



ZIMOWY PÓLMARATON GÓR STOŁOWYCH 21 KM

B4SPORT

Event: Zimowy Półmaraton Gór Stołowych
Organiser: Fundacja Maratony Górskie
Date: 2022-01-22
Place: Kartów
Distance: 21 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Classification: Alpinista - Mężczyźni

Place	Participant	Number	Club	Category	MCat	Alpinista	Parking 7km	Bledne_Skaly 14km	Penalty/ bonus	Net time 21km	Gap	Pace min/km	Pace km/h
1	KOŚCIUCZYK-MENDYK Michał	229	SPELOCLUB WROCŁAW	M-30	3	TAK	00:47:55	01:35:22		02:17:56.15		6:34	9.1 (100%)
2	RUTKOWSKI Dawid	431	GRIZZLYTEAM/140MINUT.PL	M-40	1	TAK	00:45:55	01:35:22		02:18:14.60	+00:00:18 (0.2%)	6:34	9.1 (100%)
3	BORZYSTOWSKI Patryk	54	#ZALINIAMETYTEAM	M-30	4	TAK	00:48:42	01:37:30		02:20:11.45	+00:02:15 (1.6%)	6:40	9 (98.9%)
4	ROSKOSZ Bartosz	425	JELCZ TRIATHLON PROJECT	M-30	7	TAK	00:49:29	01:38:35		02:25:37.00	+00:07:40 (5.3%)	6:56	8.7 (95.6%)
5	WRZESIŃSKI Michał	550	KSG DIRETA/SKLEP GÓRSKI TATERNIK	M-30	11	TAK	00:54:07	01:46:53		02:35:14.50	+00:17:18 (11.1%)	7:23	8.1 (89.0%)
6	FRANKIEWICZ Artur	127		M-30	12	TAK	00:56:14	01:49:41		02:37:21.10	+00:19:24 (12.3%)	7:29	8 (87.9%)
7	ŁUKOMSKI Maciej	294	ŁÓDZKI KLUB WYSOKOGÓRSKI	M-40	10	TAK	00:56:59	01:54:26		02:46:24.80	+00:28:28 (17.1%)	7:55	7.6 (83.5%)
8	TRZECIAKIEWICZ Mieczysław	507	INŻYNIERIA BIEGANIA	M-50	8	TAK	00:53:41	01:49:12	00:10:00	02:50:36.25	+00:32:40 (19.1%)	7:38	7.8 (85.7%)
9	FEICHTINGER Marek	118		M-40	22	TAK	01:01:03	02:00:59		02:55:54.20	+00:37:58 (21.6%)	8:22	7.2 (79.1%)
10	GAWRON Tomasz	131		M-40	29	TAK	01:04:03	02:06:22		02:59:04.60	+00:41:08 (23.0%)	8:31	7 (76.9%)
11	HETMAŃCZYK Jakub	160	XIN CHAO	M-30	35	TAK	01:00:12	02:03:06		03:02:07.55	+00:44:11 (24.3%)	8:40	6.9 (75.8%)
12	PANZ Krzysztof	379		M-30	37	TAK	01:01:08	02:04:31		03:04:12.95	+00:46:16 (25.1%)	8:46	6.8 (74.7%)
13	WEYNA Rafał	533	BIAŁY DOMEK BIEGA	M-40	45	TAK	01:02:59	02:07:18		03:07:23.55	+00:49:27 (26.4%)	8:55	6.7 (73.6%)
14	LUBIK Adam	285		M-30	44	TAK	01:05:42	02:12:21		03:09:02.30	+00:51:06 (27.0%)	9:00	6.7 (73.6%)
15	BIAŁEK Paweł	31	KB HERMES GRYFINO	M-30	45	TAK	01:07:05	02:12:52		03:09:05.65	+00:51:09 (27.1%)	9:00	6.7 (73.6%)

Place	Participant	Number	Club	Category	MCat	Alpinista	Parking 7km	Bledne_Skaly 14km	Penalty/ bonus	Net time 21km	Gap	Pace min/km	Pace km/h
16	KURZYNIEC Łukasz	269		M-30	54	TAK	01:10:29	02:18:57		03:16:03.65	+00:58:07 (29.6%)	9:20	6.4 (70.3%)
17	DUNAJ Paweł	112	GT RAT	M-40	62	TAK	01:05:08	02:14:33		03:19:19.10	+01:01:22 (30.8%)	9:29	6.3 (69.2%)
18	LUBELCZYK Grzegorz	284	SPELEOCLUB WROCŁAW	M-50	17	TAK	01:10:01	02:22:29		03:25:08.50	+01:07:12 (32.8%)	9:46	6.1 (67.0%)
19	KACZOREK Robert	201		M-40	85	TAK	01:08:17	02:24:51		03:36:23.05	+01:18:26 (36.3%)	10:18	5.8 (63.7%)
20	KOLAŚNIEWSKI Marek	216		M-40	96	TAK	01:16:55	02:38:23		03:47:13.90	+01:29:17 (39.3%)	10:49	5.5 (60.4%)
21	JAROSŁAWSKI Mariusz	181	BIEGNIJ OŁAWO	M-50	27	TAK	01:14:05	02:37:12		03:50:27.05	+01:32:30 (40.1%)	10:58	5.5 (60.4%)
22	DATA Dariusz	98	KUGUAR XTREME RUNNERS	M-50	28	TAK	01:18:12	02:37:27		03:51:17.40	+01:33:21 (40.4%)	11:00	5.4 (59.3%)
23	BARANOWSKI Szymon	20		M-30	80	TAK	01:20:26	02:39:18		03:51:25.95	+01:33:29 (40.4%)	11:01	5.4 (59.3%)
24	KURZAWIAK Wojciech	268	ZGORMYSYNY	M-40	107	TAK	01:20:39	02:42:16		03:56:21.60	+01:38:25 (41.6%)	11:15	5.3 (58.2%)

Total 24 results.