

ZŁOTY MARATON - 45 KM

B4SPORT

Wydarzenie: Dolnośląski Festiwal Biegów Górskich
Organizator: Fundacja MARATONY GÓRSKIE
Data: 2018-07-19
Miejsce: Łądek-Zdrój
Dystans: 45 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Punkt pomiarowy: 33,0 km

| Msc | Zawodnik | Numer | Klub | Kategoria | B1 10km | B2 22km | A15 33km |
|-----|----------------------------|------------|--|------------------|------------|------------|-------------|
| 1 | GRZĄDZIEL Dominik | 38 | ATTIQ TEAM SALMING | Senior II M - 30 | 00:57:23 | 02:02:10 | 02:59:19 |
| 2 | SZUMLIŃSKI Piotr | 396 | MARCIN ŚWIERC TEAM | Senior II M - 30 | 00:57:57 | 02:06:05 | 03:06:16 |
| 3 | CZERNIAK Paweł | 175 | KARKONOSZ RUNNING TEAM | Senior II M - 30 | 00:56:10 | 02:02:40 | 03:09:39 |
| 4 | BASIŃSKI Piotr | 261 | NOKIA | Senior I M - 20 | 01:00:21 | 02:13:09 | 03:18:45 |
| 5 | SZCZEPANIAK Kamil | 408 | | Senior I M - 20 | 01:00:41 | 02:10:52 | 03:20:08 |
| 6 | HETMAN Radosław | 118 | GRUPA NOMAX | Senior II M - 30 | 00:57:24 | 02:07:19 | 03:20:33 |
| 7 | LANGNER Radosław | 356 | #DASHRADE TEAM | Senior II M - 30 | 01:02:15 | 02:15:09 | 03:22:41 |
| 8 | TERZONI Christian | 306 | MARCIN ŚWIERC TEAM | Senior II M - 30 | 01:02:49 | 02:21:32 | 03:33:01 |
| 9 | WOJCZUK Kornel | 18 | DZIKIE ŻYCIE RUNTEAM | Senior II M - 30 | 01:04:47 | 02:26:29 | 03:40:34 |
| 10 | DOBROWOLSKI Alan | 244 | KALENJI BY DECATHON POLAND | Senior I M - 20 | 01:00:55 | 02:20:24 | 03:40:42 |
| 11 | MAŁEK Tomasz | 80 | | Senior I M - 20 | 01:06:35 | 02:25:45 | 03:40:52 |
| 12 | SŁOCIAK Rafał | 47 | RAJSPOORT ACTIVE | Senior I M - 20 | 01:09:03 | 02:29:49 | 03:41:22 |
| 13 | WINIARSKA Katarzyna | 283 | PRZEMYSKI KLUB BIEGACZA/HERCOG RUNNIG TEAM | Senior II K - 30 | 01:08:06 | 02:29:46 | 03:41:26 |
| 14 | TUROSZ Iwona | 409 | GOPR BIESZCZADY | Senior I K - 20 | 01:07:08 | 02:27:35 | 03:41:59 |
| 15 | KOSTASZ Mariusz | 400 | KB FAURECIA WALBRZYH STOOR | Senior II M - 30 | 01:07:13 | 02:29:17 | 03:45:25 |
| 16 | OLKIS Rafał | 24 | PRZEBIEGA.PL | Senior II M - 30 | 01:05:45 | 02:27:52 | 03:46:42 |
| 17 | SUSKI Marcin | 206 | LEPIEJ BIEGAĆ | Senior II M - 30 | 01:08:20 | 02:29:05 | 03:47:16 |
| 18 | GOMOŁYSEK Kinga | 232 | MATNER RUNNING TEAM | Senior II K - 30 | 01:08:32 | 02:30:13 | 03:47:45 |
| 19 | ROSKOSZ Michał | 338 | KAC RUNNING TEAM | Senior II M - 30 | 01:06:38 | 02:25:36 | 03:50:43 |
| 20 | MÜLLER Christoph | 382 | BAUERFEIND | Senior II M - 30 | 01:00:39 | 02:21:41 | 03:50:53 |
| 21 | TARCZYŃSKI Grzegorz | 155 | | Masters M - 40 | 01:08:33 | 02:33:36 | 03:51:24 |
| 22 | WUJDA Mirosław | 140 | ERNI RULEZ | Masters M - 40 | 01:09:48 | 02:36:23 | 03:51:47 |
| 23 | KOZAK Krzysztof | 106 | SPEED FEET '16 | Senior I M - 20 | 01:08:07 | 02:34:48 | 03:54:22 |
| 24 | MARGASIŃSKI Jacek | 23 | ZĄBKOWICKA GRUPA BIEGOWA FRANKENSTEIN | Senior II M - 30 | 01:07:15 | 02:32:29 | 03:57:03 |
| 25 | WITKOWSKI Radosław | 33 | KLUB WYSOKOGÓRSKI GLIWICE | Senior II M - 30 | 01:12:37 | 02:37:44 | 03:57:17 |
| 26 | SIERADZKI Krzysztof | 60 | | Senior I M - 20 | 01:09:15 | 02:32:16 | 03:57:25 |
| 27 | KOWALIK Andrzej | 285 | BIEG OPOLSKI | Senior II M - 30 | 01:09:18 | 02:35:28 | 03:58:18 |
| 28 | SIUDEK Robert | 389 | MARCIN ŚWIERC TEAM | Senior II M - 30 | 01:11:40 | 02:36:09 | 03:58:45 |
| 29 | BISOWSKI Mariusz | 58 | KOZY W UCHU | Masters M - 40 | 01:14:48 | 02:42:01 | 04:02:55 |
| 30 | URBAŃSKI Leszek | 309 | POCOLOCO ADVENTURE TEAM | Senior I M - 20 | 01:08:02 | 02:35:39 | 04:03:21 |

| Msc | Zawodnik | Numer | Klub | Kategoria | B1 10km | B2 22km | A15 33km |
|-----|--------------------------------|------------|-------------------------------|------------------|------------|------------|-------------|
| 31 | BULIŃSKI Piotr | 397 | NIGHT RUNNERS | Senior II M - 30 | 01:13:29 | 02:39:42 | 04:03:51 |
| 32 | KOZIEŁ Grzegorz | 344 | SILESIA RUNNERS CLUB | Senior II M - 30 | 01:10:38 | 02:38:26 | 04:05:18 |
| 33 | LUBAŃSKI Robert | 369 | | Weteran I M - 50 | 01:11:18 | 02:40:59 | 04:06:49 |
| 34 | WOJCZUK Paweł | 199 | | Senior II M - 30 | 01:14:33 | 02:42:46 | 04:07:05 |
| 35 | PAWŁOWSKI Piotr | 410 | | Masters M - 40 | 01:16:19 | 02:44:51 | 04:07:56 |
| 36 | MALENDOWICZ Przemysław | 143 | ZYGI&PĘPUSZEK | Senior II M - 30 | 01:17:05 | 02:47:23 | 04:08:07 |
| 37 | PETA Rafał | 174 | MARCIN ŚWIERC TEAM | Masters M - 40 | 01:14:11 | 02:42:55 | 04:09:41 |
| 38 | NOWICKI Mariusz | 85 | | Masters M - 40 | 01:19:50 | 02:48:52 | 04:11:09 |
| 39 | OLAŃSKI Krzysztof | 351 | TRAILA MATOR | Masters M - 40 | 01:13:34 | 02:42:43 | 04:12:00 |
| 40 | KYCIA Piotr | 133 | MUKS SZOK BOJANOWO | Masters M - 40 | 01:20:16 | 02:50:51 | 04:12:01 |
| 41 | KUCA Szymon | 95 | OLAWS ZLOTORYJA | Senior II M - 30 | 01:15:03 | 02:44:12 | 04:12:24 |
| 42 | KSIĄŻKIEWICZ Bartłomiej | 15 | ROCKY BALBOA RUNNING CLUB | Senior II M - 30 | 01:12:26 | 02:41:52 | 04:12:44 |
| 43 | STANUCHIEWICZ Oskar | 186 | | Masters M - 40 | 01:14:15 | 02:44:52 | 04:12:49 |
| 44 | WILK Jacek | 379 | | Masters M - 40 | 01:17:39 | 02:49:13 | 04:13:24 |
| 45 | SIKORA Iwona | 295 | | Senior II K - 30 | 01:21:49 | 02:53:52 | 04:18:26 |
| 46 | BENDIG Wojciech | 77 | | Masters M - 40 | 01:09:08 | 02:38:25 | 04:19:41 |
| 47 | LASEK Mikołaj | 375 | PAN WUEFISTA | Senior II M - 30 | 01:16:19 | 02:49:22 | 04:20:24 |
| 48 | BOGUCKA Emilia | 362 | PRACOWNIA RZEŹBIARSKA BOGUCCY | Masters K - 40 | 01:16:31 | 02:52:56 | 04:21:27 |
| 49 | MAKOWSKA Olga | 278 | JACEKBIEGA RUNNING TEAM | Senior II K - 30 | 01:20:09 | 02:56:16 | 04:21:50 |
| 50 | ADLER Łukasz | 371 | LESZ NO LIMITS RUNNERS | Senior II M - 30 | 01:18:44 | 02:54:09 | 04:23:19 |
| 51 | KRYGIER Tomasz | 178 | | Senior I M - 20 | 01:12:18 | 02:46:59 | 04:23:42 |
| 52 | GURGUL Sebastian | 210 | AROMAT NÓG | Senior II M - 30 | 01:14:34 | 02:49:12 | 04:24:09 |
| 53 | DWORZYŃSKI Rafał | 255 | NOKIA | Senior II M - 30 | 01:17:43 | 02:51:54 | 04:24:43 |
| 54 | KOWALCZYK Adam | 336 | | Masters M - 40 | 01:18:16 | 02:54:19 | 04:25:41 |
| 55 | MACHALSKI Sebastian | 240 | | Masters M - 40 | 01:12:23 | 02:46:07 | 04:25:56 |
| 56 | CZEPUKOJC Michal | 284 | MR | Senior II M - 30 | 01:14:26 | 02:45:15 | 04:26:14 |
| 57 | POPRAWSKI Mateusz | 86 | MUKS SZOK BOJANOWO | Senior II M - 30 | 01:21:52 | 02:56:30 | 04:27:02 |
| 58 | BOCHEŃSKA Aleksandra | 126 | PRO-RUN WROCŁAW | Masters K - 40 | 01:22:06 | 03:00:35 | 04:28:01 |
| 59 | KAYSIEWICZ Maciej | 213 | NATURAL BORN RUNNERS TEAM | Masters M - 40 | 01:17:45 | 02:55:51 | 04:28:31 |
| 60 | BASIŃSKA Paulina | 259 | | Senior II K - 30 | 01:25:45 | 03:05:59 | 04:28:36 |
| 61 | DYRGA Sebastian | 280 | MUAY RUNNING TEAM | Masters M - 40 | 01:19:00 | 02:57:50 | 04:28:54 |
| 62 | ŚMIGIELSKA Danuta | 333 | CZERWONAK BIEGA | Senior I K - 20 | 01:21:46 | 02:58:00 | 04:29:32 |
| 63 | HENECZKOWSKA Anna | 245 | KALENJI BY DECATHLON | Senior I K - 20 | 01:20:08 | 02:55:53 | 04:30:57 |
| 64 | MIKA Andrzej | 301 | | Senior II M - 30 | 01:14:12 | 02:49:51 | 04:31:27 |
| 65 | CIMACHOWSKI Jakub | 93 | CIMATECH | Senior II M - 30 | 01:21:54 | 03:05:28 | 04:31:29 |
| 66 | LESZCZYŃSKI Paweł | 401 | | Weteran I M - 50 | 01:27:34 | 03:02:44 | 04:32:00 |
| 67 | KŁOSOWSKI Kamil | 360 | METALPRESS | Senior II M - 30 | 01:19:49 | 02:58:49 | 04:33:06 |
| 68 | KĄKOL Krzysztof | 262 | | Senior I M - 20 | 01:19:20 | 02:55:36 | 04:34:04 |
| 69 | ADAM Piotr | 287 | WROCLAW MARATHON TEAM | Masters M - 40 | 01:21:50 | 03:02:50 | 04:35:19 |
| 70 | LEWANDOWSKI Krzysztof | 348 | REEBOK RUN CREW | Masters M - 40 | 01:17:49 | 02:55:30 | 04:35:42 |
| 71 | CIEŚLA Grzegorz | 364 | | Senior I M - 20 | 01:21:45 | 03:00:12 | 04:36:11 |
| 72 | PŁAZA Artur | 208 | | Senior II M - 30 | 01:25:44 | 03:02:44 | 04:36:31 |
| 73 | PAŁETKO Agnieszka | 39 | NYSA BIEGA | Senior II K - 30 | 01:27:12 | 03:09:05 | 04:36:38 |
| 74 | RAKOWSKA Magdalena | 276 | DRUŻYNA TVN | Masters K - 40 | 01:23:44 | 03:04:09 | 04:36:59 |
| 75 | URBANIAK Agata | 233 | | Senior II K - 30 | 01:22:54 | 03:05:18 | 04:37:12 |

| Msc | Zawodnik | Numer | Klub | Kategoria | B1 10km | B2 22km | A15 33km |
|-----|------------------------------|------------|--|------------------|------------|------------|-------------|
| 76 | SOCHA Piotr | 83 | | Senior II M - 30 | 01:17:07 | 02:53:43 | 04:38:11 |
| 77 | REDMANN Edyta | 319 | | Masters K - 40 | 01:27:24 | 03:07:40 | 04:38:48 |
| 78 | HERBINGER Maciej | 411 | | Masters M - 40 | 01:15:01 | 02:53:54 | 04:39:18 |
| 79 | WALEŃSKA Ewa | 189 | GT RAT | Masters K - 40 | 01:21:43 | 03:05:06 | 04:39:28 |
| 80 | MUSIELAK Marek | 168 | M&M&M&M | Senior II M - 30 | 01:29:06 | 03:08:14 | 04:40:24 |
| 81 | FREIHOEFER Michał | 62 | | Senior I M - 20 | 01:21:41 | 03:03:57 | 04:40:29 |
| 82 | HERMAN Michał | 161 | | Senior I M - 20 | 01:20:37 | 03:00:14 | 04:40:36 |
| 83 | MAJCHRZAK Marcin | 317 | DELOITTE ADVENTURE TEAM | Masters M - 40 | 01:16:12 | 02:58:54 | 04:40:47 |
| 84 | KOKUREWICZ Konrad | 117 | MEDUZO.PL | Senior II M - 30 | 01:22:29 | 03:03:16 | 04:41:07 |
| 85 | KOSINSKA Bozena | 373 | | Masters K - 40 | 01:27:11 | 03:10:34 | 04:41:57 |
| 86 | WOJTKOWIAK Renata | 10 | PIĄTKOWO NA BIEGOWO | Masters K - 40 | 01:24:37 | 03:07:25 | 04:42:30 |
| 87 | WOJTKOWIAK Stefan | 292 | PIĄTKOWO NA BIEGOWO | Masters M - 40 | 01:24:37 | 03:07:25 | 04:42:35 |
| 88 | KICH Marek | 282 | | Senior II M - 30 | 01:23:25 | 03:08:27 | 04:42:57 |
| 89 | ZWĘGLIŃSKI Andrzej | 258 | | Masters M - 40 | 01:21:20 | 03:03:39 | 04:43:04 |
| 90 | SKONIECKI Michał | 241 | | Masters M - 40 | 01:25:13 | 03:06:48 | 04:43:13 |
| 91 | DEREŃ Beata | 149 | TEAM KURORT ŁĄDEK ZDRÓJ | Senior I K - 20 | 01:30:52 | 03:12:55 | 04:43:33 |
| 92 | BALICKA-KOCHEL Monika | 353 | KOWARY BIEGAJĄ | Masters K - 40 | 01:24:40 | 03:08:43 | 04:43:58 |
| 93 | BOROWIAK Maciej | 108 | WOZIMYSIE.PL | Senior II M - 30 | 01:29:28 | 03:13:03 | 04:45:44 |
| 94 | KOSMALA Szymon | 263 | | Senior II M - 30 | 01:24:14 | 03:07:14 | 04:46:19 |
| 95 | KAPAŁKA Adrian | 173 | NATALIA TOMASIAK GÓRSKI STYL | Masters M - 40 | 01:28:20 | 03:13:20 | 04:46:20 |
| 96 | ZUB Arkadiusz | 90 | KB SOBÓTKA | Masters M - 40 | 01:26:04 | 03:10:37 | 04:47:00 |
| 97 | PATKOWSKI Mateusz | 359 | | Senior II M - 30 | 01:19:33 | 03:06:32 | 04:47:04 |
| 98 | LEJA Wojciech | 254 | DA STYGMATYK | Senior I M - 20 | 01:14:12 | 02:52:18 | 04:47:08 |
| 99 | GOLEŃ Marcin | 253 | DA STYGMATYK | Senior I M - 20 | 01:14:47 | 02:52:08 | 04:47:08 |
| 100 | KUBIAK Paweł | 198 | | Senior I M - 20 | 01:19:44 | 02:58:39 | 04:47:49 |
| 101 | STOLARZ Jędrzej | 222 | | Senior I M - 20 | 01:21:04 | 03:09:01 | 04:48:21 |
| 102 | BEŚKA Sławomir | 296 | OCHAJORUN & FRIENDS | Masters M - 40 | 01:24:18 | 03:06:35 | 04:49:34 |
| 103 | BEDNARCZYK Bogdan | 116 | PRO-RUN WROCŁAW | Weteran I M - 50 | 01:29:57 | 03:15:56 | 04:49:57 |
| 104 | SZYMAŃSKA Katarzyna | 345 | 1982 | Senior II K - 30 | 01:21:52 | 03:09:51 | 04:50:10 |
| 105 | FALKOWSKI Piotr | 390 | KS PEGAZ PIASECZNO | Masters M - 40 | 01:25:47 | 03:08:11 | 04:50:29 |
| 106 | GAJEK Patrycja | 122 | | Senior II K - 30 | 01:31:45 | 03:16:33 | 04:50:43 |
| 107 | DOMAGAŁA Grażyna | 265 | NIGHT RUNNERS WROCŁAW | Senior II K - 30 | 01:29:10 | 03:12:58 | 04:50:46 |
| 108 | KLESZCZ Tomek | 247 | NIGHT RUNNERS WROCŁAW | Senior II M - 30 | 01:29:30 | 03:12:57 | 04:50:49 |
| 109 | BIELECKI Robert | 204 | KEEN ON RUNNING | Weteran I M - 50 | 01:21:46 | 03:10:41 | 04:51:00 |
| 110 | NAJDEREK Maciej | 246 | NAJDERKI4 | Senior II M - 30 | 01:29:29 | 03:11:28 | 04:51:00 |
| 111 | KOSACKA Emilia | 330 | AKM OLSZTYN / SKLEPBIEGACZA.PL | Senior II K - 30 | 01:27:32 | 03:11:17 | 04:51:13 |
| 112 | KOSTROWICKI Jakub | 320 | | Senior II M - 30 | 01:23:47 | 03:12:25 | 04:51:20 |
| 113 | ULICZNY Paweł | 203 | REMBERTÓW TEAM | Masters M - 40 | 01:25:54 | 03:11:32 | 04:51:21 |
| 114 | NOWAK Jacek | 78 | LESZ NO LIMITS RUNNERS / ENDORFINA WSCHOWA | Masters M - 40 | 01:29:16 | 03:13:33 | 04:52:08 |
| 115 | MIKSA Sławomir | 275 | | Weteran I M - 50 | 01:29:24 | 03:14:22 | 04:52:51 |
| 116 | BURDAJEWICZ Katarzyna | 124 | RUNNERS POWER ŚREM | Masters K - 40 | 01:25:55 | 03:15:18 | 04:53:23 |
| 117 | STRZELECKI Michał | 7 | PZSF/ SMASHING PĄPKINS | Senior II M - 30 | 01:24:02 | 03:11:42 | 04:55:22 |
| 118 | WITKOWSKI Maciej | 22 | KLUB KRÓLIKA STEFANA | Senior II M - 30 | 01:25:52 | 03:12:22 | 04:55:28 |
| 119 | MOWNY Adam | 334 | ORANGE POLSKA | Masters M - 40 | 01:22:24 | 03:07:58 | 04:55:57 |
| 120 | WARZECHA Teresa | 293 | RUNNERS TEAM NYSA | Weteran K - 50 | 01:37:48 | 03:24:27 | 04:56:48 |

| Msc | Zawodnik | Numer | Klub | Kategoria | B1 10km | B2 22km | A15 33km |
|-----|------------------------------|------------|---|-------------------|------------|------------|-------------|
| 121 | MALISZEWSKI Adam | 266 | PARKRUN POZNAŃ / RUNNERSCLUB.PL POZNAŃ / KB UE POZNAŃ | Senior I M - 20 | 01:24:45 | 03:13:50 | 04:57:03 |
| 122 | GŁOWACKA Renata | 36 | TRI AKTYWNY PIOTRKÓW | Masters K - 40 | 01:28:15 | 03:14:16 | 04:57:05 |
| 123 | GIEMZIK Marcin | 76 | OLKUSZBIEGA.PL | Senior II M - 30 | 01:27:53 | 03:11:24 | 04:57:08 |
| 124 | TALAGA Dawid | 79 | OLKUSZBIEGA.PL | Senior I M - 20 | 01:27:51 | 03:11:24 | 04:57:11 |
| 125 | ORDÁŇ Petr | 200 | TEAM JESEŇÍKY | Weteran I M - 50 | 01:29:51 | 03:17:44 | 04:57:17 |
| 126 | MARGASIŃSKI Michał | 195 | | Senior I M - 20 | 01:21:57 | 03:10:08 | 04:57:23 |
| 127 | ŚRÓDKA Bartłomiej | 27 | | Senior II M - 30 | 01:31:09 | 03:19:20 | 04:57:30 |
| 128 | BATOR Michał | 1 | CAPGEMINI | Senior II M - 30 | 01:24:25 | 03:09:51 | 04:57:35 |
| 129 | RYBARCZYK Ilona | 74 | KOŁO BIEGA | Senior I K - 20 | 01:26:10 | 03:15:56 | 04:57:44 |
| 130 | PEISERT Tomasz | 358 | BIEGOLOGIA.PL | Senior II M - 30 | 01:24:04 | 03:14:30 | 04:57:48 |
| 131 | LIPIEC Kasia | 368 | VEGAN RUNNERS | Senior II K - 30 | 01:35:23 | 03:25:11 | 04:58:08 |
| 132 | KULAS Łukasz | 392 | SOLO | Senior II M - 30 | 01:25:54 | 03:15:05 | 04:58:35 |
| 133 | POMIANOWSKI Szymon | 329 | KURACJUSZE | Senior II M - 30 | 01:21:36 | 03:10:35 | 04:58:36 |
| 134 | KOSEL Szczepan | 170 | | Senior II M - 30 | 01:14:45 | 03:04:50 | 04:58:38 |
| 135 | ŻUKOWSKI Paweł | 120 | GRUPA BIEGOWA DZIKOWIEC | Masters M - 40 | 01:21:45 | 03:12:01 | 04:58:40 |
| 136 | WYBRANOWSKI Sylwester | 54 | DOM DEVELOPMENT ADVENTURE TEAM | Masters M - 40 | 01:28:37 | 03:18:05 | 04:59:02 |
| 137 | TOMCZAK Mariusz | 104 | | Masters M - 40 | 01:30:46 | 03:19:53 | 04:59:11 |
| 138 | LESIAK Tomasz | 314 | 1981 | Senior II M - 30 | 01:20:21 | 03:07:55 | 05:01:05 |
| 139 | ZĄBKIEWICZ Grzegorz | 119 | ASSECO BUSINESS SOLUTIONS | Senior II M - 30 | 01:21:51 | 03:08:51 | 05:01:15 |
| 140 | BRYŚKIEWICZ Jacek | 281 | LIDER WINNICA | Senior II M - 30 | 01:20:10 | 03:03:19 | 05:01:23 |
| 141 | MOLIK Jakub | 327 | STR POZNAŃ | Senior I M - 20 | 01:25:06 | 03:14:47 | 05:01:30 |
| 142 | MRÓWCZYŃSKI Tomasz | 272 | KS SOKÓŁ GAŚAWA | Senior II M - 30 | 01:29:07 | 03:15:37 | 05:02:25 |
| 143 | PASTUSZKA Michał | 328 | | Senior I M - 20 | 01:29:07 | 03:17:54 | 05:03:03 |
| 144 | ŻELAZOWSKA Ola | 102 | PRO-RUN WROCŁAW | Senior II K - 30 | 01:30:30 | 03:13:36 | 05:03:06 |
| 145 | BOROWIEC Bartosz | 101 | PRO-RUN WROCŁAW | Senior II M - 30 | 01:30:31 | 03:13:34 | 05:03:17 |
| 146 | PATYNEK Sebastian | 239 | | Senior II M - 30 | 01:30:34 | 03:13:00 | 05:03:19 |
| 147 | STĘPIEŃ Grzegorz | 141 | | Masters M - 40 | 01:31:35 | 03:20:02 | 05:03:22 |
| 148 | GAŁECKI Tomasz | 376 | | Masters M - 40 | 01:31:00 | 03:20:16 | 05:03:35 |
| 149 | GRĘDA Mariusz | 63 | | Senior II M - 30 | 01:19:21 | 03:17:41 | 05:03:41 |
| 150 | BARAN Mateusz | 304 | GORLICKA GRUPA BIEGOWA | Senior I M - 20 | 01:17:35 | 03:00:49 | 05:04:01 |
| 151 | KRUPIANIK Tomasz | 332 | | Senior II M - 30 | 01:32:40 | 03:23:06 | 05:04:38 |
| 152 | KWIATEK Agnieszka | 299 | | Senior I K - 20 | 01:30:24 | 03:21:44 | 05:06:05 |
| 153 | NOWICKI Marek | 191 | PORANNI BIEGACZE | Masters M - 40 | 01:35:29 | 03:28:32 | 05:06:09 |
| 154 | KRZYSZTOSZEK Jakub | 50 | BIEGAM DLA NADISI I LEOSIA :) | Senior II M - 30 | 01:28:58 | 03:24:19 | 05:06:33 |
| 155 | JANOWSKA Kinga | 99 | | Senior II K - 30 | 01:35:41 | 03:25:51 | 05:06:39 |
| 156 | JANOWSKI Witek | 98 | | Senior II M - 30 | 01:35:41 | 03:25:52 | 05:06:41 |
| 157 | WASZYK Anita | 230 | MUAY RUNNING TEAM | Senior II K - 30 | 01:32:01 | 03:27:00 | 05:06:44 |
| 158 | GESSLER Łukasz | 231 | BIESY | Senior II M - 30 | 01:24:05 | 03:13:48 | 05:06:50 |
| 159 | SZOPIŃSKA Agnieszka | 177 | BRAK | Senior II K - 30 | 01:32:33 | 03:26:44 | 05:07:03 |
| 160 | MILKA Mirosław | 384 | | Masters M - 40 | 01:17:42 | 03:06:30 | 05:07:06 |
| 161 | ABRAHAMOWICZ Jakub | 12 | | Senior II M - 30 | 01:42:38 | 03:31:54 | 05:07:08 |
| 162 | SOBCZYŃSKA Magdalena | 138 | #TEAMBIEGIWLKP | Senior I K - 20 | 01:25:41 | 03:17:32 | 05:07:09 |
| 163 | NAWAROWSKI Marcin | 88 | | Masters M - 40 | 01:26:05 | 03:23:40 | 05:07:17 |
| 164 | PABICH Krzysztof | 343 | 4RUN TEAM PIŁA | Masters M - 40 | 01:26:02 | 03:21:46 | 05:08:23 |
| 165 | TURLEJ Dariusz | 165 | KONDYCJA | Weteran II M - 60 | 01:37:34 | 03:31:30 | 05:09:35 |

| Msc | Zawodnik | Numer | Klub | Kategoria | B1 10km | B2 22km | A15 33km |
|-----|-------------------------------|------------|--|-------------------|------------|------------|-------------|
| 166 | CHAŁADYN Sławek | 65 | DĄBROWSKI TEAM | Senior II M - 30 | 01:21:47 | 03:18:39 | 05:10:00 |
| 167 | PIENIĘŻNY Marek | 154 | KOŹMIN BIEGA | Senior II M - 30 | 01:35:14 | 03:28:32 | 05:10:07 |
| 168 | GINTER Grzegorz | 207 | AZS COLLEGIUM MEDICUM UJ | Senior II M - 30 | 01:36:38 | 03:27:57 | 05:10:50 |
| 169 | KREMPA Mateusz | 312 | #WPISZCOKOLWIEK | Senior I M - 20 | 01:27:37 | 03:24:39 | 05:11:03 |
| 170 | DUBYNA Mariia | 145 | | Senior I K - 20 | 01:32:49 | 03:27:43 | 05:11:18 |
| 171 | TARCZYŃSKA Halina | 366 | | Masters K - 40 | 01:31:29 | 03:25:54 | 05:11:47 |
| 172 | TOMCZAK Agnieszka | 316 | | Masters K - 40 | 01:27:08 | 03:31:52 | 05:11:54 |
| 173 | KWIATKOWSKA Aleksandra | 315 | WIECZORNE BIEGANIE W SZCZECINIE | Senior I K - 20 | 01:37:52 | 03:34:48 | 05:12:12 |
| 174 | WALCZAK Maciej | 137 | | Senior II M - 30 | 01:27:47 | 03:13:56 | 05:12:38 |
| 175 | BODZIOCH Grzegorz | 267 | GORLICKA GRUPA BIEGOWA | Masters M - 40 | 01:30:32 | 03:26:36 | 05:13:04 |
| 176 | TRYK Sebastian | 398 | PRO-RUN WROCŁAW | Masters M - 40 | 01:36:01 | 03:27:16 | 05:13:07 |
| 177 | SZYMAŃSKI Łukasz | 167 | | Masters M - 40 | 01:39:11 | 03:27:16 | 05:13:18 |
| 178 | KOWALCZYK Rafał | 193 | | Masters M - 40 | 01:36:43 | 03:27:03 | 05:14:46 |
| 179 | SMAŻYK Ewelina | 192 | | Masters K - 40 | 01:36:09 | 03:27:03 | 05:14:47 |
| 180 | EMILIANÓW Agnieszka | 313 | | Senior II K - 30 | 01:32:34 | 03:29:05 | 05:14:50 |
| 181 | DĄBROWSKA Katarzyna | 34 | HUTNIK WARSZAWA | Senior II K - 30 | 01:38:05 | 03:32:44 | 05:15:47 |
| 182 | BARADZIEJ Bartłomiej | 324 | TERMINAL LOGISTYCZNY PROMONT | Senior II M - 30 | 01:31:10 | 03:26:48 | 05:16:18 |
| 183 | BINEK Mariusz | 52 | KLUB SPORTOWY FABRYKA BIEGANIA OSTRÓW WIELKOPOLSKI | Senior II M - 30 | 01:24:09 | 03:20:12 | 05:17:25 |
| 184 | BARTKOWIAK Anna | 277 | PROJEKT240 | Senior II K - 30 | 01:31:03 | 03:26:35 | 05:17:38 |
| 185 | KRUK Krzysztof | 297 | NIGHTRUNNERS ZABRZE | Masters M - 40 | 01:42:43 | 03:32:36 | 05:18:53 |
| 186 | PRZYŁUDZKI Janusz | 337 | STS BIEGATON MIKOŁÓW | Weteran II M - 60 | 01:36:31 | 03:27:22 | 05:18:55 |
| 187 | STRÓŻNIAK Mikołaj | 110 | FOR RUN TEA | Senior II M - 30 | 01:32:12 | 03:32:01 | 05:19:09 |
| 188 | NIEMIRO Paweł | 249 | JAGODOWO-KALINOWY TEAM | Senior II M - 30 | 01:26:03 | 03:26:40 | 05:19:10 |
| 189 | GAPSKA Anna | 180 | | Senior I K - 20 | 01:42:57 | 03:37:53 | 05:19:12 |
| 190 | DĄBROWSKI Roman | 67 | SGB | Senior II M - 30 | 01:29:06 | 03:31:06 | 05:20:12 |
| 191 | LADENBERGER Mateusz | 251 | DR. SCHNEIDER AUTOMOTIVE POLSKA | Senior II M - 30 | 01:18:53 | 03:13:57 | 05:21:06 |
| 192 | DEMBNY Bogdan | 202 | TEAM WIOSKA | Senior II M - 30 | 01:37:28 | 03:35:16 | 05:21:13 |
| 193 | SARNA Kamil | 11 | W POGONI ZA DUCHEM | Senior II M - 30 | 01:28:42 | 03:25:37 | 05:21:22 |
| 194 | SOLL Dawid | 87 | OPOLE BIEGA | Senior I M - 20 | 01:24:41 | 03:20:26 | 05:21:37 |
| 195 | WOLFF Maria | 383 | | Senior II K - 30 | 01:30:34 | 03:27:37 | 05:21:59 |
| 196 | DEREŃ Agata | 148 | TEAM KURORT ŁĄDEK ZDRÓJ | Senior I K - 20 | 01:37:48 | 03:36:48 | 05:22:13 |
| 197 | RABSCH Bartek | 134 | | Masters M - 40 | 01:37:39 | 03:35:10 | 05:22:35 |
| 198 | POMASKI Paweł | 41 | ADIDAS RUNNERS WARSAW | Weteran I M - 50 | 01:32:26 | 03:32:28 | 05:22:59 |
| 199 | BIELEŃ Agnieszka | 388 | MUAY RUNNING TEAM | Senior II K - 30 | 01:36:30 | 03:31:58 | 05:23:01 |
| 200 | CHMIEL Grzegorz | 162 | HQMNCNE | Masters M - 40 | 01:29:11 | 03:33:11 | 05:23:11 |
| 201 | BANDUROWSKA Agnieszka | 176 | KB SPOCENI NOWA SÓL | Masters K - 40 | 01:36:44 | 03:32:02 | 05:23:18 |
| 202 | KOSINSKI Andrzej | 374 | | Masters M - 40 | 01:40:17 | 03:38:11 | 05:23:31 |
| 203 | CZARNECKA Kamila | 121 | ENDOHOLICS | Senior II K - 30 | 01:42:46 | 03:38:38 | 05:23:48 |
| 204 | KOZŁOWSKI Marcin | 187 | | Masters M - 40 | 01:33:09 | 03:28:14 | 05:23:58 |
| 205 | BRZĘCZEK Izabela | 56 | | Masters K - 40 | 01:36:11 | 03:34:42 | 05:24:12 |
| 206 | TERLECKI Marcin | 305 | 1973 | Masters M - 40 | 01:32:55 | 03:37:14 | 05:24:33 |
| 207 | ROSZKOWSKI Marcin | 307 | MARCON MARCIN ROSZKOWSKI | Senior II M - 30 | 01:36:27 | 03:34:24 | 05:24:59 |
| 208 | SZNAJDER Joanna | 354 | BIEGAM BRUM BRUM | Masters K - 40 | 01:35:23 | 03:36:38 | 05:25:46 |
| 209 | PODOLSKI Marek | 352 | BIEGAMYRAZEM.PL | Senior II M - 30 | 01:29:34 | 03:27:56 | 05:26:06 |
| 210 | RANDAK Marek | 92 | W POGONI ZA DUCHEM | Masters M - 40 | 01:32:49 | 03:33:17 | 05:27:12 |

| Msc | Zawodnik | Numer | Klub | Kategoria | B1 10km | B2 22km | A15 33km |
|-----|-----------------------------------|------------|---|-------------------|--------------|--------------|--------------|
| 211 | JĘDRYCA Przemysław | 403 | SPARTAN ULTRA TEAM | Masters M - 40 | 01:28:31 | 03:38:51 | 05:27:39 |
| 212 | NIEMOTKO Juliusz | 310 | | Masters M - 40 | 01:32:25 | 03:32:33 | 05:27:41 |
| 213 | KUBISIAK Dariusz | 14 | | Weteran I M - 50 | 01:36:21 | 03:37:14 | 05:28:01 |
| 214 | KRAWCZYŃSKI Marcin | 205 | | Masters M - 40 | 01:31:34 | 03:37:30 | 05:29:19 |
| 215 | GÓRNY Robert | 109 | | Masters M - 40 | 01:26:40 | 03:29:34 | 05:31:11 |
| 216 | ŻARSKI Jarosław | 289 | FUDU&CO SPORT TEAM | Masters M - 40 | 01:34:45 | 03:42:32 | 05:31:11 |
| 217 | SOBKOWIAK Przemysław | 156 | BRAK | Masters M - 40 | 01:32:42 | 03:35:07 | 05:31:22 |
| 218 | BADOWSKI Rafał | 51 | WSZYSTKO JEST W GŁOWIE! | Masters M - 40 | 01:34:34 | 03:35:49 | 05:31:36 |
| 219 | WIS Modesta | 331 | | Senior I K - 20 | 01:39:32 | 03:38:37 | 05:31:51 |
| 220 | NOWAK Natalia | 159 | 1986 | Senior II K - 30 | 01:37:38 | 03:39:28 | 05:32:01 |
| 221 | SUŁKOWSKI Tomasz | 395 | | Senior II M - 30 | 01:43:04 | 03:43:38 | 05:32:26 |
| 222 | CIERPIKOWSKA Agnieszka | 242 | | Masters K - 40 | 01:44:27 | 03:42:38 | 05:32:28 |
| 223 | ZOWAL Anna | 45 | W POGONI ZA DUCHEM | Masters K - 40 | 01:42:09 | 03:43:29 | 05:32:36 |
| 224 | DUDZIŃSKA Aleksandra | 243 | RUN BYDGOSZCZ | Weteran K - 50 | 01:37:04 | 03:38:47 | 05:33:13 |
| 225 | DANIELIK-SŁODKOWSKA Sylwia | 112 | | Masters K - 40 | 01:36:39 | 03:44:56 | 05:33:26 |
| 226 | LESZCZYŃSKA Iwona | 413 | AIR CONSULTING | Masters K - 40 | 01:35:11 | 03:44:06 | 05:33:48 |
| 227 | BIAŁY Michał | 196 | ORANGE IRON TEAM | Senior II M - 30 | 01:34:02 | 03:35:24 | 05:33:57 |
| 228 | HERMANOWICZ Aneta | 271 | PZU SPORT TEAM | Senior II K - 30 | 01:51:42 | 03:51:23 | 05:33:59 |
| 229 | REITER Eugeniusz | 294 | 1947 | Weteran II M - 60 | 01:36:54 | 03:47:17 | 05:34:02 |
| 230 | NIEDZIELA Krzysztof | 226 | GOSTYŃ | Masters M - 40 | 01:35:08 | 03:38:52 | 05:34:21 |
| 231 | WESOŁOWSKA Joanna | 136 | WKS B | Masters K - 40 | 01:40:33 | 03:45:14 | 05:34:23 |
| 232 | WESOŁOWSKI Maciej | 135 | WKS B | Masters M - 40 | 01:40:34 | 03:45:12 | 05:34:24 |
| 233 | HENEL Marcin | 252 | | Senior II M - 30 | 01:46:13 | 03:49:54 | 05:34:29 |
| 234 | GAŚOWSKA Renata | 21 | DREAM RUN / RADOSNE-TRENOWANIE.BLOGSPOT.COM | Masters K - 40 | 01:44:51 | 03:49:26 | 05:34:29 |
| 235 | LESZCZYŃSKI Radek | 412 | AIR CONSULTING | Masters M - 40 | 01:35:12 | 03:43:41 | 05:34:43 |
| 236 | CZARNIECKI Daniel | 4 | THIS IS ENGLISH | Senior II M - 30 | 01:36:12 | 03:37:26 | 05:34:46 |
| 237 | BEREZIUK Michał | 107 | DZIIEWIĘTLICE | Senior II M - 30 | 01:37:33 | 03:31:05 | 05:34:57 |
| 238 | KWASEK Kazek | 8 | ESKADRA KRAKÓW | Masters M - 40 | 01:32:11 | 03:38:00 | 05:34:58 |
| 239 | KANIEWSKI Wojciech | 326 | | Masters M - 40 | 01:40:16 | 03:51:51 | 05:35:37 |
| 240 | KUPISZ Zbigniew | 234 | | Weteran II M - 60 | 01:35:17 | 03:42:00 | 05:36:14 |
| 241 | STĘPIEŃ Kamila | 142 | | Senior II K - 30 | 01:33:45 | 03:42:04 | 05:37:07 |
| 242 | KAROLCZYK Sylwia | 20 | POWER TRAINING | Senior II K - 30 | 01:42:57 | 03:43:12 | 05:37:16 |
| 243 | NORWICZ Dominika | 237 | | Senior II K - 30 | 01:38:27 | 03:44:24 | 05:38:11 |
| 244 | PUCHALSKA Olga | 380 | | Masters K - 40 | 01:41:08 | 03:47:50 | 05:38:22 |
| 245 | KALIŃSKA Dorota Lidia | 342 | NIEMANIE | Senior II K - 30 | 01:46:38 | 03:47:55 | 05:39:12 |
| 246 | SOBORSKA Sylwia | 347 | SAINT-GOBAIN SQUAD | Masters K - 40 | 01:42:50 | 03:49:38 | 05:39:13 |
| | KORZUS Katarzyna | 73 | W POGONI ZA DUCHEM | Senior II K - 30 | 01:41:37 DNF | 03:42:01 DNF | 05:39:52 DNF |
| | NESTEREWICZ Ryszard | 341 | | Weteran II M - 60 | 01:19:51 DNF | 03:06:09 DNF | 05:40:50 DNF |
| 249 | MAJOR Sandra | 308 | | Senior II K - 30 | 01:39:34 | 03:48:21 | 05:41:11 |
| 250 | OLEJNICZAK Paweł | 26 | | Senior II M - 30 | 01:42:38 | 03:44:59 | 05:41:11 |
| 251 | GRYGIER Joanna | 53 | | Senior II K - 30 | 01:47:13 | 03:54:23 | 05:41:25 |
| 252 | GRYGIER Tomasz | 288 | | Masters M - 40 | 01:47:12 | 03:54:34 | 05:41:32 |
| 253 | NORWA Sylwester | 268 | 3N PATKÓW | Masters M - 40 | 01:41:19 | 03:43:55 | 05:41:39 |
| 254 | BAREJKA Rafał | 385 | NATALIA TOMASIAK GÓRSKI STYL | Masters M - 40 | 01:44:58 | 03:52:02 | 05:41:48 |
| 255 | PARTYKA Andrzej | 399 | 1979 | Senior II M - 30 | 01:44:01 | 03:50:03 | 05:42:02 |

| Msc | Zawodnik | Numer | Klub | Kategoria | B1 10km | B2 22km | A15 33km |
|-----|---------------------------------------|------------|---|-------------------|------------|------------|--------------|
| 256 | CHWIAŁKOWSKI Wiesław | 144 | | Weteran I M - 50 | 01:37:48 | 03:39:36 | 05:42:14 |
| 257 | GÓRSKA-NOWAK Tatiana | 128 | AGB TORFY | Masters K - 40 | 01:43:14 | 03:49:01 | 05:42:59 |
| 258 | SKRUDLIK Wojciech | 367 | NIGHT RUNNERS | Masters M - 40 | 01:42:44 | 03:48:30 | 05:43:18 |
| 259 | WAŁEK Piotr | 303 | RUNNERS TEAM QUIBL | Masters M - 40 | 01:38:26 | 03:46:44 | 05:43:35 |
| 260 | CIOŁEK Łukasz | 350 | BREMBO | Senior II M - 30 | 01:36:54 | 03:42:59 | 05:44:04 |
| 261 | BAŃKA Grzegorz | 224 | | Senior II M - 30 | 01:46:00 | 03:44:17 | 05:44:23 |
| 262 | PIETROWICZ Marek | 290 | | Masters M - 40 | 01:45:59 | 03:56:52 | 05:44:52 |
| 263 | SOBKOWIAK Radosław | 146 | RUN FOR IT | Senior II M - 30 | 01:37:19 | 03:43:13 | 05:45:49 |
| 264 | JUSZCZAK Włodzimierz | 407 | | Weteran I M - 50 | 01:44:18 | 03:51:45 | 05:46:15 |
| 265 | RADOSŁAW Musiał | 365 | DOLBY | Senior II M - 30 | 01:32:14 | 03:46:46 | 05:47:09 |
| 266 | IZDEBSKI Grzegorz | 216 | SPARTA ZIĘBICE | Senior I M - 20 | 01:40:02 | 03:48:09 | 05:47:14 |
| 267 | ŻUKOWSKI Cezary | 129 | FOR-REST-RUN / ROZBIEGANY KOSZALIN / MIGAWKOWE.PL | Senior II M - 30 | 01:43:14 | 03:49:44 | 05:49:12 |
| 268 | MAZAN Wojciech | 221 | | Senior I M - 20 | | 03:41:54 | 05:49:20 |
| 269 | PIJANKA Mariusz | 152 | BBL OPOLE | Masters M - 40 | 01:47:47 | 03:59:00 | 05:49:24 |
| 270 | PIJANKA Monika | 153 | BBL OPOLE | Masters K - 40 | 01:47:46 | 03:58:59 | 05:49:27 |
| 271 | DUCH Emil | 256 | JB WARSAW | Senior II M - 30 | 01:36:02 | 03:48:14 | 05:49:49 |
| | PABIAN Piotr | 322 | 1986 | Senior II M - 30 | DNF | DNF | 05:49:50 DNF |
| 273 | WIERZBICKI Bartek | 238 | | Senior II M - 30 | 01:36:04 | 03:48:16 | 05:49:54 |
| 274 | ZARĘBSKA Ewa | 321 | MROŻNE PĄCZKI | Senior I K - 20 | 01:40:14 | 03:53:23 | 05:51:17 |
| 275 | GRYGIER Robert | 197 | | Senior I M - 20 | 01:37:44 | 03:52:40 | 05:51:35 |
| 276 | WITKOWSKA Maria | 31 | KLUB KRÓLIKA STEFANA | Weteran II K - 60 | 01:46:02 | 03:57:03 | 05:51:41 |
| 277 | KOŚCIELNIAK Marek | 386 | MUAY RUNNING TEAM | Masters M - 40 | 01:43:35 | 03:52:36 | 05:52:43 |
| 278 | DRAJERCZAK Marlena | 387 | MUAY RUNNING TEAM | Masters K - 40 | 01:43:35 | 03:52:44 | 05:52:43 |
| 279 | LECHOWSKA Katarzyna | 64 | MAMY BIEGAMY KIELCE, WKURW_TEAM | Masters K - 40 | 01:44:56 | 03:54:49 | 05:54:50 |
| 280 | KOTWICA Andrzej | 194 | NOKIA | Masters M - 40 | 01:34:29 | 03:52:43 | 05:55:22 |
| 281 | BARANIECKI Zbigniew | 355 | | Weteran II M - 60 | 01:44:21 | 03:55:01 | 05:55:31 |
| 282 | KRAWCZYŃSKI Mariusz | 201 | TRI AKTYWNY PIOTRKÓW | Masters M - 40 | 01:32:46 | 03:54:04 | 05:55:37 |
| 283 | BIAŁOBRZEWSKI Wojciech | 94 | KLUB BIEGACZA JURUND SZCZYTNO | Masters M - 40 | 01:31:40 | 03:49:36 | 05:55:58 |
| 284 | BOROWIEC Renata | 66 | MAMY-BIEGAMY KIELCE | Masters K - 40 | 01:44:57 | 03:55:05 | 05:56:04 |
| 285 | SAWICKA Agnieszka | 115 | DELOITTE ADVENTURE TEAM | Senior II K - 30 | 01:44:25 | 04:01:22 | 05:56:06 |
| 286 | KLIMEK Radosław | 127 | KS.M.E.T.A. | Senior I M - 20 | 01:42:51 | 03:50:11 | 05:56:10 |
| 287 | CIĘŻKOWSKA-SZYMAŃSKA Katarzyna | 166 | VEGE RUNNERS | Senior II K - 30 | 01:45:31 | 04:02:34 | 05:56:46 |
| 288 | BANASIK Karolina | 339 | WKURW_TEAM | Senior II K - 30 | 01:40:47 | 03:57:38 | 05:56:56 |
| 289 | MENESIAK Błażej | 171 | | Senior II M - 30 | 01:43:49 | 03:55:27 | 05:58:19 |
| 290 | WESOŁOWSKA-KRUPA Paulina | 185 | | Senior II K - 30 | 01:42:20 | 03:44:59 | 06:00:10 |
| 291 | KRUPA Bartłomiej | 184 | | Senior II M - 30 | 01:42:17 | 03:44:57 | 06:00:12 |
| 292 | IZDEBSKI Marek | 217 | SPARTA ZIĘBICE | Weteran I M - 50 | 01:40:06 | 03:55:47 | 06:00:51 |
| 293 | PORTACHA Katarzyna | 37 | | Masters K - 40 | 01:44:58 | 04:06:13 | 06:01:31 |
| 294 | DĄBROWSKA Edyta | 9 | | Senior II K - 30 | 01:44:54 | 03:57:56 | 06:01:55 |
| 295 | ŚNIEGOCKA Magdalena | 270 | TARNOWO PODGÓRNE BIEGA | Senior II K - 30 | 01:47:07 | 03:59:59 | 06:02:26 |
| 296 | SOBAŃSKA Paulina | 130 | TARNOWO PODGÓRNE BIEGA | Senior II K - 30 | 01:47:07 | 03:59:59 | 06:02:29 |
| 297 | WOJEWODA Renata | 44 | RUN THE PARK TRIAWAWA | Masters K - 40 | 01:44:58 | 03:57:55 | 06:02:58 |
| 298 | ONAK Izabela | 235 | OCHAJORUN & FRIENDS | Masters K - 40 | 01:46:08 | 04:05:30 | 06:03:12 |
| 299 | SZOŁTYSEK Beata | 406 | OCHAJORUN & FRIENDS | Masters K - 40 | 01:46:17 | 04:05:31 | 06:03:17 |
| 300 | STAWSKA Anna | 209 | WQRW_TEAM | Senior II K - 30 | 01:54:48 | 04:08:18 | 06:03:38 |

| Msc | Zawodnik | Numer | Klub | Kategoria | B1 10km | B2 22km | A15 33km |
|---|---------------------------------|------------|-----------------------------------|-------------------|------------|------------|---------------------------|
| 301 | PRZYBYŁO Sonia | 125 | NIGHT RUNNERS GLIWICE | Senior I K - 20 | 01:49:16 | 04:04:33 | 06:04:14 |
| Przekroczony limit czasu: 08:00:00 | | | | | | | |
| 302 | PORZYCKI Tomasz | 3 | 42DOSZCZESCIA.PL | Senior II M - 30 | 01:43:14 | 03:49:08 | 06:04:51 |
| 303 | WAŚ Marek | 391 | MARIAN BIEGA | Masters M - 40 | 01:43:50 | 03:58:09 | 06:04:53 |
| 304 | SMOLEŃ Dagmara | 381 | | Masters K - 40 | 01:49:18 | 04:09:19 | 06:05:07 |
| 305 | PIETRAS Ewelina | 91 | 1986 | Senior II K - 30 | 01:47:17 | 04:03:46 | 06:05:12 |
| 306 | ŚWIĄTEK Karolina | 182 | | Senior I K - 20 | 01:45:57 | 04:04:12 | 06:07:29 |
| 307 | ŚWIĄTEK Agnieszka | 183 | | Senior I K - 20 | 01:45:55 | 04:04:12 | 06:07:33 |
| 308 | DUDARONEK Paulina | 40 | XRUNNERS | Senior I K - 20 | 01:43:21 | 03:58:52 | 06:08:37 |
| 309 | CIESIELSKI Sebastian | 172 | KIBOLE W BIEGU / PAKIECIARZE TEAM | Senior II M - 30 | 01:43:16 | 03:56:20 | 06:08:44 |
| 310 | LESZCZYŃSKA Lidia | 72 | | Masters K - 40 | 01:43:18 | 03:56:20 | 06:09:05 |
| 311 | GOŁEMBECKI Jakub | 114 | PCH_RUN | Masters M - 40 | 01:43:14 | 04:07:01 | 06:09:54 |
| 312 | MOŃKA Łukasz | 274 | SPARTA ULTRA TEAM | Senior I M - 20 | 01:34:29 | 04:00:52 | 06:10:59 |
| 313 | MOŃKA Karolina | 273 | SPARTA ULTRA TEAM | Senior I K - 20 | 01:34:29 | 04:00:54 | 06:11:00 |
| 314 | WŁODARCZYK Olga | 188 | #BANANATEAM | Senior I K - 20 | 01:48:49 | 04:04:23 | 06:12:56 |
| 315 | DĄBROWSKI Paweł | 57 | NIGHT RUNNERS | Masters M - 40 | 01:44:49 | 04:04:13 | 06:12:58 |
| 316 | KUCIŃSKA Magdalena | 318 | | Senior II K - 30 | 01:38:42 | 03:53:44 | 06:13:49 |
| 317 | BAREŁKOWSKA Katarzyna | 19 | NIGHT RUNNERS | Masters K - 40 | 01:44:56 | 04:03:59 | 06:14:12 |
| 318 | ŚWIERCZEK Paweł | 250 | HOVNO CLIMBING TEAM | Senior II M - 30 | 01:52:02 | 04:09:12 | 06:14:57 |
| 319 | SZELOCH Wojciech | 248 | HOVNO CLIMBING TEAM | Senior II M - 30 | 01:53:11 | 04:10:05 | 06:15:48 |
| 320 | PIEUCH Małgorzata | 25 | PRZEWORSKA GRUPA BIEGOWA | Weteran K - 50 | 01:48:51 | 04:16:24 | 06:17:25 |
| 321 | BRZĘCZEK Roland | 55 | | Masters M - 40 | 01:46:08 | 04:14:43 | 06:17:31 |
| 322 | BOCHENEK Janusz | 42 | WKURW_TEAM | Weteran II M - 60 | 01:41:47 | 04:07:17 | 06:17:37 |
| 323 | MORAWSKA Anna | 84 | | Weteran II K - 60 | 01:46:38 | 04:07:16 | 06:19:33 |
| 324 | GMEREK Paweł | 219 | | Masters M - 40 | 01:51:58 | 04:11:38 | 06:20:56 |
| 325 | KLIKS Adam | 220 | | Masters M - 40 | 01:51:59 | 04:11:39 | 06:20:56 |
| 326 | GARCZEWSKA-PASZKO Joanna | 82 | | Masters K - 40 | 01:43:01 | 04:13:49 | 06:21:44 |
| 327 | KOWAL Ewa | 211 | | Masters K - 40 | 01:52:02 | 04:20:38 | 06:26:19 |
| 328 | KIWIOR Jan | 402 | | Weteran II M - 60 | 01:44:37 | 04:11:03 | 06:28:02 |
| 329 | SKORUPSKI Szymon | 46 | KURACJUSZE | Senior II M - 30 | 01:35:08 | 03:57:29 | 06:29:38 |
| 330 | KACZMAREK Agata | 71 | NEST TEAM | Masters K - 40 | 01:50:55 | 04:17:13 | 06:30:00 |
| 331 | KALIŃSKI Kamil Norbert | 361 | NIEMANIE TĘCZOWE MISIE | Senior I M - 20 | 01:46:37 | 03:58:52 | 06:30:24 |
| 332 | SILSKI Marek | 349 | | Masters M - 40 | 01:47:48 | 04:14:32 | 06:31:37 |
| 333 | ZUBOWICZ Janina | 236 | | Weteran K - 50 | 01:55:30 | 04:23:08 | 06:32:20 |
| 334 | POCIĘGIEL Michał | 16 | SKAWINA BIEGA | Senior II M - 30 | 01:46:07 | 04:15:06 | 06:35:18 |
| 335 | TRZPIOŁA Tycjan | 28 | KURACJUSZE | Senior II M - 30 | 01:50:08 | 04:24:41 | 06:36:22 |
| 336 | BAJAK Mirosław | 69 | | Masters M - 40 | 01:55:06 | 04:23:33 | 06:36:42 |
| 337 | GAWRON Bartłomiej | 49 | | Masters M - 40 | 01:49:57 | 04:20:58 | 06:38:26 |
| 338 | GRĘZEL-GAWRON Jolanta | 48 | | Masters K - 40 | 01:50:00 | 04:21:00 | 06:38:29 |
| 339 | SKOREK Karol | 229 | | Senior II M - 30 | 01:48:06 | 04:16:01 | 06:40:36 |
| 340 | HERBUT Malwina | 157 | IZERSKA GRUPA BIEGOWA | Senior II K - 30 | 01:52:30 | 04:19:16 | 06:40:52 |
| | DUKAŁA Arkadiusz | 377 | PZU SPORT TEAM | Masters M - 40 | 01:51:43 | DNF | 04:19:33 DNF 06:40:56 DNF |
| 342 | MATUZIŁ Mateusz | 32 | NIGHT RUNNERS | Senior II M - 30 | 01:54:11 | 04:20:08 | 06:49:42 |
| 343 | POŁOMSKA Agnieszka | 264 | AKTYWNY OSTRZESZÓW | Masters K - 40 | 01:44:54 | 03:52:54 | |
| 344 | WAŚCIŃSKA Edyta | 151 | PĘDZI - PARA | Masters K - 40 | 01:44:38 | 03:53:07 | |

| Msc | Zawodnik | Numer | Klub | Kategoria | B1 10km | B2 22km | A15 33km |
|-----|-----------------------------|------------|----------------------|------------------|--------------|--------------|-------------|
| 345 | KUPPER Paweł | 68 | | Senior II M - 30 | 01:44:37 | 04:13:18 | |
| | SAJEWICZ Piotr | 6 | TURBINA BAŁAKOWO | Senior II M - 30 | 01:35:56 DNF | 03:44:48 DNF | DNF |
| | KOWALSKI Jacek | 70 | | Masters M - 40 | 01:45:29 DNF | DNF | DNF |
| | PTASZYŃSKA Anna | 105 | SPEED FEET '16 | Masters K - 40 | 01:57:32 DNF | 04:38:07 DNF | DNF |
| | NAMYŚLAK Renata | 160 | KOŁO BIEGA | Masters K - 40 | 01:55:16 DNF | 04:36:21 DNF | DNF |
| | SIERAKOWSKI Maciej | 215 | | Senior II M - 30 | 01:49:41 DNF | DNF | DNF |
| | PARANDYK Krystian | 291 | NADARZYN BIEGA | Senior II M - 30 | 01:20:41 DNF | 03:20:03 DNF | DNF |
| | HEJMAN Maciej | 340 | WKURW_TEAM | Masters M - 40 | 01:49:38 DNF | 04:33:30 DNF | DNF |
| | PEISERT Ola | 357 | BIEGOLOGIA.PL | Senior II K - 30 | 01:24:44 DNF | 03:27:48 DNF | DNF |
| | POLAK Agnieszka | 363 | AGIREH | Masters K - 40 | 01:42:57 DNF | DNF | DNF |
| | BIERNAWSKI Piotr | 394 | ATTIQ TEAM / SALMING | Masters M - 40 | 00:57:22 DNF | 02:06:34 DNF | DNF |
| | SKIBICKA Dorota | 372 | PZU SPORT TEAM | Masters K - 40 | 01:51:42 DNF | DNF | DNF |
| | SONNEK Marta | 404 | KB LUPUS | Senior II K - 30 | 01:42:58 DNF | 04:06:42 DNF | DNF |
| | STRAMEK Lukasz | 212 | | Senior II M - 30 | 01:46:52 DNF | 04:23:52 DNF | DNF |
| | SOSULSKA Janina | 123 | RUNNERS TEAM NYSA | Weteran K - 50 | 02:08:17 DNF | DNF | DNF |
| | MICHALSKA Małgorzata | 132 | FUDU&CO SPORT TEAM | Masters K - 40 | 03:00:00 DNF | DNF | DNF |
| | MALIK Agnieszka | 414 | | Masters K - 40 | DNF | DNF | DNF |
| | PISZCZAŁKA Tomasz | 418 | ABY DO METY | Senior II M - 30 | DNF | DNF | DNF |
| | KULIK Damian | 415 | | Senior II M - 30 | DNF | DNF | DNF |
| | MUSZELAK Magdalena | 416 | | Senior II K - 30 | DNF | DNF | DNF |
| | MUSIELAK Marek | 417 | M&M&M&M | Senior II M - 30 | DNF | DNF | DNF |
| | WODZIEŃ Andrzej | 419 | | Masters M - 40 | DNF | DNF | DNF |

Znaleziono 366 wynik(ów)