



ZIMOWA MILA GÓRSKA 2020 - EDYCJA 1/3

B4SPORT

Organizator: Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej
Data: 2020-01-22
Miejsce: Koszalin
Dystans: 1.609 km



Klasyfikacja: M40-49

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 1.609km	Różn	Tempo min/km	Tempo km/h
1	KASZUBIAK Klaudiusz	418		M40-49	1	00:06:11.93		3:50	15.6 (100%)
2	SIENIAWSKI Jarosław	308	MEDEN-INMED SPORTS TEAM	M40-49	2	00:06:56.62	+00:00:44 (10.7%)	4:19	13.9 (89.1%)
3	MATYSIAK Wojciech	302		M40-49	3	00:07:18.25	+00:01:06 (15.1%)	4:32	13.2 (84.6%)
4	CZERNAK Gracjan	396		M40-49	4	00:07:30.44	+00:01:18 (17.4%)	4:39	12.9 (82.7%)
5	WIKTOROWSKI Maciej	358	TAGER SPORT	M40-49	5	00:07:42.48	+00:01:30 (19.6%)	4:46	12.5 (80.1%)
6	WAWRZYN Grzegorz	349		M40-49	6	00:07:59.23	+00:01:47 (22.4%)	4:57	12.1 (77.6%)
7	ROGOŻA Ireneusz	383		M40-49	7	00:07:59.85	+00:01:47 (22.5%)	4:58	12.1 (77.6%)
8	MICERSKI Tomasz	334	TKKF KOSZALIN	M40-49	8	00:08:02.15	+00:01:50 (22.9%)	4:59	12 (76.9%)
9	KRAWCZYK Tomasz	392		M40-49	9	00:08:04.38	+00:01:52 (23.2%)	5:00	12 (76.9%)
10	SAWIŃSKI Jacek	353		M40-49	10	00:08:13.82	+00:02:01 (24.7%)	5:06	11.7 (75.0%)
11	WERSOCKI Artur	316		M40-49	11	00:08:20.98	+00:02:09 (25.8%)	5:11	11.6 (74.4%)
12	KONKEL Łukasz	416		M40-49	12	00:08:23.71	+00:02:11 (26.2%)	5:12	11.5 (73.7%)
13	HAŁKA Arkadiusz	357	TRUCHT ŁOBEZ	M40-49	13	00:08:30.43	+00:02:18 (27.1%)	5:16	11.4 (73.1%)
14	JASIŃSKI Cezary	372	BIEGOLAS	M40-49	14	00:08:32.96	+00:02:21 (27.5%)	5:18	11.3 (72.4%)
15	KAMYK Piotr	389	MH-INFORMATYKA.PL- IT DLA BIZNESU	M40-49	15	00:08:38.84	+00:02:26 (28.3%)	5:21	11.2 (71.8%)
16	PANCERZYŃSKI Łukasz	332		M40-49	16	00:08:45.81	+00:02:33 (29.3%)	5:26	11 (70.5%)
17	KAZIMIEROWICZ Radosław	326	VTT KOSZALIN	M40-49	17	00:08:50.83	+00:02:38 (29.9%)	5:29	10.9 (69.9%)
18	KAJKOWSKI Rafał	306		M40-49	18	00:09:06.27	+00:02:54 (31.9%)	5:39	10.6 (67.9%)
19	ŚWITA Jacek	322		M40-49	19	00:09:52.43	+00:03:40 (37.2%)	6:08	9.8 (62.8%)
20	GRUDZIŃSKI Arkadiusz	343	PIORUN KOSZALIN	M40-49	20	00:10:14.07	+00:04:02 (39.4%)	6:21	9.4 (60.3%)
21	KĘSIK Michał	314	ZDARTE PODESZWY	M40-49	21	00:10:26.96	+00:04:15 (40.7%)	6:29	9.2 (59.0%)

Znaleziono 21 wynik(ów)