



ZIMOWA MILA GÓRSKA 2016/2017 - EDYCJA 6/6

B4SPORT

Organizator: Koszalińskie Towarzystwo Krzewienia Kultury
Fizycznej
Data: 2017-02-22
Miejsce: Koszalin
Dystans: 1.609 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 1.609km	Czas brutto 1.609km	Różn	Tempo min/km	Tempo km/h
1	BEDNARZ Paweł	60	13-TY FUN CLUB ASI CHMIEL :*	M-30	1	00:00:24	00:06:04.15	00:06:28.55		3:46	15.9 (100%)
2	ORZECHOWSKI Kamil	53		M-18	1	00:00:24	00:06:04.95	00:06:29.65	+00:00:00 (0.2%)	3:46	15.9 (100%)
3	SZEWCZUK Paweł	40		M-30	2	00:00:25	00:06:48.55	00:07:13.90	+00:00:44 (10.9%)	4:13	14.2 (89.3%)
4	SZULC Arek	105	ROZBIEGANY KOSZALIN	M-40	1	00:00:40	00:06:53.15	00:07:33.95	+00:00:49 (11.9%)	4:16	14 (88.1%)
5	JAŻWIŃSKI Dawid	10	TKKF KOSZALIN	M-13	1	00:00:25	00:06:55.10	00:07:20.15	+00:00:50 (12.3%)	4:17	14 (88.1%)
6	KOŚCIELNIAK Robert	14	TKKF KOSZALIN	M-50	1	00:00:25	00:07:00.20	00:07:26.15	+00:00:56 (13.3%)	4:21	13.8 (86.8%)
7	KONKEL Agnieszka	118		K-30	1	00:00:26	00:07:30.20	00:07:57.15	+00:01:26 (19.1%)	4:40	12.9 (81.1%)
8	MICHALSKI Jakub	42		M-40	2	00:00:32	00:07:31.80	00:08:04.35	+00:01:27 (19.4%)	4:40	12.8 (80.5%)
9	CHOŁUJ Jarek	87	ROZBIEGANY KOSZALIN	M-40	3	00:00:28	00:07:33.15	00:08:01.60	+00:01:29 (19.6%)	4:41	12.8 (80.5%)
10	BESZTERDA Sebastian	88	NIETOPERZE KOSZALIN	M-40	4	00:00:28	00:07:33.65	00:08:01.70	+00:01:29 (19.7%)	4:41	12.8 (80.5%)
11	MICHALAK Michał	116	DZIKI KOSZALIN	M-30	3	00:00:27	00:07:34.20	00:08:01.80	+00:01:30 (19.8%)	4:41	12.8 (80.5%)
12	IWANIEC Dariusz	8	TKKF KOSZALIN	M-40	5	00:00:26	00:07:38.65	00:08:05.55	+00:01:34 (20.6%)	4:45	12.6 (79.2%)
13	JAROSZ Dariusz	9	TKKF KOSZALIN	M-40	6	00:00:31	00:07:41.05	00:08:12.90	+00:01:36 (21.0%)	4:46	12.6 (79.2%)
14	ZWOLIŃSKI Jan	25	TKKF KOSZALIN	M-40	7	00:00:26	00:07:42.40	00:08:08.65	+00:01:38 (21.2%)	4:46	12.5 (78.6%)
15	KUŁAKOWSKI Dawid	19	TKKF KOSZALIN	M-40	8	00:00:27	00:07:42.45	00:08:09.60	+00:01:38 (21.3%)	4:46	12.5 (78.6%)
16	RUTKOWSKI Ryszard	34	RUTKOWSKI TEAM	M-50	2	00:00:25	00:07:45.55	00:08:10.90	+00:01:41 (21.8%)	4:48	12.5 (78.6%)
17	GOŁDYN Marek	7	TKKF KOSZALIN	M-30	4	00:00:46	00:07:46.85	00:08:33.40	+00:01:42 (22.0%)	4:50	12.4 (78.0%)
18	TESKA Bartosz	110	TKKF KOSZALIN	M-40	9	00:00:41	00:07:56.85	00:08:38.70	+00:01:52 (23.6%)	4:56	12.2 (76.7%)
19	MICERSKI Tomasz	20	TKKF KOSZALIN	M-40	10	00:00:26	00:08:02.20	00:08:28.65	+00:01:58 (24.5%)	4:59	12 (75.5%)
20	WILKOWSKI Krzysztof	83		M-30	5	00:00:28	00:08:09.50	00:08:37.55	+00:02:05 (25.6%)	5:03	11.9 (74.8%)
21	SOKOŁOWSKI Maciej	102		M-30	6	00:00:39	00:08:11.45	00:08:50.50	+00:02:07 (25.9%)	5:04	11.8 (74.2%)
22	KAMYK Piotr	35	MH SERWIS IT :)	M-30	7	00:00:27	00:08:14.65	00:08:41.65	+00:02:10 (26.4%)	5:06	11.7 (73.6%)
23	ZIOMEK Dariusz	77	TKKF KOSZALIN	M-40	11	00:00:45	00:08:14.80	00:09:00.05	+00:02:10 (26.4%)	5:07	11.7 (73.6%)
24	ZDROWIECKI Artur	48		M-30	8	00:00:27	00:08:16.05	00:08:43.25	+00:02:11 (26.6%)	5:08	11.7 (73.6%)
25	KISIELIŃSKI Igor	119	TKKF KOSZALIN	M-50	3	00:00:26	00:08:16.35	00:08:42.90	+00:02:12 (26.6%)	5:08	11.7 (73.6%)
26	DZIESZUK Dariusz	6	TKKF KOSZALIN	M-40	12	00:00:44	00:08:21.65	00:09:06.00	+00:02:17 (27.4%)	5:11	11.5 (72.3%)
27	SZABLA Ewelina	85		K-30	2	00:00:29	00:08:22.85	00:08:51.85	+00:02:18 (27.6%)	5:11	11.5 (72.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas		Różn	Tempo min/km	Tempo km/h
							netto 1.609km	brutto 1.609km			
28	MOSIOŁEK Piotr	66		M-40	13	00:00:33	00:08:25.15	00:08:58.55	+00:02:21 (27.9%)	5:13	11.5 (72.3%)
29	KULCZYK Katarzyna	100	KB BRYZA POSTOMINO	K-30	3	00:00:30	00:08:31.05	00:09:01.90	+00:02:26 (28.7%)	5:17	11.3 (71.1%)
30	CHODOR Izabela	3		K-30	4	00:00:29	00:08:35.75	00:09:04.90	+00:02:31 (29.4%)	5:19	11.3 (71.1%)
31	ZIÓŁKOWSKA Małgorzata	36		K-30	5	00:00:28	00:08:43.70	00:09:12.40	+00:02:39 (30.5%)	5:25	11.1 (69.8%)
32	MĘDEL Marta	74	TKKF KOSZALIN	K-40	1	00:00:29	00:08:45.35	00:09:15.30	+00:02:41 (30.7%)	5:26	11 (69.2%)
33	KOPCZEWSKI Dariusz	95		M-50	4	00:00:31	00:08:46.55	00:09:17.75	+00:02:42 (30.8%)	5:26	11 (69.2%)
34	WAWRZYN Grzegorz	117		M-40	14	00:00:26	00:08:49.00	00:09:15.05	+00:02:44 (31.2%)	5:28	11 (69.2%)
35	JUSZCZAK Krzysztof	86		M-60	1	00:00:37	00:08:49.15	00:09:26.90	+00:02:45 (31.2%)	5:28	11 (69.2%)
36	ZIĘBA Paweł	24	TKKF KOSZALIN	M-40	15	00:00:32	00:08:50.80	00:09:23.25	+00:02:46 (31.4%)	5:29	10.9 (68.6%)
37	DĄBROWSKA Alicja	5	TKKF KOSZALIN	K-50	1	00:00:32	00:09:00.80	00:09:33.15	+00:02:56 (32.7%)	5:36	10.7 (67.3%)
38	KRZEWIŃSKA Małgorzata	18	TKKF KOSZALIN	K-50	2	00:00:29	00:09:13.05	00:09:42.50	+00:03:08 (34.2%)	5:43	10.5 (66.0%)
39	WOJCIECHOWSKI Andrzej	114		M-40	16	00:00:26	00:09:14.70	00:09:41.65	+00:03:10 (34.4%)	5:44	10.4 (65.4%)
40	GRABOWSKA-LESISZ Aneta	89		K-30	6	00:00:28	00:09:19.65	00:09:48.00	+00:03:15 (34.9%)	5:47	10.4 (65.4%)
41	GOTOWAŁA Rafał	50		M-40	17	00:00:33	00:09:19.75	00:09:53.70	+00:03:15 (34.9%)	5:47	10.4 (65.4%)
42	BESZTERDA Jakub	111		M-13	2	00:00:28	00:09:23.80	00:09:51.85	+00:03:19 (35.4%)	5:49	10.3 (64.8%)
43	KILAR Tomasz	97		M-40	18	00:00:36	00:09:28.85	00:10:05.20	+00:03:24 (36.0%)	5:53	10.2 (64.2%)
44	SEEWALD Jan	115		M-40	19	00:00:30	00:09:28.95	00:09:59.50	+00:03:24 (36.0%)	5:53	10.2 (64.2%)
45	FAJGIER Tomasz	45		M-40	20	00:00:28	00:09:40.70	00:10:08.85	+00:03:36 (37.3%)	6:00	10 (62.9%)
46	SZYMAŃSKA Agnieszka	82		K-40	2	00:00:32	00:09:41.75	00:10:14.60	+00:03:37 (37.4%)	6:01	10 (62.9%)
47	KOZŁOWIECKI Waldek	16	TKKF KOSZALIN	M-60	2	00:00:34	00:09:49.65	00:10:23.85	+00:03:45 (38.2%)	6:05	9.8 (61.6%)
48	KARNICKI Zygmunt	12	TKKF KOSZALIN	M-60	3	00:00:29	00:09:52.30	00:10:22.25	+00:03:48 (38.5%)	6:08	9.8 (61.6%)
49	GROCHOWSKI Rafał	54		M-40	21	00:00:35	00:09:55.30	00:10:31.00	+00:03:51 (38.8%)	6:10	9.7 (61.0%)
50	HELLER Zdzisław	41	NIEZRZESZONY	M-60	4	00:00:31	00:10:05.15	00:10:36.75	+00:04:01 (39.8%)	6:15	9.6 (60.4%)
51	WOLF Beata	67	TKKF KOSZALIN	K-30	7	00:00:30	00:10:11.50	00:10:41.70	+00:04:07 (40.4%)	6:19	9.5 (59.7%)
52	KOSECKI Tomasz	37		M-30	9	00:00:34	00:10:20.20	00:10:54.85	+00:04:16 (41.3%)	6:25	9.3 (58.5%)
53	PANCERZYŃSKI Łukasz	64		M-30	10	00:00:38	00:10:22.90	00:11:01.45	+00:04:18 (41.5%)	6:26	9.3 (58.5%)
54	KLENIEWSKI Piotr	56		M-50	5	00:00:26	00:10:23.50	00:10:50.05	+00:04:19 (41.6%)	6:27	9.3 (58.5%)
55	OSTROWSKI Krzysztof	98		M-40	22	00:00:43	00:10:28.10	00:11:11.15	+00:04:23 (42.0%)	6:30	9.2 (57.9%)
56	MAZUREK Barbara	72	BABECZKI KOSZALIN	K-30	8	00:00:36	00:10:35.50	00:11:12.25	+00:04:31 (42.7%)	6:35	9.1 (57.2%)
57	BORSUK Dorota	33		K-40	3	00:00:29	00:10:41.80	00:11:11.15	+00:04:37 (43.3%)	6:38	9 (56.6%)
58	SKRZYPEK Marcin	120	NIETOPERZE KOSZALIN	M-30	11	00:00:37	00:11:34.80	00:12:12.75	+00:05:30 (47.6%)	7:11	8.3 (52.2%)
59	NOWACKA Elżbieta	57		K-40	4	00:00:32	00:11:40.05	00:12:12.20	+00:05:35 (48.0%)	7:14	8.3 (52.2%)
60	SEEWALD Julia	47		K-Dzieci	1	00:00:35	00:12:30.25	00:13:05.65	+00:06:26 (51.5%)	7:45	7.7 (48.4%)
61	RYBARCZYK Tomasz	81		M-30	12	00:00:26	00:12:33.65	00:13:00.40	+00:06:29 (51.7%)	7:48	7.7 (48.4%)
62	KOSECKA Sylwia	93		K-18	1	00:00:35	00:12:34.80	00:13:09.80	+00:06:30 (51.8%)	7:48	7.7 (48.4%)
63	RYBARCZYK Nina	52		K-Dzieci	2	00:00:25	00:12:36.70	00:13:02.30	+00:06:32 (51.9%)	7:50	7.7 (48.4%)
64	SEEWALD Agnieszka	96		K-30	9	00:00:34	00:12:36.80	00:13:11.65	+00:06:32 (51.9%)	7:50	7.7 (48.4%)
65	RYBARCZYK Ireneusz	51		M-30	13	00:00:25	00:12:37.15	00:13:02.90	+00:06:33 (51.9%)	7:50	7.7 (48.4%)
66	WOJTKIEWICZ-BĄKOWSKA Dorota	43	BABECZKI KOSZALIN	K-30	10	00:00:35	00:13:32.45	00:14:08.30	+00:07:28 (55.2%)	8:24	7.1 (44.7%)
67	KURCZ Barbara	62	BABECZKI KOSZALIN	K-40	5	00:00:36	00:13:32.50	00:14:08.65	+00:07:28 (55.2%)	8:24	7.1 (44.7%)
68	BARTNIK Marian	1	TKKF KOSZALIN	M-70	1	00:00:24	00:14:28.00	00:14:52.00	+00:08:23 (58.0%)	8:59	6.7 (42.1%)

Znaleziono 68 wynik(ów)