



Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

Dolnośląski Festiwal Biegów Górskich
Fundacja MARATONY GÓRSKIE
2022-07-14
Lądek-Zdrój
21 km

ZŁOTY PÓŁMARATON - 21 KM

B4SPORT
INTELEKTUALNE ZAWODY SPORTOWE

B4SPORT
INTELEKTUALNE ZAWODY SPORTOWE

Klasyfikacja: OPEN KOBIET

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Start Łądek 0.01km	B1 10.3km	Czas netto 21km	Czas brutto 21km	Różn	Tempo min/km	Tempo km/h
1	BRZozowska Monika	7996	12 WIELKOPOLSKA BRYGADA OBRONY TERYTORIALNEJ	Senior II K - 30	1	00:00:00	00:00:03	00:59:22	01:44:29.90	01:44:29.90		4:58	12.1 (100%)
2	MACIĄG Iwona	14	TEAM BEROTU / 12 WIELKOPOLSKA BRYGADA OBRONY TERYTORIALNEJ	Senior II K - 30	2	00:00:00	00:00:05	01:02:20	01:46:23.65	01:46:23.65	+00:01:53 (1.8%)	5:03	11.8 (97.5%)
3	OBSTÓJ Karolina	22	ON RUN CREW POLAND	Senior II K - 30	3	00:00:00	00:00:03	01:01:34	01:50:39.70	01:50:39.70	+00:06:09 (5.6%)	5:16	11.4 (94.2%)
4	STELMACH Dominika	26		Masters K - 40	1	00:00:00	00:00:03	01:03:25	01:55:27.35	01:55:27.35	+00:10:57 (9.5%)	5:29	10.9 (90.1%)
5	LULIS Anna	7840	#SOBASTEAM	Masters K - 40	2	00:00:00	00:00:04	01:06:13	01:57:32.65	01:57:32.65	+00:13:02 (11.1%)	5:35	10.7 (88.4%)
6	MAJEWSKA Agata	7678		Masters K - 40	3	00:00:00	00:00:10	01:06:54	01:58:33.50	01:58:33.50	+00:14:03 (11.9%)	5:38	10.6 (87.6%)
7	BAŁYS Katarzyna	7912	HERCOG RUNNING TEAM	Senior II K - 30	4	00:00:00	00:00:05	01:08:00	01:59:44.10	01:59:44.10	+00:15:14 (12.7%)	5:42	10.5 (86.8%)
8	KORDALSKA Karolina	7424	NIGHT RUNNERS PYSKOWICE	Senior I K - 20	1	00:00:00	00:00:10	01:08:47	02:03:16.85	02:03:16.85	+00:18:46 (15.2%)	5:52	10.2 (84.3%)
9	BROK Małgorzata	7364	RUNPASSION.PL TEAM	Masters K - 40	4	00:00:00	00:00:05	01:10:41	02:05:03.10	02:05:03.10	+00:20:33 (16.4%)	5:57	10.1 (83.5%)
10	KOŁECKA Patrycja	7501	PIĄTKOWO NA BIEGOWO	Masters K - 40	5	00:00:00	00:00:06	01:12:10	02:05:05.05	02:05:05.05	+00:20:35 (16.5%)	5:57	10.1 (83.5%)
11	BAHRANOWSKA-KILIAN Maria	7927	AZS AWF KRAKÓW MASTERS	Senior I K - 20	2	00:00:00	00:00:12	01:13:57	02:07:23.95	02:07:23.95	+00:22:54 (18.0%)	6:03	9.9 (81.8%)
12	TKACZYK-CAŁKA Anna	7083	#ZALINIAMETYTEAM	Senior II K - 30	5	00:00:00	00:00:10	01:13:15	02:09:32.25	02:09:32.25	+00:25:02 (19.3%)	6:10	9.7 (80.2%)
13	SASIN Dominika	7615	ŻELAZNA ŚWIDNICA	Senior I K - 20	3	00:00:00	00:01:38	01:13:51	02:09:33.60	02:09:33.60	+00:25:03 (19.3%)	6:10	9.7 (80.2%)
14	BRUVELE Liene	7568		Senior II K - 30	6	00:00:00	00:00:32	01:13:14	02:09:43.95	02:09:43.95	+00:25:14 (19.5%)	6:10	9.7 (80.2%)
15	KOKOTT Agnieszka	7095	140MINUT.PL	Senior II K - 30	7	00:00:00	00:00:24	01:14:01	02:10:07.50	02:10:07.50	+00:25:37 (19.7%)	6:11	9.7 (80.2%)
16	KRZEŚNIAK Natalia	7869	DREAM RUN	Senior I K - 20	4	00:00:00	00:00:15	01:15:17	02:10:29.85	02:10:29.85	+00:25:59 (19.9%)	6:12	9.7 (80.2%)
17	BABIŃSKA-POPIŁKA Ewelina	7943		Senior II K - 30	8	00:00:00	00:00:07	01:13:13	02:11:43.00	02:11:43.00	+00:27:13 (20.7%)	6:16	9.6 (79.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Start Ładek 0.01km	B1 10.3km	Czas netto 21km	Czas brutto 21km	Różn	Tempo min/km	Tempo km/h
18	BOĆKO Ewa	7613		Masters K - 40	6	00:00:00	00:00:57	01:16:06	02:12:16.05	02:12:16.05	+00:27:46 (21.0%)	6:17	9.5 (78.5%)
19	ORDYŃSKA Anna	7818		Senior II K - 30	9	00:00:00	00:01:12	01:18:45	02:13:01.75	02:13:01.75	+00:28:31 (21.4%)	6:20	9.5 (78.5%)
20	MALCÁNKOVÁ Kateřina	7842		Senior I K - 20	5	00:00:00	00:00:06	01:15:12	02:13:02.50	02:13:02.50	+00:28:32 (21.5%)	6:20	9.5 (78.5%)
21	PĘKALA Kamila	7076	#BIEGAJZESLAWKIEM	Senior I K - 20	6	00:00:00	00:00:12	01:16:41	02:13:18.55	02:13:18.55	+00:28:48 (21.6%)	6:20	9.5 (78.5%)
22	JÓZWIAK Dorota	7800	MIRAZ RACE TEAM	Masters K - 40	7	00:00:00	00:00:21	01:16:05	02:14:28.45	02:14:28.45	+00:29:58 (22.3%)	6:24	9.4 (77.7%)
23	SZYMAŃSKA Agnieszka	7975	BIEGOWY WARIAT RUNNING TEAM	Masters K - 40	8	00:00:00	00:01:04	01:20:08	02:15:25.25	02:15:25.25	+00:30:55 (22.8%)	6:26	9.3 (76.9%)
24	MAJEWSKA Ewa	7853		Masters K - 40	9	00:00:00	00:00:18	01:17:57	02:16:41.45	02:16:41.45	+00:32:11 (23.6%)	6:30	9.2 (76.0%)
25	BUJAK Magdalena	7469	NIGHT RUNNERS PYSKOWICE	Senior II K - 30	10	00:00:00	00:00:10	01:16:28	02:17:43.60	02:17:43.60	+00:33:13 (24.1%)	6:33	9.1 (75.2%)
26	KONIK Diana	7819	G.O.A.T. TEAM MICHAŁOWICE	Senior I K - 20	7	00:00:00	00:00:16	01:20:00	02:18:01.25	02:18:01.25	+00:33:31 (24.3%)	6:34	9.1 (75.2%)
27	KĘDZIORA Magdalena	7163		Senior I K - 20	8	00:00:00	00:00:10	01:19:47	02:18:59.65	02:18:59.65	+00:34:29 (24.8%)	6:37	9.1 (75.2%)
28	BUINAUSKIENĖ Lina	17	BĖGIMO KLUBAS	Masters K - 40	10	00:00:00	00:00:10	01:18:43	02:19:27.40	02:19:27.40	+00:34:57 (25.1%)	6:38	9 (74.4%)
29	WÓJCIK Kamila	7999	STRONIE BIEGA	Masters K - 40	11	00:00:00	00:00:08	01:18:55	02:19:40.00	02:19:40.00	+00:35:10 (25.2%)	6:39	9 (74.4%)
30	KUNIK Iwona	7498	DZIKIE DZIKI GORZÓW	Senior II K - 30	11	00:00:00	00:00:04	01:15:43	02:19:46.90	02:19:46.90	+00:35:17 (25.2%)	6:39	9 (74.4%)
31	MACIASZCZYK Sylwia	7358		Senior II K - 30	12	00:00:00	00:01:38	01:21:45	02:19:50.05	02:19:50.05	+00:35:20 (25.3%)	6:39	9 (74.4%)
32	SZCZYGIEŁ-SOMMER Ola	7858	GRUPA NOMAX	Senior II K - 30	13	00:00:00	00:00:05	01:17:10	02:20:24.55	02:20:24.55	+00:35:54 (25.6%)	6:41	9 (74.4%)
33	HADUŁA Justyna	7726	CAŁA OLEŚNICA BIEGA	Masters K - 40	12	00:00:00	00:00:16	01:18:25	02:20:53.45	02:20:53.45	+00:36:23 (25.8%)	6:42	8.9 (73.6%)
34	KORCZYŃSKA Agata	7696		Senior II K - 30	14	00:00:00	00:00:37	01:18:33	02:21:03.05	02:21:03.05	+00:36:33 (25.9%)	6:43	8.9 (73.6%)
35	PETROVA Katarina	7888		Masters K - 40	13	00:00:00	00:00:06	01:16:27	02:21:06.20	02:21:06.20	+00:36:36 (25.9%)	6:43	8.9 (73.6%)
36	ANDRZEJCZAK Anna	7182	NKB CHYŻY NOWY TOMYŚL	Senior II K - 30	15	00:00:00	00:00:25	01:20:32	02:21:28.20	02:21:28.20	+00:36:58 (26.1%)	6:44	8.9 (73.6%)
37	KACZMAREK Beata	12		Senior II K - 30	16	00:00:00	00:02:07	01:24:44	02:21:35.40	02:21:35.40	+00:37:05 (26.2%)	6:44	8.9 (73.6%)
38	WIELGOSZ-MATUŁA Maria	7688		Senior I K - 20	9	00:00:00	00:00:44	01:19:39	02:22:18.90	02:22:18.90	+00:37:49 (26.6%)	6:46	8.9 (73.6%)
39	ŻUK Marzena	39		Senior II K - 30	17	00:00:00	00:00:12	01:20:20	02:22:23.85	02:22:23.85	+00:37:53 (26.6%)	6:46	8.8 (72.7%)
40	PLEWA Katarzyna	7251		Senior II K - 30	18	00:00:00	00:00:19	01:21:41	02:22:47.75	02:22:47.75	+00:38:17 (26.8%)	6:47	8.8 (72.7%)
41	MALIK Agnieszka	23	RNB TEAM POLANICA ZDRÓJ	Masters K - 40	14	00:00:00	00:00:08	01:21:15	02:23:20.70	02:23:20.70	+00:38:50 (27.1%)	6:49	8.8 (72.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Start Ładek 0.01km	B1 10.3km	Czas netto 21km	Czas brutto 21km	Różn	Tempo min/km	Tempo km/h
42	SOWIŃSKA Aleksandra	7861		Senior I K - 20	10	00:00:00	00:01:57	01:24:06	02:23:57.30	02:23:57.30	+00:39:27 (27.4%)	6:51	8.8 (72.7%)
43	KAWCZYŃSKA Monika	7638	GUSTAW TEŻ BIEGA	Masters K - 40	15	00:00:00	00:00:18	01:20:47	02:24:11.15	02:24:11.15	+00:39:41 (27.5%)	6:51	8.7 (71.9%)
44	RUTKOWSKA Izabela	7318		Senior II K - 30	19	00:00:00	00:02:11	01:24:07	02:26:15.85	02:26:15.85	+00:41:45 (28.6%)	6:57	8.6 (71.1%)
45	PIOTROWIAK Angelika	7809	GARMIN	Senior I K - 20	11	00:00:00	00:00:09	01:23:48	02:26:46.00	02:26:46.00	+00:42:16 (28.8%)	6:59	8.6 (71.1%)
46	ŁUKASIK Joanna	7826	MLKS „RAKOWICE"	Weteran K - 50	1	00:00:00	00:01:31	01:25:46	02:27:33.25	02:27:33.25	+00:43:03 (29.2%)	7:01	8.5 (70.2%)
47	GRZELAK Anna	7907	MARMUROWE DZIKI	Senior II K - 30	20	00:00:00	00:00:11	01:24:09	02:28:07.90	02:28:07.90	+00:43:38 (29.5%)	7:03	8.5 (70.2%)
48	PTASZEK Katarzyna	7305	TRENUJZNAMI.PL	Weteran K - 50	2	00:00:00	00:00:31	01:24:32	02:28:43.15	02:28:43.15	+00:44:13 (29.7%)	7:04	8.5 (70.2%)
49	NAKONECZNA Anna	7140		Masters K - 40	16	00:00:00	00:00:31	01:24:30	02:28:49.00	02:28:49.00	+00:44:19 (29.8%)	7:05	8.5 (70.2%)
50	DURCZEWSKA Daria	7828	PRO-RUN	Masters K - 40	17	00:00:00	00:02:16	01:29:08	02:28:53.55	02:28:53.55	+00:44:23 (29.8%)	7:05	8.5 (70.2%)
51	BOROWSKA-NAJDEREK Paulina	7917		Masters K - 40	18	00:00:00	00:00:54	01:24:41	02:28:57.10	02:28:57.10	+00:44:27 (29.8%)	7:05	8.5 (70.2%)
52	MADEJ Anna	7223	VEGE RUNNERS	Masters K - 40	19	00:00:00	00:00:31	01:25:53	02:28:59.15	02:28:59.15	+00:44:29 (29.9%)	7:05	8.5 (70.2%)
53	WILCZYŃSKA Beata	7280	#ZALINIAMETYTEAM	Senior II K - 30	21	00:00:00	00:01:08	01:24:44	02:29:00.65	02:29:00.65	+00:44:30 (29.9%)	7:05	8.5 (70.2%)
54	OLEŚ-ZDECHLIK Beata	7953	MIRAZ RACE TEAM	Senior II K - 30	22	00:00:00	00:01:19	01:30:56	02:29:17.60	02:29:17.60	+00:44:47 (30.0%)	7:06	8.4 (69.4%)
55	ŁUSIAK Katarzyna	7725		Senior II K - 30	23	00:00:00	00:00:05	01:21:43	02:29:19.80	02:29:19.80	+00:44:49 (30.0%)	7:06	8.4 (69.4%)
56	KOCIUBA Katarzyna	7465		Senior II K - 30	24	00:00:00	00:01:45	01:27:59	02:30:05.15	02:30:05.15	+00:45:35 (30.4%)	7:08	8.4 (69.4%)
57	MICHALAK-KLIMCZAK Lucyna	7415		Masters K - 40	20	00:00:00	00:01:20	01:25:48	02:30:18.90	02:30:18.90	+00:45:49 (30.5%)	7:09	8.4 (69.4%)
58	TOMYŚLAK Magdalena	7618	TAKE CONTROL	Senior II K - 30	25	00:00:00	00:00:14	01:25:43	02:30:33.85	02:30:33.85	+00:46:03 (30.6%)	7:10	8.4 (69.4%)
59	HENDEL Magda	7867	AZS AWF KRAKÓW MASTERS	Senior I K - 20	12	00:00:00	00:00:55	01:25:02	02:31:39.25	02:31:39.25	+00:47:09 (31.1%)	7:13	8.3 (68.6%)
60	PRZYBYLAK Kasia	7281	#ZALINIAMETYTEAM	Senior I K - 20	13	00:00:00	00:01:09	01:26:35	02:31:42.15	02:31:42.15	+00:47:12 (31.1%)	7:13	8.3 (68.6%)
61	MACZYŃSKA Justyna	7772	BOX88	Senior II K - 30	26	00:00:00	00:01:54	01:28:12	02:31:44.20	02:31:44.20	+00:47:14 (31.1%)	7:13	8.3 (68.6%)
62	STRUCKA Aleksandra	7697	DOMDATA RUN TEAM	Senior II K - 30	27	00:00:00	00:00:22	01:24:38	02:31:54.85	02:31:54.85	+00:47:24 (31.2%)	7:14	8.3 (68.6%)
63	BUDZOWSKA Agnieszka	7337	ROZBIEGANE DOBCZYCE	Senior II K - 30	28	00:00:00	00:02:07	01:30:59	02:32:02.45	02:32:02.45	+00:47:32 (31.3%)	7:14	8.3 (68.6%)
64	SYNAK Katarzyna	7255	TGV CLUB	Masters K - 40	21	00:00:00	00:01:19	01:26:33	02:32:07.55	02:32:07.55	+00:47:37 (31.3%)	7:14	8.3 (68.6%)
65	BANDUROWSKA Agnieszka	7514	KB WIKON NOWA SÓL	Masters K - 40	22	00:00:00	00:00:08	01:27:37	02:32:29.55	02:32:29.55	+00:47:59 (31.5%)	7:15	8.3 (68.6%)

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66	SKROBAŃSKA Laura	7421	KANTOR RUNNING TEAM, SKROBKITEAM	Senior I K - 20	14	00:00:00	00:00:31	01:28:07	02:33:43.25	02:33:43.25	+00:49:13 (32.0%)	7:19	8.2 (67.8%)
67	PITERA Anna	7784		Senior II K - 30	29	00:00:00	00:00:56	01:26:23	02:33:44.50	02:33:44.50	+00:49:14 (32.0%)	7:19	8.2 (67.8%)
68	KOZŁEWSKA Beata	7089	GÓRYLASY	Weteran K - 50	3	00:00:00	00:00:35	01:27:01	02:34:07.25	02:34:07.25	+00:49:37 (32.2%)	7:20	8.2 (67.8%)
69	JAMRÓZ Karina	7776	KARKONOSZ RUNNING TEAM	Masters K - 40	23	00:00:00	00:20:39	01:38:46	02:34:10.85	02:34:10.85	+00:49:40 (32.2%)	7:20	8.2 (67.8%)
70	BRUSŁOWICZ Dagmara	7225		Masters K - 40	24	00:00:00	00:00:24	01:24:50	02:34:15.75	02:34:15.75	+00:49:45 (32.3%)	7:20	8.2 (67.8%)
71	SKRZYPCZAK Hanna	7207		Weteran K - 50	4	00:00:00	00:00:06	01:27:00	02:34:36.45	02:34:36.45	+00:50:06 (32.4%)	7:21	8.2 (67.8%)
72	REJEWSKA Eliza	7003		Masters K - 40	25	00:00:00	00:03:14	01:30:20	02:34:53.65	02:34:53.65	+00:50:23 (32.5%)	7:22	8.1 (66.9%)
73	KRÓLEWICZ Ewa	7462		Senior II K - 30	30	00:00:00	00:00:15	01:26:00	02:35:25.00	02:35:25.00	+00:50:55 (32.8%)	7:24	8.1 (66.9%)
74	PATROŃSKA Magdalena	7091	ŻARŁOKI	Senior I K - 20	15	00:00:00	00:02:54	01:33:22	02:35:29.95	02:35:29.95	+00:51:00 (32.8%)	7:24	8.1 (66.9%)
75	RYBKOWSKA Ewa	7775		Senior II K - 30	31	00:00:00	00:01:30	01:32:10	02:35:32.95	02:35:32.95	+00:51:03 (32.8%)	7:24	8.1 (66.9%)
76	ZAPAŁA Katarzyna	7082	KONKRET TEAM	Senior I K - 20	16	00:00:00	00:03:09	01:32:23	02:35:41.10	02:35:41.10	+00:51:11 (32.9%)	7:24	8.1 (66.9%)
77	KAMIŃSKA Ewelina	7825	BIEGAJĄCE KREJZOLE	Masters K - 40	26	00:00:00	00:00:37	01:27:50	02:35:45.80	02:35:45.80	+00:51:15 (32.9%)	7:25	8.1 (66.9%)
78	GAJDA Maria	7887		Senior II K - 30	32	00:00:00	00:00:12	01:27:53	02:35:47.60	02:35:47.60	+00:51:17 (32.9%)	7:25	8.1 (66.9%)
79	MILCZAREK Kinga	7836		Senior II K - 30	33	00:00:00	00:01:30	01:26:07	02:36:04.45	02:36:04.45	+00:51:34 (33.0%)	7:25	8.1 (66.9%)
80	SEFTLEBEN Mirosława	7386		Senior II K - 30	34	00:00:00	00:01:07	01:28:08	02:36:07.80	02:36:07.80	+00:51:37 (33.1%)	7:26	8.1 (66.9%)
81	OCHEJ Joanna	7495	APTENEO RUNNING TEAM	Senior II K - 30	35	00:00:00	00:01:40	01:29:38	02:36:25.75	02:36:25.75	+00:51:55 (33.2%)	7:26	8.1 (66.9%)
82	HEYMANN Małgorzata	7600	GRUPA BIEGOWA ENERGY KACZORY	Senior II K - 30	36	00:00:00	00:01:17	01:31:02	02:36:27.45	02:36:27.45	+00:51:57 (33.2%)	7:27	8.1 (66.9%)
83	KLOZA Iwona	7453	NIGHT RUNNERS PYSKOWICE	Masters K - 40	27	00:00:00	00:00:48	01:29:05	02:36:58.75	02:36:58.75	+00:52:28 (33.4%)	7:28	8 (66.1%)
84	SMALEC Dominika	7423	MOCNA GRUPA CEZARA/SBRT WROCŁAW	Senior I K - 20	17	00:00:00	00:01:02	01:30:18	02:37:01.60	02:37:01.60	+00:52:31 (33.5%)	7:28	8 (66.1%)
85	TURAJ-KACZYŃSKA Małgorzata	7211	GUSTAW TEŻ BIEGA	Masters K - 40	28	00:00:00	00:00:17	01:28:05	02:37:15.35	02:37:15.35	+00:52:45 (33.5%)	7:29	8 (66.1%)
86	HACZ Marta	7877		Senior II K - 30	37	00:00:00	00:00:49	01:27:17	02:37:34.70	02:37:34.70	+00:53:04 (33.7%)	7:30	8 (66.1%)
87	WIŚNIEWSKA Anna	7560		Senior II K - 30	38	00:00:00	00:01:39	01:30:44	02:37:56.90	02:37:56.90	+00:53:27 (33.8%)	7:31	8 (66.1%)
88	PAWLIK Katarzyna	7874		Masters K - 40	29	00:00:00	00:00:05	01:29:13	02:38:15.75	02:38:15.75	+00:53:45 (34.0%)	7:32	8 (66.1%)
89	SYDORCZYK Magdalena	7447	ENDORFINA WSCHOWA ŚLĘZAK TEAM	Masters K - 40	30	00:00:00	00:00:50	01:29:33	02:39:14.70	02:39:14.70	+00:54:44 (34.4%)	7:34	7.9 (65.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Start Ładek 0.01km	B1 10.3km	Czas netto 21km	Czas brutto 21km	Różn	Tempo min/km	Tempo km/h
90	PÖPKE Anna	7939	RUNDOMSKO	Senior II K - 30	39	00:00:00	00:03:27	01:33:56	02:39:24.95	02:39:24.95	+00:54:55 (34.4%)	7:35	7.9 (65.3%)
91	PILARSKA Olga	7635	GUSTAW TEŻ BIEGA	Senior II K - 30	40	00:00:00	00:00:17	01:25:38	02:39:25.70	02:39:25.70	+00:54:55 (34.5%)	7:35	7.9 (65.3%)
92	KOŁODKO Natalia	7420	TP BIEGA	Masters K - 40	31	00:00:00	00:00:26	01:30:47	02:39:29.60	02:39:29.60	+00:54:59 (34.5%)	7:35	7.9 (65.3%)
93	NOGANOWICZ Agata	7497	PRO-RUN WROCŁAW	Weteran K - 50	5	00:00:00	00:02:20	01:33:16	02:39:43.35	02:39:43.35	+00:55:13 (34.6%)	7:36	7.9 (65.3%)
94	PILICH-ZAREMBA Magdalena	47		Masters K - 40	32	00:00:00	00:01:32	01:32:20	02:40:00.10	02:40:00.10	+00:55:30 (34.7%)	7:37	7.9 (65.3%)
95	LUBAŃSKA Alicja	7526		Weteran K - 50	6	00:00:00	00:00:42	01:29:15	02:40:13.05	02:40:13.05	+00:55:43 (34.8%)	7:37	7.9 (65.3%)
96	KUBACKA Irena	7666	BEBS SPORT CLUB	Senior II K - 30	41	00:00:00	00:00:14	01:27:42	02:40:20.95	02:40:20.95	+00:55:51 (34.8%)	7:38	7.9 (65.3%)
97	SZTUKA Monika	7046	WIELUŃ BIEGA	Senior I K - 20	18	00:00:00	00:01:30	01:28:08	02:40:47.50	02:40:47.50	+00:56:17 (35.0%)	7:39	7.8 (64.5%)
98	JANKOWIAK Paulina	7518		Masters K - 40	33	00:00:00	00:01:15	01:32:39	02:41:17.65	02:41:17.65	+00:56:47 (35.2%)	7:40	7.8 (64.5%)
99	KOWAL Agata	7562	WIELUŃ BIEGA	Masters K - 40	34	00:00:00	00:01:31	01:31:44	02:41:26.60	02:41:26.60	+00:56:56 (35.3%)	7:41	7.8 (64.5%)
100	MOSKWA Martyna	7512	MASZ PRZEBIEGANE	Senior I K - 20	19	00:00:00	00:00:36	01:33:13	02:41:31.80	02:41:31.80	+00:57:01 (35.3%)	7:41	7.8 (64.5%)
101	PRZYBYLSKA Ewelina	7446	ENDORFINA WSCHOWA	Masters K - 40	35	00:00:00	00:00:51	01:33:13	02:41:52.45	02:41:52.45	+00:57:22 (35.4%)	7:42	7.8 (64.5%)
102	JASKÓLSKA Joanna	7391	ZWIADOWCY	Masters K - 40	36	00:00:00	00:01:41	01:33:24	02:42:24.40	02:42:24.40	+00:57:54 (35.7%)	7:44	7.8 (64.5%)
103	ILNICKA Monika	7238	WIECZORNE BIEGANIE W OPOLU	Senior II K - 30	42	00:00:00	00:02:53	01:38:53	02:42:47.15	02:42:47.15	+00:58:17 (35.8%)	7:45	7.7 (63.6%)
104	ZAMIATOWSKA Kinga	7738		Masters K - 40	37	00:00:00	00:00:20	01:29:22	02:42:52.20	02:42:52.20	+00:58:22 (35.8%)	7:45	7.7 (63.6%)
105	SARNA Jolanta	7878		Masters K - 40	38	00:00:00	00:00:48	01:30:13	02:43:07.80	02:43:07.80	+00:58:37 (35.9%)	7:46	7.7 (63.6%)
106	DZIARNOWSKA Magda	7710	MECHANIKA ZDROWIA	Senior II K - 30	43	00:00:00	00:00:16	01:32:03	02:43:16.05	02:43:16.05	+00:58:46 (36.0%)	7:46	7.7 (63.6%)
107	KĘSY Ania	7038	KĘSY TEAM	Weteran K - 50	7	00:00:00	00:00:41	01:36:57	02:43:39.60	02:43:39.60	+00:59:09 (36.1%)	7:47	7.7 (63.6%)
108	GLOWCZEWSKA Lucyna	7642	RKS PILA-PODLASIE	Masters K - 40	39	00:00:00	00:01:33	01:38:24	02:43:51.95	02:43:51.95	+00:59:22 (36.2%)	7:48	7.7 (63.6%)
109	KROPIAK Katarzyna	7331	VEGE RUNNERS / TRAIL IS OUR WAY	Senior II K - 30	44	00:00:00	00:01:05	01:36:16	02:43:54.95	02:43:54.95	+00:59:25 (36.2%)	7:48	7.7 (63.6%)
110	ŁAŻEWSKA Sylwia	7065		Masters K - 40	40	00:00:00	00:01:43	01:33:26	02:43:57.30	02:43:57.30	+00:59:27 (36.3%)	7:48	7.7 (63.6%)
111	SIKOŃ Katarzyna	7824	PRO-RUN WROCŁAW/FUNTRI	Masters K - 40	41	00:00:00	00:02:23	01:33:11	02:44:08.70	02:44:08.70	+00:59:38 (36.3%)	7:48	7.7 (63.6%)
112	SZNOBER Dorota	7427	TARNOWO PODGÓRNE BIEGA	Senior II K - 30	45	00:00:00	00:00:25	01:30:49	02:44:13.90	02:44:13.90	+00:59:44 (36.4%)	7:49	7.7 (63.6%)
113	MARTAN Iwona	7611		Masters K - 40	42	00:00:00	00:00:20	01:33:12	02:44:16.35	02:44:16.35	+00:59:46 (36.4%)	7:49	7.7 (63.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Start Ładek 0.01km	B1 10.3km	Czas netto 21km	Czas brutto 21km	Różn	Tempo min/km	Tempo km/h
114	BEKER Katarzyna	7007		Senior II K - 30	46	00:00:00	00:03:13	01:37:00	02:44:18.40	02:44:18.40	+00:59:48 (36.4%)	7:49	7.7 (63.6%)
115	JAROSZUK Ania	7012		Masters K - 40	43	00:00:00	00:02:20	01:35:55	02:45:01.00	02:45:01.00	+01:00:31 (36.7%)	7:51	7.6 (62.8%)
116	SIUDAK Anna	7581		Masters K - 40	44	00:00:00	00:00:05	01:32:38	02:45:11.60	02:45:11.60	+01:00:41 (36.7%)	7:51	7.6 (62.8%)
117	PONDEL Marzena	7859		Masters K - 40	45	00:00:00	00:03:10	01:37:00	02:45:13.25	02:45:13.25	+01:00:43 (36.8%)	7:52	7.6 (62.8%)
118	REIJMERS Agnieszka	7689	LEIDEN ATLETIEK	Masters K - 40	46	00:00:00	00:00:18	01:33:10	02:46:08.75	02:46:08.75	+01:01:38 (37.1%)	7:54	7.6 (62.8%)
119	WALCZAK Anna	7114	ZABIEGANY SULECHÓW	Masters K - 40	47	00:00:00	00:00:40	01:34:08	02:46:31.80	02:46:31.80	+01:02:01 (37.2%)	7:55	7.6 (62.8%)
120	RÓŻAŃSKA Magdalena	7073		Masters K - 40	48	00:00:00	00:00:47	01:36:54	02:46:54.75	02:46:54.75	+01:02:24 (37.4%)	7:56	7.5 (62.0%)
121	OLZACKA Agata Olzacka	7117	#ZALINIĄMETYTEAM	Masters K - 40	49	00:00:00	00:02:49	01:36:56	02:47:27.15	02:47:27.15	+01:02:57 (37.6%)	7:58	7.5 (62.0%)
122	FRYSIAK Barbara	7389	WIELUŃ	Weteran K - 50	8	00:00:00	00:00:16	01:34:12	02:47:54.65	02:47:54.65	+01:03:24 (37.8%)	7:59	7.5 (62.0%)
123	NOWACZYŃSKA Katarzyna	7206	TEAM ZABIEGANEDNI	Masters K - 40	50	00:00:00	00:02:33	01:39:42	02:48:12.05	02:48:12.05	+01:03:42 (37.9%)	8:00	7.5 (62.0%)
124	PIELA Katarzyna	7411		Senior II K - 30	47	00:00:00	00:03:37	01:39:01	02:48:16.70	02:48:16.70	+01:03:46 (37.9%)	8:00	7.5 (62.0%)
125	KORCZYŃSKA Alicja	7275	BIEGAM Z ROZUMEM	Masters K - 40	51	00:00:00	00:01:56	01:41:52	02:48:23.55	02:48:23.55	+01:03:53 (37.9%)	8:01	7.5 (62.0%)
126	APOLINARSKA Natalia	7957	NULL	Senior II K - 30	48	00:00:00	00:02:29	01:39:23	02:48:54.85	02:48:54.85	+01:04:24 (38.1%)	8:02	7.5 (62.0%)
127	DZIĘGIELEWSKA Dominika	7897		Senior II K - 30	49	00:00:00	00:01:23	01:38:03	02:49:40.10	02:49:40.10	+01:05:10 (38.4%)	8:04	7.4 (61.2%)
128	KUSZ Joanna	7035	CROSS STRACENĆÓW GŁOGÓW	Senior II K - 30	50	00:00:00	00:00:20	01:33:18	02:50:19.55	02:50:19.55	+01:05:49 (38.6%)	8:06	7.4 (61.2%)
129	PAPROCKA Natalia	7972		Masters K - 40	52	00:00:00	00:01:01	01:39:08	02:50:29.95	02:50:29.95	+01:06:00 (38.7%)	8:07	7.4 (61.2%)
130	BURZYŃSKA Emilia	7152	MAMY-BIEGAMY / LOCO SPORT	Senior II K - 30	51	00:00:00	00:00:45	01:37:47	02:50:37.45	02:50:37.45	+01:06:07 (38.8%)	8:07	7.4 (61.2%)
130	BAJER Anna	7184	TARNOWO PODGÓRNE BIEGA	Masters K - 40	53	00:00:00	00:00:52	01:36:02	02:50:37.45	02:50:37.45	+01:06:07 (38.8%)	8:07	7.4 (61.2%)
132	KORALEWSKA Edyta	7094		Masters K - 40	54	00:00:00	00:00:52	01:38:54	02:51:01.45	02:51:01.45	+01:06:31 (38.9%)	8:08	7.4 (61.2%)
133	MĄDRA Milena	7674	BON ŻYWNÓŚCIOWY	Senior I K - 20	20	00:00:00	00:00:44	01:33:21	02:51:01.85	02:51:01.85	+01:06:31 (38.9%)	8:08	7.4 (61.2%)
134	ANTOSZCZUK Aneta	7220		Masters K - 40	55	00:00:00	00:02:24	01:40:43	02:51:12.25	02:51:12.25	+01:06:42 (39.0%)	8:09	7.4 (61.2%)
135	CHMIELEWSKA Karolina	7407		Masters K - 40	56	00:00:00	00:00:28	01:36:08	02:51:15.75	02:51:15.75	+01:06:45 (39.0%)	8:09	7.4 (61.2%)
136	DYLONG Andrea	11	TRAIL IS OUR WAY TEAM	Senior I K - 20	21	00:00:00	00:01:04	01:39:06	02:51:27.35	02:51:27.35	+01:06:57 (39.1%)	8:09	7.3 (60.3%)
137	SZERMENT Magdalena	7121		Masters K - 40	57	00:00:00	00:01:18	01:40:53	02:51:43.85	02:51:43.85	+01:07:13 (39.1%)	8:10	7.3 (60.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Start Ładek 0.01km	B1 10.3km	Czas netto 21km	Czas brutto 21km	Różn	Tempo min/km	Tempo km/h
138	CHMIELEWSKA Sylwia	7765	BIEGACZKA GÓRSKA	Weteran K - 50	9	00:00:00	00:01:34	01:39:39	02:51:45.90	02:51:45.90	+01:07:16 (39.2%)	8:10	7.3 (60.3%)
139	PAPRZYCKA Katarzyna	7460	SZAKAL JEŻYCE	Senior II K - 30	52	00:00:00	00:00:41	01:35:02	02:51:51.85	02:51:51.85	+01:07:21 (39.2%)	8:11	7.3 (60.3%)
140	KŁOS Monika	7873		Masters K - 40	58	00:00:00	00:02:15	01:42:44	02:52:38.55	02:52:38.55	+01:08:08 (39.5%)	8:13	7.3 (60.3%)
141	DOLECKA Elżbieta	7402	NOWY TOMYŚL	Masters K - 40	59	00:00:00	00:01:17	01:38:47	02:52:43.65	02:52:43.65	+01:08:13 (39.5%)	8:13	7.3 (60.3%)
142	TĘCZA Sara	7749		Senior I K - 20	22	00:00:00	00:00:42	01:36:47	02:52:53.80	02:52:53.80	+01:08:23 (39.6%)	8:13	7.3 (60.3%)
143	PENCONEK Agata	7732		Senior II K - 30	53	00:00:00	00:03:25	01:46:11	02:53:14.55	02:53:14.55	+01:08:44 (39.7%)	8:14	7.3 (60.3%)
144	DZIWIŃSKA Agata	7551		Senior II K - 30	54	00:00:00	00:02:10	01:44:01	02:53:24.05	02:53:24.05	+01:08:54 (39.7%)	8:15	7.3 (60.3%)
145	GAWRECKA Beata	7316	JUTROSIŃSKI KLUB BIEGACZY	Masters K - 40	60	00:00:00	00:00:37	01:40:40	02:53:32.35	02:53:32.35	+01:09:02 (39.8%)	8:15	7.3 (60.3%)
146	WOJTYŚ Monika	7257	JUTROSIŃSKI KLUB BIEGACZA	Masters K - 40	61	00:00:00	00:00:36	01:39:40	02:53:32.95	02:53:32.95	+01:09:03 (39.8%)	8:15	7.3 (60.3%)
147	SOBAŃSKA Paulina	7974	TARNOWO PODGÓRNE BIEGA	Masters K - 40	62	00:00:00	00:00:26	01:39:42	02:53:47.45	02:53:47.45	+01:09:17 (39.9%)	8:16	7.3 (60.3%)
148	CNOTALSKA Aneta	7400		Masters K - 40	63	00:00:00	00:01:14	01:43:15	02:53:54.15	02:53:54.15	+01:09:24 (39.9%)	8:16	7.2 (59.5%)
149	KORSAK Agata	7450		Senior II K - 30	55	00:00:00	00:00:21	01:37:45	02:53:57.40	02:53:57.40	+01:09:27 (39.9%)	8:17	7.2 (59.5%)
150	KROSZKA Beata	7130		Weteran K - 50	10	00:00:00	00:00:38	01:40:44	02:54:05.45	02:54:05.45	+01:09:35 (40.0%)	8:17	7.2 (59.5%)
151	SZYMURA Izabela	7362	RYBNICKA GRUPA BIEGOWA PĘDZIMY RAZEM	Masters K - 40	64	00:00:00	00:01:13	01:42:13	02:54:18.10	02:54:18.10	+01:09:48 (40.0%)	8:18	7.2 (59.5%)
152	BANDEL Aneta	7661		Senior II K - 30	56	00:00:00	00:01:52	01:40:42	02:54:18.15	02:54:18.15	+01:09:48 (40.0%)	8:18	7.2 (59.5%)
153	DANILUK Marta	7142		Masters K - 40	65	00:00:00	00:00:35	01:40:31	02:54:19.10	02:54:19.10	+01:09:49 (40.1%)	8:18	7.2 (59.5%)
154	RUSECKA Agnieszka	7557	BDB TEAM	Senior II K - 30	57	00:00:00	00:01:03	01:43:21	02:54:58.35	02:54:58.35	+01:10:28 (40.3%)	8:19	7.2 (59.5%)
155	SZYMANEK Beata	7628	APTENEO RUNNING TEAM	Masters K - 40	66	00:00:00	00:01:34	01:42:15	02:55:05.00	02:55:05.00	+01:10:35 (40.3%)	8:20	7.2 (59.5%)
156	KOZANECKA Weronika	7097	WYBIEGAĆ MARZENIA TEAM	Senior I K - 20	23	00:00:00	00:02:38	01:39:36	02:55:06.60	02:55:06.60	+01:10:36 (40.3%)	8:20	7.2 (59.5%)
157	LUBOWIECKA Katarzyna	7945		Weteran K - 50	11	00:00:00	00:03:15	01:46:20	02:55:10.85	02:55:10.85	+01:10:40 (40.3%)	8:20	7.2 (59.5%)
158	GRZEGORZEWICZ Katarzyna	7023		Senior II K - 30	58	00:00:00	00:03:14	01:43:24	02:55:17.30	02:55:17.30	+01:10:47 (40.4%)	8:20	7.2 (59.5%)
159	KOPEĆ - MARCINKOWSKA Maria	7700		Senior II K - 30	59	00:00:00	00:01:59	01:46:13	02:55:24.55	02:55:24.55	+01:10:54 (40.4%)	8:21	7.2 (59.5%)
160	WAJER Marita	7477		Senior I K - 20	24	00:00:00	00:02:56	01:43:58	02:55:37.60	02:55:37.60	+01:11:07 (40.5%)	8:21	7.2 (59.5%)
161	LUBAŃSKA Monika	7317		Senior I K - 20	25	00:00:00	00:00:43	01:36:55	02:56:03.95	02:56:03.95	+01:11:34 (40.6%)	8:23	7.2 (59.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Start Ładek 0.01km	B1 10.3km	Czas netto 21km	Czas brutto 21km	Różn	Tempo min/km	Tempo km/h
162	RUDA Kamila	7032	KURACJUSZE	Senior II K - 30	60	00:00:00	00:03:47	01:39:22	02:56:05.70	02:56:05.70	+01:11:35 (40.7%)	8:23	7.2 (59.5%)
163	ŻELAZOWSKA Ola	7575	ATLAS RUNNING TEAM	Senior II K - 30	61	00:00:00	00:03:04	01:43:29	02:56:20.15	02:56:20.15	+01:11:50 (40.7%)	8:23	7.1 (58.7%)
164	FISZER Klaudia	7029	PRZYJACIELETEAM	Senior II K - 30	62	00:00:00	00:03:00	01:46:14	02:56:30.45	02:56:30.45	+01:12:00 (40.8%)	8:24	7.1 (58.7%)
165	HOŁOWNIA Patrycja	7777	BIEGUSY CZAPLE	Senior II K - 30	63	00:00:00	00:01:35	01:41:38	02:56:45.05	02:56:45.05	+01:12:15 (40.9%)	8:25	7.1 (58.7%)
166	GRUSZECKA Olga	42		Senior I K - 20	26	00:00:00	00:02:29	01:41:01	02:56:50.95	02:56:50.95	+01:12:21 (40.9%)	8:25	7.1 (58.7%)
167	BELTER Agnieszka	7634	RKS PIŁA PODLASIE	Masters K - 40	67	00:00:00	00:01:32	01:40:45	02:56:57.45	02:56:57.45	+01:12:27 (40.9%)	8:25	7.1 (58.7%)
168	OLEJNIK Malgorzata	7752		Masters K - 40	68	00:00:00	00:00:05	01:33:01	02:57:11.15	02:57:11.15	+01:12:41 (41.0%)	8:26	7.1 (58.7%)
169	ORSZULSKA Magdalena	7216	WIECZORNE BIEGANIE.W SZCZECINIE	Masters K - 40	69	00:00:00	00:00:29	01:39:20	02:57:11.25	02:57:11.25	+01:12:41 (41.0%)	8:26	7.1 (58.7%)
170	FRANEK Aneta	7884		Masters K - 40	70	00:00:00	00:00:09	01:37:59	02:57:22.40	02:57:22.40	+01:12:52 (41.1%)	8:26	7.1 (58.7%)
171	WOJCIECHOWSKA Anna	7069	PIĄTKOWO NA BIEGOWO	Weteran K - 50	12	00:00:00	00:03:16	01:42:31	02:57:29.95	02:57:29.95	+01:13:00 (41.1%)	8:27	7.1 (58.7%)
172	BRZĘCZEK Izabela	7115		Weteran K - 50	13	00:00:00	00:01:17	01:43:16	02:57:48.40	02:57:48.40	+01:13:18 (41.2%)	8:28	7.1 (58.7%)
173	RUTKOVSKA Simona	7989	SUPERVAROŃI	Senior I K - 20	27	00:00:00	00:01:16	01:40:22	02:57:49.75	02:57:49.75	+01:13:19 (41.2%)	8:28	7.1 (58.7%)
174	CZEKAŁSKA Magdalena	7987	NARAMOWICE BIEGAJĄ	Masters K - 40	71	00:00:00	00:03:03	01:43:19	02:58:04.50	02:58:04.50	+01:13:34 (41.3%)	8:28	7.1 (58.7%)
175	NATKANIEC Grazyna	7181		Weteran K - 50	14	00:00:00	00:01:22	01:40:56	02:58:05.30	02:58:05.30	+01:13:35 (41.3%)	8:28	7.1 (58.7%)
176	FLIS Danuta	27	10 CHOSZCZEŃSKA	Weteran K - 50	15	00:00:00	00:00:10	01:38:21	02:58:27.85	02:58:27.85	+01:13:57 (41.4%)	8:29	7.1 (58.7%)
177	TURCZYŃSKA Monika	7721	12TRI.PL	Masters K - 40	72	00:00:00	00:03:39	01:46:12	02:58:44.05	02:58:44.05	+01:14:14 (41.5%)	8:30	7 (57.9%)
178	STACIWO Justyna	7228	KURACJUSZE	Senior II K - 30	64	00:00:00	00:03:47	01:44:32	02:58:45.15	02:58:45.15	+01:14:15 (41.5%)	8:30	7 (57.9%)
179	KOŚNIEWSKA-NOWAK Joanna	7166	WIECZORNE BIEGANIE W OPOLU	Masters K - 40	73	00:00:00	00:02:52	01:43:57	02:58:48.70	02:58:48.70	+01:14:18 (41.6%)	8:30	7 (57.9%)
180	STASIŃSKA-KOSTOWSKA Wiktoria	7657		Senior I K - 20	28	00:00:00	00:01:58	01:46:01	02:59:32.85	02:59:32.85	+01:15:02 (41.8%)	8:32	7 (57.9%)
181	WARWAS Katarzyna	7993		Masters K - 40	74	00:00:00	00:03:04	01:43:28	02:59:35.75	02:59:35.75	+01:15:05 (41.8%)	8:33	7 (57.9%)
182	ORDYNIEC Alicja	7074	KĘSY TEAM	Masters K - 40	75	00:00:00	00:00:41	01:42:16	02:59:41.40	02:59:41.40	+01:15:11 (41.8%)	8:33	7 (57.9%)
183	GOŁEMBECKA Bogumiła	7191		Masters K - 40	76	00:00:00	00:00:08	01:38:56	02:59:52.20	02:59:52.20	+01:15:22 (41.9%)	8:33	7 (57.9%)
184	GMAJ Karolina	7425		Masters K - 40	77	00:00:00	00:02:34	01:46:04	02:59:59.65	02:59:59.65	+01:15:29 (41.9%)	8:34	7 (57.9%)
185	JUREWICZ Agata	7486	VEGE RUNNERS	Senior II K - 30	65	00:00:00	00:02:13	01:46:02	03:00:08.70	03:00:08.70	+01:15:38 (42.0%)	8:34	7 (57.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Start Ładek 0.01km	B1 10.3km	Czas netto 21km	Czas brutto 21km	Różn	Tempo min/km	Tempo km/h
185	MŁYNARCZYK Magdalena	7536		Senior II K - 30	65	00:00:00	00:02:14	01:45:55	03:00:08.70	03:00:08.70	+01:15:38 (42.0%)	8:34	7 (57.9%)
187	OLEJNICZAK Paulina	7043		Senior II K - 30	67	00:00:00	00:00:42	01:40:51	03:00:23.15	03:00:23.15	+01:15:53 (42.1%)	8:35	7 (57.9%)
188	PATYCKA Edyta	7125	NIGHT RUNNERS PYSKOWICE	Weteran K - 50	16	00:00:00	00:01:02	01:40:52	03:00:32.35	03:00:32.35	+01:16:02 (42.1%)	8:35	7 (57.9%)
189	WRÓBEL Marzena	7334	TARNOWO PODGÓRNE BIEGA	Masters K - 40	78	00:00:00	00:00:28	01:37:38	03:00:49.75	03:00:49.75	+01:16:19 (42.2%)	8:36	7 (57.9%)
190	FAFARA Agnieszka	7300	BIEGNIĘTE LASKI	Masters K - 40	79	00:00:00	00:02:33	01:52:12	03:00:51.00	03:00:51.00	+01:16:21 (42.2%)	8:36	7 (57.9%)
191	SKAWINA-POŁEĆ Anna	7338	TOPOLICE TEAM	Senior II K - 30	68	00:00:00	00:01:20	01:38:00	03:00:52.90	03:00:52.90	+01:16:23 (42.2%)	8:36	7 (57.9%)
192	NOLAS Jolanta	7698	KB HARCOWNIK	Weteran K - 50	17	00:00:00	00:01:41	01:43:07	03:01:08.65	03:01:08.65	+01:16:38 (42.3%)	8:37	7 (57.9%)
193	WIŚNIEWSKA Iwona	7360	BIEGAMBOLUBIE	Senior II K - 30	69	00:00:00	00:01:24	01:43:13	03:01:10.95	03:01:10.95	+01:16:41 (42.3%)	8:37	7 (57.9%)
194	BERGA Madara	7966		Masters K - 40	80	00:00:00	00:01:26	01:46:05	03:01:22.15	03:01:22.15	+01:16:52 (42.4%)	8:38	6.9 (57.0%)
195	DATA Izabela	7037	KUGUAR XTREME RUNNERS	Weteran K - 50	18	00:00:00	00:04:02	01:46:03	03:01:23.45	03:01:23.45	+01:16:53 (42.4%)	8:38	6.9 (57.0%)
196	GOŁUCH Joanna	7934		Masters K - 40	81	00:00:00	00:01:43	01:44:03	03:01:23.75	03:01:23.75	+01:16:53 (42.4%)	8:38	6.9 (57.0%)
197	BINKOWSKA Marta	7763	ŚWIERCZEWO RUN	Senior II K - 30	70	00:00:00	00:00:45	01:39:34	03:01:31.65	03:01:31.65	+01:17:01 (42.4%)	8:38	6.9 (57.0%)
198	BARAŃSKA Agnieszka	7952		Senior II K - 30	71	00:00:00	00:02:03	01:43:23	03:01:33.85	03:01:33.85	+01:17:03 (42.4%)	8:38	6.9 (57.0%)
199	GIMZICKA Ewa	7345		Masters K - 40	82	00:00:00	00:03:14	01:48:00	03:01:51.85	03:01:51.85	+01:17:21 (42.5%)	8:39	6.9 (57.0%)
200	KOMAR Agata	7737	KOMARTEAM	Senior II K - 30	72	00:00:00	00:01:56	01:47:15	03:01:54.30	03:01:54.30	+01:17:24 (42.6%)	8:39	6.9 (57.0%)
201	DARGA Paulina	7949	ANWILTEAM	Senior II K - 30	73	00:00:00	00:03:34	01:51:58	03:02:05.45	03:02:05.45	+01:17:35 (42.6%)	8:40	6.9 (57.0%)
202	GIERSCZEWSKA Grażyna	7781		Weteran K - 50	19	00:00:00	00:00:21	01:41:21	03:02:16.00	03:02:16.00	+01:17:46 (42.7%)	8:40	6.9 (57.0%)
203	MICHNIEWICZ-MRUK Dagmara	7307	STARCON.COM.PL	Senior II K - 30	74	00:00:00	00:02:07	01:51:57	03:02:40.60	03:02:40.60	+01:18:10 (42.8%)	8:41	6.9 (57.0%)
204	SZCZEPANIAK Małgorzata	7641	RKS PIŁA PODLASIE	Weteran K - 50	20	00:00:00	00:01:33	01:42:21	03:02:52.95	03:02:52.95	+01:18:23 (42.9%)	8:42	6.9 (57.0%)
205	HANUSIK-JERUZEL Zofia	7258		Masters K - 40	83	00:00:00	00:00:06	01:42:28	03:03:22.80	03:03:22.80	+01:18:52 (43.0%)	8:43	6.9 (57.0%)
206	TYLKA Gosia	7050		Senior II K - 30	75	00:00:00	00:02:18	01:43:17	03:03:46.35	03:03:46.35	+01:19:16 (43.1%)	8:45	6.9 (57.0%)
207	BRZEZIŃSKA Dorota	7680		Masters K - 40	84	00:00:00	00:01:43	01:49:46	03:03:52.85	03:03:52.85	+01:19:22 (43.2%)	8:45	6.9 (57.0%)
208	ŚNIEGOSKA Sandra	7534	KNEIPP TEAM	Senior II K - 30	76	00:00:00	00:01:38	01:43:40	03:04:37.40	03:04:37.40	+01:20:07 (43.4%)	8:47	6.8 (56.2%)
209	NAPIERAŁA Agnieszka	7312	MARATOŃCZYK POZNAŃ	Senior II K - 30	77	00:00:00	00:01:12	01:44:13	03:04:40.85	03:04:40.85	+01:20:10 (43.4%)	8:47	6.8 (56.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Start Ładek 0.01km	B1 10.3km	Czas netto 21km	Czas brutto 21km	Różn	Tempo min/km	Tempo km/h
210	SŁOCIŃSKA Natasza	7909	MARATOŃCZYK POZNAŃ	Senior II K - 30	78	00:00:00	00:01:11	01:44:15	03:04:41.05	03:04:41.05	+01:20:11 (43.4%)	8:47	6.8 (56.2%)
211	SZWAGIERCZAK-STEFANIAK Magda	7311	MARATOŃCZYK	Senior II K - 30	79	00:00:00	00:01:11	01:44:12	03:04:41.55	03:04:41.55	+01:20:11 (43.4%)	8:47	6.8 (56.2%)
212	MATYNIAK Barbara	7398	WYZNAWCY BRONKA LIBIĄŻ	Senior II K - 30	80	00:00:00	00:02:33	01:46:10	03:04:54.25	03:04:54.25	+01:20:24 (43.5%)	8:48	6.8 (56.2%)
213	SZYMAŃSKA Anna	7096	ROZBIEGANY GOLENIÓW	Weteran II K - 60	1	00:00:00	00:01:07	01:40:29	03:05:06.40	03:05:06.40	+01:20:36 (43.5%)	8:48	6.8 (56.2%)
214	WARYSZAK Joanna	7189	DZIK KOMANDO	Senior II K - 30	81	00:00:00	00:01:29	01:46:50	03:05:52.90	03:05:52.90	+01:21:23 (43.8%)	8:51	6.8 (56.2%)
215	KRYCH Joanna	7327		Masters K - 40	85	00:00:00	00:01:27	01:41:00	03:05:57.05	03:05:57.05	+01:21:27 (43.8%)	8:51	6.8 (56.2%)
216	CIEKAŃSKA Joanna	7249		Masters K - 40	86	00:00:00	00:02:58	01:47:39	03:06:13.05	03:06:13.05	+01:21:43 (43.9%)	8:52	6.8 (56.2%)
217	HEJNE Agnieszka	7326		Masters K - 40	87	00:00:00	00:00:16	01:36:52	03:06:14.90	03:06:14.90	+01:21:45 (43.9%)	8:52	6.8 (56.2%)
218	MALISZ Agnieszka	7179		Senior II K - 30	82	00:00:00	00:01:20	01:39:35	03:06:23.15	03:06:23.15	+01:21:53 (43.9%)	8:52	6.8 (56.2%)
219	DOLIŃSKA Marta	7437		Senior I K - 20	29	00:00:00	00:00:07	01:42:30	03:06:45.15	03:06:45.15	+01:22:15 (44.0%)	8:53	6.7 (55.4%)
220	LUBOWIECKA Paulina	7947		Senior I K - 20	30	00:00:00	00:03:16	01:49:34	03:06:51.55	03:06:51.55	+01:22:21 (44.1%)	8:53	6.7 (55.4%)
221	KUKUCZKA Wioletta	7435	KLUCZBORSKA GRUPA BIEGOWA	Weteran K - 50	21	00:00:00	00:01:24	01:46:25	03:06:54.70	03:06:54.70	+01:22:24 (44.1%)	8:54	6.7 (55.4%)
222	ŚLIWIŃSKA Anna	7227		Senior I K - 20	31	00:00:00	00:02:09	01:48:49	03:06:55.55	03:06:55.55	+01:22:25 (44.1%)	8:54	6.7 (55.4%)
223	JACKOWSKA Katarzyna	7683		Masters K - 40	88	00:00:00	00:01:08	01:42:12	03:07:34.15	03:07:34.15	+01:23:04 (44.3%)	8:55	6.7 (55.4%)
224	CZECH Dominika	7234		Senior II K - 30	83	00:00:00	00:00:40	01:42:20	03:07:45.35	03:07:45.35	+01:23:15 (44.3%)	8:56	6.7 (55.4%)
225	MODZELEWSKA Anna	7761		Senior I K - 20	32	00:00:00	00:01:46	01:49:37	03:07:51.20	03:07:51.20	+01:23:21 (44.4%)	8:56	6.7 (55.4%)
226	GAWĘDZKA Aneta	7629	OBORYGENI	Masters K - 40	89	00:00:00	00:02:22	01:54:57	03:08:00.95	03:08:00.95	+01:23:31 (44.4%)	8:57	6.7 (55.4%)
227	TEKIELI Ewelina	8	TEKIELI FAMILY	Masters K - 40	90	00:00:00	00:02:54	01:49:45	03:08:14.55	03:08:14.55	+01:23:44 (44.5%)	8:57	6.7 (55.4%)
228	WIĘCKOWSKA Agata	7297	ZAKOCHAJ SIĘ W BIEGANIU	Senior II K - 30	84	00:00:00	00:02:31	01:48:49	03:08:15.95	03:08:15.95	+01:23:46 (44.5%)	8:57	6.7 (55.4%)
229	MICHALIK Aleksandra	7370		Senior I K - 20	33	00:00:00	00:01:46	01:43:37	03:08:19.65	03:08:19.65	+01:23:49 (44.5%)	8:58	6.7 (55.4%)
230	GÓRNA Małgorzata	7350		Senior II K - 30	85	00:00:00	00:03:02	01:48:48	03:08:32.90	03:08:32.90	+01:24:03 (44.6%)	8:58	6.7 (55.4%)
231	KORDYLEWSKA Marlena	7767	KTÓRĘDYNADMORSKIEOKO	Senior II K - 30	86	00:00:00	00:01:31	01:52:45	03:08:45.30	03:08:45.30	+01:24:15 (44.6%)	8:59	6.7 (55.4%)
232	CYBULA Ewa	7283		Masters K - 40	91	00:00:00	00:03:29	01:49:35	03:09:02.00	03:09:02.00	+01:24:32 (44.7%)	9:00	6.7 (55.4%)
233	KODYM Anna	7607	LASKI Z LASKU (MARCELIŃSKIEGO)	Senior II K - 30	87	00:00:00	00:03:23	01:53:37	03:09:08.80	03:09:08.80	+01:24:38 (44.8%)	9:00	6.7 (55.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Start Ładek 0.01km	B1 10.3km	Czas netto 21km	Czas brutto 21km	Różn	Tempo min/km	Tempo km/h
233	MATUSZEK Małgorzata	7608	LASKI Z LASKU (MARCELIŃSKIEGO)	Senior I K - 20	34	00:00:00	00:03:23	01:53:37	03:09:08.80	03:09:08.80	+01:24:38 (44.8%)	9:00	6.7 (55.4%)
235	NOWICKA-BŁASZCZYK Izabela	7606	LASKI Z LASKU (MARCELIŃSKIEGO)	Masters K - 40	92	00:00:00	00:03:22	01:53:36	03:09:08.90	03:09:08.90	+01:24:39 (44.8%)	9:00	6.7 (55.4%)
236	BONICH Magdalena	10	WIECZORNE BIEGANIE W OPOLU	Senior II K - 30	88	00:00:00	00:02:53	01:45:57	03:09:09.00	03:09:09.00	+01:24:39 (44.8%)	9:00	6.7 (55.4%)
237	BARTŁOMIEJCZYK Sylwia	7866	SOCIOS SILESIA	Masters K - 40	93	00:00:00	00:01:28	01:46:53	03:09:09.45	03:09:09.45	+01:24:39 (44.8%)	9:00	6.7 (55.4%)
238	WRĘCZYCKA Izabela	7901	CIDRY LOTAJOM	Weteran K - 50	22	00:00:00	00:02:27	01:53:35	03:09:15.75	03:09:15.75	+01:24:45 (44.8%)	9:00	6.7 (55.4%)
239	SZYMCZAK Katarzyna	7890		Weteran K - 50	23	00:00:00	00:00:27	01:43:54	03:09:22.45	03:09:22.45	+01:24:52 (44.8%)	9:01	6.7 (55.4%)
240	SZCZEPANIAK Sylwia	7851		Senior II K - 30	89	00:00:00	00:02:20	01:46:00	03:09:24.45	03:09:24.45	+01:24:54 (44.8%)	9:01	6.7 (55.4%)
241	KOLENDA Katarzyna	7484	DRIN TEAM	Senior II K - 30	90	00:00:00	00:03:25	01:53:42	03:09:40.90	03:09:40.90	+01:25:11 (44.9%)	9:01	6.6 (54.5%)
242	KACZMAREK Agata	7414		Masters K - 40	94	00:00:00	00:00:41	01:49:39	03:09:51.80	03:09:51.80	+01:25:21 (45.0%)	9:02	6.6 (54.5%)
243	WOSZCZYK Agnieszka	7478		Senior II K - 30	91	00:00:00	00:02:55	01:46:28	03:10:08.50	03:10:08.50	+01:25:38 (45.0%)	9:03	6.6 (54.5%)
244	KWIATKOWSKA Marta	7731		Masters K - 40	95	00:00:00	00:01:13	01:43:02	03:10:10.25	03:10:10.25	+01:25:40 (45.1%)	9:03	6.6 (54.5%)
245	PĘCZKOWSKA Magdalena	7432		Masters K - 40	96	00:00:00	00:02:32	01:49:33	03:10:17.15	03:10:17.15	+01:25:47 (45.1%)	9:03	6.6 (54.5%)
246	KUCHCINSKA Diana	7583		Masters K - 40	97	00:00:00	00:02:58	01:47:40	03:10:28.90	03:10:28.90	+01:25:59 (45.1%)	9:04	6.6 (54.5%)
247	KOPEĆ Julia	7701		Senior I K - 20	35	00:00:00	00:01:59	01:51:34	03:10:31.55	03:10:31.55	+01:26:01 (45.2%)	9:04	6.6 (54.5%)
248	SOWIŃSKA Anetta	7903		Masters K - 40	98	00:00:00	00:01:18	01:49:58	03:10:52.50	03:10:52.50	+01:26:22 (45.3%)	9:05	6.6 (54.5%)
249	PERLAK Magdalena	7676	TRAIL IS OUR WAY	Senior II K - 30	92	00:00:00	00:01:48	01:54:32	03:10:57.95	03:10:57.95	+01:26:28 (45.3%)	9:05	6.6 (54.5%)
250	BANACH-SKOWRONEK Joanna	7110		Senior II K - 30	93	00:00:00	00:01:07	01:46:15	03:11:04.25	03:11:04.25	+01:26:34 (45.3%)	9:05	6.6 (54.5%)
251	KACZMAREK Monika	7122	NKB CHYŻY NOWY TOMYŚL	Masters K - 40	99	00:00:00	00:01:18	01:49:31	03:11:18.00	03:11:18.00	+01:26:48 (45.4%)	9:06	6.6 (54.5%)
252	NIEMAS Anna	7655		Masters K - 40	100	00:00:00	00:01:28	01:47:13	03:11:25.55	03:11:25.55	+01:26:55 (45.4%)	9:06	6.6 (54.5%)
253	KARPIŃSKA Katarzyna	7488	KLUCZBORSKA GRUPA BIEGOWA	Masters K - 40	101	00:00:00	00:01:24	01:47:22	03:11:33.10	03:11:33.10	+01:27:03 (45.4%)	9:07	6.6 (54.5%)
254	MENDEL Martyna	7436	KLUCZBORSKA GRUPA BIEGOWA	Senior II K - 30	94	00:00:00	00:01:24	01:47:21	03:11:33.40	03:11:33.40	+01:27:03 (45.4%)	9:07	6.6 (54.5%)
255	BARAŃSKA Małgorzata	7254	BBL OPOLE	Weteran K - 50	24	00:00:00	00:01:37	01:50:28	03:12:09.90	03:12:09.90	+01:27:40 (45.6%)	9:09	6.6 (54.5%)
256	AUGUSTYNOWICZ Aurelia	7481		Masters K - 40	102	00:00:00	00:00:05	01:45:50	03:12:23.25	03:12:23.25	+01:27:53 (45.7%)	9:09	6.5 (53.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Start Ładek 0.01km	B1 10.3km	Czas netto 21km	Czas brutto 21km	Różn	Tempo min/km	Tempo km/h
257	RODZIŃSKA Anita	7020	PARKRUN GRUDZIĄDZ	Weteran K - 50	25	00:00:00	00:00:33	01:47:59	03:12:26.90	03:12:26.90	+01:27:57 (45.7%)	9:09	6.5 (53.7%)
258	SOCZYŃSKA Małgorzata	28	CZŁAPACZE	Weteran II K - 60	2	00:00:00	00:03:05	01:55:52	03:13:55.55	03:13:55.55	+01:29:25 (46.1%)	9:14	6.5 (53.7%)
259	SZAŁ Monika	7785	WALKA KOSTRZYN	Weteran K - 50	26	00:00:00	00:01:07	01:53:01	03:14:16.40	03:14:16.40	+01:29:46 (46.2%)	9:15	6.5 (53.7%)
260	POSIŁA Joanna	7648	EUROCASH/#MUZACZŁAPAKA	Masters K - 40	103	00:00:00	00:03:06	01:57:28	03:14:20.00	03:14:20.00	+01:29:50 (46.2%)	9:15	6.5 (53.7%)
261	SAMULSKA Agata	7159	BBLLASYBOGDANIEC	Weteran K - 50	27	00:00:00	00:00:40	01:49:30	03:14:29.45	03:14:29.45	+01:29:59 (46.3%)	9:15	6.5 (53.7%)
262	SKORNOWICZ Agnieszka	7080	SPORTOWY KAŻMIERZ	Weteran K - 50	28	00:00:00	00:02:45	01:55:34	03:14:39.55	03:14:39.55	+01:30:09 (46.3%)	9:16	6.5 (53.7%)
263	FILIPOWICZ Katarzyna	7287		Senior II K - 30	95	00:00:00	00:02:59	01:51:53	03:14:40.15	03:14:40.15	+01:30:10 (46.3%)	9:16	6.5 (53.7%)
264	WRÓBLEWSKA Małgorzata	7543	LOCO SPORT/SKANSEN CISOWNIK	Senior II K - 30	96	00:00:00	00:02:15	01:55:00	03:14:44.25	03:14:44.25	+01:30:14 (46.3%)	9:16	6.5 (53.7%)
265	WOŹNIAK MACIEJEWSKA Edyta	7024		Masters K - 40	104	00:00:00	00:00:23	01:51:29	03:15:07.40	03:15:07.40	+01:30:37 (46.4%)	9:17	6.5 (53.7%)
266	SOBKÓW Katarzyna	7980	MISIE BIEGAJĄ	Senior II K - 30	97	00:00:00	00:03:20	01:51:54	03:15:16.15	03:15:16.15	+01:30:46 (46.5%)	9:17	6.5 (53.7%)
267	LEWIKOWSKA Patrycja	7409		Masters K - 40	105	00:00:00	00:03:01	01:52:00	03:15:22.35	03:15:22.35	+01:30:52 (46.5%)	9:18	6.4 (52.9%)
268	CENDROWICZ Magdalena	7707	KNEIPP TEAM	Masters K - 40	106	00:00:00	00:00:33	01:47:26	03:15:49.65	03:15:49.65	+01:31:19 (46.6%)	9:19	6.4 (52.9%)
269	BOJARSKA Zuzanna	7173	BW BIEGACZE WYMIATACZE	Senior I K - 20	36	00:00:00	00:02:05	02:00:05	03:17:15.15	03:17:15.15	+01:32:45 (47.0%)	9:23	6.4 (52.9%)
270	PAWELCZYK Adriana	7852	BIEGAM BO NIE LUBIE	Masters K - 40	107	00:00:00	00:00:46	01:48:18	03:17:35.95	03:17:35.95	+01:33:06 (47.1%)	9:24	6.4 (52.9%)
271	PACIUCH Dorota	7547		Senior II K - 30	98	00:00:00	00:02:10	01:55:02	03:17:45.45	03:17:45.45	+01:33:15 (47.2%)	9:25	6.4 (52.9%)
272	OGRODNIK Anna	7072	ZAKOCHAJ SIĘ W BIEGANIU	Senior II K - 30	99	00:00:00	00:02:35	01:53:48	03:17:46.95	03:17:46.95	+01:33:17 (47.2%)	9:25	6.4 (52.9%)
273	BIELECKA Arleta	7585	GRUPA BIEGOWA ENERGY KACZORY	Weteran K - 50	29	00:00:00	00:02:23	01:55:36	03:17:53.55	03:17:53.55	+01:33:23 (47.2%)	9:25	6.4 (52.9%)
274	BAJERSKA Renata	7599	GRUPA BIEGOWA ENERGY KACZORY	Weteran K - 50	30	00:00:00	00:02:24	01:55:32	03:17:53.65	03:17:53.65	+01:33:23 (47.2%)	9:25	6.4 (52.9%)
275	SULIGA Wioletta	7524	AUGUSTEAM	Masters K - 40	108	00:00:00	00:00:31	01:51:32	03:18:13.05	03:18:13.05	+01:33:43 (47.3%)	9:26	6.4 (52.9%)
276	KOZŁOWSKA Karolina	7144	UKS DIAMENT GODÓW	Senior II K - 30	100	00:00:00	00:01:59	01:51:39	03:18:29.55	03:18:29.55	+01:33:59 (47.4%)	9:27	6.3 (52.1%)
277	WISZNIEWICZ Agnieszka	7668		Senior II K - 30	101	00:00:00	00:03:38	01:54:50	03:18:32.05	03:18:32.05	+01:34:02 (47.4%)	9:27	6.3 (52.1%)
278	MULARCZYK Marta	7685	WKURW_TEAM	Senior II K - 30	102	00:00:00	00:03:40	01:55:01	03:18:39.05	03:18:39.05	+01:34:09 (47.4%)	9:27	6.3 (52.1%)
279	SKRZYPIŃSKA Agnieszka	7157	PSI PATROL	Masters K - 40	109	00:00:00	00:01:58	01:55:31	03:18:55.60	03:18:55.60	+01:34:25 (47.5%)	9:28	6.3 (52.1%)
280	MIELNIK Natalia	7247		Senior II K - 30	103	00:00:00	00:02:51	01:54:54	03:19:01.05	03:19:01.05	+01:34:31 (47.5%)	9:28	6.3 (52.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Start Ładek 0.01km	B1 10.3km	Czas netto 21km	Czas brutto 21km	Różn	Tempo min/km	Tempo km/h
281	STROMIDŁO Anna	7203	BROWAR DOMOWY HATAK	Masters K - 40	110	00:00:00	00:00:30	01:46:20	03:19:19.75	03:19:19.75	+01:34:49 (47.6%)	9:29	6.3 (52.1%)
282	PACHOLSKA Justyna	7103	GOLENIÓW	Masters K - 40	111	00:00:00	00:01:58	01:53:40	03:19:23.10	03:19:23.10	+01:34:53 (47.6%)	9:29	6.3 (52.1%)
283	TOCZEK Hana	7881		Senior II K - 30	104	00:00:00	00:03:32	01:57:43	03:20:00.90	03:20:00.90	+01:35:31 (47.8%)	9:31	6.3 (52.1%)
284	JEZIERSKA Karina	7729	12TRI.PL / TEAM ZABIEGANEDNI	Masters K - 40	112	00:00:00	00:03:40	01:56:18	03:20:06.10	03:20:06.10	+01:35:36 (47.8%)	9:31	6.3 (52.1%)
285	MILLER Edyta	7604	FORMA FITNESS KLUB CZ-WA	Weteran K - 50	31	00:00:00	00:03:27	01:53:49	03:20:40.30	03:20:40.30	+01:36:10 (47.9%)	9:33	6.3 (52.1%)
286	ŁAWNICZAK Justyna	7390	JUTROSIŃSKI KLUB BIEGACZY	Masters K - 40	113	00:00:00	00:00:35	01:54:39	03:20:45.55	03:20:45.55	+01:36:15 (47.9%)	9:33	6.3 (52.1%)
287	SOBCZYK-SPYT Agata	7621		Masters K - 40	114	00:00:00	00:02:57	01:56:13	03:21:01.15	03:21:01.15	+01:36:31 (48.0%)	9:34	6.3 (52.1%)
288	KACZMAREK Anna	7523		Senior II K - 30	105	00:00:00	00:01:55	01:57:04	03:21:13.25	03:21:13.25	+01:36:43 (48.1%)	9:34	6.3 (52.1%)
289	SIKORA Agnieszka	7149		Senior II K - 30	106	00:00:00	00:03:37	01:54:38	03:22:28.25	03:22:28.25	+01:37:58 (48.4%)	9:38	6.2 (51.2%)
290	GERMAN-GIENTKOWSKA Iwona	7197		Masters K - 40	115	00:00:00	00:01:45	01:55:59	03:22:32.75	03:22:32.75	+01:38:02 (48.4%)	9:38	6.2 (51.2%)
291	BUNIEWSKA Wiktoria	7		Senior I K - 20	37	00:00:00	00:03:16	01:58:55	03:22:40.35	03:22:40.35	+01:38:10 (48.4%)	9:39	6.2 (51.2%)
292	KASZYŃSKA Dorota	7397		Weteran K - 50	32	00:00:00	00:02:37	01:56:01	03:23:08.25	03:23:08.25	+01:38:38 (48.6%)	9:40	6.2 (51.2%)
293	GRZYB Beata	7770	KOBIETY BIEGAJĄ	Masters K - 40	116	00:00:00	00:03:18	01:59:19	03:23:12.75	03:23:12.75	+01:38:42 (48.6%)	9:40	6.2 (51.2%)
294	SZMATLOCH Karolina	7058		Senior II K - 30	107	00:00:00	00:03:11	01:57:04	03:23:30.85	03:23:30.85	+01:39:00 (48.7%)	9:41	6.2 (51.2%)
295	WOŹNIAK Lidia	7633	PORMAT JEDLICZE BIEGA	Weteran K - 50	33	00:00:00	00:01:19	01:55:28	03:23:39.05	03:23:39.05	+01:39:09 (48.7%)	9:41	6.2 (51.2%)
296	GONERA-BATOR Anna	7471	KB HARCOWNIK JELCZ-LASKOWICE	Senior II K - 30	108	00:00:00	00:03:10	01:56:28	03:23:45.05	03:23:45.05	+01:39:15 (48.7%)	9:42	6.2 (51.2%)
297	TOMCZAK Paulina	7933		Masters K - 40	117	00:00:00	00:03:03	01:54:30	03:23:47.30	03:23:47.30	+01:39:17 (48.7%)	9:42	6.2 (51.2%)
298	OCIEPA Ewa	7366		Masters K - 40	118	00:00:00	00:02:14	01:56:21	03:23:49.55	03:23:49.55	+01:39:19 (48.7%)	9:42	6.2 (51.2%)
299	STĘPLEWSKA Małgorzata	7619		Masters K - 40	119	00:00:00	00:02:41	01:56:01	03:24:27.65	03:24:27.65	+01:39:57 (48.9%)	9:44	6.2 (51.2%)
300	CZYŻEWSKA Marlena	7589		Weteran K - 50	34	00:00:00	00:02:41	01:57:41	03:24:27.95	03:24:27.95	+01:39:58 (48.9%)	9:44	6.2 (51.2%)
301	KRZYKWA Agnieszka	7594		Weteran K - 50	35	00:00:00	00:02:40	01:57:41	03:24:28.25	03:24:28.25	+01:39:58 (48.9%)	9:44	6.2 (51.2%)
302	JAKRZEWSKA Karolina	7352	LOCO BABKI/MAMY-BIEGAMY	Senior II K - 30	109	00:00:00	00:02:15	01:57:00	03:24:57.90	03:24:57.90	+01:40:28 (49.0%)	9:45	6.1 (50.4%)
303	KARAMON Magdalena	7148		Masters K - 40	120	00:00:00	00:01:57	01:54:02	03:25:14.10	03:25:14.10	+01:40:44 (49.1%)	9:46	6.1 (50.4%)
304	AUTH Kari	7026		Senior II K - 30	110	00:00:00	00:03:46	01:57:03	03:26:06.70	03:26:06.70	+01:41:36 (49.3%)	9:48	6.1 (50.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Start Ładek 0.01km	B1 10.3km	Czas netto 21km	Czas brutto 21km	Różn	Tempo min/km	Tempo km/h
305	DRZEWI Tola	7970	MARATON LESZNO	Senior I K - 20	38	00:00:00	00:03:04	01:58:15	03:26:37.65	03:26:37.65	+01:42:07 (49.4%)	9:50	6.1 (50.4%)
306	FILIPIAK Beata	5	MIECHOWICKA GRUPA BIEGOWA	Masters K - 40	121	00:00:00	00:02:30	01:53:33	03:26:55.90	03:26:55.90	+01:42:26 (49.5%)	9:51	6.1 (50.4%)
307	PLASZCZAK Bogumiła	7470	PIEKIELNIE ZGRANI	Masters K - 40	122	00:00:00	00:02:56	01:57:02	03:27:11.65	03:27:11.65	+01:42:41 (49.6%)	9:51	6.1 (50.4%)
308	KAMIŃSKA Paulina	7905		Senior II K - 30	111	00:00:00	00:03:30	01:55:18	03:27:58.70	03:27:58.70	+01:43:28 (49.8%)	9:54	6.1 (50.4%)
309	JANSON Marleen	7687	LEIDEN ATLETIEK	Senior II K - 30	112	00:00:00	00:00:49	02:03:28	03:28:07.20	03:28:07.20	+01:43:37 (49.8%)	9:54	6.1 (50.4%)
310	LITKE Andżelika	7310	EAZYMUT.PL	Senior I K - 20	39	00:00:00	00:01:49	01:52:44	03:28:18.15	03:28:18.15	+01:43:48 (49.8%)	9:55	6 (49.6%)
311	DUDA KRZEMIENIEWSKA Jadwiga	7145	KB SZAMOTUŁY	Weteran II K - 60	3	00:00:00	00:01:27	02:00:21	03:28:26.40	03:28:26.40	+01:43:56 (49.9%)	9:55	6 (49.6%)
312	KEMPISTY Anna	7062	12TRI.PL	Weteran K - 50	36	00:00:00	00:03:39	02:02:12	03:28:55.15	03:28:55.15	+01:44:25 (50.0%)	9:56	6 (49.6%)
313	GRYGIEL Agnieszka	7219	PRO RUN WROCŁAW	Weteran K - 50	37	00:00:00	00:02:15	01:58:17	03:29:23.95	03:29:23.95	+01:44:54 (50.1%)	9:58	6 (49.6%)
314	WACHEL Katarzyna	7528		Masters K - 40	123	00:00:00	00:03:41	01:56:24	03:29:34.85	03:29:34.85	+01:45:04 (50.1%)	9:58	6 (49.6%)
315	PIWOWARCZYK Weronika	7133	ROZBIEGANE DOBCZYCE	Senior I K - 20	40	00:00:00	00:02:15	02:02:16	03:30:31.45	03:30:31.45	+01:46:01 (50.4%)	10:01	6 (49.6%)
316	SZYCA-ŚMIESZNIAK Marta	7138		Senior I K - 20	41	00:00:00	00:03:37	02:00:06	03:30:45.15	03:30:45.15	+01:46:15 (50.4%)	10:02	6 (49.6%)
317	WOŻNA Marta	7319	RUN TEAM RYDZYNA	Senior II K - 30	113	00:00:00	00:01:41	01:54:51	03:30:58.90	03:30:58.90	+01:46:29 (50.5%)	10:02	6 (49.6%)
318	GISZCZYŃSKA Wanda	7212	RUN TEAM RYDZYNA	Masters K - 40	124	00:00:00	00:01:43	01:54:54	03:30:59.20	03:30:59.20	+01:46:29 (50.5%)	10:02	6 (49.6%)
319	MŁYNARCZYK Marta	7042	HARD WORK BEATS TALENT	Senior II K - 30	114	00:00:00	00:02:30	01:59:41	03:31:01.35	03:31:01.35	+01:46:31 (50.5%)	10:02	6 (49.6%)
320	PIETRUSIAK Agnieszka	7515		Masters K - 40	125	00:00:00	00:03:36	01:59:28	03:31:14.95	03:31:14.95	+01:46:45 (50.5%)	10:03	6 (49.6%)
321	WOJTYLAK-OSUCH Anna	7545		Masters K - 40	126	00:00:00	00:03:36	01:59:30	03:31:17.15	03:31:17.15	+01:46:47 (50.5%)	10:03	6 (49.6%)
322	MRACHACZ Dorota	7454	MIECHOWICKA GRUPA BIEGOWA	Weteran K - 50	38	00:00:00	00:02:27	01:58:53	03:31:24.65	03:31:24.65	+01:46:54 (50.6%)	10:04	6 (49.6%)
323	BŁOCH Arleta	7384	WRONIECKI KLUB BIEGACZA	Weteran K - 50	39	00:00:00	00:00:33	01:56:05	03:32:28.95	03:32:28.95	+01:47:59 (50.8%)	10:07	5.9 (48.8%)
324	GARCZYK Agnieszka	7774	GARCZYK TEAM	Senior II K - 30	115	00:00:00	00:00:53	01:56:50	03:32:31.80	03:32:31.80	+01:48:01 (50.8%)	10:07	5.9 (48.8%)
325	STASZEWSKA Aneta	48	NIGHT RUNNERS PYSKOWICE	Masters K - 40	127	00:00:00	00:00:47	01:55:57	03:32:33.65	03:32:33.65	+01:48:03 (50.8%)	10:07	5.9 (48.8%)
326	DERES Julia	7681		Senior I K - 20	42	00:00:00	00:00:56	01:51:45	03:32:36.90	03:32:36.90	+01:48:07 (50.9%)	10:07	5.9 (48.8%)
327	HOFFMANN Małgorzata	7385	WRONIECKI KLUB BIEGACZA	Weteran K - 50	40	00:00:00	00:00:34	01:56:10	03:32:52.90	03:32:52.90	+01:48:23 (50.9%)	10:08	5.9 (48.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Start Ładek 0.01km	B1 10.3km	Czas netto 21km	Czas brutto 21km	Różn	Tempo min/km	Tempo km/h
328	CIAPAŁA Paulina	7392		Senior II K - 30	116	00:00:00	00:03:45	01:58:24	03:32:53.10	03:32:53.10	+01:48:23 (50.9%)	10:08	5.9 (48.8%)
329	SKWAREK Agnieszka	7417		Senior II K - 30	117	00:00:00	00:03:45	01:58:25	03:32:54.45	03:32:54.45	+01:48:24 (50.9%)	10:08	5.9 (48.8%)
330	BIENIECKA Anna	7230	KLUB BIEGACZA SZAMOTUŁY	Masters K - 40	128	00:00:00	00:01:28	02:08:03	03:32:54.80	03:32:54.80	+01:48:24 (50.9%)	10:08	5.9 (48.8%)
331	KARŁOWSKA Olga	7593	NULL	Masters K - 40	129	00:00:00	00:02:48	01:56:57	03:33:05.15	03:33:05.15	+01:48:35 (51.0%)	10:08	5.9 (48.8%)
332	WAŚOWICZ Irena	7131		Weteran K - 50	41	00:00:00	00:01:48	01:57:53	03:33:28.15	03:33:28.15	+01:48:58 (51.0%)	10:09	5.9 (48.8%)
333	LEMBICZ Agnieszka	7473	DRIN TEAM	Senior II K - 30	118	00:00:00	00:03:26	02:03:31	03:34:04.50	03:34:04.50	+01:49:34 (51.2%)	10:11	5.9 (48.8%)
334	SZEWCZYK Marlena	7623		Senior II K - 30	119	00:00:00	00:03:42	02:04:09	03:34:23.20	03:34:23.20	+01:49:53 (51.3%)	10:12	5.9 (48.8%)
335	BORECKA Ola	7588		Masters K - 40	130	00:00:00	00:02:28	01:59:43	03:34:51.35	03:34:51.35	+01:50:21 (51.4%)	10:13	5.9 (48.8%)
336	MICHALIK Aleksandra	7353	PRECEL RACING TEAM	Senior II K - 30	120	00:00:00	00:03:51	02:05:46	03:35:07.15	03:35:07.15	+01:50:37 (51.4%)	10:14	5.9 (48.8%)
337	CZAJA Agnieszka	7485	VEGE RUNNERS	Senior II K - 30	121	00:00:00	00:02:14	02:02:26	03:35:26.65	03:35:26.65	+01:50:56 (51.5%)	10:15	5.8 (47.9%)
338	KOZACZUK Katarzyna	7742	PĘDZĄCE LENIWCE	Masters K - 40	131	00:00:00	00:01:08	01:58:22	03:36:12.60	03:36:12.60	+01:51:42 (51.7%)	10:17	5.8 (47.9%)
339	SPRIDZĄNE Aija	7663	VSK NOSKRIEN	Masters K - 40	132	00:00:00	00:02:57	01:59:22	03:36:13.15	03:36:13.15	+01:51:43 (51.7%)	10:17	5.8 (47.9%)
340	JASTRZĘBSKA-DEMCZAR Aneta	7146		Masters K - 40	133	00:00:00	00:01:26	02:05:01	03:36:37.15	03:36:37.15	+01:52:07 (51.8%)	10:18	5.8 (47.9%)
341	SZACHT Izabela	7245		Masters K - 40	134	00:00:00	00:03:33	02:01:17	03:37:07.55	03:37:07.55	+01:52:37 (51.9%)	10:20	5.8 (47.9%)
342	GĘCA Małgorzata	7419	UMCS BIEGA	Masters K - 40	135	00:00:00	00:00:55	02:10:31	03:37:16.10	03:37:16.10	+01:52:46 (51.9%)	10:20	5.8 (47.9%)
343	BARASIŃSKA Marta	7965		Senior II K - 30	122	00:00:00	00:01:14	02:03:33	03:37:45.95	03:37:45.95	+01:53:16 (52.0%)	10:22	5.8 (47.9%)
344	ZIELIŃSKA Magdalena	7841		Masters K - 40	136	00:00:00	00:01:47	01:56:54	03:37:56.90	03:37:56.90	+01:53:27 (52.1%)	10:22	5.8 (47.9%)
345	STRZAŁKOWSKA Urszula	7510		Senior II K - 30	123	00:00:00	00:02:51	01:55:56	03:37:57.35	03:37:57.35	+01:53:27 (52.1%)	10:22	5.8 (47.9%)
346	SZOJDA Małgorzata	7379	INŻYNIERIA BIEGANIA	Senior II K - 30	124	00:00:00	00:02:09	01:55:02	03:38:20.60	03:38:20.60	+01:53:50 (52.1%)	10:23	5.8 (47.9%)
347	BERNAT Monika	7719	KNEIPP TEAM	Masters K - 40	137	00:00:00	00:01:21	01:59:18	03:39:11.00	03:39:11.00	+01:54:41 (52.3%)	10:26	5.7 (47.1%)
348	GRYDZIUSZKO Aneta	7270		Weteran K - 50	42	00:00:00	00:01:21	01:59:17	03:39:11.10	03:39:11.10	+01:54:41 (52.3%)	10:26	5.7 (47.1%)
349	OLCZYK Anna	7022		Weteran K - 50	43	00:00:00	00:00:30	02:07:26	03:40:08.55	03:40:08.55	+01:55:38 (52.5%)	10:28	5.7 (47.1%)
350	OZIMEK-MADEJ Milena	7340	SPORTOWY KAZIMIERZ	Senior II K - 30	125	00:00:00	00:02:44	02:07:32	03:40:28.65	03:40:28.65	+01:55:58 (52.6%)	10:29	5.7 (47.1%)
351	BANASZCZAK Dagmara	7119	ŚWIDNICKA GRUPA BIEGOWA	Senior II K - 30	126	00:00:00	00:03:22	02:05:17	03:40:58.50	03:40:58.50	+01:56:28 (52.7%)	10:31	5.7 (47.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Start Ładek 0.01km	B1 10.3km	Czas netto 21km	Czas brutto 21km	Różn	Tempo min/km	Tempo km/h
352	WIĘCKOWSKA Marta	7252		Senior II K - 30	127	00:00:00	00:02:12	02:03:26	03:41:12.80	03:41:12.80	+01:56:42 (52.8%)	10:32	5.7 (47.1%)
353	STRUG Agnieszka	7099		Weteran K - 50	44	00:00:00	00:03:17	02:05:43	03:41:16.80	03:41:16.80	+01:56:46 (52.8%)	10:32	5.7 (47.1%)
354	SZÓSTAK Marzena	7383	KB HARCOWNIK JELCZ-LASKOWICE	Weteran II K - 60	4	00:00:00	00:01:59	02:06:28	03:41:17.95	03:41:17.95	+01:56:48 (52.8%)	10:32	5.7 (47.1%)
355	MAGDA Natasza	7429	NIGHT RUNNERS	Masters K - 40	138	00:00:00	00:01:02	01:54:29	03:41:28.90	03:41:28.90	+01:56:59 (52.8%)	10:32	5.7 (47.1%)
356	POLOK Monika	7388	MIRAZ RACE TEAM	Masters K - 40	139	00:00:00	00:01:53	02:07:17	03:41:31.70	03:41:31.70	+01:57:01 (52.8%)	10:32	5.7 (47.1%)
357	MAZUR-ZYCH Aleksandra	7631		Senior II K - 30	128	00:00:00	00:01:40	01:56:08	03:42:36.65	03:42:36.65	+01:58:06 (53.1%)	10:36	5.7 (47.1%)
358	MATUSZAK Paula	7764	KURACJUSZE	Senior II K - 30	129	00:00:00	00:03:46	02:01:42	03:42:55.10	03:42:55.10	+01:58:25 (53.1%)	10:36	5.7 (47.1%)
359	POMIANOWSKA Romana	7178		Senior II K - 30	130	00:00:00	00:03:47	02:01:37	03:42:58.75	03:42:58.75	+01:58:28 (53.1%)	10:37	5.7 (47.1%)
360	PAŁASZYŃSKA Beata	18	MUD FOXES	Senior II K - 30	131	00:00:00	00:00:32	02:06:27	03:44:18.25	03:44:18.25	+01:59:48 (53.4%)	10:40	5.6 (46.3%)
361	SZKUDLARZ Agata	7502		Masters K - 40	140	00:00:00	00:02:09	02:07:07	03:46:46.95	03:46:46.95	+02:02:17 (53.9%)	10:47	5.6 (46.3%)
362	SUTA Anna	7503		Masters K - 40	141	00:00:00	00:02:09	02:07:02	03:46:47.35	03:46:47.35	+02:02:17 (53.9%)	10:47	5.6 (46.3%)
363	PLEWIŃSKA Sylwia	7167	MIRAZ RACE TEAM	Senior II K - 30	132	00:00:00	00:01:49	02:08:44	03:47:48.05	03:47:48.05	+02:03:18 (54.1%)	10:50	5.5 (45.5%)
364	BARAŁKIEWICZ - SOKAL Karolina	7009		Masters K - 40	142	00:00:00	00:02:57	02:08:58	03:48:30.25	03:48:30.25	+02:04:00 (54.3%)	10:52	5.5 (45.5%)
365	OPŁOCZYŃSKA Gosia	7706	NIGHT RUNNERS	Masters K - 40	143	00:00:00	00:00:39	02:00:25	03:49:21.40	03:49:21.40	+02:04:51 (54.4%)	10:55	5.5 (45.5%)
366	BŁĄDEK-GRZELCZAK Katarzyna	7985		Weteran K - 50	45	00:00:00	00:02:21	02:14:09	03:50:03.00	03:50:03.00	+02:05:33 (54.6%)	10:57	5.5 (45.5%)
367	JUSZKO Aleksandra	7509		Senior I K - 20	43	00:00:00	00:00:58	02:07:16	03:50:40.60	03:50:40.60	+02:06:10 (54.7%)	10:59	5.5 (45.5%)
368	JUSZKO Monika	7500		Masters K - 40	144	00:00:00	00:00:57	02:07:21	03:50:40.75	03:50:40.75	+02:06:10 (54.7%)	10:59	5.5 (45.5%)
369	STAWSKA-KISIAŁA Natalia	7226	MAMA WOJTUSIA <3	Senior II K - 30	133	00:00:00	00:02:02	02:12:35	03:52:46.95	03:52:46.95	+02:08:17 (55.1%)	11:05	5.4 (44.6%)
370	STAJER Edyta	7335		Masters K - 40	145	00:00:00	00:02:59	02:07:31	03:53:06.10	03:53:06.10	+02:08:36 (55.2%)	11:06	5.4 (44.6%)
371	WIETRZYŃSKA Agnieszka	7513	MASZ PRZEBIEGANE	Senior II K - 30	134	00:00:00	00:02:51	02:08:26	03:54:10.90	03:54:10.90	+02:09:41 (55.4%)	11:09	5.4 (44.6%)
372	KOSTULSKA Olga	7956	WKURW_TEAM	Senior II K - 30	135	00:00:00	00:01:33	02:13:03	03:54:48.35	03:54:48.35	+02:10:18 (55.5%)	11:10	5.4 (44.6%)
373	DOMINIAK Katarzyna	7872	RGR ŁÓDŹ	Senior II K - 30	136	00:00:00	00:02:09	01:58:20	03:56:08.85	03:56:08.85	+02:11:38 (55.7%)	11:14	5.3 (43.8%)
374	BIERNACKA Teresa	7168	MIRAZ RACE TEAM	Senior II K - 30	137	00:00:00	00:01:49	02:07:23	03:57:33.55	03:57:33.55	+02:13:03 (56.0%)	11:18	5.3 (43.8%)
375	KOBYŁKA Małgorzata	7740	SUPERMARATON KALISZ	Weteran K - 50	46	00:00:00	00:02:05	02:18:43	03:58:19.80	03:58:19.80	+02:13:49 (56.2%)	11:20	5.3 (43.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Start Ładek 0.01km	B1 10.3km	Czas netto 21km	Czas brutto 21km	Różn	Tempo min/km	Tempo km/h
400	PIETRASZEK Ewa	7839	KOBIETY WATAHY	Weteran K - 50	49	00:00:00	00:01:44	03:01:09	05:08:10.35	05:08:10.35	+03:23:40 (66.1%)	14:40	4.1 (33.9%)
401	WOŹNIAK Anna	7837	KOBIETY WATAHY	Masters K - 40	161	00:00:00	00:01:45	03:01:03	05:08:14.90	05:08:14.90	+03:23:45 (66.1%)	14:40	4.1 (33.9%)
	BARTOSZEWSKA Katarzyna	7540	TEAM RÓŻOWEJ PELERYNKI	Masters K - 40		DNF	00:02:24 DNF	01:54:44 DNF	DNF	DNF		-	- (0.0%)
	SEMENIUK Marzena	7692	KOTWICA BRZEG	Senior II K - 30		DNF	00:01:14 DNF	DNF	DNF	DNF		-	- (0.0%)

Znaleziono 403 wynik(ów)