



Organizator:

Data:

Miejsce:

Dystans:

ZIMOWA MILA GÓRSKA 2020 - EDYCJA 1/3

Koszalińskie Towarzystwo Krzewienia Kultury
Fizycznej
2020-01-22
Koszalin
1.609 km

B4SPORT



Klasyfikacja: K-OPEN

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 1.609km	Różn	Tempo min/km	Tempo km/h
1	KONKEL Agnieszka	411		K30-39	1	00:07:17.46		4:32	13.2 (100%)
2	KRYNICKA GRZYB Małgorzata	364		K30-39	2	00:07:59.76	+00:00:42 (8.8%)	4:58	12.1 (91.7%)
3	HAŁKA Justyna	368	TRUCHT ŁOBEZ	K40-49	1	00:08:18.42	+00:01:00 (12.2%)	5:09	11.6 (87.9%)
4	KRYNICKA Magdalena	362		K18-29	1	00:08:23.47	+00:01:06 (13.1%)	5:12	11.5 (87.1%)
5	DĄBROWSKA Alicja	327	TKKF KOSZALIN	K50-59	1	00:08:24.20	+00:01:06 (13.2%)	5:13	11.5 (87.1%)
6	GIEDROWICZ Aleksandra	366		K30-39	3	00:08:34.68	+00:01:17 (15.0%)	5:19	11.3 (85.6%)
7	SARAPUK Gabriela	338	TKKF KOSZALIN	K40-49	2	00:08:43.19	+00:01:25 (16.4%)	5:24	11.1 (84.1%)
8	KRZEWIŃSKA Małgorzata	337	TKKF KOSZALIN	K60+	1	00:08:53.35	+00:01:35 (18.0%)	5:31	10.9 (82.6%)
9	KULCZYK Katarzyna	303	KB BRYZA POSTOMINO	K30-39	4	00:09:00.79	+00:01:43 (19.1%)	5:36	10.7 (81.1%)
10	GRABOWSKA-LESISZ Aneta	365		K40-49	3	00:09:03.87	+00:01:46 (19.6%)	5:37	10.7 (81.1%)
11	MADAJCZYK Emilia	387	AKS BIAŁOGARD	K10-13	1	00:09:14.47	+00:01:57 (21.1%)	5:44	10.4 (78.8%)
12	GOLEC Anna	323		K40-49	4	00:09:19.93	+00:02:02 (21.9%)	5:47	10.4 (78.8%)
13	DEJNAK Mariola	391		K60+	2	00:09:21.55	+00:02:04 (22.1%)	5:49	10.3 (78.0%)
14	HAŁAJKO Magdalena	388		K30-39	5	00:09:27.59	+00:02:10 (22.9%)	5:52	10.2 (77.3%)
15	DEJNAK Dagmara	395		K30-39	6	00:09:27.78	+00:02:10 (23.0%)	5:52	10.2 (77.3%)
16	PŁATOSZ Magda	367		K18-29	2	00:09:45.14	+00:02:27 (25.2%)	6:03	9.9 (75.0%)
17	DOBOSZ Izabella	374		K40-49	5	00:10:06.92	+00:02:49 (27.9%)	6:17	9.5 (72.0%)
18	NAWROCKA Anna	419		K30-39	7	00:10:25.01	+00:03:07 (30.0%)	6:28	9.3 (70.5%)
19	RADOSZ Katarzyna	339		K50-59	2	00:10:26.67	+00:03:09 (30.2%)	6:28	9.3 (70.5%)
20	SUDER-MAKSYMOWICZ Monika	382		K30-39	8	00:10:46.36	+00:03:28 (32.3%)	6:41	9 (68.2%)
21	RADZIUSZ Ilona	351	MORSACZEBIEGACZE	K30-39	9	00:11:07.10	+00:03:49 (34.4%)	6:54	8.7 (65.9%)
22	KASZUBIAK Julia	420		K10-13	2	00:11:18.66	+00:04:01 (35.5%)	7:01	8.5 (64.4%)
23	MADAJCZYK Katarzyna	385		K30-39	10	00:11:31.37	+00:04:13 (36.7%)	7:09	8.4 (63.6%)
24	MIKOŁAJCZYK Lidia	363	#MORSACZEBIEGACZE	K30-39	11	00:12:03.23	+00:04:45 (39.5%)	7:29	8 (60.6%)
25	PAZIEWSKA Agnieszka	352	TKKF KOSZALIN	K40-49	6	00:12:05.81	+00:04:48 (39.7%)	7:30	8 (60.6%)
26	KOZŁOWIECKA Małgorzata	317		K60+	3	00:12:19.45	+00:05:01 (40.8%)	7:39	7.8 (59.1%)

