



## ZIMOWA MILA GÓRSKA 2019 - EDYCJA 2/5

B4SPORT

**Organizator:** Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej  
**Data:** 2019-01-23  
**Miejsce:** Koszalin  
**Dystans:** 1.609 km



Klasyfikacja: M30-39

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 1.609km	Różn	Tempo min/km	Tempo km/h
1	<b>MAJKOWICZ Rafał</b>	<b>104</b>		M30-39	1	<b>00:06:49.84</b>		4:14	14.1 (100%)
2	<b>CZAPLIŃSKI Jacek</b>	<b>55</b>	TAGER KOSZALIN	M30-39	2	<b>00:06:54.52</b>	+00:00:04 (1.1%)	4:17	14 (99.3%)
3	<b>BIEŃKOWSKI Tomasz</b>	<b>86</b>		M30-39	3	<b>00:07:07.89</b>	+00:00:18 (4.2%)	4:25	13.5 (95.7%)
4	<b>NAKONIECZNY Rafał</b>	<b>126</b>	TKKF KOSZALIN	M30-39	4	<b>00:07:15.24</b>	+00:00:25 (5.8%)	4:30	13.3 (94.3%)
5	<b>MATYSIAK Wojciech</b>	<b>114</b>		M30-39	5	<b>00:07:25.27</b>	+00:00:35 (8.0%)	4:37	13 (92.2%)
6	<b>WEBER Paweł</b>	<b>142</b>	ENERGON	M30-39	6	<b>00:07:36.29</b>	+00:00:46 (10.2%)	4:43	12.7 (90.1%)
7	<b>TARNOWSKI Mariusz</b>	<b>130</b>		M30-39	7	<b>00:07:52.30</b>	+00:01:02 (13.2%)	4:53	12.3 (87.2%)
8	<b>HAMALA Marcin</b>	<b>82</b>	TAGER KOSZALIN	M30-39	8	<b>00:07:54.39</b>	+00:01:04 (13.6%)	4:54	12.2 (86.5%)
9	<b>BASSEL Marcin</b>	<b>89</b>		M30-39	9	<b>00:08:01.02</b>	+00:01:11 (14.8%)	4:58	12 (85.1%)
10	<b>WÓJCICKI Adrian</b>	<b>106</b>		M30-39	10	<b>00:08:11.11</b>	+00:01:21 (16.5%)	5:04	11.8 (83.7%)
11	<b>PRYCA Adam</b>	<b>143</b>		M30-39	11	<b>00:08:27.53</b>	+00:01:37 (19.2%)	5:15	11.4 (80.9%)
12	<b>JOCHYM Mariusz</b>	<b>148</b>		M30-39	12	<b>00:08:29.08</b>	+00:01:39 (19.5%)	5:16	11.4 (80.9%)
13	<b>KAMYK Piotr</b>	<b>123</b>	MH IT SYSTEMY ERP KOSZALIN	M30-39	13	<b>00:08:34.24</b>	+00:01:44 (20.3%)	5:19	11.3 (80.1%)
14	<b>MILEWSKI Tomasz</b>	<b>38</b>		M30-39	14	<b>00:08:34.77</b>	+00:01:44 (20.4%)	5:19	11.3 (80.1%)
15	<b>KAZIMIERCZAK Leszek</b>	<b>31</b>	LOVELASY DĄBKI	M30-39	15	<b>00:08:45.87</b>	+00:01:56 (22.1%)	5:26	11 (78.0%)
16	<b>BODO Rafał</b>	<b>81</b>		M30-39	16	<b>00:09:10.37</b>	+00:02:20 (25.5%)	5:41	10.5 (74.5%)
17	<b>KOBUS Piotr</b>	<b>90</b>		M30-39	17	<b>00:09:21.31</b>	+00:02:31 (27.0%)	5:48	10.3 (73.0%)
18	<b>KAZIMIEROWICZ Radosław</b>	<b>78</b>	VTT KOSZALIN	M30-39	18	<b>00:09:28.45</b>	+00:02:38 (27.9%)	5:52	10.2 (72.3%)
19	<b>CZERNAK Gracjan</b>	<b>121</b>		M30-39	19	<b>00:10:20.95</b>	+00:03:31 (34.0%)	6:25	9.3 (66.0%)

Znaleziono 19 wynik(ów)