



ZIMOWA MILA GÓRSKA 2016/2017 - EDYCJA 2/6

B4SPORT

Organizator: Koszalińskie Towarzystwo Krzewienia Kultury
Fizycznej
Data: 2016-12-21
Miejsce: Koszalin
Dystans: 1.609 km



Klasyfikacja: M-40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 1.609km	Czas brutto 1.609km	Różn	Tempo min/km	Tempo km/h
1	WIDONIAK Rafał	65		M-40	1	00:00:01	00:06:28.05	00:06:30.00		4:01	14.9 (100%)
2	PEC Marek	108		M-40	2	00:00:00	00:06:35.05	00:06:35.50	+00:00:07 (1.8%)	4:05	14.7 (98.7%)
3	MICHALSKI Jakub	13		M-40	3	00:00:12	00:07:27.05	00:07:39.70	+00:00:59 (13.2%)	4:37	13 (87.2%)
4	ZWOLIŃSKI Jan	25	TKKF KOSZALIN	M-40	4	00:00:01	00:07:36.60	00:07:38.25	+00:01:08 (15.0%)	4:43	12.7 (85.2%)
5	BESZTERDA Sebastian	183	NIETOPERZE KOSZALIN	M-40	5	00:00:09	00:07:39.05	00:07:48.05	+00:01:11 (15.5%)	4:45	12.6 (84.6%)
6	CHOŁUJ Jarek	59	ROZBIEGANY KOSZALIN	M-40	6	00:00:05	00:07:43.10	00:07:48.85	+00:01:15 (16.2%)	4:47	12.5 (83.9%)
7	MOSIOŁEK Piotr	175		M-40	7	00:00:11	00:07:44.85	00:07:56.35	+00:01:16 (16.5%)	4:48	12.5 (83.9%)
8	IWANIEC Dariusz	8	TKKF KOSZALIN	M-40	8	00:00:01	00:07:55.60	00:07:57.25	+00:01:27 (18.4%)	4:55	12.2 (81.9%)
9	PUŚCIAN Krzysztof	177	GIMNAZJUM W MANOWIE	M-40	9	00:00:03	00:08:11.50	00:08:15.00	+00:01:43 (21.0%)	5:05	11.8 (79.2%)
10	MICERSKI Tomasz	20	TKKF KOSZALIN	M-40	10	00:00:02	00:08:13.95	00:08:16.70	+00:01:45 (21.4%)	5:06	11.7 (78.5%)
11	ZIOMEK Darek	197	TKKF KOSZALIN	M-40	11	00:00:50	00:08:14.65	00:09:05.20	+00:01:46 (21.6%)	5:07	11.7 (78.5%)
12	OSTROWSKI Krzysztof	72	U ZNAJOMEGO	M-40	12	00:00:04	00:08:17.45	00:08:21.60	+00:01:49 (22.0%)	5:08	11.7 (78.5%)
13	KILAR Tomasz	146		M-40	13	00:00:13	00:08:23.70	00:08:37.55	+00:01:55 (23.0%)	5:13	11.5 (77.2%)
14	WAWRZYN Grzegorz	162		M-40	14	00:00:03	00:08:30.45	00:08:33.65	+00:02:02 (24.0%)	5:16	11.4 (76.5%)
15	GROCHOWSKI Rafał	69		M-40	15	00:00:13	00:08:34.30	00:08:47.70	+00:02:06 (24.5%)	5:19	11.3 (75.8%)
16	DZIESZUK Dariusz	6	TKKF KOSZALIN	M-40	16	00:00:33	00:08:43.00	00:09:16.00	+00:02:14 (25.8%)	5:24	11.1 (74.5%)
17	ZIĘBA Paweł	24	TKKF KOSZALIN	M-40	17	00:00:02	00:08:44.30	00:08:46.70	+00:02:16 (26.0%)	5:25	11.1 (74.5%)
18	FAJGIER Tomasz	138		M-40	18	00:00:03	00:09:36.50	00:09:39.55	+00:03:08 (32.7%)	5:57	10.1 (67.8%)
19	WOJCIECHOWSKI Andrzej	128		M-40	19	00:00:00	00:10:05.30	00:10:05.85	+00:03:37 (35.9%)	6:15	9.6 (64.4%)
20	KOZAK Arkadiusz	123	TKKF KOSZALIN	M-40	20	00:00:43	00:11:34.50	00:12:18.05	+00:05:06 (44.1%)	7:11	8.3 (55.7%)

Znaleziono 20 wynik(ów)