

# ZŁOTY PÓLMARATON - 21 KM

B4SPORT

**Wydarzenie:** Dolnośląski Festiwal Biegów Górskich  
**Organizator:** Stowarzyszenie TKKF Kompas  
**Data:** 2017-07-20  
**Miejsce:** Łądek Zdrój  
**Dystans:** 21 km

**B4SPORT**  
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Senior I M - 20

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	B1 10km	Czas netto 21km	Czas brutto 21km	Różn	Tempo min/km	Tempo km/h
1	<b>PRZEDWOJEWSKI Bartłomiej</b>	<b>2366</b>		Senior I M - 20	1	00:47:13	<b>01:24:36.40</b>	<b>01:24:38.40</b>		4:01	14.9 (100%)
2	<b>GRACZYK Adrian</b>	<b>2200</b>	BIEGI.WLKP	Senior I M - 20	2	01:00:52	<b>01:45:34.00</b>	<b>01:45:36.75</b>	+00:20:58 (19.9%)	5:01	11.9 (79.9%)
3	<b>STACHOWIAK Marcin</b>	<b>2222</b>	BIEGI.WLKP	Senior I M - 20	3	01:05:14	<b>01:54:39.35</b>	<b>01:54:41.35</b>	+00:30:02 (26.2%)	5:27	11 (73.8%)
4	<b>PIENIAŻEK Patryk</b>	<b>2309</b>		Senior I M - 20	4	01:06:14	<b>01:57:58.50</b>	<b>01:58:03.10</b>	+00:33:24 (28.3%)	5:37	10.7 (71.8%)
5	<b>DOMAŃSKI Patryk</b>	<b>2216</b>	GRUPA BIEGOWA RUNNERSCLUB.PL POZNAŃ	Senior I M - 20	5	01:08:20	<b>02:01:48.80</b>	<b>02:01:52.65</b>	+00:37:14 (30.6%)	5:48	10.3 (69.1%)
6	<b>MĘŻYŃSKI Szymon</b>	<b>2417</b>		Senior I M - 20	6	01:07:29	<b>02:02:17.25</b>	<b>02:02:47.40</b>	+00:38:09 (31.1%)	5:49	10.3 (69.1%)
7	<b>KWIATKOWSKI Przemysław</b>	<b>2054</b>		Senior I M - 20	7	01:10:18	<b>02:05:04.10</b>	<b>02:05:08.70</b>	+00:40:30 (32.4%)	5:57	10.1 (67.8%)
8	<b>HEMMERLING Roman</b>	<b>2168</b>		Senior I M - 20	8	01:14:47	<b>02:13:46.55</b>	<b>02:13:53.80</b>	+00:49:15 (36.8%)	6:22	9.4 (63.1%)
9	<b>KOCHMAN Karol</b>	<b>2175</b>	WPISZCOKOLWIEK	Senior I M - 20	9	01:14:46	<b>02:13:46.80</b>	<b>02:13:54.15</b>	+00:49:15 (36.8%)	6:22	9.4 (63.1%)
10	<b>ZAWOJAK Aleksander</b>	<b>2059</b>	RONAL POLSKA RUN	Senior I M - 20	10	01:14:22	<b>02:14:16.35</b>	<b>02:14:36.90</b>	+00:49:58 (37.1%)	6:23	9.4 (63.1%)
11	<b>HERMAN Michał</b>	<b>2105</b>		Senior I M - 20	11	01:16:54	<b>02:16:02.40</b>	<b>02:16:43.55</b>	+00:52:05 (38.1%)	6:28	9.3 (62.4%)
12	<b>DOMAGAŁA Bartosz</b>	<b>2191</b>	LESZCZYŃSCY PATRIOCI	Senior I M - 20	12	01:19:06	<b>02:19:00.25</b>	<b>02:19:06.25</b>	+00:54:27 (39.2%)	6:37	9.1 (61.1%)
13	<b>KUCZERA Paweł</b>	<b>2242</b>		Senior I M - 20	13	01:21:17	<b>02:21:33.80</b>	<b>02:22:02.80</b>	+00:57:24 (40.4%)	6:44	8.9 (59.7%)
14	<b>FALANDYSZ Piotr</b>	<b>2073</b>		Senior I M - 20	14	01:20:07	<b>02:23:31.65</b>	<b>02:24:07.95</b>	+00:59:29 (41.3%)	6:50	8.8 (59.1%)
15	<b>KWIATKOWSKI Paweł</b>	<b>2167</b>	CENEO RUNNING TEAM	Senior I M - 20	15	01:27:00	<b>02:28:40.95</b>	<b>02:29:20.25</b>	+01:04:41 (43.3%)	7:04	8.5 (57.0%)
16	<b>GAŚSIOROWSKI Andrzej</b>	<b>2329</b>	RÓŻOWE GZEGŻÓŁKI ŚMIERCI	Senior I M - 20	16	01:27:36	<b>02:31:09.50</b>	<b>02:31:18.60</b>	+01:06:40 (44.1%)	7:11	8.3 (55.7%)
17	<b>MAZUR Rafał</b>	<b>2204</b>		Senior I M - 20	17	01:21:59	<b>02:34:32.15</b>	<b>02:34:36.80</b>	+01:09:58 (45.3%)	7:21	8.2 (55.0%)
18	<b>RUSIECKI Łukasz</b>	<b>2333</b>	RÓŻOWE GZEGŻÓŁKI ŚMIERCI	Senior I M - 20	18	01:29:19	<b>02:37:41.85</b>	<b>02:37:51.40</b>	+01:13:13 (46.4%)	7:30	8 (53.7%)
19	<b>CZERWIŃSKI Wojciech</b>	<b>2254</b>		Senior I M - 20	19	01:32:22	<b>02:38:18.65</b>	<b>02:38:54.15</b>	+01:14:15 (46.7%)	7:32	8 (53.7%)
20	<b>BIEDROŃ Marcin</b>	<b>2139</b>		Senior I M - 20	20		<b>02:41:06.25</b>	<b>02:41:31.70</b>	+01:16:53 (47.6%)	7:40	7.8 (52.3%)
21	<b>SKWIERCZYŃSKI Sylwester</b>	<b>2227</b>		Senior I M - 20	21	01:35:06	<b>02:43:15.75</b>	<b>02:43:40.10</b>	+01:19:01 (48.3%)	7:46	7.7 (51.7%)
22	<b>JÓZEFOWSKI Karol</b>	<b>2137</b>		Senior I M - 20	22	01:40:40	<b>02:51:42.20</b>	<b>02:52:21.90</b>	+01:27:43 (50.9%)	8:10	7.3 (49.0%)
23	<b>KRAWCZYK Jakub</b>	<b>2219</b>	GO SPORT	Senior I M - 20	23	01:39:45	<b>02:52:07.85</b>	<b>02:52:48.40</b>	+01:28:10 (51.0%)	8:11	7.3 (49.0%)
24	<b>NOWICKI Andrzej</b>	<b>2209</b>	POMIOTY SZATANA	Senior I M - 20	24	01:42:08	<b>02:53:51.20</b>	<b>02:54:00.75</b>	+01:29:22 (51.4%)	8:16	7.2 (48.3%)
25	<b>SEREDA Andrii</b>	<b>2178</b>		Senior I M - 20	25	01:45:52	<b>02:56:16.25</b>	<b>02:57:01.15</b>	+01:32:22 (52.2%)	8:23	7.1 (47.7%)
26	<b>NIEDZIELA Kamil</b>	<b>2020</b>	W POGONI ZA DUCHEM	Senior I M - 20	26	01:35:35	<b>02:59:15.15</b>	<b>02:59:46.35</b>	+01:35:07 (52.9%)	8:32	7 (47.0%)
27	<b>KĘSY Krystian</b>	<b>2003</b>	MRS96	Senior I M - 20	27	01:49:25	<b>03:13:46.55</b>	<b>03:14:15.30</b>	+01:49:36 (56.4%)	9:13	6.5 (43.6%)
28	<b>KUKUŁA Maciej</b>	<b>2096</b>		Senior I M - 20	28	01:49:01	<b>03:19:59.80</b>	<b>03:20:43.70</b>	+01:56:05 (57.8%)	9:31	6.3 (42.3%)
	<b>CORREIA Andre</b>	<b>2272</b>	QVC RUNNERS	Senior I M - 20		DNF	<b>DNF</b>	<b>DNF</b>	-	-	- (0.0%)

Znaleziono 29 wynik(ów)