



ZIMOWA MILA GÓRSKA 2017/2018 - EDYCJA 5/6

B4SPORT

Organizator: Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej
Data: 2018-02-21
Miejsce: Koszalin
Dystans: 1.609 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto		Tempo min/km	Tempo km/h
						1.609km	Różn		
1	ZACHARCZUK Albin	100	UNIA HRUBIESZÓW	M-18	1	00:05:56.45		3:41	16.3 (100%)
2	KOZAK Paweł	92	KL BAŁTYK	M-14	1	00:06:02.60	+00:00:06 (1.7%)	3:45	16 (98.2%)
3	PELO Artur	66		M-40	1	00:06:07.65	+00:00:11 (3.0%)	3:47	15.8 (96.9%)
4	GAWRON Piotr	17	ULKS TALEX BORZYTUCHOM	M-18	2	00:06:13.55	+00:00:17 (4.6%)	3:51	15.5 (95.1%)
5	DORSZYŃSKI Grzegorz	49	UKS WIKING RYCHNOWY	M-30	1	00:06:17.45	+00:00:21 (5.6%)	3:54	15.3 (93.9%)
6	ZACHOLSKI Wojciech	85		M-18	3	00:06:45.60	+00:00:49 (12.1%)	4:12	14.3 (87.7%)
7	CZAPLIŃSKI Jacek	30	FREE BIRDS	M-30	2	00:06:47.15	+00:00:50 (12.5%)	4:12	14.2 (87.1%)
8	WIRKUS Kacper	95	UKS WIKING RYCHNOWY	M-18	4	00:06:47.85	+00:00:51 (12.6%)	4:12	14.2 (87.1%)
9	PRZEWŁOCKI Michał	32	TKKF KOSZALIN	M-30	3	00:06:56.05	+00:00:59 (14.3%)	4:18	13.9 (85.3%)
10	SZULC Arek	55		M-40	2	00:06:56.95	+00:01:00 (14.5%)	4:19	13.9 (85.3%)
11	JAŻWIŃSKI Dawid	89	TKKF KOSZALIN	M-18	5	00:06:58.35	+00:01:01 (14.8%)	4:20	13.8 (84.7%)
12	SÓJKA Klaudia	20	UKS WIKING RYCHNOWY	K-18	1	00:06:59.65	+00:01:03 (15.1%)	4:20	13.8 (84.7%)
13	PIŁAT Michał	61		M-40	3	00:06:59.80	+00:01:03 (15.1%)	4:20	13.8 (84.7%)
14	KOŚCIELNIAK Robert	88	TKKF KOSZALIN	M-50	1	00:07:03.20	+00:01:06 (15.8%)	4:23	13.7 (84.0%)
15	JAROSZ Jakub	64	TKKF KOSZALIN	M-18	6	00:07:05.50	+00:01:09 (16.2%)	4:23	13.6 (83.4%)
16	ZUKAL Piotr	7		M-40	4	00:07:06.10	+00:01:09 (16.3%)	4:24	13.6 (83.4%)
17	ZWOLIŃSKI Jan	73	TKKF KOSZALIN	M-50	2	00:07:09.90	+00:01:13 (17.1%)	4:27	13.5 (82.8%)
18	WOŁOWIEC Przemek	50		M-40	5	00:07:12.05	+00:01:15 (17.5%)	4:28	13.4 (82.2%)
19	BESZTERDA Jakub	75		M-14	2	00:07:13.70	+00:01:17 (17.8%)	4:29	13.4 (82.2%)
20	BESZTERDA Sebastian	63	NIETOPERZE KOSZALIN	M-40	6	00:07:17.40	+00:01:20 (18.5%)	4:31	13.3 (81.6%)
21	ŻYWICKI Bartosz	69	DZIKI KOSZALIN	M-30	4	00:07:20.30	+00:01:23 (19.0%)	4:33	13.2 (81.0%)
22	LEWIŃSKI Konrad	68	UKS WIKING RYCHNOWY	M-14	3	00:07:20.35	+00:01:23 (19.1%)	4:33	13.2 (81.0%)
23	MOSZYŃSKI Jacek	26	TKKF KOSZALIN	M-50	3	00:07:21.25	+00:01:24 (19.2%)	4:33	13.1 (80.4%)
24	KONKEL Agnieszka	58		K-30	1	00:07:22.35	+00:01:25 (19.4%)	4:34	13.1 (80.4%)
25	ZAKRZEWSKA Sara	53	UKS WIKING RYCHNOWY	K-18	2	00:07:25.80	+00:01:29 (20.0%)	4:37	13 (79.8%)
26	SZUBERT Marcin	2		M-40	7	00:07:28.75	+00:01:32 (20.6%)	4:38	12.9 (79.1%)
26	FRIESKIE Anna	77	UKS WIKING RYCHNOWY	K-14	1	00:07:28.75	+00:01:32 (20.6%)	4:38	12.9 (79.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas		Tempo min/km	Tempo km/h
						netto	Różn		
						1.609km			
28	KUŁAKOWSKI Dawid	36	TKKF KOSZALIN	M-40	8	00:07:31.00	+00:01:34 (21.0%)	4:40	12.9 (79.1%)
29	SZUBERT Julia	74		K-18	3	00:07:41.65	+00:01:45 (22.8%)	4:46	12.5 (76.7%)
30	BASSEL Marcin	35		M-30	5	00:07:45.95	+00:01:49 (23.5%)	4:49	12.4 (76.1%)
31	ŻUKOWSKI Cezary	80	CZAREK W BIEGU	M-30	6	00:07:48.85	+00:01:52 (24.0%)	4:50	12.4 (76.1%)
32	IWANIEC Dariusz	28	TKKF KOSZALIN	M-40	9	00:07:49.95	+00:01:53 (24.2%)	4:51	12.3 (75.5%)
33	CIEŚLAK Radosław	79		M-18	7	00:07:53.95	+00:01:57 (24.8%)	4:54	12.2 (74.8%)
34	KONKEL Łukasz	21		M-30	7	00:07:54.00	+00:01:57 (24.8%)	4:54	12.2 (74.8%)
35	KAMYK Piotr	78	MH SERWIS IT KOSZALIN WWW.MH-INFORMATYKA.PL	M-30	8	00:07:54.45	+00:01:58 (24.9%)	4:54	12.2 (74.8%)
36	CHOŁUJ Jarek	87		M-40	10	00:07:55.25	+00:01:58 (25.0%)	4:55	12.2 (74.8%)
37	MICERSKI Tomasz	10	TKKF KOSZALIN	M-40	11	00:07:59.20	+00:02:02 (25.6%)	4:57	12.1 (74.2%)
38	NOREK Tomek	84		M-50	4	00:08:09.70	+00:02:13 (27.2%)	5:04	11.8 (72.4%)
39	CHODOR Martyna	44	TKKF KOSZALIN	K-30	2	00:08:09.95	+00:02:13 (27.2%)	5:04	11.8 (72.4%)
40	JAROSZ Dariusz	65	TKKF KOSZALIN	M-40	12	00:08:12.60	+00:02:16 (27.6%)	5:05	11.8 (72.4%)
41	BONIECKA Kamila	33	UKS WIKING RYCHNOWY	K-Dz	1	00:08:13.00	+00:02:16 (27.7%)	5:06	11.8 (72.4%)
42	KULCZYK Katarzyna	8	KB BRYZA POSTOMINO	K-30	3	00:08:18.80	+00:02:22 (28.5%)	5:09	11.6 (71.2%)
43	SOKOŁOWSKI Maciej	72		M-30	9	00:08:24.50	+00:02:28 (29.3%)	5:13	11.5 (70.6%)
44	DĄBROWSKA Alicja	34	TKKF KOSZALIN	K-50+	1	00:08:25.80	+00:02:29 (29.5%)	5:14	11.5 (70.6%)
45	MARKIEWICZ Paulina	37	UKS WIKING RYCHNOWY	K-14	2	00:08:26.25	+00:02:29 (29.6%)	5:14	11.5 (70.6%)
46	KOSIARKIEWICZ Martyna	29	UKS WIKING RYCHNOWY	K-Dz	2	00:08:27.75	+00:02:31 (29.8%)	5:14	11.4 (69.9%)
47	CHODOR Izabela	91	TKKF KOSZALIN	K-30	4	00:08:28.20	+00:02:31 (29.9%)	5:15	11.4 (69.9%)
48	KAZIMIEROWICZ Radosław	99	VTT KOSZALIN	M-30	10	00:08:33.80	+00:02:37 (30.6%)	5:19	11.3 (69.3%)
49	KOPCZEWSKI Dariusz	97		M-50	5	00:08:36.05	+00:02:39 (30.9%)	5:20	11.2 (68.7%)
50	SZUBERT Agnieszka	16	KOŁOBRZEG BIEGA	K-30	5	00:08:39.75	+00:02:43 (31.4%)	5:22	11.1 (68.1%)
51	WAWRZYN Grzegorz	24		M-40	13	00:08:41.20	+00:02:44 (31.6%)	5:23	11.1 (68.1%)
52	SZUBERT Alicja	13	KOŁOBRZEG BIEGA	K-Dz	3	00:08:43.55	+00:02:47 (31.9%)	5:25	11.1 (68.1%)
53	BIERKUS Mirosław	52	TKKF KOSZALIN	M-60	1	00:08:48.65	+00:02:52 (32.6%)	5:28	11 (67.5%)
54	KRZEWIŃSKA Małgorzata	22	TKKF KOSZALIN	K-50+	2	00:08:54.10	+00:02:57 (33.3%)	5:32	10.8 (66.3%)
55	MĘDEL Marta	11	TKKF KOSZALIN	K-40	1	00:08:55.65	+00:02:59 (33.5%)	5:32	10.8 (66.3%)
56	KOŹMIŃSKI Patryk	43		M-30	11	00:08:57.80	+00:03:01 (33.7%)	5:34	10.8 (66.3%)
57	PANCERZYŃSKI Łukasz	76		M-30	12	00:08:58.75	+00:03:02 (33.8%)	5:34	10.8 (66.3%)
58	OSOBNIAK Ryszard	93		M-60	2	00:08:59.35	+00:03:02 (33.9%)	5:34	10.8 (66.3%)
59	GRABOWSKA-LESISZ Aneta	38		K-40	2	00:09:04.25	+00:03:07 (34.5%)	5:38	10.6 (65.0%)
60	ZIÓŁKOWSKA Gosia	59		K-30	6	00:09:04.70	+00:03:08 (34.6%)	5:38	10.6 (65.0%)
61	KLENIEWSKI Piotr	67	ZACHODNIOPOMORSKIE	M-50	6	00:09:12.00	+00:03:15 (35.4%)	5:42	10.5 (64.4%)
62	RUDZIKIEWICZ Maja	42	UKS WIKING RYCHNOWY	K-14	3	00:09:13.70	+00:03:17 (35.6%)	5:43	10.5 (64.4%)
63	ELSNER Agata	60	UKS WIKING RYCHNOWY	K-14	4	00:09:14.05	+00:03:17 (35.7%)	5:44	10.5 (64.4%)
64	JUSZCZAK Krzysztof	4		M-60	3	00:09:18.65	+00:03:22 (36.2%)	5:47	10.4 (63.8%)
65	KRZEWIŃSKA Monika	71		K-30	7	00:09:28.60	+00:03:32 (37.3%)	5:53	10.2 (62.6%)
66	WĘCŁAWIAK Marek	18		M-40	14	00:09:39.85	+00:03:43 (38.5%)	6:00	10 (61.3%)
67	ROBAKOWSKA Żaneta	14	GABINET REHABILITACJI AKTYWNEJ	K-30	8	00:09:39.95	+00:03:43 (38.5%)	6:00	10 (61.3%)
68	RADOSZ Katarzyna	90		K-40	3	00:09:47.60	+00:03:51 (39.3%)	6:04	9.9 (60.7%)
69	SIKORSKI Witold	51	KB RUN 42	M-50	7	00:09:55.90	+00:03:59 (40.2%)	6:10	9.7 (59.5%)
70	NOWACKA Elżbieta	27		K-40	4	00:10:08.80	+00:04:12 (41.5%)	6:18	9.5 (58.3%)
71	GAWLIŃSKA Sylwia	41	UKS WIKING RYCHNOWY	K-14	5	00:10:17.35	+00:04:20 (42.3%)	6:23	9.4 (57.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas	Różn	Tempo	Tempo
						netto		min/km	km/h
						1.609km			
72	DĘBSKA Nikola	48	UKS WIKING RYCHNOWY	K-14	6	00:10:18.15	+00:04:21 (42.3%)	6:23	9.4 (57.7%)
73	PRZYBOREK Kinga	62		K-30	9	00:10:26.50	+00:04:30 (43.1%)	6:29	9.2 (56.4%)
74	WYSZYŃSKA Kaja	83		K-18	4	00:11:41.55	+00:05:45 (49.2%)	7:16	8.3 (50.9%)
75	KOZŁOWIECKI Waldek	98	TKKF KOSZALIN	M-60	4	00:11:54.25	+00:05:57 (50.1%)	7:23	8.1 (49.7%)
76	KOZŁOWIECKA Małgorzata	94		K-50+	3	00:11:56.15	+00:05:59 (50.2%)	7:24	8.1 (49.7%)
77	SKRZYPEK Marcin	45	NIETOPERZE KOSZALIN	M-40	15	00:12:59.30	+00:07:02 (54.3%)	8:04	7.4 (45.4%)
78	HELLER Zdzisław	81	NIEZRZESZONY	M-60	5	00:13:25.20	+00:07:28 (55.7%)	8:19	7.2 (44.2%)
79	WYSZYŃSKA Iwona	70		K-50+	4	00:13:26.70	+00:07:30 (55.8%)	8:21	7.2 (44.2%)
80	WOLF Beata	82	TKKF KOSZALIN	K-40	5	00:13:51.50	+00:07:55 (57.1%)	8:36	7 (42.9%)

Znaleziono 80 wynik(ów)