

ZIMOWY MARATON BIESZCZADZKI 2015 - 44,6KM

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Organizator: OTK Rzeźnik
Data: 2015-01-25
Miejsce: Cisna
Dystans: 44,6 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M50

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	34.2km	Czas netto 44.6km	Czas brutto 44.6km	Różn	Tempo min/km	Tempo km/h
1	SUJAK Mirosław	352	MKB DREPTAK	M50	1	03:00:31	03:56:59.70	03:57:06.15		5:18	11.3 (100%)
2	BAK Adam	8		M50	2	03:03:29	04:02:28.35	04:03:14.15	+00:06:08 (2.5%)	5:26	11 (97.3%)
3	PIŁATOWSKI Andrzej	289	STOWARZYSZENIE BIEGÓW GÓRSKICH	M50	3	03:09:43	04:10:50.80	04:12:31.50	+00:15:25 (6.1%)	5:37	10.7 (94.7%)
4	TUCZAPSKI Artur	386	RZESZÓW	M50	4	03:20:23	04:21:23.30	04:22:04.95	+00:24:58 (9.5%)	5:51	10.2 (90.3%)
5	KLIMCZEWSKI Andrzej	168	FOREVER YOUNG ŁÓDŹ	M50	5	03:20:33	04:23:51.90	04:23:58.30	+00:26:52 (10.2%)	5:54	10.1 (89.4%)
6	GRYGO Krzysztof	120	KS ŁOMŻANIE	M50	6	03:11:25	04:26:01.10	04:26:06.00	+00:28:59 (10.9%)	5:57	10.1 (89.4%)
7	OLEKSY Jarosław	271	KS LIMANOWA FORREST	M50	7	03:23:24	04:28:33.20	04:28:58.80	+00:31:52 (11.9%)	6:01	10 (88.5%)
8	POBŁOCKI Jan	295	GDAŃSK	M50	8	03:20:37	04:29:02.55	04:30:01.90	+00:32:55 (12.2%)	6:01	9.9 (87.6%)
9	GLUCK Witold	103	DŹ	M50	9	03:27:50	04:32:24.90	04:32:35.15	+00:35:29 (13.0%)	6:06	9.8 (86.7%)
10	WAWRESZUK Wiktor	450	BIAŁA PODLASKA	M50	10	03:28:03	04:33:52.40	04:34:00.85	+00:36:54 (13.5%)	6:08	9.8 (86.7%)
11	ŚLIWIŃSKI Andrzej	374	KOMAŃCZA	M50	11	03:27:36	04:35:49.00	04:36:35.00	+00:39:28 (14.3%)	6:11	9.7 (85.8%)
12	OLESIAK Grzegorz	272	NIGHT RUNNERS	M50	12	03:25:23	04:37:39.55	04:37:52.45	+00:40:46 (14.7%)	6:13	9.6 (85.0%)
13	KUSTROŃ Adam	448	KROSNO	M50	13	03:33:55	04:39:58.10	04:40:46.65	+00:43:40 (15.6%)	6:16	9.6 (85.0%)
14	TUROSZ Zbigniew	388	LEŻAJSK	M50	14	03:30:51	04:42:21.95	04:42:42.45	+00:45:36 (16.1%)	6:19	9.5 (84.1%)
15	PORĘBA Eugeniusz	296	MIECHÓW	M50	15	03:32:37	04:42:36.05	04:43:22.50	+00:46:16 (16.3%)	6:20	9.5 (84.1%)
16	KONIECZNY Mariusz	179	AŃCUT	M50	16	03:29:36	04:45:00.50	04:45:07.75	+00:48:01 (16.8%)	6:23	9.4 (83.2%)
17	SZYBIAK Waldemar	370	PRZEMYŚL	M50	17	03:29:34	04:44:59.95	04:45:07.95	+00:48:01 (16.8%)	6:23	9.4 (83.2%)
18	SABANOS Gejza	490	PRESZOW	M50	18	03:35:04	04:47:47.85	04:48:58.90	+00:51:52 (18.0%)	6:27	9.3 (82.3%)
19	SYSUŁA Janusz	357	PĘDZIWIATR BIAŁYSTOK	M50	19	03:37:49	04:54:26.30	04:54:49.00	+00:57:42 (19.6%)	6:36	9.1 (80.5%)
20	KLAMUT Ryszard	447	JABLONICA POLSKA	M50	20	03:39:24	04:54:33.50	04:55:19.10	+00:58:12 (19.7%)	6:36	9.1 (80.5%)
21	SŁOMIAK Marian	7		M50	21	03:40:59	04:54:55.90	04:55:30.05	+00:58:23 (19.8%)	6:36	9.1 (80.5%)
22	KOLASIŃSKI Jarosław	493	WARSZAWA	M50	22	03:47:02	04:54:38.50	04:55:32.65	+00:58:26 (19.8%)	6:36	9.1 (80.5%)
23	KULAKOWSKI Piotr	204	CZŁAPACZE	M50	23	03:45:36	04:57:17.70	04:57:53.55	+01:00:47 (20.4%)	6:39	9 (79.6%)
24	PENAR Jarosław	283	FESTINA LENTE	M50	24	03:44:56	04:58:46.25	04:58:50.40	+01:01:44 (20.7%)	6:41	9 (79.6%)
25	PUZIO Waldemar	305	KB MARATOŃCZYK DĘBICA	M50	25	03:57:11	05:13:34.95	05:14:20.85	+01:17:14 (24.6%)	7:01	8.5 (75.2%)
26	MICHALCZYK Artur	243	BOCHNIA	M50	26	04:01:48	05:17:04.85	05:17:23.65	+01:20:17 (25.3%)	7:06	8.4 (74.3%)
27	FIGEA Ryszard	87	MARATON GORLICE - FESTIWAL BIEGOWY KRYNICA	M50	27	04:02:40	05:17:10.55	05:17:38.15	+01:20:32 (25.4%)	7:06	8.4 (74.3%)
28	KUCA Roman	201	PIENIĘŻNO	M50	28	03:52:45	05:19:25.55	05:20:30.30	+01:23:24 (26.0%)	7:09	8.4 (74.3%)
29	BIŃKOWSKI Leon	501	RADOM	M50	29	04:03:28	05:22:53.25	05:22:59.30	+01:25:53 (26.6%)	7:14	8.3 (73.5%)
30	DOMISZEWSKI Wojciech	79	USTRZYKI DOLNE	M50	30	04:07:54	05:26:34.15	05:27:30.25	+01:30:24 (27.6%)	7:19	8.2 (72.6%)

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31	RZESZÓTKO Leszek	497	BIELSKO BIAŁA	M50	31	04:06:38	05:29:30.25	05:29:53.50	+01:32:47 (28.1%)	7:23	8.1 (71.7%)
32	MARAS Ladislav	487	PRESZOW	M50	32	04:15:55	05:32:55.40	05:34:08.60	+01:37:02 (29.0%)	7:27	8 (70.8%)
33	URBAŃSKI Józef	393	KKB MOSIR KROSNO	M50	33	04:18:51	05:35:03.80	05:36:00.85	+01:38:54 (29.4%)	7:30	8 (70.8%)
33	PYSIEWICZ Krzysztof	308	NIEZRZESZONY	M50	33	04:18:42	05:34:54.35	05:36:00.85	+01:38:54 (29.4%)	7:30	8 (70.8%)
35	OBARSKI Norbert	266		M50	35	04:17:13	05:39:18.70	05:39:56.15	+01:42:50 (30.3%)	7:36	7.9 (69.9%)
36	NIEDŹWIECKI Marek	256	SKIPARK WYSOWA-ZDRÓJ	M50	36	04:17:24	05:42:08.50	05:42:36.35	+01:45:30 (30.8%)	7:40	7.8 (69.0%)
37	BUĆKO Artur	45	JELEŃ GÓRA	M50	37	04:25:40	05:47:28.10	05:48:46.10	+01:51:39 (32.0%)	7:47	7.7 (68.1%)
38	ŚRODA Janusz	482	TARNOWSKIE GÓRY	M50	38	04:30:46	05:53:58.10	05:55:00.10	+01:57:53 (33.2%)	7:56	7.6 (67.3%)
39	ŁUKASIK Andrzej	222	LUBLIN	M50	39	04:26:47	06:01:43.15	06:02:53.15	+02:05:47 (34.7%)	8:06	7.4 (65.5%)
40	ZATORSKI Andrzej	457	STARACHOWICE	M50	40	04:43:38	06:23:05.65	06:24:03.15	+02:26:57 (38.3%)	8:35	7 (61.9%)
41	GŁUSZCZAK Jerzy	107	DŹ	M50	41	04:54:40	06:45:13.15	06:45:44.35	+02:48:38 (41.6%)	9:05	6.6 (58.4%)

Znaleziono 41 wynik(ów)