

ZŁOTY PÓLMARATON - 21 KM

B4SPORT

Wydarzenie: Dolnośląski Festiwal Biegów Górskich
Organizator: Stowarzyszenie TKKF Kompas
Data: 2017-07-20
Miejsce: Łądek Zdrój
Dystans: 21 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Masters M - 40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	B1 10km	Czas netto 21km	Czas brutto 21km	Różn	Tempo min/km	Tempo km/h
1	KITA Michał	2179	PĘDZĄCY W MIEJSCU	Masters M - 40	1	00:58:03	01:44:47.10	01:44:50.20		4:59	12 (100%)
2	MICHALIK Adam	2365		Masters M - 40	2	01:02:43	01:50:25.75	01:50:29.00	+00:05:38 (5.1%)	5:15	11.4 (95.0%)
3	IGNACZAK Marcin	2296	IFB BROKER	Masters M - 40	3	01:05:01	01:54:09.85	01:54:11.95	+00:09:21 (8.2%)	5:26	11 (91.7%)
4	SPYCHALSKI Adam	2148		Masters M - 40	4	01:06:00	01:55:24.35	01:55:28.30	+00:10:38 (9.2%)	5:29	10.9 (90.8%)
5	UGOREK Jarosław	2149	KOPEĆ TEAM	Masters M - 40	5	01:05:29	01:56:40.00	01:56:45.50	+00:11:55 (10.2%)	5:33	10.8 (90.0%)
6	RĄCKI Dariusz	2181	RONAL POLSKA RUN	Masters M - 40	6	01:07:17	01:57:24.45	01:57:34.00	+00:12:43 (10.8%)	5:35	10.7 (89.2%)
7	ZIĘTERSKI Robert	2351		Masters M - 40	7	01:09:15	02:04:20.05	02:04:23.60	+00:19:33 (15.7%)	5:55	10.1 (84.2%)
8	BIAŁY Adam	2394		Masters M - 40	8	01:10:53	02:06:46.15	02:07:02.05	+00:22:11 (17.5%)	6:02	9.9 (82.5%)
9	FIGAS Sebastian	2036	LTT	Masters M - 40	9	01:13:14	02:10:06.65	02:10:15.50	+00:25:25 (19.5%)	6:11	9.7 (80.8%)
10	KOWALCZYK Adam	2344	STS BIEGATON	Masters M - 40	10	01:16:18	02:10:11.15	02:10:20.50	+00:25:30 (19.6%)	6:11	9.7 (80.8%)
11	KYCIA Piotr	2188		Masters M - 40	11	01:16:17	02:12:28.45	02:12:38.40	+00:27:48 (21.0%)	6:18	9.5 (79.2%)
12	JAMRÓZ Wojciech	2295	KW GLIWICE	Masters M - 40	12	01:14:00	02:13:47.15	02:13:51.60	+00:29:01 (21.7%)	6:22	9.4 (78.3%)
13	TARASZKA Damian	2363	BRACTWO BIEGACZY ZIELONA GÓRA	Masters M - 40	13	01:13:46	02:15:02.20	02:15:04.65	+00:30:14 (22.4%)	6:25	9.3 (77.5%)
14	JARMOLIŃSKI Piotr	2123		Masters M - 40	14	01:17:59	02:17:16.75	02:17:19.75	+00:32:29 (23.7%)	6:32	9.2 (76.7%)
15	KUBERA Piotr	2374	LIPIEC RUNNING TEAM	Masters M - 40	15	01:15:43	02:17:30.10	02:17:37.35	+00:32:47 (23.8%)	6:32	9.2 (76.7%)
16	GRZĘDZIELSKI Jacek	2387	DYNAFIT	Masters M - 40	16	01:21:15	02:17:28.40	02:18:00.10	+00:33:09 (24.0%)	6:32	9.2 (76.7%)
17	WRUK Remigiusz	2074	BIEGOPOLSKI	Masters M - 40	17	01:23:02	02:19:03.45	02:19:15.90	+00:34:25 (24.7%)	6:37	9.1 (75.8%)
18	WILGAT Adam	2053	DZIKIE SKRZYDŁO	Masters M - 40	18	01:19:39	02:20:30.85	02:20:54.70	+00:36:04 (25.6%)	6:41	9 (75.0%)
19	NOLBRZYK Adrian	2080	GREATGRATULA (SP)	Masters M - 40	19	01:21:20	02:20:56.00	02:21:10.00	+00:36:19 (25.7%)	6:42	8.9 (74.2%)
20	RACZKIEWICZ Jarek	2056	BE3 CITYZEN POZNAŃ	Masters M - 40	20	01:21:36	02:23:09.35	02:23:22.65	+00:38:32 (26.9%)	6:49	8.8 (73.3%)
21	BURTNY Przemysław	2169	BIZON BĄKOWICE	Masters M - 40	21	01:22:30	02:23:21.05	02:23:31.30	+00:38:41 (27.0%)	6:49	8.8 (73.3%)
22	ABULEWICZ Wojciech	2327	STP SYNERGIA	Masters M - 40	22	01:22:25	02:25:35.00	02:25:46.55	+00:40:56 (28.1%)	6:55	8.7 (72.5%)
23	GAWRON Bartłomiej	2085		Masters M - 40	23	01:21:40	02:27:08.65	02:27:20.75	+00:42:30 (28.8%)	7:00	8.6 (71.7%)
24	OSKWAREK Bogdan	2322		Masters M - 40	24	01:24:19	02:27:11.85	02:27:53.75	+00:43:03 (29.1%)	7:00	8.6 (71.7%)
25	WOJTKOWIAK Stefan	2157	PIĄTKOWO NA BIEGOWO	Masters M - 40	25	01:21:15	02:28:15.80	02:28:39.20	+00:43:49 (29.5%)	7:03	8.5 (70.8%)
26	GAWRON Piotr	2267	KB GOCH BYTÓW	Masters M - 40	26	01:29:13	02:30:01.05	02:30:22.80	+00:45:32 (30.3%)	7:08	8.4 (70.0%)
27	JAŃSKI Tomasz	2194		Masters M - 40	27	01:27:15	02:30:30.05	02:30:59.05	+00:46:08 (30.6%)	7:10	8.4 (70.0%)
28	BARZYK Mateusz	2323	FUDU&CO. SPORT TEAM	Masters M - 40	28	01:23:55	02:31:56.60	02:32:10.60	+00:47:20 (31.1%)	7:14	8.3 (69.2%)
29	POMASKI Paweł	2300	POMASCY BIEGAJĄ	Masters M - 40	29	01:28:54	02:32:36.05	02:32:39.95	+00:47:49 (31.3%)	7:16	8.3 (69.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	B1 10km	Czas netto 21km	Czas brutto 21km	Różn	Tempo min/km	Tempo km/h
30	DRAMIŃSKI Adam	2383		Masters M - 40	30	01:22:59	02:33:13.10	02:33:31.60	+00:48:41 (31.7%)	7:17	8.2 (68.3%)
31	TALAREK Robert	2182		Masters M - 40	31	01:29:24	02:33:12.80	02:33:57.10	+00:49:06 (31.9%)	7:17	8.2 (68.3%)
32	KARDAS Piotr	2077	TKK STARA PAKA	Masters M - 40	32	01:24:55	02:34:12.75	02:34:24.95	+00:49:34 (32.1%)	7:20	8.2 (68.3%)
33	TYRPA Jaroslaw	2335	BIEGIEM PO PIWO	Masters M - 40	33	01:29:16	02:35:42.05	02:36:03.15	+00:51:12 (32.8%)	7:24	8.1 (67.5%)
34	LUDWINIAK Arkadiusz	2249		Masters M - 40	34	01:26:37	02:36:52.25	02:37:21.15	+00:52:30 (33.4%)	7:28	8 (66.7%)
35	KOSZAREK Andrzej	2237	ZABIEGANE ŚREPOLE	Masters M - 40	35	01:29:48	02:38:00.45	02:38:33.10	+00:53:42 (33.9%)	7:31	8 (66.7%)
36	PIWOWARCZYK Andrzej	2075		Masters M - 40	36	01:33:10	02:42:08.30	02:42:43.05	+00:57:52 (35.6%)	7:43	7.8 (65.0%)
37	KRZECZKOWSKI Roman	2015		Masters M - 40	37	01:33:56	02:48:03.10	02:48:28.80	+01:03:38 (37.8%)	8:00	7.5 (62.5%)
38	ZIELIŃSKI Michał	2406		Masters M - 40	38	01:39:15	02:48:14.50	02:48:54.20	+01:04:04 (37.9%)	8:00	7.5 (62.5%)
39	PISKORZ Robert	2355		Masters M - 40	39	01:44:50	02:49:44.15	02:50:31.45	+01:05:41 (38.5%)	8:04	7.4 (61.7%)
40	KLINKE Arkadiusz	2171	GRZMIĄCE KIJE	Masters M - 40	40	01:36:01	02:49:53.20	02:50:35.40	+01:05:45 (38.5%)	8:05	7.4 (61.7%)
41	NORWA Sylwester	2352	3N PATKÓW	Masters M - 40	41	01:37:52	02:50:05.25	02:51:00.60	+01:06:10 (38.7%)	8:05	7.4 (61.7%)
42	GÓRSKI Piotr	2095	HARDCOROWE WYCHYLYBYMY	Masters M - 40	42	01:39:38	02:51:31.05	02:51:36.25	+01:06:46 (38.9%)	8:10	7.3 (60.8%)
43	PACAN Jacek	2360		Masters M - 40	43	01:39:06	02:50:56.35	02:51:37.50	+01:06:47 (38.9%)	8:08	7.4 (61.7%)
44	FRANKOWSKI Piotr	2146		Masters M - 40	44	01:40:42	02:53:08.90	02:53:51.00	+01:09:00 (39.7%)	8:14	7.3 (60.8%)
45	KOSTERA Tomasz	2025	VEGE RUNNERS	Masters M - 40	45	01:33:22	02:54:22.70	02:54:50.60	+01:10:00 (40.0%)	8:18	7.2 (60.0%)
46	DUDZIAK Bartłomiej	2247	GREATGRATULA OSIECZNA	Masters M - 40	46	01:39:29	02:56:30.35	02:57:01.15	+01:12:10 (40.8%)	8:24	7.1 (59.2%)
47	BALICKI Jakub	2350	ASAP RUNNERS	Masters M - 40	47	01:46:52	03:01:24.75	03:02:15.40	+01:17:25 (42.5%)	8:38	6.9 (57.5%)
48	STĘPIEŃ Wojciech	2091	NIGHT RUNNERS GLIWICE	Masters M - 40	48	01:44:33	03:02:34.50	03:02:57.45	+01:18:07 (42.7%)	8:41	6.9 (57.5%)
49	SZYMAŁA Marek	2404	KLUCZBORSKA GRUPA BIEGOWA	Masters M - 40	49	01:45:15	03:03:15.00	03:03:47.60	+01:18:57 (43.0%)	8:43	6.9 (57.5%)
50	KRZYWICKI Tomasz	2371	VEGE RUNNERS	Masters M - 40	50	01:42:55	03:04:37.05	03:05:15.20	+01:20:25 (43.4%)	8:47	6.8 (56.7%)
51	BAŁYS Dariusz	2207	WK GOPR	Masters M - 40	51	01:49:16	03:08:17.35	03:08:28.35	+01:23:38 (44.4%)	8:57	6.7 (55.8%)
52	BAJAK Mirosław	2004		Masters M - 40	52	01:51:49	03:10:48.30	03:11:24.55	+01:26:34 (45.2%)	9:05	6.6 (55.0%)
53	WIĘCZKOWSKI Wojciech	2380	HUSARIA RACE TEAM	Masters M - 40	53	01:45:05	03:11:42.90	03:12:22.30	+01:27:32 (45.5%)	9:07	6.6 (55.0%)
54	KURDZIEL Tomasz	2144		Masters M - 40	54	01:52:38	03:20:15.35	03:20:55.90	+01:36:05 (47.8%)	9:32	6.3 (52.5%)
55	MUSZYŃSKI Wojciech	2205		Masters M - 40	55	01:57:58	03:29:54.35	03:30:44.25	+01:45:54 (50.3%)	9:59	6 (50.0%)
56	KACZYŃSKI Michał	2228	MEGAVISION	Masters M - 40	56	01:56:54	03:31:00.90	03:31:44.50	+01:46:54 (50.5%)	10:02	6 (50.0%)
57	KRUZEL Rafał	2398	BIEGOWE MISIE	Masters M - 40	57	01:58:28	03:36:24.30	03:36:40.10	+01:51:49 (51.6%)	10:18	5.8 (48.3%)
58	HRYŃKA Tomek	2397		Masters M - 40	58	01:58:35	03:36:46.95	03:37:02.85	+01:52:12 (51.7%)	10:19	5.8 (48.3%)
59	NOWICKI Amdrzej	2256	ZJEDNOCZENI ZWYCIĘŻAMY	Masters M - 40	59	02:20:11	04:31:02.00	04:31:40.90	+02:46:50 (61.4%)	12:54	4.6 (38.3%)
	TOWAROWSKI Andrzej	2264		Masters M - 40		01:46:25 DNF	DNF	DNF	-	-	(0.0%)

Znaleziono 60 wynik(ów)