



ZIMOWY PÓLMARATON GÓR STOŁOWYCH 31 KM

B4SPORT

Wydarzenie: Zimowy Półmaraton Gór Stołowych
Organizator: Fundacja Maratony Górskie
Data: 2022-01-23
Miejsce: Karłów
Dystans: 31 km

B4SPORT
INTELIĞENTNE ZAWODY SPORTOWE

Klasyfikacja: K-30

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Parking pod Szczelińcem 7km | Błędne Skały 14km | Lisia Przełęcz 19.7km | Czas netto 31km | Różn | Tempo min/km | Tempo km/h |
|-----|----------------------------------|------------|-------------------------------|-----------|------|-----------------------------|-------------------|-----------------------|--------------------|-------------------|--------------|-------------|
| 1 | HOTAŁA Sylwia | 84 | KUDOWIANKA RUN | K-30 | 1 | 00:55:21 | 01:46:30 | 02:37:03 | 03:55:06.40 | | 7:35 | 7.9 (100%) |
| 2 | RZEŹNICZEK Anna | 252 | STOWARZYSZENIE DZIAŁAMY RAZEM | K-30 | 2 | 01:03:48 | 02:00:31 | 02:51:58 | 04:18:36.10 | +00:23:29 (9.1%) | 8:20 | 7.2 (91.1%) |
| 3 | WIECZOREK Katarzyna | 308 | TWISTERTEAM | K-30 | 3 | 01:02:43 | 02:01:45 | 02:58:16 | 04:34:46.30 | +00:39:39 (14.4%) | 8:51 | 6.8 (86.1%) |
| 4 | BABIŃSKA- POPIŁKA Ewelina | 4 | | K-30 | 4 | 01:02:04 | 02:05:31 | 03:01:16 | 04:36:40.55 | +00:41:34 (15.0%) | 8:55 | 6.7 (84.8%) |
| 5 | BŁĘDOWSKA Katarzyna | 344 | AGRO AS | K-30 | 5 | 01:08:40 | 02:17:36 | 03:18:10 | 05:03:52.50 | +01:08:46 (22.6%) | 9:48 | 6.1 (77.2%) |
| 6 | JANUSZEWSKA Izabela | 94 | BIEGAM U KOLESII | K-30 | 6 | 01:15:07 | 02:23:47 | 03:23:38 | 05:08:33.05 | +01:13:26 (23.8%) | 9:57 | 6 (75.9%) |
| 7 | SZYDŁO Klaudia | 285 | | K-30 | 7 | 01:12:33 | 02:17:49 | 03:21:36 | 05:20:02.90 | +01:24:56 (26.5%) | 10:19 | 5.8 (73.4%) |
| 8 | ILNICKA Monika | 85 | WIECZORNE BIEGANIE W OPOLU | K-30 | 8 | 01:16:57 | 02:32:53 | 03:38:29 | 05:33:38.20 | +01:38:31 (29.5%) | 10:45 | 5.6 (70.9%) |
| 9 | FLORCZAK Monika | 49 | | K-30 | 9 | 01:23:16 | 02:41:47 | 03:46:22 | 05:49:15.85 | +01:54:09 (32.7%) | 11:15 | 5.3 (67.1%) |
| 10 | KOPACKA Edyta | 129 | KB SOBÓTKA | K-30 | 10 | | | 04:35:32 | 06:32:20.50 | +02:37:14 (40.1%) | 12:39 | 4.7 (59.5%) |
| 11 | CISICKA Daria | 28 | | K-30 | 11 | 01:34:32 | 03:07:32 | 04:19:57 | 06:41:43.65 | +02:46:37 (41.5%) | 12:57 | 4.6 (58.2%) |
| 12 | PAŁASZYŃSKA Beata | 216 | MUD FOXES | K-30 | 12 | 01:41:02 | 03:18:00 | 04:41:43 | 07:07:21.70 | +03:12:15 (45.0%) | 13:47 | 4.4 (55.7%) |
| 13 | URBAŃSKA Paulina | 298 | TRAINING LAB | K-30 | 13 | 01:18:40 | | | | + | 11:14 | 5.3 (67.1%) |

Znaleziono 13 wynik(ów)