



ZIMOWY PUCHAR BIEGOWY - GRODNO 2019 - 5 KM

B4SPORT

Event: Puchar Biegowy "Cztery pory roku"
Organiser: Białoruska Federacja Nordic Walking; Ministerstwo sportu i turystyki
Date: 2019-02-16
Place: Grodno
Distance: 5 km



Classification: All

Place	Participant	Number	Club	Category	MCat	Start All 2.5km	Net time 5km	Gap	Pace min/km	Pace km/h
1	ВОЛЯК Денис	81	ВИТЕБСК	M-20	1	00:08:45	00:17:22.18		3:28	17.3 (100%)
2	МАКСИМОВИЧ Павел	88	ГРОДНОПРОМСТРОЙ	M-30	1	00:08:50	00:17:51.51	+00:00:29 (2.7%)	3:34	16.8 (97.1%)
3	ЦЯК Александр	98	СОКОЛ	M-30	2	00:10:35	00:21:23.24	+00:04:01 (18.8%)	4:16	14 (80.9%)
4	РАРКО Yury	76	НЕТ	M-20	2	00:11:00	00:22:10.73	+00:04:48 (21.7%)	4:26	13.5 (78.0%)
5	DOROSZCZYK Adam	73	ВИАЎСТОК ВІЕГА ТІАМ	M-20	3	00:11:00	00:22:18.50	+00:04:56 (22.1%)	4:27	13.4 (77.5%)
6	БИРИЛО Андрей	97	ЗВЕНЗЕК ПОЛЯКУВ НА БЕЛАРУСИ	M-20	4	00:11:22	00:23:00.62	+00:05:38 (24.5%)	4:36	13 (75.1%)
7	ЩЕРБО Виктор	96	TENZOR	M-50	1	00:11:27	00:23:50.20	+00:06:28 (27.1%)	4:46	12.6 (72.8%)
8	ИЛЬЮК Дмитрий	69	RUN4FUN.BY	M-30	3	00:12:01	00:24:25.83	+00:07:03 (28.9%)	4:53	12.3 (71.1%)
9	ГЕРМАКОВСКИЙ Глеб	83	ГРОДНЕНСКОЕ ОБЛАСТНОЕ КАДЕТСКОЕ УЧИЛИЩЕ	M-17	1	00:12:14	00:25:10.48	+00:07:48 (31.0%)	5:02	11.9 (68.8%)
10	SIABA Aliaksandr	77		M-30	4	00:13:07	00:26:24.45	+00:09:02 (34.2%)	5:16	11.4 (65.9%)
11	BONDAR Vitali	72		M-40	1	00:13:06	00:26:24.78	+00:09:02 (34.2%)	5:17	11.4 (65.9%)
12	РУДЕНОК Ира	91	RUN4FUN-BY	K-20	1	00:13:07	00:26:27.74	+00:09:05 (34.4%)	5:17	11.3 (65.3%)
13	СТАХЕЙКО Павел	93	RUN4FUN.BY	M-20	5	00:13:21	00:26:32.54	+00:09:10 (34.6%)	5:18	11.3 (65.3%)
14	МИНУЧИЦ Денис	90	RAN4FAN	M-20	6	00:13:31	00:26:37.14	+00:09:14 (34.7%)	5:19	11.3 (65.3%)
15	СИДЕЛЬНИКОВ Константин	99		M-30	5	00:13:10	00:27:34.90	+00:10:12 (37.0%)	5:31	10.9 (63.0%)
16	КОШЕЛЮК Геннадий	87	TAMERLAN 13	M-30	6	00:13:57	00:28:00.07	+00:10:37 (38.0%)	5:36	10.7 (61.8%)
17	ВИКТОРИЯ Бузюк	182	RUN4FUN.BY	K-20	2	00:14:10	00:28:13.00	+00:10:50 (38.4%)	5:38	10.6 (61.3%)
18	БОДАК Николай	181		M-17	2	00:14:19	00:30:43.92	+00:13:21 (43.5%)	6:08	9.8 (56.6%)
19	SINKEVICH Evgeniya	78	RUN4FUN.BY	K-30	1	00:15:11	00:31:01.13	+00:13:38 (44.0%)	6:12	9.7 (56.1%)
20	ВЕРОНИКА Моисеева	71	ЗВЕЗДА	K-30	2	00:15:17	00:32:25.97	+00:15:03 (46.4%)	6:29	9.2 (53.2%)
21	ВОЛОХ Алексей	80	ГРОДНЕНСКОЕ ОБЛАСТНОЕ КАДЕТСКОЕ УЧИЛИЩЕ	M-17	3	00:15:02	00:34:47.93	+00:17:25 (50.1%)	6:57	8.6 (49.7%)
22	ГАЦУК Екатерина	82		K-30	3	00:17:01	00:35:19.52	+00:17:57 (50.8%)	7:03	8.5 (49.1%)
23	МИКЕВИЧ Ольга	89		K-30	4	00:17:01	00:36:39.14	+00:19:16 (52.6%)	7:19	8.2 (47.4%)

Total 23 results.