10.2 (75.0%)
32	SUJAK Małgorzata	100	SALON SPORTOWY "FANSPORT" S.C.	K40	8	00:58:54.15	00:59:06.05	+00:14:57 (25.3%)	5:53	10.2 (75.0%)
33	BARCZEWSKA Agnieszka	143	WARSZAWA	K20	6	00:58:25.95	00:59:15.05	+00:15:06 (25.5%)	5:50	10.3 (75.7%)
34	MACHNIK-BRONCEL Joanna	58	TYCHY	K40	9	00:59:03.85	00:59:20.35	+00:15:11 (25.6%)	5:54	10.2 (75.0%)
35	PIETYRA Karolina	76	ŁOŻA SZYDERCÓW	K30	19	00:58:50.90	00:59:35.90	+00:15:27 (25.9%)	5:53	10.2 (75.0%)
36	SMOLIŃSKA Beata	154	WARSZAWA	K50	2	00:59:23.70	00:59:47.10	+00:15:38 (26.2%)	5:56	10.1 (74.3%)
37	KOZIŃSKA Sonia	49	LONGPLAY	K20	7	00:59:36.90	01:00:25.35	+00:16:16 (26.9%)	5:57	10.1 (74.3%)
38	BALIŃSKA Maria	2	MAJDAN	K30	20	00:59:54.30	01:00:35.25	+00:16:26 (27.1%)	5:59	10 (73.5%)
39	KRAJEWSKA Joanna	50	LEJDIS ORELEC	K30	21	01:00:16.25	01:00:41.10	+00:16:32 (27.3%)	6:01	10 (73.5%)
40	KRASOWSKA Matylda	53	USTRZYKI DOLNE	K20	8	00:59:46.90	01:00:50.80	+00:16:42 (27.4%)	5:58	10 (73.5%)
41	DZIAĞ Anna	150	WARSZAWA	K40	10	00:59:54.20	01:00:54.45	+00:16:45 (27.5%)	5:59	10 (73.5%)
42	GEZELA Joanna	26	RODZINA GEZELA	K40	11	01:00:26.80	01:01:10.35	+00:17:01 (27.8%)	6:02	9.9 (72.8%)
43	BROŻEK Teresa	12	WARSZTAT FORMY TYCHY	K20	9	01:01:01.95	01:01:24.65	+00:17:15 (28.1%)	6:06	9.8 (72.1%)
44	RYŁKO Mariola	88	SOLINA	K40	12	01:00:26.20	01:01:29.30	+00:17:20 (28.2%)	6:02	9.9 (72.8%)
45	TOMCZYK Kamila	113	WROCŁAW	K30	22	01:01:12.15	01:01:31.55	+00:17:22 (28.2%)	6:07	9.8 (72.1%)
46	GOŁDA Anna	28	AŃCUT	K30	23	01:00:24.10	01:01:32.70	+00:17:24 (28.3%)	6:02	9.9 (72.8%)
47	KRYPCZYK Katarzyna	168	CHORZÓW	K40	13	01:00:41.30	01:01:38.80	+00:17:30 (28.4%)	6:04	9.9 (72.8%)
48	MICKIEWICZ Jolanta	64	JGB "SOKÓŁ"	K40	14	01:00:31.15	01:02:01.65	+00:17:52 (28.8%)	6:03	9.9 (72.8%)
49	KLISZ Agnieszka	45	LUBLIN	K30	24	01:02:29.75	01:03:06.10	+00:18:57 (30.0%)	6:15	9.6 (70.6%)
50	JURA-SUKNAROWSKA Małgorzata	158	CHOCZNIA	K40	15	01:02:40.05	01:03:24.95	+00:19:16 (30.4%)	6:16	9.6 (70.6%)
51	MALINOWSKA Anna	60	WOŁOMIN	K30	25	01:03:12.80	01:03:49.55	+00:19:40 (30.8%)	6:19	9.5 (69.9%)
52	MALEC Barbara	59	LUBLIN	K50	3	01:04:03.85	01:04:38.80	+00:20:30 (31.7%)	6:24	9.4 (69.1%)
53	BEŁKOWSKA VEL KAMIŃSKA Dorota	7		K40	16	01:04:58.55	01:05:04.65	+00:20:55 (32.2%)	6:29	9.2 (67.6%)
54	SUWAŁA Anna	101	TREND GLASS RUNNING TEAM	K30	26	01:05:19.75	01:05:45.05	+00:21:36 (32.9%)	6:32	9.2 (67.6%)
55	HYZIAK Joanna	34	JJ.RUNNERS GORLICE	K40	17	01:05:43.55	01:05:54.40	+00:21:45 (33.0%)	6:34	9.1 (66.9%)
56	KORDULA Kamila	47	KLUB BIEGACZA RTV EURO AGD	K20	10	01:05:03.30	01:06:26.35	+00:22:17 (33.6%)	6:30	9.2 (67.6%)
57	BARTNIK Dominika	4	LUBLIN	K20	11	01:06:05.25	01:06:53.70	+00:22:45 (34.0%)	6:36	9.1 (66.9%)
58	BRZEZIŃSKA Sylwia	13	KLUB BIEGACZA RTV EURO AGD	K20	12	01:07:12.35	01:08:35.70	+00:24:27 (35.6%)	6:43	8.9 (65.4%)
59	WIERZBIŃSKA Karolina	123	WARSZAWA	K30	27	01:08:40.50	01:09:03.35	+00:24:54 (36.1%)	6:52	8.7 (64.0%)
60	PLISZCZYŃSKA Justyna	79	LUBLIN	K40	18	01:08:55.30	01:09:08.10	+00:24:59 (36.1%)	6:53	8.7 (64.0%)
61	WĘGIERSKA Agnieszka	121	NIGHT RUNNERS ZABRZE	K20	13	01:08:27.50	01:09:09.50	+00:25:00 (36.2%)	6:50	8.8 (64.7%)
62	SZOSTAK Dorota	108	LUBLIN	K40	19	01:09:01.35	01:09:13.05	+00:25:04 (36.2%)	6:54	8.7 (64.0%)
63	SŁOMIAK Magdalena	94		K20	14	01:08:48.45	01:09:23.60	+00:25:14 (36.4%)	6:52	8.7 (64.0%)
64	MAJDA Dominika	152	KRAKÓW	K20	15	01:08:42.80	01:09:47.25	+00:25:38 (36.7%)	6:52	8.7 (64.0%)
65	WIERZBICKA Beata	153	KRAKÓW	K30	28	01:08:50.15	01:09:55.00	+00:25:46 (36.9%)	6:53	8.7 (64.0%)
66	GABRIEL Aleksandra	25	KRAKÓW	K30	29	01:10:11.70	01:10:30.05	+00:26:21 (37.4%)	7:01	8.5 (62.5%)
67	MERKLEJN Weronika	63	PZU SPORT TEAM	K30	30	01:10:05.85	01:10:38.65	+00:26:29 (37.5%)	7:00	8.6 (63.2%)
68	KLĄS Justyna	44	NH TEAM	K30	31	01:10:31.90	01:10:50.50	+00:26:41 (37.7%)	7:03	8.5 (62.5%)
69	JEŻAK Joanna	37	NOWA HUTA TEAM	K20	16	01:09:45.55	01:10:50.80	+00:26:42 (37.7%)	6:58	8.6 (63.2%)
70	OBARSKA Małgorzata	71		K50	4	01:11:15.65	01:11:55.15	+00:27:46 (38.6%)	7:07	8.4 (61.8%)
71	ANTOSZ Monika	1	NORAFSPORT	K40	20	01:11:26.60	01:12:42.15	+00:28:33 (39.3%)	7:08	8.4 (61.8%)
72	STANISZEWSKA Ewa	98	BIEGAM BO LUBIĘ KRAKÓW, NORAFSPORT	K50	5	01:11:58.80	01:13:15.00	+00:29:06 (39.7%)	7:11	8.3 (61.0%)
73	SZUKALSKA-WALCZAK Ewa	147	PRUSZKÓW	K30	32	01:12:43.95	01:13:22.65	+00:29:13 (39.8%)	7:16	8.2 (60.3%)
74	POLEWKA Aneta	141	DĄBRÓWKA STARZEŃSKA	K40	21	01:14:53.50	01:15:00.95	+00:30:52 (41.2%)	7:29	8 (58.8%)

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75	KALMUS Grażyna	41	BBL TORUŃ	K50	6	01:14:24.05	01:15:40.60	+00:31:31 (41.7%)	7:26	8.1 (59.6%)
76	BOBELLA Kasia	9	TRENDGLASS RUNNING TEAM	K30	33	01:21:26.70	01:21:48.15	+00:37:39 (46.0%)	8:08	7.4 (54.4%)
77	PIETRZAK Olga	136		K20	17	01:21:11.05	01:22:26.90	+00:38:18 (46.5%)	8:07	7.4 (54.4%)

Znaleziono 77 wynik(ów)