

# ZŁOTY PÓLMARATON - 21 KM

B4SPORT

**Wydarzenie:** Dolnośląski Festiwal Biegów Górskich  
**Organizator:** Fundacja MARATONY GÓRSKIE  
**Data:** 2018-07-19  
**Miejsce:** Łądek-Zdrój  
**Dystans:** 21 km

**B4SPORT**  
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Senior II K - 30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	B1 10km	Czas netto 21km	Czas brutto 21km	Różn	Tempo min/km	Tempo km/h
1	<b>TOMASIAK Natalia</b>	<b>652</b>	SALOMON SUUNTO TEAM	Senior II K - 30	1	01:00:25	<b>01:47:58.80</b>	<b>01:48:01.50</b>		5:08	11.7 (100%)
2	<b>KOWALEWSKA Elżbieta</b>	<b>12</b>		Senior II K - 30	2	01:04:07	<b>01:53:11.45</b>	<b>01:53:14.50</b>	+00:05:13 (4.6%)	5:23	11.1 (94.9%)
3	<b>ŁYJAK Olga</b>	<b>628</b>	ATTIQ TEAM	Senior II K - 30	3	01:10:00	<b>02:05:05.60</b>	<b>02:05:07.35</b>	+00:17:05 (13.7%)	5:57	10.1 (86.3%)
4	<b>BORMANN Margrit</b>	<b>111</b>	ZADYSZKA OŚWIĘCIM	Senior II K - 30	4	01:11:25	<b>02:09:30.70</b>	<b>02:09:39.00</b>	+00:21:37 (16.7%)	6:10	9.7 (82.9%)
5	<b>KRAWCZYK Adriana</b>	<b>181</b>		Senior II K - 30	5	01:15:26	<b>02:14:12.00</b>	<b>02:14:16.25</b>	+00:26:14 (19.5%)	6:23	9.4 (80.3%)
6	<b>MARKIEWICZ Agnieszka</b>	<b>33</b>	PRORUNNING PROMOTION	Senior II K - 30	6	01:18:06	<b>02:16:01.80</b>	<b>02:16:10.30</b>	+00:28:08 (20.7%)	6:28	9.3 (79.5%)
7	<b>POTURALSKA Agata</b>	<b>533</b>	MOODBOX TEAM	Senior II K - 30	7	01:17:14	<b>02:18:20.45</b>	<b>02:18:31.70</b>	+00:30:30 (22.0%)	6:35	9.1 (77.8%)
8	<b>DROZDZIK Magdalena</b>	<b>99</b>	WKB META LUBLINIEC	Senior II K - 30	8	01:18:06	<b>02:18:28.95</b>	<b>02:18:39.50</b>	+00:30:38 (22.1%)	6:35	9.1 (77.8%)
9	<b>PIETRUSZKA Ewa</b>	<b>47</b>		Senior II K - 30	9	01:28:15	<b>02:28:39.05</b>	<b>02:29:35.05</b>	+00:41:33 (27.8%)	7:04	8.5 (72.6%)
10	<b>NIMSZ Kamila</b>	<b>611</b>	KB HARCOWNIK JELCZ-LASKOWICE	Senior II K - 30	10	01:28:28	<b>02:30:48.65</b>	<b>02:31:19.00</b>	+00:43:17 (28.6%)	7:10	8.4 (71.8%)
11	<b>WIŚNIEWSKA Marlena</b>	<b>416</b>	MUAY RUNNING TEAM	Senior II K - 30	11	01:29:17	<b>02:33:01.50</b>	<b>02:33:22.00</b>	+00:45:20 (29.6%)	7:17	8.2 (70.1%)
12	<b>RATAJCZYK Iwona</b>	<b>51</b>		Senior II K - 30	12	01:28:35	<b>02:33:53.10</b>	<b>02:34:10.45</b>	+00:46:08 (29.9%)	7:19	8.2 (70.1%)
13	<b>PIĘTNIK Ewelina</b>	<b>305</b>		Senior II K - 30	13	01:27:36	<b>02:32:39.45</b>	<b>02:34:15.05</b>	+00:46:13 (30.0%)	7:16	8.3 (70.9%)
14	<b>IGNATOWSKA Justyna</b>	<b>483</b>	SEZONSTARTOWY.PL	Senior II K - 30	14	01:28:21	<b>02:37:36.25</b>	<b>02:38:10.10</b>	+00:50:08 (31.7%)	7:30	8 (68.4%)
15	<b>JASTER Anna</b>	<b>501</b>		Senior II K - 30	15	01:27:32	<b>02:39:55.20</b>	<b>02:40:04.45</b>	+00:52:02 (32.5%)	7:36	7.9 (67.5%)
16	<b>JAROSZ Jolanta</b>	<b>372</b>		Senior II K - 30	16	01:32:42	<b>02:39:25.85</b>	<b>02:41:05.75</b>	+00:53:04 (32.9%)	7:35	7.9 (67.5%)
17	<b>BOCHAN Lidia</b>	<b>645</b>		Senior II K - 30	17	01:31:44	<b>02:40:58.10</b>	<b>02:41:24.00</b>	+00:53:22 (33.1%)	7:39	7.8 (66.7%)
18	<b>JACH-BALICKA Aleksandra</b>	<b>121</b>		Senior II K - 30	18	01:32:20	<b>02:41:47.40</b>	<b>02:42:17.35</b>	+00:54:15 (33.4%)	7:42	7.8 (66.7%)
19	<b>KOZANECKA Marta</b>	<b>617</b>	KB GEOTERMIA UNIEJÓW	Senior II K - 30	19	01:27:54	<b>02:43:09.85</b>	<b>02:43:22.65</b>	+00:55:21 (33.9%)	7:46	7.7 (65.8%)
20	<b>GRĘDA Elżbieta</b>	<b>249</b>		Senior II K - 30	20	01:34:41	<b>02:43:27.60</b>	<b>02:43:48.95</b>	+00:55:47 (34.1%)	7:47	7.7 (65.8%)
21	<b>MASIEWSKA Agata</b>	<b>665</b>		Senior II K - 30	21	01:32:28	<b>02:44:54.20</b>	<b>02:45:20.95</b>	+00:57:19 (34.7%)	7:51	7.6 (65.0%)
22	<b>ZYGMUNT Małgorzata</b>	<b>569</b>	ZYGI&PEMPUSZEK	Senior II K - 30	22	01:30:38	<b>02:44:40.00</b>	<b>02:46:00.95</b>	+00:57:59 (34.9%)	7:50	7.7 (65.8%)
23	<b>JASTRZĄBEK Agnieszka</b>	<b>172</b>	EVERRUN	Senior II K - 30	23	01:33:22	<b>02:45:18.60</b>	<b>02:46:19.75</b>	+00:58:18 (35.1%)	7:52	7.6 (65.0%)
24	<b>PAWLAK Katarzyna</b>	<b>431</b>	KOŁO BIEGA	Senior II K - 30	24	01:31:52	<b>02:45:44.45</b>	<b>02:46:21.10</b>	+00:58:19 (35.1%)	7:53	7.6 (65.0%)
25	<b>SKELTON Sarah</b>	<b>497</b>	VEGE RUNNERS	Senior II K - 30	25	01:33:51	<b>02:46:01.35</b>	<b>02:46:40.10</b>	+00:58:38 (35.2%)	7:54	7.6 (65.0%)
26	<b>ZIĘBA Lucyna</b>	<b>48</b>	BIEGAM BO LUBIĘ GŁOGÓW	Senior II K - 30	26	01:35:27	<b>02:47:05.20</b>	<b>02:47:18.65</b>	+00:59:17 (35.4%)	7:57	7.5 (64.1%)
27	<b>PASŁAWSKA Olga</b>	<b>532</b>		Senior II K - 30	27	01:37:10	<b>02:47:47.70</b>	<b>02:48:05.20</b>	+01:00:03 (35.7%)	7:59	7.5 (64.1%)
28	<b>TERKA Barbara</b>	<b>211</b>		Senior II K - 30	28	01:33:10	<b>02:48:36.40</b>	<b>02:49:00.50</b>	+01:00:59 (36.1%)	8:01	7.5 (64.1%)
29	<b>SZUDERA Kamila</b>	<b>157</b>	WIECZORNE BIEGANIE W SZCZECINIE	Senior II K - 30	29	01:34:52	<b>02:48:51.55</b>	<b>02:49:04.65</b>	+01:01:03 (36.1%)	8:02	7.5 (64.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	B1	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						10km	21km	21km			
30	HANOUSKOVÁ Ester	239		Senior II K - 30	30	01:34:00	02:48:18.30	02:49:26.40	+01:01:24 (36.2%)	8:00	7.5 (64.1%)
31	BIELAWA Kamila	315	NKB CHYŻY NOWY TOMYŚL	Senior II K - 30	31	01:36:58	02:48:58.00	02:49:59.40	+01:01:57 (36.5%)	8:02	7.5 (64.1%)
32	TUREK Magdalena	476	CHAMPIONMAN TEAM	Senior II K - 30	32	01:38:24	02:51:30.75	02:52:15.95	+01:04:14 (37.3%)	8:10	7.3 (62.4%)
33	JUSKOWIAK Alina	547	GRUNWALD TEAM POZNAŃ	Senior II K - 30	33	01:34:09	02:53:02.75	02:53:10.00	+01:05:08 (37.6%)	8:14	7.3 (62.4%)
34	PORADA Magdalena	173		Senior II K - 30	34	01:33:14	02:53:12.85	02:53:36.05	+01:05:34 (37.8%)	8:14	7.3 (62.4%)
35	SZARLEJ Anna	154		Senior II K - 30	35	01:38:08	02:53:32.70	02:53:44.25	+01:05:42 (37.8%)	8:15	7.3 (62.4%)
36	PLEWA Katarzyna	228	NORDIC16	Senior II K - 30	36	01:35:29	02:53:35.10	02:53:54.60	+01:05:53 (37.9%)	8:15	7.3 (62.4%)
37	MAZUR Agnieszka	662		Senior II K - 30	37	01:42:36	02:52:33.60	02:53:59.15	+01:05:57 (37.9%)	8:13	7.3 (62.4%)
38	KOPACKA Eliza	97	FOLLOWME - ZMIENIAMYFINANSE.PL	Senior II K - 30	38	01:41:39	02:53:56.40	02:54:24.85	+01:06:23 (38.1%)	8:16	7.2 (61.5%)
39	NOWACKA-WOŁCZEK Jagoda	184		Senior II K - 30	39	01:40:14	02:54:43.75	02:55:29.10	+01:07:27 (38.4%)	8:19	7.2 (61.5%)
40	TALARCZYK-WIECZOREK Karolina	563		Senior II K - 30	40	01:39:45	02:54:16.95	02:55:33.60	+01:07:32 (38.5%)	8:17	7.2 (61.5%)
41	PIELA Katarzyna	664		Senior II K - 30	41	01:38:42	02:55:10.25	02:56:44.05	+01:08:42 (38.9%)	8:20	7.2 (61.5%)
42	KAPELSKA-KOBLAŃSKA Milena	62	MATNER RUNNING TEAM	Senior II K - 30	42	01:41:37	02:59:04.10	02:59:19.65	+01:11:18 (39.8%)	8:31	7 (59.8%)
43	ADAMIAK Marta	444	ABY DO METY!	Senior II K - 30	43	01:39:20	02:58:41.75	03:00:06.65	+01:12:05 (40.0%)	8:30	7.1 (60.7%)
44	TOBERA Alicja	381	TECZOWE MISIE	Senior II K - 30	44	01:40:08	03:00:14.85	03:00:29.85	+01:12:28 (40.2%)	8:34	7 (59.8%)
45	REJTERADA Aleksandra	286	VEGE RUNNERS	Senior II K - 30	45	01:38:58	03:01:47.70	03:01:55.65	+01:13:54 (40.6%)	8:39	6.9 (59.0%)
46	BIJAK Aleksandra	631		Senior II K - 30	46	01:41:58	03:01:12.20	03:02:10.05	+01:14:08 (40.7%)	8:37	7 (59.8%)
47	TERLECKA Justyna	9		Senior II K - 30	47	01:42:56	03:01:14.00	03:02:14.60	+01:14:13 (40.7%)	8:37	7 (59.8%)
48	PAKULSKA Ewelina	564	GRAŻYŃKI OCR	Senior II K - 30	48	01:40:28	03:03:48.15	03:04:00.40	+01:15:58 (41.3%)	8:45	6.9 (59.0%)
49	WESOŁOWSKA Marta	330		Senior II K - 30	49	01:38:51	03:04:18.15	03:04:26.35	+01:16:24 (41.4%)	8:46	6.8 (58.1%)
50	FRAĆKOWIAK Anita	654		Senior II K - 30	50	01:44:18	03:03:42.55	03:04:38.15	+01:16:36 (41.5%)	8:44	6.9 (59.0%)
51	LACH Iwona	155	NIGHT RUNNERS PYSKOWICE	Senior II K - 30	51	01:40:57	03:04:58.15	03:06:27.10	+01:18:25 (42.1%)	8:48	6.8 (58.1%)
52	JAKUBOWSKA Beata	504	BIEGAMY WE WROCŁAWIU	Senior II K - 30	52	01:43:34	03:04:45.60	03:06:31.45	+01:18:29 (42.1%)	8:47	6.8 (58.1%)
53	KOWALEWSKA Kinga	624		Senior II K - 30	53	01:47:32	03:06:36.45	03:07:27.15	+01:19:25 (42.4%)	8:53	6.8 (58.1%)
54	WISZNIEWSKA Agata	146	NIGHT RUNNERS WROCŁAW	Senior II K - 30	54	01:48:54	03:06:33.30	03:07:57.60	+01:19:56 (42.5%)	8:53	6.8 (58.1%)
55	BAJDA Justyna	421	IZERSKA GRUPA BIEGOWA	Senior II K - 30	55	01:42:49	03:06:52.80	03:08:11.65	+01:20:10 (42.6%)	8:53	6.7 (57.3%)
56	MICHALSKA Daria	206		Senior II K - 30	56	01:41:10	03:07:07.65	03:08:19.75	+01:20:18 (42.6%)	8:54	6.7 (57.3%)
57	MRÓZ Izabela	537	WOLNE ŚLIMAKI	Senior II K - 30	57	01:47:41	03:08:09.35	03:08:51.50	+01:20:50 (42.8%)	8:57	6.7 (57.3%)
58	GOSTYŃSKA Weronika	100		Senior II K - 30	58	01:38:47	03:08:36.10	03:08:59.15	+01:20:57 (42.8%)	8:58	6.7 (57.3%)
59	QUIRINI Aleksandra	140		Senior II K - 30	59	01:41:40	03:09:29.25	03:10:38.35	+01:22:36 (43.3%)	9:01	6.6 (56.4%)
60	STRZAŁKOWSKA Urszula	243	GYMBOX OPOLE	Senior II K - 30	60	01:41:17	03:12:12.30	03:13:10.30	+01:25:08 (44.1%)	9:09	6.6 (56.4%)
61	SKORNIAK Katarzyna	255	KATARZYNA SKORNIAK	Senior II K - 30	61	01:49:34	03:12:18.40	03:13:10.70	+01:25:09 (44.1%)	9:09	6.6 (56.4%)
62	GŁĄBICA Justyna	130		Senior II K - 30	62	01:48:29	03:11:45.80	03:13:24.35	+01:25:22 (44.1%)	9:07	6.6 (56.4%)
63	HANGIEL Urszula	594	ŻWAWĘ ŻÓŁWIE	Senior II K - 30	63	01:49:59	03:13:33.45	03:15:02.85	+01:27:01 (44.6%)	9:13	6.5 (55.6%)
64	BARZAK Justyna	439		Senior II K - 30	64	01:49:31	03:14:43.50	03:15:15.95	+01:27:14 (44.7%)	9:16	6.5 (55.6%)
65	BARTOSIEWICZ Dorota	479		Senior II K - 30	65	01:41:09	03:15:09.10	03:15:21.70	+01:27:20 (44.7%)	9:17	6.5 (55.6%)
66	MARCZUKIEWICZ Aleksandra	344	WKURW_TEAM	Senior II K - 30	66	01:51:42	03:14:24.30	03:15:39.55	+01:27:38 (44.8%)	9:15	6.5 (55.6%)
67	MACIAS Małgorzata	448	W POGONI ZA DUCHEM	Senior II K - 30	67	01:53:04	03:16:45.95	03:17:30.40	+01:29:28 (45.3%)	9:22	6.4 (54.7%)
68	GRĘBOWICZ Agnieszka	666	KB HARCOWNIK JELCZ-LASKOWICE	Senior II K - 30	68	01:49:31	03:17:18.15	03:17:48.85	+01:29:47 (45.4%)	9:23	6.4 (54.7%)
69	ŁATA Katarzyna	418		Senior II K - 30	69	01:45:58	03:17:49.55	03:18:38.55	+01:30:37 (45.6%)	9:25	6.4 (54.7%)
70	ZUBOWICZ Monika	375		Senior II K - 30	70	01:49:35	03:18:00.25	03:19:36.20	+01:31:34 (45.9%)	9:25	6.4 (54.7%)
71	PRZĄDO Monika	436		Senior II K - 30	71	01:49:36	03:19:10.35	03:20:39.60	+01:32:38 (46.2%)	9:29	6.3 (53.8%)
72	SZTANDERA Berenika	545	VEGE RUNNERS	Senior II K - 30	72	01:45:18	03:19:37.00	03:20:54.05	+01:32:52 (46.2%)	9:30	6.3 (53.8%)
73	STAWSKA Natalia	244		Senior II K - 30	73	01:52:57	03:19:48.20	03:21:03.65	+01:33:02 (46.3%)	9:30	6.3 (53.8%)

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74	<b>KWIATKOWSKA Marta</b>	<b>15</b>	BEAGLE RUNNERS TEAM	Senior II K - 30	74	01:47:15	<b>03:20:04.25</b>	<b>03:21:11.20</b>	+01:33:09 (46.3%)	9:31	6.3 (53.8%)
75	<b>POMIANOWSKA Anna</b>	<b>447</b>	GDZIETAMETA	Senior II K - 30	75	01:51:06	<b>03:20:38.55</b>	<b>03:21:14.45</b>	+01:33:12 (46.3%)	9:33	6.3 (53.8%)
76	<b>PAWEŁAS Marta</b>	<b>659</b>	POMIJALNI	Senior II K - 30	76	01:52:19	<b>03:20:46.40</b>	<b>03:21:21.50</b>	+01:33:20 (46.4%)	9:33	6.3 (53.8%)
77	<b>BARTAS Agnieszka</b>	<b>568</b>	W POGONI ZA DUCHEM	Senior II K - 30	77	01:53:15	<b>03:20:45.85</b>	<b>03:21:29.50</b>	+01:33:28 (46.4%)	9:33	6.3 (53.8%)
78	<b>FRANKOWICZ Magdalena</b>	<b>58</b>		Senior II K - 30	78	01:52:01	<b>03:21:10.85</b>	<b>03:22:02.45</b>	+01:34:00 (46.5%)	9:34	6.3 (53.8%)
79	<b>WASZKIEWICZ Joanna</b>	<b>135</b>	NIGHT RUNNERS	Senior II K - 30	79	01:53:35	<b>03:21:31.70</b>	<b>03:22:05.05</b>	+01:34:03 (46.5%)	9:35	6.3 (53.8%)
80	<b>LEWANDOWSKA Maria</b>	<b>88</b>	BIEGAM BO NIE LUBIE	Senior II K - 30	80	01:57:04	<b>03:24:10.80</b>	<b>03:24:22.75</b>	+01:36:21 (47.1%)	9:43	6.2 (53.0%)
81	<b>KOWALSKA Daria</b>	<b>136</b>		Senior II K - 30	81	01:57:44	<b>03:24:29.20</b>	<b>03:25:25.45</b>	+01:37:23 (47.4%)	9:44	6.2 (53.0%)
82	<b>WOJNO Małgorzata</b>	<b>64</b>	HUSARIA RACE TEAM	Senior II K - 30	82	01:46:52	<b>03:24:38.65</b>	<b>03:25:34.85</b>	+01:37:33 (47.5%)	9:44	6.2 (53.0%)
83	<b>MUSIELAK Magdalena</b>	<b>237</b>	M&M&M&M	Senior II K - 30	83	01:48:50	<b>03:20:51.40</b>	<b>03:26:14.75</b>	+01:38:13 (47.6%)	9:33	6.3 (53.8%)
84	<b>CENDROWICZ Magdalena</b>	<b>503</b>	BLUEMUTEAM	Senior II K - 30	84	01:56:04	<b>03:27:10.90</b>	<b>03:28:14.20</b>	+01:40:12 (48.1%)	9:51	6.1 (52.1%)
85	<b>KARAMON Magdalena</b>	<b>214</b>	OPOLE BIEGA	Senior II K - 30	85	01:55:54	<b>03:27:21.45</b>	<b>03:28:30.80</b>	+01:40:29 (48.2%)	9:52	6.1 (52.1%)
86	<b>BUCHERT Mariola</b>	<b>477</b>	CHAMPIONMAN TEAM	Senior II K - 30	86	01:56:22	<b>03:28:34.00</b>	<b>03:29:19.85</b>	+01:41:18 (48.4%)	9:55	6 (51.3%)
87	<b>SALAMONIK Kasia</b>	<b>527</b>	3:33 TEAM	Senior II K - 30	87	01:53:51	<b>03:29:01.35</b>	<b>03:29:21.65</b>	+01:41:20 (48.4%)	9:57	6 (51.3%)
88	<b>SABOK- MUSZYŃSKA Katarzyna</b>	<b>440</b>	STRZELIŃSKI KLUB BIEGACZA GRANIT	Senior II K - 30	88	01:56:31	<b>03:30:20.70</b>	<b>03:30:52.45</b>	+01:42:50 (48.8%)	10:01	6 (51.3%)
89	<b>PIELICHOWSKA Justyna</b>	<b>117</b>	BIEGAJĄC Z WILKAMI	Senior II K - 30	89	01:52:42	<b>03:30:22.20</b>	<b>03:31:18.40</b>	+01:43:16 (48.9%)	10:01	6 (51.3%)
90	<b>KURKIEWICZ-PARA Katarzyna</b>	<b>438</b>		Senior II K - 30	90	01:58:28	<b>03:30:11.05</b>	<b>03:31:21.50</b>	+01:43:20 (48.9%)	10:00	6 (51.3%)
91	<b>KWAPIŃSKA Anna</b>	<b>274</b>		Senior II K - 30	91	01:54:31	<b>03:30:36.50</b>	<b>03:31:23.65</b>	+01:43:22 (48.9%)	10:01	6 (51.3%)
92	<b>WIERZBICKA Natalia</b>	<b>576</b>	PCH_RUN	Senior II K - 30	92	02:01:13	<b>03:31:10.20</b>	<b>03:31:26.05</b>	+01:43:24 (48.9%)	10:03	6 (51.3%)
93	<b>DEMBNA Anna</b>	<b>341</b>	TEAM WIOSKA	Senior II K - 30	93	01:58:22	<b>03:31:18.05</b>	<b>03:31:43.55</b>	+01:43:42 (49.0%)	10:03	6 (51.3%)
94	<b>DEMNICKA Monika</b>	<b>5</b>	GRUPA BIEGOWA UM W-WA	Senior II K - 30	94	01:49:16	<b>03:36:20.35</b>	<b>03:38:05.25</b>	+01:50:03 (50.5%)	10:18	5.8 (49.6%)
95	<b>ERENBERG Małgorzata</b>	<b>226</b>	FUDU&CO SPORT TEAM	Senior II K - 30	95	01:56:20	<b>03:38:40.35</b>	<b>03:39:08.90</b>	+01:51:07 (50.7%)	10:24	5.8 (49.6%)
96	<b>FURMAN Agnieszka</b>	<b>23</b>	OCHAJORUN & FRIENDS	Senior II K - 30	96	01:59:26	<b>03:39:30.95</b>	<b>03:41:03.65</b>	+01:53:02 (51.1%)	10:27	5.7 (48.7%)
97	<b>NOWAK-KASPRZAK Anna</b>	<b>458</b>		Senior II K - 30	97	01:54:25	<b>03:22:50.35</b>	<b>03:46:28.15</b>	+01:58:26 (52.3%)	9:39	6.2 (53.0%)
98	<b>MAJDA-KONIECZNA Alicja</b>	<b>256</b>		Senior II K - 30	98	02:07:27	<b>03:47:35.80</b>	<b>03:47:57.15</b>	+01:59:55 (52.6%)	10:50	5.5 (47.0%)
99	<b>KARDACH Magdalena</b>	<b>509</b>	WATAHA - ŁĄCZY NAS BIEGANIE	Senior II K - 30	99	02:04:27	<b>03:51:09.35</b>	<b>03:52:52.60</b>	+02:04:51 (53.6%)	11:00	5.5 (47.0%)
100	<b>ROSZAK Romana</b>	<b>478</b>		Senior II K - 30	100	02:05:27	<b>03:55:31.50</b>	<b>03:55:59.45</b>	+02:07:57 (54.2%)	11:12	5.3 (45.3%)
101	<b>KOSTERA Katarzyna</b>	<b>167</b>	VEGE RUNNERS	Senior II K - 30	101	02:08:32	<b>03:55:06.20</b>	<b>03:56:22.10</b>	+02:08:20 (54.3%)	11:11	5.4 (46.2%)
102	<b>WISNIEWSKA Małgorzata</b>	<b>147</b>		Senior II K - 30	102	02:15:49	<b>04:00:56.70</b>	<b>04:02:39.95</b>	+02:14:38 (55.5%)	11:28	5.2 (44.4%)
103	<b>BEDNARCZYK Joanna</b>	<b>400</b>	AXA RUNNING TEAM	Senior II K - 30	103	02:15:49	<b>04:00:56.45</b>	<b>04:02:40.20</b>	+02:14:38 (55.5%)	11:28	5.2 (44.4%)
104	<b>GAJGER Joanna</b>	<b>225</b>		Senior II K - 30	104	02:07:19	<b>04:02:58.15</b>	<b>04:03:21.15</b>	+02:15:19 (55.6%)	11:34	5.2 (44.4%)
105	<b>KUTNA Agnieszka</b>	<b>242</b>		Senior II K - 30	105	02:16:55	<b>04:08:27.85</b>	<b>04:09:53.40</b>	+02:21:51 (56.8%)	11:49	5.1 (43.6%)
106	<b>WINTER Małgorzata</b>	<b>150</b>		Senior II K - 30	106	02:18:38	<b>04:14:26.05</b>	<b>04:15:05.75</b>	+02:27:04 (57.7%)	12:06	5 (42.7%)

Znaleziono 106 wynik(ów)