

ZŁOTY MARATON - 45 KM

B4SPORT

Wydarzenie: Dolnośląski Festiwal Biegów Górskich
Organizator: Fundacja MARATONY GÓRSKIE
Data: 2021-07-15
Miejsce: Łądek-Zdrój
Dystans: 45 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Senior I M - 20

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	B1 10km	B2 22km	A15 33km	Czas netto 45km	Różn	Tempo min/km	Tempo km/h
1	WOJTCZAK Jakub	5658	I-SPORT TEAM	Senior I M - 20	1	00:58:45	02:08:24	03:08:24	04:11:42.35		5:35	10.7 (100%)
2	SIWEK Michał	5309	NIEPOŁOMICE BIEGAJĄ	Senior I M - 20	2	01:05:32	02:20:28	03:24:36	04:28:32.70	+00:16:50 (6.3%)	5:58	10.1 (94.4%)
3	CIECHANSKI Adam	5648	TRUCHT.COM	Senior I M - 20	3	01:05:29	02:20:58	03:29:19	04:32:58.35	+00:21:16 (7.8%)	6:03	9.9 (92.5%)
4	KOZANECKI Przemysław	5081	WYBIEGAĆ MARZENIA TEAM	Senior I M - 20	4	01:13:28	02:33:07	03:45:07	04:56:44.85	+00:45:02 (15.2%)	6:35	9.1 (85.0%)
5	KLYSZCZ Michał	5100	IZBICKO W BIEGU	Senior I M - 20	5	01:20:58	02:49:16	04:03:17	05:15:10.80	+01:03:28 (20.1%)	7:00	8.6 (80.4%)
6	URBAŃCZYK Jakub	5306		Senior I M - 20	6	01:19:54	02:45:58	04:08:19	05:20:43.35	+01:09:01 (21.5%)	7:07	8.4 (78.5%)
7	DASZEWSKI Filip	5696	ICT POLAND	Senior I M - 20	7	01:13:13	02:39:36	04:13:24	05:26:19.90	+01:14:37 (22.9%)	7:15	8.3 (77.6%)
8	WENCKA Maciej	5059		Senior I M - 20	8	01:14:02	02:43:09	04:10:59	05:34:20.45	+01:22:38 (24.7%)	7:25	8.1 (75.7%)
9	POLACZEK Daniel	5068	IZBICKO W BIEGU	Senior I M - 20	9	01:21:42	02:57:25	04:21:57	05:51:01.65	+01:39:19 (28.3%)	7:48	7.7 (72.0%)
10	CHLABICZ Paweł	5546	BIĄŁYSTOK BIEGA TEAM	Senior I M - 20	10	01:26:21	02:59:47	04:34:52	05:57:58.25	+01:46:15 (29.7%)	7:57	7.5 (70.1%)
11	PAŁYSA Robert	5584		Senior I M - 20	11	01:23:23	03:00:25	04:37:35	05:58:20.60	+01:46:38 (29.8%)	7:57	7.5 (70.1%)
12	REGULSKI Cezary	5656	JTCNW	Senior I M - 20	12	01:23:07	03:00:05	04:34:52	06:00:05.85	+01:48:23 (30.1%)	8:00	7.5 (70.1%)
13	DZIUBAŁA Jakub	5321		Senior I M - 20	13	01:28:31	03:08:35	04:42:08	06:02:53.35	+01:51:11 (30.6%)	8:03	7.4 (69.2%)
14	ZIELIŃSKI Mateusz	5589		Senior I M - 20	14	01:23:15	03:00:44	04:38:26	06:04:29.15	+01:52:46 (30.9%)	8:05	7.4 (69.2%)
15	PATROŃSKI Adam	5550		Senior I M - 20	15	01:28:59	03:07:06	04:43:27	06:09:01.85	+01:57:19 (31.8%)	8:12	7.3 (68.2%)
16	POKORA Kacper	5267		Senior I M - 20	16	01:19:42	02:55:02	04:44:50	06:20:24.10	+02:08:41 (33.8%)	8:27	7.1 (66.4%)
17	BOIŃSKI Bartosz	5451	EUROCASH	Senior I M - 20	17	01:27:47	03:07:59	04:51:15	06:26:44.65	+02:15:02 (34.9%)	8:35	7 (65.4%)
18	ZAŁUSKI Dominik	5337	PECNA TEAM	Senior I M - 20	18	01:29:15	03:13:21	05:02:34	06:33:15.90	+02:21:33 (36.0%)	8:44	6.9 (64.5%)
19	MADALIŃSKI Mariusz	5524	-	Senior I M - 20	19	01:31:14	03:24:42	05:12:02	06:37:40.00	+02:25:57 (36.7%)	8:50	6.8 (63.6%)
20	DRAB Maciej	5548	MŁODE WILKI	Senior I M - 20	20	01:33:43	03:20:32	05:05:58	06:47:02.40	+02:35:20 (38.2%)	9:02	6.6 (61.7%)
21	BONISŁAWSKI Łukasz	5145		Senior I M - 20	21	01:29:12	03:16:51	05:03:53	06:47:07.15	+02:35:24 (38.2%)	9:02	6.6 (61.7%)
22	PALIŃSKI Bartłomiej	5528	ROZBIEGANI CHOJNÓW	Senior I M - 20	22	01:29:40	03:25:45	05:12:38	06:48:46.80	+02:37:04 (38.4%)	9:05	6.6 (61.7%)
23	CZAJ Artur	5490		Senior I M - 20	23	01:26:32	03:17:18	05:04:53	06:49:26.15	+02:37:43 (38.5%)	9:05	6.6 (61.7%)
24	NOWAK Bartosz	5630	NKB CHYŻY NOWY TOMYŚL	Senior I M - 20	24	01:31:50	03:21:37	05:10:49	06:51:39.90	+02:39:57 (38.9%)	9:08	6.6 (61.7%)
25	PODGÓRNY Mariusz	5164	TEAM OZIMEK	Senior I M - 20	25	01:30:59	03:19:24	05:01:00	06:54:58.85	+02:43:16 (39.3%)	9:13	6.5 (60.7%)
26	JÓZEF Mateusz	5010		Senior I M - 20	26	01:30:12	03:22:43	05:21:18	06:56:03.95	+02:44:21 (39.5%)	9:14	6.5 (60.7%)
27	KATRYCZ Krzysztof	5496		Senior I M - 20	27	01:27:51	03:18:23	05:16:05	06:57:41.90	+02:45:59 (39.7%)	9:16	6.5 (60.7%)
28	CZESNY Bartosz	5573	BIEGNĘ, ŻEBY BARTEK MÓGŁ BIEGAĆ	Senior I M - 20	28	01:39:55	03:27:54	05:11:29	07:00:33.40	+02:48:51 (40.1%)	9:20	6.4 (59.8%)
29	PAWLAK Aleksander	5547	MŁODE WILKI	Senior I M - 20	29		03:20:34	05:14:18	07:05:06.80	+02:53:24 (40.8%)	9:26	6.4 (59.8%)

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30	ADAMSKI Miłosz	5608	MŁODE WILKI	Senior I M - 20	30	01:31:03	03:20:40	05:12:57	07:05:07.45	+02:53:25 (40.8%)	9:26	6.4 (59.8%)
31	JABKOWSKI Łukasz	5426		Senior I M - 20	31	01:34:40	03:36:17	05:33:40	07:08:31.15	+02:56:48 (41.3%)	9:31	6.3 (58.9%)
32	OGONOWSKI Mikołaj	5215		Senior I M - 20	32	01:33:35	03:33:57	05:31:26	07:12:23.40	+03:00:41 (41.8%)	9:36	6.2 (57.9%)
33	NIZIOŁEK Piotr	5516		Senior I M - 20	33	01:37:47	03:31:22	05:22:04	07:18:12.85	+03:06:30 (42.6%)	9:44	6.2 (57.9%)
34	WOŹNIAK Jakub	5223	PRAWIE JAK ŁĄDCZANIN	Senior I M - 20	34	01:34:14	03:28:10	05:31:18	07:28:29.65	+03:16:47 (43.9%)	9:57	6 (56.1%)
35	BARAŃSKI Jakub	5399	AZS UJ	Senior I M - 20	35	01:33:55	03:44:59	05:59:06	07:48:18.75	+03:36:36 (46.3%)	10:24	5.8 (54.2%)
36	KĘDZIOR Grzegorz	5021		Senior I M - 20	36	01:40:52	03:45:46	05:46:01	07:58:30.55	+03:46:48 (47.4%)	10:38	5.6 (52.3%)
37	SITKO Adam	5185	BIEGIEM_PRZEZ_SLASK	Senior I M - 20	37	01:42:35	04:10:57	06:29:07	08:45:21.70	+04:33:39 (52.1%)	11:40	5.1 (47.7%)
38	KAMIŃSKI Marek	5420		Senior I M - 20	38	01:47:21	04:23:06	07:00:16	09:40:17.90	+05:28:35 (56.6%)	12:53	4.7 (43.9%)
39	ZAWORONEK Marcin	5421		Senior I M - 20	39	01:47:17	04:23:58	06:58:22	09:42:14.70	+05:30:32 (56.8%)	12:56	4.6 (43.0%)
	PLACKOWSKI Marcin	5299	GOSTYŃ	Senior I M - 20		01:41:06 DNF	DNF	DNF	DNF		-	- (0.0%)

Znaleziono 40 wynik(ów)