

ZIMOWA MILA GÓRSKA 2017/2018 - EDYCJA 1/6

B4SPORT

Organizator: Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej
Data: 2017-12-20
Miejsce: Koszalin
Dystans: 1.609 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 1.609km	Różn	Tempo min/km	Tempo km/h
1	KOZAK Paweł	80	KL BAŁTYK	M-14	1	00:06:04.55		3:46	15.9 (100%)
2	GÓRSKI Mateusz	61	MORSKI ODDZIAŁ STRAŻY GRANICZNEJ	M-18	1	00:06:05.15	+00:00:00 (0.2%)	3:46	15.9 (100%)
3	KOZAK Arkadiusz	60	TKKF KOSZALIN	M-40	1	00:06:18.10	+00:00:13 (3.6%)	3:54	15.3 (96.2%)
4	CZAPLIŃSKI Jacek	66	FREE BIRDS	M-30	1	00:06:34.90	+00:00:30 (7.7%)	4:05	14.7 (92.5%)
5	MUSIAŁ Krzysztof	77	TKKF KOSZALIN	M-30	2	00:06:36.65	+00:00:32 (8.1%)	4:05	14.6 (91.8%)
6	PRZEWŁOCKI Michał	75	TKKF KOSZALIN	M-30	3	00:06:47.00	+00:00:42 (10.4%)	4:12	14.2 (89.3%)
7	SOSNOWSKI Tomasz	5	'BAŁTYK' KOSZALIN	M-18	2	00:06:50.65	+00:00:46 (11.2%)	4:14	14.1 (88.7%)
8	ZIELIŃSKI Kacper	4		M-18	3	00:06:58.80	+00:00:54 (13.0%)	4:20	13.8 (86.8%)
9	SITOWSKI Marcin	69		M-18	4	00:07:03.10	+00:00:58 (13.8%)	4:22	13.7 (86.2%)
10	ZUKAL Piotr	11		M-40	2	00:07:05.55	+00:01:01 (14.3%)	4:24	13.6 (85.5%)
11	BESZTERDA Jakub	1		M-14	2	00:07:09.05	+00:01:04 (15.0%)	4:26	13.5 (84.9%)
12	ZACHOLSKI Wojciech	91		M-18	5	00:07:09.60	+00:01:05 (15.1%)	4:27	13.5 (84.9%)
13	KOŚCIELNIAK Robert	53	TKKF KOSZALIN	M-50	1	00:07:12.40	+00:01:07 (15.7%)	4:28	13.4 (84.3%)
14	ŻYWICKI Janusz	57	KB PIONIER SZCZECIN	M-40	3	00:07:17.10	+00:01:12 (16.6%)	4:31	13.3 (83.6%)
15	MOSZYŃSKI Jacek	7	TKKF KOSZALIN	M-50	2	00:07:22.00	+00:01:17 (17.5%)	4:34	13.1 (82.4%)
16	BESZTERDA Sebastian	8	NIETOPERZE KOSZALIN	M-40	4	00:07:23.85	+00:01:19 (17.9%)	4:35	13.1 (82.4%)
17	KONKEL Agnieszka	18		K-30	1	00:07:26.80	+00:01:22 (18.4%)	4:37	13 (81.8%)
18	ŻYWICKI Bartosz	15	DZIKI KOSZALIN	M-30	4	00:07:29.35	+00:01:24 (18.9%)	4:38	12.9 (81.1%)
19	MAAS Artur Artimea	100	KINO~BIEGÓW~ARTI*	M-30	5	00:07:30.40	+00:01:25 (19.1%)	4:40	12.9 (81.1%)
20	ZWOLIŃSKI Jan	94	TKKF KOSZALIN	M-40	5	00:07:30.80	+00:01:26 (19.1%)	4:40	12.9 (81.1%)
21	SZUBERT Marcin	38		M-40	6	00:07:41.30	+00:01:36 (21.0%)	4:46	12.6 (79.2%)
22	IWANIEC Dariusz	98	TKKF KOSZALIN	M-40	7	00:07:47.30	+00:01:42 (22.0%)	4:50	12.4 (78.0%)
23	WOŁOWIEC Przemek	40		M-30	6	00:07:47.60	+00:01:43 (22.0%)	4:50	12.4 (78.0%)
24	DATA Dariusz	35		M-40	8	00:07:50.45	+00:01:45 (22.5%)	4:52	12.3 (77.4%)
25	KONKEL Łukasz	34		M-30	7	00:07:55.60	+00:01:51 (23.3%)	4:55	12.2 (76.7%)
26	KISIELIŃSKI Igor	6	TKKF KOSZALIN	M-50	3	00:07:56.60	+00:01:52 (23.5%)	4:55	12.2 (76.7%)
27	KUŁAKOWSKI Dawid	67	TKKF KOSZALIN	M-40	9	00:07:56.85	+00:01:52 (23.6%)	4:56	12.2 (76.7%)

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						1.609km	Różn		
28	BASSEL Marcin	39		M-30	8	00:07:58.90	+00:01:54 (23.9%)	4:57	12.1 (76.1%)
29	MICHNOWICZ Ewelina	51	HUSARIA RACE TEAM	K-18	1	00:08:00.30	+00:01:55 (24.1%)	4:58	12.1 (76.1%)
30	CZARNOWSKI Kamil	17		M-18	6	00:08:01.70	+00:01:57 (24.3%)	4:58	12 (75.5%)
31	MISZCZYK Jan	36	ROZBIEGANY KOSZALIN	M-18	7	00:08:05.05	+00:02:00 (24.8%)	5:01	12 (75.5%)
32	CHOŁUJ Jarek	65		M-40	10	00:08:05.45	+00:02:00 (24.9%)	5:01	12 (75.5%)
33	MICERSKI Tomasz	86	TKKF KOSZALIN	M-40	11	00:08:11.60	+00:02:07 (25.8%)	5:04	11.8 (74.2%)
34	SZABLA Ewelina	42	TKKF KOSZALIN	K-30	2	00:08:15.70	+00:02:11 (26.5%)	5:08	11.7 (73.6%)
35	KAMYK Piotr	47	MH SERWIS IT KOSZALIN WWW.MH-INFORMATYKA.PL	M-30	9	00:08:15.90	+00:02:11 (26.5%)	5:08	11.7 (73.6%)
36	CHODOR Martyna	45	TKKF KOSZALIN	K-30	3	00:08:19.75	+00:02:15 (27.1%)	5:10	11.6 (73.0%)
37	KAZIMIEROWICZ Radosław	33	VTT KOSZALIN	M-30	10	00:08:24.80	+00:02:20 (27.8%)	5:13	11.5 (72.3%)
38	ĆWIRKO Mateusz	37		M-18	8	00:08:30.65	+00:02:26 (28.6%)	5:17	11.3 (71.1%)
39	CHODOR Izabela	9	TKKF KOSZALIN	K-30	4	00:08:32.00	+00:02:27 (28.8%)	5:18	11.3 (71.1%)
40	CIEŚLAK Radosław	23		M-18	9	00:08:34.60	+00:02:30 (29.2%)	5:19	11.3 (71.1%)
41	NOREK Tomek	64		M-40	12	00:08:35.30	+00:02:30 (29.3%)	5:20	11.2 (70.4%)
42	WAWRZYN Grzegorz	19		M-40	13	00:08:37.90	+00:02:33 (29.6%)	5:21	11.2 (70.4%)
43	ŻUKOWSKI Cezary	56	CZAREK W BIEGU	M-30	11	00:08:40.05	+00:02:35 (29.9%)	5:22	11.1 (69.8%)
44	SKOWYRSKI Janusz	3	TKKF KOSZALIN	M-50	4	00:08:40.90	+00:02:36 (30.0%)	5:23	11.1 (69.8%)
45	DĄBROWSKA Alicja	32	TKKF KOSZALIN	K-50	1	00:08:44.35	+00:02:39 (30.5%)	5:25	11.1 (69.8%)
46	KOWALCZYK Arkadiusz	13		M-18	10	00:08:52.50	+00:02:47 (31.5%)	5:31	10.9 (68.6%)
47	MARZEC Łukasz	62		M-30	12	00:08:56.10	+00:02:51 (32.0%)	5:33	10.8 (67.9%)
48	SZUBERT Julia	46		K-14	1	00:08:57.10	+00:02:52 (32.1%)	5:33	10.8 (67.9%)
49	KULCZYK Katarzyna	72	KB BRYZA POSTOMINO	K-30	5	00:08:58.25	+00:02:53 (32.3%)	5:34	10.8 (67.9%)
50	MĘDEL Marta	31	TKKF KOSZALIN	K-40	1	00:08:58.50	+00:02:53 (32.3%)	5:34	10.8 (67.9%)
51	GOŁDYN Marek	14	TKKF KOSZALIN	M-30	13	00:08:59.80	+00:02:55 (32.5%)	5:35	10.7 (67.3%)
52	KURŁOWICZ Krzysztof	76	ŻÓŁWIEGO BIEGACZA :)	M-30	14	00:09:00.10	+00:02:55 (32.5%)	5:35	10.7 (67.3%)
53	KRZEWIŃSKA Małgorzata	73	TKKF KOSZALIN	K-50	2	00:09:00.60	+00:02:56 (32.6%)	5:35	10.7 (67.3%)
54	ZIÓŁKOWSKA Gosia	44		K-30	6	00:09:01.35	+00:02:56 (32.7%)	5:36	10.7 (67.3%)
55	GRABOWSKA-LESISZ Aneta	22		K-30	7	00:09:17.10	+00:03:12 (34.6%)	5:45	10.4 (65.4%)
56	ORZEŁ Anna Justyna	74	TKKF KOSZALIN	K-40	2	00:09:23.60	+00:03:19 (35.3%)	5:49	10.3 (64.8%)
57	JUSZCZAK Krzysztof	30		M-60	1	00:09:24.35	+00:03:19 (35.4%)	5:50	10.3 (64.8%)
58	KLENIEWSKI Piotr	58	ZACHODNIOPOMORSKIE	M-50	5	00:09:27.55	+00:03:23 (35.8%)	5:52	10.2 (64.2%)
59	KOPCZEWSKI Dariusz	27		M-50	6	00:09:34.25	+00:03:29 (36.5%)	5:57	10.1 (63.5%)
60	SZUBERT Alicja	25	KOŁOBRZEG BIEGA	K-Dz	1	00:09:35.50	+00:03:30 (36.7%)	5:57	10.1 (63.5%)
61	PAWLAK Marek	71		M-30	15	00:09:36.25	+00:03:31 (36.7%)	5:57	10.1 (63.5%)
62	PANCERZYŃSKI Łukasz	48		M-30	16	00:09:42.60	+00:03:38 (37.4%)	6:01	10 (62.9%)
63	KOZŁOWIECKI Waldek	70	TKKF KOSZALIN	M-60	2	00:09:49.05	+00:03:44 (38.1%)	6:05	9.8 (61.6%)
64	PAWELSKI Kacper	85	TIMO&JOHNNY	M-14	3	00:09:50.60	+00:03:46 (38.3%)	6:06	9.8 (61.6%)
65	KALOCIŃSKI Krzysztof	49		M-30	17	00:09:57.45	+00:03:52 (39.0%)	6:11	9.7 (61.0%)
66	ZALESKI Tomasz	92		M-30	18	00:10:04.15	+00:03:59 (39.7%)	6:15	9.6 (60.4%)
67	JANCZEWSKI Jacek	52		M-18	11	00:10:09.60	+00:04:05 (40.2%)	6:18	9.5 (59.7%)
68	SIKORSKI Witold	41	KB RUN 42	M-50	7	00:10:09.70	+00:04:05 (40.2%)	6:18	9.5 (59.7%)
69	MAZUREK Barbara	43	BABECZKI KOSZALIN	K-30	8	00:10:10.70	+00:04:06 (40.3%)	6:19	9.5 (59.7%)
70	NOWACKA Elżbieta	28		K-40	3	00:10:12.05	+00:04:07 (40.4%)	6:20	9.5 (59.7%)
71	KARNICKI Zygmunt	95	TKKF KOSZALIN	M-60	3	00:10:14.90	+00:04:10 (40.7%)	6:21	9.4 (59.1%)

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72	RADOSZ Katarzyna	29		K-40	4	00:10:18.60	+00:04:14 (41.1%)	6:24	9.4 (59.1%)
73	NAWROCKA Anna	24		K-18	2	00:10:21.65	+00:04:17 (41.4%)	6:26	9.3 (58.5%)
74	ROBAKOWSKA Żaneta	16	GABINET REHABILITACJI AKTYWNEJ	K-30	9	00:10:24.30	+00:04:19 (41.6%)	6:27	9.3 (58.5%)
75	BIERKUS Mirosław	59	TKKF KOSZALIN	M-60	4	00:10:27.20	+00:04:22 (41.9%)	6:29	9.2 (57.9%)
76	SKRZYPEK Marcin	26	NIETOPERZE KOSZALIN	M-30	19	00:10:29.15	+00:04:24 (42.1%)	6:31	9.2 (57.9%)
77	SZUBERT Agnieszka	63	KOŁOBRZEG BIEGA	K-30	10	00:10:33.20	+00:04:28 (42.4%)	6:33	9.2 (57.9%)
78	KUCZYŃSKI Tymoteusz	97	TIMO&JOHNNY	M-14	4	00:10:46.95	+00:04:42 (43.7%)	6:41	9 (56.6%)
79	BRZEZIŃSKI Bartosz	88		M-18	12	00:10:48.90	+00:04:44 (43.8%)	6:43	8.9 (56.0%)
80	FRĄTCZAK Sławomir	82		M-30	20	00:11:05.35	+00:05:00 (45.2%)	6:53	8.7 (54.7%)
81	HAWRAN Beata	54		K-18	3	00:11:21.50	+00:05:16 (46.5%)	7:02	8.5 (53.5%)
82	HELLER Zdzisław	10	NIEZRZESZONY	M-60	5	00:11:31.30	+00:05:26 (47.3%)	7:09	8.4 (52.8%)
83	ŻAK Rafał	68		M-30	21	00:12:37.45	+00:06:32 (51.9%)	7:50	7.7 (48.4%)
84	WOLF Beata	12	TKKF KOSZALIN	K-30	11	00:12:39.50	+00:06:34 (52.0%)	7:52	7.6 (47.8%)
85	KOZŁOWIECKA Małgorzata	79		K-50	3	00:12:48.65	+00:06:44 (52.6%)	7:57	7.5 (47.2%)
86	PRZYBOREK Kinga	20		K-30	12	00:13:26.20	+00:07:21 (54.8%)	8:20	7.2 (45.3%)
87	MARTKO Agnieszka	2		K-30	13	00:15:03.00	+00:08:58 (59.6%)	9:20	6.4 (40.3%)
88	WOJTKIEWICZ-BAKOWSKA Dorota	50	BABECZKI KOSZALIN	K-30	14	00:17:25.65	+00:11:21 (65.1%)	10:49	5.5 (34.6%)
89	BAKOWSKA Agata	55	BABECZKI KOSZALIN	K-Dz	2	00:17:25.85	+00:11:21 (65.1%)	10:49	5.5 (34.6%)
90	BARTNIK Marian	78	TKKF KOSZALIN	M-70	1				(0.0%)
91	ZAWORSKI Nicolas	21	SP 9	M-Dz	1				(0.0%)

Znaleziono 91 wynik(ów)