



ZIMOWA MILA GÓRSKA 2016/2017 - EDYCJA 1/6

B4SPORT

Organizator: Koszalińskie Towarzystwo Krzewienia Kultury
Fizycznej
Data: 2016-12-07
Miejsce: Koszalin
Dystans: 1.609 km



Klasyfikacja: M-40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 1.609km	Czas brutto 1.609km	Różn	Tempo min/km	Tempo km/h
1	PEC Marek	108		M-40	1	00:00:01	00:06:39.00	00:06:40.90		4:07	14.5 (100%)
2	WIDONIAK Rafał	194		M-40	2	00:00:02	00:06:39.25	00:06:41.45	+00:00:00 (0.1%)	4:07	14.5 (100%)
3	MATYJASEK Zbigniew	183	TKKF KOSZALIN	M-40	3	00:00:02	00:07:16.85	00:07:19.05	+00:00:37 (8.7%)	4:31	13.3 (91.7%)
4	ZWOLIŃSKI Jan	25	TKKF KOSZALIN	M-40	4	00:00:03	00:07:32.75	00:07:35.85	+00:00:53 (11.9%)	4:40	12.8 (88.3%)
5	CHOŁUJ Jarek	169	ROZBIEGANY KOSZALIN	M-40	5	00:00:08	00:07:42.05	00:07:50.65	+00:01:03 (13.6%)	4:46	12.5 (86.2%)
6	MICHALSKI Jakub	138		M-40	6	00:00:18	00:07:42.80	00:08:01.70	+00:01:03 (13.8%)	4:47	12.5 (86.2%)
7	KRAKOWIAK Sławomir	17		M-40	7	00:01:01	00:07:46.30	00:08:48.00	+00:01:07 (14.4%)	4:50	12.4 (85.5%)
8	IWANIEC Dariusz	8	TKKF KOSZALIN	M-40	8	00:00:02	00:07:55.00	00:07:57.55	+00:01:16 (16.0%)	4:55	12.2 (84.1%)
9	MOSIOŁEK Piotr	94		M-40	9	00:00:18	00:08:03.35	00:08:21.40	+00:01:24 (17.5%)	5:00	12 (82.8%)
10	JAROSZ Dariusz	9	TKKF KOSZALIN	M-40	10	00:01:02	00:08:11.15	00:09:13.55	+00:01:32 (18.8%)	5:04	11.8 (81.4%)
11	PUŚCIAN Krzysztof	177	GIMNAZJUM W MANOWIE	M-40	11	00:00:06	00:08:16.25	00:08:22.50	+00:01:37 (19.6%)	5:08	11.7 (80.7%)
12	ZIOMEK Dariusz	197	TKKF KOSZALIN	M-40	12	00:01:02	00:08:21.75	00:09:24.50	+00:01:42 (20.5%)	5:11	11.5 (79.3%)
13	GAWIECKI Piotr	190	ROZBIEGANY KOSZALIN	M-40	13	00:00:03	00:08:25.10	00:08:29.05	+00:01:46 (21.0%)	5:14	11.5 (79.3%)
14	KILAR Tomasz	35		M-40	14	00:00:10	00:08:32.30	00:08:42.95	+00:01:53 (22.1%)	5:18	11.3 (77.9%)
15	BESZTERDA Sebastian	75	NIETOPERZE KOSZALIN	M-40	15	00:01:12	00:08:36.65	00:09:48.85	+00:01:57 (22.8%)	5:20	11.2 (77.2%)
16	MICERSKI Tomasz	20	TKKF KOSZALIN	M-40	16	00:00:05	00:08:39.00	00:08:44.50	+00:02:00 (23.1%)	5:22	11.2 (77.2%)
17	WAWRZYN Grzegorz	84		M-40	17	00:00:10	00:08:42.00	00:08:52.40	+00:02:03 (23.6%)	5:24	11.1 (76.6%)
18	GROCHOWSKI Rafał	37		M-40	18	00:00:04	00:08:43.30	00:08:47.30	+00:02:04 (23.8%)	5:24	11.1 (76.6%)
19	OSTROWSKI Krzysztof	89		M-40	19	00:00:08	00:08:47.90	00:08:56.30	+00:02:08 (24.4%)	5:27	11 (75.9%)
20	ZIĘBA Paweł	24	TKKF KOSZALIN	M-40	20	00:00:05	00:08:54.75	00:09:00.55	+00:02:15 (25.4%)	5:32	10.8 (74.5%)
21	WOJCIECHOWSKI Andrzej	172		M-40	21	00:00:01	00:09:36.25	00:09:38.15	+00:02:57 (30.8%)	5:58	10 (69.0%)
22	DZIESZUK Dariusz	6	TKKF KOSZALIN	M-40	22	00:00:07	00:09:37.20	00:09:44.90	+00:02:58 (30.9%)	5:58	10 (69.0%)
23	FAJGIER Tomasz	157		M-40	23	00:00:04	00:09:54.15	00:09:58.45	+00:03:15 (32.8%)	6:08	9.8 (67.6%)
24	KOZAK Arkadiusz	15	TKKF KOSZALIN	M-40	24	00:01:13	00:13:04.60	00:14:17.60	+00:06:25 (49.1%)	8:06	7.4 (51.0%)

Znaleziono 24 wynik(ów)