



ZŁOTY PÓŁMARATON - 21 KM

B4SPORT

Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

Dolnośląski Festiwal Biegów Górskich
Fundacja MARATONY GÓRSKIE
2021-07-15
Łądek-Zdrój
21 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Weteran I M - 50

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	B1 10.3km	Czas netto 21km	Różn	Tempo min/km	Tempo km/h
1	CZAPKA Norbert	7840		Weteran I M - 50	1	01:06:09	01:58:47.25		5:39	10.6 (100%)
2	SŁOBODZIAN Jerzy	7667	NYSA BIEGA	Weteran I M - 50	2	01:09:07	02:00:25.10	+00:01:37 (1.4%)	5:44	10.5 (99.1%)
3	NAPARTY Zbigniew	7875	KĘSY TEAM	Weteran I M - 50	3		02:06:06.00	+00:07:18 (5.8%)	6:00	10 (94.3%)
4	KAYSIEWICZ Maciej	7340	NATURAL BORN RUNNERS TEAM	Weteran I M - 50	4	01:15:32	02:11:56.45	+00:13:09 (10.0%)	6:16	9.6 (90.6%)
5	KRÓL Darek	7063	WYBIEGAĆ MARZENIA TEAM	Weteran I M - 50	5	01:18:26	02:21:15.60	+00:22:28 (15.9%)	6:43	8.9 (84.0%)
6	BRASEL Marcin	7780	TRIGYM SZCZECIN	Weteran I M - 50	6	01:19:38	02:22:40.40	+00:23:53 (16.7%)	6:47	8.8 (83.0%)
7	MAŁYSZKA Krzysztof	7186	KRIS TRANS MAŁYSZKA	Weteran I M - 50	7	01:21:54	02:24:06.05	+00:25:18 (17.6%)	6:51	8.7 (82.1%)
8	FLIS Mirosław	7421		Weteran I M - 50	8	01:20:14	02:24:55.30	+00:26:08 (18.0%)	6:54	8.7 (82.1%)
9	PAŁAC Piotr	7573		Weteran I M - 50	9	01:22:51	02:29:40.35	+00:30:53 (20.6%)	7:07	8.4 (79.2%)
10	KOROŃSKI Tadeusz	7835	PARKRUN POZNAŃ	Weteran I M - 50	10	01:23:59	02:30:23.20	+00:31:35 (21.0%)	7:09	8.4 (79.2%)
11	MARKOWSKI Zbigniew	7222	BIEGAMDLAZDROWIA.PL	Weteran I M - 50	11	01:26:45	02:34:32.05	+00:35:44 (23.1%)	7:21	8.2 (77.4%)
12	PŁOK Krzysztof	7470	TEAMPŁOK	Weteran I M - 50	12	01:30:50	02:38:07.30	+00:39:20 (24.9%)	7:31	8 (75.5%)
13	LUBELCZYK Grzegorz	7210	SPELEOCLUB WROCŁAW	Weteran I M - 50	13	01:26:24	02:38:08.15	+00:39:20 (24.9%)	7:31	8 (75.5%)
14	ABULEWICZ Wojciech	7706	TRENING STUDIO 17	Weteran I M - 50	14	01:29:53	02:39:12.75	+00:40:25 (25.4%)	7:34	7.9 (74.5%)
15	ELMOLA Hamed	7557	ADIDAS RUNNERS WARSAW	Weteran I M - 50	15	01:34:51	02:41:01.45	+00:42:14 (26.2%)	7:40	7.8 (73.6%)
16	MÓLL Janusz	7055		Weteran I M - 50	16	01:23:59	02:41:01.75	+00:42:14 (26.2%)	7:40	7.8 (73.6%)
17	TYMOSZEWSKI Waldemar	7935		Weteran I M - 50	17	01:31:27	02:43:03.20	+00:44:15 (27.1%)	7:45	7.7 (72.6%)
18	SPÓLNY Robert	7872		Weteran I M - 50	18	01:32:51	02:43:34.90	+00:44:47 (27.4%)	7:47	7.7 (72.6%)
19	GOŁĄBEK Dariusz	7035	BBL/BIEGATON MIKOŁÓW	Weteran I M - 50	19	01:31:45	02:43:51.00	+00:45:03 (27.5%)	7:48	7.7 (72.6%)
20	WOJCIECHOWSKI Roman	7703		Weteran I M - 50	20	01:33:10	02:44:25.05	+00:45:37 (27.8%)	7:49	7.7 (72.6%)
21	ŻABA Jacek	7876		Weteran I M - 50	21	01:34:08	02:44:39.05	+00:45:51 (27.9%)	7:50	7.7 (72.6%)
22	KOWAL Andrzej	7135		Weteran I M - 50	22	01:37:27	02:46:15.30	+00:47:28 (28.6%)	7:55	7.6 (71.7%)
23	JEKA Piotr	7744		Weteran I M - 50	23	01:34:11	02:47:21.60	+00:48:34 (29.0%)	7:58	7.5 (70.8%)
24	IMIŃSKI Cezary	7308		Weteran I M - 50	24	01:32:28	02:47:28.95	+00:48:41 (29.1%)	7:58	7.5 (70.8%)
25	STOLPE Maciej	7046	TKKF MPK POZNAŃ	Weteran I M - 50	25	01:38:37	02:49:45.95	+00:50:58 (30.0%)	8:05	7.4 (69.8%)
26	GRZĄDZIEL Paweł	7555	ADIDAS RUNNERS WARSAW	Weteran I M - 50	26	01:38:03	02:51:05.05	+00:52:17 (30.6%)	8:08	7.4 (69.8%)
27	JÓZEFIAK Grzegorz	7492		Weteran I M - 50	27	01:35:14	02:52:40.95	+00:53:53 (31.2%)	8:13	7.3 (68.9%)
28	KROSZKA Krzysztof	7311		Weteran I M - 50	28	01:39:27	03:00:42.30	+01:01:55 (34.3%)	8:36	7 (66.0%)
29	GALEWSKI Mariusz	7500	KOTLIN	Weteran I M - 50	29	01:40:47	03:02:57.80	+01:04:10 (35.1%)	8:42	6.9 (65.1%)

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30	LASKOWSKI Dariusz	7400	NIEPOŁOMICE BIEGAJĄ	Weteran I M - 50	30	01:40:51	03:03:59.80	+01:05:12 (35.4%)	8:45	6.8 (64.2%)
31	WILKIN Mirosław	7722	FUNTRI	Weteran I M - 50	31	01:43:33	03:04:07.65	+01:05:20 (35.5%)	8:46	6.8 (64.2%)
32	KLUZA Piotr	7553	WKTJ	Weteran I M - 50	32	01:42:43	03:04:21.55	+01:05:34 (35.6%)	8:46	6.8 (64.2%)
33	PACYNA Marek	7489	#BBKTS	Weteran I M - 50	33	01:43:48	03:06:14.65	+01:07:27 (36.2%)	8:52	6.8 (64.2%)
34	PIÓRKOWSKI Marek	7194	BIEGOWA KUŹNIA	Weteran I M - 50	34	01:39:36	03:06:49.10	+01:08:01 (36.4%)	8:53	6.7 (63.2%)
35	NAWROCKI Jarosław	7499		Weteran I M - 50	35	01:39:05	03:08:29.30	+01:09:42 (37.0%)	8:58	6.7 (63.2%)
36	JESIOŁOWSKI Robert	7337		Weteran I M - 50	36	01:37:33	03:08:37.95	+01:09:50 (37.0%)	8:58	6.7 (63.2%)
37	MOLSKI Andrzej	7933		Weteran I M - 50	37	01:41:54	03:08:59.60	+01:10:12 (37.1%)	8:59	6.7 (63.2%)
38	ŻAK Piotr	7932		Weteran I M - 50	38	01:45:03	03:09:47.95	+01:11:00 (37.4%)	9:02	6.6 (62.3%)
39	WICIŃSKI Grzegorz	7232	G13	Weteran I M - 50	39	01:35:14	03:09:51.80	+01:11:04 (37.4%)	9:02	6.6 (62.3%)
40	FRUCZ Jacek	7272		Weteran I M - 50	40	01:48:30	03:10:38.30	+01:11:51 (37.7%)	9:04	6.6 (62.3%)
41	KULAKOWSKI Tomasz	7618		Weteran I M - 50	41	01:50:22	03:23:31.10	+01:24:43 (41.6%)	9:41	6.2 (58.5%)
42	WYPCHOŁ Piotr	7811	BIEGAJ Z TRENERAMI	Weteran I M - 50	42	01:48:00	03:30:17.25	+01:31:30 (43.5%)	10:00	6 (56.6%)
43	KOTLIŃSKI Tomasz	7336	KB SZAMOTUŁY	Weteran I M - 50	43	01:56:17	03:30:57.15	+01:32:09 (43.7%)	10:02	6 (56.6%)
44	PROZOROWSKI Wiesław	7077	MARATON LESZNO	Weteran I M - 50	44	02:14:32	03:58:05.60	+01:59:18 (50.1%)	11:20	5.3 (50.0%)
45	RÓŻAŃSKI Robert	7923		Weteran I M - 50	45	02:08:32	03:59:33.80	+02:00:46 (50.4%)	11:24	5.3 (50.0%)
46	CZERCZAK Andrzej	7378		Weteran I M - 50	46	02:15:02	04:09:37.80	+02:10:50 (52.4%)	11:53	5 (47.2%)
47	ZIELONKA Marek	7237		Weteran I M - 50	47	02:17:04	04:17:29.60	+02:18:42 (53.9%)	12:15	4.9 (46.2%)
48	BALCERZAK Bogdan	7419		Weteran I M - 50	48	02:18:40	04:22:08.00	+02:23:20 (54.7%)	12:28	4.8 (45.3%)
49	KRÓL Marek	7257	BIEGAMBOLUBIĘ BIAŁYSTOK	Weteran I M - 50	49	02:21:08	04:29:48.65	+02:31:01 (56.0%)	12:50	4.7 (44.3%)

Znaleziono 49 wynik(ów)