



ZIMOWA MILA GÓRSKA 2019 - EDYCJA 1/5

B4SPORT
BIEGACZKI I TRENERzy

Organiser: Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej
Date: 2019-01-09
Place: Koszalin
Distance: 1.609 km



Classification: M18-29

Place	Participant	Number	Club	Category	MCat	Net time 1.609km	Gap	Pace min/km	Pace km/h
1	KOZAK Paweł	96	KL BAŁTYK	M18-29	1	00:05:52.08		3:38	16.5 (100%)
2	KĘPKA Adrian	139	DECATHLON KOSZALIN/ TAGER KOSZALIN	M18-29	2	00:06:00.96	+00:00:08 (2.5%)	3:44	16.1 (97.6%)
3	SZKOŁUDA Miłosz	93	DECATHLON KOSZALIN	M18-29	3	00:06:22.83	+00:00:30 (8.0%)	3:57	15.2 (92.1%)
4	ZACHOLSKI Wojciech	308		M18-29	4	00:06:57.25	+00:01:05 (15.6%)	4:19	13.9 (84.2%)
5	SOSNOWSKI Tomasz	177	MEDEN-INMED SPORTS TEAM	M18-29	5	00:07:21.78	+00:01:29 (20.3%)	4:33	13.1 (79.4%)
6	ANDERS Rafał	134	DREWUTNIE KOSZALIN	M18-29	6	00:07:23.76	+00:01:31 (20.7%)	4:35	13.1 (79.4%)
7	HOREGLAD Paweł	13	SPEEDY GONZALES	M18-29	7	00:07:26.10	+00:01:34 (21.1%)	4:37	13 (78.8%)
8	WENDORFF Paweł	116		M18-29	8	00:07:59.82	+00:02:07 (26.6%)	4:57	12.1 (73.3%)
9	KUBIK Krystian	193	RUNGRYF GRYFICE	M18-29	9	00:08:45.09	+00:02:53 (32.9%)	5:26	11 (66.7%)
10	RUTKOWSKI Artur	147	KOSZALIŃSKI RANKING BIEGACZY	M18-29	10	00:08:51.96	+00:02:59 (33.8%)	5:30	10.9 (66.1%)
11	PIETRZYK Mateusz	1		M18-29	11	00:09:10.56	+00:03:18 (36.1%)	5:42	10.5 (63.6%)

Total 11 results.