



ZIMOWA ZA-DYSZKA - MIASTKO - 10KM

B4SPORT

Organizator: Miasteckie Towarzystwo Sportowe HAMER w Miastku
Data: 2016-02-21
Miejsce: Miastko
Dystans: 10 km



Klasyfikacja: K-OPEN

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	RYCHTER Antonina	193	MKL SZCZECINEK KARO TEAM	K-2	1	00:00:07	00:42:14.15	00:42:22.00		4:13	14.2 (100%)
2	FELSKA Anna	23	MŻS WOŁCZA MAŁA	K-3	1	00:00:08	00:42:20.45	00:42:28.90	+00:00:06 (0.2%)	4:14	14.2 (100%)
3	REGLIŃSKA Joanna	190	KB GOCH BYTÓW	K-1	1	00:00:13	00:44:20.55	00:44:33.75	+00:02:06 (4.8%)	4:26	13.5 (95.1%)
4	WIELEBA Marlena	124	KB TUPOT USTKA	K-1	2	00:00:08	00:44:22.80	00:44:31.75	+00:02:08 (4.8%)	4:26	13.5 (95.1%)
5	ŚLIWAK-BŁOŃSKA Anna	116		K-2	2	00:00:15	00:46:26.20	00:46:41.70	+00:04:12 (9.0%)	4:38	12.9 (90.8%)
6	MERDA Katarzyna	74	MTS HAMER MIASTKO	K-2	3	00:00:09	00:47:19.35	00:47:28.45	+00:05:05 (10.7%)	4:43	12.7 (89.4%)
7	BARGAŃSKA Justyna	137		K-2	4	00:00:16	00:47:41.00	00:47:57.35	+00:05:26 (11.4%)	4:46	12.6 (88.7%)
8	MUERAU-NOWICKA Hanna	178	KB GOCH BYTÓW	K-4	1	00:00:14	00:47:55.20	00:48:09.85	+00:05:41 (11.9%)	4:47	12.5 (88.0%)
9	SZABLA Ewelina	108		K-2	5	00:00:10	00:48:45.75	00:48:56.05	+00:06:31 (13.4%)	4:52	12.3 (86.6%)
10	NOWODWORSKA Justyna	82	SCIGAŁ TEAM	K-2	6	00:00:16	00:49:13.10	00:49:29.35	+00:06:58 (14.2%)	4:55	12.2 (85.9%)
11	MASZKA Emilia	175	TENISKLUBBYTÓW	K-2	7	00:00:14	00:49:22.55	00:49:37.05	+00:07:08 (14.5%)	4:56	12.1 (85.2%)
12	KLUCZEWSKA Emilia	50		K-2	8	00:00:15	00:49:27.85	00:49:42.90	+00:07:13 (14.6%)	4:56	12.1 (85.2%)
13	MRUGALSKA Magdalena	75	JW 1223	K-1	3	00:00:17	00:49:43.25	00:50:00.85	+00:07:29 (15.1%)	4:58	12.1 (85.2%)
14	ZIENTARSKA Joanna	134	ŚWIAT PŁYTEK U KRYSPIŃA	K-3	2	00:00:12	00:49:49.05	00:50:01.25	+00:07:34 (15.2%)	4:58	12 (84.5%)
15	JARMOŁA Anna	41		K-2	9	00:00:18	00:50:15.40	00:50:33.60	+00:08:01 (16.0%)	5:01	11.9 (83.8%)
16	JĘDRASZKO Magda	44	MTS HAMER	K-2	10	00:00:17	00:51:18.70	00:51:35.80	+00:09:04 (17.7%)	5:07	11.7 (82.4%)
17	WALIŃSKA Agnieszka	120	WOLNA JAK PTAK	K-3	3	00:00:11	00:51:58.75	00:52:10.45	+00:09:44 (18.7%)	5:11	11.5 (81.0%)
18	BOGUSZ Marietta	141	NIGHT RUNNERS SŁUPSK	K-1	4	00:00:10	00:52:56.15	00:53:07.10	+00:10:42 (20.2%)	5:17	11.3 (79.6%)
19	SZYCA Karolina	111		K-1	5	00:00:22	00:53:26.75	00:53:49.45	+00:11:12 (21.0%)	5:20	11.2 (78.9%)
20	NAZARKO Małgorzata	77	BBL SŁUPSK / NIGHT RUNNERS SŁUPSK	K-3	4	00:00:12	00:53:44.70	00:53:57.00	+00:11:30 (21.4%)	5:22	11.2 (78.9%)
21	PETA Renata	87	MTS HAMER MIASTKO	K-2	11	00:00:08	00:53:52.65	00:54:01.40	+00:11:38 (21.6%)	5:23	11.1 (78.2%)
22	HRYHOROWICZ Joanna	34	NIGHT RUNNERS SŁUPSK	K-2	12	00:00:13	00:54:26.85	00:54:40.40	+00:12:12 (22.4%)	5:26	11 (77.5%)
23	PLISKOWSKA Anna	92		K-2	13	00:00:19	00:54:34.95	00:54:54.90	+00:12:20 (22.6%)	5:27	11 (77.5%)
24	FELSKA Kasia	22	NIGHT RUNNERS SŁUPSK	K-1	6	00:00:12	00:54:47.05	00:54:59.80	+00:12:32 (22.9%)	5:28	11 (77.5%)
25	SZYMAŃSKA Ewa	112	TEAM BIEGOWY SZCZECINEK	K-3	5	00:00:28	00:54:51.60	00:55:20.30	+00:12:37 (23.0%)	5:29	10.9 (76.8%)
26	MARCULA Agata	173		K-2	14	00:00:20	00:55:08.25	00:55:28.80	+00:12:54 (23.4%)	5:30	10.9 (76.8%)
27	JANKIEWICZ Helena	40	MTS HAMER MIASTKO	K-2	15	00:00:09	00:55:17.90	00:55:27.20	+00:13:03 (23.6%)	5:31	10.8 (76.1%)

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28	JABŁOŃSKA Renata	36	TEAM BIEGOWY SZCZECINEK	K-2	16	00:00:25	00:56:35.15	00:57:00.90	+00:14:21 (25.4%)	5:39	10.6 (74.6%)
29	DWULIT Katarzyna	19		K-2	17	00:00:16	00:57:16.70	00:57:33.65	+00:15:02 (26.3%)	5:43	10.5 (73.9%)
30	SULL Agnieszka	106	NIGHT RUNNERS SŁUPSK	K-3	6	00:00:14	00:58:24.95	00:58:38.95	+00:16:10 (27.7%)	5:50	10.3 (72.5%)
31	KOWALSKA Amanda	226		K-1	7	00:00:21	01:00:15.70	01:00:36.70	+00:18:01 (29.9%)	6:01	10 (70.4%)
32	WŁAŚNIAK Jowita	129	DZIKI KOSZALIN	K-2	18	00:00:21	01:00:37.05	01:00:58.05	+00:18:22 (30.3%)	6:03	9.9 (69.7%)
33	MARCZAK Małgorzata	70		K-4	2	00:00:17	01:01:06.00	01:01:23.50	+00:18:51 (30.9%)	6:06	9.8 (69.0%)
34	CYBULSKA Elżbieta	11		K-4	3	00:00:28	01:01:18.00	01:01:46.20	+00:19:03 (31.1%)	6:07	9.8 (69.0%)
35	JAKUBCZYK Agnieszka	155	BABECZKI KOSZALIN	K-1	8	00:00:22	01:02:04.60	01:02:27.35	+00:19:50 (32.0%)	6:12	9.7 (68.3%)
36	ŁYCZEK Ilona	66		K-3	7	00:00:20	01:02:33.25	01:02:53.25	+00:20:19 (32.5%)	6:15	9.6 (67.6%)
37	NOWAK Sylwia	180	CZARNE BIEGA	K-2	19	00:00:23	01:02:45.35	01:03:08.75	+00:20:31 (32.7%)	6:16	9.6 (67.6%)
38	STASZKIEWICZ Magdalena	213	MTS HAMER	K-2	20	00:00:09	01:03:29.70	01:03:38.95	+00:21:15 (33.5%)	6:20	9.5 (66.9%)
39	PETRYNA Małgorzata	89		K-3	8	00:00:24	01:03:33.95	01:03:57.95	+00:21:19 (33.6%)	6:21	9.4 (66.2%)
40	STASZEWSKA Aneta	104		K-3	9	00:00:20	01:03:37.80	01:03:57.90	+00:21:23 (33.6%)	6:21	9.4 (66.2%)
41	KOŁODZIEJCZAK Agnieszka	53		K-3	10	00:00:19	01:03:38.45	01:03:58.10	+00:21:24 (33.6%)	6:21	9.4 (66.2%)
42	WIŚNIEWSKA Izabela	128		K-3	11	00:00:27	01:14:37.05	01:15:04.75	+00:32:22 (43.4%)	7:27	8 (56.3%)
43	JARZEMBIŃSKA Beata	42	KB GOCH BYTÓW	K-4	4	00:00:15	01:15:31.65	01:15:46.90	+00:33:17 (44.1%)	7:33	7.9 (55.6%)

Znaleziono 43 wynik(ów)