

ZŁOTY PÓŁMARATON - 21 KM

B4SPORT

Wydarzenie: Dolnośląski Festiwal Biegów Górskich
Organizator: Stowarzyszenie TKKF Kompas
Data: 2017-07-20
Miejsce: Łądek Zdrój
Dystans: 21 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Senior II K - 30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	B1 10km	Czas netto 21km	Czas brutto 21km	Różn	Tempo min/km	Tempo km/h
1	KAŻMIERCZAK Marta	2416	DREAM RUN	Senior II K - 30	1	01:10:52	02:00:02.15	02:00:12.15		5:42	10.5 (100%)
2	KROWICKA Agnieszka	2232	OLIMPIJCZYK SZCZĘKOCINY	Senior II K - 30	2	01:07:42	02:00:07.55	02:00:13.30	+00:00:01 (0.0%)	5:43	10.5 (100%)
3	STĘPIEŃ Marta	2414		Senior II K - 30	3	01:10:07	02:01:53.00	02:02:03.70	+00:01:51 (1.5%)	5:48	10.3 (98.1%)
4	DROŻDZIK Magdalena	2244	WKB META LUBLINIEC	Senior II K - 30	4	01:13:31	02:09:14.05	02:09:18.95	+00:09:06 (7.0%)	6:09	9.7 (92.4%)
5	UBYSZ Natalia	2112	SERPENTINE RC	Senior II K - 30	5	01:22:14	02:19:02.05	02:19:38.90	+00:19:26 (13.9%)	6:37	9.1 (86.7%)
6	FERCHMIN Alicja	2292	JESUS IS MY LEADER	Senior II K - 30	6	01:19:48	02:21:32.40	02:21:42.95	+00:21:30 (15.2%)	6:44	8.9 (84.8%)
7	TUCHOŁKA Marta	2270	POCO LOCO ADVENTURE TEAM	Senior II K - 30	7	01:23:19	02:22:56.75	02:23:23.00	+00:23:10 (16.2%)	6:48	8.8 (83.8%)
8	KACZMARCZYK Urszula	2158	KARKONOSZ RUNNING TEAM / PRO RUN WROCŁAW	Senior II K - 30	8	01:21:36	02:23:15.75	02:23:44.80	+00:23:32 (16.4%)	6:49	8.8 (83.8%)
9	PUSTELNIK Karolina	2419	AK6	Senior II K - 30	9	01:21:07	02:26:40.30	02:27:12.80	+00:27:00 (18.3%)	6:59	8.6 (81.9%)
10	ŻUREK Żaneta	2001	POKERUN	Senior II K - 30	10	01:26:28	02:28:28.50	02:28:45.80	+00:28:33 (19.2%)	7:04	8.5 (81.0%)
11	SKRZYPIEC Katarzyna	2019		Senior II K - 30	11	01:21:46	02:29:13.40	02:29:19.65	+00:29:07 (19.5%)	7:06	8.4 (80.0%)
12	KUCHARCZYK Anna	2337	WILLA SŁONECZKO TORPEDOS	Senior II K - 30	12	01:28:16	02:28:49.85	02:29:29.00	+00:29:16 (19.6%)	7:05	8.5 (81.0%)
13	BURANT Agnieszka	2065		Senior II K - 30	13	01:27:37	02:31:21.75	02:31:28.35	+00:31:16 (20.6%)	7:12	8.3 (79.0%)
14	WONKO Ewa	2400		Senior II K - 30	14	01:28:31	02:31:40.40	02:32:00.80	+00:31:48 (20.9%)	7:13	8.3 (79.0%)
15	SKACZKOWSKA Barbara	2298	POLSKI KLUB MTB	Senior II K - 30	15	01:28:07	02:33:17.50	02:33:25.00	+00:33:12 (21.6%)	7:18	8.2 (78.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	B1 10km	Czas netto 21km	Czas brutto 21km	Różn	Tempo min/km	Tempo km/h
16	NOWAK Barbara	2193	MARCINSWIERCTEAM	Senior II K - 30	16	01:27:05	02:33:48.30	02:34:15.35	+00:34:03 (22.1%)	7:19	8.2 (78.1%)
17	CZEKALSKA Maria	2064		Senior II K - 30	17	01:27:37	02:34:16.30	02:34:23.20	+00:34:11 (22.1%)	7:20	8.2 (78.1%)
18	ŁĄCZAK Justyna	2029		Senior II K - 30	18	01:30:14	02:35:35.20	02:35:48.20	+00:35:36 (22.8%)	7:24	8.1 (77.1%)
19	GRYCMAN Magdalena	2362	SPARTA ULTRA TEAM	Senior II K - 30	19	01:29:19	02:37:10.80	02:37:25.80	+00:37:13 (23.6%)	7:29	8 (76.2%)
20	HADZICKA Sylwia	2376		Senior II K - 30	20	01:28:04	02:36:40.05	02:37:25.85	+00:37:13 (23.6%)	7:27	8 (76.2%)
21	SYNOWIEC Dorota	2211		Senior II K - 30	21	01:31:04	02:38:42.15	02:39:05.70	+00:38:53 (24.4%)	7:33	7.9 (75.2%)
22	BORUTA-KOŁODZIEJ Emilia	2314	PRO RUN WROCŁAW	Senior II K - 30	22	01:31:14	02:39:24.85	02:39:48.70	+00:39:36 (24.8%)	7:35	7.9 (75.2%)
23	CZARNECKA Kamila	2006		Senior II K - 30	23	01:35:14	02:40:05.70	02:40:22.70	+00:40:10 (25.1%)	7:37	7.9 (75.2%)
24	MICHALSKA Edyta	2214	ZABIEGANE ŚREPOLE	Senior II K - 30	24	01:28:50	02:39:58.70	02:40:32.00	+00:40:19 (25.1%)	7:37	7.9 (75.2%)
25	BURDAJEWICZ Magdalena	2369		Senior II K - 30	25	01:34:31	02:40:27.50	02:41:05.10	+00:40:52 (25.4%)	7:38	7.9 (75.2%)
26	GRUSZCZYŃSKA Sandra	2325	WILD FOR THE RUN / HERCOG RUNNING TEAM	Senior II K - 30	26	01:33:17	02:40:52.65	02:41:13.15	+00:41:01 (25.4%)	7:39	7.8 (74.3%)
27	PLEWA Katarzyna	2082	DOBSOM	Senior II K - 30	27	01:29:44	02:42:01.25	02:42:13.35	+00:42:01 (25.9%)	7:42	7.8 (74.3%)
28	WESOŁOWSKA Marta	2111		Senior II K - 30	28	01:34:45	02:41:46.60	02:42:19.20	+00:42:07 (25.9%)	7:42	7.8 (74.3%)
29	BULIŃSKA Iwona	2405	NIGHT RUNNERS	Senior II K - 30	29	01:32:49	02:42:37.90	02:42:46.10	+00:42:33 (26.2%)	7:44	7.7 (73.3%)
30	ASPERSKA Julia	2281		Senior II K - 30	30	01:34:02	02:43:02.75	02:43:36.25	+00:43:24 (26.5%)	7:45	7.7 (73.3%)
31	WESOŁOWSKA-KRUPA Paulina	2109		Senior II K - 30	31	01:27:15	02:43:24.80	02:43:57.15	+00:43:45 (26.7%)	7:46	7.7 (73.3%)
32	MISIAK Dorota	2285	-	Senior II K - 30	32	01:33:01	02:43:44.15	02:44:15.65	+00:44:03 (26.8%)	7:47	7.7 (73.3%)
33	DRYGAS Mariola	2331		Senior II K - 30	33	01:31:55	02:44:44.35	02:44:58.60	+00:44:46 (27.1%)	7:50	7.6 (72.4%)
34	ZYGMUNT Małgorzata	2153	ZYGI&PRZEMO	Senior II K - 30	34	01:31:40	02:45:02.45	02:45:32.45	+00:45:20 (27.4%)	7:51	7.6 (72.4%)
35	GRZELKA Agata	2162		Senior II K - 30	35	01:39:19	02:48:14.85	02:48:30.70	+00:48:18 (28.7%)	8:00	7.5 (71.4%)
36	ZUBIK Anna	2301	JB WARSZAWA	Senior II K - 30	36	01:36:24	02:48:19.60	02:48:56.60	+00:48:44 (28.9%)	8:00	7.5 (71.4%)
37	PASŁAWSKA Olga	2266	PRZEBIEGA.PL	Senior II K - 30	37	01:38:16	02:50:45.65	02:51:02.75	+00:50:50 (29.7%)	8:07	7.4 (70.5%)
38	KOSTERA Katarzyna	2026	VEGE RUNNERS	Senior II K - 30	38	01:39:49	02:50:48.25	02:51:15.40	+00:51:03 (29.8%)	8:08	7.4 (70.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	B1 10km	Czas netto 21km	Czas brutto 21km	Różn	Tempo min/km	Tempo km/h
39	SZCZERBA Kasia	2062	FANS OF FARAWAY	Senior II K - 30	39	01:41:20	02:50:34.70	02:51:25.75	+00:51:13 (29.9%)	8:07	7.4 (70.5%)
40	BANASIK Karolina	2253	WKURW_TEAM	Senior II K - 30	40	01:35:37	02:52:09.50	02:52:37.40	+00:52:25 (30.4%)	8:11	7.3 (69.5%)
41	LASKOWSKA Maja	2130	OBOZYBIEGOWE.PL	Senior II K - 30	41	01:43:05	02:53:12.90	02:53:47.65	+00:53:35 (30.8%)	8:14	7.3 (69.5%)
42	MOKRZYCKA Weronika	2379		Senior II K - 30	42	01:40:26	02:53:34.55	02:53:49.60	+00:53:37 (30.8%)	8:15	7.3 (69.5%)
43	CZERWONKA Katarzyna	2122	AZS COLLEGIUM MEDICUM UJ	Senior II K - 30	43	01:40:37	02:53:34.65	02:53:56.55	+00:53:44 (30.9%)	8:15	7.3 (69.5%)
44	RAPACZ - TOPIŁKO Anna	2401	ODLO POLSKA	Senior II K - 30	44	01:39:58	02:55:28.60	02:55:38.90	+00:55:26 (31.6%)	8:21	7.2 (68.6%)
45	PORADA Magdalena	2184		Senior II K - 30	45	01:40:25	02:55:57.70	02:56:26.60	+00:56:14 (31.9%)	8:22	7.2 (68.6%)
46	WRONA Agnieszka	2236		Senior II K - 30	46	01:40:06	02:58:07.55	02:58:43.05	+00:58:30 (32.7%)	8:28	7.1 (67.6%)
47	GARBOWSKA Monika	2089	NIGHT RUNNERS GLIWICE	Senior II K - 30	47	01:44:32	03:02:34.55	03:02:57.55	+01:02:45 (34.3%)	8:41	6.9 (65.7%)
48	TERZONI Karina	2339		Senior II K - 30	48	01:43:15	03:03:03.90	03:03:37.70	+01:03:25 (34.5%)	8:43	6.9 (65.7%)
49	PIELICHOWSKA Justyna	2164	BIEGAJĄC Z WILKAMI	Senior II K - 30	49	01:41:03	03:03:20.05	03:03:37.95	+01:03:25 (34.5%)	8:43	6.9 (65.7%)
50	KRZACZKOWSKA Joanna	2233		Senior II K - 30	50	01:46:12	03:03:03.70	03:03:52.80	+01:03:40 (34.6%)	8:43	6.9 (65.7%)
51	SOBAŃSKA Paulina	2040	WUEF CLUB DECATHLON SWADZIM	Senior II K - 30	51	01:43:18	03:04:13.70	03:04:30.20	+01:04:18 (34.9%)	8:46	6.8 (64.8%)
52	WOŹNIAK Paulina	2265	CKBABCIE	Senior II K - 30	52	01:44:06	03:05:39.45	03:06:03.15	+01:05:51 (35.4%)	8:50	6.8 (64.8%)
53	PRZYSIWEK Magdalena	2196		Senior II K - 30	53	01:45:27	03:05:46.80	03:06:17.40	+01:06:05 (35.5%)	8:50	6.8 (64.8%)
54	OLSZEWSKA Anna	2287		Senior II K - 30	54	01:46:08	03:05:40.40	03:06:35.05	+01:06:22 (35.6%)	8:50	6.8 (64.8%)
55	MRÓZ Izabela	2094	WOLNE ŚLIMAKI	Senior II K - 30	55	01:52:59	03:06:49.60	03:07:28.90	+01:07:16 (35.9%)	8:53	6.7 (63.8%)
56	MUSIELAK Magdalena	2231	M&M&M	Senior II K - 30	56	01:41:40	03:09:04.75	03:09:10.40	+01:08:58 (36.5%)	9:00	6.7 (63.8%)
57	KUCZERA Hanna	2239		Senior II K - 30	57	01:52:18	03:09:52.85	03:10:23.50	+01:10:11 (36.9%)	9:02	6.6 (62.9%)
58	PRIGAN Anna	2154		Senior II K - 30	58	01:53:25	03:10:53.85	03:11:08.55	+01:10:56 (37.1%)	9:05	6.6 (62.9%)
59	GARGAS-DZIEDZINA Joanna	2276	NIGHT RUNNERS	Senior II K - 30	59	01:51:50	03:12:14.80	03:12:22.90	+01:12:10 (37.5%)	9:09	6.6 (62.9%)
60	LAZAR Joanna	2155	MIROTRANS	Senior II K - 30	60	01:51:47	03:11:44.75	03:12:34.15	+01:12:22 (37.6%)	9:07	6.6 (62.9%)
61	KAŁWA Anna	2099		Senior II K - 30	61	01:48:30	03:16:43.30	03:17:29.80	+01:17:17 (39.1%)	9:22	6.4 (61.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	B1 10km	Czas netto 21km	Czas brutto 21km	Różn	Tempo min/km	Tempo km/h
62	BARTOSIEWICZ Dorota	2202		Senior II K - 30	62	01:48:13	03:17:48.85	03:17:57.60	+01:17:45 (39.3%)	9:25	6.4 (61.0%)
63	ZAGROBELNA Magdalena	2116	DRUŻYNA SZPIKU	Senior II K - 30	63	02:12:41	03:35:50.75	03:36:21.20	+01:36:09 (44.4%)	10:16	5.8 (55.2%)
64	KUCZAKOWSKA Joanna	2399	BIEGOWE MISIE	Senior II K - 30	64	01:58:33	03:36:24.55	03:36:39.75	+01:36:27 (44.5%)	10:18	5.8 (55.2%)
65	CHOJNOWSKA Monika	2131	BIEGAM BO LUBIĘ ZĄBKITEAM	Senior II K - 30	65	02:02:35	03:38:36.45	03:39:11.50	+01:38:59 (45.2%)	10:24	5.8 (55.2%)
66	ROSZAK Romana	2100	KURACJUSZE	Senior II K - 30	66	02:05:34	03:42:43.30	03:42:50.00	+01:42:37 (46.1%)	10:36	5.7 (54.3%)
67	POMIANOWSKA Anna	2107		Senior II K - 30	67	01:58:45	03:44:05.00	03:44:50.30	+01:44:38 (46.5%)	10:40	5.6 (53.3%)
68	KUTNA Agnieszka	2101		Senior II K - 30	68	02:12:41	03:59:15.40	03:59:44.65	+01:59:32 (49.9%)	11:23	5.3 (50.5%)
	POLUS Magdalena	2141		Senior II K - 30		DNF	DNF	DNF		-	- (0.0%)

Znaleziono 69 wynik(ów)