

ZIMOWA MILA GÓRSKA 2017/2018 - EDYCJA 2/6

B4SPORT

Organizator: Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej
Data: 2018-01-10
Miejsce: Koszalin
Dystans: 1.609 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto		Tempo min/km	Tempo km/h
						1.609km	Różn		
1	KĘPKA Adrian	6		M-18	1	00:05:57.20		3:41	16.2 (100%)
2	GÓRSKI Mateusz	100	MORSKI ODDZIAŁ STRAŻY GRANICZNEJ	M-18	2	00:06:06.25	+00:00:09 (2.5%)	3:47	15.8 (97.5%)
3	KOZAK Arkadiusz	65	TKKF KOSZALIN	M-40	1	00:06:10.25	+00:00:13 (3.5%)	3:49	15.7 (96.9%)
4	MUSIAŁ Krzysztof	54	TKKF KOSZALIN	M-30	1	00:06:27.40	+00:00:30 (7.8%)	4:00	15 (92.6%)
5	CZAPLIŃSKI Jacek	9	FREE BIRDS	M-30	2	00:06:40.10	+00:00:42 (10.7%)	4:08	14.5 (89.5%)
6	ZIELIŃSKI Kacper	60		M-18	3	00:06:50.65	+00:00:53 (13.0%)	4:15	14.1 (87.0%)
7	PRZEWŁOCKI Michał	15	TKKF KOSZALIN	M-30	3	00:06:58.30	+00:01:01 (14.6%)	4:19	13.9 (85.8%)
8	ZUKAL Piotr	90		M-40	2	00:07:03.20	+00:01:06 (15.6%)	4:22	13.7 (84.6%)
9	BESZTERDA Jakub	67		M-14	1	00:07:08.25	+00:01:11 (16.6%)	4:26	13.5 (83.3%)
10	KOŚCIELNIAK Robert	20	TKKF KOSZALIN	M-50	1	00:07:08.50	+00:01:11 (16.6%)	4:26	13.5 (83.3%)
11	ZACHOLSKI Wojciech	72		M-18	4	00:07:11.45	+00:01:14 (17.2%)	4:27	13.4 (82.7%)
12	BESZTERDA Sebastian	92	NIETOPERZE KOSZALIN	M-40	3	00:07:18.65	+00:01:21 (18.6%)	4:32	13.2 (81.5%)
13	SZUBERT Marcin	69		M-40	4	00:07:19.30	+00:01:22 (18.7%)	4:32	13.2 (81.5%)
14	WOŁOWIEC Przemek	80		M-40	5	00:07:19.50	+00:01:22 (18.7%)	4:32	13.2 (81.5%)
15	MOSZYŃSKI Jacek	47	TKKF KOSZALIN	M-50	2	00:07:22.85	+00:01:25 (19.3%)	4:35	13.1 (80.9%)
16	CZARNOWSKI Kamil	12		M-18	5	00:07:28.90	+00:01:31 (20.4%)	4:38	12.9 (79.6%)
17	IWANIEC Dariusz	51	TKKF KOSZALIN	M-40	6	00:07:30.65	+00:01:33 (20.7%)	4:40	12.9 (79.6%)
18	ZWOLIŃSKI Jan	70	TKKF KOSZALIN	M-50	3	00:07:36.85	+00:01:39 (21.8%)	4:43	12.7 (78.4%)
19	KONKEL Agnieszka	96		K-30	1	00:07:37.25	+00:01:40 (21.9%)	4:43	12.7 (78.4%)
20	KUŁAKOWSKI Dawid	53	TKKF KOSZALIN	M-40	7	00:07:44.00	+00:01:46 (23.0%)	4:48	12.5 (77.2%)
21	BORYCHOWSKA Marlena	1	KB TUPOT USTKA	K-30	2	00:07:52.00	+00:01:54 (24.3%)	4:53	12.3 (75.9%)
22	SZUBERT Julia	37		K-18	1	00:07:55.40	+00:01:58 (24.9%)	4:55	12.2 (75.3%)
23	BASSEL Marcin	13		M-30	4	00:07:56.10	+00:01:58 (25.0%)	4:55	12.2 (75.3%)
24	CIEŚLAK Radosław	25		M-18	6	00:08:01.10	+00:02:03 (25.8%)	4:58	12 (74.1%)
25	KAMYK Piotr	89	MH SERWIS IT KOSZALIN WWW.MH-INFORMATYKA.PL	M-30	5	00:08:01.75	+00:02:04 (25.9%)	4:59	12 (74.1%)
26	KONKEL Łukasz	44		M-30	6	00:08:03.95	+00:02:06 (26.2%)	5:00	12 (74.1%)
27	KISIELIŃSKI Igor	62	TKKF KOSZALIN	M-50	4	00:08:05.80	+00:02:08 (26.5%)	5:01	11.9 (73.5%)

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28	MICERSKI Tomasz	46	TKKF KOSZALIN	M-40	8	00:08:06.70	+00:02:09 (26.6%)	5:02	11.9 (73.5%)
29	FRĄTCZAK Sławomir	81		M-30	7	00:08:15.35	+00:02:18 (27.9%)	5:08	11.7 (72.2%)
30	CHOŁUJ Jarek	64		M-40	9	00:08:20.25	+00:02:23 (28.6%)	5:10	11.6 (71.6%)
31	NOREK Tomek	98		M-50	5	00:08:27.05	+00:02:29 (29.6%)	5:14	11.4 (70.4%)
32	KAZIMIEROWICZ Radosław	68	VTT KOSZALIN	M-30	8	00:08:34.95	+00:02:37 (30.6%)	5:19	11.3 (69.8%)
33	ŻUKOWSKI Cezary	88	CZAREK W BIEGU	M-30	9	00:08:41.25	+00:02:44 (31.5%)	5:24	11.1 (68.5%)
34	DĄBROWSKA Alicja	99	TKKF KOSZALIN	K-50+	1	00:08:48.20	+00:02:51 (32.4%)	5:28	11 (67.9%)
35	KOPCZEWSKI Dariusz	22		M-50	6	00:08:49.10	+00:02:51 (32.5%)	5:29	10.9 (67.3%)
36	WAWRZYN Grzegorz	79		M-40	10	00:08:49.75	+00:02:52 (32.6%)	5:29	10.9 (67.3%)
37	KRZEWIŃSKA Małgorzata	83	TKKF KOSZALIN	K-50+	2	00:08:51.90	+00:02:54 (32.8%)	5:30	10.9 (67.3%)
38	ZIÓŁKOWSKA Gosia	91		K-30	3	00:08:59.35	+00:03:02 (33.8%)	5:35	10.7 (66.0%)
39	JUSZCZAK Krzysztof	48		M-60	1	00:09:08.40	+00:03:11 (34.9%)	5:40	10.6 (65.4%)
40	OSOBNIAK Ryszard	107		M-60	2	00:09:09.05	+00:03:11 (34.9%)	5:40	10.6 (65.4%)
41	GRABOWSKA-LESISZ Aneta	7		K-40	1	00:09:09.40	+00:03:12 (35.0%)	5:41	10.5 (64.8%)
42	MĘDEL Marta	77	TKKF KOSZALIN	K-40	2	00:09:12.75	+00:03:15 (35.4%)	5:42	10.5 (64.8%)
43	DOMAŃSKI Adam	75		M-40	11	00:09:17.40	+00:03:20 (35.9%)	5:46	10.4 (64.2%)
44	BIERKUS Mirosław	56	TKKF KOSZALIN	M-60	3	00:09:27.55	+00:03:30 (37.1%)	5:52	10.2 (63.0%)
45	KLENIEWSKI Piotr	57	ZACHODNIOPOMORSKIE	M-50	7	00:09:29.30	+00:03:32 (37.3%)	5:53	10.2 (63.0%)
46	KUPREWICZ Grzegorz	55	TKKF KOSZALIN	M-30	10	00:09:41.65	+00:03:44 (38.6%)	6:00	10 (61.7%)
47	WILKOWSKI Krzysztof	87		M-30	11	00:09:42.40	+00:03:45 (38.7%)	6:01	10 (61.7%)
48	ROBAKOWSKA Żaneta	23	GABINET REHABILITACJI AKTYWNEJ	K-30	4	00:09:48.60	+00:03:51 (39.3%)	6:05	9.9 (61.1%)
49	KOZŁOWIECKI Waldek	66	TKKF KOSZALIN	M-60	4	00:09:51.60	+00:03:54 (39.6%)	6:07	9.8 (60.5%)
50	KARNICKI Zygmunt	76	TKKF KOSZALIN	M-60	5	00:10:03.25	+00:04:06 (40.8%)	6:14	9.6 (59.3%)
51	BRZEZIŃSKI Bartosz	52		M-30	12	00:10:07.05	+00:04:09 (41.2%)	6:17	9.5 (58.6%)
52	RADOSZ Katarzyna	95		K-40	3	00:10:07.25	+00:04:10 (41.2%)	6:17	9.5 (58.6%)
53	SIKORSKI Witold	33	KB RUN 42	M-50	8	00:10:09.00	+00:04:11 (41.3%)	6:18	9.5 (58.6%)
54	NOWACKA Elżbieta	82		K-40	4	00:10:12.70	+00:04:15 (41.7%)	6:20	9.5 (58.6%)
55	KALOCIŃSKI Krzysztof	3		M-30	13	00:10:17.45	+00:04:20 (42.1%)	6:23	9.4 (58.0%)
56	ŻAK Rafał	5		M-30	14	00:10:27.20	+00:04:30 (43.0%)	6:29	9.2 (56.8%)
57	PRZYBOREK Kinga	58		K-30	5	00:10:27.65	+00:04:30 (43.1%)	6:29	9.2 (56.8%)
58	BRYŁOWSKI Dawid	30		M-18	7	00:10:27.80	+00:04:30 (43.1%)	6:29	9.2 (56.8%)
59	HELLER Zdzisław	45	NIEZRZESZONY	M-60	6	00:11:19.00	+00:05:21 (47.4%)	7:01	8.5 (52.5%)
60	NAWROCKA Anna	49		K-18	2	00:11:21.40	+00:05:24 (47.6%)	7:02	8.5 (52.5%)
61	SKRZYPEK Marcin	29	NIETOPERZE KOSZALIN	M-40	12	00:11:36.70	+00:05:39 (48.7%)	7:12	8.3 (51.2%)
62	KOZŁOWIECKA Małgorzata	24		K-50+	3	00:11:42.15	+00:05:44 (49.1%)	7:16	8.3 (51.2%)
63	WOLF Beata	42	TKKF KOSZALIN	K-40	5	00:12:04.10	+00:06:06 (50.7%)	7:29	8 (49.4%)

Znaleziono 63 wynik(ów)