



ZIMOWA MILA GÓRSKA 2020 - EDYCJA 1/3

B4SPORT

Organizator: Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej
Data: 2020-01-22
Miejsce: Koszalin
Dystans: 1.609 km



Klasyfikacja: K30-39

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Czas netto 1.609km | Różn | Tempo min/km | Tempo km/h |
|-----|----------------------------------|------------|--------------------|-----------|------|-----------------------|-------------------|-----------------|---------------|
| 1 | KONKEL Agnieszka | 411 | | K30-39 | 1 | 00:07:17.46 | | 4:32 | 13.2 (100%) |
| 2 | KRYNICKA GRZYB Małgorzata | 364 | | K30-39 | 2 | 00:07:59.76 | +00:00:42 (8.8%) | 4:58 | 12.1 (91.7%) |
| 3 | GIEDROWICZ Aleksandra | 366 | | K30-39 | 3 | 00:08:34.68 | +00:01:17 (15.0%) | 5:19 | 11.3 (85.6%) |
| 4 | KULCZYK Katarzyna | 303 | KB BRYZA POSTOMINO | K30-39 | 4 | 00:09:00.79 | +00:01:43 (19.1%) | 5:36 | 10.7 (81.1%) |
| 5 | HAŁAJKO Magdalena | 388 | | K30-39 | 5 | 00:09:27.59 | +00:02:10 (22.9%) | 5:52 | 10.2 (77.3%) |
| 6 | DEJNAK Dagmara | 395 | | K30-39 | 6 | 00:09:27.78 | +00:02:10 (23.0%) | 5:52 | 10.2 (77.3%) |
| 7 | NAWROCKA Anna | 419 | | K30-39 | 7 | 00:10:25.01 | +00:03:07 (30.0%) | 6:28 | 9.3 (70.5%) |
| 8 | SUDER-MAKSYMOWICZ Monika | 382 | | K30-39 | 8 | 00:10:46.36 | +00:03:28 (32.3%) | 6:41 | 9 (68.2%) |
| 9 | RADZIUSZ Ilona | 351 | MORSACZEBIEGACZE | K30-39 | 9 | 00:11:07.10 | +00:03:49 (34.4%) | 6:54 | 8.7 (65.9%) |
| 10 | MADAJCZYK Katarzyna | 385 | | K30-39 | 10 | 00:11:31.37 | +00:04:13 (36.7%) | 7:09 | 8.4 (63.6%) |
| 11 | MIKOŁAJCZYK Lidia | 363 | #MORSACZEBIEGACZE | K30-39 | 11 | 00:12:03.23 | +00:04:45 (39.5%) | 7:29 | 8 (60.6%) |

Znaleziono 11 wynik(ów)