



Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

Dolnośląski Festiwal Biegów Górskich
Fundacja MARATONY GÓRSKIE
2021-07-15
Łądek-Zdrój
21 km

ZŁOTY PÓŁMARATON - 21 KM

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Senior I K - 20

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	B1 10.3km	Czas netto 21km	Różn	Tempo min/km	Tempo km/h
1	MAZEK Emilia	7513	SBRT WARSZAWA / WILGA GARWOLIN	Senior I K - 20	1	01:03:15	01:49:23.85		5:12	11.5 (100%)
2	DUCZMAL Dominika	7896		Senior I K - 20	2	01:03:33	01:52:38.45	+00:03:14 (2.9%)	5:21	11.2 (97.4%)
3	BAZUŁKA Aleksandra	7915	SALCO GARMIN TEAM	Senior I K - 20	3	01:07:45	02:00:52.60	+00:11:28 (9.5%)	5:45	10.4 (90.4%)
4	SKÓRA Anastazja	7741	#SOBASTEAM	Senior I K - 20	4	01:09:53	02:04:44.00	+00:15:20 (12.3%)	5:56	10.1 (87.8%)
5	SĘDZIK Kinga	7757	MOK MSZANA DOLNA	Senior I K - 20	5	01:15:44	02:16:22.75	+00:26:58 (19.8%)	6:29	9.2 (80.0%)
6	KAPROŃ Martyna	7152	KB HARCOWNIK JELCZ-LASKOWICE	Senior I K - 20	6	01:25:09	02:26:45.65	+00:37:21 (25.5%)	6:59	8.6 (74.8%)
7	SMALEC Dominika	7866	MOCNA GRUPA CEZARA/SBRT WROCŁAW	Senior I K - 20	7	01:26:58	02:28:20.95	+00:38:57 (26.3%)	7:03	8.5 (73.9%)
8	PĘCZAR Aneta Pęczar	7188		Senior I K - 20	8	01:25:15	02:30:14.05	+00:40:50 (27.2%)	7:09	8.4 (73.0%)
9	MIŁOSZEWICZ Aleksandra	7778	FIZJOBIEGACZE SZCZECIN	Senior I K - 20	9	01:29:05	02:32:11.20	+00:42:47 (28.1%)	7:14	8.3 (72.2%)
10	PATROŃSKA Magdalena	7558	ŻARŁOKI	Senior I K - 20	10	01:30:19	02:35:26.75	+00:46:02 (29.6%)	7:24	8.1 (70.4%)
11	GAŚSIOROWSKA Sara	7763		Senior I K - 20	11	01:27:31	02:36:26.65	+00:47:02 (30.1%)	7:26	8.1 (70.4%)
12	MARCIŃCZYK Patrycja	7796		Senior I K - 20	12	01:27:55	02:39:29.35	+00:50:05 (31.4%)	7:35	7.9 (68.7%)
13	CHABIŃSKA Paulina	7301	AKADEMIA BIEGANIA	Senior I K - 20	13	01:33:25	02:40:22.20	+00:50:58 (31.8%)	7:38	7.9 (68.7%)
14	LIPIŃSKA Martyna	7157	ŚLĘZAK TEAM	Senior I K - 20	14	01:33:25	02:40:43.30	+00:51:19 (31.9%)	7:39	7.8 (67.8%)
15	ZAPALSKA Aleksandra	7069		Senior I K - 20	15	01:35:59	02:45:04.90	+00:55:41 (33.7%)	7:51	7.6 (66.1%)
16	ADAMSKA Karolina	7058		Senior I K - 20	16	01:34:23	02:45:15.45	+00:55:51 (33.8%)	7:52	7.6 (66.1%)
17	MODZELEWSKA Anna	7056		Senior I K - 20	17	01:36:50	02:47:55.85	+00:58:32 (34.9%)	7:59	7.5 (65.2%)
18	WOJCIESZUK Anna	7350		Senior I K - 20	18	01:38:17	02:48:30.20	+00:59:06 (35.1%)	8:01	7.5 (65.2%)
19	PAMUŁA Marta	7546		Senior I K - 20	19	01:35:21	02:48:45.10	+00:59:21 (35.2%)	8:02	7.5 (65.2%)
20	BRZOSTOWIECKA Angelika	7912		Senior I K - 20	20	01:35:52	02:50:19.90	+01:00:56 (35.8%)	8:06	7.4 (64.3%)
21	KOSZYKA Weronika	7095	WYBIEGAĆ MARZENIA TEAM	Senior I K - 20	21	01:40:06	02:55:28.65	+01:06:04 (37.7%)	8:21	7.2 (62.6%)
22	KŁOPOTEK Nina	7320	EXTREME FAMILY	Senior I K - 20	22	01:40:19	02:56:22.25	+01:06:58 (38.0%)	8:23	7.1 (61.7%)
23	JÓZEF Dorota	7033		Senior I K - 20	23	01:38:41	02:56:41.75	+01:07:17 (38.1%)	8:24	7.1 (61.7%)
24	GRUŻLEWSKA Patrycja	7698	BIEGAM U KOLESI	Senior I K - 20	24	01:40:58	02:57:53.35	+01:08:29 (38.5%)	8:28	7.1 (61.7%)
25	KRUK Anna	7751		Senior I K - 20	25	01:41:32	03:00:26.05	+01:11:02 (39.4%)	8:35	7 (60.9%)
26	MOSKWA Martyna	7368	MASZ PRZEBIEGANE	Senior I K - 20	26	01:44:50	03:02:25.10	+01:13:01 (40.0%)	8:41	6.9 (60.0%)
27	DUCH Aleksandra	7022		Senior I K - 20	27	01:45:36	03:03:18.75	+01:13:54 (40.3%)	8:43	6.9 (60.0%)
28	PASZKIEWICZ-ŻAK Monika	7256		Senior I K - 20	28	01:43:29	03:04:46.55	+01:15:22 (40.8%)	8:47	6.8 (59.1%)
29	DERES Julia	7792	BIEGOWA KUŹNIA	Senior I K - 20	29	01:39:35	03:06:48.95	+01:17:25 (41.4%)	8:53	6.7 (58.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	B1 10.3km	Czas netto 21km	Różn	Tempo min/km	Tempo km/h
30	KRUPA Ewa	7087		Senior I K - 20	30	01:41:00	03:07:47.00	+01:18:23 (41.7%)	8:56	6.7 (58.3%)
31	GMEREK Zuzanna	7008		Senior I K - 20	31	01:42:43	03:08:37.00	+01:19:13 (42.0%)	8:58	6.7 (58.3%)
32	SZCZOTKA Katarzyna	7088		Senior I K - 20	32	01:43:47	03:09:38.90	+01:20:15 (42.3%)	9:01	6.6 (57.4%)
33	JACHYMSKA Zofia	7653		Senior I K - 20	33	01:50:10	03:18:28.75	+01:29:04 (44.9%)	9:27	6.3 (54.8%)
34	PURWIN Karolina	7083		Senior I K - 20	34	01:55:05	03:24:48.75	+01:35:24 (46.6%)	9:45	6.2 (53.9%)
35	GAJĘCKA Joanna	7093	ONEONONE	Senior I K - 20	35		03:25:00.00	+01:35:36 (46.6%)	9:45	6.1 (53.0%)
36	MOŃKA-PODGÓRNA Ola	7212	WIECZORNE BIEGANIE W OPOLU	Senior I K - 20	36	01:57:28	03:25:29.10	+01:36:05 (46.8%)	9:47	6.1 (53.0%)
37	DŁUGI Martyna	7274	***** **	Senior I K - 20	37	02:01:34	03:27:54.75	+01:38:30 (47.4%)	9:54	6.1 (53.0%)
38	LESZKIEWICZ Katarzyna	7213		Senior I K - 20	38	01:51:51	03:32:28.00	+01:43:04 (48.5%)	10:07	5.9 (51.3%)
39	GOLONKA Kinga	7726		Senior I K - 20	39	02:02:21	03:35:26.10	+01:46:02 (49.2%)	10:15	5.8 (50.4%)
40	CIARKOWSKA Maria	7611		Senior I K - 20	40	01:58:19	03:43:24.80	+01:54:00 (51.0%)	10:38	5.6 (48.7%)
41	MATEJCZUK Julia	7519	BIAŁYSTOK BIEGA TEAM	Senior I K - 20	41	01:59:03	03:47:16.75	+01:57:52 (51.9%)	10:49	5.5 (47.8%)
42	JUSZKO Aleksandra	7444		Senior I K - 20	42	02:18:09	04:08:16.75	+02:18:52 (55.9%)	11:49	5.1 (44.3%)
43	KONIECZNA Natalia	7615		Senior I K - 20	43	02:12:43	04:09:15.80	+02:19:51 (56.1%)	11:52	5.1 (44.3%)
44	GRACZYK Dąbrówka	7217		Senior I K - 20	44	02:32:28	04:22:13.85	+02:32:50 (58.3%)	12:29	4.8 (41.7%)
	WĄSOWICZ Martyna	7023	36 MINUT WRZEŚNIA	Senior I K - 20		03:12:03 DNF	DNF		-	- (0.0%)

Znaleziono 45 wynik(ów)