

ZIMOWY MARATON BIESZCZADZKI 2015 - 44,6KM

B4SPORT
INTELEGENNE ZAWODY SPORTOWE

Organizator: OTK Rzeźnik
Data: 2015-01-25
Miejsce: Cisna
Dystans: 44,6 km

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INTELEGENNE ZAWODY SPORTOWE

Klasyfikacja: M20

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	34.2km	Czas netto 44.6km	Czas brutto 44.6km	Różn	Tempo min/km	Tempo km/h
1	CEBERAK Bartosz	48	LUBARTÓW	M20	1	02:29:20	03:16:42.70	03:16:50.15		4:24	13.6 (100%)
2	MŁODZIKOWSKI Paweł	249	KB V-MAX ADAMÓW	M20	2	02:30:17	03:22:19.85	03:22:26.75	+00:05:36 (2.8%)	4:32	13.2 (97.1%)
3	MACHLOWSKI Łukasz	479	KRAKÓW	M20	3	02:36:10	03:27:50.05	03:27:53.30	+00:11:03 (5.3%)	4:39	12.9 (94.9%)
4	DOMISZEWSKI Ignacy	80	USTRZYKI DOLNE	M20	4	02:38:21	03:36:55.45	03:37:03.45	+00:20:13 (9.3%)	4:51	12.3 (90.4%)
5	RUSNARCZYK Adam	316	14DAS JAROSŁAW	M20	5		03:39:16.75	03:39:44.95	+00:22:54 (10.4%)	4:54	12.2 (89.7%)
6	GAŁASZKIEWICZ Karol	95	INTERSPORT / TRI-ZONE.PL	M20	6	02:48:35	03:42:59.05	03:43:07.55	+00:26:17 (11.8%)	4:59	12 (88.2%)
7	NIEZGODA Marcin	259	KKB MOSIR KROSNO	M20	7	02:46:50	03:43:55.70	03:43:58.00	+00:27:07 (12.1%)	5:01	12 (88.2%)
8	CEBERAK Maciej	49	LUBARTÓW	M20	8	02:52:25	03:46:22.90	03:46:30.15	+00:29:40 (13.1%)	5:04	11.8 (86.8%)
9	GÓRKA Marcin	110	WWW.MARCINGORKA.PL	M20	9	02:54:26	03:47:52.85	03:48:42.60	+00:31:52 (13.9%)	5:06	11.7 (86.0%)
10	STRONKA Dawid	350	200YRS	M20	10	02:57:10	03:56:34.70	03:57:11.75	+00:40:21 (17.0%)	5:18	11.3 (83.1%)
11	NAWROCIK Jakub	255	PAWŁOWICE	M20	11	03:05:43	04:02:25.70	04:02:39.10	+00:45:48 (18.9%)	5:26	11 (80.9%)
12	CZECHOWICZ Mateusz	60	NOWA RUDA	M20	12	02:57:53	04:04:49.10	04:04:58.60	+00:48:08 (19.7%)	5:29	10.9 (80.1%)
13	ŻABA Igor	467	BĘDZIN	M20	13	03:09:30	04:09:05.35	04:09:18.95	+00:52:28 (21.0%)	5:35	10.7 (78.7%)
14	ZMYŚŁOWSKI Igor	440	PERFECT RUNNER	M20	14		04:09:46.40	04:10:12.65	+00:53:22 (21.3%)	5:36	10.7 (78.7%)
15	BLUMENFELD Jacek	33	DŻ	M20	15	03:10:20	04:12:33.80	04:13:01.05	+00:56:10 (22.2%)	5:39	10.6 (77.9%)
16	KAZIMIERCZAK Michał	470	BYTOM	M20	16	03:13:49	04:15:19.85	04:15:34.15	+00:58:44 (23.0%)	5:43	10.5 (77.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	34.2km	Czas		Różn	Tempo min/km	Tempo km/h
							netto 44.6km	brutto 44.6km			
17	WILK Dawid	409	NIGHT RUNNERS ZABRE	M20	17	03:09:21	04:16:29.65	04:16:35.15	+00:59:45 (23.3%)	5:45	10.4 (76.5%)
18	REJDYCH Aleksander	312	JACEKBIEGA RUNNING TEAM	M20	18	03:12:38	04:17:41.50	04:17:49.20	+01:00:59 (23.7%)	5:46	10.4 (76.5%)
19	KOŻUCH Rafał	190	REDLINETEAM	M20	19	03:09:23	04:17:06.20	04:17:49.60	+01:00:59 (23.7%)	5:45	10.4 (76.5%)
20	STRABEL Łukasz	349	HARPAGAN KUYAVIA BYDGOSZCZ	M20	20	03:24:21	04:21:00.40	04:22:08.75	+01:05:18 (24.9%)	5:51	10.3 (75.7%)
21	KUKIER Andrzej	203		M20	21	03:15:50	04:22:14.55	04:22:44.55	+01:05:54 (25.1%)	5:52	10.2 (75.0%)
22	DUBAJ Michał	82	NAJKOWCY.PL	M20	22	03:09:32	04:25:21.45	04:25:42.90	+01:08:52 (25.9%)	5:56	10.1 (74.3%)
23	KADZIK Marcin	148	ZAKOPANE	M20	23	03:29:45	04:27:09.05	04:27:54.05	+01:11:03 (26.5%)	5:59	10 (73.5%)
24	WRONA Mateusz	468	NOWA WIEŚ	M20	24	03:20:38	04:29:28.70	04:29:45.95	+01:12:55 (27.0%)	6:02	9.9 (72.8%)
25	AKSAMIT Jakub	11	KM AKTYWNI SOCHACZEW	M20	25	03:31:38	04:30:01.50	04:30:42.15	+01:13:52 (27.3%)	6:03	9.9 (72.8%)
26	TRETER Sebastian	383	WĘGLESZYN-OGRODY	M20	26	03:19:18	04:32:30.15	04:33:04.55	+01:16:14 (27.9%)	6:06	9.8 (72.1%)
27	ZIELIŃSKI Marcin	434	AKTYWNA STRONA ŻYCIA	M20	27	03:28:14	04:33:10.15	04:34:02.35	+01:17:12 (28.2%)	6:07	9.8 (72.1%)
28	KWIATKOWSKI Michael	208	BIALI KENIJCZYCY	M20	28	03:28:28	04:33:15.20	04:34:02.70	+01:17:12 (28.2%)	6:07	9.8 (72.1%)
29	MAZURKIEWICZ Wojciech	240	AKTYWNA STRONA ŻYCIA	M20	29	03:28:18	04:33:05.70	04:34:02.95	+01:17:12 (28.2%)	6:07	9.8 (72.1%)
30	KOSTYRA Patryk	185		M20	30	03:31:00	04:42:59.00	04:42:59.00	+01:26:08 (30.4%)	6:20	9.5 (69.9%)
31	SZWAJKA Jakub	368	STALOWA WOLA	M20	31	03:36:13	04:44:19.10	04:45:03.95	+01:28:13 (31.0%)	6:22	9.4 (69.1%)
32	KOPER Wiktor	181	DŹ	M20	32	03:34:12	04:50:13.70	04:51:24.20	+01:34:34 (32.5%)	6:30	9.2 (67.6%)
33	KAŹMIERCZAK Marcin	160	SOCHACZEW	M20	33	03:41:58	04:54:44.65	04:55:44.45	+01:38:54 (33.4%)	6:36	9.1 (66.9%)
34	BEM Jakub	27	NOWA HUTA TEAM	M20	34	03:40:55	04:54:48.70	04:56:02.25	+01:39:12 (33.5%)	6:36	9.1 (66.9%)
35	LIS Marek	217	POZNAN	M20	35	03:40:06	04:55:06.05	04:56:04.35	+01:39:14 (33.5%)	6:36	9.1 (66.9%)
36	MARCZAK Albert	234		M20	36	03:41:55	04:55:44.35	04:56:44.95	+01:39:54 (33.7%)	6:37	9 (66.2%)
37	BŁĄKAŁA Mateusz	35	WARSZAWA	M20	37	03:44:25	04:58:33.90	04:59:14.45	+01:42:24 (34.2%)	6:41	9 (66.2%)
38	KUPCZAK Dawid	463	CZERWIONKA-LESZCZYNY	M20	38	03:55:15	04:58:40.00	04:59:38.45	+01:42:48 (34.3%)	6:41	9 (66.2%)
39	WINIECKI Mateusz	410	DŹ RUNNING TEAM	M20	39	03:46:39	05:03:09.90	05:03:38.35	+01:46:48 (35.2%)	6:47	8.8 (64.7%)

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40	DEMBY Michał	71	MUD GOATS	M20	40	03:42:39	05:05:54.50	05:06:45.45	+01:49:55 (35.8%)	6:51	8.7 (64.0%)
41	OGORZALEK Mateusz	268	REDLINETEAM	M20	41	03:49:35	05:06:15.30	05:07:00.15	+01:50:10 (35.9%)	6:51	8.7 (64.0%)
42	GĄSIENICA-GROŃ Jan	465	ZAKOPANE	M20	42	04:01:48	05:10:22.95	05:11:06.95	+01:54:16 (36.7%)	6:57	8.6 (63.2%)
43	MAŁŹ Daniel	233	JAKTORÓW	M20	43	03:54:47	05:12:31.80	05:12:58.20	+01:56:08 (37.1%)	7:00	8.6 (63.2%)
44	KOZA Jan	494	MAJDAN	M20	44	03:53:41	05:13:37.75	05:13:52.65	+01:57:02 (37.3%)	7:01	8.5 (62.5%)
45	ZALEWSKI Piotr	429	PMKW	M20	45	03:57:02	05:19:39.85	05:19:51.75	+02:03:01 (38.5%)	7:10	8.4 (61.8%)
46	OLESIEJUK Michał	498	LUBARTÓW	M20	46	04:05:10	05:25:20.50	05:25:44.65	+02:08:54 (39.6%)	7:17	8.2 (60.3%)
47	PARŚNIAK Michał	280	WARSZAWA - SZLACHETNA PACZKA	M20	47	04:11:54	05:28:30.95	05:29:10.75	+02:12:20 (40.2%)	7:21	8.1 (59.6%)
48	KRUDYSZ Przemysław	194		M20	48	04:06:48	05:29:11.30	05:30:02.00	+02:13:11 (40.4%)	7:22	8.1 (59.6%)
49	SMURA Rafał	476	TUREK	M20	49	04:17:05	05:30:16.95	05:31:27.10	+02:14:36 (40.6%)	7:24	8.1 (59.6%)
50	OBRZUT Bartek	267	REMSKA GRUPA NIEUSTANNYCH OPTYMISTÓW KRÓWKA MAŁA	M20	50	04:15:03	05:36:55.80	05:38:10.00	+02:21:19 (41.8%)	7:33	7.9 (58.1%)

Znaleziono 50 wynik(ów)