



ZIMOWA MILA GÓRSKA 2019 - EDYCJA 5/5

B4SPORT

Organiser: Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej
Date: 2019-03-06
Place: Koszalin
Distance: 1.609 km



Classification: M30-39

Place	Participant	Number	Club	Category	MCat	Net time 1.609km	Gap	Pace min/km	Pace km/h
1	CZAPLIŃSKI Jacek	443	TAGER KOSZALIN	M30-39	1	00:06:21.00		3:56	15.2 (100%)
2	RYKIEL Michał	436		M30-39	2	00:06:24.67	+00:00:03 (1.0%)	3:58	15.1 (99.3%)
3	MAJKOWICZ Rafał	466		M30-39	3	00:06:35.22	+00:00:14 (3.6%)	4:05	14.7 (96.7%)
4	BIĘNKOWSKI Tomasz	371		M30-39	4	00:06:53.69	+00:00:32 (7.9%)	4:17	14 (92.1%)
5	MATYSIAK Wojciech	434		M30-39	5	00:07:03.55	+00:00:42 (10.0%)	4:22	13.7 (90.1%)
6	WEBER Paweł	437	ENERGON	M30-39	6	00:07:03.84	+00:00:42 (10.1%)	4:23	13.7 (90.1%)
7	BASSEL Marcin	355		M30-39	7	00:07:33.16	+00:01:12 (15.9%)	4:41	12.8 (84.2%)
8	STAWISZYŃSKI Jarosław	379		M30-39	8	00:07:34.28	+00:01:13 (16.1%)	4:41	12.8 (84.2%)
9	WÓJCICKI Adrian	452		M30-39	9	00:07:52.90	+00:01:31 (19.4%)	4:53	12.3 (80.9%)
10	PRYCA Adam	433		M30-39	10	00:07:54.24	+00:01:33 (19.7%)	4:54	12.2 (80.3%)
11	SIKORSKI Adam	431	SIKORROVO	M30-39	11	00:07:54.66	+00:01:33 (19.7%)	4:55	12.2 (80.3%)
12	CZERNIAK Gracjan	457		M30-39	12	00:07:55.25	+00:01:34 (19.8%)	4:55	12.2 (80.3%)
13	MILEWSKI Tomasz	489		M30-39	13	00:08:09.09	+00:01:48 (22.1%)	5:03	11.9 (78.3%)
14	KAMYK Piotr	432	MH IT SYSTEMY ERP KOSZALIN	M30-39	14	00:08:14.42	+00:01:53 (22.9%)	5:07	11.7 (77.0%)
15	KAZIMIERCZAK Leszek	444	LOVELASY DĄBKI	M30-39	15	00:08:22.01	+00:02:01 (24.1%)	5:11	11.5 (75.7%)
16	JOCHYM Mariusz	465		M30-39	16	00:08:27.02	+00:02:06 (24.9%)	5:14	11.4 (75.0%)
17	KAZIMIEROWICZ Radosław	386	VTT KOSZALIN	M30-39	17	00:08:33.20	+00:02:12 (25.8%)	5:18	11.3 (74.3%)
18	KOBUS Piotr	447		M30-39	18	00:08:54.85	+00:02:33 (28.8%)	5:32	10.8 (71.1%)
19	CZYŻYKOWSKI Łukasz	376		M30-39	19	00:09:07.93	+00:02:46 (30.5%)	5:40	10.6 (69.7%)
20	MACIEJEWSKI Maciej	455	MEDEN-INMED SPORTS TEAM	M30-39	20	00:10:48.55	+00:04:27 (41.3%)	6:42	8.9 (58.6%)

Total 20 results.