



# ZIMOWY PÓLMARATON GÓR STOŁOWYCH 2019

B4SPORT

**Organizator:** Fundacja MARATONY GÓRSKIE  
**Data:** 2019-01-19  
**Miejsce:** Karlów  
**Dystans:** 21 km

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Alpinista - Mężczyźni

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Alpinista	Parking 7km	Bledne_Skaly 14km	Czas netto 21km	Czas brutto 21km	Różn	Tempo min/km	Tempo km/h
1	<b>SARNOWSKI Paweł</b>	<b>383</b>	ULTRASARNY	M-30	10	TAK	00:45:44	01:34:59	<b>02:32:25.80</b>	<b>02:32:28.85</b>		7:15	8.3 (100%)
2	<b>ZATOŃ Cezary</b>	<b>69</b>	TRIACTIV RIDLEY	M-30	16	TAK	00:47:37	01:38:00	<b>02:37:33.69</b>	<b>02:37:36.70</b>	+00:05:07 (3.3%)	7:30	8 (96.4%)
3	<b>MAZIK Wojciech</b>	<b>442</b>	KW KRAKOW	M-20	2	TAK	00:49:56	01:42:13	<b>02:45:47.74</b>	<b>02:45:51.75</b>	+00:13:22 (8.1%)	7:53	7.6 (91.6%)
4	<b>THIER Dominik</b>	<b>514</b>	KANDAHAR	M-40	9	TAK	00:54:46	01:48:23	<b>02:48:49.49</b>	<b>02:49:06.50</b>	+00:16:37 (9.8%)	8:02	7.5 (90.4%)
5	<b>TEKIELI Kacper</b>	<b>8</b>	KW TRÓJMIASTO	M-30	25	TAK	00:49:51	01:45:58	<b>02:52:17.00</b>	<b>02:52:18.05</b>	+00:19:49 (11.5%)	8:12	7.3 (88.0%)
6	<b>MAJCHRZAK Maciej</b>	<b>104</b>		M-30	32	TAK	00:51:26	01:48:46	<b>02:59:58.28</b>	<b>03:00:07.35</b>	+00:27:38 (15.3%)	8:34	7 (84.3%)
7	<b>FRANKIEWICZ Artur</b>	<b>426</b>		M-30	33	TAK	00:56:10	01:55:06	<b>03:00:56.96</b>	<b>03:01:00.00</b>	+00:28:31 (15.8%)	8:37	7 (84.3%)
8	<b>KRAWCZYK Artur</b>	<b>430</b>	ZĄŁOGA GÓRSKA	M-20	6	TAK	00:49:59	01:44:30	<b>03:01:20.92</b>	<b>03:01:25.00</b>	+00:28:56 (15.9%)	8:38	6.9 (83.1%)
9	<b>WAHL Daniel</b>	<b>155</b>	T.S. AKS CHORZÓW	M-40	23	TAK	00:56:58	01:57:22	<b>03:02:13.54</b>	<b>03:02:17.55</b>	+00:29:48 (16.4%)	8:40	6.9 (83.1%)
10	<b>LULEK Paweł</b>	<b>501</b>	WIELKOPOLSKI KLUB TATERNICTWA JASKINIOWEGO	M-30	37	TAK	00:55:34	01:55:26	<b>03:02:56.98</b>	<b>03:03:04.05</b>	+00:30:35 (16.7%)	8:42	6.9 (83.1%)
11	<b>JAKUBOWSKI Marcin</b>	<b>377</b>	GRUNWALD TEAM POZNAŃ	M-30	45	TAK	01:00:51	02:00:54	<b>03:10:38.75</b>	<b>03:11:05.85</b>	+00:38:37 (20.2%)	9:04	6.6 (79.5%)
12	<b>CZYŻ Paweł</b>	<b>42</b>	AKG ŁÓDŹ	M-20	14	TAK	00:58:28	01:58:13	<b>03:11:08.49</b>	<b>03:11:24.50</b>	+00:38:55 (20.3%)	9:06	6.6 (79.5%)
13	<b>DUBIEL Piotr</b>	<b>198</b>	SUDECKI KLUB WYSOKOGÓRSKI/WILD DOGS TEAM	M-40	37	TAK	00:54:30	01:57:54	<b>03:13:09.12</b>	<b>03:13:16.15</b>	+00:40:47 (21.1%)	9:11	6.5 (78.3%)
14	<b>PAWŁOWSKI Janusz</b>	<b>85</b>	AGROTURYSTYKA POGRANICZNA	M-40	40	TAK	00:58:48	02:00:35	<b>03:14:58.74</b>	<b>03:15:08.75</b>	+00:42:39 (21.9%)	9:17	6.5 (78.3%)
15	<b>JACH Paweł</b>	<b>543</b>		M-50	2	TAK	00:58:31	02:00:58	<b>03:15:46.32</b>	<b>03:15:52.40</b>	+00:43:23 (22.2%)	9:19	6.4 (77.1%)
16	<b>BIERNACIK Piotr</b>	<b>362</b>		M-40	57	TAK	01:03:02	02:09:07	<b>03:28:21.20</b>	<b>03:28:29.25</b>	+00:56:00 (26.9%)	9:55	6 (72.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Alpinista	Parking 7km	Bledne_Skaly 14km	Czas netto 21km	Czas brutto 21km	Różn	Tempo min/km	Tempo km/h
17	ZATOŃ Adrian	479		M-30	75	TAK	01:01:38	02:08:59	03:28:25.34	03:28:33.35	+00:56:04 (26.9%)	9:55	6 (72.3%)
18	HETMANCZYK Jakub	109	XIN CHAO RIDERS	M-30	76	TAK	01:05:51	02:11:53	03:27:54.16	03:28:34.20	+00:56:05 (26.9%)	9:54	6.1 (73.5%)
19	DUDA Bartosz	131	FIZJOBIEGACZE SZCZECIN	M-40	61	TAK	01:01:36	02:08:13	03:30:31.10	03:30:44.20	+00:58:15 (27.6%)	10:01	6 (72.3%)
20	WÓJCIK Marcin	516		M-40	62	TAK	00:58:23	02:05:44	03:31:12.74	03:31:21.75	+00:58:52 (27.9%)	10:03	6 (72.3%)
21	STRAŚ Jarosław	355		M-30	87	TAK	01:14:26	02:20:39	03:35:03.89	03:35:50.90	+01:03:22 (29.4%)	10:14	5.9 (71.1%)
22	LUBIK Adam	128	KSE ON-SIGHT, SPUCHLAKI TEAM	M-30	90	TAK	01:05:37	02:16:38	03:39:02.00	03:39:24.10	+01:06:55 (30.5%)	10:25	5.8 (69.9%)
23	JAROSŁAWSKI Mariusz	271	TERMY JAKUBA OŁAWSKI PARK WODNY	M-40	68	TAK	01:05:49	02:18:26	03:41:17.89	03:41:29.95	+01:09:01 (31.2%)	10:32	5.7 (68.7%)
24	MATLAG Michał	177	KB MANIAC	M-40	70	TAK	01:11:57	02:19:15	03:41:22.74	03:42:13.75	+01:09:44 (31.4%)	10:32	5.7 (68.7%)
25	SOKOŁOWSKI Marcin	236	KW OPOLE	M-40	75	TAK	01:10:42	02:24:30	03:47:31.60	03:47:49.65	+01:15:20 (33.1%)	10:50	5.5 (66.3%)
26	NATKAŃSKI Jerzy	3	PHZ	M-60	2	TAK	01:10:41	02:23:50	03:52:13.30	03:52:39.35	+01:20:10 (34.5%)	11:03	5.4 (65.1%)
27	GOŁĄB Janusz	4		M-50	14	TAK	01:16:07	02:28:39	03:53:35.86	03:54:09.90	+01:21:41 (34.9%)	11:07	5.4 (65.1%)
28	RUSIN Szymon	210		M-30	107	TAK	01:11:45	02:26:15	03:55:42.89	03:56:09.90	+01:23:41 (35.4%)	11:13	5.3 (63.9%)
29	MIGDAŁ Adrian	189		M-40	90	TAK	01:14:21	02:31:28	04:02:17.04	04:03:11.05	+01:30:42 (37.3%)	11:32	5.2 (62.7%)
30	KOLAŚNIEWSKI Marek	76		M-40	107	TAK	01:29:23	02:49:05	04:18:26.52	04:19:07.55	+01:46:38 (41.2%)	12:18	4.9 (59.0%)
31	NAGLIK Dominik	380		M-30	138	TAK	01:26:26	02:53:27	04:37:46.84	04:38:28.85	+02:06:00 (45.2%)	13:13	4.5 (54.2%)
32	PUSTELNIK Piotr	2	SOUTH POLE EXPEDITION	M-60	4	TAK	01:29:32	02:55:49	04:38:36.68	04:39:36.70	+02:07:07 (45.5%)	13:16	4.5 (54.2%)
33	WIELICKI Krzysztof	1		M-60	5	TAK	01:30:59	03:02:14	04:41:15.27	04:41:48.35	+02:09:19 (45.9%)	13:23	4.5 (54.2%)

Znaleziono 33 wynik(ów)