



ZIMOWA MILA GÓRSKA 2016/2017 - EDYCJA 4/6

B4SPORT

Organizator: Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej
Data: 2017-01-25
Miejsce: Koszalin
Dystans: 1.609 km



Klasyfikacja: M-OPEN

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 1.609km	Czas brutto 1.609km	Różn	Tempo min/km	Tempo km/h
1	ORZECHOWSKI Kamil	149		M-18	1	00:00:01	00:06:34.40	00:06:35.85		4:04	14.7
2	SZEWCUK Paweł	94		M-30	1	00:00:02	00:06:51.65	00:06:54.25	+00:00:17	4:15	14.1
3	SZULC Arek	41	ROZBIEGANY KOSZALIN	M-40	1	00:00:08	00:07:05.55	00:07:14.35	+00:00:31	4:24	13.6
4	JAŻWIŃSKI Dawid	133	TKKF KOSZALIN	M-13	1	00:00:02	00:07:07.95	00:07:09.95	+00:00:33	4:25	13.6
5	KOŚCIELNIAK Robert	14	TKKF KOSZALIN	M-50	1	00:00:02	00:07:09.45	00:07:12.35	+00:00:35	4:27	13.5
6	WEBER Paweł	169		M-30	2	00:00:02	00:07:13.25	00:07:15.70	+00:00:38	4:28	13.4
7	SIWIK Stanisław	93	283. KRT	M-30	3	00:00:03	00:07:18.70	00:07:22.20	+00:00:44	4:32	13.2
8	BESZTERDA Sebastian	45	NIETOPERZE KOSZALIN	M-40	2	00:00:05	00:07:38.65	00:07:44.00	+00:01:04	4:45	12.6
9	KISIELIŃSKI Igor	115	TKKF KOSZALIN	M-50	2	00:00:06	00:07:42.35	00:07:48.35	+00:01:07	4:46	12.5
10	IWANIEC Dariusz	8	TKKF KOSZALIN	M-40	3	00:00:03	00:07:42.55	00:07:45.65	+00:01:08	4:46	12.5
11	KUŁAKOWSKI Dawid	19	TKKF KOSZALIN	M-40	4	00:00:25	00:07:46.25	00:08:11.30	+00:01:11	4:49	12.4
12	PERCZYŃSKI Jarosław	189	BEZ FORMY	M-40	5	00:00:06	00:07:46.80	00:07:52.95	+00:01:12	4:49	12.4
13	RUTKOWSKI Ryszard	162	RUTKOWSKI TEAM	M-50	3	00:00:03	00:07:46.90	00:07:50.20	+00:01:12	4:50	12.4
14	MICHALSKI Jakub	83		M-40	6	00:00:12	00:07:48.30	00:08:00.85	+00:01:13	4:50	12.4
15	BESZTERDA Jakub	61		M-13	2	00:00:05	00:07:53.35	00:07:58.50	+00:01:18	4:53	12.3
16	GOTOWAŁA Rafał	81		M-40	7	00:00:12	00:07:53.55	00:08:06.40	+00:01:19	4:54	12.2
17	GOŁDYN Marek	7	TKKF KOSZALIN	M-30	4	00:01:24	00:07:56.40	00:09:20.50	+00:01:22	4:55	12.2
18	KAMYK Piotr	183	MH SERWS IT :)	M-30	5	00:00:04	00:07:56.85	00:08:01.60	+00:01:22	4:56	12.2
19	ZIOMEK Dariusz	77	TKKF KOSZALIN	M-40	8	00:00:06	00:07:56.95	00:08:03.60	+00:01:22	4:56	12.2
20	MICERSKI Tomasz	20	TKKF KOSZALIN	M-40	9	00:00:03	00:08:00.45	00:08:03.85	+00:01:26	4:58	12.1
21	MOSIOŁEK Piotr	184		M-40	10	00:00:13	00:08:02.45	00:08:15.50	+00:01:28	4:59	12
22	WILKOWSKI Krzysztof	70		M-30	6	00:00:05	00:08:03.10	00:08:08.90	+00:01:28	5:00	12
23	TESKA Bartosz	123	TKKF KOSZALIN	M-40	11	00:00:06	00:08:07.45	00:08:14.35	+00:01:33	5:03	11.9
24	RUTKOWSKI Artur	192		M-18	2	00:00:01	00:08:08.70	00:08:10.60	+00:01:34	5:03	11.9
25	JAROSZ Dariusz	9	TKKF KOSZALIN	M-40	12	00:01:23	00:08:08.90	00:09:32.60	+00:01:34	5:03	11.9
26	DZIĘBOWSKI Mariusz	95		M-30	7	00:00:09	00:08:13.10	00:08:22.25	+00:01:38	5:06	11.8
27	PUŚCIAN Krzysztof	156	GIMNAZJUM W MANOWIE	M-40	13	00:00:07	00:08:18.25	00:08:25.30	+00:01:43	5:09	11.6

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27	SOKOŁOWSKI Maciej	140		M-30	8	00:00:20	00:08:18.25	00:08:38.60	+00:01:43	5:09	11.6
29	KILAR Tomasz	196		M-40	14	00:00:15	00:08:25.20	00:08:40.95	+00:01:50	5:13	11.5
30	WAWRZYN Grzegorz	76		M-40	15	00:00:07	00:08:28.60	00:08:36.40	+00:01:54	5:16	11.4
31	OSTROWSKI Krzysztof	194		M-40	16	00:00:13	00:08:41.15	00:08:55.05	+00:02:06	5:24	11.1
32	DZIESZUK Dariusz	6	TKKF KOSZALIN	M-40	17	00:00:50	00:08:42.10	00:09:32.70	+00:02:07	5:24	11.1
33	KOPCZEWSKI Dariusz	107		M-50	4	00:00:17	00:08:44.70	00:09:02.05	+00:02:10	5:26	11
34	ZDROWIECKI Artur	65		M-30	9	00:00:10	00:08:47.85	00:08:58.60	+00:02:13	5:27	11
35	OSIPIK Radek	170		M-40	18	00:00:18	00:08:59.10	00:09:17.90	+00:02:24	5:34	10.8
36	CHOŁUJ Jarek	158	ROZBIEGANY KOSZALIN	M-40	19	00:00:07	00:08:59.35	00:09:07.00	+00:02:24	5:35	10.7
37	GROCHOWSKI Rafał	177		M-40	20	00:00:13	00:09:01.55	00:09:14.60	+00:02:27	5:36	10.7
38	ZIĘBA Paweł	24	TKKF KOSZALIN	M-40	21	00:00:06	00:09:04.20	00:09:10.85	+00:02:29	5:37	10.7
39	RYBARCZYK Ireneusz	200		M-30	10	00:00:10	00:09:05.30	00:09:16.05	+00:02:30	5:39	10.6
40	WOJCIECHOWSKI Andrzej	40		M-40	22	00:00:04	00:09:14.75	00:09:19.10	+00:02:40	5:44	10.4
41	OSIPIK Szymon	157		M-Dzieci	1	00:00:18	00:09:16.10	00:09:34.70	+00:02:41	5:45	10.4
42	MIĄSEK Ryszard	161		M-40	23	00:00:17	00:09:28.15	00:09:45.90	+00:02:53	5:52	10.2
43	MARKOWSKI Andrzej	178	TKKF KOSZALIN	M-60	1	00:00:04	00:09:29.90	00:09:34.10	+00:02:55	5:54	10.2
44	SEEWALD Jan	146		M-40	24	00:00:15	00:09:35.65	00:09:50.95	+00:03:01	5:57	10.1
45	KOZŁOWIECKI Waldek	16	TKKF KOSZALIN	M-60	2	00:00:11	00:09:36.05	00:09:47.85	+00:03:01	5:57	10.1
46	FAJGIER Tomasz	129		M-40	25	00:00:03	00:09:39.30	00:09:42.95	+00:03:04	5:59	10
47	KLENIEWSKI Piotr	179		M-50	5	00:00:02	00:09:53.25	00:09:55.55	+00:03:18	6:08	9.8
48	KOSECKI Tomasz	91		M-30	11	00:00:17	00:10:02.80	00:10:20.25	+00:03:28	6:14	9.6
49	KARNICKI Zygmunt	108	TKKF KOSZALIN	M-60	3	00:00:04	00:10:06.45	00:10:10.65	+00:03:32	6:16	9.6
50	SKRZYPEK Marcin	74	NIETOPERZE KOSZALIN	M-30	12	00:00:16	00:10:09.35	00:10:25.75	+00:03:34	6:18	9.5
51	JUSZCZAK Krzysztof	190		M-60	4	00:00:16	00:10:14.05	00:10:30.50	+00:03:39	6:21	9.4
52	PANCERZYŃSKI Łukasz	180		M-30	13	00:00:10	00:10:16.45	00:10:26.50	+00:03:42	6:22	9.4
53	HELLER Zdzisław	132	NIEZRZESZONY	M-60	5	00:00:14	00:10:40.15	00:10:54.30	+00:04:05	6:37	9.1
54	ŚMIAŁKOWSKI Bartosz	144		M-30	14	00:00:22	00:12:16.00	00:12:38.60	+00:05:41	7:37	7.9
55	RYBARCZYK Tomasz	136		M-30	15	00:00:14	00:12:22.95	00:12:37.60	+00:05:48	7:41	7.8
56	BARTNIK Marian	1	TKKF KOSZALIN	M-70	1	00:00:09	00:14:16.45	00:14:25.50	+00:07:42	8:51	6.8
57	ZDROWIECKI Igor	127		M-Dzieci	2	00:00:09	00:14:19.05	00:14:29.00	+00:07:44	8:54	6.7

Znaleziono 57 wynik(ów)