



ZIMOWY PUCHAR BIEGOWY- GRODNO 2019 - 10 KM

B4SPORT

Wydarzenie: Puchar Biegowy "Cztery pory roku"
Organizator: Białoruska Federacja Nordic Walking; Ministerstwo sportu i turystyki
Data: 2019-02-16
Miejsce: Grodno
Dystans: 10 km



Klasyfikacja: M-30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start_All 2.5km	Start_All 5km	Start_All 7.5km	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
1	КОШУР Александр	48	ЛОКОМОТИВ/RUN4FUN.BY	M-30	1	00:08:58	00:18:13	00:27:18	00:36:20.00		3:38	16.5 (100%)
2	КРАПИВКО Дмитрий	49		M-30	2	00:08:58	00:18:13	00:27:46	00:37:26.61	+00:01:06 (3.0%)	3:44	16 (97.0%)
3	KRASKO Pavel	28	RUN4FUN	M-30	3	00:09:27	00:19:14	00:28:58	00:38:40.74	+00:02:20 (6.1%)	3:52	15.5 (93.9%)
4	СHEMODANOV Alexey	23	RUN4FUN.BY	M-30	4	00:09:25	00:19:07	00:28:58	00:39:03.64	+00:02:43 (7.0%)	3:54	15.4 (93.3%)
5	ЛЯНГА Александр	53	RUN4FUN.BY	M-30	5	00:09:27	00:19:30	00:29:47	00:39:51.52	+00:03:31 (8.8%)	3:59	15.1 (91.5%)
6	VOROVJOV Alexej	36	RUN4FUN.BY	M-30	6	00:10:35	00:21:01	00:31:20	00:41:30.17	+00:05:10 (12.5%)	4:09	14.5 (87.9%)
7	БОГАН Александр	41	RUN4FUN.BY	M-30	7	00:11:03	00:22:20	00:33:49	00:45:17.40	+00:08:57 (19.8%)	4:31	13.2 (80.0%)
8	ШОТ Дмитрий	66	ОАО'СКИДЕЛЬСКИЙ САХКОМБИНАТ'	M-30	8	00:11:22	00:23:01	00:34:34	00:45:47.33	+00:09:27 (20.6%)	4:34	13.1 (79.4%)
9	МАЗЫРКО Александр	54		M-30	9	00:11:04	00:22:59	00:35:20	00:47:39.33	+00:11:19 (23.8%)	4:45	12.6 (76.4%)
10	ВИНЕНКО Александр	44	RUN4FUN.BY	M-30	10	00:11:10	00:24:06	00:36:24	00:47:56.94	+00:11:36 (24.2%)	4:47	12.5 (75.8%)
11	ШАФРАНОВИЧ Павел	43	RUN4FUN	M-30	11	00:12:03	00:24:20	00:36:37	00:48:19.39	+00:11:59 (24.8%)	4:49	12.4 (75.2%)
12	ОШУРКО Антон	56	RUN4FUN.BY	M-30	12	00:11:29	00:23:33	00:36:00	00:48:19.77	+00:11:59 (24.8%)	4:49	12.4 (75.2%)
13	SAKALOUSKI Artsem	33	RUN4FUN.BY	M-30	13	00:12:20	00:24:33	00:37:39	00:50:19.70	+00:13:59 (27.8%)	5:02	11.9 (72.1%)
14	TAN Burak	34	BERUNNER	M-30	14	00:11:49	00:24:03	00:37:29	00:50:25.01	+00:14:05 (27.9%)	5:02	11.9 (72.1%)
15	АНДРУШКЕВИЧ Виталий	38	RUN4FUN	M-30	15	00:13:06	00:26:36	00:40:07	00:53:15.20	+00:16:55 (31.8%)	5:19	11.3 (68.5%)
16	ТРОФИМОВ Кирилл	65		M-30	16	00:13:26	00:27:13	00:40:58	00:55:05.66	+00:18:45 (34.1%)	5:30	10.9 (66.1%)

Znaleziono 16 wynik(ów)