

ZŁOTY MARATON - 45 KM

B4SPORT

Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

Dolnośląski Festiwal Biegów Górskich
Stowarzyszenie TKKF Kompas
2017-07-20
Łądek Zdrój
45 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Senior I M - 20

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	B1 10km	B2 22km	A15 33km	Czas netto 45km	Czas brutto 45km	Różn	Tempo min/km	Tempo km/h
1	NOWOCIN Radosław	3182		Senior I M - 20	1	01:01:10	02:09:15	03:19:25	04:26:43.20	04:26:48.20		5:55	10.1 (100%)
2	WITKOWSKI Radosław	3024	KW GLIWICE	Senior I M - 20	2	01:07:18	02:23:20	03:40:05	04:57:01.50	04:57:06.05	+00:30:17 (10.2%)	6:36	9.1 (90.1%)
3	MAŁEK Tomasz	3219		Senior I M - 20	3	01:05:47	02:23:54	03:43:34	05:01:43.45	05:01:48.65	+00:35:00 (11.6%)	6:42	8.9 (88.1%)
4	JOKIEL Wojciech	3285	SPARTA ULTRA TEAM	Senior I M - 20	4	01:11:29	02:28:25	03:49:57	05:10:21.00	05:10:25.55	+00:43:37 (14.1%)	6:53	8.7 (86.1%)
5	MAJCHRZAK Michał	3149		Senior I M - 20	5	01:12:51	02:32:37	03:57:57	05:19:15.90	05:19:43.10	+00:52:54 (16.6%)	7:05	8.5 (84.2%)
6	SZCZERBAKOWICZ Kamil	3248		Senior I M - 20	6	01:08:50	02:25:52	03:55:46	05:25:27.95	05:25:31.25	+00:58:43 (18.0%)	7:13	8.3 (82.2%)
7	KOPSZAK Piotr	3274		Senior I M - 20	7	01:24:34	02:47:31	04:13:48	05:43:58.05	05:44:37.70	+01:17:49 (22.6%)	7:38	7.8 (77.2%)
8	URBAŃSKI Michał	3221	FLUNKYBALLTEAM ŁĄDEK-ZDRÓJ	Senior I M - 20	8	01:22:37	02:50:08	04:22:44	05:54:49.65	05:55:13.90	+01:28:25 (24.9%)	7:53	7.6 (75.2%)
9	TREGUB Igor	3263	KAPITOSZKA	Senior I M - 20	9	01:29:44	02:58:58	04:35:28	06:12:12.90	06:12:45.10	+01:45:56 (28.4%)	8:16	7.3 (72.3%)
10	PASTUSZKA Michał	3307	RUN ŁDZ	Senior I M - 20	10	01:23:06	02:52:13	04:35:04	06:15:00.00	06:15:21.75	+01:48:33 (28.9%)	8:20	7.2 (71.3%)
11	KOSZ Dariusz	3284		Senior I M - 20	11	01:24:33	02:58:24	04:47:09	06:22:43.75	06:23:24.20	+01:56:36 (30.4%)	8:30	7.1 (70.3%)
12	MARCIN Goleń	3111	DA STYGMATYK	Senior I M - 20	12	01:23:32	02:58:26	04:44:13	06:26:57.25	06:27:25.30	+02:00:37 (31.1%)	8:35	7 (69.3%)
13	LEJA Wojciech	3112	DA STYGMATYK	Senior I M - 20	13	01:23:32	02:58:26	04:43:34	06:27:11.00	06:27:39.15	+02:00:50 (31.2%)	8:36	7 (69.3%)
14	HENDRYS Marek	3283	SPARTA ULTRA TEAM	Senior I M - 20	14	01:25:16	02:58:19	04:50:41	06:31:04.80	06:31:11.45	+02:04:23 (31.8%)	8:41	6.9 (68.3%)
15	ŚWIST Michał	3238		Senior I M - 20	15	01:30:20	03:07:56	04:59:59	06:35:30.35	06:35:48.30	+02:09:00 (32.6%)	8:47	6.8 (67.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	B1 10km	B2 22km	A15 33km	Czas netto 45km	Czas brutto 45km	Różn	Tempo min/km	Tempo km/h
16	TYPIŃSKI Paweł	3056	PIĄTKOWO NA BIEGOWO	Senior I M - 20	16	01:31:03	03:15:48	05:00:40	06:37:31.00	06:37:49.45	+02:11:01 (32.9%)	8:50	6.8 (67.3%)
17	MAJEWSKI Błażej	3167		Senior I M - 20	17	01:24:28	03:07:49	05:02:55	06:38:31.05	06:38:57.65	+02:12:09 (33.1%)	8:51	6.8 (67.3%)
18	NOSZCZYK Tomasz	3218	#ULTRARUNNINGTOMMY	Senior I M - 20	18	01:26:07	03:02:09	04:55:20	06:42:00.55	06:42:12.40	+02:15:24 (33.7%)	8:56	6.7 (66.3%)
19	FILIPIAK Jarosław	3253		Senior I M - 20	19	01:19:39	02:53:29	04:46:43	06:43:41.50	06:44:04.85	+02:17:16 (34.0%)	8:58	6.7 (66.3%)
20	POPRAWSKI Mateusz	3209	MUKS SZOK BOJANOWO	Senior I M - 20	20	01:20:28	02:54:29	05:00:06	06:50:02.15	06:50:25.00	+02:23:36 (35.0%)	9:06	6.6 (65.3%)
21	PĘCZEK Dawid	3296	ZELKA ASEK RUNNING DIVISION	Senior I M - 20	21	01:30:15	03:12:55	05:14:16	06:59:26.30	06:59:39.05	+02:32:50 (36.4%)	9:19	6.4 (63.4%)
22	KULESZA Paweł	3068		Senior I M - 20	22	01:23:09	03:10:54	05:07:56	07:00:38.20	07:00:51.25	+02:34:03 (36.6%)	9:20	6.4 (63.4%)
23	JAWORSKI Paweł	3244	WEST SPORTS TEAM	Senior I M - 20	23	01:29:23	03:20:34	05:30:54	07:23:46.50	07:24:02.00	+02:57:13 (39.9%)	9:51	6.1 (60.4%)
24	STOKŁOSA Michał	3216		Senior I M - 20	24	01:37:19	03:22:28	05:34:03	07:35:55.35	07:36:23.90	+03:09:35 (41.5%)	10:07	5.9 (58.4%)
25	FISHCHUK Oleh	3261		Senior I M - 20	25	01:36:19	03:22:02	05:27:45	07:42:04.50	07:42:35.20	+03:15:47 (42.3%)	10:16	5.8 (57.4%)
26	BOIŃSKI Bartosz	3290	KLUB BIEGACZA RTV EURO AGD	Senior I M - 20	26	01:44:53	03:28:38	05:53:26	07:47:40.35	07:47:56.30	+03:21:08 (43.0%)	10:23	5.8 (57.4%)
27	RAK Cezary	3103	HARDCOROWE WYCHYLYLYBYMY	Senior I M - 20	27	01:44:47	03:47:57	06:00:41	08:12:00.30	08:12:07.75	+03:45:19 (45.8%)	10:56	5.5 (54.5%)
LIM	SZYMCZAK Mateusz	3168		Senior I M - 20		01:24:28	03:07:49	05:09:46				-	- (0.0%)
	MELSON Maciej	3185	BIZON TEAM	Senior I M - 20		01:34:21 DNF	03:40:14 DNF	DNF	DNF	DNF		-	- (0.0%)

Znaleziono 29 wynik(ów)