



# ZIMOWA MILA GÓRSKA 2016/2017 - EDYCJA 5/6

B4SPORT

**Organizator:** Koszalińskie Towarzystwo Krzewienia Kultury  
Fizycznej  
**Data:** 2017-02-08  
**Miejsce:** Koszalin  
**Dystans:** 1.609 km



Klasyfikacja: M-30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 1.609km	Czas brutto 1.609km	Różn	Tempo min/km	Tempo km/h
1	<b>BEDNARZ Paweł</b>	<b>75</b>	13-TY FUN CLUB ASI CHMIEL :*	M-30	1	00:00:07	<b>00:06:16.35</b>	<b>00:06:24.10</b>		3:54	15.4 (100%)
2	<b>SZEWCZUK Paweł</b>	<b>117</b>		M-30	2	00:00:08	<b>00:06:39.50</b>	<b>00:06:48.00</b>	+00:00:23 (5.8%)	4:08	14.5 (94.2%)
3	<b>CZAPLIŃSKI Jacek</b>	<b>188</b>		M-30	3	00:00:18	<b>00:07:10.45</b>	<b>00:07:28.60</b>	+00:00:54 (12.6%)	4:27	13.5 (87.7%)
4	<b>SIWIK Stanisław</b>	<b>73</b>	283. KRT	M-30	4	00:00:10	<b>00:07:25.60</b>	<b>00:07:36.55</b>	+00:01:09 (15.5%)	4:37	13 (84.4%)
5	<b>MICHALAK Michał</b>	<b>32</b>	DZIKI KOSZALIN	M-30	5	00:00:10	<b>00:07:40.30</b>	<b>00:07:50.70</b>	+00:01:23 (18.2%)	4:45	12.6 (81.8%)
6	<b>ZDROWIECKI Artur</b>	<b>50</b>		M-30	6	00:00:10	<b>00:08:14.90</b>	<b>00:08:25.45</b>	+00:01:58 (24.0%)	5:07	11.7 (76.0%)
7	<b>SOKOŁOWSKI Maciej</b>	<b>139</b>		M-30	7	00:00:23	<b>00:08:23.75</b>	<b>00:08:47.05</b>	+00:02:07 (25.3%)	5:13	11.5 (74.7%)
8	<b>KRAWCZYK Tomasz</b>	<b>168</b>		M-30	8	00:00:08	<b>00:08:24.80</b>	<b>00:08:33.60</b>	+00:02:08 (25.4%)	5:13	11.5 (74.7%)
9	<b>KAMYK Piotr</b>	<b>132</b>	MH SERWIS IT :)	M-30	9	00:00:10	<b>00:08:24.90</b>	<b>00:08:35.15</b>	+00:02:08 (25.5%)	5:13	11.5 (74.7%)
10	<b>GOŁDYN Marek</b>	<b>7</b>	TKKF KOSZALIN	M-30	10	00:01:59	<b>00:08:25.50</b>	<b>00:10:24.70</b>	+00:02:09 (25.5%)	5:13	11.5 (74.7%)
11	<b>DZIĘBOWSKI Mariusz</b>	<b>97</b>		M-30	11	00:00:13	<b>00:08:47.10</b>	<b>00:09:00.30</b>	+00:02:30 (28.6%)	5:27	11 (71.4%)
12	<b>RYBARCZYK Ireneusz</b>	<b>138</b>		M-30	12	00:00:18	<b>00:09:24.50</b>	<b>00:09:42.80</b>	+00:03:08 (33.3%)	5:50	10.3 (66.9%)
13	<b>KUPREWICZ Grzegorz</b>	<b>82</b>	JW1223	M-30	13	00:00:13	<b>00:09:28.00</b>	<b>00:09:41.60</b>	+00:03:11 (33.7%)	5:52	10.2 (66.2%)
13	<b>WILKOWSKI Krzysztof</b>	<b>57</b>		M-30	14	00:00:14	<b>00:09:28.00</b>	<b>00:09:42.00</b>	+00:03:11 (33.7%)	5:52	10.2 (66.2%)
15	<b>PANCERZYŃSKI Łukasz</b>	<b>191</b>		M-30	15	00:00:11	<b>00:09:50.90</b>	<b>00:10:02.45</b>	+00:03:34 (36.3%)	6:07	9.8 (63.6%)
16	<b>KOSECKI Tomasz</b>	<b>69</b>		M-30	16	00:00:17	<b>00:10:16.45</b>	<b>00:10:33.90</b>	+00:04:00 (38.9%)	6:22	9.4 (61.0%)
17	<b>RYBARCZYK Tomasz</b>	<b>155</b>		M-30	17	00:00:18	<b>00:11:45.30</b>	<b>00:12:03.30</b>	+00:05:28 (46.6%)	7:17	8.2 (53.2%)

Znaleziono 17 wynik(ów)