



# ZIMOWA MILA GÓRSKA 2020 - EDYCJA 1/3

B4SPORT

**Organizator:** Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej  
**Data:** 2020-01-22  
**Miejsce:** Koszalin  
**Dystans:** 1.609 km



Klasyfikacja: M30-39

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 1.609km	Różn	Tempo min/km	Tempo km/h
1	<b>MAJKOWICZ Rafał</b>	<b>312</b>		M30-39	1	<b>00:06:12.10</b>		3:51	15.6 (100%)
2	<b>CZAPLIŃSKI Jacek</b>	<b>307</b>	TAGER SPORT	M30-39	2	<b>00:06:31.62</b>	+00:00:19 (5.0%)	4:02	14.8 (94.9%)
3	<b>SOBSTEL Krystian</b>	<b>305</b>	CIACHU CIACH PRACOWNIA RĘKODZIEŁA	M30-39	3	<b>00:06:31.92</b>	+00:00:19 (5.1%)	4:03	14.8 (94.9%)
4	<b>PRZEWŁOCKI Michał</b>	<b>340</b>	TKKF KOSZALIN	M30-39	4	<b>00:06:41.40</b>	+00:00:29 (7.3%)	4:09	14.5 (92.9%)
5	<b>BIEŃKOWSKI Tomasz</b>	<b>330</b>	IQ CONSULTING	M30-39	5	<b>00:06:42.65</b>	+00:00:30 (7.6%)	4:10	14.4 (92.3%)
6	<b>WEBER Paweł</b>	<b>318</b>	FPP	M30-39	6	<b>00:07:07.06</b>	+00:00:54 (12.9%)	4:25	13.6 (87.2%)
7	<b>DZIADEK Krzysztof</b>	<b>336</b>	TKKF KOSZALIN	M30-39	7	<b>00:07:15.73</b>	+00:01:03 (14.6%)	4:30	13.3 (85.3%)
8	<b>WĘSEK Maciej</b>	<b>346</b>	ARISEN FLAME	M30-39	8	<b>00:07:24.56</b>	+00:01:12 (16.3%)	4:36	13 (83.3%)
9	<b>BARUTOWICZ Grzegorz</b>	<b>356</b>		M30-39	9	<b>00:07:56.56</b>	+00:01:44 (21.9%)	4:56	12.2 (78.2%)
10	<b>DZIUBA Robert</b>	<b>359</b>	MORSACZEBIEGACZE	M30-39	10	<b>00:07:57.44</b>	+00:01:45 (22.1%)	4:56	12.2 (78.2%)
11	<b>RUTKOWSKI Artur</b>	<b>325</b>	RUNKING	M30-39	11	<b>00:08:04.17</b>	+00:01:52 (23.1%)	5:00	12 (76.9%)
12	<b>BASSEL Marcin</b>	<b>397</b>	KKMW	M30-39	12	<b>00:08:06.60</b>	+00:01:54 (23.5%)	5:01	11.9 (76.3%)
13	<b>PRYCA Adam</b>	<b>319</b>		M30-39	13	<b>00:08:30.56</b>	+00:02:18 (27.1%)	5:17	11.3 (72.4%)
14	<b>ZARZYCKI Jakub</b>	<b>313</b>	FPP	M30-39	14	<b>00:08:41.13</b>	+00:02:29 (28.6%)	5:23	11.1 (71.2%)
15	<b>BODO Rafał</b>	<b>373</b>	ZOZKOSZ KOSZALIN	M30-39	15	<b>00:08:48.80</b>	+00:02:36 (29.6%)	5:28	11 (70.5%)
16	<b>POŁOCZAŃSKI Piotr</b>	<b>394</b>	SZWAGRY BIEGAJĄ	M30-39	16	<b>00:09:05.35</b>	+00:02:53 (31.8%)	5:39	10.6 (67.9%)
17	<b>LITWIN Andrzej</b>	<b>348</b>	KOSZALIN	M30-39	17	<b>00:09:10.49</b>	+00:02:58 (32.4%)	5:42	10.5 (67.3%)
18	<b>WESOŁOWSKI Łukasz</b>	<b>342</b>	KOSZALIN	M30-39	18	<b>00:09:16.43</b>	+00:03:04 (33.1%)	5:45	10.4 (66.7%)
19	<b>RADOWIECKI Przemysław</b>	<b>354</b>		M30-39	19	<b>00:09:32.17</b>	+00:03:20 (35.0%)	5:55	10.1 (64.7%)
20	<b>KOBUS Piotr</b>	<b>379</b>		M30-39	20	<b>00:10:15.87</b>	+00:04:03 (39.6%)	6:22	9.4 (60.3%)
21	<b>SZMYT Marcin</b>	<b>400</b>	SZWAGRY BIEGAJĄ	M30-39	21	<b>00:10:23.71</b>	+00:04:11 (40.3%)	6:26	9.3 (59.6%)
22	<b>KIEDOS Dariusz</b>	<b>347</b>		M30-39	22	<b>00:10:31.50</b>	+00:04:19 (41.1%)	6:31	9.2 (59.0%)

Znaleziono 22 wynik(ów)