

ZIMOWY MARATON BIESZCZADZKI 2015 - 44,6KM

B4SPORT
INTELEGENTNE ZAWODY SPORTOWE

Organiser: OTK Rzeźnik
Date: 2015-01-25
Place: Cisna
Distance: 44,6 km

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INTELEGENTNE ZAWODY SPORTOWE

Classification: K30

Place	Participant	Number	Club	Category	MCat	34.2km	Net time 44.6km	Czas brutto 44.6km	Gap	Pace min/km	Pace km/h
1	DĄBROWSKA Anna	3		K30	1		03:35:13.20	03:36:13.85		4:49	12.4 (100%)
2	ARSENIUK Anna	484	T.S. OPATRUNKI TORUŃ/OTK RZEŹNIK	K30	2	02:58:52	03:53:49.85	03:53:53.85	+00:17:40 (7.6%)	5:14	11.4 (91.9%)
3	FARON Agnieszka	2		K30	3	03:24:03	04:32:16.45	04:32:22.90	+00:56:09 (20.6%)	6:06	9.8 (79.0%)
4	BIENIECKA Anna	1		K30	4	03:25:56	04:33:45.55	04:33:51.55	+00:57:37 (21.0%)	6:08	9.8 (79.0%)
5	ZIELIŃSKA Beata	433	RUTKOW-SKI SPORTS CLUB	K30	5	03:29:44	04:37:58.00	04:38:25.05	+01:02:11 (22.3%)	6:13	9.6 (77.4%)
6	WYTYKOWSKA Joanna	425	RYSIE	K30	6	03:33:46	04:39:14.90	04:40:13.95	+01:04:00 (22.8%)	6:15	9.6 (77.4%)
7	GRODNA-PANTERA Angelika	118	KW WARSZAWA	K30	7	03:27:56	04:40:28.55	04:41:33.75	+01:05:19 (23.2%)	6:17	9.5 (76.6%)
8	DOMINIAK Klaudia	78	WERTYKAL BIKEBOARD TEAM	K30	8	03:43:40	04:47:45.40	04:48:57.60	+01:12:43 (25.2%)	6:27	9.3 (75.0%)
9	KOZŁOWSKA Marta	189		K30	9	03:41:54	04:50:55.75	04:51:08.45	+01:14:54 (25.7%)	6:31	9.2 (74.2%)
10	WOJCIESZAK Ewa	416	BIEGIEM PRZEZ GÓRY - POMOC DLA ALKA	K30	10	03:35:49	04:52:45.45	04:53:21.05	+01:17:07 (26.3%)	6:33	9.1 (73.4%)
11	LEBDA Małgorzata	210	KRAKÓW	K30	11	03:45:02	04:54:01.25	04:54:18.35	+01:18:04 (26.5%)	6:35	9.1 (73.4%)
12	GRZEBIELUCH Katarzyna	121	RYBNIK	K30	12	03:37:53	04:54:37.65	04:54:58.15	+01:18:44 (26.7%)	6:36	9.1 (73.4%)
13	REMLEIN Katarzyna	313	KUŹNIA TRIATHLONU	K30	13	03:44:28	04:59:16.85	04:59:28.65	+01:23:14 (27.8%)	6:42	8.9 (71.8%)
14	ZEMŁA Małgorzata	432		K30	14	03:51:41	05:00:44.50	05:00:56.95	+01:24:43 (28.2%)	6:44	8.9 (71.8%)
15	SOWIŃSKA Agata	343	#JANADALTYMZYJE	K30	15	03:42:05	05:03:21.40	05:03:56.05	+01:27:42 (28.9%)	6:48	8.8 (71.0%)
16	REDŁOWSKA Bożena	311	WARSZAWA	K30	16	03:55:39	05:06:10.35	05:06:35.65	+01:30:21 (29.5%)	6:51	8.7 (70.2%)
17	GAJEWSKA Justyna	92	KRAKÓW	K30	17	03:57:40	05:12:22.75	05:13:35.55	+01:37:21 (31.0%)	7:00	8.6 (69.4%)
18	SOKÓŁ Sylwia	338	ZYRARDÓW	K30	18	04:11:06	05:14:09.65	05:14:59.40	+01:38:45 (31.4%)	7:02	8.5 (68.5%)
19	DOMIAN Marta	77	WARSZAWA	K30	19	04:11:16	05:24:30.40	05:24:44.10	+01:48:30 (33.4%)	7:16	8.2 (66.1%)
20	LESZCZYŃSKA Katarzyna	212	MOSINA BIEGA	K30	20	04:13:01	05:25:41.65	05:25:48.70	+01:49:34 (33.6%)	7:18	8.2 (66.1%)
21	ZYGMAŃSKA Monika	443	TREND GLASS RUNNING TEAM	K30	21	04:06:04	05:27:02.30	05:27:32.65	+01:51:18 (34.0%)	7:19	8.2 (66.1%)
22	TYROWICZ Agata	391	WARSZAWA	K30	22		05:31:14.10	05:31:36.00	+01:55:22 (34.8%)	7:25	8.1 (65.3%)
23	GAJEWSKA Monika	93	TORUŃ	K30	23	04:19:10	05:37:36.45	05:38:37.60	+02:02:23 (36.1%)	7:34	7.9 (63.7%)
24	LORINCOVA Stefania	489	PRESZOW	K30	24	04:16:02	05:41:02.30	05:42:14.60	+02:06:00 (36.8%)	7:38	7.8 (62.9%)
25	ZBIJOWSKA Ewelina	431	BIELSKO-BIALA	K30	25	04:14:15	05:42:33.00	05:43:11.35	+02:06:57 (37.0%)	7:40	7.8 (62.9%)
26	NIEMCZYK Katarzyna	258	KRAKÓW	K30	26	04:19:52	05:47:15.25	05:48:11.00	+02:11:57 (37.9%)	7:47	7.7 (62.1%)
27	DOBAJ Katarzyna	76	SPARTANIE DZIECIOM	K30	27	04:35:44	06:04:10.20	06:05:05.30	+02:28:51 (40.8%)	8:09	7.3 (58.9%)
28	UCHMAN Natalia	392	TOUR DE RUN	K30	28	04:48:20	06:20:46.60	06:20:46.60	+02:44:32 (43.2%)	8:32	7 (56.5%)
29	SKUBIS Barbara	452	GLIWICE	K30	29	05:15:02	06:50:17.45	06:51:37.70	+03:15:23 (47.5%)	9:11	6.5 (52.4%)

Total 29 results.

