

# ZIMOWA BIESZCZADZKA DYCHA 2015

B4SPORT  
INTELIGENTNE ZAWODY SPORTOWE

**Organizator:** OTK Rzeźnik  
**Data:** 2015-01-25  
**Miejsce:** Cisna  
**Dystans:** 10 km

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	<b>SZYBISTY Grzegorz</b>	<b>163</b>	WROCANKA	M40	1	<b>00:47:04.30</b>	<b>00:47:08.05</b>		4:42	12.7 (100%)
2	<b>SZCZUR Wiesław</b>	<b>105</b>	NOWA DĘBA	M40	2	<b>00:47:38.60</b>	<b>00:48:11.10</b>	+00:01:03 (2.2%)	4:45	12.6 (99.2%)
3	<b>WAJCOWICZ Witold</b>	<b>116</b>	SANOK	M40	3	<b>00:48:26.80</b>	<b>00:48:35.70</b>	+00:01:27 (3.0%)	4:50	12.4 (97.6%)
4	<b>RUDNICKI Tomasz</b>	<b>87</b>	BIEGUNKA TEAM POLSKA	M40	4	<b>00:48:37.05</b>	<b>00:49:17.45</b>	+00:02:09 (4.4%)	4:51	12.3 (96.9%)
5	<b>WOJTKIEWICZ Jarosław</b>	<b>130</b>	PODKOWA LEŚNA	M40	5	<b>00:49:49.75</b>	<b>00:50:00.20</b>	+00:02:52 (5.7%)	4:59	12 (94.5%)
6	<b>BOŻĘTKA Józef</b>	<b>11</b>	POLANA	M40	6	<b>00:49:00.30</b>	<b>00:50:06.65</b>	+00:02:58 (5.9%)	4:54	12.2 (96.1%)
7	<b>ZDEB Krzysztof</b>	<b>164</b>	WROCANKA	M40	7	<b>00:50:12.30</b>	<b>00:50:15.55</b>	+00:03:07 (6.2%)	5:01	12 (94.5%)
8	<b>WRÓBEL Bartłomiej</b>	<b>135</b>	CISNA	M40	8	<b>00:50:31.95</b>	<b>00:50:42.70</b>	+00:03:34 (7.1%)	5:03	11.9 (93.7%)
9	<b>BYKOWSKI Andrzej</b>	<b>16</b>		M40	9	<b>00:51:29.50</b>	<b>00:52:33.00</b>	+00:05:24 (10.3%)	5:09	11.7 (92.1%)
10	<b>WALICKI Sebastian</b>	<b>117</b>	MORSY	M40	10	<b>00:51:28.75</b>	<b>00:52:37.50</b>	+00:05:29 (10.4%)	5:08	11.7 (92.1%)
11	<b>RESZTYŁO Grzegorz</b>	<b>165</b>	AŃCUT	M40	11	<b>00:53:42.05</b>	<b>00:53:54.75</b>	+00:06:46 (12.6%)	5:22	11.2 (88.2%)
12	<b>STEC Sebastian</b>	<b>162</b>	WARSZAWA	M40	12	<b>00:53:48.10</b>	<b>00:54:26.35</b>	+00:07:18 (13.4%)	5:22	11.2 (88.2%)
13	<b>WNĘK Bogumił</b>	<b>172</b>	BOGUCHWAŁA	M40	13	<b>00:54:15.95</b>	<b>00:54:27.10</b>	+00:07:19 (13.4%)	5:25	11.1 (87.4%)
14	<b>LOREK Marek</b>	<b>57</b>	DĘBICA	M40	14	<b>00:55:06.85</b>	<b>00:56:03.80</b>	+00:08:55 (15.9%)	5:30	10.9 (85.8%)
15	<b>GUCWA Jarosław</b>	<b>33</b>	KRZYŻANOWICE	M40	15	<b>00:56:29.10</b>	<b>00:56:45.75</b>	+00:09:37 (17.0%)	5:38	10.6 (83.5%)
16	<b>KOZŁOWSKI Bartłomiej</b>	<b>175</b>	KIELCE	M40	16	<b>00:56:20.40</b>	<b>00:57:04.00</b>	+00:09:55 (17.4%)	5:38	10.6 (83.5%)
17	<b>KORNIŁOW Piotr</b>	<b>148</b>	WARSZAWA	M40	17	<b>00:57:52.10</b>	<b>00:58:32.00</b>	+00:11:23 (19.5%)	5:47	10.4 (81.9%)
18	<b>KONIK Jarosław</b>	<b>46</b>	BBL KRAKÓW	M40	18	<b>00:57:33.60</b>	<b>00:58:49.45</b>	+00:11:41 (19.9%)	5:45	10.4 (81.9%)
19	<b>KAŁUCKI Adam</b>	<b>42</b>	BBL KRAKÓW	M40	19	<b>00:58:15.20</b>	<b>00:59:30.95</b>	+00:12:22 (20.8%)	5:49	10.3 (81.1%)
20	<b>PRASEK Artur</b>	<b>83</b>	ALFA STAR RADOM	M40	20	<b>01:01:12.35</b>	<b>01:01:31.40</b>	+00:14:23 (23.4%)	6:07	9.8 (77.2%)
21	<b>BOLANOWSKI Piotr</b>	<b>139</b>	DOMARAC	M40	21	<b>01:14:53.50</b>	<b>01:15:01.50</b>	+00:27:53 (37.2%)	7:29	8 (63.0%)
22	<b>MIRECKI Jan</b>	<b>65</b>	WARSZAWA	M40	22	<b>01:30:04.55</b>	<b>01:31:19.10</b>	+00:44:11 (48.4%)	9:00	6.7 (52.8%)

Znaleziono 22 wynik(ów)