



Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

Dolnośląski Festiwal Biegów Górskich
Fundacja MARATONY GÓRSKIE
2022-07-14
Łądek-Zdrój
21 km

ZŁOTY PÓŁMARATON - 21 KM

B4SPORT
INTELEKTUALNE ZAWODY SPORTOWE

B4SPORT
INTELEKTUALNE ZAWODY SPORTOWE

Klasyfikacja: Senior II K - 30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Start Łądek 0.01km	B1 10.3km	Czas netto 21km	Czas brutto 21km	Różn	Tempo min/km	Tempo km/h
1	BRZOZOWSKA Monika	7996	12 WIELKOPOLSKA BRYGADA OBRONY TERYTORIALNEJ	Senior II K - 30	1	00:00:00	00:00:03	00:59:22	01:44:29.90	01:44:29.90		4:58	12.1 (100%)
2	MACIĄG Iwona	14	TEAM BEROTU / 12 WIELKOPOLSKA BRYGADA OBRONY TERYTORIALNEJ	Senior II K - 30	2	00:00:00	00:00:05	01:02:20	01:46:23.65	01:46:23.65	+00:01:53 (1.8%)	5:03	11.8 (97.5%)
3	OBSTÓJ Karolina	22	ON RUN CREW POLAND	Senior II K - 30	3	00:00:00	00:00:03	01:01:34	01:50:39.70	01:50:39.70	+00:06:09 (5.6%)	5:16	11.4 (94.2%)
4	BAŁYS Katarzyna	7912	HERCOG RUNNING TEAM	Senior II K - 30	4	00:00:00	00:00:05	01:08:00	01:59:44.10	01:59:44.10	+00:15:14 (12.7%)	5:42	10.5 (86.8%)
5	TKACZYK-CAŁKA Anna	7083	#ZALINIAMETYTEAM	Senior II K - 30	5	00:00:00	00:00:10	01:13:15	02:09:32.25	02:09:32.25	+00:25:02 (19.3%)	6:10	9.7 (80.2%)
6	BRUVELE Liene	7568		Senior II K - 30	6	00:00:00	00:00:32	01:13:14	02:09:43.95	02:09:43.95	+00:25:14 (19.5%)	6:10	9.7 (80.2%)
7	KOKOTT Agnieszka	7095	140MINUT.PL	Senior II K - 30	7	00:00:00	00:00:24	01:14:01	02:10:07.50	02:10:07.50	+00:25:37 (19.7%)	6:11	9.7 (80.2%)
8	BABIŃSKA-POPIŁKA Ewelina	7943		Senior II K - 30	8	00:00:00	00:00:07	01:13:13	02:11:43.00	02:11:43.00	+00:27:13 (20.7%)	6:16	9.6 (79.3%)
9	ORDYŃSKA Anna	7818		Senior II K - 30	9	00:00:00	00:01:12	01:18:45	02:13:01.75	02:13:01.75	+00:28:31 (21.4%)	6:20	9.5 (78.5%)
10	BUJAK Magdalena	7469	NIGHT RUNNERS PYSKOWICE	Senior II K - 30	10	00:00:00	00:00:10	01:16:28	02:17:43.60	02:17:43.60	+00:33:13 (24.1%)	6:33	9.1 (75.2%)
11	KUNIK Iwona	7498	DZIKIE DZIKI GORZÓW	Senior II K - 30	11	00:00:00	00:00:04	01:15:43	02:19:46.90	02:19:46.90	+00:35:17 (25.2%)	6:39	9 (74.4%)
12	MACIASZCZYK Sylwia	7358		Senior II K - 30	12	00:00:00	00:01:38	01:21:45	02:19:50.05	02:19:50.05	+00:35:20 (25.3%)	6:39	9 (74.4%)
13	SZCZYGIEŁ-SOMMER Ola	7858	GRUPA NOMAX	Senior II K - 30	13	00:00:00	00:00:05	01:17:10	02:20:24.55	02:20:24.55	+00:35:54 (25.6%)	6:41	9 (74.4%)
14	KORCZYŃSKA Agata	7696		Senior II K - 30	14	00:00:00	00:00:37	01:18:33	02:21:03.05	02:21:03.05	+00:36:33 (25.9%)	6:43	8.9 (73.6%)
15	ANDRZEJCZAK Anna	7182	NKB CHYŻY NOWY TOMYŚL	Senior II K - 30	15	00:00:00	00:00:25	01:20:32	02:21:28.20	02:21:28.20	+00:36:58 (26.1%)	6:44	8.9 (73.6%)
16	KACZMAREK Beata	12		Senior II K - 30	16	00:00:00	00:02:07	01:24:44	02:21:35.40	02:21:35.40	+00:37:05 (26.2%)	6:44	8.9 (73.6%)
17	ŻUK Marzena	39		Senior II K - 30	17	00:00:00	00:00:12	01:20:20	02:22:23.85	02:22:23.85	+00:37:53 (26.6%)	6:46	8.8 (72.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Start Ładek 0.01km	B1 10.3km	Czas netto 21km	Czas brutto 21km	Różn	Tempo min/km	Tempo km/h
18	PLEWA Katarzyna	7251		Senior II K - 30	18	00:00:00	00:00:19	01:21:41	02:22:47.75	02:22:47.75	+00:38:17 (26.8%)	6:47	8.8 (72.7%)
19	RUTKOWSKA Izabela	7318		Senior II K - 30	19	00:00:00	00:02:11	01:24:07	02:26:15.85	02:26:15.85	+00:41:45 (28.6%)	6:57	8.6 (71.1%)
20	GRZELAK Anna	7907	MARMUROWE DZIKI	Senior II K - 30	20	00:00:00	00:00:11	01:24:09	02:28:07.90	02:28:07.90	+00:43:38 (29.5%)	7:03	8.5 (70.2%)
21	WILCZYŃSKA Beata	7280	#ZALINIAMETYTEAM	Senior II K - 30	21	00:00:00	00:01:08	01:24:44	02:29:00.65	02:29:00.65	+00:44:30 (29.9%)	7:05	8.5 (70.2%)
22	OLEŚ-ZDECHLIK Beata	7953	MIRAZ RACE TEAM	Senior II K - 30	22	00:00:00	00:01:19	01:30:56	02:29:17.60	02:29:17.60	+00:44:47 (30.0%)	7:06	8.4 (69.4%)
23	ŁUSIAK Katarzyna	7725		Senior II K - 30	23	00:00:00	00:00:05	01:21:43	02:29:19.80	02:29:19.80	+00:44:49 (30.0%)	7:06	8.4 (69.4%)
24	KOCIUBA Katarzyna	7465		Senior II K - 30	24	00:00:00	00:01:45	01:27:59	02:30:05.15	02:30:05.15	+00:45:35 (30.4%)	7:08	8.4 (69.4%)
25	TOMYŚLAK Magdalena	7618	TAKE CONTROL	Senior II K - 30	25	00:00:00	00:00:14	01:25:43	02:30:33.85	02:30:33.85	+00:46:03 (30.6%)	7:10	8.4 (69.4%)
26	MACZYŃSKA Justyna	7772	BOX88	Senior II K - 30	26	00:00:00	00:01:54	01:28:12	02:31:44.20	02:31:44.20	+00:47:14 (31.1%)	7:13	8.3 (68.6%)
27	STRUCKA Aleksandra	7697	DOMDATA RUN TEAM	Senior II K - 30	27	00:00:00	00:00:22	01:24:38	02:31:54.85	02:31:54.85	+00:47:24 (31.2%)	7:14	8.3 (68.6%)
28	BUDZOWSKA Agnieszka	7337	ROZBIEGANE DOBCZYCE	Senior II K - 30	28	00:00:00	00:02:07	01:30:59	02:32:02.45	02:32:02.45	+00:47:32 (31.3%)	7:14	8.3 (68.6%)
29	PITERA Anna	7784		Senior II K - 30	29	00:00:00	00:00:56	01:26:23	02:33:44.50	02:33:44.50	+00:49:14 (32.0%)	7:19	8.2 (67.8%)
30	KRÓLEWICZ Ewa	7462		Senior II K - 30	30	00:00:00	00:00:15	01:26:00	02:35:25.00	02:35:25.00	+00:50:55 (32.8%)	7:24	8.1 (66.9%)
31	RYBKOWSKA Ewa	7775		Senior II K - 30	31	00:00:00	00:01:30	01:32:10	02:35:32.95	02:35:32.95	+00:51:03 (32.8%)	7:24	8.1 (66.9%)
32	GAJDA Maria	7887		Senior II K - 30	32	00:00:00	00:00:12	01:27:53	02:35:47.60	02:35:47.60	+00:51:17 (32.9%)	7:25	8.1 (66.9%)
33	MILCZAREK Kinga	7836		Senior II K - 30	33	00:00:00	00:01:30	01:26:07	02:36:04.45	02:36:04.45	+00:51:34 (33.0%)	7:25	8.1 (66.9%)
34	SENFTLEBEN Mirosława	7386		Senior II K - 30	34	00:00:00	00:01:07	01:28:08	02:36:07.80	02:36:07.80	+00:51:37 (33.1%)	7:26	8.1 (66.9%)
35	OCHEJ Joanna	7495	APTENEO RUNNING TEAM	Senior II K - 30	35	00:00:00	00:01:40	01:29:38	02:36:25.75	02:36:25.75	+00:51:55 (33.2%)	7:26	8.1 (66.9%)
36	HEYMANN Małgorzata	7600	GRUPA BIEGOWA ENERGY KACZORY	Senior II K - 30	36	00:00:00	00:01:17	01:31:02	02:36:27.45	02:36:27.45	+00:51:57 (33.2%)	7:27	8.1 (66.9%)
37	HACZ Marta	7877		Senior II K - 30	37	00:00:00	00:00:49	01:27:17	02:37:34.70	02:37:34.70	+00:53:04 (33.7%)	7:30	8 (66.1%)
38	WIŚNIEWSKA Anna	7560		Senior II K - 30	38	00:00:00	00:01:39	01:30:44	02:37:56.90	02:37:56.90	+00:53:27 (33.8%)	7:31	8 (66.1%)
39	PÖPKE Anna	7939	RUNDOMSKO	Senior II K - 30	39	00:00:00	00:03:27	01:33:56	02:39:24.95	02:39:24.95	+00:54:55 (34.4%)	7:35	7.9 (65.3%)
40	PILARSKA Olga	7635	GUSTAW TEŻ BIEGA	Senior II K - 30	40	00:00:00	00:00:17	01:25:38	02:39:25.70	02:39:25.70	+00:54:55 (34.5%)	7:35	7.9 (65.3%)
41	KUBACKA Irena	7666	BEBS SPORT CLUB	Senior II K - 30	41	00:00:00	00:00:14	01:27:42	02:40:20.95	02:40:20.95	+00:55:51 (34.8%)	7:38	7.9 (65.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Start Ładek 0.01km	B1 10.3km	Czas netto 21km	Czas brutto 21km	Różn	Tempo min/km	Tempo km/h
42	ILNICKA Monika	7238	WIECZORNE BIEGANIE W OPOLU	Senior II K - 30	42	00:00:00	00:02:53	01:38:53	02:42:47.15	02:42:47.15	+00:58:17 (35.8%)	7:45	7.7 (63.6%)
43	DZIARNOWSKA Magda	7710	MECHANIKA ZDROWIA	Senior II K - 30	43	00:00:00	00:00:16	01:32:03	02:43:16.05	02:43:16.05	+00:58:46 (36.0%)	7:46	7.7 (63.6%)
44	KROPIAK Katarzyna	7331	VEGE RUNNERS / TRAIL IS OUR WAY	Senior II K - 30	44	00:00:00	00:01:05	01:36:16	02:43:54.95	02:43:54.95	+00:59:25 (36.2%)	7:48	7.7 (63.6%)
45	SZNOBER Dorota	7427	TARNOWO PODGÓRNE BIEGA	Senior II K - 30	45	00:00:00	00:00:25	01:30:49	02:44:13.90	02:44:13.90	+00:59:44 (36.4%)	7:49	7.7 (63.6%)
46	BEKER Katarzyna	7007		Senior II K - 30	46	00:00:00	00:03:13	01:37:00	02:44:18.40	02:44:18.40	+00:59:48 (36.4%)	7:49	7.7 (63.6%)
47	PIELA Katarzyna	7411		Senior II K - 30	47	00:00:00	00:03:37	01:39:01	02:48:16.70	02:48:16.70	+01:03:46 (37.9%)	8:00	7.5 (62.0%)
48	APOLINARSKA Natalia	7957	NULL	Senior II K - 30	48	00:00:00	00:02:29	01:39:23	02:48:54.85	02:48:54.85	+01:04:24 (38.1%)	8:02	7.5 (62.0%)
49	DZIĘGIELEWSKA Dominika	7897		Senior II K - 30	49	00:00:00	00:01:23	01:38:03	02:49:40.10	02:49:40.10	+01:05:10 (38.4%)	8:04	7.4 (61.2%)
50	KUSZ Joanna	7035	CROSS STRACENÓW GŁOGÓW	Senior II K - 30	50	00:00:00	00:00:20	01:33:18	02:50:19.55	02:50:19.55	+01:05:49 (38.6%)	8:06	7.4 (61.2%)
51	BURZYŃSKA Emilia	7152	MAMY-BIEGAMY / LOCO SPORT	Senior II K - 30	51	00:00:00	00:00:45	01:37:47	02:50:37.45	02:50:37.45	+01:06:07 (38.8%)	8:07	7.4 (61.2%)
52	PAPRZYCKA Katarzyna	7460	SZAKAL JEŻYCE	Senior II K - 30	52	00:00:00	00:00:41	01:35:02	02:51:51.85	02:51:51.85	+01:07:21 (39.2%)	8:11	7.3 (60.3%)
53	PENCONEK Agata	7732		Senior II K - 30	53	00:00:00	00:03:25	01:46:11	02:53:14.55	02:53:14.55	+01:08:44 (39.7%)	8:14	7.3 (60.3%)
54	DZIWIŃSKA Agata	7551		Senior II K - 30	54	00:00:00	00:02:10	01:44:01	02:53:24.05	02:53:24.05	+01:08:54 (39.7%)	8:15	7.3 (60.3%)
55	KORSAK Agata	7450		Senior II K - 30	55	00:00:00	00:00:21	01:37:45	02:53:57.40	02:53:57.40	+01:09:27 (39.9%)	8:17	7.2 (59.5%)
56	BANDEL Aneta	7661		Senior II K - 30	56	00:00:00	00:01:52	01:40:42	02:54:18.15	02:54:18.15	+01:09:48 (40.0%)	8:18	7.2 (59.5%)
57	RUSECKA Agnieszka	7557	BDB TEAM	Senior II K - 30	57	00:00:00	00:01:03	01:43:21	02:54:58.35	02:54:58.35	+01:10:28 (40.3%)	8:19	7.2 (59.5%)
58	GRZEGORZEWICZ Katarzyna	7023		Senior II K - 30	58	00:00:00	00:03:14	01:43:24	02:55:17.30	02:55:17.30	+01:10:47 (40.4%)	8:20	7.2 (59.5%)
59	KOPEĆ - MARCINKOWSKA Maria	7700		Senior II K - 30	59	00:00:00	00:01:59	01:46:13	02:55:24.55	02:55:24.55	+01:10:54 (40.4%)	8:21	7.2 (59.5%)
60	RUDA Kamila	7032	KURACJUSZE	Senior II K - 30	60	00:00:00	00:03:47	01:39:22	02:56:05.70	02:56:05.70	+01:11:35 (40.7%)	8:23	7.2 (59.5%)
61	ŻELAZOWSKA Ola	7575	ATLAS RUNNING TEAM	Senior II K - 30	61	00:00:00	00:03:04	01:43:29	02:56:20.15	02:56:20.15	+01:11:50 (40.7%)	8:23	7.1 (58.7%)
62	FISZER Klaudia	7029	PRZYJACIELETEAM	Senior II K - 30	62	00:00:00	00:03:00	01:46:14	02:56:30.45	02:56:30.45	+01:12:00 (40.8%)	8:24	7.1 (58.7%)
63	HOŁOWNIA Patrycja	7777	BIEGUSY CZAPLE	Senior II K - 30	63	00:00:00	00:01:35	01:41:38	02:56:45.05	02:56:45.05	+01:12:15 (40.9%)	8:25	7.1 (58.7%)
64	STACIWO Justyna	7228	KURACJUSZE	Senior II K - 30	64	00:00:00	00:03:47	01:44:32	02:58:45.15	02:58:45.15	+01:14:15 (41.5%)	8:30	7 (57.9%)
65	JUREWICZ Agata	7486	VEGE RUNNERS	Senior II K - 30	65	00:00:00	00:02:13	01:46:02	03:00:08.70	03:00:08.70	+01:15:38 (42.0%)	8:34	7 (57.9%)

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65	MŁYNARCZYK Magdalena	7536		Senior II K - 30	65	00:00:00	00:02:14	01:45:55	03:00:08.70	03:00:08.70	+01:15:38 (42.0%)	8:34	7 (57.9%)
67	OLEJNICZAK Paulina	7043		Senior II K - 30	67	00:00:00	00:00:42	01:40:51	03:00:23.15	03:00:23.15	+01:15:53 (42.1%)	8:35	7 (57.9%)
68	SKAWINA-POŁEĆ Anna	7338	TOPOLICE TEAM	Senior II K - 30	68	00:00:00	00:01:20	01:38:00	03:00:52.90	03:00:52.90	+01:16:23 (42.2%)	8:36	7 (57.9%)
69	WIŚNIEWSKA Iwona	7360	BIEGAMBOLUBIE	Senior II K - 30	69	00:00:00	00:01:24	01:43:13	03:01:10.95	03:01:10.95	+01:16:41 (42.3%)	8:37	7 (57.9%)
70	BINKOWSKA Marta	7763	ŚWIERCZEWO RUN	Senior II K - 30	70	00:00:00	00:00:45	01:39:34	03:01:31.65	03:01:31.65	+01:17:01 (42.4%)	8:38	6.9 (57.0%)
71	BARAŃSKA Agnieszka	7952		Senior II K - 30	71	00:00:00	00:02:03	01:43:23	03:01:33.85	03:01:33.85	+01:17:03 (42.4%)	8:38	6.9 (57.0%)
72	KOMAR Agata	7737	KOMARTEAM	Senior II K - 30	72	00:00:00	00:01:56	01:47:15	03:01:54.30	03:01:54.30	+01:17:24 (42.6%)	8:39	6.9 (57.0%)
73	DARGA Paulina	7949	ANWILTEAM	Senior II K - 30	73	00:00:00	00:03:34	01:51:58	03:02:05.45	03:02:05.45	+01:17:35 (42.6%)	8:40	6.9 (57.0%)
74	MICHNIEWICZ-MRUK Dagmara	7307	STARCON.COM.PL	Senior II K - 30	74	00:00:00	00:02:07	01:51:57	03:02:40.60	03:02:40.60	+01:18:10 (42.8%)	8:41	6.9 (57.0%)
75	TYLKA Gosia	7050		Senior II K - 30	75	00:00:00	00:02:18	01:43:17	03:03:46.35	03:03:46.35	+01:19:16 (43.1%)	8:45	6.9 (57.0%)
76	ŚNIEGOSKA Sandra	7534	KNEIPP TEAM	Senior II K - 30	76	00:00:00	00:01:38	01:43:40	03:04:37.40	03:04:37.40	+01:20:07 (43.4%)	8:47	6.8 (56.2%)
77	NAPIERAŁA Agnieszka	7312	MARATOŃCZYK POZNAŃ	Senior II K - 30	77	00:00:00	00:01:12	01:44:13	03:04:40.85	03:04:40.85	+01:20:10 (43.4%)	8:47	6.8 (56.2%)
78	SŁOCIŃSKA Natasza	7909	MARATOŃCZYK POZNAŃ	Senior II K - 30	78	00:00:00	00:01:11	01:44:15	03:04:41.05	03:04:41.05	+01:20:11 (43.4%)	8:47	6.8 (56.2%)
79	SZWAGIERCZAK-STEFANIAK Magda	7311	MARATOŃCZYK	Senior II K - 30	79	00:00:00	00:01:11	01:44:12	03:04:41.55	03:04:41.55	+01:20:11 (43.4%)	8:47	6.8 (56.2%)
80	MATYNIAK Barbara	7398	WYZNAWCY BRONKA LIBIĄŻ	Senior II K - 30	80	00:00:00	00:02:33	01:46:10	03:04:54.25	03:04:54.25	+01:20:24 (43.5%)	8:48	6.8 (56.2%)
81	WARYSZAK Joanna	7189	DZIK KOMANDO	Senior II K - 30	81	00:00:00	00:01:29	01:46:50	03:05:52.90	03:05:52.90	+01:21:23 (43.8%)	8:51	6.8 (56.2%)
82	MALISZ Agnieszka	7179		Senior II K - 30	82	00:00:00	00:01:20	01:39:35	03:06:23.15	03:06:23.15	+01:21:53 (43.9%)	8:52	6.8 (56.2%)
83	CZECH Dominika	7234		Senior II K - 30	83	00:00:00	00:00:40	01:42:20	03:07:45.35	03:07:45.35	+01:23:15 (44.3%)	8:56	6.7 (55.4%)
84	WIĘCKOWSKA Agata	7297	ZAKOCHAJ SIĘ W BIEGANIU	Senior II K - 30	84	00:00:00	00:02:31	01:48:49	03:08:15.95	03:08:15.95	+01:23:46 (44.5%)	8:57	6.7 (55.4%)
85	GÓRNA Małgorzata	7350		Senior II K - 30	85	00:00:00	00:03:02	01:48:48	03:08:32.90	03:08:32.90	+01:24:03 (44.6%)	8:58	6.7 (55.4%)
86	KORDYLEWSKA Marlena	7767	KTÓRĘDYNADMORSKIEOKO	Senior II K - 30	86	00:00:00	00:01:31	01:52:45	03:08:45.30	03:08:45.30	+01:24:15 (44.6%)	8:59	6.7 (55.4%)
87	KODYM Anna	7607	LASKI Z LASKU (MARCELIŃSKIEGO)	Senior II K - 30	87	00:00:00	00:03:23	01:53:37	03:09:08.80	03:09:08.80	+01:24:38 (44.8%)	9:00	6.7 (55.4%)
88	BONICH Magdalena	10	WIECZORNE BIEGANIE W OPOLU	Senior II K - 30	88	00:00:00	00:02:53	01:45:57	03:09:09.00	03:09:09.00	+01:24:39 (44.8%)	9:00	6.7 (55.4%)
89	SZCZEPANIAK Sylwia	7851		Senior II K - 30	89	00:00:00	00:02:20	01:46:00	03:09:24.45	03:09:24.45	+01:24:54 (44.8%)	9:01	6.7 (55.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Start Ładek 0.01km	B1 10.3km	Czas netto 21km	Czas brutto 21km	Różn	Tempo min/km	Tempo km/h
90	KOLENDA Katarzyna	7484	DRIN TEAM	Senior II K - 30	90	00:00:00	00:03:25	01:53:42	03:09:40.90	03:09:40.90	+01:25:11 (44.9%)	9:01	6.6 (54.5%)
91	WOSZCZYK Agnieszka	7478		Senior II K - 30	91	00:00:00	00:02:55	01:46:28	03:10:08.50	03:10:08.50	+01:25:38 (45.0%)	9:03	6.6 (54.5%)
92	PERLAK Magdalena	7676	TRAIL IS OUR WAY	Senior II K - 30	92	00:00:00	00:01:48	01:54:32	03:10:57.95	03:10:57.95	+01:26:28 (45.3%)	9:05	6.6 (54.5%)
93	BANACH-SKOWRONEK Joanna	7110		Senior II K - 30	93	00:00:00	00:01:07	01:46:15	03:11:04.25	03:11:04.25	+01:26:34 (45.3%)	9:05	6.6 (54.5%)
94	MENDEL Martyna	7436	KLUCZBORSKA GRUPA BIEGOWA	Senior II K - 30	94	00:00:00	00:01:24	01:47:21	03:11:33.40	03:11:33.40	+01:27:03 (45.4%)	9:07	6.6 (54.5%)
95	FILIPOWICZ Katarzyna	7287		Senior II K - 30	95	00:00:00	00:02:59	01:51:53	03:14:40.15	03:14:40.15	+01:30:10 (46.3%)	9:16	6.5 (53.7%)
96	WRÓBLEWSKA Małgorzata	7543	LOCO SPORT/SKANSEN CISOWNIK	Senior II K - 30	96	00:00:00	00:02:15	01:55:00	03:14:44.25	03:14:44.25	+01:30:14 (46.3%)	9:16	6.5 (53.7%)
97	SOBKÓW Katarzyna	7980	MISIE BIEGAJĄ	Senior II K - 30	97	00:00:00	00:03:20	01:51:54	03:15:16.15	03:15:16.15	+01:30:46 (46.5%)	9:17	6.5 (53.7%)
98	PACIUCH Dorota	7547		Senior II K - 30	98	00:00:00	00:02:10	01:55:02	03:17:45.45	03:17:45.45	+01:33:15 (47.2%)	9:25	6.4 (52.9%)
99	OGRODNIK Anna	7072	ZAKOCHAJ SIĘ W BIEGANIU	Senior II K - 30	99	00:00:00	00:02:35	01:53:48	03:17:46.95	03:17:46.95	+01:33:17 (47.2%)	9:25	6.4 (52.9%)
100	KOZŁOWSKA Karolina	7144	UKS DIAMENT GODÓW	Senior II K - 30	100	00:00:00	00:01:59	01:51:39	03:18:29.55	03:18:29.55	+01:33:59 (47.4%)	9:27	6.3 (52.1%)
101	WISZNIEWICZ Agnieszka	7668		Senior II K - 30	101	00:00:00	00:03:38	01:54:50	03:18:32.05	03:18:32.05	+01:34:02 (47.4%)	9:27	6.3 (52.1%)
102	MULARCZYK Marta	7685	WKURW_TEAM	Senior II K - 30	102	00:00:00	00:03:40	01:55:01	03:18:39.05	03:18:39.05	+01:34:09 (47.4%)	9:27	6.3 (52.1%)
103	MIELNIK Natalia	7247		Senior II K - 30	103	00:00:00	00:02:51	01:54:54	03:19:01.05	03:19:01.05	+01:34:31 (47.5%)	9:28	6.3 (52.1%)
104	TOCZEK Hana	7881		Senior II K - 30	104	00:00:00	00:03:32	01:57:43	03:20:00.90	03:20:00.90	+01:35:31 (47.8%)	9:31	6.3 (52.1%)
105	KACZMAREK Anna	7523		Senior II K - 30	105	00:00:00	00:01:55	01:57:04	03:21:13.25	03:21:13.25	+01:36:43 (48.1%)	9:34	6.3 (52.1%)
106	SIKORA Agnieszka	7149		Senior II K - 30	106	00:00:00	00:03:37	01:54:38	03:22:28.25	03:22:28.25	+01:37:58 (48.4%)	9:38	6.2 (51.2%)
107	SZMATLOCH Karolina	7058		Senior II K - 30	107	00:00:00	00:03:11	01:57:04	03:23:30.85	03:23:30.85	+01:39:00 (48.7%)	9:41	6.2 (51.2%)
108	GONERA-BATOR Anna	7471	KB HARCOWNIK JELCZ-LASKOWICE	Senior II K - 30	108	00:00:00	00:03:10	01:56:28	03:23:45.05	03:23:45.05	+01:39:15 (48.7%)	9:42	6.2 (51.2%)
109	JAKRZEWSKA Karolina	7352	LOCO BABKI/MAMY-BIEGAMY	Senior II K - 30	109	00:00:00	00:02:15	01:57:00	03:24:57.90	03:24:57.90	+01:40:28 (49.0%)	9:45	6.1 (50.4%)
110	AUTH Kari	7026		Senior II K - 30	110	00:00:00	00:03:46	01:57:03	03:26:06.70	03:26:06.70	+01:41:36 (49.3%)	9:48	6.1 (50.4%)
111	KAMIŃSKA Paulina	7905		Senior II K - 30	111	00:00:00	00:03:30	01:55:18	03:27:58.70	03:27:58.70	+01:43:28 (49.8%)	9:54	6.1 (50.4%)
112	JANSON Marleen	7687	LEIDEN ATLETIEK	Senior II K - 30	112	00:00:00	00:00:49	02:03:28	03:28:07.20	03:28:07.20	+01:43:37 (49.8%)	9:54	6.1 (50.4%)
113	WOŻNA Marta	7319	RUN TEAM RYDZYNA	Senior II K - 30	113	00:00:00	00:01:41	01:54:51	03:30:58.90	03:30:58.90	+01:46:29 (50.5%)	10:02	6 (49.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Start Ładek 0.01km	B1 10.3km	Czas netto 21km	Czas brutto 21km	Różn	Tempo min/km	Tempo km/h
114	MŁYNARCZYK Marta	7042	HARD WORK BEATS TALENT	Senior II K - 30	114	00:00:00	00:02:30	01:59:41	03:31:01.35	03:31:01.35	+01:46:31 (50.5%)	10:02	6 (49.6%)
115	GARCZYK Agnieszka	7774	GARCZYK TEAM	Senior II K - 30	115	00:00:00	00:00:53	01:56:50	03:32:31.80	03:32:31.80	+01:48:01 (50.8%)	10:07	5.9 (48.8%)
116	CIĄPAŁA Paulina	7392		Senior II K - 30	116	00:00:00	00:03:45	01:58:24	03:32:53.10	03:32:53.10	+01:48:23 (50.9%)	10:08	5.9 (48.8%)
117	SKWAREK Agnieszka	7417		Senior II K - 30	117	00:00:00	00:03:45	01:58:25	03:32:54.45	03:32:54.45	+01:48:24 (50.9%)	10:08	5.9 (48.8%)
118	LEMBICZ Agnieszka	7473	DRIN TEAM	Senior II K - 30	118	00:00:00	00:03:26	02:03:31	03:34:04.50	03:34:04.50	+01:49:34 (51.2%)	10:11	5.9 (48.8%)
119	SZEWCZYK Marlena	7623		Senior II K - 30	119	00:00:00	00:03:42	02:04:09	03:34:23.20	03:34:23.20	+01:49:53 (51.3%)	10:12	5.9 (48.8%)
120	MICHALIK Aleksandra	7353	PRECEL RACING TEAM	Senior II K - 30	120	00:00:00	00:03:51	02:05:46	03:35:07.15	03:35:07.15	+01:50:37 (51.4%)	10:14	5.9 (48.8%)
121	CZAJA Agnieszka	7485	VEGE RUNNERS	Senior II K - 30	121	00:00:00	00:02:14	02:02:26	03:35:26.65	03:35:26.65	+01:50:56 (51.5%)	10:15	5.8 (47.9%)
122	BARASIŃSKA Marta	7965		Senior II K - 30	122	00:00:00	00:01:14	02:03:33	03:37:45.95	03:37:45.95	+01:53:16 (52.0%)	10:22	5.8 (47.9%)
123	STRZAŁKOWSKA Urszula	7510		Senior II K - 30	123	00:00:00	00:02:51	01:55:56	03:37:57.35	03:37:57.35	+01:53:27 (52.1%)	10:22	5.8 (47.9%)
124	SZOJDA Małgorzata	7379	INŻYNIERIA BIEGANIA	Senior II K - 30	124	00:00:00	00:02:09	01:55:02	03:38:20.60	03:38:20.60	+01:53:50 (52.1%)	10:23	5.8 (47.9%)
125	OZIMEK-MADEJ Milena	7340	SPORTOWY KAŻMIERZ	Senior II K - 30	125	00:00:00	00:02:44	02:07:32	03:40:28.65	03:40:28.65	+01:55:58 (52.6%)	10:29	5.7 (47.1%)
126	BANASZCZAK Dagmara	7119	ŚWIDNICKA GRUPA BIEGOWA	Senior II K - 30	126	00:00:00	00:03:22	02:05:17	03:40:58.50	03:40:58.50	+01:56:28 (52.7%)	10:31	5.7 (47.1%)
127	WIĘCKOWSKA Marta	7252		Senior II K - 30	127	00:00:00	00:02:12	02:03:26	03:41:12.80	03:41:12.80	+01:56:42 (52.8%)	10:32	5.7 (47.1%)
128	MAZUR-ZYCH Aleksandra	7631		Senior II K - 30	128	00:00:00	00:01:40	01:56:08	03:42:36.65	03:42:36.65	+01:58:06 (53.1%)	10:36	5.7 (47.1%)
129	MATUSZAK Paula	7764	KURACJUSZE	Senior II K - 30	129	00:00:00	00:03:46	02:01:42	03:42:55.10	03:42:55.10	+01:58:25 (53.1%)	10:36	5.7 (47.1%)
130	POMIANOWSKA Romana	7178		Senior II K - 30	130	00:00:00	00:03:47	02:01:37	03:42:58.75	03:42:58.75	+01:58:28 (53.1%)	10:37	5.7 (47.1%)
131	PAŁASZYŃSKA Beata	18	MUD FOXES	Senior II K - 30	131	00:00:00	00:00:32	02:06:27	03:44:18.25	03:44:18.25	+01:59:48 (53.4%)	10:40	5.6 (46.3%)
132	PLEWIŃSKA Sylwia	7167	MIRAZ RACE TEAM	Senior II K - 30	132	00:00:00	00:01:49	02:08:44	03:47:48.05	03:47:48.05	+02:03:18 (54.1%)	10:50	5.5 (45.5%)
133	STAWSKA-KISIAŁA Natalia	7226	MAMA WOJTUSIA <3	Senior II K - 30	133	00:00:00	00:02:02	02:12:35	03:52:46.95	03:52:46.95	+02:08:17 (55.1%)	11:05	5.4 (44.6%)
134	WIETRZYŃSKA Agnieszka	7513	MASZ PRZEBIEGANE	Senior II K - 30	134	00:00:00	00:02:51	02:08:26	03:54:10.90	03:54:10.90	+02:09:41 (55.4%)	11:09	5.4 (44.6%)
135	KOSTULSKA Olga	7956	WKURW_TEAM	Senior II K - 30	135	00:00:00	00:01:33	02:13:03	03:54:48.35	03:54:48.35	+02:10:18 (55.5%)	11:10	5.4 (44.6%)
136	DOMINIAK Katarzyna	7872	RGR ŁÓDŹ	Senior II K - 30	136	00:00:00	00:02:09	01:58:20	03:56:08.85	03:56:08.85	+02:11:38 (55.7%)	11:14	5.3 (43.8%)
137	BIERNACKA Teresa	7168	MIRAZ RACE TEAM	Senior II K - 30	137	00:00:00	00:01:49	02:07:23	03:57:33.55	03:57:33.55	+02:13:03 (56.0%)	11:18	5.3 (43.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Start Ładek 0.01km	B1 10.3km	Czas netto 21km	Czas brutto 21km	Różn	Tempo min/km	Tempo km/h
138	LESNIEWICZ Agnieszka	7039		Senior II K - 30	138	00:00:00	00:01:04	02:16:24	03:59:33.65	03:59:33.65	+02:15:03 (56.4%)	11:24	5.3 (43.8%)
139	SOSNOWSKA Justyna	7401		Senior II K - 30	139	00:00:00	00:02:48	02:12:33	03:59:35.50	03:59:35.50	+02:15:05 (56.4%)	11:24	5.3 (43.8%)
140	ALEKSANDROWICZ Urszula	7614		Senior II K - 30	140	00:00:00	00:02:55	02:14:28	04:04:50.60	04:04:50.60	+02:20:20 (57.3%)	11:39	5.1 (42.1%)
141	GĄSKA Sandra	7961		Senior II K - 30	141	00:00:00	00:01:15	02:18:18	04:11:54.95	04:11:54.95	+02:27:25 (58.5%)	11:59	5 (41.3%)
142	MALEC Aleksandra	7440	NIGHT RUNNERS PYSKOWICE	Senior II K - 30	142	00:00:00	00:01:01	02:49:12	04:46:12.35	04:46:12.35	+03:01:42 (63.5%)	13:37	4.4 (36.4%)
	SEMENIUK Marzena	7692	KOTWICA BRZEG	Senior II K - 30		DNF	00:01:14 DNF	DNF	DNF	DNF		-	- (0.0%)

Znaleziono 143 wynik(ów)