



## ZIMOWY PUCHAR BIEGOWY- GRODNO 2019 - 10 KM

B4SPORT

**Wydarzenie:** Puchar Biegowy "Cztery pory roku"  
**Organizator:** Białoruska Federacja Nordic Walking; Ministerstwo sportu i turystyki  
**Data:** 2019-02-16  
**Miejsce:** Grodno  
**Dystans:** 10 km



Klasyfikacja: K-OPEN

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start_All 2.5km	Start_All 5km	Start_All 7.5km	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
1	СТУПАКЕВИЧ Анна	61	RUN4FUN.BY	K-30	1	00:11:33	00:23:28	00:35:54	<b>00:48:13.84</b>		4:49	12.4 (100%)
2	КУЛИК Ольга	50	NEMIGA-NORD	K-40	1	00:12:44	00:25:49	00:39:00	<b>00:52:19.35</b>	+00:04:05 (7.8%)	5:13	11.5 (92.7%)
3	КУСНУНСКАЯ Katsiaryna	29		K-20	1	00:13:06	00:26:36	00:40:12	<b>00:53:18.87</b>	+00:05:05 (9.5%)	5:19	11.3 (91.1%)
4	БЕКИШ Анна	39	RUN4FUN	K-30	2	00:13:11	00:26:40	00:40:16	<b>00:53:23.51</b>	+00:05:09 (9.7%)	5:20	11.2 (90.3%)
5	ШЕКЕЛ Yuliya	22	RUN4FUN.BY	K-30	3	00:13:18	00:27:11	00:41:35	<b>00:55:23.08</b>	+00:07:09 (12.9%)	5:32	10.8 (87.1%)
6	КОЛБ Ольга	47	RUN4FUN	K-30	4	00:13:30	00:28:08	00:42:29	<b>00:56:10.68</b>	+00:07:56 (14.1%)	5:37	10.7 (86.3%)
7	LISINA Natallia	31		K-30	5	00:13:54	00:27:52	00:42:02	<b>00:56:16.75</b>	+00:08:02 (14.3%)	5:37	10.7 (86.3%)
8	НАТСУК Nataliya	26	RUN4FUN	K-30	6	00:14:27	00:28:44	00:43:07	<b>00:57:34.55</b>	+00:09:20 (16.2%)	5:45	10.4 (83.9%)
9	САЗОН Инесса	58	RUN4FUN.BY	K-30	7	00:13:57	00:28:10	00:42:51	<b>00:58:01.67</b>	+00:09:47 (16.9%)	5:48	10.3 (83.1%)
10	KULIK Tatsiana	30	NEMIGA-NORD	K-20	2	00:13:47	00:28:14	00:44:20	<b>01:00:14.35</b>	+00:12:00 (19.9%)	6:01	10 (80.6%)
11	ЯРОШ Анастасия	68	RUN4FUN.BY	K-30	8	00:16:03	00:31:39	00:47:41	<b>01:02:41.60</b>	+00:14:27 (23.1%)	6:16	9.6 (77.4%)
12	ЛИТВИНСКАЯ Людмила	52	AMATAP	K-40	2	00:14:08	00:29:45	00:46:40	<b>01:03:01.99</b>	+00:14:48 (23.5%)	6:18	9.5 (76.6%)

Znaleziono 12 wynik(ów)