

ZŁOTY MARATON - 45 KM

B4SPORT

Wydarzenie: Dolnośląski Festiwal Biegów Górskich
Organizator: Fundacja MARATONY GÓRSKIE
Data: 2020-07-16
Miejsce: Łądek-Zdrój
Dystans: 45 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Senior I M - 20

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	B1 10km	B2 22km	A15 33km	Czas netto 45km	Różn	Tempo min/km	Tempo km/h
1	CHLUPĄC Dominik	5466	SPORTOBCHOD.CZ	Senior I M - 20	1	01:00:40	02:07:59	03:04:15	04:01:11.80		5:21	11.2 (100%)
2	BRZĄKAŁSKI Krzysiek	5034	EAZYMUT.PL	Senior I M - 20	2	01:05:54	02:22:07	03:30:28	04:34:52.35	+00:33:40 (12.3%)	6:06	9.8 (87.5%)
3	MAŁEK Tomasz	5483		Senior I M - 20	3	01:09:32	02:28:05	03:38:13	04:44:54.70	+00:43:42 (15.3%)	6:19	9.5 (84.8%)
4	JURASZEK Andrzej	5295	METHEORA SPORT TEAM	Senior I M - 20	4	01:07:28	02:26:19	03:38:36	04:46:30.35	+00:45:18 (15.8%)	6:22	9.4 (83.9%)
5	CHAJDAS Mateusz	5189	INŻYNIERIA BIEGANIA	Senior I M - 20	5	01:14:19	02:34:15	03:44:05	04:52:28.85	+00:51:17 (17.5%)	6:29	9.2 (82.1%)
6	GORCZYŃSKI Norbert	5037	KUDOWIANKA RUN	Senior I M - 20	6	01:11:15	02:34:27	03:53:42	04:59:51.25	+00:58:39 (19.6%)	6:39	9 (80.4%)
7	KOZANECKI Przemysław	5089	WYBIEGAĆ MARZENIA TEAM	Senior I M - 20	7	01:18:18	02:39:37	03:51:40	04:59:58.55	+00:58:46 (19.6%)	6:39	9 (80.4%)
8	MALINOWSKI Dawid	5505		Senior I M - 20	8	01:16:25	02:41:56	03:53:55	05:00:13.65	+00:59:01 (19.7%)	6:40	9 (80.4%)
9	KLYSZCZ Michał	5325	IZBICKO W BIEGU	Senior I M - 20	9	01:26:18	03:01:57	04:19:54	05:30:47.20	+01:29:35 (27.1%)	7:21	8.2 (73.2%)
10	ZAWADA Mateusz	5269	ZARAŻENI BÓLEM	Senior I M - 20	10	01:28:22	02:57:51	04:20:34	05:37:03.40	+01:35:51 (28.4%)	7:29	8 (71.4%)
11	MAZIK Wojciech	5512		Senior I M - 20	11	01:21:51	02:49:59	04:14:08	05:42:10.65	+01:40:58 (29.5%)	7:36	7.9 (70.5%)
12	ŻEBROWSKI Juliusz	5262	BORN TO RUN	Senior I M - 20	12	01:23:51	02:58:48	04:31:55	05:49:23.50	+01:48:11 (31.0%)	7:45	7.7 (68.8%)
13	LEJA Wojciech	5232	LEJOWIE	Senior I M - 20	13	01:23:05	03:00:26	04:32:24	06:02:04.05	+02:00:52 (33.4%)	8:02	7.5 (67.0%)
14	KOWALCZYK Rafał	5351	ASICS FRONTRUNNER POLAND	Senior I M - 20	14	01:29:37	03:12:21	04:45:19	06:18:25.15	+02:17:13 (36.3%)	8:24	7.1 (63.4%)
15	PARFIENIUK Michał	5348	BIAŁYSTOK BIEGA TEAM	Senior I M - 20	15	01:36:56	03:26:50	05:00:09	06:20:03.50	+02:18:51 (36.5%)	8:26	7.1 (63.4%)
16	ŻEHALUK Paweł	5280		Senior I M - 20	16	02:04:53	03:38:06	04:59:30	06:21:20.05	+02:20:08 (36.7%)	8:28	7.1 (63.4%)
17	PTASZYŃSKI Krzysztof	5131		Senior I M - 20	17	01:38:31	03:27:53	05:02:29	06:29:43.25	+02:28:31 (38.1%)	8:39	6.9 (61.6%)
18	NOWAK Krystian	5184	NKB CHYŻY NOWY TOMYŚL	Senior I M - 20	18	01:46:30	03:37:37	05:10:33	06:35:24.15	+02:34:12 (39.0%)	8:47	6.8 (60.7%)
19	KIERSKI Jan	5186	AZS POLITECHNIKA WARSZAWSKA	Senior I M - 20	19	01:34:58	03:25:35	05:05:05	06:35:54.85	+02:34:43 (39.1%)	8:47	6.8 (60.7%)
20	LASZEWSKI Mateusz	5123	ZAYAVA	Senior I M - 20	20	01:39:17	03:29:57	04:59:44	06:36:47.50	+02:35:35 (39.2%)	8:49	6.8 (60.7%)
21	ZAŁUSKI Dominik	5239	PECNA TEAM	Senior I M - 20	21	01:38:43	03:26:54	05:08:56	06:45:09.00	+02:43:57 (40.5%)	9:00	6.7 (59.8%)
22	KOSZAŁKA Marcin	5302		Senior I M - 20	22	01:40:54	03:34:01	05:16:12	06:50:31.75	+02:49:19 (41.2%)	9:07	6.6 (58.9%)
23	BEDNARSKI Krzysztof	5408	KLUCZBORSKA GRUPA BIEGOWA	Senior I M - 20	23	01:46:50	04:06:58	05:44:04	07:19:17.75	+03:18:05 (45.1%)	9:45	6.1 (54.5%)
	PACZOS Andrzej	5384		Senior I M - 20		01:16:17	DNF	03:11:36	DNF		-	- (0.0%)
	FEDOROWICZ Emil	5092	ULTRINO AMATEUR	Senior I M - 20		02:23:20	DNF	05:20:40	DNF		-	- (0.0%)

Znaleziono 25 wynik(ów)