

ZŁOTY MARATON - 45 KM

B4SPORT
INTELEGENNE ZAWODY SPORTOWE

Wydarzenie: Dolnośląski Festiwal Biegów Górskich
Organizator: Fundacja MARATONY GÓRSKIE
Data: 2018-07-19
Miejsce: Łądek-Zdrój
Dystans: 45 km

B4SPORT
INTELEGENNE ZAWODY SPORTOWE

Klasyfikacja: Senior I M - 20

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	B1 10km	B2 22km	A15 33km	Czas netto 45km	Czas brutto 45km	Różn	Tempo min/km	Tempo km/h
1	BASIŃSKI Piotr	261	NOKIA	Senior I M - 20	1	01:00:21	02:13:09	03:18:45	04:23:38.10	04:23:41.45		5:51	10.2 (100%)
2	SZCZEPANIAK Kamil	408		Senior I M - 20	2	01:00:41	02:10:52	03:20:08	04:35:41.65	04:35:44.90	+00:12:03 (4.4%)	6:07	9.8 (96.1%)
3	DOBROWOLSKI Alan	244	KALENJI BY DECATHON POLAND	Senior I M - 20	3	01:00:55	02:20:24	03:40:42	04:46:42.95	04:46:47.20	+00:23:05 (8.1%)	6:22	9.4 (92.2%)
4	SŁOCIAK Rafał	47	RAJSPORT ACTIVE	Senior I M - 20	4	01:09:03	02:29:49	03:41:22	04:52:20.65	04:52:39.30	+00:28:57 (9.9%)	6:29	9.2 (90.2%)
5	MAŁEK Tomasz	80		Senior I M - 20	5	01:06:35	02:25:45	03:40:52	04:57:30.80	04:57:34.95	+00:33:53 (11.4%)	6:36	9.1 (89.2%)
6	KOZAK Krzysztof	106	SPEED FEET '16	Senior I M - 20	6	01:08:07	02:34:48	03:54:22	05:13:33.90	05:13:37.15	+00:49:55 (15.9%)	6:58	8.6 (84.3%)
7	URBAŃSKI Leszek	309	POCOLOCO ADVENTURE TEAM	Senior I M - 20	7	01:08:02	02:35:39	04:03:21	05:26:07.45	05:26:16.05	+01:02:34 (19.2%)	7:14	8.3 (81.4%)
8	SIERADZKI Krzysztof	60		Senior I M - 20	8	01:09:15	02:32:16	03:57:25	05:30:52.00	05:30:59.10	+01:07:17 (20.3%)	7:21	8.2 (80.4%)
9	KRYGIER Tomasz	178		Senior I M - 20	9	01:12:18	02:46:59	04:23:42	06:00:42.05	06:00:51.35	+01:37:09 (26.9%)	8:00	7.5 (73.5%)
10	KĄKOL Krzysztof	262		Senior I M - 20	10	01:19:20	02:55:36	04:34:04	06:08:06.65	06:09:07.65	+01:45:26 (28.6%)	8:10	7.3 (71.6%)
11	CIEŚLA Grzegorz	364		Senior I M - 20	11	01:21:45	03:00:12	04:36:11	06:13:46.95	06:14:26.80	+01:50:45 (29.6%)	8:18	7.2 (70.6%)
12	GOLEŃ Marcin	253	DA STYGMATYK	Senior I M - 20	12	01:14:47	02:52:08	04:47:08	06:18:54.45	06:19:00.85	+01:55:19 (30.4%)	8:25	7.1 (69.6%)
13	FREIHOEFER Michał	62		Senior I M - 20	13	01:21:41	03:03:57	04:40:29	06:25:31.25	06:25:45.00	+02:02:03 (31.6%)	8:34	7 (68.6%)
14	STOLARZ Jędrzej	222		Senior I M - 20	14	01:21:04	03:09:01	04:48:21	06:27:11.55	06:27:28.95	+02:03:47 (31.9%)	8:36	7 (68.6%)
15	LEJA Wojciech	254	DA STYGMATYK	Senior I M - 20	15	01:14:12	02:52:18	04:47:08	06:28:01.75	06:28:07.40	+02:04:25 (32.1%)	8:37	7 (68.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	B1 10km	B2 22km	A15 33km	Czas netto 45km	Czas brutto 45km	Różn	Tempo min/km	Tempo km/h
16	TALAGA Dawid	79	OLKUSZBIEGA.PL	Senior I M - 20	16	01:27:51	03:11:24	04:57:11	06:29:18.00	06:29:26.55	+02:05:45 (32.3%)	8:39	6.9 (67.6%)
17	HERMAN Michał	161		Senior I M - 20	17	01:20:37	03:00:14	04:40:36	06:30:01.00	06:30:48.05	+02:07:06 (32.5%)	8:40	6.9 (67.6%)
18	MARGASIŃSKI Michał	195		Senior I M - 20	18	01:21:57	03:10:08	04:57:23	06:37:30.10	06:37:35.30	+02:13:53 (33.7%)	8:50	6.8 (66.7%)
19	MALISZEWSKI Adam	266	PARKRUN POZNAŃ / RUNNERSCLUB.PL POZNAŃ / KB UE POZNAŃ	Senior I M - 20	19	01:24:45	03:13:50	04:57:03	06:37:57.60	06:38:03.10	+02:14:21 (33.8%)	8:50	6.8 (66.7%)
20	MOLIK Jakub	327	STR POZNAŃ	Senior I M - 20	20	01:25:06	03:14:47	05:01:30	06:39:06.90	06:39:14.95	+02:15:33 (34.0%)	8:52	6.8 (66.7%)
21	KUBIAK Paweł	198		Senior I M - 20	21	01:19:44	02:58:39	04:47:49	06:38:35.80	06:39:18.00	+02:15:36 (34.0%)	8:51	6.8 (66.7%)
22	KREMPA Mateusz	312	#WPISZCOKOLWIEK	Senior I M - 20	22	01:27:37	03:24:39	05:11:03	06:40:37.55	06:40:44.65	+02:17:03 (34.2%)	8:54	6.7 (65.7%)
23	PASTUSZKA Michał	328		Senior I M - 20	23	01:29:07	03:17:54	05:03:03	06:50:12.80	06:50:39.15	+02:26:57 (35.8%)	9:06	6.6 (64.7%)
24	BARAN Mateusz	304	GORLICKA GRUPA BIEGOWA	Senior I M - 20	24	01:17:35	03:00:49	05:04:01	06:50:45.60	06:51:00.25	+02:27:18 (35.8%)	9:07	6.6 (64.7%)
25	SOLL Dawid	87	OPOLE BIEGA	Senior I M - 20	25	01:24:41	03:20:26	05:21:37	07:13:26.05	07:13:41.20	+02:49:59 (39.2%)	9:37	6.2 (60.8%)
26	MAZAN Wojciech	221		Senior I M - 20	26		03:41:54	05:49:20	07:30:43.60	07:30:43.60	+03:07:02 (41.5%)	10:00	6 (58.8%)
27	GRYGIER Robert	197		Senior I M - 20	27	01:37:44	03:52:40	05:51:35	07:30:55.40	07:31:13.95	+03:07:32 (41.6%)	10:01	6 (58.8%)
28	IZDEBSKI Grzegorz	216	SPARTA ZIĘBICE	Senior I M - 20	28	01:40:02	03:48:09	05:47:14	07:40:35.30	07:40:58.65	+03:17:17 (42.8%)	10:14	5.9 (57.8%)
29	KLIMEK Radosław	127	KS.M.E.T.A.	Senior I M - 20	29	01:42:51	03:50:11	05:56:10	07:43:57.10	07:44:26.25	+03:20:44 (43.2%)	10:18	5.8 (56.9%)
Przekroczony limit czasu: 08:00:00													
30	MOŃKA Łukasz	274	SPARTA ULTRA TEAM	Senior I M - 20	30	01:34:29	04:00:52	06:10:59	08:18:13.40	08:18:31.30	+03:54:49 (47.1%)	11:04	5.4 (52.9%)
31	KALIŃSKI Kamil Norbert	361	NIEMANIE TĘCZOWE MISIE	Senior I M - 20	31	01:46:37	03:58:52	06:30:24	08:46:51.25	08:47:51.15	+04:24:09 (50.0%)	11:42	5.1 (50.0%)

Znaleziono 31 wynik(ów)